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May 2018



# Lighthouse Peddler

The Monthly Guide To Art, Films,  
Music, Theater, Poetry, Events  
and Life on the Mendocino Coast

## Hearts Beat Loud: One of Many Wonderful Films At The 2018 Mendocino Film Festival



With my long history in the music industry certain themes, ideas and, of course, songs jump out at me with some regularity. Perhaps it's fair to borrow a phrase from a 1970s hit: "I've Got The Music In me". In fact, we all do, we all have music in us, only to lesser or greater degrees. So when I have a chance to hear something or see something with strong musical character I can't simply ignore it. And that "something" struck again this week as I connected with a film titled

**Hearts Beat Loud**, one of the offerings at the 2018 Mendocino Film Festival.

The premise is is simple: Single dad (Frank, a widower) raising a college-bound daughter, Sam. Yet the complexity enters the story when two worlds collide. First, daughter Sam is headed to a very fine pre-med program. Second, Frank's business, his livelihood—a record store—appears to be barely grossing enough money to survive (continued on page 13)

A scenic photograph of a river flowing through a lush, green forest. The sky is blue with white clouds. In the center, there is a blue logo for the Mendocino Film Festival. The logo features three white waves above the text "MENDOCINO FILM FESTIVAL". Above the logo, it says "THIRTEENTH ANNUAL". Below the logo, it says "JUNE 1-3, 2018". At the bottom, it says "Award-winning film in an unforgettable destination" and "MENDOCINOFILMFESTIVAL.ORG".

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Exhibition on Screen  
**David Hockney – At The Royal Academy of Arts**

Sunday May 6 • Arena Theater

Widely considered Britain's most popular artist, David Hockney is a global sensation with exhibitions in London, New York, Paris and beyond attracting millions of visitors worldwide. The latest film in the Exhibition on Screen series allows up-close access to this 21st-century master and his two recent blockbuster exhibitions: at the Royal Academy of Arts in London and features expert insights from art critics Martin Gayford and Jonathan Jones, and Edith Devaney (Senior Contemporary Curator at the Royal Academy of Arts) who twice sat for Hockney to paint.



Exhibition on Screen presents **David Hockney at the Royal Academy of Arts: A Bigger Picture 2012 & 82 Portraits and One Still Life 2016**. The film screens Sunday, May 6, 1:00pm, doors open 12:30pm. Tickets are \$15, available online at [www.arenatheater.org](http://www.arenatheater.org) or at the door.

Including intimate and in-depth interviews with Hockney the film offers rare insights into the man behind such iconic works as *A Bigger Splash* and *A Closer Grand Canyon*. In conversation with Tim Marlow (A.D. at the Royal Academy of Arts), Hockney reveals anecdotes from across his artistic and personal life - from

his first trip abroad to Egypt in 1963, to the effects of the death of his close friend Jonathan Silver in 1997, right up to today.

The film also provides a rare chance to explore two of Hockney's landmark exhibitions from his late career, guided by the exhibitions' curatorial team and the artist himself. A Royal Academician since 1991, Hockney has a close relationship with the institution, creating both exhibitions specifically for the gallery spaces and thus making them entirely unique shows.

For **A Bigger Picture** Hockney returned to his native Yorkshire. This return to home was cathartic for Hockney and saw him capture the changing landscape through the seasons, using new techniques, not least iPad drawings and video. Four years later for **82 Portraits and One Still Life**, Hockney also adopted a new mode of working, inviting sitters to his studio with a strict deadline of three days for each portrait. The 82 finished paintings are themselves one complete work.

The film has a runtime of 85 minutes and is underwritten by Craig Gilliland and Lori Dotson of Spindrift Gallery.

© David Hockney. Photo courtesy of Jean-Pierre Gonçalves de Lima

2018 Poetry Writing Contest • The Prize Ceremony • May 15  
 15th Annual Gualala Arts Creative Writing Contest

Prizes will be announced in the 15th Annual Gualala Arts Creative Writing Contest the evening of Tuesday, May 15, at 7:00pm at Gualala Arts Center in Coleman Hall.

Winners will read their poetry aloud and certificates and prize money will be awarded. This year's genre was poetry with submission limited to three poems totaling no more than 100 lines. This year's judges are David Robertson, Mary Retzer and

Mark Gross. Rotarians Frank Healy, Nancy Padgett, and Laura Franklin facilitated organization of the event.

The contest offers cash prizes provided by The Sea Ranch Foundation and Gualala Rotary Club who have jointly sponsored the event since its inception in 2003. Entries were judged on literary elements of poetry, form, mechanics, originality and overall effect. The public is welcome.

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**Young Marx • A New Production From London**  
 At Arena Theater May 12

For some, Karl Marx is one of the great boogymen of 20th Century world politics. And yet, this central character is transformed in a terrific new production.

**Young Marx**, a new comedy starring Rory Kinnear as a "broke, restless and horny" 32-year-old Karl Marx, opened the London Theater Company's first season in October. It is now set to appear on screen at Arena Theater as part of its National Theatre Live offerings, Saturday, May 12, 1:00pm, doors 12:30pm. Tickets \$18, \$5 youth, online at [www.arenatheater.org](http://www.arenatheater.org)



"A specter is haunting Europe..." Rory Kinnear (*The Threepenny Opera*, *Penny Dreadful*, *Othello*) is Marx and Oliver Chris (*Twelfth Night*, *Green Wing*) is Engels, in this new comedy written by Richard Bean and Clive Coleman. Broadcast live from The Bridge Theatre, London, the production is directed by Nicholas Hytner and reunites

the creative team behind Broadway and West End hit comedy *One Man, Two Guvnors*.

1850, and Europe's most feared terrorist is hiding in Dean Street, Soho. Broke, restless and horny, the thirty-two-year-old revolutionary is a frothing combination of intellectual brilliance, invective, satirical wit, and child-like emotional illiteracy.

Creditors, spies, rival revolutionary factions and prospective seducers of his beautiful wife all circle like vultures. His writing blocked, his marriage dying, his friend Engels in despair at his wasted genius, his only hope is a job on the railway. But there's still no one in the capital who can show you a better night on the piss than Karl Heinrich Marx.

Run Time for this production is approximately 140 minutes, with one intermission.

**Point Arena Lighthouse has a Full Flower Moon Night Tour**  
 Evening Event Set For May 26

This month the Lighthouse has scheduled on its full moon tour for Saturday, May 26. This Full Flower Moon Night Tour begins at approximately 8:30pm. (Gates open at 8:00pm). Individual tickets are \$30 each or tickets-for-two for \$50. Reservations must be made by phone at 877-725-4448 ext. 1 or 707-882-2809 ext. 1 or in person no later than 3:30 p.m. three (3) days before the date of the event.



Cancellation policy: No refunds given if you cancel your reservation three days or less before the event. Tours are limited to a minimum of eight and a maximum of

twenty people, and will be cancelled if less than eight sign up. You will receive a full refund if the event is cancelled. Please call our Reservation Desk at 877-725-4448 ext. 1 or 707-882-2809 ext. 1 three days prior to the tour to confirm the event is happening as scheduled.

Note: You may wish to make a full day of it at the Lighthouse. Saturday afternoon there will be the "Lighthouse and Boogie Woogie" with Wendy DeWitt. (See story in this issue.) The lighthouse is a short drive from almost any point on the Mendonoma Coast, just off Pacific Coast Hwy at the north end of Pt. Arena.

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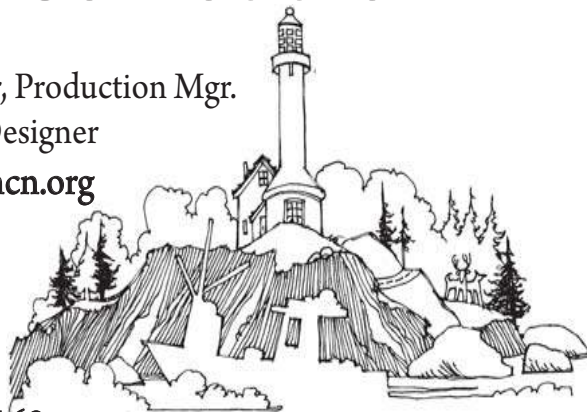
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## Chico Poet Troy Jollimore Featured May 17 Third Thursday Poetry At 215 Main

by Blake More

On Thursday, May 17, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Chico poet Troy Jollimore. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Troy Jollimore is the author of three books of poetry and three books of philosophy, as well as numerous articles, essays, and reviews. His first collection of poetry, *Tom Thomson in Purgatory*, won the National Book Critics Circle award in poetry for 2006. His third, *Syllabus of Errors*, appeared on the New York Times' list of the best books of poetry published in 2015.

His poems have appeared in publications including the New Yorker, Poetry Magazine, McSweeney's, the New England Review, Subtropics, and Tin House. His essays have been published or are forthcoming in venues including Conjunctions, the Kenyon Review, Zyzzyva, and the Boston Review, and he is a frequent book reviewer for publications including the Barnes and Noble Review, the Chicago Tribune, and the Wash-

ington Post.

In 2013 he was awarded a Guggenheim Fellowship in poetry. He has also received fellowships from the Bread Loaf Writers' Conference and the Stanford Humanities Center in Palo Alto, California.

Born in Liverpool, Nova Scotia, he was an undergraduate at the University of Kings College and Dalhousie University, before moving to the U.S., where he earned a Ph.D. in Philosophy at Princeton under the direction of

Harry Frankfurt.

He is currently a Professor in the Philosophy Department at California State University, Chico. His research interests include normative ethics and meta-ethics; the nature and ethics of personal relationships, particularly friendship and romantic love; the ethics of terrorism and war; the nature of reasons and the relations between moral and other reasons; and aesthetics, in particular philosophy of poetry and music.

*Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.*



### "Oriole" by Troy Jollimore

A bend in the river.  
A flaw in the surface.  
How many continents  
has this lone oriole  
crossed to come balance  
on our sagging clothesline,  
and what urgent thing  
is he trying to tell us?  
That those who could translate  
his song are lagging  
a thousand miles  
behind? Or that those

who can speak both his tongue  
and ours have not yet  
been born, that we will go  
into the ground  
and a thousand years pass  
before their eyes open,  
the wayward atoms  
of our nests and tongues  
having been dispersed,  
reassigned, and repurposed  
into their bright,  
unforeseeable bodies?

## Stompy Jones: Vintage R&B, Swing, and Boogie Live Music May 12 at Arena Theater

Last month marked the return of the Whale & Jazz Festival, an annual event that stretches from parts of coastal Sonoma County to Mendocino's south coast. Each year we're delighted to discover just who we'll find performing in our local theaters, clubs, and restaurants. While April was filled with some amazing talent, there is more music to come this month, including Stompy Jones and some vintage Rhythm & Blues and Swing.



Stompy Jones will get everyone's feet movin' on Saturday, May 12th at Arena Theater in Point Arena. Doors open at 7:00pm with the music coming alive at 8:00pm. There'll even be some swing dance lessons beginning at 7:15pm. Tickets are \$20 and are available at Four-Eyed Frog, Sea Trader, Arena Market, and at Twist in Mendocino; youth tickets \$10 at the door and online at [www.arenatheater.org](http://www.arenatheater.org).

This San Francisco-based sextet is renowned for their jumpin' rhythm, wailing improvisations, hip charm, retro style, and explosive stage show. Whether appearing at a posh supper club, concert hall, festival or cozy tavern, these journeymen of jump

deliver the romping, joyous, overwhelming style of jazz that came to be known as Rock and Roll! For some it will recall the sounds of earlier performers like Louis Jordan and his Tympani Five. The musicians hitting the

stage May 12th include Little David Rose's thumpin' stand-up bass, the double-shuffle drumming of Lee Beary, and the bounce piano of William Beatty providing the rhythmic foundation of the band's jump style. Riffing on top is the trum-

pet sound of Robert Dehlinger and Keith Crossan on the saxophone. These two fellas create the fireworks of vintage rhythm and blues. The charming Hank Maninger on vocals and lead guitar have become a trademark of this Redwood Coast favorite who light up the dance floors wherever they play. Too young to have been around for Louis Jordan? Rest easy. Stompy Jones will let you know everything you need to know!

Come to Arena Theater, grab a seat and close your eyes. The sounds will tell you all you need to know about this amazing band and their ability to keep the genre alive and kicking.

## Highway One Revisited Perform at 215 Main in Point Arena May 24 • It's All About Bob Dylan on His Birthday


Bob Dylan has a birthday this month. No plans to fly to Japan to see him perform? Why not enjoy some of Dylan's music closer to home. Highway One Revisited will bring its brand of Dylan to 215 Main, Thursday, May 24 beginning at 8:00pm.

Highway One Revisited is a group of Mendocino & Sonoma county musicians, including Eric Tamm on piano & guitar; David French on drums; Dan Albers on bass; and Eric Dahlhoff on



pedal steel & guitar. According to the band's Eric Dahlhoff, "We play hits, we play obscure songs. Psychedelic political folk rock love reggae putdown story songs. We have fun with all of them!"

Everyone's invited to come raise a glass to the Nobel Laureate and celebrate the amazing diversity of his songs. Music starts at 8pm, and there is no cover charge. 215 Main is a Beer & Wine Bar on Main Street, Highway One, in Pt. Arena.



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## Prisoners and Memories: Land of Mine • Sunset Boulevard

### Two Films From Arena Theater Film Club May 7 and 14

Each month, any number of us here on the coast wonder just what the Arena Theater Film Club has in store for the coming month's films. We haven't been disappointed yet. And May will be no exception.

Here are two films, made fifty years apart, yet they both bring us back half-century, to consider themes, ideas, tropes, that compel us to pay attention. The two films—**Land of Mine** and **Sunset Boulevard** inject pathos into widely diverse themes.

On Monday, May 7, Arena Theater Film Club presents **Land of Mine**, a Danish film from 2015. Not for the casual filmgoer, **Land of Mine** is based on extraordinary true events. Directed (and written) by Martin Zandvliet, this multi award-winning historical drama tells a gripping story of redemption and forgiveness, as it follows a



group of captured soldiers in Denmark in the immediate aftermath of WW II. As we know (or should know) no war ends with weapons dropped, hands shaken, and a simple wave 'goodbye'.

The scene is Denmark 1945. The defeated German occupiers have retreated but have left a cruel parting gift—the beaches of the west coast of Denmark are studded with more than a million landmines. The British and Danish come up with a plan: use German prisoners of war, many of them teenage boys, to clear the beaches. This oppressively tense drama follows one squad of callow, terrified soldiers who have barely grown out of childhood and into their uniforms, and the Danish officer who grudgingly becomes their protector.

Ignoring the Geneva Convention which

forbids this (and many other types of cruel treatment of prisoners), there (reportedly) is evidence that British and Danish commands deliberately changed the wording of the text from "prisoners of war" to "voluntarily surrendered enemy personnel" in order to sidestep the rules of the convention. To this day, the events surrounding the de-mining of the Danish beaches are considered taboo in not only modern Danish history, but also European post-war history. The five-month de-mining process claimed more human lives than the entire length of German occupation in Denmark. As with many stories from war (not just WWII), we're faced with George Santayana's reminder, "Those who cannot remember the past are condemned to repeat it."

**Land of Mine** screens Monday, May 7 at 7:00pm. It's rated 'R' for violence, some grisly images, and language. It has a runtime 101 minutes.

A week later the storyline changes significantly but in its own way is similarly intense as a fading movie star enlists a young screenwriter to aid her comeback, but her oversized ego turns the challenge into an uphill battle. With caustic, bitter wit in a story, **Sunset Boulevard**, that blends both fact and fiction and dream and reality, co-writer/director Billy



Wilder realistically exposes (with numerous in-jokes) the corruptive, devastating influences of the new Hollywood and the studio system by showing the decline of old Hollywood legends many years after the coming of sound.

Swanson's character Norma Desmond utters one of the most famous lines in film history. When talking about a changing movie industry—whether silent to sound, 35mm to 70mm, or big screens to television, many think of Norma Desmond's exchange with fictional screenwriter Joe Gillis:

Joe Gillis: Wait a minute, haven't I seen you before? I know your face.

Norma Desmond: Get out! Or, shall I call my servant?

Joe Gillis: You're Norma Desmond. You used to be in silent pictures. You used to be big.

Norma Desmond: I am big. It's the pictures that got small.

**Sunset Boulevard**, a classic, tragic film was honored with eleven Academy Award nominations and the recipient of three Oscars: Best Story and Screenplay, Best Black and White Art Direction/Set Decoration, and Best Scoring of a Dramatic or Comedy Picture.



See **Sunset Boulevard** (1953) screens Monday, May 14, 7:00pm. It's not rated and has a runtime: 111 minutes. In

addition to Holden and Swanson, the cast includes Erich von Stroheim, Nancy Olson, and Fred Clark.

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**Exhibit Openings**  
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*Inspirations, Susan E. Routledge*

Sat 5/5 Dolphin Gallery 5-7 pm  
*Bill Apton, photography*  
*Odin Schmidt, wood sculpture*  
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Sat 5/5 **The Brubeck Brothers Quartet**  
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Sat 5/12 @ 3 pm, wine tasting & auction  
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Mother's Day Concert & High Tea  
\$15 in advance, plus \$5 day of. Youth 7-17 free.

Sat 5/19 **Forty Years of Sacred & Profane: 40th Anniversary Concert** 7 pm  
Concert \$20 in advance, plus \$5 day of. Youth 7-17 free with adult.

Sat 5/26 **11th Annual Fine Arts Fair** 10 am - 4 pm  
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Mon 5/28 **Artists at Albatross Reach** 1 pm  
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**Solution to Crossword:**



New Moon



May 15

Full Moon



May 29

Our Coast Community Library is More Than Books (But They Have Lots of Books, Too!) What's happening at the library in May:

- Blake More's Costume Couture is on display at the library for the Fringe Festival and beyond.
- Wednesday, May 9, noon-2:00 pm - Free Blood Pressure Screenings, Mendocoma Health Alliance
- Saturday, May 12, 12:30-3:00 pm - Stamp Club
- Sunday, May 20, 1:00-3:00 pm - Sand Painting with Lena Bullamore
- Wednesday, May 23, 4:00 pm - Book Club
- Sat & Sunday, May 26 & 27, 10 am-3:00 pm - Friends of the Library Book Sale
- Wednesday, May 30, 2:00 pm - Charter School Poetry Readings
- The Lifelong Learning classes announce a new class: Thursdays, beginning April 26, 12:30 pm - Archaeology: An Introduction to the World's Greatest Sites: this college level DVD course features sites from Pompeii, to China's Terra Cotta Warriors, to the New World civilizations of the Maya, Moche and the Aztecs. It is taught by Archaeologist Professor Eric Cline of George Washington University.
- Eventually, good things do come to an end. Classes ending in May: The Intelligent Brain ends May 18; Foundations of Western Civilization ends May 24; Quilting Essentials ends May 31

NOTE: Publishing Consultations at Four Eyed Frog Books, Cypress Village return Thursday, May 10 from 3:00pm to 5:00pm. Find out how to turn your manuscript (or the vision of it) into a finished book. Four Eyed Frog Books and graphic designer & marketer, Connie King, join together to offer free publishing consultations on the basics.



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Mothers Day Concert and High Tea  
The Coastal Singers, the Coastalettes Trio and In The Mix • May 13

After brunch or before dinner, why not treat Mom, Grandma, Wife, or Sister to a special High Tea and Concert on Mother's Day? The weather will be beautiful (we're predicting) and you'll hear a variety of tunes, some favorites and a couple of things you may have never heard before. Please join us to celebrate all mothers and all people with maternal instincts!

Former conductor of the Coastal Singers, Carolyn Steinbuck returns to Gualala Arts with her cappella women's group, "In the Mix" for a performance May 13 at 4:00pm. They will present several standards including Embraceable You and Night and Day.

Tickets can be purchased for \$15 in advance, plus \$5 the day of the concert. Youth 7 to 17 are admitted free. Purchase at Brownpapertickets.com or by calling 1-800-838-3006 or in person at Gualala Arts Center or the Dolphin Gallery.

The Coastal Singers, under the new direction of Sue Bohlin, will perform a short Ave Maria by the Spanish composer, Javier Busto, a popular arrangement of Route 66, and an a cappella tune by the Bay Area/Brazil-based singer and composer, Sandy Cressman amongst others. Also part of the program is an Irving Berlin medley beginning with "Give us your tired, your poor" - part of the poem engraved on the Statue of Liberty, given to the American people by the people of France. Also on the program will be: Ave Maria by Javier Busto (1992), Fair Phyllis by John Farmer (1599), and My Mother's Day

by Sue Bohlin (1994).

The Coastal Singers are a group of community members who have been singing together for many years. Bohlin, Associate Conductor of the Performing department for Piedmont East Bay Children's Choirs who also enjoys a busy career as an accompanist, conductor, composer, arranger, adjudicator, and vocal coach. She and her husband, Bob Geary, live part-time in Anchor Bay "In the Mix" is a women's a cappella vocal sextet based in Fort Bragg, California. They are known for popular songs sung in close harmony from every decade from the 1920's to the present.



The group was formed in January 2009 as an off-shoot of the Gloriana Carolers. Some of the carolers had so much fun singing together, they didn't want to stop. These carolers brought in a few friends, who brought in a few more friends, and In the Mix settled into a group of women who blend well vocally and personally.

"In the Mix" has three sopranos and three altos. Their songs are generally arranged in four parts: high soprano, low soprano, high alto, and low alto. The group has performed at the North Coast A Cappella Summit, at Symphony of the Redwoods' Pops concerts, at Mendocino Stories, in Gloriana Musical Theater's productions "Way off Broadway" and "Rock & Roll Revue 3.5", at The Woods, at the Point Arena library, at the Mendocino Music Festival, for the Mendocino Study Club, at the Gualala Arts Center, and for private parties.

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The Brubeck Brothers Quartet  
60th Anniversary Of The Jazz Diplomacy Tour  
Gualala Arts • May 5

In the spring of 1958, the Dave Brubeck Quartet embarked on an ambitious tour of Europe and Asia sponsored by the U.S. State Department. The tour was part of a "cultural ambassador" program in which the U.S. government sent prominent American musicians abroad to promote American arts and culture during the Cold War.

Sixty years later, Chris and Dan Brubeck, who performed with their father later in his career, celebrate the 60th anniversary of the Jazz Diplomacy Tour, making a stop at Gualala Arts Center on Saturday, May 5.

The Gualala Arts concert starts at 7:00pm, but guests can enjoy tapas and a corona or sangria before the show at 6:00pm and be guaranteed early seating. Concert only tickets are \$28 in advance, plus \$5 day of concert; youth tickets for ages 7 to 17 are \$20 in advance, plus \$5 day of. Food tickets are sold separately, \$25 in advance, if purchased by April 27. After that, they are \$10 more.

Joined by guitarist Mike DeMicco and pianist Chuck Lamb, the Brubeck Brothers Quartet celebrate Dave Brubeck's career and legacy with a concert that highlights their new CD "Timeline", a set of recordings that include freshly re-arranged tunes written by Dave at the time of the tour as well as new originals by the Brubeck Brothers Quartet.

Brush up on your history before the concert to better understand its significance by tuning into PBS on Friday, May 4, at 7:00pm, for a premiere of Hugo Berkeley's new television documentary, "Jazz Ambassadors", about the State Department's program by that name.

The Brubeck Brothers Quartet is an exciting jazz group with local ties featuring two members of one of America's most accomplished musical families, Dan Brubeck on drums, and Chris Brubeck playing bass and trombone. Guitarist Mike DeMicco and pianist Chuck Lamb complete this dynamic quartet.

They have performed at concert series, colleges and jazz festivals across North America and Europe including the Newport, Detroit, Ravinia, Las Vegas, Sedona, Spokane & Monterey Jazz Festivals. Their hour-long concert at Sierra Nevada Brewery BBQ has been broadcast on the nationally syndicated program: "Sierra Center Stage." The BBQ was chosen to kick off the New Year a few

years ago with an hour-long, coast-to-coast live broadcast on "Toast of the Nation" on National Public Radio. Their Koch release, "Classified," earned rave reviews from All About Jazz: "Once again the BBQ attains that rarefied level where music is both relaxed and expressive, and their joy in its creation is contagious. There's really nothing out there that comes close to their unique brand of inventiveness."

These versatile musicians also collaborate with orchestras, and in 2006 ignited the Salt Lake City Jazz Festival by playing with the Utah Symphony, conducted by Keith Lockhart. With Chris Brubeck's compositions as a vehicle, the BBQ has joined with chamber



groups to collaborate with musicians from the St. Paul Chamber Orchestra, the Philadelphia Orchestra and the Russian National Symphony Orchestra.

Although the quartet's style is rooted in "straight-ahead" jazz, their concerts reveal an inherent ability to explore and play odd time signatures while naturally integrating the influences of funk, blues and world music. The group's creativity, technique and improvisation can be heard in their uncompromising music, which reflects their dedication to melody, rhythm, culture and the spontaneous spirit of jazz.

"Gualala Arts is very grateful to our Global Harmony sponsor Andrea A. Lunsford for underwriting the Brubeck Brothers Quartet concert and to Coasting Home, Inc., for providing housing for the musicians while they are on the coast," said Executive Director David "Sus" Susalla. "It is sponsors such as Andrea that allow our Global Harmony series to bring such high caliber events to the Arts Center and our coastal community and, of course, without housing from sponsors like Cathleen Crosby at Coasting Homes we would not be able to accommodate them."

Serie de Películas en Español  
**Treintona, Soltera y Fantástica**  
el 27 de mayo,



Inés es una columnista de treinta y tantos años que termina con su novio. Abrazando su nueva independencia, es arrojada a una crisis existencial. ¿Qué debe ser y hacer una mujer soltera en sus treinta? En este éxito de taquilla mexicano, Inés vive los contratiempos cómicos e identificables de encontrarse atrapada entre la carrera y el reloj biológico, entre las presiones y los consejos de las personas que conoce. Quiere lograr el auto-descubrimiento y, ojalá, un poco de amor también.

**Treintona, Soltera y Fantástica**  
(Thirtyish, single and fantastic). Director: Chava Cartas Cast: Bárbara Mori, Jordi Mollà, Marimar Vega. Mexico. 2016. Runtime: 98 minutes.

Inés is a columnist in her thirties who breaks up with her long-term boyfriend. Embracing her newfound independence, she's thrown into existential crisis. What is a single woman in her thirties supposed to do and be? In this Mexican box office hit, Inés is catapulted into the comic, recognizable mishaps that come with being caught between her career and her biological clock, between the pressure and advice being dished out by everyone she knows. It's a journey to find herself, and hopefully find love into the bargain.

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## Fine Arts Fair and Memorial Day Concert On Tap At Gualala Arts • May 26, 27, 28

Gualala Arts will host the 11th Annual Fine Arts Fair at the Gualala Arts Center on Saturday, May 26 and Sunday, May 27 from 10:00am to 4:00pm both days. Admission is free.

More than a dozen vendors will fill the Arts Center grounds during this Memorial Day Weekend fair that also features delicious food, live music, face painting and clay projects for kids.

Enjoy fish tacos, chicken and tofu satay, fresh stacked sandwiches, and homemade ice cream sandwiches for dessert while listening to local musical artists in and around the Redwood Grove events area.

Participating vendors include Walt Rush, Walt Rush Studios, jewelry; Jeffrey Nelson, Hudson River Inlay, wood furniture; Ling-Yen Jones, Ling-Yen Designs, jewelry; Stuart Ratcliff, Ratcliff Drawings, cards & prints; Charles Ross, Benzvi Woodwork, wood designs; Jan Maria Chiappa, Which Craft Workshop, ceramics and fiber arts; Harald Nordvold, Viking Pottery, ceramics; Shizuko and Toshi Shichishima, Cisco Collection;



Florence Hori, Masami, jewelry; Cathy Sue Riehm, glassworks; Hillary Schneider, Pearls of Wisdom Design, jewelry; Felicity Waterman, Kimara Fiber Arts; and others.

“Last year’s festival was a great success and we are looking forward to enjoying a fun weekend as we head into our busiest time of the year,” said Executive Director David “Sus” Susalla.

Also on this three-day weekend, the Gualala Arts Local Eyes series presents the Artists at Albatross Reach in what is becoming their annual Memorial Day concert.

Each year, curators and founders of Artists at Albatross Reach Jennifer Beattie, a mezzo-soprano from Philadelphia and Adam

Marks, a pianist from New York City, invite artists from varying fields and communities to collaborate and create new works at a retreat space on The Sea Ranch.

Tickets to the concert in Coleman Hall at 1:00pm on Monday, May 28, are \$15 in advance, \$5 for youth age 7 to 17. Tickets can be purchased at BrownPaperTickets.com or by calling 1-800-838-3006 or in person at Gualala Arts Center and the Dolphin Gallery.

This year’s guest artists, along with Beattie and Marks, are composer and sound artist Jason Charney of Baltimore, Md., sound artist Ryan McMasters from Pittsburgh, Pa., film artist Jenny Perlin of New York, and violist (viola) Diana Wade from Los Angeles.

Artists at Albatross Reach is an arts residency/incubator located on The Sea Ranch created and co-directed by Beattie, a mezzo-soprano vocalist, and Marks, a pianist. The pair have developed a unique collaborative process meant to champion the development of new multi-disciplinary works, as well as provide a rich environment for curious community members and

local artists to explore and participate in the art-making.

Past pieces premiered during the annual Memorial Day concert have gone on to have national and international performances. Juraj Kojs’ concept, *The Black Queen*, will have its full premiere with Jennifer and Adam in Miami this September. Jon Irabagon has developed the pieces premiered on this concert in 2017 into an evening length work featuring all of the 2016-2017 Artists at Albatross Reach team that will premiere in Brooklyn in June. We hope the new works presented on this concert will also continue their growth beyond Gualala, but you have the opportunity to see them first.

## Global Harmony Presents Sacred & Profane Chamber Chorus Gualala Arts May 19

Celebrate Sacred & Profane’s fortieth year of bringing exquisite concerts to the Bay Area and the Mendocino coast with a program of masterpieces for a cappella choir at Gualala Arts Center on Saturday, May 19, at 7:00pm.

Tickets are \$20 in advance, plus \$5 the day of the concert. Youth 7-17 are admitted free with an adult. Purchase tickets at BrownPaperTickets.com or by calling 1-800-838-3006 or in person at the Arts Center or Dolphin Gallery.

Sacred & Profane is a chamber chorus committed to the accomplished presentation of the rich and varied art of a cappella choral music. The repertoire encompasses a diverse blend of styles and periods, including medieval thru contemporary, sacred and secular, traditional, ethnic, and folk styles.

This concert will feature the Estonian composer Veljo Tormis’ *Curse Upon Iron*, a powerful work about the cultivation of iron as a vehicle for both ancient and modern warfare, as well as Arvo Part’s antiphon for peace, *Da pacem Domine*.”

For the first time in many years, the chorus will sing its namesake work — Benjamin Britten’s *Sacred and Profane: Eight Medieval Lyrics*, the last piece that Britten composed for professional a cappella choir. The season will conclude with the world premiere of a new work commissioned from the compelling Swedish composer Karin Rehnqvist.

## Lighthouse & Boogie Woogie With Queen of Boogie Woogie piano Wendy DeWitt with Drummer Kirk Harwood Saturday, May 26

The Sonoma Mendocino Coast Whale & Jazz Festival presents “Lighthouse & Boogie Woogie” featuring International Boogie Woogie master Wendy DeWitt, known for her powerhouse left hand, paired with the brilliant, jazz-trained drummer Kirk Harwood. Together they make for a high energy duo capable of holding its own on any stage with power, pizzazz and presence. They will perform on the Light Station grounds with the 115’ tall Lighthouse Tower as the backdrop. The performance is scheduled from 1:00pm to 4:00pm. (The Full Flower Moon Tour is scheduled to begin at 8:30pm. See story on page 2.)



## Local Rock Band Anthum Brings '60s and '70s Power Rock To 215 Main, Saturday, May 5


Anthum is composed of Detroit Danny on guitar, harmonica and vocals, Mari Pitocco on bass and vocals, Trish Armstrong on percussion and vocals and, for this evening, Chris Campbell on drums, sitting in for their regular drummer, TrAsh. The band special-

izes in the rock music of the psychedelic 60’s and 70’s, covering a wide range of styles, along with a few originals.

They’ve played venues and festivals along the coast and their fan base continues to grow as more and more people who love the music of this era have a chance to hear them play.

Danny and Mari grew up in the 60s and 70s, deeply immersed in rock, psychedelic and soul music, bringing a wealth of material from that era, a seemingly never ending source of songs to explore. TrAsh toured in punk bands and brings some of that out front sound to Anthum. Trish grew up in a musical family and has an amazing sense of rhythm which gives the band’s sound added depth and texture.

215 Main Wine Bar is in Point Arena at 215 Main St. There is no cover charge. Small plates, panini sandwiches, wine, beer and non-alcoholic beverages will be available for purchase. For more information, call 215 Main at 707-882-3215.



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## Words on Wellness

by Karin Uphoff

The beauty of a jewel-toned sea and clear spring skies is accentuated by the purple-blue blossoms of California lilac. Not a true lilac, Ceanothus goes by other common names like Tick bush, Deerbrush, Red root and Blue blossom, yet its small dark-green leathery leaves and clumps of tiny aromatic flowers are hallmark of this California native. Ceanothus is an important food for bees because the timing of its blooms provides steady nourishment during unpredictable spring weather. It's a hardy bloomer and has long-lasting beauty that makes it a garden favorite with many varieties available at nurseries. The over 30 native species of the Pacific Northwest also serve as a powerful herbal medicine.



You don't have to have allergies for your nose and throat to be putting out extra mucus this time of year. As nature's sap is running, so too goes ours, in response to changes in temperature and the quickening of the season. Tea of Ceanothus leaves make a nice lymph tonic for spring-time sniffles whereas the robust red root is used to move deep lymph surrounding organs like the liver and spleen, which of-

*Karin Uphoff is a Master Herbalist and Iridologist, Massage Therapist, energy healer, Reiki practitioner and Yoga Instructor, and co-founder of Mind Body Medicine for Health, Education & Wellness in Mendocino, California. Karin's website is <http://rainbowconnection.net>.*

ten get clogged this time of year. Mature roots resemble manzanita trunks with their smooth red bark. They are harvested late summer through winter and require immediate processing since they dry quickly and get hard as stone. The red color of the root

indicates that it helps with blood conditions and the tincture of the root is worth keeping on hand for heavy bleeding. It has long been used as a folk remedy for nose bleeds, heavy menses, hemorrhoids and can help heal broken capillaries of the

skin. Because of its astringency, simmered root tea makes a wonderful gargle for sore throats and a mouthwash for periodontal disease. It is commonly added to other more antimicrobial herbs to deal with tonsillitis, swollen lymph nodes, hepatitis and mononucleosis.

Still, you never even have to use the plant as internal medicine to feel the medicinal effects of its vibrant nature when you walk by. Whether you witness the rare piercing purple of the smallest coastal bluff variety or the many shades of larger ones, this plant is like an ever-grinning spring tonic for the spirit.

## Enjoying The Coastal Life: Western Gull

Western Gulls are the only gulls that nest here on the coast. One of the reasons birders don't call gulls seagulls is that most of them nest inland far away from the sea. You can impress your friends in springtime by identifying the large gull with white head and pink feet as a Western Gull since they are the only ones here in any numbers.

Western Gulls are two feet tall. It takes four years to achieve the adult plumage. As adults they have a white head, dark gray back and wings. They have a thick, long, yellow bill and pink legs, and black wing tips showing a few white spots. In flight, the underside of the wings looks dark grayish with black at the tips.



Young gulls are dark brown all over and have a black beak. You can identify the first, second and third year gulls by the gradations of white on their heads and the reduction of black in the beak. Adults are known

to live for over sixteen years.

Western Gulls used to be oceanic and intertidal feeders, but they have adapted to humans and are expert scavengers. They are said to feed on anything remotely edible. You can see them at waterfronts, parks and garbage dumps snatching scraps and waiting for handouts. They also steal other eggs and chicks from seabird colonies.

Western Gulls often nest on offshore islands and protected mainland cliffs. They will nest singly or colonially. The nest is a shallow scrape on the ground lined with plants. They typically lay three buff-colored, mottled eggs that are incubated for a month by both adults. The red spot on the parent's bill serves as a mark for the young to peck, stimulation the adult regurgitate its meal. The young stay with their parents for seven weeks.

*Our thanks to the Mendocino Coast Audubon Society for contributing this article.*

*Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at [www.mendocinocoastaudubon.org](http://www.mendocinocoastaudubon.org). Photo credit: Barbara Fleming*

## Animal Care & Welfare

By Cathy Riehm

What do some of us think of when Spring rains bring lush green grass? Laminitis! During the Spring (and Fall), sunny days and cool nights create a surge of sugar in the grass. For horses, ponies, donkeys and even zebras, a fast intake of soluble carbohydrates (sugars and starch) can cause laminitis. So what is laminitis?

Laminitis is the inflammation of the laminae between the hoof wall and the coffin bone. Laminae keeps the coffin, or pedal, bone in place within the hoof. A decrease in the blood flow to the laminae causes it to die and separate, which results in the separation of the hoof wall and the downward rotation of the coffin bone, or founder.

Overweight and cresty-necked animals, as well as easy-keepers and those who have had laminitis in the past are particularly prone to developing laminitis. Stress (due to traveling or foaling), severe infection (from chronic diarrhea or a bad colic attack) and working your horse for long periods on hard ground can also contribute to the development of laminitis.

So what does a laminitic horse look like? How might your horse express pain from laminitis? Your horse might have 'sore

feet' and rock his weight onto his hind end, as laminitis typically occurs in the front hooves. A reluctance to move and more

time lying down could indicate laminitis. Your horse might have a shortened gait that gets worse with more exercise, especially on hard ground. You might see rings that 'ripple' down your horse's hoof wall, starting at the coronary band.

Laminitic horses have an increased, or bounding, digital pulse in their hoof. When I was a Veterinary Technician II in the Large Animal Teaching Hospital at the

University of Georgia, part of my equine patients' hourly examinations included checking their digital pulses, and gauging them from 1-5.

When taking pulses, you are feeling the blood flowing through the artery going into the hooves. If there is inflammation in the hoof, the blood flow is restricted and the artery is backed-up. More inflammation creates a stronger pulse. Difficulty in even detecting a digital pulse can be a good sign- if there is a bounding pulse, there

is inflammation and probably pain. If you feel a bounding pulse, take your horse off grass immediately and call your vet.



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**Bill Apton, Photography and Odis Schmidt, Wood Sculpture  
Dolphin Gallery • Opening reception Saturday, May 5**

This month the Dolphin Gallery welcomes wood sculptor Odis Schmidt and photographer Bill Apton, both artists who have spent their lifetimes following their passions.

Opening reception is Saturday, May 5 from 5:00pm to 7:00pm at the gallery in downtown Gualala. Appetizers and a no-host bar will be served and visitors can meet the artists. Exhibit continues thru May 27.

Schmidt was born in Detroit in 1947, back when the city was an industrial powerhouse, he says. Like many boys, he was enthralled with automobiles and their design from a young age. "I was continually making things out of wood, sticks, metal and whatever tweaked my imagination. I was fascinated by insects, reptiles and the natural world and still am today."

At about 8 years old his mother took him to the Detroit Institute of Art. He remembers entering the rotunda where the walls and ceiling had been painted with a mural by Diego Rivera. He says his mom could not get him to move away from looking at that wonderful depiction of the auto industry by the communist giant of the art world.

In college, he earned an AA degree, "but commercial art wasn't for me... I ended up majoring in printmaking and sculpture. I went to grad school for a year and then at the urging of a very good friend relocated to Northern California and I felt like I had gone to heaven from the moment I arrived."

His first big job was working with friends on a recording studio in Mill Valley. He designed and built the control room mixing board, as well as light fixtures and an isola-

tion room. Over the years, he says he has had many different kinds of jobs from stairway work to designing and building, doors, furniture and sculpture.

"I feel happy to never be bored and only slightly frustrated by the fact that I will be lucky to accomplish about 5% of what I dream up. Hard to tell why people end up being how they are. I am and always have been an artist," Schmidt says. See more of his work at oddstick.com.

Showing with Schmidt is Bill Apton, who has been taking photographs most of his life, from the moment he got a free Kodak Brownie camera as a reward for opening a bank account in his home town at age 10.

Though he has moved far beyond that Brownie, Apton refers to his camera as his constant companion, one that has helped him pursue his passion throughout his life. He's amassed a very large body of work covering subjects from Americana to coastal California to nature, still life, portraits, and travel. His 2004 book *Mendonians: The People, the Land*, is available at The Four-Eyed Frog Books and from Apton directly.

To achieve his own signature style, Apton says he studied great photographers — Stieglitz, Steichen, Lange, Turner, Cunningham — and their work, read all the magazines on photography he could get his hands on, earned a BS in photography at the Rochester Institute of Technology. When the west beckoned, he moved to San Francisco, developed a successful and demanding freelance photography business and was "fortunate to build my dream studio in Gualala," where he now lives and works. His website with more of his work is aptonphoto.com.



**34th Annual Korbel Champagne Preview,  
Wine Tasting and Auction  
At Gualala Arts May 11 and 12**

Gualala Arts' Korbel Champagne Preview, Wine Tasting & Auction has come to be identified with the Soroptimists Architectural Tour that happens each year on the coast during Mother's Day weekend.

Featuring more than a dozen wineries from throughout Napa, Sonoma and Mendocino counties, this 34th annual wine tasting and auction is the premier wine event on the coast with hundreds of wine related auction lots available for bidding, raffle prizes worth thousands of dollars -- including a grand prize of a two-night stay in a Sea Ranch vacation rental, a painting by Bay Area artist Sandy Ostrau, and a basket of goodies that includes wine tours and tickets to a year's worth of Gualala Arts events.

The Korbel Champagne Preview takes place Friday, May 11, at 5:00pm at the Arts Center. Guests can preview auction items and place early bids. On Saturday, at 3:00pm, following the architectural tour, the real fun happens with wine tasting, bidding, raffle prizes, and excellent appetizers served by the Gualala Arts Culinary Guild.



Tickets to the both the wine event and Soroptimists architectural tour can be purchased separately and in advance at BrownPaperTickets.com or by calling 1-800-838-3006. Tickets for the Gualala Arts wine auction are \$25 in advance, plus \$5 the day of the event.

Advanced tickets for the Soroptimists Ar-

chitectural tour are \$60 in advance, plus \$5 the day of the tour. This ticket includes the wine tasting and auction. After April 25, purchase tickets by check or cash at the Gualala Country Inn, 47975 Center St., in Gualala (phone: 707-884-4343).

On the day of the tour, tickets are available at the Gualala Arts Center or Two Fish Bakery at the Stewarts Point Store from 10:00am

to 12:30pm. This year's wine auction grand sponsor is Vacasa Vacation Rentals, who donated the top prize of a two-night rental stay.

Woodenhead Wines and Korbel Champagne Cellars are platinum sponsors, contributing more than \$1,500 worth of wine and champagne for the event.

Pouring wineries include Carol Shelton Wines, Fort Ross Vineyard and Winery, Frey Vineyards, Gustafson Family Vineyard, Korbel Champagne Cellars, Lazy Creek Vineyards, Wild Hog Vineyards, Woodenhead Wines, Naughty Boy Vineyards, Flowers Vineyards and Winery, and Husch Vineyards.

Many local wineries and businesses donate premium auction lots in addition to bottles of award-winning wines, including wine related gifts, golf packages, winery tours, and other great items.



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8	2	6	5	1	4	9	7
5	1	3	9	2	7	4	8
4	7	6	3	8	9	5	2
3	6	2	4	7	8	1	9
9	7	8	1	6	5	3	4
4	1	5	4	2	9	3	6

**Solution to Sudoku:**



**Collage Artist Sharon Nickodem & Special Benefit For MOMS**  
 Coast Hwy Art Collective: Opening May 4 • Mother's Day MOMS Benefit May 13  
 by Rozann Grunig

Local artist Sharon Nickodem will be on hand at the opening reception of her first exhibit at the Coast Highway Art Collective on Friday, May 4, from 5 to 7 p.m. titled "A Collage Retrospective."

The exhibit features her distinctive digitally altered collage images. Then, on Mother's Day, Sunday, May 13, from 2 to 5 p.m., the collective will host a special benefit event for Midwives on Missions of Service, or MOMS. This group

works in Sierra Leone but is run by two local community members, Trish Ross and Chris McManus.

Nickodem, who has worked in several art forms, explains the technique she uses in these intricate and unusual collage works. "First, I assemble collage materials in the traditional

"paste-up" manner, using materials taken from magazines, photos, collected mementos and even incorporating the written word using old books and post cards. Next, I scan the composition and reworks it on my computer, adding layers and additional elements until I create the desired result. Lastly, I print the final piece on high quality archival paper using an Epson 4900 printer. The result is an integrated image where the elements flow together, unlocking subconscious connections and revealing a deeper reality than photographic images by themselves can attain."

Before moving to Anchor Bay, Nickodem retired from a high-tech Silicon Valley job in 2006 to focus on volunteering and outdoor photography. She had extensive formal photographic training at Foothill College, supplemented by attending workshops given by such artists as Marion Patterson, Kathleen Carr, Ted Orland, Huntington Witherill, William Neill and Ruth Bernhard. She is well known at Gualala Arts, where she has volunteered her services in numerous capacities.



The MOMS Mother's Day event will feature items for sale, including jewelry designs by Ling-Yen Jones made especially for this group and handcrafted cutting boards of exotic woods made by Burns Wood Designs. Guests can enjoy West African food specialties, local wines, textiles and find out more about the work the group is doing through slide presentations and organizational volunteers on hand to

answer questions. Ross is excited about this opportunity for the local community to get various perspectives on what MOMS does and the country and the people it serves. "MOMS is a dinky and powerful humanitarian non-profit that makes a big difference to the people of one of the poorest countries on earth. MOMS goal is to reduce maternal and infant mortality among those who have the fewest choices; we do this through education and service. By teaching illiterate women in rural Sierra Leone to be change agents, teachers, and maternal health providers, MOMS empowers them to solve the problems that bedevil their communities. A small grant helps each class develop self-sufficiency while raising the economy of an entire area. MOMS has deliberately and carefully developed in-country staff, trainers, and a Leadership Council to increase self-reliance, resilience in crises, and overall effectiveness. MOMS work is hard and wonderful; volunteers and staff have developed strong bonds of affection and trust, and have a whole lot of fun!"

Nickodem's show will be on exhibit from May 3 until May 27. Regular gallery hours are Thursday through Sunday from 11:00am to 5:00pm. The gallery is located at 284 Main Street, Point Arena, the little red building with the big yellow sun next door to the Redwood Credit Union. More information is available at [www.coast-highway-artists.com](http://www.coast-highway-artists.com).

More information is available at [www.coast-highway-artists.com](http://www.coast-highway-artists.com).

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**Susan E Routledge: Oil On Canvas and Watercolor On Paper**  
 "Inspirations" • An Exhibit at Gualala Arts

Artist Susan E. Routledge loves strong dynamic colors and she enjoys challenging herself with complicated images and various textures. "Inspirations," a collection of Routledge's works, will be opening with a reception at Gualala Arts Center on Friday, May 4, at 5:00pm. Her large oil paintings of flowers and coast impressions will be on display in the Elaine Jacob Foyer until May 27.

those of Genentech, Kaiser Permanente and the City of Vacaville.

Routledge's most recent work reflects her love of the scenic beauty of northern California and the Mendocino coast where she now has her studio. You can see more of Susan's work on her website: 'Serendipity Artworks' at [seroutledge.com](http://seroutledge.com).



Routledge was born in rural Northumberland, England, close to the Scottish border and the English Lake District. She was brought up with a love of country life that she captures in her paintings. After studying at Newcastle College of Art, she worked as a watercolor artist for Halcyon Days of London, which has the royal appointment as suppliers of objects d'art to Her Majesty the Queen.

In 1981 Routledge came to California where she now lives and works. She is a Signature Member of the California Watercolor Association and has studied under the late local artist, Jade Fon, as well as Tom Nicholas, Gerald Brommer, Betty Lynch, Frank Webb, Irving Shapiro, Leo Smith and Carrie Burns-Brown. Each summer, Routledge returns to England to spend time sketching and painting scenes of English country life.

Her paintings are included in many private and corporate collections, including

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## Adrenaline And Then Some . . .

by David Steffen

There's something to be said for adrenaline. With good reason, it absolutely gets our attention although I can't honestly say I remember the first time I felt that rush. It might have been when I was two years old, being wheeled into surgery to have my tonsils removed; I can still smell the ether but I have no memory of an adrenaline rush. Our "adrenaline memory" is very often associated with "the first time" of any number of things. Falling out of a tree. Riding a roller coaster, or water skiing, or a first commercial airline flight. The second, or third time you've been on Space Mountain, a thrill may still exist but it's unlikely adrenaline will be coursing through your system. Whatever your first, latest, or worst memory of the trigger that sent adrenaline charging through your body, we can all relate.

The adrenal glands, located above the kidneys, get us ready almost instantaneously for what's about to happen. Under stress, we experience increasing rates of blood circulation, breathing, and carbohydrate metabolism. It's the body's way of preparing our muscles for exertion or, from a medical and scientific view, the rush helps us cope with the likelihood that we're about to have the ever-living shit scared out of us. That's my analysis, anyway. Aside from a recent driving experience—coming around a curve on Iverson Road and finding a deer in my lane—my adrenaline rushes these days are more likely to be associated with films and, on occasion, television.

I was sitting here thinking about horror and science fiction films that have done more than simply provide me with solid entertainment. That thought-process took me back to my childhood, and memories of films that provided me with what I assume today was an adrenaline rush. Take *Psycho*, for example. If there was an age restriction it must have been 11, since I walked into a theater and saw Alfred Hitchcock's *Psycho* on

more than the shower floor, even in glorious black and white.

Before *Psycho*, and in the many years since, there have been other films that pushed the adrenaline through my system. Numerous science fiction films I saw as a child convinced me that Martians and other invaders were coming to take over the planet. *Invaders from Mars* (1953) had Martians controlling us by implanting a crystal in the necks of we puny little humans. For months the film made me wonder about that

field behind our house. Shot in color (and with decent special effects for the day), the aliens' costumes looked suspiciously like there was a very common zipper up the back. Nevertheless, in the days after seeing the film I found myself (on more than one occasion) checking my father's neck to see if he'd been implanted with one of the aliens' controlling crystals. Truth be told, my father had plenty



of issues, but a Martian implant was not one of them.

*This Island Earth* (1955) offered more interplanetary adventure, with human-like aliens sporting large foreheads, and the prospect that the inhabitants of their dying home planet—Metaluna—would be relocating to earth in the near future. The film offered a balanced plot line with both creepy and sympathetic characters providing needed tension and relief.

Whereas *Invaders from Mars* gave us a clue to the intentions of the Martians, *Invasion of the Body Snatchers* (1956) made us worry about those living among us who were becoming increasingly nice, passive, and worrisome, offering no obvious clues to our fate. The more pleasant people were, the more


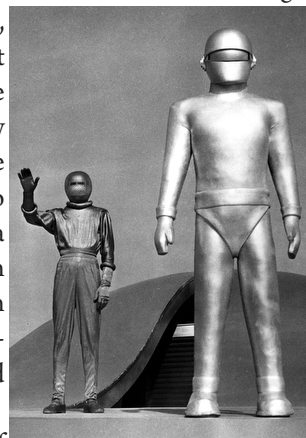
likely their bodies had been snatched.

The last film I'll mention from the 1950s era of sci-fi, was 1953's *The Day The Earth Stood Still* (1951). Michael Rennie had it all over Keanu Reeves as Klaatu, but the character that brought chills to this child was Gort, the 8-10 foot tall robot. You knew when his visor went up some thing or someone was about to be toast. Robert Wise crafted a film that was so good that when I first saw the movie, it was on our small (10-12") screen television, and still, Gort scared the hell out of me.

There have been plenty of other films that have given me a bit of an adrenaline rush, like *The Exorcist* (1973). From the early scene of Father Merrin (Max von Sydow) at the Middle-Eastern dig site, to the exorcism itself, this Protestant was happy there was a Catholic priest between me and Satan. With Ridley Scott's 1979 film *Alien* we grasped the cold reality that "in space no one can hear you scream". Whether it was the face-huggers, the emergence of a creature exploding out of Kane's (Jon Hurt's) stomach, or the fully developed alien, this film had moments to trip anyone's anxiety trigger. There was *Jaws* (1975) letting us know that we were all "going to need a bigger boat"; and more scares, surprises, and terror from *Silence of the Lambs* (1991), *Frankenstein* (1931), *The Birds* (1963), *The Thing From Another World* (1951), *The Omen* (1976) and *Poltergeist* (1982). Remakes almost never achieve what the original (and usually much lower budget) films achieved since adrenaline, to whatever degree, needs one or more elements of surprise.

In 2004 I was teaching at a college in the Twin Cities and I clearly remember our first Halloween in that house in St. Paul. We not only decorated the house, but the small garden near the entrance where trick or treaters would line up to get their goodies. It was a sufficiently pleasant October evening that I decided to spend time sitting on a chair in the middle of the garden, wearing a trench coat and hat with my face covered, appearing to be some phony

stuffed "corpse". My chair was about 15 feet from the walkway. Some time during the evening a dad brought his 5 or 6 year old son trick or treating; even from a distance I could easily see the young boy was sporting a SpongeBob Squarepants t-shirt as they walked up to the house for a treat. When I saw the boy looking toward me I lifted my head slightly, and from across the garden said (in my best creepy voice) "Oh SpongeBob . . . Oh SpongeBob". The little boy looked around, saw my ghostly-like presence, immediately turned around and ran crying down the path. For a split second I felt bad. Then I saw his father apparently getting a good laugh over the moment. Little SpongeBob came back with his dad to get his candy, but I'd like to believe that, to this day, he remembers that very special Halloween. If only for the adrenaline rush.



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the 'big screen' at age 12. The surprises were many, and almost all of them breathtaking—the knife, the shower scene, Norman Bates' mother—all designed to take your breath away; and there was plenty of blood to cover



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**North Coast Photography Group  
Opening Reception May 4,  
Burnett Gallery • Gualala Arts**

The North Coast Photography Group has its first formal exhibit of work at Gualala Arts Center throughout the month of May. An opening reception will be held Friday, May 4, 5:00pm to 7:00pm. A no-host bar and appetizers will be served and viewers can meet the artists. Exhibit continues through May 27,

It was during 2003 that local photographers Craig Tooley and Bryant Hichwa thought it might be a good idea to form a group of like-minded individuals to discuss all aspects of their photography work. Shortly thereafter, the North Coast Photography Group was formed. For the last fifteen years, the NCPG has gathered together once a month to review each other's photos and discuss various photography related issues ranging from lighting and composition to imaging software, technical gear, shooting locations, digital asset management, backup solutions, and much more. Challenges are assigned each month with subject matter intended to engage and inspire all points of view.



This show includes works by Tooley (above) and Hichwa, Richard Custer, Pam Powell, Paula Ray Power, Chris Beach, Barry Weiss, Paul Brewer, Rozanne Rapozo, and Marilyn Green. Subject matter ranges from flowers and small mammals to vineyards, sunsets, photo collages, and beyond.

At monthly meetings, nature and wildlife dominate the subject matter, but all subjects and categories are welcome and enjoyed. (One member looks for letters of the alphabet formed by grasses, twigs, etc.). Anyone, regardless of skill level, is invited to attend meetings held on the first Sunday of every month at the Arts Center. Meetings start at 10 a.m. and are usually over by noon.

Members of the group have routinely submitted works to the annual Fine Arts exhibit of the Art in the Redwoods Festival in August, often winning the coveted "Most Favorite" entry and ribbons awarded in specific photography and art categories.

Many members travel within the United States and abroad in search of the perfect image. The goal of NCPG is to help improve all members' photographic capability and experience by providing an active support group and an organized exchange of information.

**HEARTS BEAT LOUD from cover**

(as most record stores do these days); his business problems are compounded by a sympathetic yet pragmatic landlord who will raise the rent or terminate his lease.

As widower and aging Brooklyn hipster Frank (Nick Offerman) prepares to send hardworking daughter Sam (Kiersey Clemons) off to UCLA pre-med, he accepts that his record-store business is failing. Hoping to stay connected with his daughter through their shared love of music, he urges her to turn their weekly "jam sesh" into an actual band. With this moment staring them in the face, they recognize that "they aren't really a band". As fate has it, it's also this recognition that results in a name for the band: "We're Not A Band". In short order they unexpectedly find their first release is on the radio, and "We're Not a Band" seems to have a Spotify hit. With a glimmer of hope they use their songwriting efforts to work through their feelings about the life changes each is facing.

Offerman and Clemons provide genuine warmth and chemistry as father and daughter, and collaborate spiritedly on their characters' catchy, heartfelt musical offerings; Toni Collette and Sasha Lane contribute charming and multi-faceted performances as the pair's respective potential love interests. Director Brett Haley (a Sundance Film Festival alum with *I'll See You in My Dreams* and *The Hero*) foregrounds sincerity and affection in this gentle, evocative ode to the bitterness of everyday life.

Kiersey Clemons as Sam, and Nick Offerman as Frank simultaneously seize their respective roles and suck us into the story. While Clemons exhibits solid acting ability, Offerman, happily, uses his acting (and presumably life) experience to make the film audience believe he's not a delusional adult seeking a fountain of youth.

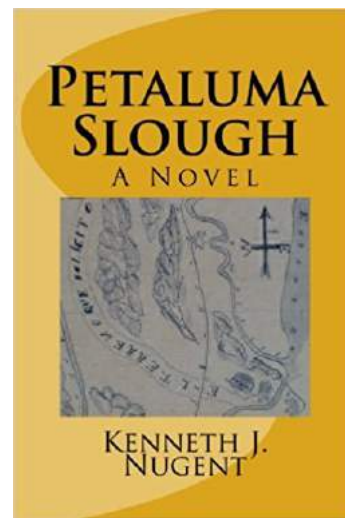


It's not as easy to go for a film like this as you might think. One suspects that a happy ending is a sure thing but life isn't like the movies. Nevertheless, I loved Sam, her goofy father, and their conflict over seizing the moment or simply acquiescing to a harsher reality. See the movie June 1, 8:00pm in Ft. Bragg, and make up your own mind. One reality does come right off the screen and into our psyche: Hearts do beat loud. And that's a good thing.

**Author! Author!  
Four-Eyed Frog Hosts Ken Nugent  
The Author & Historian  
Arrives May 19**

Ken Nugent, author and historian, will be on-hand at Four-Eyed Frog Books to discuss his recently published historical novel "Petaluma Slough" and sign copies for sale. Nugent will be at the venerable Frog at 4:00pm on May 19. As for the book, It's about FATE - It's about HISTORY - It's about TIME.

This saga takes us from Frontera del Norte valleys of Alta California to modern-day San Francisco. Mexican frontier commander, Mariano Guadalupe Vallejo, offers a sham land grant of a modest-sized rancho. The tainted bribe becomes the focal point for generations of conflicts. Fates of Indians, Californios, Kanakas, and Americans



entwine in ways mysterious and shocking. Their legacies course through years of wars, bigotries, and betrayals until they collide in the Presidio Cemetery, near the Golden Gate Bridge.

Four-Eyed Frog is our Community Owned Bookstore in Gualala's Cypress Village.

**McKenna Faith Returns To  
Garcia River Casino  
Friday, May 11**

For anyone who doesn't know McKenna Faith or hasn't been to one of her shows, this is a country music singer/songwriter and recording artist, born and raised in Northern California. A natural in the saddle and on stage, these days she's been spending most of her time either in the recording studio or on tour. With four albums behind her and another on the way, she's a seasoned songwriter and performer with a maturity that belies her young age.

Over the years, she made so many



roundtrips to Nashville that she finally decided to make it a full-time home. Faith continues to tour, often with some of country music's biggest names. She's headlined sold-out concerts at fairs, casinos, and nightclubs across the country; and is a regular on the festival circuits. She recently joined Frankie Ballard for a run of shows on his headlining tour.

This month it's your chance to meet her or see again when she plays the Garcia River Casino in Point Arena Friday May 11. There are plenty of reasons to stop in at Garcia River Casino—the food, the fun—but one of the best reasons is to see McKenna Faith.

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The Local Top-15 Books  
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by Jeanne Jackson & Craig Tooley
  2. *Qh awala.li: "Water running down place"*  
by Annette White-Parks
  3. *Starfish Detectives: Sirens in a Changing Sea*  
by Marie de Santis
  4. *Shaping the Sonoma-Mendocino Coast*  
by Thomas Cochrane
  5. *The Sea Ranch*  
by Susan Clark
  6. *My Antonia*  
by Willa Cather
  7. *Love Song of Miss Queenie Hennessey*  
by Rachel Joyce
  8. *Guide Dog For The Coastally Curious*  
by Steve Oliff
  9. *Wildflowers of California's North Coast Range*  
by Reny Parker
  10. *Lincoln In The Bardo*  
by George Saunder
  11. *Hall of Femmes: Barbara Stauffacher Solomon; I Broke All the Rules*  
by Barbara Stauffacher Solomon
  12. *On Tyranny: Twenty Lessons from the Twentieth Century*  
by Timothy Snyder
  13. *Legendary Locals of the Mendonoma Coast*  
by Tammy Durston
  14. *Beartown*  
by Fredrik Backman
  15. *Call Me by Your Name*  
by Andre Aciman
- Bubbling Just Under the Top-15\*
- \*. *All The Light We Cannot See*  
by Anthony Doerr

The Lighthouse Peddler is pleased to bring our readers a list of the most popular books being picked up and read by locals and visitors alike. Our thanks to Four-Eyed Frog Books.

**Going into Town: A Love Letter to New York**

A book by Roz Chast, Reviewed by Jennifer Bort Yacovissi

The cartoonist serves as a happy, helpful tour guide through her favorite place on earth.

You don't need to read the New Yorker to instantly recognize a Roz Chast cartoon: Her lumpy, myopic Everymen and Women with perpetually bad hair always look as though they are vibrating into dust from the general angst of daily life. Her humor isn't terribly edgy, but rather sharply observant of the quotidian, perfectly capturing the idiocy and indignities we all suffer.

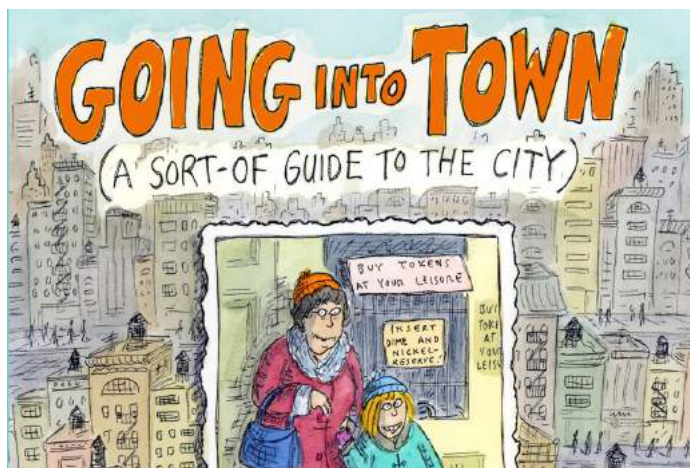
In her latest book, *Going into Town: A Love Letter to New York*, we see a rare side of Chast as she shares her sense of joy about the place in the world she loves the most: Manhattan. The book started out as "a small booklet I made for my daughter before she left her home in Suburbia to attend college in Manhattan," the place where Chast had spent her first years as an adult and always felt the most at home.

"Or maybe, that it's the place where I least feel that I don't fit in."

Perhaps what's most surprising about *Town* is how well it would actually serve as a guidebook. It offers basic, concrete information about how Manhattan is laid out, how to use the various forms of transportation, and how to puzzle through getting from where you are to where you need to be — all without a hint of condescension. ("A term you're going to hear a lot is CROSS-STREET.") Her primer on the various subway lines is reason enough to use this as your go-to reference.

She shares which parks and museums top her list of places to visit, and her reasons why Grand Central Terminal is her favorite building in the city. This is the book that any

loving mother who's also a world-famous cartoonist would sketch by hand for her college-age daughter heading into unfamiliar territory. I, as a hopeless rube from DC suburbia who's spent a cumulative total of perhaps six days in Manhattan, plan to bring a few of Chast's pages with me the next time I venture into the Big City.



As a bonus, this love letter also gives us a bit of insight into the formation of Chast's talents as that sharp-eyed observer. She confirms what we have suspected all along, that she is a hopeless people-watcher, a voyeur:

Her preferred mode of transportation is walking, because of all that is out there to be discovered: "There's SO MUCH MATERIAL... If you're feeling antsy or out of sorts, pick a street and walk across it from coast to coast. Any street will do. (Wear comfortable shoes.) The more nondescript your street is, the greater chance you have of making your own discoveries."

As a random example of the sorts of discoveries you can make if only you open your eyes, she offers up a wild selection of standpipes. These are included as a series of photographs so we won't think she is making them up. Of a blinged-out gold-and-

red assembly that absolutely resembles the torso of an S&M-favoring stripper, she says, "This one goes by the name of 'Trixxxii'."

Ah, yes. Only in New York.

It's also somewhat of a healing relief to accompany Chast on this journey in which she shows off the geography that brings her joy, especially for those who were with her through her much-lauded but harrowing memoir of 2014, *Can't We Talk About Something More Pleasant?* There, she offered not only an unflinching account of her parents' decline through advanced old age into death, but also of her isolated childhood and painfully fraught relationship with her mother.

In *Town*, George and Elizabeth Chast take minor and benign roles as the middle-aged, mildly bickering parents who only rarely and reluctantly take the subway trip from Brooklyn "into town" to see a play and then immediately return home, brooking no exploration.

Still, the central illustration on the front cover is Chast's interpretation of a photo taken of her and her mother when little Rosalind was perhaps 4 or 5. (The photo itself is on the last page of the book.) The sketch shows a smiling mother and daughter holding hands in front of a subway-token booth, dressed and ready for an adventure, going into town..

Jennifer Bort Yacovissi's debut novel, *Up the Hill to Home*, tells the story of four generations of a family in Washington, DC, between the Civil War and the Great Depression. • Jennifer's website is: <http://www.jbyacovissi.com>  
This review originally appeared in the **Washington Independent Review of Books**.

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**Moat Creek Managing Agency Annual Taco Dinner May 4**

The Moat Creek Managing Agency presents its 22nd annual benefit Taco Dinner on Friday, May 4th, 6:00pm, at Manchester Community Center/Garcia Guild on South Highway 1 at Crispin Road, Manchester.

The menu includes carnitas tacos, veggie tacos and delicious hand-made salsas, including the ever popular fresh mango salsa. Beer, wine and a variety of desserts will also be available. Dinnertime music will be provided by "Yours Truly", Bryan Thurmond and friends.

Festivities also include a silent auction

and the warm glow of a community event. Tickets are \$15 for adults and \$5 for kids under 10.

Moat Creek Managing Agency maintains beach and trail access at Moat Creek and Ross Creek (about 2-miles south of Point Arena) and is celebrating the 25th Anniversary of its incorporation. MCMA continues to accept trail easements and works towards the completion of a portion of the California Coastal Trail from Bowling Ball Beach to Arena Cove.



# Scuttlebutt

by Mitch McFarland

As numerous others have mentioned, Trump's personal behavior has obscured some of the more important developments taking place in the real political world. Hard news has a difficult time competing with sexy women and pee tapes. We call it "hard news" because sometimes it may be hard to absorb the complexity of a particular political development. There are nuanced arguments that must be considered. This is an anathema to today's instant I-don't-have-time-for-this world. The Statistic Brain Research Institute tells us that the average attention span for Americans is 8 seconds, 33% less than in 2000. The attention span of a goldfish, we are told, is 9 seconds. That makes serious policy discussion virtually impossible among a populace that is far more interested in Beyonce and Jay-Z than they are, for example, in energy policy.

Which brings me around to the subject of energy policy.

Would it catch your attention if I told you that some Republicans and even some oil companies are proposing a new tax? Yes, the foulest word in Grover Norquist's vocabulary is being spoken by none other than traditional Republican heavyweights James Baker and George Shultz?

The tax I am referring to is a carbon tax. 23 Republican college campus groups, led by Yale College Republicans, are calling for this under the name Students for Carbon Dividends. They are joined by no less than Texas Christian University. Uh-huh, Texas. It seems these young Republicans were tired of hearing their leaders deny climate change and did not want their party branded as anti-science.

Under the plan the students are proposing, an initial tax of \$40 per ton of carbon would be levied at the point where fossil fuels enter the economy, for instance a mine or port.

The tax money collected would then be returned to taxpayers in a per-person monthly payment, with half-payments going to children under 18 and a limit of two children per family. The Climate Leadership Council created by Mr. Baker and Mr. Shultz estimates a dividend would amount to about \$2,000 a year for a family of four. This would account for the certain rise in the cost of motor fuel and electricity. It would also hit coal harder than natural gas.

This is not the first time a carbon tax has been proposed, though rarely by Republicans. Other plans call for different uses of the tax money, but most adhere to the idea of a "neutral" tax, in that the government could not have this tax money for the general fund budget. It would have to be returned to the

public in some form of subsidy if not a check.

For some the big attraction to the carbon tax is, as Mr. Baker has stated, "... a free-market based solution," meaning that consumers would be free to use whatever method they themselves choose to avoid paying the carbon tax. Buy an electric car, get solar panels, walk, pedal, or carpool to work. Sell the

**"As the saying goes, you are either at the table or on the table."**

speed boat. Dump the monster old fridge and get a smaller, more efficient one.

Science magazine has estimated that the tax would be expected to reduce carbon emissions by 28 percent by 2025, allowing that, "Many, though not all, of the Obama-era carbon dioxide regulations could be safely phased out, including an outright repeal of the Clean Power Plan". Republican supporters of the tax expect to emphasize this point when selling the plan to fellow Republicans, Libertarians, and others who cringe at the sound of the word "regulations".

Even some oil companies now support a carbon tax. These are largely European oil companies and do not include the biggest 3 American (?) companies, ExxonMobil, Chevron, and ConocoPhillips.

Europe's oil and gas giants know that climate policy is moving ahead with or without them, and they'd prefer to have some influence over how that process plays out. As the saying goes, you are either at the table or on the table.

Besides, by moving away from coal to natural gas, it helps their bottom line. Most of all, though, they want to avoid the nightmare of a global patchwork of different carbon policies, all with different stringencies and regulatory requirements, which would create an administrative nightmare and a highly volatile climate in which to develop investment strategies. The American companies are holding off because of being joined at the hip with the Republican party, most of whom need an oxygen bottle when you say the word "tax". Nevertheless, a new report by the environmental data company CDP has found that at least 29 companies, some with close ties to Republicans, including Exxon Mobil, Walmart and American Electric Power, are incorporating a price on carbon into their long-term financial plans.

There exists another carbon emissions reduction scheme already in play in California

and a coalition of Northeastern states called cap and trade. This is a system by which polluting industries may purchase the right to pollute. If they don't use all their "credits" because, say, they reduced their emissions, they could sell the credits to another polluter who needs them. It is obviously a more complicated system and, as it turns out, in California

at least, it has not come close to meeting expectations. Read that to mean income for the state. The credits are auctioned off each year and they have not brought in the kind of money that was anticipated. Not by a long shot. The auctions have come up hundreds of millions of dollars short of their goals. In reaction to this shortfall

California Senate President Pro Tem Kevin de León hinted strongly at ditching cap-and-trade for a straight up carbon tax, saying California government needs, "... a program that both reduces pollution and provides stable funding to clean up climate emissions."

Therein lies the rub. California uses the carbon sale money to fund programs that advance the stated goal of reducing greenhouse gas emissions by 40% by 2030. It is not considered a tax (a question to be answered by the courts) and so the "net neutral" concept is not in play. Should California abandon the cap and trade and start charging a carbon tax, de Leon and others, including the Governor, would be expecting to not return the money to the public in the form of cash, but by subsidizing activities that reduce overall emissions.

That could prove difficult.

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## SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

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**HOW TO SOLVE:**  
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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**Gualala Arts Announces Camp: Take a trip to Asia!**  
**Global Harmony presents Global Harmony Summer Adventure Camp**

Don't miss the May 31 registration deadline for Gualala Arts Global Harmony Summer Adventure Camp happening in July.

This two-week camp, popular with local youth and visitors to the coast, takes place Tuesday through Friday, July 10 through July 20, 9:30am to 12:30pm. Cost is \$195 per child for the two weeks if registered by May 31. After that, cost is \$295 per child. There is no discount for one-week attendance. Scholarships are available by submitting a written request with registration. Registration forms can be picked up at Gualala Arts Center or downloaded from the GualalaArts.org website.

Camp is open to youth in first through eighth grades. Older youth can apply to be camp assistants. Download required camp assistant forms or stop by the Arts Center to pick them up.



This year's summer adventure theme is a Trip to Asia! Classes include Japanese fish painting, or Gyotaku, block printing on textiles, making books with sun prints and calligraphy, anthropology and cultural lessons, Asian cuisine, and even some Martial Arts.

Jessica Crouch will be leading the workshop on Gyotaku and block printing. Originally used to record and commemorate a fisherman's catch, fish prints are created with sumi ink on paper, using a fish. Block prints will be hand-colored on cotton fabric using natural dyes and paint brushes. Jessica lives in Nashville, Tenn.

Instructor JC Johnson will teach book binding and cyanotype. JC has

a Master of Fine Arts with a Photography Concentration and has worked as a teacher and staff photographer. She is currently Artistic Director of Culture Keeper Online Journal. She is based in Nashville, Tenn.

Local Martial Arts instructor Lini Lieberman will teach some beginning moves and routines in Karate and the Martial Arts.

With anthropologist Anne Menne, campers will re-trace the steps of Asian ancestors, working in tribes and learning about how ancient Asian people recognized and worked with the beauty, rhythm and blessings of nature.

"We love Summer Adventure Camp at the Arts Center," said Executive Director David "Sus" Susalla. "Seeing so many of the kids return year after year and then even come back as assistants is really special. A lot of our instructors also come back and we feel like we get to participate in the adventures, too!"

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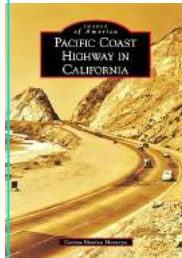
**Two Presentations in May at Point Arena Lighthouse**  
**"Pacific Coast Hwy": Carina Monica Montoya • "Wildflower Wonderland": Nancy Morin**

Once again the people at the Point Arena Lighthouse are presenting more than tours, ocean views, and dramatic scenery. Two lectures/presentations have been added to this month's schedule of activities in this, the fifth season of the popular Lighthouse Lecture Series.

Each presentation takes place in the Fog Signal Building Museum.

Both of the one-hour (approximate) presentations will begin at 4:00pm.

On Saturday, May 5 at 4:00pm author Carina Monica Montoya will present "California's Pacific Coast Highway" as part of the Lighthouse Lecture Series and to introduce her latest book, **Pacific Coast Highway in California**. She will discuss the early vision of the coast highway, those instrumental in making the vision a reality, years



of trials, tribulations and obstacles in construction of the highway. Montoya will tell us how obstacles were overcome, opening date of the highway along the Monterey coast and Pacific Coast Highway today. A true modern marvel, this unique and extraordinary highway allows access to some of the country's most famous and historical places and picturesque sights. This book is part of Arcadia Publishing's Images of America series, which includes Point Arena Lighthouse written by the lighthouse's own Merita Whatley. Author Carina Monica Montoya is a native Californian and has written four books for Arcadia Publishing. The vintage images used span almost 100 years and showcase many of California's beautiful coastal sights and places. After the lecture, Carina will be offering her book **Pacific Coast Highway in California** for sale and will be signing.



Two weeks later, Saturday, May 19, at

4:00pm Nancy R. Morin presents "Point Arena Lighthouse Wildflower Wonderland".

The land immediately around the Point Arena Lighthouse has been protected from grazing for many years and hosts one of the best displays of coastal bluff shrubs and grassland wildflowers on the coast. Just beyond the lighthouse there is also a surprising diversity of other habitats, with wetlands, moist banks, woodlands, and various grassland types. There are exciting and beautiful plants to discover throughout the year in our area.



Nancy received her Ph.D. in Botany at University of California Berkeley, was a postdoctoral fellow at the Smithsonian, then worked in various positions at Missouri Botanical Garden in St. Louis for 15 years, after which she was Executive Director of the professional organization for botanical gardens and then executive director at The Arboretum at Flagstaff. She moved to Point Arena full time in 2004 to continue her research on the bellflower family and to work on a massive multi-institutional project to publish a Flora of North America north of Mexico. She is president of the local chapter of the California Native Plant Society and president of Friends of Coast Community Library.

**Garden Conservancy Tour May 5 At Gualala Arts**  
**"Digging Deeper" with the Garden Conservancy and Stone Foundation**

The mission of the Garden Conservancy is to save and share outstanding American gardens for the education and inspiration of the public. Gualala Arts is excited to share in this mission by sharing its grounds and amazing rock installations as part of the conservancy's Open Days, happening across the United States.

The Garden Conservancy was founded in 1989 by renowned plantsman Frank Cabot. In partnership with garden owners, gardeners, communities, horticulturists, garden designers, and historians, the conservancy works to preserve outstanding gardens across America. Many of the gardens worked with are National Historic Landmarks or on the National Register of Historic Places.

On Saturday, May 5, Stone Foundation members and artists Kevin Carman and John

Shaw-Rimington will answer questions about their stone installations at Gualala Arts. The grounds and the 15,000 square-foot visual and performing arts center will be open for self-guided tours from 10:00am to 4:00pm and guests are invited to enjoy the natural surroundings as well as exhibits in the Burnett Gallery and Elaine Jacob Foyer.

At 1:00pm, Exec. Director, David "Sus" Susalla will give tours of the Global Harmony Sculpture Garden with highlights of the first Serge installed in the United States (a gift from the Yakut people of Sakha Republic), the Haiku Stone Path in honor and memory of artists Jane and Werner Reichhold, the Torii Gate (traditional wood archway), and the Meditation Grove in the Redwood Grove Event Area, newly-remodeled by the Stone Foundation.



## Ya, Youbetcha. Notes from the Midwest • Are You Still Hip? – Part II

By: Sally Marshall

One of the nicest things about the upper Midwest is its rolling farmland. Here in southwest Wisconsin, we not only have rolling hills, but also one of the oldest mountain ranges in America. The topography is suitable for small family farms, and there are plenty of these remnants left as a reminder of how people lived years ago. Some are still owned by the families who built them, but many have been abandoned.

In the 1970's, an acre of farmland in this region could be bought for about \$200-300. The hippies who embraced the environmental movement back in 1969, had gone searching for rural land to realize their dream of an alternative lifestyle that included living close to the land, sharing communally and farming organically. They found what they needed right out here, and brought new life to all those abandoned farms, eventually becoming part of the greatest organic movement in history.

All this was happening while I was still married and living in Milwaukee. One day I found a book that echoed the words of my tribe and made me remember. It was Carla Emery's *Old Fashioned Recipe Book – An Encyclopedia of Country Living* (1978). This book contained all you needed to know about living on a farm. How to milk cows, make cheese, butcher a chicken, make soap and candles, canning and preserving, making your own bread. It also had important insights on buying land, managing livestock, growing vegetables, using a wood cook stove, building a root cellar, and many other incredibly important things you needed to know to survive in a rural area. I read the book from cover to cover several times until it became dog-eared from use, and dreamed of the little farm I would one day own.

When I got divorced, one of the first things I did was format all those ideas I had of my future farm. I didn't want too much acreage, as this would be my homestead, with enough land for raising chickens and a large vegetable garden; maybe some fruit trees, and not too many outbuildings. I also knew what I could realistically afford. I put all these ideas down on paper, and sent letters to about 20 realtors in five counties in the southwestern part of the state. I got replies from two.

Realtors have a few pet names for properties that appear to be seriously neglected. "Fixer-upper" is one, which actually means "Tear-er-downer"; "cozy cabin" actually means one room with a pot-bellied stove; "handy-man-special" actually means "20 acres and a lot of used lumber". I saw it all while riding with my realtor, who kept looking at me with apologetic concern. What on earth was I doing? Evidently, what I could afford was what I was looking at. After view-

ing another pathetically neglected farmhouse with a dead skunk in the basement, I looked at my realtor and said, "don't you know of any property in my price range that is actually occupied by people?" He paused for a moment, and then a lightbulb went on in his head. He remembered one that was listed by another realtor, and we pulled off onto the road to go find it.



All the rural roads out here wind this way and that, so you never know which direction you are actually going in. I had no idea where we were, except that we were on ridge land (on top of the hill). As we drove around yet another bend in the road I spotted a little farmhouse and something came alive in my psyche. My heart started pounding, I straightened up and held my breath as we approached. There were people living here, and this was the place. We pulled in. A charming young woman with a clinging toddler greeted us at the door. The house was pleasant with a large country kitchen, living room and a small bedroom on the first floor. It also had a nice back entryway with a large bathroom right there (very well planned if you are going to get dirty). The upstairs had two rooms and a very low ceiling. The basement was surprisingly new – a poured concrete foundation – very clean. It was exactly what I envisioned in my dreams. The outbuildings consisted of a small garage and small barn. It nestled on seven acres, most of which were crop land, with a small woods and ravine. I made an offer which they rejected; counter offered, they accepted; and I purchased it on a land contract, putting down enough money to keep my monthly payments low and having enough left for home improvements.

I moved in September 1980, and brought along a friend who was a carpenter – good idea! We got busy building counters and cabinets in the kitchen, making the upstairs into a studio space, and doing some painting before the first blast of winter hit us. I had never

before experienced winter that was this intense. The township I lived in was in line with the arctic winds coming straight out of Minnesota and we were on top of a hill. The worst part of this was that there were no storm windows to buffer the wind. We had two LP space heaters, one in the kitchen and one in the living room, that struggled to keep some warmth in the house. I got used to wearing

thermal underwear all the time, did a lot of cooking and baking to keep my energy up; and spent the winter reading Carla Emery's book, while the wind howled outside and the snow piled up to the window sills.

In Emery's book, their farmhouse

stayed nice and warm because they heated with wood. I liked that idea, but my house didn't have a chimney suitable for that purpose. So, the next spring my carpenter friend got a few local people together and they built an outside chimney against my house. Then I purchased a wood burning stove and had it set up in the basement to connect with that chimney. One of the things to remember

about burning wood is to keep the pipe that connects the stove to the chimney cleaned out or it can get blocked. One day, as I was baking in my kitchen, I noticed the house was getting hazy and I could smell wood burning. I went downstairs and found the whole basement full of smoke which quickly moved upstairs to all parts of the house. I opened up all the windows and doors and then went back downstairs with oven mitts and a poker, opened the stove, and picked up one of the smoldering chunks of wood and took it outside. Then I went back downstairs got out another log, took it outside. This went on until I got all the smoldering wood out of the stove and could shut the doors in the house!

But, spring was upon us, my seeds had arrived, and it was time to plant the vegetable garden. There was a perfect spot around the south side of the house and all I needed was a rototiller to get the soil ready. So, I went down to the local small engine repair establishment in town and found a really old Ahrens tiller for very little cash. After a bit of instruction from the repairman, I was ready to get to work. This tiller was noisy, smoky, and shook so bad my teeth rattled, but it got the job done nicely and I planted my garden – my first real vegetable garden!

As the sun slowly disappeared over the horizon, I strolled around my little farm and felt happy and content for the first time in many years. Little did I know what lay ahead.

But, that's another story.

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# Crossword

by Margie E. Burke

## ACROSS

- 1 Freshwater fish
- 5 Jeer
- 10 St. John's \_\_\_\_\_  
(herbal remedy)
- 14 Part of a pot
- 15 Christmas \_\_\_\_
- 16 Kind of code
- 17 Standing still
- 19 Mr. Potato Head  
piece
- 20 Hobby shop buy
- 21 Orange  
container
- 22 Frozen rain
- 23 Whisk, for one
- 25 "Peggy Sue"  
singer
- 26 Mighty mount
- 28 Boot tip
- 30 Bread for gyros
- 31 Yogi's nemesis
- 32 Tree trickling
- 35 Fabricated
- 37 One who owes
- 39 Sandwich bread
- 40 Military greeting
- 44 Diane of "Paris  
Can Wait"
- 45 Muslim leader
- 46 Golf score
- 47 Repair, as  
software
- 50 Pained  
expression
- 52 Make giddy
- 53 Gunpowder  
ingredient
- 54 Prefix with born  
or found
- 57 Tab
- 58 Tomato's family

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|---|--|--|
| <ul style="list-style-type: none"> <li>60 Just lying<br/>around</li> <li>61 Survey choice</li> <li>62 Kuwaiti ruler</li> <li>63 Lab procedure</li> <li>64 Fashionably<br/>dated</li> <li>65 Distribute</li> </ul> | <ul style="list-style-type: none"> <li>9 Bothersome bug</li> <li>10 Clobber</li> <li>11 Built-out window</li> <li>12 Gross out</li> <li>13 Mouth-watering</li> <li>18 Like some drinks</li> <li>22 Wall Street<br/>purchase</li> <li>24 Eye drop?</li> <li>26 Boot attachment</li> <li>27 Elton John's<br/>"____ Dancer"</li> <li>29 Turn over</li> <li>31 Bona fide</li> <li>32 Demi Moore, e.g.</li> <li>33 Top-notch</li> <li>34 Flies, to spiders</li> </ul> | <ul style="list-style-type: none"> <li>36 Linguist's<br/>concern</li> <li>38 Political coalition</li> <li>41 Low-grade coal</li> <li>42 Type of piano</li> <li>43 In that direction</li> <li>45 Serving of veal</li> <li>46 Watering holes</li> <li>47 Ledger entry</li> <li>48 Say "y'all," say</li> <li>49 Poolroom supply</li> <li>51 Subway in Paris</li> <li>55 Make revisions<br/>to</li> <li>56 "The Way We<br/>____"</li> <li>58 Swe. neighbor</li> <li>59 ____ and haw</li> </ul> |
|---|--|--|

## DOWN


- 1 Soak up the sun
- 2 The "A" of ABM
- 3 Oscar, for one
- 4 Filming site
- 5 Disdain
- 6 Rummy relative
- 7 Formal address
- 8 Fido's front limb

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## A Springtime Story: Love Among Leviathans

by Mary Jane Schramm

Ankle-deep in a sea of blue-eyed grass and poppies, from atop the promontory the watchers peered through binoculars downward, at the dark blue Pacific. Below, just beyond the breakers, a group of gray whales churned up a boil as they milled and rolled, splashing and lurching in a confused tangle, sinking, surfacing and regrouping. Migrating, or mating? But, this isn't Baja – right?

Greater Farallones National Marine Sanctuary is notable for its over 30 species of whale, dolphin and porpoise – known collectively as cetaceans. It's key to the recovery and stability of these populations. Most of our "great whale"



species – blue whales, fins, some humpbacks and others - are still endangered. With the cessation of whaling and other legal protections they have begun to rebound. Some feed here; others breed here as well. These rich waters are critical to the future of many magnificent animals, but food alone will only ensure the survival of one generation. It's sex that propels all of us forward into the future.

**THE BIRDS AND THE BEES:** Successful conservation requires that we learn everything possible about cetacean life history: population structure, behaviors, geographic distribution, foraging, and reproduction -- even their most intimate habits. By learning how they procreate we can understand why some have been



more successful than others at escaping near-extinction. We can assess how tightly sustainability is linked to reproductive patterns and behaviors. And we can help identify and measure current and emerging threats such as ocean noise and pollution.

### THE DATING/MATING GAME.

The prize: The winner passes on her or his DNA. Males often get the first move. There are rules; there is competition, though some males work as a team. They need a strategy, and a female, maybe several. But before boy meets girl, he must find her.

**LOVE SONGS:** Some whales, like grays, are promiscuous, and congregate in lagoons where they can find each other easily. Fern bar, Party City. But not all lagoon liaisons are successful, and some breeding occurs at sea during migration, where the whales must vocalize to solicit potential mates. The

ocean is naturally noisy, with sounds of wind and waves, dolphin clicks and whistles, fish grunts, sea lion barks, even landslides. Whales have evolved with those noises, and they adapt. But anthropogenic noises

from ships, seafloor mining, seismic surveys or drilling, may frustrate whale couplings by masking their calls. Pollution can obscure or overwhelm the alluring scent of a receptive female.

Gray whale mating groups range from three, up to 20, but triads are common. Males evaluate a female's status by rubbing and stroking her. Males may support each other, or nudge her into position, belly to belly. She may demur for days, while she tests her suitors' worthiness. It's to her and her offspring's advantage that she be selective, and mate with the strongest, boldest, most dominant. And she couples with more than one. Gray whales are not known to be combative, unlike other species like blue or sperm whale bulls, known to battle fiercely over mating rights.

**NURSERY TALES:** Cetacean love is about maternity, too. While whale paternity is lim-

ited to donating DNA, whale motherhood is a time and energy-intensive undertaking. Grays are pregnant just over a year, and nurse for a further year or so, producing 55% fat-rich milk. Whale moms also call to their young, to reinforce their bond, and to find them when they stray. If noises drown her out and they are not reunited, the calf may not survive.

Happily, gray and most other whales are recovering here. Greater Farallones and Cordell Bank national marine sanctuaries are working to conserve whales and other marine life.



Through vessel impact studies, creation of a soundscape of natural and human-generated noises in our region, and other efforts, we are learning what whales need to survive here. We can determine how to mitigate human impacts by understanding how threats affect reproduction, and direct and prioritize our efforts accordingly.

# MENDO VINÉ



CHRIS DOERING, GUITAR  
AND DON WATANABE, UPRIGHT BASS  
FRIDAY, MAY 4, 7:00PM-9:30PM  
CHRIS DOERING, GUITAR  
SATURDAY, MAY 11, 7:00PM-9:30PM  
MOTHER'S DAY BRUNCH  
MAY 13, 11:30AM TO 2:00PM  
MAY TALK SERIES WITH PAZZO MARCO  
MAY 17, 6:30PM -9:30PM  
HARRISON GOLDBERG, SAXOPHONE, AND  
TIM MUELLER, GUITAR  
FRIDAY, MAY 18, 7:00PM-9:30PM  
WHALE & JAZZ FEST, POCKET SWING W/  
SCOTT FOSTER, GUITAR/VOCALS &  
DEMETRA MARCIS, VOCALS  
SATURDAY, MAY 19, 7:00PM-8:30PM  
WHALE & JAZZ FEST, GYPSY SWING JAZZ  
WITH NED RIPPLE AND RICK FULKERSON  
FRIDAY, MAY 25, 7:00PM-8:30PM  
HARRISON GOLDBERG, SAXOPHONE, AND  
DANNY BARCA, GUITAR / VOCALS  
SATURDAY, MAY 26, 7:00PM-9:30PM  
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Photo Credits (all): Top Left: Flukes & Fins; Lower Left:  
Male Displaying 'Pink Floyd'; Top Center: Group of four  
kicking up some surf in the mating process; Above Right:  
Two Gray Whales, belly to belly, flukes facing.  
All photos © Elston & Jackie Hill.

Greater Farallones sanctuary protects seabirds and their habitats through oil drilling prohibition, NOAA's Marine Debris program, at-sea research, and the Seabird Protection Network: <http://seabirdprotectionnetwork.org>. For information on studies in our sanctuaries, and teaching materials, visit <http://oikonos.org/exploring-albatross-movements/>

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- Friday 04: 5:00pm, Opening Reception at Coast Highway Art Collective, Pt. Arena
- Friday 04: 5:00pm, North Coast Photography Group at Gualala Arts
- Friday 04: 5:00pm, Susan Routledge Opening Reception at Gualala Arts
- Friday 04: 6:00pm, Moat Creek Taco Dinner at Manchester Community Center
- Friday 04: 7:00pm, Chris Doering & Don Watanabe at Mendoviné
- Saturday 05: 4:00pm, PCH Lecture at Point Arena Lighthouse
- Saturday 05: 5:00pm, Opening Reception for Bill Apton and Odis Schmidt at Dolphin Gallery
- Saturday 05: 7:00pm, Brubeck Brothers Quartet at Gualala Arts
- Saturday 05: 8:00pm, Anthum at 215 Main in Pt. Arena
- Sunday 06: 1:00pm, David Hockney, Exhibition on Screen, at Arena Theater
- Monday 07: 7:00pm, "Land of Mine", ATFC film at Arena Theater
- Thursday 10: 6:00pm, The Dorian May Group at The Fireside Room at Sea Ranch Lodge
- Friday 11: 5:00pm, Korbel Champagne Preview at Gualala Arts
- Friday 11: 7:00pm, Chris Doering at Mendoviné
- Friday 11: 8:00pm, McKenna Faith at Garcia River Casino
- Saturday 12: 10:00am, "Movement from Spring into Summer - a Taoist perspective" at GAC
- Saturday 12: 1:00pm, "Young Marx". A National Theater Live from London at, Arena Theater
- Saturday 12: 3:00pm, Wine Tasting and Auction at Gualala Arts
- Saturday 12: 8:00pm, Stompy Jones playing vintage R&B, Swing at Arena Theater
- Sunday 13: 11:30pm, Mother's Day Brunch at Mendoviné
- Sunday 13: 2:00pm, Mother's Day MOMS Benefit, Coast Highway Art Collective, Pt. Arena
- Sunday 13: 4:00pm, Mothers Day Concert, The Coastal Singers at Gualala Arts
- Monday 14: 7:00pm, "Sunset Boulevard", ATFC film at Arena Theater
- Tuesday 15: 7:00pm, Poetry Contest Prize Ceremony at Gualala Arts
- Thursday 17: 6:30pm, MV Talk Series with Pazzo Marco at MendoViné
- Thursday 17: 7:30pm, Chico Poet Troy Jollimore at 3rd Thursday Poetry, 215 Main, Pt. Arena
- Friday 18: 7:00pm, Harrison Goldberg and Tim Mueller at MendoViné
- Saturday 19: 1:00pm, BAKU at Annapolis Winery
- Saturday 19: 4:00pm, Ken Nugent author event at Four-Eyed Frog Books
- Saturday 19: 7:00pm, Sacred & Profane, 40th Anniversary Concert at Gualala Arts
- Thursday 24: 6:30pm, International Dinner (Indian) at MendoViné
- Thursday 24: 8:00pm, Highway One Revisited, Playing Dylan at 215 Main
- Friday 25: 7:00pm, Pocket Swing with Scott Foster & Demetra Marcis at MendoViné
- Saturday 26: 10:00am, 11th Annual Fine Arts Fair at Gualala Arts (and 27th)
- Saturday 26: 1:00pm, Wendy DeWitt, performance at Lighthouse
- Saturday 26: 7:00pm, Harrison Goldberg and Tim Mueller at MendoViné
- Saturday 26: 8:30pm, Evening Full Moon Tour at Pt. Arena Lighthouse.
- Sunday 27: 7:00pm, Treintona, Soltera y Fantastica (Spanish-language film at Arena Theater)
- Monday 28: 1:00pm, Artists at Albatross Reach at Gualala Arts

### "Ridgetop Equestrian Estate"

Superlatives will not suffice for the property of your dreams! 29.82 level acres, two homes, private lake with dock, meadows, orchard, large workshop with studio and apartment, spa center w/hot tub & sauna, barns, greenhouse, dressage ring, stables plus extensive gardening area. Add top of the ridge location, banana belt micro-climate, a once and future ocean view: it approaches perfection! The two-bedroom, one bath main house has old growth redwood barnwood siding, wonderful cook's kitchen with office nook & breakfast bar opening to dining area overlooking the lake. Step down into the spacious light-



filled living room with hardwood floors and cozy wood burning stove; step out to the patio and onto the boat dock. Older second home needs TLC, greenhouse has full power and irrigation system, orchard is bursting into bloom. Ideal for family compound. \$1,495,000



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## Banana Belt Properties

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