

**ALWAYS
FREE**

January 2022

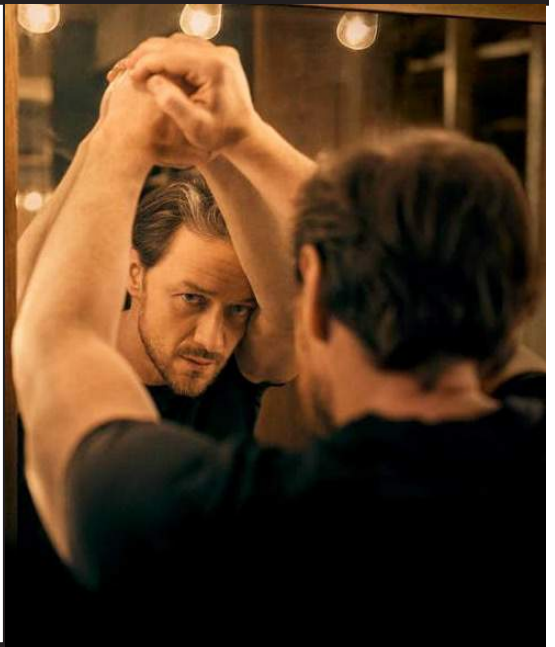


Mendocino Coast's Lighthouse Peddler

The Best Original Writing, plus the Guide to Art, Music, Events, Theater, Film, Books, Poetry and Life on the Coast

Cyrano Never Looked This Good!

See National Theatre Live
at Arena Theater



James McAvoy (*X-Men*, *Atonement*) returns to the stage in an inventive new adaptation of *Cyrano de Bergerac*, broadcast live to cinemas from London's West End, Saturday, January 15 at 1:00pm at Arena Theater. This is a stunning new production from National Theatre Live.

Fierce with a pen and notorious in combat, *Cyrano* almost has it all – if only he could win the heart of his true love Roxane. There's just one big problem: he has a nose as huge as his heart. Will a society engulfed by narcissism get the better of *Cyrano* – or . . .

Continued on page 2

"The Sea Horse: Iconic cabin in the woods!"

One of The Sea Ranch's original homes. Designed by Marquis & Stoller, this award winning cabin was built in 1967 on a hillside surrounded on two sides by commons at the end of a very quiet cul-de-sac. The geometric hexagon tower offers three living levels topped by a

delightful roof top deck/sitting area. The original tower has been modified to include additional living space on the lower level with a Murphy bed and $\frac{3}{4}$ bath. The main level with living/dining and kitchen offers wonderful treetop



views as does the original sleeping loft. This is a diamond in the rough and needs TLC to return to its former glory.

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Ever Changing • Always Interesting
Visit the Coast Highway Art Collective in January

At the Coast Highway Art Collective, the members strive to create an ever changing and dynamic space for visitors. Art displays change regularly as works are sold and replaced, new artists join the group and artwork is moved to new locations to better group complimentary pieces. Members leave from time-to-time for various reasons, but their influence on the group and the space lingers long after their works are gone.

The Collective currently has five new members, bringing exciting and interesting pieces with them. In January, the group welcomes Don Antram, painter; Sarah Alice Britton, jeweler; Linda Green, painting and sculpture; Jacqueline Mooney, glass and Patty Paolone, glass.

Antram had a mural and faux finish business in Sacramento for many years. In 2008, he moved from working with oil paints to watercolors and acrylics, working in a very realistic style. Then, in 2010 he began studying with abstract artist Sondra Hersh, soaking up her knowledge and style, fusing that with his experience to create a style all his own.

Britton's jewelry incorporates texture and maximizes movement both literally and

visually. Influenced by the industrial world that surrounds her, she combines both soldering and cold connections in her creations, celebrating the mechanics of the pieces.

Green works in both oils and ceramics. Her oil pieces start with a textured surface, adding layer upon layer of oil paint and thin washes to build up the image that emerges. She says "In paint or in clay it is the progression of building and taking away until I find the balance in motion."

Mooney always loved glass objects, and started taking classes when her daughter got a job at a local stained glass and fused glass shop. Fused glass offered her so many different techniques and possibilities, and dichroic glass was perfect for making jewelry. Most of Mooney's work was functional art until recently, when she started working with enamels and painting with frit.

"Nature is a frequent theme in my art pieces, Mooney says. "I love combining dif-



ferent techniques and challenging myself. Nothing makes me happier than having someone else find joy in something that I've created."

Paolone began fusing glass in 2000 as a hobby, eventually buying her own kiln and starting her business, Hobbigon Wild. She says she finds working with glass very relaxing, but exciting at the same time, laying out new pieces and trying new techniques.

The Coast Highway Art Collective is located at 284 Main Street, Point Arena, the little red building with the big yellow sun, located next to the Redwood Coast Credit



Union. Regular hours are Thursday through Sunday, 11:00am to 4:00pm. Visit the website at www.coast-highway-artists.com for information about the collective's artists, upcoming events and how to join. To find out more about becoming a member of the Collective, contact Ling-Yen Jones via the website above.

Top: Linda Green, motion sculpture.

Left: Don Antram, Octopus.

Above: Patty Paolone, Piano Glass.

CYRANO continued from cover.

... can his mastery of language set Roxane's world alight?

Edmond Rostand's masterwork is adapted by Martin Crimp and directed by Jamie Lloyd (Betrayal). This classic play will be brought to life with linguistic ingenuity to celebrate Cyrano's powerful and resonant resistance against overwhelming odds. All attendees must be fully vaccinated. Tickets are \$20, \$5 youth (18 and under). The running time is 180 minutes with one intermission.

In addition to McAvoy as Cyrano, the cast includes Anita-Joy Uwajeh (Roxane)



with a feminist strength and Eben Figueiredo (Christian), Michele Austin (pastry cook), Tom Edden (De Guiche.)

Ben Brantley wrote (in the New York Times), "A bright and noble passion floods the Jamie Lloyd Company's ravishing "Cyrano de Bergerac," starring a fiercely romantic James McAvoy in the title role. Contrary to expectation, it is not the passion of a man for a woman.

Or a woman for a man. Or for that matter, two men for each other, though all these feelings are freshly and revealingly considered..."

Michael Billington wrote in the Guardian, "This version of Edmond Rostand's play... is not exactly Cyrano as we know it. It may not even be as we like it. But I found myself gradually warming to this radical deconstruction of Rostand's heroic comedy and totally captivated by James McAvoy's performance as the swaggering Gascon."

Arena Theater is at 214 Main Street, Highway One, in Point Arena. Information is at ArenaTheater.org. The Arena Theater snack bar be open. All attendees 12 and over must be vaccinated.

Above: Anita Joy Uwajeh and Eben Figueiredo in Cyrano de Bergerac. Photograph by Marc Brenner

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Our thanks to January contributors including Ashlee Abrantes, Rozann Grunig, mai haiku, Mitch McFarland, Blake More, Mary Jane Schramm, David Steffen, Karin Uphoff and Jennifer Bort Yacovissi.

Cover photo: James McAvoy from "Cyrano de Bergerac"
Cover "2022" image: Alexandra Koch from Pixabay

FROM THE EDITOR'S DESK

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"Love when you can, Cry when you have to
Be who you must, That's a part of the plan
Await your arrival, With simple survival and
One day, we'll all understand, One day, we'll all understand
One day, we'll all understand"

From "Part of the Plan" by Dan Fogelberg (1951-2007)

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Issue #243 January 2022

Lighthouse Peddler

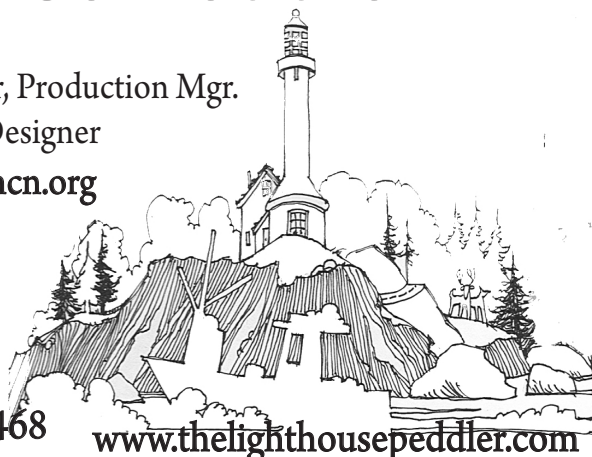
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"House of Sand and Fog" • "O Brother Where Art Thou" • "Reds"

The Arena Theater Film Club's January Films

The Arena Theater Film Club returns with three films that bring us a cross-section of Hollywood's A-list on screen performers.

Opening January's list of films is "House of Sand and Fog", Monday, January 3. This film from 2000 features Academy Award winners Ben Kingsley (Gandhi) and Jennifer Connelly (A Beautiful Mind) who deliver stunning performances as two strangers whose conflicting pursuits of the American Dream lead to a fight for their hopes at any cost. "The surprise ending will leave you breathless!" (Clay Smith, Access Hollywood.)

Reformed drug addict Kathy Nicolo (Connelly) has her California coast house, which she inherited from her father, taken away by the county due to a misunderstanding about back taxes. The place is bought by Iranian immigrant Massoud Amir Behrani (Ben Kingsley), who intends to fix it up and sell it in order to provide a better life for his

labor sentence in Mississippi. He scams his way off the chain gang with simple Delmar (Tim Blake Nelson) and maladjusted Pete (John Turturro), then the trio sets out to pursue freedom and the promise of a fortune in buried treasure. With nothing to lose and still in shackles, their hasty run takes them on an incredible journey of awesome experiences and colorful characters.

Directed by Joel and Ethan Coen, "O Brother Where Art Thou" is rated PG-13, and has a running time of 106 minutes. The screening begins at 7:00pm.

On Monday, January 24, the big screen lights up with "Reds". Those who were around at the time it was released (1981) may remember some early conclusions that it was a Warren Beatty film, way too long, and, well how good could it be? Enter reality. The film is very, very good.

Roger Ebert, in his review some 40 years ago, wrote this: "What audiences can, and possibly will, care about, however, [is that "Reds"] is a traditional Hollywood romantic epic, a love story written on the canvas of history, as they used to say in the ads. And "Reds" provides that with glorious romanticism, surprising intelligence, and a consistent wit. It is the thinking man's "Doctor Zhivago," told from the other side, of course. The love story stars Warren Beatty and Diane Keaton, who might seem just a tad unlikely as casting choices, but who are immediately engaging and then grow into solid, plausible people on the screen."

This is a political drama about the stormy

War I and the Russian Revolution.

The first half of the film chronicles the early life of Reed and Bryant, their often troubling relationship, and their experiences reporting on the Communist revolution



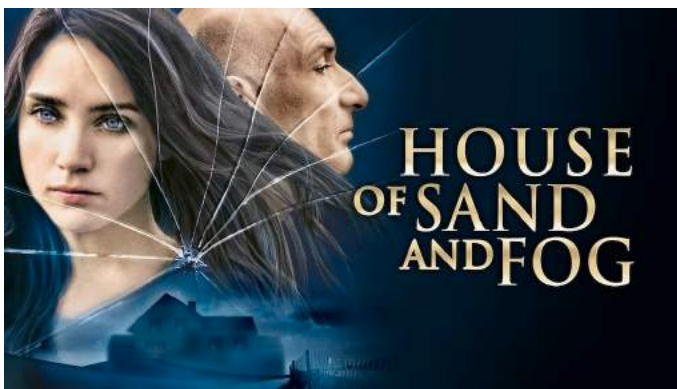
in Russia. The second part of the film takes place shortly after the publication of Ten Days. Inspired by the idealism of the Revolution, Reed attempts to bring the spirit of Communism to the United States, because he is disillusioned with the policies imposed upon Communist Russia by Grigory Zinoviev and the Bolsheviks.

Another significant aspect of the film is a documentary enhancement — interviews with a number of venerable "witnesses", who may have known Reed, whose recollections of the period help to set the scene, bridge transitions and preserve a touching human perspective of these times. To gain perspective on the lives of Reed and Bryant, Beatty began filming the "witnesses" as early as 1971.

Beatty directed "Reds" and the final edit came in at 194 minutes—3+ hours. It's rated "PG". Get your popcorn and Coke early, select a good, comfortable seat, settle in and enjoy what has become a classic film. The film starts at 7:00pm. By the way, it received 12 Academy Award nominations.

Admission for all Film Club movies is \$7 for Arena Theater Association members, guests welcome at \$10. Cash at the door, please, maximum audience 55 people. Face coverings required except when seated while eating or drinking.

The Arena Theater Film Club is a membership-based film society which meets the first, second and fourth Mondays of most months at the Arena Theater to screen and discuss a variety of movies, including recent independent releases, classics and foreign films. Screenings are \$7 to current Arena Theater members (memberships are \$60 per year); their guests are welcome at \$10 each. For a schedule of upcoming films, visit the Arena Theater Film Club's website, www.arenatheaterfilmclub.org.



wife (Shohreh Aghdashloo) and son (Jonathan Ahdout).

The loss of her home tears away Kathy's last hope of a stable life--a life that had been nearly destroyed by addiction--and Kathy decides to fight to recover her home at any cost. Her struggle is joined by deputy sheriff Lester Burdon, who tries to take the law into his own hands to help Kathy. Ultimately the tale, itself, explores what happens when the American Dream goes terribly awry.

"House of Sand and Fog", directed by Vadim Perelman, has a running time of 126 minutes, and is rated "R" for some violence/disturbing images, language and a scene of sexuality. The film begins screening at 7:00pm.

One week later on January 10 we go from intense to good fun. "O Brother Where Art Thou" is good, original fun from the quirky Coen Brothers. The story follows Depression-era convicts who escape a Mississippi chain gang and embark on an odyssey to find a hidden treasure.

Ulysses Everett McGill (George Clooney) is having difficulty adjusting to his hard-



romantic partnership of journalist-revolutionary Jack Reed, author of "Ten Days That Shook the World," and writer-artist Louise Bryant, set against the backdrop of World

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Mendonoma Health Alliance
Has Support for the
Community

Medication Take-Back: On Thursday, January 27, Mendonoma Health Alliance will be holding a Medication Take-Back Event in Gualala from 12:00pm to 3:00pm. This drive-thru event will be taking place in the parking lot of the old Gualala Pharmacy across from the Gualala Hotel.

It's a good idea to protect your family and the environment by disposing of all your medications safely. Bring any substances, no questions asked, to be disposed of safely. Mendonoma Health Alliance Community Health Workers will be there giving away lock boxes, Narcan, and more!

A Healthy Living Course is now available in both Spanish and English.

Living with any chronic illness takes courage, perseverance, and acceptance. This 6-week online course will start February 17 and be held every Thursday from 5:30pm to 8:00pm. There's no cost and workbooks will be supplied. Space is limited. Please register for the course today by calling (707) 412-3176 x102 (English) and x106 (Spanish). or emailing info@mendonoma-health.org. Everyone is welcome!

**"The Power of Hope" Opens Friday, January 14
A New Exhibit of Art Created Specifically for This Exhibit**

"The Power of Hope" is a new exhibit opening Friday, January 14 in the Burnett Gallery at Gualala Arts. It will continue through Sunday, February 6. Gualala Arts is open daily from 11:00am to 4:00pm.

"The Power of Hope" was an idea developed by the exhibit's curators, Barbara Johannes and Kendra Stillman. Multiple artists will be represented in the show, and beginning January 14 we'll be able to see how each artist interpreted the call.

In 2021 a call went out to artists to participate in a new exhibit that is centered around one powerful word: Hope.

The call was this: "As we begin a new year, it is a good time to think about hopes and aspirations for ourselves, our family and friends, our nation, our planet, and any other guide that gives us the strength to do positive things."

Consider "Hope" defined. For example, it could be a feeling of expectation/desire for a certain thing to happen—perhaps a

person or thing that may help save someone. It might be the grounds for believing that something good may happen, or maybe it's wanting something to happen, intending, if possible, to do something. Once that has been given appropriate thought, move on to the next step.

Consider,

- What gives you hope, or
- What do you hope for;
- What is the aura of hope: color, texture, motion, or
- How does hope help you deal with beginnings & endings?
- How does hope empower you?
- How does hope affect your daily life

It is the goal of this new exhibit that the artists will have been inspired to think hopefully and create a piece that they are ready to share. Who knows what hope the art may ignite in others!

Gualala Arts is at 46501 Old State Highway, Gualala, California, 95445. More information is at GualalaArts.org.



**Jazz group UnCommon TymZ
Returns to The Sea Ranch Lodge January 27**

Sunset & Jazz with Harrison Goldberg and Friends continues at the newly renovated Sea Ranch Lodge on Thursday, January 27, from 6:00-9:00 pm. Admission to this event is free.

Goldberg has assembled his latest trio, UnCommon TymZ, with two Sonoma County-based veteran musicians with whom he has performed in the past. Guitarist Gino Raugi and upright bassist/guitarist Joel Kruzic have also been featured with the Susan Sutton Trio that performed at St. Orres as part of the Annual Sonoma Mendocino Coast Whale & Jazz Festival. With Goldberg's saxophones the trio will present their instrumental arrangements of jazz standards, Bossa Novas, and pop tunes.

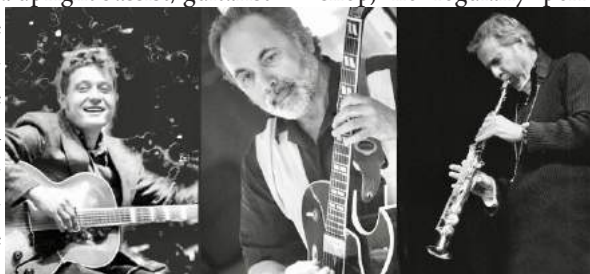
Recently relocated from the Monterey Bay area to Sonoma County, Gino Raugi has shared the stage with jazz greats including Mundell Lowe, Lew Soloff (Blood, Sweat and Tears), Bill Watrous, Rob McConnell, Barbara McNair and many, many others. "Gino's style follows the great guitar traditions of the Blue Note Jazz era. Think Kenny Burrell, Pat Martino, Barney Kessel, and throw in some Joe Pass and you'll have

a pretty good idea of where he's coming from," says Goldberg.

Joel Kruzic is a jazz upright bassist and guitarist based in Guerneville. He grew up in the Sonoma Valley, and received his BFA in music performance at the New School for Jazz and Contemporary Music in New York City in 2013. In addition to teaching lessons and working in his family's cabinet shop, he regularly performs throughout the Bay Area as a sideman with various jazz artists, including Calvin Keys, Bruce Gordon and Susan Sutton. When not playing music, he spends much of his winters on the North Coast Rivers fly fishing for steelhead, and in the Sierras in the summer.

These jazz events are regularly scheduled in The Fireside Room on the 2nd and 4th Thursdays of each month from 6:00-9:00pm. The bar, lounge, and dining room will be open per their regular schedules and menus. Sea Ranch Lodge is at 60 Sea Walk Drive, The Sea Ranch. More information is at community@these ranch.com.

Pictured (l-r): Joel Kruzic, Gino Raugi, Harrison Goldberg.



**January 17 Marks The
27th anniversary of The MLK
Holiday, also established as a
National Day Of Service**

On January 17, 2022, the Dr. Martin Luther King, Jr. holiday will mark the 27th anniversary of the national day of service. This day was established to honor the life and legacy of Dr. King, and to encourage all Americans to volunteer to improve their communities.

Americans celebrated the first official Martin Luther King Day, which is the only



federal holiday commemorating an African-American, on Monday, January 20, 1986. In 1994, Congress designated the holiday as a national day of service, and marking the third Monday in January every year as the Martin Luther King, Jr. Day of Service - a "Day On, Not a Day Off."

Dr. King advocated for nonviolent resistance to overcome injustice as a means of lifting racial oppression. He created change with organized sit-ins, marches, and peaceful demonstrations that highlighted issues of inequality. Dr. King received the Nobel Peace Prize in 1964; he was the youngest person to ever receive this high honor. He followed in the footsteps of his grandfather and father by entering the ministry to become a Baptist minister. On April 4, 1968, at the age of 39, he was assassinated in Memphis, Tennessee as he stood on the balcony of his hotel. Dr. King traveled to Memphis, Tennessee to lead a march in support of striking sanitation workers.

We remember Dr. King as a husband, father, friend, and fierce advocate for the betterment of all people. Honor his memory by organizing, volunteering, and spreading the word. Remember to MAKE IT A DAY ON, NOT A DAY OFF, for you and those around you.

"Nothing in all the world
is more dangerous than sincere
ignorance and
conscientious stupidity."
Martin Luther King (in 1963)

*Our thanks to DODEA
for the above reflection on MLK.*

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**Violinist David McCarroll
in a Chamber Music Concert**
Sunday, January 9, 4 pm
Coleman Hall. Tickets \$40

**A Celebration of Life, Remembering
Elizabeth "Lizzard" Redfield,
and a concert by the Thugz**
Saturday, January 8, Coleman Hall
Celebration at 12:30 pm
Concert at 2:30 pm
Tickets for the Thugz concert are \$15,
at [Gualala Arts, Dolphin & EventBrite.com](http://GualalaArts, Dolphin & EventBrite.com)

New Exhibit at Dolphin Gallery
"Generational Perspectives:
Through the Eyes of
Mother and Daughter"
Shayla Workman • Amethyst Widner
Opening Saturday, Jan. 8, 11 - 4 pm

New Exhibit at Gualala Arts
"Falling in Love During the End Times"
Political and Abstract Quilts
by Shawn Quinlan
Opens Jan. 14, Coleman Hall

New Exhibit at Gualala Arts
"The Power of Hope"
From a Call to Artists to Exhibit Opening
Inspiring artists to reflect on the start of a new
beginning. Curated by
Barbara Johannes and Kendra Stillman
Opens Jan. 14, Burnett Gallery

Gualala Arts and Fred Adler present
A Valentine Concert
Saturday, February 5, 4 pm
Tommy Kesecker, Dave Bell, Evan Price

**Gualala Arts: Open daily, 11 - 4
Dolphin: Open Thu-Mon, 11 - 4**

**Due to Mendocino County regulations, proof of
Covid vaccine required for all TICKETED inside
concerts & workshops, until further notice.
Gualala Arts and Dolphin Gallery require
face masks for all, inside and outside
during events.**

"Peace is when time doesn't matter as it
passes by."
Maria Schell (1926-2005)

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Solution to crossword:

New Moon



January 2

Full Moon



January 17

"Three things cannot be long hidden: the sun, the moon, and the truth."

Buddha (6th-5th c)

The Metropolitan Opera Brings "Verdi's Rigoletto" January 29 Opera in HD at Arena Theater

The Metropolitan Opera brings Verdi's "Rigoletto" to the big screen at Arena Theater Saturday, January 29. DOORS OPEN for this HD production from the MET at 9:15am and the screening begins at 10:00am. Tickets may be purchased through the theater's website (ArenaTheater.org): \$24 for adults, \$18 for students, and \$22 for seniors.

Bartlett Sher, the Tony Award-winning director, offers a bold new take on Verdi's timeless tragedy as the opera's action is reset to 1920s Europe, with Art Deco sets by Michael Yeargan and elegant costumes by Catherine Zuber, themselves boasting a combined 11 Tony Awards.

Baritone Quinn Kelsey, a commanding artist at the height of his powers, brings his searing portrayal of the title role to the Met for the first time, starring alongside soprano Rosa Feola as Gilda and tenor Piotr Beczala as the Duke of Mantua, with leading maestro Daniele Rustioni on the podium. This live cinema transmission is part of the Met's award-winning Live in HD series, bringing opera to movie theaters across the globe.

First performed in Venice in 1851, "Rigoletto"—a dramatic journey of undeniable force—was immensely popular from its premiere and remains fresh and powerful to this day. The story, based on a controversial play by Victor Hugo, tells of an outsider—a hunchbacked jester—who struggles

Victor Hugo's 1832 play *Le Roi s'Amuse*, set at the court of King François I of France (circa 1520), is a blatant depiction of depraved authority. In adapting it, Verdi and Piave fought with the Italian censors and eventually settled on moving the story to the non-royal Renaissance court of Mantua, while holding firm on the core issues of the drama. In Bartlett Sher's new Met production, the action unfolds in Weimar Germany in the 1920s, a time and place with surprising parallels to the decadent—and dangerous—world of the original setting.

All Met Opera audience members must be fully vaccinated. You are considered fully vaccinated two weeks after you have received a second dose in a two-dose vaccine series or two weeks after you have received a single-dose vaccine. Please provide proof of vaccination through an original physical vaccination card or photograph of it upon arrival at the box office.

The Arena Theater snack bar will be open. Arena Theater is at 214 Main Street, Highway One, in Point Arena. More information is available at ArenaTheater.org, and at 707-882-3272.

to balance the dueling elements of beauty and evil that exist in his life. Written during the most fertile period of Verdi's artistic life, the opera resonates with a universality that is frequently called Shakespearean.

In a remarkable career spanning six decades in the theater, Giuseppe Verdi (1813–1901) composed 26 operas, at least half of which are at the core of today's repertoire.



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Words on Wellness • Monarchs. Coming Back?

by Karin Uphoff

Let's start the new year with a dose of encouragement, despite the current state of environmental degradation and climate disruption all of us share globally. Scientists have spotted signs of a partial recovery of kelp forests during drone surveys off the coast of Mendocino and Sonoma counties. This is good news after a series of large-scale catastrophic events, precipitated by warming ocean temperatures and disease, have decimated the kelp forest ecosystem to a mere five percent of its foliage since 2013. Lush, dense jungles of seaweed provide shelter, food, and home, for many creatures including red abalone *Haliotis rufescens*. Adults feed on species like giant kelp (*Macrocystis pyrifera*), feather boa kelp (*Egregia menziesii*), and bull kelp (*Nereocystis luetkeana*), while juveniles eat coralline algae, bacteria and diatoms. The abalone who have survived starvation in the last few years are starting to eat again, but their success is dependent on regeneration of these underwater forests and the subsequent diversity of predators that keep sea urchin populations in check.

Western monarch butterflies are also showing signs of return. They migrate from across the west annually to about one hundred wintering sites dotting the California coast from Mendocino County to Baja

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of **Botanical Body Care: Herbs and Natural Healing for Your Whole Body**. Learn more at: www.karinuphoff.com. Image by Bill Barlow from Pixabay .



California, Mexico. Clustering for warmth in seaside pines and eucalyptus, individuals return to the same place and even the same trees year after year. The monarchs generally arrive at the beginning of November and disperse north and west again once warmer weather arrives in March. This butterfly population has declined by more than 99% from the millions that overwintered in the 1980s, mostly due to destruction of milkweed habitat along their migratory route as housing expands and use of pesticides and herbicides increases. An annual winter count last year by the Xerces Society recorded fewer than 2,000 butterflies, yet this year volunteers have counted 100,000 - a moment to exhale, though still only half the number counted in 2017.

Monarch butterflies lack state and federal legal protection to keep their habitat from being destroyed or degraded, while kelp forests are only marginally defended by the Marine Protection Act. It is up to us to keep pushing for protections and setting aside sanctuary for the web of life we rely on for our own survival. In the year ahead, consider making lifestyle changes and financial contributions or community actions that can positively effect these and other precious ecosystems.

Townsend Warbler: "In Decline"

One of my thrills these winter mornings is catching a glimpse of the beautiful yellow face of a Townsend's Warbler. The males have a striking facial pattern that is yellow with a black cap and throat and a black spot behind the eye. Their chest and sides are yellow with black streaks. They have two white wing bars and white under their tail. Females are similar but with a yellow throat and white belly.

Townsend's Warblers are the West Coast cousin of the East Coast Black-throated Green Warbler. The Townsend's Warblers nest from Oregon up to Alaska. It's thought that the ones who winter here in North America breed farther north in B.C. and Alaska. They spend winters in mixed flocks with Chickadees and Nuthatches. The Townsend's Warblers that spend their winters in the highlands of Mexico down to Costa Rica tend



to stay in gregarious single species flocks feeding on fruit and nectar. It's noted that the ones that winter here have longer wings and shorter bills.

Up north, May through June these 5-inch warblers feed at the tops of conifers like Spruces and Firs. They glean for insects such as beetles, flies, wasps and caterpillars. They make a shallow nest out on a fir branch and lay 3-5 white eggs with brown markings.

The Townsend's Warbler is one example of the decline of our songbirds. One significant factor is the loss of their wintering grounds in tropical forests. The deforestation of tropical forests is due to increased human population pressure, the use of pesticides, and clearing for grazing land for cheap beef for our fast food restaurants and dog food.

Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Heron. Each month, the Lighthouse Peddler features a bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org. Image by Amy Spielmaker from Pixabay

How PNW Salmon Could Benefit From Biden's Infrastructure Plan

by Ashlee Abrantes in The Conversation

Ashlee Abrantes is a Ph.D. Candidate in Environmental Science & Policy at U. of Wash.

Infrastructure matters for wildlife too – here's how aging culverts are blocking Pacific salmon migration.

As the Biden administration prepares to make the biggest investment in U.S. infrastructure in more than a decade, there's much discussion about how systems like roads, bridges and electric power grids affect people's daily lives. Here's an angle that's received less attention: Wildlife depends on infrastructure too.

I'm studying how human-made structures affect salmon migration between freshwater streams and the Pacific Ocean. Washington state is home to five species of Pacific salmon: chum, pink, and the locally endangered sockeye, coho and Chinook. Salmon are commercially, environmentally and culturally important to the Northwest, and many people here follow their migrations.

To travel out to the sea and back inland to spawn, salmon have to pass through thousands of culverts – tunnels that carry streams beneath roads or railways. When culverts fall into disrepair or are blocked, water might still be able to pass through, but fish can't. This can be a death sentence to fish that migrate.

Washington state has thousands of culverts that need repairs. Salmon are in critical decline, and fixing culverts could increase fish migration and reproduction.

This issue isn't unique to the Pacific Northwest. Atlantic salmon in the U.S. Northeast are listed as endangered under the Endangered Species Act. State and fed-

eral agencies have undertaken significant habitat restoration and conservation efforts, particularly in Maine, to boost salmon populations. These initiatives, which are projected to cost hundreds of millions of dollars over the coming decades, involve actions such as removing river dams. New infrastructure investments could help salmon, as well as people, get where they need to go.

Like other Pacific salmon species, sockeye salmon migrate upriver from the sea to spawn in streams far inland.

From streams to the sea and back

Most salmon are anadromous: They are born in streams, dine on aquatic insects and then make their way downstream to live the majority

of their adult lives in the ocean. Then, one to seven years later, depending on the species, they return to the streams where they were born to reproduce.

Each female lays hundreds of eggs in a redd, or depression, in river bottom gravel. Males release milt (fluid containing sperm) into the water, fertilizing the eggs. Of the thousands of eggs an individual female can lay in a lifetime, approximately 0.001% or fewer will hatch and survive to adulthood.

Salmon are at the top of many rivers' complex food chains. They are a primary food source for orcas found off the coast of Washington and British Columbia. And they play vital roles in maintaining the health of the state's waterways by providing essential nutrients, such as nitrogen and phosphorus.

Salmon also hold significant cultural value for Indigenous peoples, who

Continued on page 13.



A culvert in Seattle's Lake City neighborhood, rated 67% passable for salmon. (Ashlee Abrantes/CC BY-ND)

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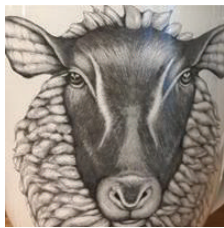
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Generational Perspectives: Through the Eyes of Mother and Daughter

Shayla Workman • Amethyst Widner in a New Dolphin Gallery Exhibit Opening January 8

The Dolphin Gallery welcomes two artists for its first exhibit in the new year. Shayla Workman and Amethyst Widner clearly bring a multi-generational approach to the new exhibit—

"Generational Perspectives: Through the Eyes of Mother and Daughter". The artistic talent of both the mother and her 3 (going on 4) year-old daughter will be on display at the Dolphin Gallery in Gualala. The exhibit opens Saturday, January 8, 2022, and continues through Sunday, February 6, 2022. Exhibit hours are 11:00 a.m. to 4:00 p.m., Thursday through Monday.

"Generational Perspectives" features the art of Shayla Workman and Amethyst Widner. A mother (Shayla) and her 3 1/2 year old daughter (Amethyst) paint objects and themes to show how each of them can view the same world from completely different perspectives—and celebrating the beauty in those differences.

The unique nature of this exhibit will

likely touch visitors, parents and art lovers in a variety of ways, and while parents often bring their children to the gallery, "Generational Perspectives: Through the Eyes



of Mother and Daughter" offers a unique opportunity for families to explore how Workman and Widner see each subject. Whether it's rainbows or trees, clouds or the sun and moon, each subject becomes a wonderful work by the individual artist and, happily,

the exhibit literally gives us the chance to see how artists with a generation between them, see the world.

Amethyst Widner has been happily painting, somewhat abstractly, for almost two years. Her enthusiasm for acrylic painting was inspired (at least in part) by the Gualala Arts Center pumpkin carving/decorating contest in fall of 2020. Since then, Widner continues to enjoy regular visits to the Arts Center to take in the creativity of each exhibit and touch base with the place that has helped her find "the artist within."

Shayla Workman (Amethyst's mother) considers herself as creative, more than an artist. For more than two years, Workman created art lessons that she used to guide 2nd graders as an elementary school teacher. Years later, she's been able to use her teaching skills and creativity to experience art and life with her daughter. Workman added, "Amethyst so often takes on the role as teacher, as we can learn so much about the world, and ourselves, when viewing things from a child's perspective."

The exhibit at the Dolphin Gallery, 39114 Ocean Drive (Cypress Village,) Gualala,



opens Saturday, January 8 and will continue through February 6, 2022.

"Rainbow": Upper left: Amethyst Widner;
Above: Shayla Workman

Gualala Arts and the Chamber Music Series

Present Award-winning Violinist David McCarroll to Coleman Hall, January 9

Gualala Arts and the Chamber Music Series bring award-winning violinist David McCarroll to Coleman Hall at Gualala Arts on Sunday, January 9, at 4:00pm. Tickets are \$40 in advance, \$45 at the door (if available.) Tickets can be purchased at Gualala Arts, the Dolphin Gallery, and online at EventBrite.com.

David McCarroll has been described as "a violinist of mature musicality and deep understanding of his repertoire whose playing is distinguished by clarity of form and line" by Musik Heute. Winner of the 2012 European Young Concert Artists Auditions and Silver Medalist at the Klein International Competition, he made his concerto debut with the London Mozart Players in 2002 and has since appeared with



orchestras including Radio Symphonieorchester Wien, Tonkünstler-Orchester Niederösterreich (Simone Young, Grafenegg), Hong Kong Sinfonietta (Christoph Poppen), Santa Rosa Symphony, Mendocino Festival Orchestra, and Philharmonie Zuidnederland. David McCarroll will be

performing solo violin works by Johann Sebastian Bach including Sonata No. 1 in G minor, BWV 1001, Partita No. 1 in B minor, BWV 1002, Sonata No. 2 in A minor, BWV 1003.

McCarroll performs regularly in major concert halls including the Berlin, Vienna and Amsterdam, as well as Carnegie Hall. His performances have been broadcast on radio stations including WGBH Boston, WQXR New York, National Public Radio, Ö1, BR-Klassik and the BBC.

Recent performances have included Stravinsky's violin concerto at the Konzerthaus Berlin, touring with Musicians from Marlboro, and performances of György Kurtág's "Kafka Fragments" for violin and soprano. In 2015, he joined the Vienna

Piano Trio, with whom he has toured and recorded extensively. The Trio's recording of the complete Brahms piano trios won the 2017 Echo Klassik award, and in 2020 the Trio's Beethoven recording received an Opus Klassik award.

David was born in Santa Rosa, Califor-

nia in 1986 and grew up at Star Cross Monastery. He began studying the violin with Helen Payne Sloat at the age of 4. At 8, he attended the Crowden School of Music in Berkeley studying with Anne Crowden. When David was 13, he received an invitation to join an international group of 60 young music students at the Yehudi Menuhin School outside London where he studied for five years with Simon Fischer. David continued his studies with Donald Weilerstein and Miriam Fried at New England Conservatory of Music in Boston receiving a Master's degree and with Antje Weithaas in the Konzertexamen (Artist Diploma) program at the Hanns Eisler Academy in Berlin.

In addition to music, David maintains an active interest in social concerns including the needs of those impacted by the AIDS pandemic and is currently working on projects of the Starcross Community to help AIDS orphans in Africa. He has played in programs encouraging world peace promoted by the Fellowship of Reconciliation and has given benefit concerts for Doctors Without Borders. With other members of his family, David has worked to get strings to young music students in Cuba where such items are very difficult to obtain.

“Falling In Love During The End Times”

A Compelling and Personal New Exhibit of Quilts

Created by Shawn Quinlan • Opens Friday, January 14.

“Falling In Love During The End Times” is a compelling and personal exhibit created by Shawn Quinlan. The exhibit opens Friday, January 14 and will continue through Sunday, February 6, 2022 in Coleman Hall at Gualala Arts Center. Gualala Arts is open daily from 11:00am to 4:00pm.

The content of many of Quinlan's quilts is loosely based on subjects such as hypocrisy, corruption, self-righteousness, and contradiction; and how these themes often hide behind religion, authority and politics. He adds, “My partner and I, after troubled long term relationships, found each other before the pandemic. We’ve found hope, love, a new future dream, and a home in Gualala. This exhibit will introduce my catalog of political and abstract quilts to Northern California.”

and depend upon my talent of free association to be my eclectic guide.”

Quinlan starts with an inspired element or subject, which establishes his focus and



direction which guides the process of fabricating images. He adds, “Sometimes the direction is clear, but new fabric can lead to unexpected turns. Much of my new body of work has been inspired by the medium of photo-montage which I convert into quilt form.” His family has a long tradition of craftspeople and artists, and Quinlan has explored design, painting, and video art. In 1994, when he expressed an interest in quilts, “a family member found an old Singer sewing machine for me which unexpectedly changed the trajectory of my life. Experimenting with this tool allowed me to incorporate my past artistic interests into a new future in the art quilt medium.”

The exhibit continues at Gualala Arts through Sunday, February 6. Gualala Arts is open every day, from 11:00am to 4:00pm.

Images:

Top: “Tears for Compassion”.

Left: “Pollock Gestures”.

Right: Shawn Quinlan.



The everyday influences leading to the theme of the exhibit and the quilts themselves had an effect on the theme. “My day job, as a television news video editor, has influenced many of my quilts. I don’t offer ‘statements’ but wish to raise questions. The content of many of my quilts is loosely based on subjects such as hypocrisy, corruption, self-righteousness, and contradiction; and how these themes often hide behind religion, authority and politics. I trust my intuition rather than any advanced plan



Jazzin'3 At The Sea Ranch Lodge

Live Music Thursday, January 13

On Thursday, January 13, from 6:00pm, the Fireside Room at The Sea Ranch Lodge, presents Sunset & Jazz with Jazzin' 3, Harrison Goldberg's stellar jazz trio.

The band features popular coastal jazz singer and guitarist Danny Barca, with Peter “Pete” Gealey on upright bass, and accompanied of course by Harrison Goldberg on saxophones. The trio will feature traditional Jazz Standards and Bossa Novas, many with vocals and custom arrangements by Mr. Barca.

Danny Barca has been a part of the Coast music scene since he arrived from the Bay Area in 1976. As a singer and guitarist, he has performed with all kinds of bands from the Mendocino All Star Big Band to smaller

has enjoyed playing at many of our other Coastal venues as well, and is also an accomplished cartoonist with successful art shows and exhibitions to his credit.

Jazz musician Harrison Goldberg consistently brings together amazing musicians to bring Jazz (and other musical styles) to music fans on the Mendocino Coast.

Admission to this event is free, and the Bar and Lounge and Dining Room will be open per their regular schedules and menus. The Sea Ranch Lodge is at 60 Sea Walk Drive, The Sea Ranch. More information is at community@thesearanchlodge.com.

Jazzin' 3 Photo by Allen Francis.



jazz combos, as well as playing in a variety of other music styles. Most recently, he has appeared with Tenor Madness, the Francis Vanek Quartet, and Jazzin'3. As a singer/songwriter, he has produced three CDs of original songs: No Separation, A Certain Light, and The Sky Above. These will be available for purchase at the performance.

Jazz bassist Pete Gealey moved to the Mendocino Coast in 1977, and in 1995, along with his wife Mary & brother Dave, opened the Headlands Coffeehouse which featured live music every night, much of it jazz. This of course gave him an ideal performance venue where he frequently played with numerous local and visiting musicians over the next 25 years. Pete

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Bill Vaughn (1917-1977)

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Last Call. by David Steffen

Anyone visiting Paris in the late 1970s, and looking for the city's great architectural landmarks—Notre Dame, Eiffel Tower, etc—would be forgiven if they offered a shocked double-take upon seeing the newly opened Pompidou Center. Built over a parking garage in a red-light district of Paris, architect Richard Rogers' design created a building that was seemingly inside out and upside down. Rogers died in 2021 at age 88.

Michael Nesmith died in December at the age of 78. As a member of the made-for-TV band The Monkees, Nesmith went from



struggling songwriter and performer to immediate success driven by the two-year run of the somewhat ground-breaking show. Nesmith's post-Monkees success included songs like "Joanne" and "Rio". More significant was his early support for video, which was to become a force in popular music (see MTV). NOTE: Search for Nesmith's video album "Elephant Parts" on YouTube. It's worth a watch. Nesmith clearly traveled to the beat of a different drum.

Of all of the things for which we'll remember Bob Dole—Kansas dust bowl roots, wounded veteran of World War II, Republican Senate Majority Leader and presidential candidate, he appears to be the last decent member of the GOP. He was 98 when he died in December.

The lights on Broadway got a little dimmer in November with the death of Stephen Sondheim. At age 91, he was still writing, still working, and while I am not a devotee of Broadway musicals (although I've been to some very good ones) I will always remember and be grateful to Sondheim for "Send in The Clowns".

Desmond Tutu helped bring major change on the international stage; first as leader of the South African Council of Churches, and later becoming Anglican archbishop of Cape Town. After Nelson Mandela (who was imprisoned for 27 years), Archbishop Tutu was the most significant voice to the world in bringing change to South Africa. Tutu earned the Nobel Peace Prize in 1984 for his efforts against apartheid. He died in December at age 90.

George Wein, the dynamo who created the seemingly simple idea of a Jazz festival, died in September. His legacy is about music and musicians, and of course, the Newport Jazz



and Newport Folk festivals. He was 95. During a mid-1970s visit to Detroit (while working for A&M Records,) I was introduced to one of the most powerful women in radio. Beginning in the late 1960s, Rosalie Trombley spent the better part of two decades at radio station CKLW in Windsor, Ontario, just across the river from Detroit. The station's signal was so powerful, and the station's programming so dynamic, that at one point CKLW was rated as the number one station in Detroit, the number two station in Cleveland, and number three in Toledo. Trombley died at 82.

I saw drummer Charlie Watts in 2002, performing with some other musicians (Mick Jagger, Keith Richards.) The group billed themselves as The Rolling Stones. Watts died at age 80. Other musical names lost in 2021 and worth remembering include Jay Black (Jay and the Americans),

Don Everly, Nancy Griffith, Dusty Hill (ZZ Top), Biz Markie, B.J. Thomas, Lloyd Price, Chick Corea, Mary Wilson (Supremes), Jimmie Rodgers, Gerry Marsden (Gerry & the Pacemakers), and the producer and songwriter Phil Spector. Many will remember Steve Bronski, who died in December at age 61. He was part of the British group Bronski Beat, whose songs often directly addressed gay themes and issues in a way few other pop music acts were doing.

For those who seek to analyze the roots of just what created today's GOP, they need only look back to the Georgia senate election of 2002. The incumbent Democratic senator Max Cleland was running for re-election a year after the 9/11 attacks. Republicans created a (disgraceful) 30-second television spot showing images of Osama bin Laden and Saddam Hussein behind a voiceover questioning Cleland's commitment to homeland security. Any images of Cleland in the spot were essentially headshots so they could avoid reminding voters that the Senator lost both legs and one arm in Vietnam. Cleland was 79.

Colin Powell died in 2021, having spent a large part of his last 15 years repenting for helping sell the 2003 Iraq war to the American people, the United Nations and the world while a member of the George W. Bush Administration. (Note: the 2019 film "Official Secrets" is worth a look for how George Bush and Tony Blair invented a rationale to go to war in Iraq.)

Larry King died this year. I had a chance conversation with him in the early '90s at

King. He was 87. And speaking of voices, Mort Sahl, who might tell us of his comedic style, "sardonic is an understatement" died at age 94." SNL alumnus Norm Macdonald died at 61. Melvin van Peebles, the groundbreaking filmmaker died at age 89, and Tony Hendra, British-American comedian and writer ("This Is Spinal Tap") died at 79.

Two members of the Milwaukee Braves died this year. Hank Aaron (86) and Del Crandall (91). In 1957, the Braves had an all-star team to themselves: Aaron, Crandall, Johnny Logan, Warren Spahn, Lew Burdette, Joe Adcock, Eddie Matthews, Red Schoendienst. For a young boy in Milwaukee, a trip to County Stadium was an adventure. And speaking of baseball, Tommy Lasorda died at age 93. I wasn't a big Dodger fan, but I enjoyed an occasional trip to Dodger Stadium. And having access to the company's season tickets, Dolly and Caitie (8 mo. old) and I actually happened to be at Dodger Stadium on October 15, 1988 for game one of the World Series. Yes, the Kirk Gibson, walk off home-run game. Luck of the draw to be there that day.

Lawrence who? Your clues are: poet, publisher, political iconoclast, bookstore owner, supporter of writers like Allen Ginsberg and, "godfather of the beat movement." Lawrence Ferlinghetti died this year at age 101.

Ron Popeil died in 2021 at age 86. Admit it.

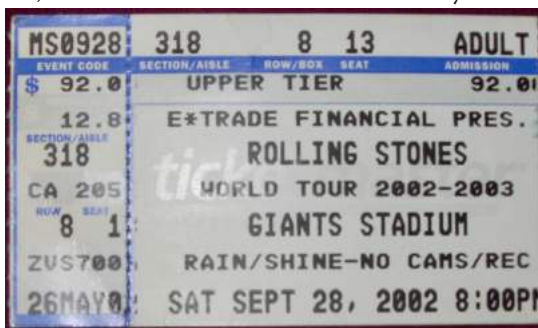


You have one of his infomercial gadgets somewhere in your home.

Clarence Williams III, "Linc" in televisions "Mod Squad", was 81. Ned Beatty died at 83. "Love Boat" captain (and newswriter on "Mary Tyler More Show") Gavin MacLeod died at 90. Johnny Crawford, teen idol and "Mark McCain" on "The Rifleman" died at 75. George Segal (87), Hal Holbrook (95), Cloris Leachman (94), Christopher Plummer (91) all passed in 2021, as did director Michael Apted (79).

And let's say goodbye to Sen. Harry Reid (82) and everyone's favorite Golden Girl, Betty White. She was 99 when she died this week.

Top left: Monkees. Top: Desmond Tutu.
Center left: Rosalie Trombley.
Center Right: Mod Squad
(Tig Andrews, Michael Cole, Peggy Lipton, Clarence Williams III.)
Bottom: Ticket to Rolling Stones Concert.



JFK, waiting for a flight from New York to Los Angeles. What struck me most was his voice. In person, a couple of feet apart, or on the radio or CNN, it could be no other than Larry

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"Burning Boy: The Life and Work of Stephen Crane"

A Book by Paul Auster • Reviewed by Jennifer Bort Yacovissi

Early in "Burning Boy: The Life and Work of Stephen Crane," author Paul Auster discusses his concern that people have forgotten Crane. He admits that Crane's major books are widely available, the 10-volume set of his collected works is still in print, and an army of academicians regularly points its scholarly brain at the study of the brilliant, prolific, late-19th-century author who died at the age of 29.

But Auster's worry is that "general readers, that is, the people who are not academics or writers themselves, the same people who still take pleasure in reading old standbys such as Melville and Whitman, are no longer reading Crane." He adds, "If it had been otherwise, I never would have thought of writing this book."

"This book" is hard to characterize. Though it describes Crane's life in fine detail, it is not a biography in the traditional, scholarly sense — as the author himself is quick to agree. It takes a few too many speculative liberties with its subject, and Auster wears his heart too plainly on his sleeve.

In its many in-depth analyses of Crane's writing — which is excerpted at length — the book feels much like a 200-level American lit class, which is not necessarily a bad thing. An enthusiastic teacher who loves his subject can light a fire in his students, and it is clear that Auster loves his subject.

Yet if *Burning Boy* is indeed aimed at Auster's idea of general readers, specifically those who don't already think of Crane as someone they want to read, then the author may have overestimated the willingness and attention span of his target audience. It's quite a bit to ask an uncertain reader to follow along on one author's journey of 800 pages so that she might be convinced why another author is worth reading.

But it is undeniable that Crane is worth reading, and it remains a mystery why he hasn't become embedded in the continuously read American canon among such evergreens as Poe, Hawthorne, and Twain. Crane's circle of friends (and literary equals) included Joseph Conrad, Henry James, Ford Maddox Ford, and H.G. Wells. Though his career didn't even span a decade, he was prolific and became toweringly famous in his mid-20s with the release of *The Red Badge of Courage*.

What's difficult for today's readers to appreciate — since none of us were there to experience the before and after — is how norm-shatteringly different Crane's writing was from anything else that had come before it, with its gritty realism, pared-to-the-bone prose, and no tidy moral. Auster is on solid footing to assert that Crane is the first modern American writer, but the importance of that distinction, and of the cultural kerfuffle that Crane's work initially caused, is necessarily lost on contemporary, post-modern readers.

Certainly, Auster works to overcome that disconnect and get readers to understand the sheer uniqueness of Crane, whose writing career took place in the final years of the 19th century, from the time he was 20 until his death in 1900. In every respect, Crane was a self-taught, self-made man; the talent he had he developed himself.

With his Methodist minister father dead when Crane was 8, his temperance-preaching mother often absent, and siblings who were all much older, Crane was in many ways left to raise himself. Young Stevie sometimes wandered the neighborhood to find a family to have supper with.

Frequent illness kept him out of school, which didn't interest him anyway, but he read everything that captured his attention. His brother Townley gave him his first newspaper job, and Crane never looked back. What little money he earned came from writing.

It's somewhat stunning to learn just how little money that was. Crane — for several years of his life one of the best-known writers in America — had no one advising him on financial matters or looking out for his best interests, and he entered into horrifically bad business arrangements and contracts.

There were times when he was working under something like indentured servitude, in which his output of stories could never overcome the debt of stories he still owed, and he was forever borrowing against stories not yet written. That he pounded out such a volume of newspaper columns, essays, poems, short stories, and novellas seemed driven as much by the need to eat as to create.

Auster describes Crane's life as "frantic,"

and that feeling of a kind of time-pressured desperation comes across clearly. Crane makes several references to believing that he won't live long — this rail-thin, chain-smoking dervish with already-damaged lungs — and seems determined to pack as much living as possible into whatever years he has.

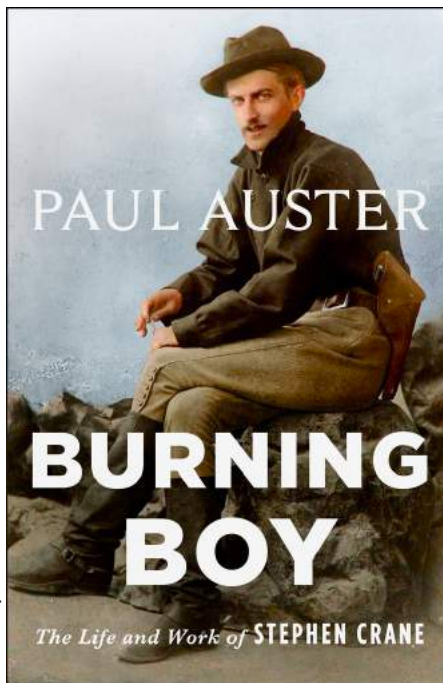
And pack he does, especially in his pursuit of war zones. His boyish eagerness to get to the action before it's all over seems at odds with his unromantic depiction of the results of that impulse in his fiction. But it's not a huge stretch to imagine Crane felt the need to test his mettle in authentically dangerous situations, much as his protagonist Henry Fleming is forced to do in *Red Badge*. According to observer accounts, he acquitted himself well, if at times recklessly.

Frantic, reckless, restless: Crane was never still. He moved through life as though pursued. It's the image Auster conjures with his title, that of a young life burning brightly before burning out.

Auster's book is a labor of love, an homage to a writer he both deeply admires and finds confounding. In the end, his zeal for his subject brooks no resistance. Perhaps those general readers will take in reviews of this book, prompting them to pull out their high school paperbacks of *Red Badge* to remind themselves of what they've forgotten (*mea culpa*), and then come back to *Burning Boy* for guidance on what of Crane's to read next.

In which case, Paul Auster will have succeeded.

Jennifer Bort Yacovissi's debut novel, Up the Hill to Home, tells the story of four generations of a family in Washington, DC, from the Civil War to the Great Depression. Her short fiction has appeared in Gargoyle and Pen-in-Hand. Jenny reviews regularly for the Washington Independent Review of Books and serves on its board of directors as president. She has served as chair or program director of the Washington Writers Conference since 2017, and for several recent years was president of the Annapolis chapter of the Maryland Writers' Association. Stop by Jenny's website for a collection of her reviews and columns and follow her on Twitter at @jbyacovissi.



January's Reading List

- Best Sellers and Best Bets -

"The new year stands before us, like a chapter in a book, waiting to be written. We can help write that story by setting goals."

Melody Beattie (1948-)

- **The Anomaly** by Hervé Le Tellier
- **Garbo** by Robert Gottlieb
- **Midnight in Washington** by Adam Schiff
- **Renegades** by Barack Obama and Bruce Springsteen
- **The Storyteller** by Dave Grohl
- **Call Us What We Carry** by Amanda Gorman
- **The House of Gucci** by Sara G. Forden
- **Talking to Strangers** by Malcolm Gladwell
- **Gilded** by Marissa Meyer
- **Our Violent Ends** by Chloe Gong
- **The Boy, The Mole, The Fox And The Horse** by Charlie Mackesy
- **Braiding Sweetgrass** by Robin Wall Kimmerer
- **How H.G. Wells Predicted the 20th Cent.** by Claire Tomalin
- **It Ends With Us** by Colleen Hoover
- **Sapiens. A Brief History of Humankind** by Yuval Noah Harari
- **The Judge's List** by John Grisham
- **All About Love** by bell hooks

Another Book You Might Like*

*. **Burning Boy** A Book by Paul Auster
(See review on this page)

The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike.

Our thanks to Four-Eyed Frog Books, a Community-owned Bookstore.

Haiku for January

"slice of moon
smiles above the ocean
before it sinks"

by mai haiku

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2	4	3	6	7	8	6	1	5
9	5	1	6	3	2	8	7	4

Solution to Sudoku:

Scuttlebutt

by Mitch McFarland

Heads-up everyone as we may eventually be transiting back to a dual-stream recycling system. While that soaks in, here is a little background:

Most recycling programs in the United States began as dual- or multi-stream collection systems in the 1970s and 1980s. Some may recall when the drop-off at Arena Cove consisted of numerous bins to separate glass by color as well as keeping paper products separate. The City of Point Arena was doing its own redemption in those days and prices were sufficiently high to make that a slightly profitable program. The city switched to single stream when personnel changed and gave full responsibility for recycling to the waste hauler for which the waste hauler paid a flat annual fee.

Much has changed since then. In those days most of the world sent their recyclables to Asia (particularly China) for processing. Little was done to promote the processing of recyclables in this country, leaving us once again dependent on foreign nations. This “flush it and forget it” attitude permeated the minds of consumers and the halls of government. Contamination of loads increased to at times 40% with much of the recoverable material spoiled as well. China’s exploding middle class was consuming plenty of goods to create their own recyclables and they made a decision in 2018 that they strangely called National Sword, which raised the standards of material they would accept above what U.S. shippers could provide. This meant many thousands of tons of recyclables going to landfills in the U.S. Like everything else, COVID only made things worse. State governments have slowly begun to wake up to a problem that is plaguing local governments.

In a time of reasonably high prices single stream made some sense in that it lowers the cost of collection and presumably increases recycling rates by making it easier for consumers. From 2005 to 2014, the percentage of municipalities that used single-stream as their recycling process rose from 29% to 80%. However, U.S. recycling rates have stayed stuck around 35% for almost a decade and contamination rates nationwide remain around 25%.

One study showed that in a perfect world switching from dual- to single-stream recycling is estimated to reduce CO2 emissions by 0.71 tons per ton of collected material; but we don’t live in a perfect world full of responsible citizens. We live in a society full of avaricious consumers who, it seems, care more about the Kardashians than a sustainable planet.

In most cases, single stream just doesn’t

pencil out anymore. One example of the change in economics comes from Wilkes-Barre, Pennsylvania. The city was bringing in a profit of \$6,000-\$8,000 a month when it first began single-stream recycling a decade ago. Following the National Sword change, the city had to PAY upward of \$50 per ton for haulers to accept its recyclables.

Palm Beach County, Florida went from receiving \$10 per ton in 2008 to paying \$80/ton in 2018 when they switched back to dual-stream.

The Kingston, New York local resource recovery agency raised its fee for accepting single-stream recycling to \$80/ton until it decided to simply refuse any commingled loads. After switching to dual-stream system the tipping fee dropped to zero.

By switching to dual-stream Northumberland County, Ontario will realize an estimated \$500,000 (Canadian dollars) savings in lower processing costs and higher recyclables revenue, as well as \$350,000 in additional cost avoidance through landfill capacity savings because less material will be disposed. They will use the savings to sponsor compost collection.

Scrap from dual-stream programs is generally cleaner because residents may be more conscientious about keeping dirty or difficult-to-recycle materials out of their bins. The contamination rate for recyclables from Lake Worth Beach, Fl. has improved considerably since making the switch. In the last years of its single-stream program, the city was approaching a 40% rate of contamination in its incoming waste. Since reverting to dual-stream, the city quickly reduced that to the 7-8% contamination average, while matching the recycling tonnage being collected in its single-stream days.

Hoboken, New Jersey will save \$200,000 by switching as well as banning plastic carry-out bags and styrofoam.

Other jurisdictions to switch include Brookhaven, New York, Long Beach, California, Windsor in Sonoma County, The Mill Valley Refuse Service—even a place in

Missouri.

Increasing number of manufacturers have committed to increasing the recycled content of their products, so there is an end market for processed material, but not enough places doing the processing.

“The technology is there, and the markets are demanding clean materials,” Brent Dileman, a senior project professional at SCS Engineers said. “Inertia is the problem.”

California’s Assembly Bill 815 encourages — but doesn’t mandate — that municipalities switch from single-stream to dual-stream recycling programs.

CalRecycles, the state recycling agency, will assist communities making the change as it will require economic, logistical and messaging hurdles involved with dual-stream conversion. Economics, more than a

government mandate, will likely drive communities to make the change.

Most dual-systems will likely mean separating paper and cardboard from the rest of recyclables. Fiber is easily recycled if it is clean, but single-stream loads often contaminate paper with embedded broken glass and

spilled sodas and other liquid contaminants.

I spoke with Celia Furber, Waste Zero Manager for Recology, which holds the hauling contract for Point Arena and she is unaware of any internal conversation regarding a change to dual-stream. Same goes for Solid Waste of Willits which has a subcontract from Recology to do the actual hauling. They have a materials recycling facility in Willits that actually processes the recycled material. Aida Cleone, recycling coordinator for Solid Waste informs me that she, too, is unaware of any internal conversation regarding a switch.

So it is my bad for giving you a heads up because it doesn’t look like there will be a change any time soon. In the meantime you can look at your own practices regarding recycling with an eye toward how you might clean up and increase your own recycling efforts. Believe it or not, you can easily recycle 75% of your waste if you educate yourself, actually give it some thought, and be aware of your purchases as well.

To incentivize the switch CalRecycles will pay Quality Incentive Payments (QIP) beginning July 1, 2021 until June 30, 2022 for bales of PET plastic that do not exceed 2% contamination. Manufacturers are clamoring to meet their commitments to increase the recycled content of their products and this ubiquitous material is a good place to start. QIP has been used for some time now to prod materials recovery facilities to clean up their loads beginning with glass and now moving to PET.



SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

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HOW TO SOLVE:
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

SALMON from page 7

. . . have fought to maintain tribal fishing rights on Washington's rivers in the face of dam construction and lack of culvert maintenance.

An uphill journey to spawn

Anadromous salmon's arduous journey upstream to reproduce can cover several thousand miles. Once the fish pass through estuaries – tidal zones where rivers meet the ocean – they stop feeding, using all their energy to swim.

When roads cross over streams or creeks, engineers build culverts to maintain the flow of water. They can be made of concrete, steel or other materials, in various shapes, but usually they are arches or tubes. Maintaining a stream's flow prevents flooding, which is good for the roadway and everyone around it, and supports the animals living in the waterway.

Migrating fish depend on accessible waterways. Young salmon and other anadromous species need to reach the ocean – where there is space to disperse and much more abundant high-energy food than in fresh water – in order to mature and grow to large sizes.

And since water flows downhill, returning upstream to reproduce is literally an uphill battle. Salmon are powerful fish and can bypass some natural barriers by jumping out of the water, but they can't get around obstructed culverts.

Retired biologist Paul Dorn and Quinault Tribe student Talon Capoeman-Williams explain why stream health and maintenance matter for salmon migration.

Repairs and rights

Unfortunately, many culverts that are meant to keep streams and rivers accessible to fish are in disrepair, congested or completely blocked. This interferes with the reserved fishing rights of Tribes in the Pacific Northwest, protected by 19th-century treaties with the U.S. government.

In 2001, 21 of Washington's treaty tribes took the state to court to force it to repair

or replace culverts that would ensure safe passage for salmon and other fish. In 2013, a U.S. District Court judge set deadlines to repair Washington's worst culverts.

The state appealed the ruling, but the 9th U.S. Circuit Court of Appeals and the U.S. Supreme Court upheld it. As a result, the state now faces a 2030 deadline to repair 490 of its most problematic culverts. In 2018 Washington's Department of Fish and Wildlife conservatively estimated that the state had 20,000 impaired culverts, including those affected by the federal injunction.

Washington's Fish Barrier Removal Board oversees culvert repair projects. It includes appointees from many state organizations, but none from the treaty tribes involved in the litigation. The board has approved about eight funded repair or replacement projects per year since 2017, but it needs to fund at least 36 per year to meet the injunction deadline.

Clearing the way

The federal infrastructure bill includes US\$1 billion to remove, fix or replace culverts that impede fish passage nationwide – a provision written by members of Washington's congressional delegation, constituting the first federal program dedicated to this issue. The bill also provides \$350 million to build wildlife-friendly road crossings and reconnect migration routes that have been fragmented by development.

Pacific salmon support fisheries worth over \$700 million annually. And conserving salmon habitat generates billions of dollars in ecosystem services, such as reduced flooding and better fishing opportunities, for waterways in and around Seattle.

Compared with these benefits, I see investments to fix culverts and make the state's infrastructure more environmentally friendly as a bargain. As human populations increase and development pushes deeper into wild areas, I believe there will be a growing need for measures like this that can help people coexist safely with wild species.

This story was originally published on The Conversation on Nov. 16, 2021. It is republished here under a Creative Commons license.

This article has been updated to accurately reflect legal doctrine governing tribal fishing rights, specifically as stated in U.S. vs. Winans, 198 U.S. 371 (1905): "The Treaty was not a grant of rights to the Indians, but a reservation by the Indians of rights already possessed and not granted away by them."

[Like what you've read? Want more? Sign up for The Conversation's daily newsletter.]

Welcome to the January Events and Happenings for Ft. Ross, Jenner, Timber Cove and Cazadero.

Here are some of the activities and events happening in Coastal Sonoma County.

- Saturday and Sunday, January 1 and 2: 10:00am to 3:00pm, is the Bottomless Brunch Club at Timber Cove Resort. Join them for a new brunch menu at Coast Kitchen and bottomless Mimosas, Bloody Mary's, or Bellinis; \$55/person, reservations required.

- Saturday and Sunday, January 1 and 2 at Timber Cove Resort: 10:00am to 3:00pm: Music with Hannah Jern-Miller. Timber Cove Resort is at 21780 Highway 1, Jenner, 95450. Phone: 707-847-3231.

- Beginning Tuesday, January 4, from 4:00pm to 5:00pm. New Exercise Classes: In person with proof of vaccinations. Kick off the new year with a stretch/yoga class. At Fort Ross School, a Yoga Based Stretch Class will be offered every Tuesday. The class is for all levels. To attend please bring your Yoga Mat, a blanket, a yoga strap, and comfortable athletic style clothes as well as a mask. If you would like to register for class, please email geni@optwell.us. Proof of vaccination is required. Looking forward to moving together. (Geni Quartaroli)

- The Fort Ross VFD Board is reaching out to all those who live within the Fort Ross VFD service area to fill 5 Fort Ross VFD Board of Director positions. Nominees must reside within the Fort Ross VFD service area (Seaview, Gualala, Navarro Ranches and Fort Ross, Bohan Dillon, Blue J and King Ridge Roads.) Please send nominations to gaylea@frvfd.org by January 9.

- Caregiver wanted for lovely older lady on her 40 acre horse farm. She needs help in the house with cooking, cleaning and laundry. She is pretty self sufficient but tires easily. You will have to be registered with the County of Sonoma which is an easy process. Located in Gualala Ranch off of Fort Ross Road, she has great neighbors so you will not be isolated. She is fine with a woman or a man. There are other ranch chores like weed whacking in the spring that could be done as well if you want more hours. Email Gail Austin Anderson at gaila@sonic.net with your phone number to learn more.

- CHCP Sunday Community Market continues at Fort Ross School every Sunday from 10:00am to 12:00pm. NOTE: Rain cancels the market. School COVID-19 protocols are in place. Please note: Masks are required.

Thanks to the
Coastal Hills Community Bulletin
for keeping us up to date.

Save The Date: February 5 A Valentine Concert At Gualala Arts Produced by Gualala Arts and Fred Adler

"A Valentine Concert" is set for Saturday, February 5, at Gualala Arts. Three outstanding musicians will take the stage and bring a bit of musical romance, love and amazing musicianship to the stage in Coleman Hall for this 'love-themed' musical event. The musicians include Tommy Kesecker on vibes, guitarist Dave Bell, and violinist Evan Price. The performance will begin at 4:00 p.m. Advance tickets are \$32 (\$37 on the day of the concert, if available.) Tickets can be purchased at Gualala Arts, the Dolphin Gallery, and online at EventBrite.com.

Exquisite love songs interpreted in a variety of styles, sensitive moods and shifting tempos, written throughout the decades by brilliant popular song writers will be showcased.

Romantic numbers by Irving Berlin, Cole Porter, Leonard Bernstein, Stephen Sondheim, Rodgers and Hart, the Gershwins and others will be included. From cherished gems such as "My Funny Valentine," "Misty," "Embraceable You," "Blue Moon," and "I Love Paris" to West Side Story's "Somewhere" and "Tonight," this Valentine concert will be a sheer delight.

The performance will culminate with the dramatic centerpiece of "Send in the Clowns" and "Night Waltz," both from the late Stephen Sondheim's Broadway classic, "A Little Night Music."

Although the concert is a month away, plan to dress warmly and cozily. The Coleman Hall heater will be on, but some doors must remain open due to Covid.

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THE CONVERSATION

Crossword

by Margie E. Burke

ACROSS

- 1 Support piece
- 6 Seafood choice
- 10 Surgery souvenir
- 14 Baseball's Hank
- 15 Place to wait
- 16 Drug bust qty.
- 17 Burn unit procedures
- 19 Look ____ (study)
- 20 Whiplash preventer
- 21 Two-seater
- 23 Klutz's cry
- 24 School note-books
- 25 Thinly spread
- 28 It's tossed after a wedding
- 29 Alley prowler
- 30 "It pains me to say...."

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63					64						65			

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- 32 Unsavory
- 35 Voting "no"
- 37 ____ and true
- 39 Court action
- 40 Taqueria side
- 42 Elba of "The Suicide Squad"
- 44 Barrister's field
- 45 Get some air
- 47 Shock big-time
- 49 Investment choice
- 51 Train for a bout
- 52 Mourn
- 53 TV series "____ Horror Story"
- 57 Kind of mitt
- 58 Flashbulb effect
- 60 Ranch worker
- 61 In the 50s, say


- | | | |
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| <ul style="list-style-type: none"> 62 Emphatic refusal 63 Quartet member 64 Set aside 65 Miser's motivation | <ul style="list-style-type: none"> 10 Superficial, as beauty 11 Fairy-tale ball attendee 12 Do a tailor's job 13 Hotelier's offerings 18 Echo 22 Kitchen pests 24 Aspirin brand 25 Wound remnant 26 Glazier's unit 27 Something achieved 28 Move smoothly 31 Sarcastically (var.) 33 Bargain | <ul style="list-style-type: none"> 34 Small boat 36 Insinuation 38 Nursery need 41 Tibia locale 43 Not wasteful 46 Lash out at 48 Painter's prep 49 Kapolei greeting 50 Part of U.S.N.A. 51 Troutlike fish 53 Resting on 54 Bat's home 55 "The African Queen" screen-writer 56 Social misfit 59 Enemy |
|---|---|--|



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Taylor Jenkins Reid (1983-)

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"Ocean Etiquette – Table Manners" by Mary Jane Schramm, Freelance Writer, Naturalist

Chomping, slurping, nibbling, gulping. If beauty is in the eye of the beholder, should table manners be judged that way, too? Well, maybe situationally. Among our species, the art of dining is not just a function; it is an integral part of our cultural identities and cuisines, capable of yielding the most marvelous of gustatory delights. We've devised endless ways to prepare food, and a variety of ways to deliver it to our appreciative palates. We manipulate our food - our prey - using tools that vary in complexity but whose basic configuration is dictated by the precept, Form Follows Function. Spoons or straws (non-plastic) for liquids, chopsticks or forks for morsels, aided by knives to tackle larger pieces. We may surreptitiously wield bits of bread to round up the last savory bits from our plates, but in some cultures, as in my



former Indian home, we dined daintily with fingertips only; cutlery was relegated to the kitchen.

California Cuisine: Our California Current Ecosystem serves up some of the world's most diverse and abundant seafood imaginable, which contributes significantly to our economy, our sustenance, and our aesthetic enjoyment, formal and informal. The marine creatures that comprise the marine food web enjoy their own fashions in dining, too. Some examples:



Killer Cuisine: For resident aka fish-eating killer whales (*Orcinus orca*) that feed mainly on salmon, "dinnertime" may take over half their day and is work intensive. Unlike other fish, salmon do not travel in schools, so killer whales must painstakingly hunt one at a time, swallowing prey whole or shaking it into manageable pieces. Food-sharing sometimes occurs with close matrilineal (maternal) relatives, especially siblings and offspring. The family matriarchs, interestingly, favor adult sons with these gifts. This may help foster family and social cohesiveness among their highly complex killer whale culture.

Awesome and Jawsome: White sharks, *Carcharodon carcharias*, despite their fierce reputation, maintain their own etiquette. Solitary hunters, they don't generally engage in 'feeding frenzies' associated with pack-hunting sharks. Biologists at the Farallon Islands have observed several white sharks surrounding a single pinniped (seal or sea lion) kill. They maintained a cautious distance while the dominant shark fed, sometimes assuming an arched-back posture with downward pointing pectoral fins (think Arnold Schwarzenegger, circa 1970s) to signal bad-assedness. One researcher described the scenario as "almost dignified."

"Love" At First Bite: High marks for innovation go to the giant Pacific octopus (*Enteroctopus dofleini*) when approaching hard-shell prey like a Dungeness crab. Its first bite delivers a neurotoxin to paralyze it, then locks it in an embrace and injects a tissue-dissolving enzyme that turns flesh into a puree. The octopus then licks and sucks out the delectable crabmeat milkshake. Watch GPO "Ruben" enjoy his dinner at <https://youtu.be/TZeeszGQqTg>.

Slurpees: Leatherback sea turtles, *Dermochelys coriacea*, forage here each spring and summer, some swimming over 10,000 miles a

year between Indonesian nesting and California foraging grounds to dine on jellies. They have a special predilection for brown sea nettles – despite the jellies' stinging cells. The turtles lack teeth but their zig-zag beaks grasp and pull the jellies into mouths and throats lined with backward-pointing papillae, spinelike structures that guide them down an extremely-long esophagus for lei-



surely digestion - a conveyor belt of food. See a leatherback closeup at <https://youtu.be/085yu73yhAY>.

Hold the Anchovies: Tufted puffins (*Fratercula cirrhata*) dive deep for dinner, often targeting dense schools of 'baitfish' – anchovies, sardines, and juvenile rockfish. When working a 'baitball', a puffin can pick off one fish after another in rapid-fire sequence, hold-



ing each crosswise in its beak. Their secret is an expandable hinged jaw, and a mouth filled with backward-pointing spines known as denticles. The puffin can grab more fish while securing its previous catch. One Tufted puffin in Alaska managed to hold 29 at once!

Learn More: Killer whales sharing prey at <https://www.sciencedirect.com/science/article/pii/S0003347216000737>

Leatherback turtles conservation update: California Protects Leatherback Sea Turtles as Endangered - Center for Biological Diversity

Photo Credits:

Top: Zigzag 'beak' grasps slippery jellies. photo: NOAA

Top Left: White shark feeds on whale carcass. Photo: Stellwagen Bank NMS

Above Left: Giant Pacific octopus, resting and digesting. Photo: NOAA

Above Center: Atlantic puffin with a beakful of fish (photo by Steve Garvie, Creative Commons license on Flickr)

Remembering Elizabeth 'Lizzard' Redfield

A Celebration & Concert by The Thugz
On Saturday, January 8, many who were part of the circle of friends and family of Elizabeth "Lizzard" Redfield, will take time to remember her. First there will be a Celebration of Life. A memorial gathering will welcome all who knew her, heard her on the radio, or both. That celebration will be followed by a ticket-required concert performance by the Thugz.

The celebration of Redfield's life begins at 12:30 pm and all are welcome. The concert (a ticketed event) is set to follow at 2:30 pm. Both events are scheduled for Coleman Hall at Gualala Arts. Tickets for the Thugz concert are \$15 advance, and can be purchased locally at Gualala Arts, the Dolphin Gallery, and online at EventBrite.com.

Raised in Antioch, California, she later moved to the Mendocino Coast and made many friends long the way. While living on the coast she worked for Gualala Arts for many years. She also fulfilled a life long dream of being a DJ at local radio stations KTDE and KGUA, and later worked at Gualala Supermarket. Liz passed away on May 4, 2020 after a 5-year stint with Cancer.

Gualala Arts' Executive Director David 'Sus' Susalla fondly remembered Redfield. "She took to the coastal life style and jumped right into all things Gualala Arts. "She was our bookkeeper, helped volunteer with events, mixed live concerts and really was a team player for our arts community."

Liz loved the great outdoors, playing tennis and camping, and enjoyed long hikes on



the coastal bluff trails and beaches with her trusty side-kick dog, Orson Wells.

She also loved music, especially "The Grateful Dead" and going to their concerts with friends. It

was only natural that she sought out and attended local dance concerts featuring The Thugz (Tribal Hippie Underground Zone) dance concerts. It seems very fitting to produce a memorial concert for her celebration of life. Susalla added, "I look forward to starting the year off with this wonderful celebration of life."

NOTE: Due to Covid-19 Restrictions and Mendocino County protocols for The Thugz Dance Concert, masking is required for all and proof of vaccination is required for the concert performance. All are invited to share their love by wearing tie-dye or the color orange (Liz's favorite color.)

"Hello" and "Goodbye"

Meet The New Librarian January 5

There's a change happening at our local library. The Friends of the Coast Community Library are organizing a welcome to the new librarian, Melissa Hannum. At the same time, we can bid a farewell to Julia Larke—as librarian but Julia will still be part of our community. The welcome is sched-



uled for Wednesday, January 5, at 2:00pm at the Coast Community Library, 225 Main Street, Point Arena Refreshments will be served and everyone is invited. Information is available at the library: 707-882-3114.

See you at the Library.

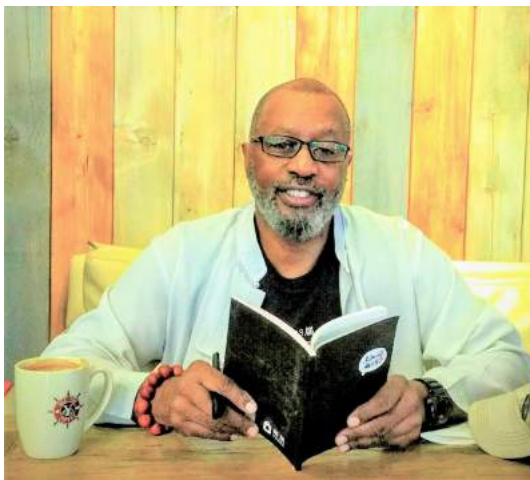
Poet Aaron Vessup Featured January 20
At Virtual Third Thursday With Open-mic to Follow
by Blake More

Point Arena Third Thursday Poetry presents a virtual Third Thursday Zoom Poetry reading at 7:00pm on Thursday, January 20. This month features Poet Aaron Vessup, with open mic to follow.

The second oldest with fifteen siblings, Aaron Anthony Vessup, was born in Los Angeles, California in a simple house on Vernon Avenue, In 1957, writing the "Myna Bird" poem, he earned California Chaparral of Poets recognition when a student at Mark Twain Elementary School. Later a student at Thomas Edison Jr. High, in Los Angeles, Aaron wrote the "Wyatt Earp" cowboy poem, propelling him into oral speech competitions when the family moved to San Bernardino, California.

Aaron Vessup prevailed as he became the first black American Junior College "Expository" speech co-champion for the state of California. After graduating from SBVC, he became "Oratory" champion for the state of Nebraska. Before graduating from Nebraska Wesleyan University (1970) to become a national oratory finalist that same year. Two years later, while a Grad student at Illinois State University, he presented a Maya Angelou cutting from I Know Why the Caged Bird Sings, winning the Edward's gold medal for Oral Interpretation. Subsequently, as a doctoral candidate at the University of Pittsburgh, he successfully coached two Bicentennial Speech finalists.

His long trail of coaching literature lovers came to a brief end, upon retiring from the teaching role at Elgin Community College in Illinois (2002). He received Professor Emeritus honors. Founder of Cultures In Focus, a community self-help collaborative, global travel to over thirty-five countries has kept him hopping.



In 2002, the Australian Poetry Society awarded Aaron Vessup the Bronze Peace Medallion for writing a short poem, "Peace: An Echoing Shadow." As a member of the International Platform Association, he received the Silver Bowl top poetry prize for the baseball poem "Home Run". As a lifetime member of the World Congress of Poets, Aaron Vessup, performed with this group in Egypt, Korea, Israel, Mexico, and

Taipei. In 2001, the Academy of Arts and Literature awarded him the Honorary Doctorate of Letters in Literature. In 2002, he received the Miriam Lindberg Honorable Mention Peace Poetry award for the poem "Writings on the Wall", in Tel Aviv, Israel. Over the years his poems have been anthologized in Best American Poetry collections.

Moving to China, Aaron worked in three different provinces, where he taught Oral English Communication, Advanced Writing, and Western Culture classes. Besides poetry, essay publications, and televised appearances, Aaron received the Jilin Provincial "Outstanding Foreign Expert" Award.

Books published by Aaron Vessup include: Beyond Cultural Anxieties; Making Cultural Adjustments; Cultural Fusions; and Five poetry collections: Two Swords, One Heart; Mud Notes Singing; Fires of Desire; Songs for Confucius; and Elements of Love. In addition to having participated in several group and solo international Photography Exhibitions, contributing travel essays and photographic work to various magazines for cultural bridge-building remains his passion. Two collections of his photography works are: "The Lamp Lighters," and "Visual Execution Studies." For five years, this author contributed to the Beijing Review, and English Language Learner's magazines. Earnshaw books of Shanghai published (April 2017,) "Black In China," by Aaron Anthony Vessup. In January 2020, Fulton Books of Pennsylvania, released "American Robot", a memoir containing samples of his seminal early verses.

To watch or participate as an open mic reader, please email blake@snakelyone.com.

Third Thursday Poetry Zoom continues to be supported by Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

"What the world needs more than sympathy or empathy is compassion.

Sympathy: I'm sorry you're in pain.

Empathy: I feel your pain.

Compassion: I'll do whatever I can to alleviate your pain.

You don't have to feel other people's feelings. You just have to care about their feelings."

Adam Grant (1981-)

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Get Out! January Music, Poetry, Theater, Film, Art, Radio, Online & more.

Please note: some events currently included in Get Out! are virtual. This "◇◇" means that the host organization will have information on attending virtually via Zoom or other platform.

- Saturday 01: 1:00pm, Laurent Perrier and Cowgirl Creamery. Delicious. At Sea Ranch Lodge.
- Sunday 02: 4:00pm, Feature Film at Arena Theater: "Encanto" (thru Jan. 6).
- Sunday 02: 10:00am, Community Market at Fort Ross School (every Sunday. Rain cancels.)
- Sunday 02: 10:35am, New Moon for January
- Sunday 02: 11:00am, New Exhibit at Coast Highway Art Collective (Thursday-Sunday)
- Monday 03: 7:00pm, Arena Film Club: "House of Sand and Fog"
- Tuesday 04: 4:00pm, New Exercise Classes at Ft. Ross School.
- Wednesday 05: 2:00pm, FOCCL Welcome Party for new librarian Melissa Hannum
- Wednesday 05: 3:00pm, Teen & Young Adult Poetry Circle, On Line ◇◇
- Friday 07: 7:00pm, Feature Film at Arena Theater: "West Side Story" (thru Jan.13.)
- Saturday 08: 11:00am, "Generational Perspectives". New Exhibit at Dolphin Gallery
- Saturday 08: 12:30pm, Memorial and Concert remembering Liz Redfield, at Gualala Arts
- Sunday 09: 4:00pm, Violinist David McCarroll • Chamber Music Series at Gualala Arts.
- Monday 10: 7:00pm, Arena Film Club: "O Brother Where Art Thou".
- Thursday 13: 6:00pm, Jazz Night at Sea Ranch Lodge featuring Jazzin' 3.
- Friday 14: 11:00am, "The Power of Hope". A new exhibit at Gualala Arts.
- Friday 14: 11:00am, "Falling in Love During The End Times". A new exhibit at Gualala Arts.
- Friday 14: 7:00pm, Feature Film at Arena Theater: "Spiderman" (thru Jan.20.)
- Saturday 15: 1:00pm, Cyrano de Bergerac, National Theatre Live at Arena Theater.
- Monday 17: Martin Luther King Holiday (observed).
- Monday 17: 3:51pm, Full Moon for January
- Thursday 20: 4:00pm, Wine Tasting at Sea Ranch Lodge.
- Thursday 20: 7:00pm, Third Thursday Poetry featuring Aaron Vessup. ◇◇
- Friday 21: 7:00pm, Feature Film at Arena Theater: "Nightmare Alley" (thru Jan.27)
- Saturday 22: TBA, Foragers Festival at Sea Ranch Lodge.
- Monday 24: 7:00pm, Arena Film Club: "Reds"
- Tuesday 25: 6:00pm, City of Pt. Arena City Council Meeting via Zoom ◇◇
- Thursday 27: 12:00pm, MHA Medication Take Back Event at (Old) Gualala Pharmacy.
- Thursday 27: 6:00pm, Jazz Night at Sea Ranch Lodge, featuring Uncommon Tymz
- Friday 28: 7:00pm, Feature Film at Arena Theater: "Matrix"
- Saturday 29: 10:00am, MET Opera Live, "Rigoletto".
- Monday 31: 4:00pm, Mend and Bend, at Sea Ranch Lodge.

SOUTH COAST BUS SERVICE

ROUTE 75:
POINT ARENA/ GUALALA TO UKIAH/ FORT BRAGG



Route 75 Monday through Friday from Point Arena to Gualala at 7:15am. Saturdays: Route 75 runs only from the Navarro Store at 9:15am to Ukiah and back.

ROUTE 95:
POINT ARENA/ GUALALA TO SANTA ROSA



Route 95 is operating 7 days a week from Point Arena to Santa Rosa and back. Leaving Point Arena Monday through Saturday at 8:00am and Sundays at 10:00am.



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