

**ALWAYS  
FREE**



# Lighthouse Peddler

Issue #188 June 2017

(707) 684-1894

[www.thelighthousepeddler.net](http://www.thelighthousepeddler.net)

## Guitar Slinger On Fire!

### Laurie Morvan at Arena Theater, June 24

Sometimes you've just got to be ready for the blues. When a tall, blue-eyed blonde walks on stage you may take a breath, look around, and wonder "am I at the right place"? Once Laurie Morvan fires up her guitar and lets it rip into a high-energy blazing guitar solo, propelled by the thumpin' blues rockin' back-beat erupting from her band, you know: You are definitely in the right place.

Saturday June 24 Arena Theater's "Blues on the Coast" presents Red-hot Blues Rock with the Laurie Morvan Band. Doors open at 8:00pm and the music starts at 8:30pm.

This 5-piece, high energy, rockin' blues band from Long Beach, California, is fronted



by lead guitarist and vocalist Laurie Morvan; the lineup also includes backup singer Lisa Morvan, keyboardist Tom Salyers, bassist Pat Morvan and drummer Lonnie Jones.

The LMB made their first big splash on the national blues scene in 2008 at the International Blues Challenge, where they were finalists in both the live band and CD competitions, the only band in IBC history to reach both finals at a single competition.

Awards, nominations, and accolades continue to be the norm as they record and tour throughout the States, Canada, and Europe.

*MORVAN: Cont'd on Page 2*

Beside the well-trod path . . . Little Cottage in the Woods, Pacific Woods. Sited on four acres of towering redwoods, this two bedroom home emerged like a phoenix from the flames with a bright brand new interior from floor-to-ceiling, wall-to-wall! Beautiful wood cabinets contrast with dark grey countertops in a kitchen complete with wood burning stove and breakfast bar open to the living room. All fixtures throughout the home, propane wall furnace, water heater, electrical and plumbing are new. A second structure, an "A-Frame" cabin, is currently used for storage. Zoning allows potential split into 4 one acre parcels, all within the Gualala Town Plan. ~~\$351,000~~ **Now: \$327,500**



[www.bananabelt.org](http://www.bananabelt.org)

## Banana Belt Properties

J.Moloney Scott, Broker #00795487

884-1109 FAX 884-1343

35505 SO. HWY 1 ANCHOR BAY

E-MAIL: [BANANA1@MCN.ORG](mailto:BANANA1@MCN.ORG)



## A Musical Note About Coastal Mendocino

Mendocino County has so much to offer. And when it comes to music nothing exemplifies the diversity of music in this part of California better than the Mendocino Music Festival. Coming next month, as it has for three decades, the Mendocino Music Festival brings two weeks of music. What's particularly nice about the festival is that it isn't about one venue, or one genre of music, or one style of performance. It's diversity is its strength. A typical year will feature a mix of classical music, jazz, country, bluegrass, blues, rock, pop, reggae, and so much more. Some years you can create a checklist of every genre you like and the festival will have artists that will be solidly in some of those genres, or at least brush against them lightly. Regardless of the year's music, you'll not be disappointed.

Established in 1986, the Mendocino Music Festival was the dream of Allan Pollack, Susan Waterfall and former principal bassoonist of the San Francisco Symphony, Walter Green. The Festival is a magical blend of fine music by outstanding performers in one of

the most enchanting sites in Northern California. Evenings include orchestra concerts, Big Band, chamber music ensembles, dance, blues, jazz, world, folk, bluegrass and popular contemporary music. Daytime concerts include lecture/recitals at the Piano Series, a performance by participants in the Emerging Artists Program, and small concerts in intimate venues throughout the historic town of Mendocino.

The 2017 festival includes Alex DeGrassi, the Calder Quartet, Pine Leaf Boys, Kathleen Grace, the Festival orchestra, Laurie Lewis, and that's not even half of the performers. Venues from the warmth of Preston Hall to the excitement of the big tent concert hall, there's plenty to do in just two weeks. It's also nice to know that some of the performances are early afternoon, so that you can stay on the south coast, drive to Mendocino or Little River or Fort Bragg, have lunch and catch a performance, or catch a performance and have dinner. The drive back gets you to the south coast in an hour or less.

This year, consider the Music Festival. And to wet your appetite, visit some of our local musical venues and get a taste of what's right here in Gualala, and Sea Ranch, and Point Arena, and Annapolis, and

MORVAN Cont'd from cover page

Morvan has been called a stellar guitar player with consummate phrasing and respect for both the music and the spaces between the notes. Anyone who wants to hear the future of blues guitar should check her out." Better yet, come to Point Arena for a perfect summer evening concert at Arena Theater.

Tickets are \$20, and are available at The Sea Trader and Four-Eyed Frog Books in Gualala; Arena Market and The Pier Chowder House and Tap Room in Point Arena; Twist in Mendocino; and at [www.arenatheater.org](http://www.arenatheater.org). The Theater's bar and snack stand will be open. Arena Theater is at 214 Main Street in Point Arena.

## Artists Joanne Abreu and Barbara Dunsmoor Are Featured In June Exhibit, Opening Reception June 3

The Dolphin Gallery will feature Joanne Abreu and quilting artist Barbara Dunsmoor in its June exhibit opening Saturday, June 3, from 5:00pm to 7:00pm. The exhibit will remain through Sunday, June 25. Entry is free and hors d'Ouvres and wine will be served.

Working out of her home studio located in Albion, JoAnne Abreu continues to shape gourds into distinctive art pieces. This show marks her fifth at The Dolphin dating back to 2004. Over the years her interest has shifted to working with embellished gourds, but her earlier experiences with basketry especially coiling continues to influence her creations.

Abreu says, "I have had a lifelong fascination with shapes and textures found in nature. I discovered hard-shell gourds in 1996. I've been working with them ever since." Each piece begins with a study of the natural contours of a gourd, which she calls a wonderful gift of nature. By adding coils of waxed threads, beads, leather dyes, and colored papers,

the gourd evolves into an artistic statement.

Her gourds have a rich texture with vibrant earth tones and graceful addition that accent the natural shape of each gourd.

The final protective coating adds richness to the piece. For Abreu the entire process is a fascinating experience that is never repetitive and always leads to new insights that she finds personally gratifying. Both critics and patrons have recognized her talent.

Artist Barbara Dunsmoor's work as a quilter has also been a many-year journey that began over forty years ago when she began quilting as an avocational creative outlet while she was busy raising a family. Like the traditional craft itself, her work has evolved from a practical pastime into an art form. Dunsmoor's work has a magical quality that may suggest anything from the abstract patterns of Miro to the domestic serenity of Mary Cassatt.

Chronicling her evolution as a quilter Dunsmoor says, "I began as a very traditional quilter. I followed traditional patterns and primarily made bed quilts. My journey as a quilter mirrors the development of quilting from a practical craft to a recognized art form." Although her pieces retain the traditional three layers of fabric sewn together that define a quilt, that's where the process changes.

"The fabric I use can be cotton, silk velvet or even burlap. I embellish my quilts with anything from sparkling crystal beads to chicken wire. I often paint my fabrics and have been known to use combs, toothbrushes, or even sharpened sticks to obtain the desired texture." Dunsmoor adds, "I have given up large bed sized quilts in favor of wall hangings. They may be bound with fabric, placed under glass in picture frames or mounted on hand painted canvas. I am always looking for new ways to express what I want my quilts to say. However, I always focus on color and texture in my designs.

Gualala Arts' Dolphin Gallery is located at 39225 Highway 1 next to the Garden of the Sea flower shop adjacent to the Sundstrom Mall in downtown Gualala. The Dolphin can be reached at (707) 884-3896.



"Sometimes I think the surest sign that intelligent life exists elsewhere in the universe is that none of it has tried to contact us."

Bill Waterson

**MENDO VINÉ**  
WHAT YOU'VE BEEN WAITING FOR.

FEATURING EVENING JAZZ  
CHRIS DOERING, GUITAR &  
KARL YOUNG, SHAKUHACHI  
ON JUNE 23

HARRISON GOLDBERG, SAXOPHONE &  
TIM MUELLER, GUITAR  
JUNE 30

INTERNATIONAL THEME DINNERS ON  
JUNE 8 & 29

FREE WI-FI

THU-SAT • 6PM - 9PM 39145 SO. HWY ONE,  
GUALALA, CA 95445 • (707) 896-2650

**LITTLE GREEN BEAN**

Mendocino Coast Coffee Roastery  
Roasting Specialty Coffee in Small Batches  
Delivering Often for Freshness and Flavor

240 Main St., Unit D  
Point Arena, CA  
(707)271-3085

**FOUR-EYED Frog BOOKS**

Gualala  
Cypress Village  
Open 7 days  
707-884-1333

Community Owned Bookstore

[www.foureyedfrog.com](http://www.foureyedfrog.com)

**EXECUTIVE BRANCH CRIMINAL ACTIVITIES (1968-2016) BY PRESIDENTIAL ADMINISTRATION\***

PRESIDENTIAL ADMINISTRATION	PARTY AFFILIATION	YEARS IN OFFICE	CRIMINAL INDICTMENTS	CRIMINAL CONVICTIONS	PRISON SENTENCES
Barack Obama	Democratic	2009-2017	0	0	0
George W. Bush	Republican	2001-2009	16	16	9
Bill Clinton	Democratic	1993-2001	2	1	1
George H. W. Bush	Republican	1989-1993	1	1	1
Ronald Reagan	Republican	1981-1989	26	16	8
Jimmy Carter	Democratic	1977-1981	1	0	0
Gerald Ford	Republican	1974-1977	1	1	1
Richard Nixon	Republican	1968-1974	76	55	15

\*Updated as needed between 2017-?

An advertisement in the public interest paid for by a concerned citizen.



# ADVERTISERS INDEX

215 Main	7	KTDE	16
Action Network	12	KZYX	18
Anchor Bay Store	8	Little Green Bean	2
Arena Frame	13	Loft, The	15
Arena Pharmacy	16	Mar Vista	13
Arena Market and Cafe	14	McCann, Peter P.T.	11
Arena Tech Center	18	Mendo Viné	2
Arena Theater	6	MTA	17
Arff Feed and Pet	5	Office Source	15
B Bryan Preserve	9	Oz Farm	14
Banana Belt Properties	front cover	Phillips Insurance	16
Bed and Bone	5	Pier Chowder House & Tap Room	10
Cove Coffee	18	Point Arena Light Station	4
Denise Green	8	Red Stella	10
Dream Catcher Interiors	13	Redwood Coast Chamber of Com.	17
Four-Eyed Frog Bookstore	2	Rollerville Cafe	5
Garcia River Casino	11	Roots	12
Green Room, The	4	Sea Trader, The	7
Gualala Arts	4	Sonoma Clean Power	20
Gualala Building Supply	16	Transformational Bodywork	4
Gualala Supermarket	6	Uneda Eat	10
Healing Arts and Massage	11	Village Bootery	8
Ignacio Health Insurance Services	8	Wellness On The Coast	3
Jaspar Brady	2	Zen House Motorcycles	7
KGUA	14		

# FROM THE EDITOR'S DESK

Laurie Morvan owns the stage at Arena Theater June 24. (Cover, and Page 2).  
 A Musical Note about Coastal Mendocino. (Page 2).  
 Artists Joanne Abreu and Barbara Dunsmoor open up at the Dolphin June 3. (Page 2).  
 A list of our advertisers is here. (Page 3).  
 A Flowers, Food, Fashion, and Fun Luncheon at Gualala Arts June 24. (Page 4).  
 Point Arena Cove's Farmers Market is here. (Page 4).  
 Poet Brian Boldt is at Third Thursday Poetry at 215 Main June 16. (Page 5).  
 Get your artistic side on. Back To Basics of Drawing Workshop June 10, 11. (Page 5).  
 Karaoke Night at Gualala Arts on June 2. (Page 5).  
 Artist and Author Steve Oliff will talk about his new book and more. (Page 6).  
 Shakespeare's Twelfth Night at Arena Theater June 10. (Page 6).  
 Grace O'Malley, Bruce Johnson, and MICA at Gualala Arts June 2. (Page 7).  
 Just to shake you up, there's a new schedule for Coast Community Library. (Page 7).  
 Richie Blue returns to Garcia River Casino June 30. (Page 7).  
 Gualala Arts hosts a tasty fundraiser on June 3. (Page 8).  
 Hitting The Apex is here June 25. It's a fast film at Arena Theater. (Page 8).  
 BAKU performs at Annapolis Winery. (Page 8).  
 Karin Uphoff garnishes this month's Words On Wellness. (Page 9).  
 Quack! Our Audubon treasure of the month is no longer endangered. (Page 9).  
 Animal Care & Welfare. A new column from local animal lover Cathy Rhiem. (Page 9).  
 Three compelling films this month from the Film Club, at Arena Theater. (Page 10).  
 Singer/Songwriter McKenna Faith returns to Garcia River Casino. (Page 10).  
 Mendoviné. A new music venue in Gualala, with wine and food too. (Page 11).  
 The Summer of Love turns 50 this year. See what Gualala Arts has planned. (Page 11).  
 Care to travel a bit south of us? Mt. St. Helena Pilgrimage is set for June 11. (Page 11).  
 David Steffen takes a look at the news; fake and otherwise. (Page 12).  
 Queen of Boogie Woogie, Wendy DeWitt is coming to town. (Page 12).  
 A call out to artists and exhibit ideas from Gualala Arts. (Page 13).  
 Roots is moving. (Page 13).  
 Coast Community Library's schedule for summer reading is here. (Page 13).  
 Local artist Lauren Sinnott visits the Lighthouse for a talk. (Page 14).  
 Beach Watch volunteers needed. Find out more. (Page 14).  
 High Tides is hosting a Patient Appreciation Faire June 24. (Page 14).  
 Call to artists and exhibits from Gualala Arts. (Page 14).  
 Mitch McFarland looks at local government and rules in Scuttlebutt. (Page 15).  
 The new Sudoku puzzle is here. (Page 15). [Answers on Page 9].  
 Discover Our Lands is the theme at the Lighthouse on June 3. (Page 16).  
 Full Strawberry Moon evening tour is planned at Point Arena Lighthouse. (Page 17).  
 Couples—married or not— can try a Cooking workshop June 19. (Page 17).  
 A poem from Third Thursday poet Brian Boldt. (Page 17).  
 Consider phasing or mooning your friends. (Page 17).  
 The crossword puzzle is here with all the clues. (Page 18). [Answers are on Page 5].  
 Speaking of speed, check out Dall's Porpoise. (Page 19).  
 Joel Crockett returns with his book review. (Page 19).

Our thanks to June contributors Joel Crockett, Mitch McFarland, Blake More, Paula Ray Power, Cathy Rhiem, David Steffen, and Karin Uphoff.

**Read the Peddler Online-  
 Its Free & In Full Color!  
[www.thelighthousepeddler.net](http://www.thelighthousepeddler.net)**

Issue #188 June 2017

## Lighthouse Peddler

Dolly Steffen: Publisher, Production Mgr.

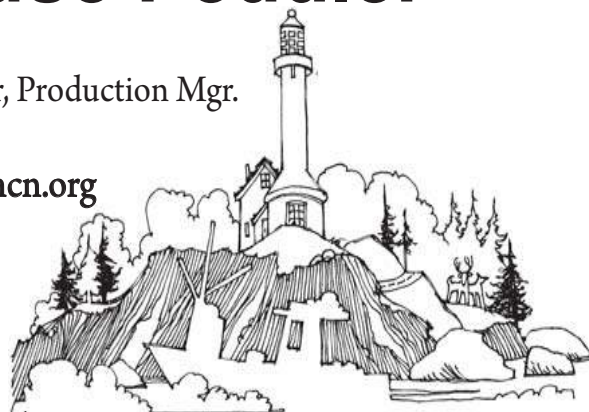
David Steffen: Editor

[lighthousepeddler@mcn.org](mailto:lighthousepeddler@mcn.org)

(707) 684-1894

P.O. Box 1001

Point Arena, CA 95468



[www.thelighthousepeddler.com](http://www.thelighthousepeddler.com)

Backhoe Work  
 Tree Removal  
 Landscaping  
 Milling



Jasper Brady 882-1822

**ENHANCE YOUR  
 HEALTH & VITALITY**

[www.Wellness On The Coast.com](http://www.Wellness On The Coast.com)

See Our Website To Find

20+ Local Bodywork Practitioners  
 and Teachers provide exceptional  
 resources & services

MASSAGE • CRANIOSACRAL • YOGA  
 JIN SHIN JYUTSU • CHIROPRACTIC  
 FACIALS • REFLEXOLOGY • PILATES  
 ACUPUNCTURE AND MORE

DRAGON'S BREATH PRESENTS



**Healing into Freedom**  
Three Thursday Evening Winter Salons each season with Fred Mitouer, Ph.D.

**Somatic Awakenings**  
Private Sessions and classes in Meditation, Pilates & Bodywork with Cheryl Mitouer

**Transformational Bodywork**  
Private Sessions with Fred Mitouer, Ph.D. Classes with Fred & Cheryl in Couple's Massage, Transformational Journeys and Continuing Education for Therapists

To order Fred's book: Wounds into Blessings  
Click Here or go to  
[Transformationalbodywork.org](http://Transformationalbodywork.org)  
707.884.3138  
Email [mitouer@mcn.org](mailto:mitouer@mcn.org) for more info

## An Afternoon Of Flowers, Food, Fashion And Fun Gualala Arts Presents "Bouquets of Summer" June 24

Gualala Arts presents an afternoon of flowers, food, fashion and fun with a "Bouquets of Summer" ladies' luncheon Saturday, June 24.

Renowned author and floral artist Marsha Heckman, who arranged flowers for the Obama administration, is the featured speaker. Early bird tickets are \$35, purchase by June 10. Advanced tickets are \$45, purchase by June 17. Tickets are plus \$5 the day of the event.

VIP sponsorship of the event includes a front row table, a copy of *A Bride's Planner*, souvenir glass, Magnum Korbel at the table, logo and name at the table with a sponsor sign and event and website links. Includes a tax donation letter of \$50. VIP seating and event sponsorship for eight is \$745; VIP seating and event sponsorship for 10 is \$895.

Heckman is the author of eight books, all with How-To components, and she is an expert on weddings, flower arranging, floral art sculpture, event planning and design. Her new book is *A BRIDE'S PLANNER*, published by Rizzoli New York this year. Lunch includes a complimentary glass of Mimosa, Stratta with Mandarin Salad, Coffee and Teas, Wedding Cake dessert.

Attendees may win one of Heckman's bouquets or her recently published wedding planner, local certificates and more and will enjoy a guided tour of the Gualala Arts facilities and surrounding gardens with information about event opportunities for weddings, engagement dinners, family events, and other occasions.

Heckman, from Mill Valley, was honored to be a guest florist at the White House, and personally created bouquets for Malia and Sasha Obama's bedrooms. She was featured speaker at the Museum of Fine Arts, Boston, "Art in Bloom" and a speaker and exhibitor at San Francisco's St. Mary's Cathedral Annual "Festival of Flowers," and "Bouquets to Art" at the DeYoung Museum in San Francisco.

Marsha is a popular returning speaker to Gualala Arts and has appeared at the local Frog Song Garden Fundraiser Event as well as giving demonstrations and book signings at The 4-Eyed Frog Bookstore. She regularly gives talks on flower arranging, floral art sculpture, and weddings,

and conceived of and exhibits at the annual Mill Valley Community Center's Dia de los Muertos celebration. Heckman is a certified Soul Collage instructor and an Airbnb Superhost.

Heckman's newest book, *A Bride's Planner*, is a bridal book that allows flexibility for the user/bride to make each element of the wedding her own. From ideas and inspiration to keeping track of guests and gifts; from engagement celebration to thank you notes and honeymoon photos, the bride and planner has information at hand instantly about every aspect and each person involved.

Tickets will be available at [BrownPaperTickets.com](http://BrownPaperTickets.com) or by calling 1.800.838.3006 or in person at the Gualala Arts Center or Dolphin Gallery.




**Gualala Arts**  
SINCE 1961  
707.884.1138  
[GualalaArts.org](http://GualalaArts.org)  
46501 Old State Hwy  
Gualala, CA

**Fri. 6/2 Opening Receptions 5-7 pm**  
Thru 7/2 **Ocean & Sky: Portraits of Nature** *free*  
Photographer Grace O'Malley  
Elaine Jacob Foyer & Mohr Mezzanine

Thru 6/25 **Conversations in Clay**  
Mendocino Inland Ceramic Artists Guild  
Burnett Gallery

**Sat. 6/3 Dolphin Gallery 5-7 pm**  
**Distinctive Gourds & Embellished Quilts** *free*  
JoAnne Abreu & Barbara Dunsmoor  
Thru 6/25 Dolphin Hours 10 am- 5 pm, Wed-Mon

**Sat. 6/2 First Friday Karaoke 7:30 pm**  
**Coleman Hall**  
\$5 at the door  
17 and under FREE with paying adult

**Sat 6/3 Gualala Arts Fundraiser: A Terrific Taste of Tuna 6 pm**  
\$95 in advance + \$5 day of  
4-course dinner, fresh caught tuna  
\$50 tax deductible donation letter  
Reservations at [BrownPaperTickets.com](http://BrownPaperTickets.com)

**Sat. 6/10 Call for Performers noon-2 pm "1967 Musical Review"**  
Ages 9 and up  
Lip Sync, Karaoke, or Live!  
Music from 1965-68  
COLEMAN HALL

Fundraiser, Gualala Arts Garden Guild & Soroptimist International  
**Sat. 6/24 "Bouquets of Summer" 11:30 am- 3:30 pm**  
Author & Flower Expert  
**Marsha Heckman**  
\$35 Early Bird by 6/10 On theme flower arrangements  
\$45 Advance by 6/17 for summer events, weddings  
+ \$5 day of

**Purchase advance tickets at [BrownPaperTickets.com](http://BrownPaperTickets.com), 1.800.838.3006 or at Gualala Arts Center or Dolphin Gallery VISIT [GUALALAARTS.ORG](http://GUALALAARTS.ORG) FOR DETAILS**

**Open 10 am – 4 pm weekdays  
Noon – 4 pm weekends**

**Point Arena Lighthouse**

*"Climb to the Top!"*

- ♦ Tower Tours
- ♦ Museum
- ♦ Gift Store
- ♦ Lodging

Open Daily  
10:00am-3:30pm  
45500 Lighthouse Rd.  
Point Arena  
(707) 882-2809

[pointarenalighthouse.com](http://pointarenalighthouse.com)



"Subtlety may deceive you; integrity never will."  
Oliver Cromwell

**the green ROOM**  
Cannabis Wellness on the Mendocino Coast

**GROW YOUR OWN!**  
COME IN AND CHECK OUT OUR GREAT SELECTION OF **CLONES!**

Locally Grown. Locally Produced. High Quality Cannabis Medicine.

Get your doctor's recommendation online for \$49 at  
**CannabisMendocino.com**  
138 Main St, Point Arena | (707)320-1918 | Tues-Sat 11-6

## Point Arena Cove Farmers Market Friday Afternoons Through October

Oz Farm is bringing back the Point Arena Cove Farmers Market! The Market runs each Friday, from 3:00pm to 6:00pm, through October 28th.

Oz is always on the lookout for farmers, musicians, food vendors and crafts people . . . so feel free to spread the word! Anyone interested in participating in the Market can contact Dean at Oz Farm ([dean@ozfarm.com](mailto:dean@ozfarm.com)).

They are going to have farmers supplying a diverse selection of mixed fruits and vegetables both local and

organically grown. They will have tables showcasing local arts and crafts, and rotating musicians playing eclectic genres of acoustic music. Food vendors will sell warm plates of food while Uneda Pizza and chowder house will be open for meals and drinks. The Friday afternoon market is modeled after the Occidental market that sets the weekend off on the right foot for folks. It's a place to be social, get some local food, and check out the sunset.

The Point Arena Cove Farmers Market is at 790 Port Road in Point Arena. Look for the signs along Highway One towards the south end of town pointing toward the cove.



**Sonoma County Poet Brian Boldt  
At Third Thursday  
Poetry & Jazz Reading, June 16  
by Blake More**

On Thursday, June 16, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Sonoma poet Brian Boldt. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Santa Rosa poet Brian Boldt has published two collections of poetry: "One Never Knows, Do One?" (Running Wolf Press, 2001), and "Staying in and Other Poems" (Green Fuse Press, 2016). His poems have appeared in dozens of periodicals including "The Progressive," "The Moment," "Broadside," and "Portland Poetry Review." His writing is often satirical and political. The "Anderson Valley Advertiser" called him "the best poet in Sonoma County."

Brian Boldt has been writing and publishing poetry since 1967, when he wrote his first poem, about the war on Vietnam, in which "Lyndon Johnson's words/turn to ashes in his mouth." From 1989-1997 he edited and published the political and environmental poetry journal "Green Fuse." He taught English classes at Santa Rosa Junior College for 28 years until his retirement in 2014 and previously taught at Quinnipiac University in Connecticut and Sonoma State University.

Before his teaching career he wrote and edited for corporations (from which he was lucky enough to escape) in Oregon and California.

*Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.*

A sample of Brian Boldt's poetry—"A Moment, Spring, Sonoma"—can be found on page 17 of this issue of the Lighthouse Peddler.

**Back To The Basics Of Drawing  
A Workshop At Gualala Arts  
June 10, 11**

This two-day workshop is designed for both intermediate-level artists to revisit and firm up their drawing foundations and for raw beginners to get off on the right foot toward sketching and drawing independence. The class will be Saturday, June 10 through Sunday, June 11, from 9:00am to 3:30pm. Members cost is \$80, non-members \$100. Those interested can check for class availability and download a materials list at GualalaArts.org/workshops.

Through demonstrations, hands-on practice, and PowerPoint examples, participants will discover—or rediscover—the drawing process, value, light and shadow, negative space, and proportion with just a few basic materials.

Henderson said his emphasis will be on the reasons behind the basics, the problems of converting a three-dimensional world into a two dimensional medium, the interplay of the organics of graphite and paper texture, and pencil control to achieve highly defined details and effects that enhance the appearance of depth. The goal is for each participant to add skills and knowledge to their personal resources that will help them not only produce satisfying drawings, but also achieve a greater confidence in their own artistic expression.

A few words about the required work-



shop art materials. Henderson says he put the materials list together not only because it is a reasonable drawing kit containing the items he uses most, but also because the workshop is designed to show individuals the use and the effects possible with each of these specific items. Henderson does ask that students come prepared in order to make the most of the workshop.

Michael Henderson, Mendocino coast resident since 1977, says he finds artistic expression through a wide range of art media. He began sketching in his early teens and is mostly self-taught. Along with a few high school and college art courses, he has developed a working familiarity with such media as sculpture, ceramics, block printing, and photography. He has painted in acrylics and watercolor and drawn in graphite, charcoal, carbon, Conté crayon, India ink, and colored pencil. Info is at gualalaarts.org.

**LocalEyes Presents  
Karaoke Night  
Each First Friday at Gualala Arts'  
Beginning June 2**

What's more fun than hanging out with your besties and belting out your favorite tunes? LocalEyes presents First Friday Karaoke at Gualala Arts Center starting Friday, June 2, at 7:30pm and the first Friday of each month after that, through May, 2018. Cost is \$5 at the door. There will be a no-host bar and snacks available for purchase.

Arlene Peterson of Manchester has been a karaoke DJ for more than 20 years, host-

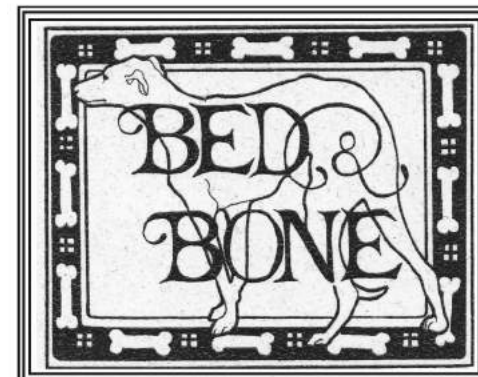


ing events in Point Arena and up and down the coast. With over 80,000 songs, vocalists-to-be are sure to find some current hit, golden oldie, or hidden treasure to bring out their inner voice.

The venue will be sectioned off in Coleman Hall with cocktail tables and low lighting to provide a little intimacy and cozy feel for those who are shy to take the stage.

Invite your friends, family, and even those cool new neighbors you've been meaning to have over. The more the merrier! Scheduled dates are:

2017	2018
June 2	Jan 5
July 7	Feb 2
Sept 1	March 2
Oct 6	April 6
Nov 3	May 4
Dec 1	



**Lodging for Paws**  
Boarding Grooming  
882-2429  
PO Box 174 Point Arena 95468  
www.bednbone.com

Alysia Calkins & Dorothy Barrett's

**Rollerville  
Cafe**

882-2077

Outdoor Deck

Delicious Caring Homestyle Fare  
Monday - Thursday 8 a.m. - 2 p.m.  
Friday & Saturday 8 a.m. - 7 p.m.  
Sunday 8 a.m. - 2 p.m.

2 minutes north of Point Arena on  
Hwy. One at Lighthouse Road

**Save the Date!!**

150<sup>th</sup> Anniversary of the founding of  
Manchester School District

**7<sup>th</sup> Annual  
Manchester School  
BBQ Fundraiser**

**Saturday, July 15, 2017  
1:00-5:00 PM  
Greco Field, Manchester**



**Solution to Crossword:**

**ARFF  
FEED & PET  
SUPPLIES**

**(707) 884-1832 • Mon-Fri 10-5 Sat 10-3**

**Hwy 1 and Pacific Woods, Gualala, CA**





**ARENA THEATER**

[arenatheater.org](http://arenatheater.org)

June 2017

**Blues on the Coast**

**Laurie Morvan Band**

**Saturday June 24 8:30 PM**

Arena Theater's

**Summer Theater Camp**

July 17 - July 28

Limited Space - Enroll Now

**3rd Monday Music**

**Monday June 19 8 PM**

**Open Mic Night**

...

**National Theatre Live**

**Saturday June 10 1 PM**

**Twelfth Night**

...

**Community Film Event**

**Sunday June 25 2 PM**

Zen House Motorcycles present

**Hitting The Apex**

...

**Arena Theater Film Club**

Mondays 7 PM

June 5 *Altered States*

June 12 *Mary Jane A Musical*

Potumentary

June 26 *I'm Not Your Negro*

214 Main Street Point Arena

## Local Author Steve Oliff

### At The Four-Eyed Frog Bookstore June 24

Four-Eyed Frog Books is pleased to host local author (and coastal favorite) Steve Oliff at a 'meet the author' event Saturday, June 24 at 4:00pm. Oliff will be speaking about and sharing his new local interest book, *Guide Dog for the Coastally Curious*. He will also be talking about his longtime, award-winning career in graphic novels. Oliff will share stories of working with such legends as Neil Gaiman and Alan Moore, show some unreleased artwork



from his Hugo-award winning graphic novel with Neil Gaiman, and will also offer a free copy of his new *Armature* comic to everyone who buys a copy of his new book at the event. Having seen and read Steve Oliff's works for years, it's a time to spread the word to everyone we know who is a graphic novel or sci-fi/fantasy friends, this is going to be a barn-burner!

Oliff's first Marvel Comics' job was coloring Bill Sienkiewicz's first Moon Knight story in *The Hulk! Magazine*. From there he went on to color hundreds of titles in a variety of coloring formats.

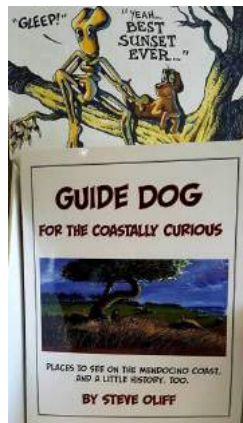
His company, Olyoptics, was one of the first to use computers to do color separation. Although other companies at the time were experimenting with computers, Oliff and his crew were the first to blend the color guide artist with the separator.

In 1987, the Japanese manga *Akira* was

in preparation to be translated and published by Marvel Comics' Epic Comics line. Oliff was chosen as the colorist, and he convinced Marvel that it was time to try computer color. After the publication of *Akira* in 1988, computer coloring became increasingly prevalent in the comics industry.

In addition to coloring thousands of comic pages for all sorts of companies, Oliff has written two comic books, *Armature* and *Armature: Darkpark and Lightworld*, and is currently writing the third in his series. The *Armature* character first appeared in ads in *Spawn* and *Youngblood* comics, and in a back-up story in issue 14 of *The Maxx*. From 2003 to the present, *Armature* has been a weekly comic strip in our local newspaper, the *Independent Coast Observer*.

In 2005, Oliff collaborated with Cheri Carlstedt on a history of his hometown, Point Arena, California. The *Early Days of Point Arena: A Pictorial History of the City and Township* was published by Olyoptics. He also edits the Mendocino County Historical Society newsletter.



Oliff has earned numerous awards; including the "Best Colorist" Eisner Award in 1992, 1993, and 1994 and the "Best Colorist" Harvey Award in 1990, 1991, 1992, 1994 and 1995.

Four-Eyed Frog Books is a locally and community-owned bookstore. The store is in Cypress Village in Gualala. Information is at (707) 884-1333.

## Shakespeare's Twelfth Night

### At Arena Theater June 10

"A ship is wrecked on the rocks. Viola is washed ashore but her twin brother Sebastian is lost." And so begins the description of the next production from National Theatre Live from London, coming to Arena Theater Saturday, June 10, 1:00pm. That teaser about a shipwrecked ship is from *Twelfth Night*, by William Shakespeare.

Tamsin Greig is Malvolia in a new twist on Shakespeare's classic comedy of mistaken identity. Determined to survive on her own, Viola steps out to explore a new land. So begins a whirlwind of mistaken identity and unrequited love.

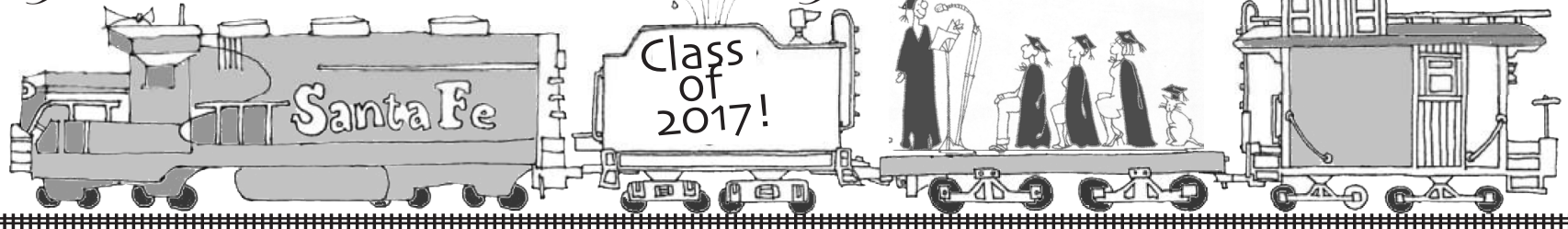
The nearby households of Olivia and Orsino are overrun with passion. Even Olivia's upright housekeeper Malvolia is swept up in the madness. Where music is the food of love, and nobody is quite what they seem, anything proves possible.

Simon Godwin (NT Live's *Man and Superman*, and *The Beaux' Stratagem*) directs this joyous new production with Tamsin Greig (*Friday Night Dinner*, *Black Books*, *Episodes*) as a transformed Malvolia. An ensemble cast includes Daniel Rigby, Tamara Lawrence, Doon Mackichan and Daniel Ezra.

For more information on this event, other productions of National Theatre Live, or to see all of the events at Arena Theater, visit the [www.arenatheater.org](http://www.arenatheater.org). You'll find a full schedule of all events. Tickets are \$18 general, \$5 youth (18 and under). Run time: 3 hours, including a 20 minute intermission.



# CONGRATULATIONS GRADUATES!



SENIOR DISCOUNT  
EVERY MONDAY

WE ACCEPT  
EBT CARDS



# GUALALA SUPERMARKET

Your FULL SERVICE Grocery  
... with High Quality  
Fresh Meats & Vegetables

SUNDSTROM

MALL, GUALALA

884-1205

Monday- Saturday 7AM -9PM Sunday



## Grace O'Malley, Bruce Johnson, and MICA Opening at Gualala Arts Center June 2

Opening at Gualala Arts Center in June are photographer Grace O'Malley with sculptor Bruce Johnson and the Mendocino Inland Ceramic Artist Guild (M.I.C.A.). The opening reception is Friday, June 2, 5:00pm to 7:00pm at the Arts Center and is free to the public. A no-host wine bar and appetizers will be served.

In the Elaine Jacob Foyer and on the Mohr Mezzanine, O'Malley's exhibit "OCEAN & SKY" is a photographic study of the spectacular, rough-hewn Sonoma County coastline. For this exhibition, the artist said she has created an unusual collection of seascapes and skies in a wide range of art forms: whether literal representations, abstracts, or photoimpressionist interpretations.

Her large images are presented behind clear, high-gloss, 1/4" plexiglass. The plexiglass draws light

into the print, making it almost 3D. The face-mounted, modern, frameless prints appear to float off the wall because the back-frame is hidden.

O'Malley said her evocative photographs reflect her focus on collecting the right details, contrasting subtle hues, and creating minimalist "light-scapes." She exercises the powers of color, seeks and captures dramatic moments, blurs related tones in mesmerizing ways, and artfully suspends the motions and textures of nature, she said.

Bruce Johnson is a well-known sculptor, Timber Cove resident, friend and neighbor of Grace O'Malley. Johnson is collaborating with O'Malley to create a unique exhibit that echoes the rugged Sonoma Coast, she said.

The photographs will hang on special panels created by Johnson for this exhibit, and the dark slate floors of the Art Center foyer will be punctuated by Johnson's "abstract black cypress boulders" created from the remains of a massive tree that once stood behind the

Stewarts Point Store. Nature on the walls and nature on the floor.

To see more of O'Malley or Johnson's work please visit: [GraceOMalleyPhotography.com](http://GraceOMalleyPhotography.com) and Bruce Johnson at [formandenergy.com](http://formandenergy.com).

Mendocino Inland Ceramic Artist Guild, M.I.C.A., presents "Conversations in Clay," a

juried group show of its members in the Burnett Gallery. Each artist exhibiting will be showing a body of work in his or her particular style, including high-fire and soda-fired functional ware, Raku, low-fire and

high-fire sculpture. The group is diverse and creating noteworthy ceramic pieces. "Conversations in Clay" is an exhibit of ceramics,

both functional and sculptural. Each artist has and is developing and defining his or her current aesthetic in the body of work he or she is presenting. The group supports and

encourages personal development with clay as individuals refine their skills, techniques, style and firing methods. These style differences add diversity to the group while sharing a common love of the medium.



This exhibit in -

cludes artists Satako Barash, Doug Kell, Heather Law, Gail Rushmore, Barbara Voohries, Diane Clifton, Debra Haber, and Jacob Troester. This exhibit remains in the gallery through June 25.

Note:

Top: Grace O'Malley  
Middle: Bruce Johnson  
Bottom: Heather Law



## Coast Community Library Adjusts Schedule

Most of us have heard about the need to keep the building on Main Street housing the Coast Community Library safe for all of its users. But there is also the need for locals and visitors to access the library and its many materials and services. With the current earthquake retrofit underway, the library has announced plans to be open as much as possible during retrofit construction work. Hours open have changed, but we're advised to be prepared for last minute closures that may occur. It's a good idea to call for updated hours information. The library phone is 882-3114. There's also the library's website at [www.mendolibrary.org](http://www.mendolibrary.org). As of press time, the hours are:

Monday:	Noon to 6:00pm
Tuesday:	Noon to 6:00pm
Wednesday:	Noon to 6:00pm
Thursday:	Noon to 8:00pm
Friday:	Noon to 6:00pm
Saturday:	Noon to 3:00pm

## Richie Blue Returns June 30 To The Garcia River Casino

Looking for a way to kick off your July 4th weekend? Garcia River Casino presents Richie Blue to start the weekend off just right. Friday June 30th Richie and his band bring their brand of country, rhythm and soul to the stage at the Casino.

A recent inductee into The Blues Hall of Fame and recipient of the Lifetime Achievement Award from the Bakersfield Country Music Association, Richie Blue brings his blistering guitar playing and heart and soul vocals for a night of rock 'n' soul fun. Blue's music has taken him to his current status as one of the top drawing acts on the club and festival circuit all over California, the northwestern states, Canada, and Mexico. Although rooted in the blues, Richie Blues brand of music is a blend of rock-a-billy,



country swing, New Orleans swamp, and soul.

There's always something going on at the Garcia River Casino, a few minutes from downtown Pt. Arena at 22215 Windy Hollow Road. More at (707) 467-5300 and [www.thegarciarivercasino.com](http://www.thegarciarivercasino.com).

# 215 main

-IN POINT ARENA-

BEER • WINE • FOOD  
LIVE ENTERTAINMENT

707-882-3215

*The Sea Trader is a fine emporium of delightful and heart-felt gifts including beautiful handcarved sculptures from Thailand, spiritual books, greeting cards, CD's and much much more. . . .*

884-3248 Hwy. One, N. Gualala  
Daily 10-5, Sun. 11-5

"Share your knowledge. It is a way to achieve immortality."

Dalai Lama

TheZenHouse.net

Point Arena  
707-882-2281  
Wed - Sat: 10am - 6pm Sun: 10am - 1pm



## Like Fresh Tuna For Dinner? This Gualala Arts Fundraiser Is For You. Saturday, June 3

Gualala Arts' fundraising dinner "A Terrific Taste of Tuna!" promises four-course fine dining with a huge payoff for much needed kitchen improvements at the Arts Center. The dinner fundraiser is Saturday, June 3 at 6:00pm in Coleman Hall. The menu includes an appetizer of Ahi sushi rolls, a salad of Ahi poke with salad greens, followed by a main course of Sesame Udon noodles, Seared ahi with mango salsa, and a green vegetable. Dessert will be a chocolate macadamia nut tart.

Preparing a delicious dinner like this takes more than talented people. It also needs the right equipment. "Gualala Arts commercial grade kitchen is always in need of upgrades," said Executive Director David "Sus" Susalla. "Right now our 10-year-old ice machine needs to be replaced for an estimated \$4500." Susalla said proceeds from the dinner will help procure a new ice machine "so the next time you are at Gualala Arts and have a cold drink you can feel good that this dinner helped with chilling



beverages and keeping our food healthy for years to come."

For Diners, the centerpiece of the dinner will feature red tuna caught and donated by local fisherman Bob Jacobs. There will be appetizers and a no-host wine bar beforehand with dinner service happening about 6:45pm. Tickets are \$95.00 (dinner tickets are valued at \$45 and include a tax-deductible donation letter of \$50 per ticket.) Reservations only at BrownPaperTickets.com or at 1-800-838-3006 or in person at Gualala Arts Center. Seating for the dinner is limited to 50.

"So, if we lie to the government, it's a felony. But if they lie to us its politics."

Bill Murray

## "Hitting The Apex" A Film Celebrating The Sport Of Motorcycle Riding June 25 at Arena Theater

*Hitting the Apex* documents MotoGP mania. Celebrating the sport of motorcycle riding, the Zen House Motorcycle Shop in Point Arena will be hosting a special screening of Mark Neale's documentary "Hitting The Apex," at Arena Theater on Sunday, June 25, at 2:00pm doors open at 1:30pm and tickets are \$10.

Narrated and produced by Brad Pitt, the 2015 film traces six of the fastest motorcycle



racers in the history of MotoGP, Valentino Rossi, Jorge Lorenzo, Marc Marquez, Dani Pedrosa, Marco Simoncelli and Casey Stoner, documenting the fates that awaited them at the peak of the sport. It's the story of what can be won and all that can be lost when chasing glory at over two hundred miles an hour on a motorcycle, and the "result is a masterwork of motorsports filmmaking,



a lushly shot love letter to the racers on the MotoGP circuit and a nail-chewing drama about the men and the machines fighting for the world championship," wrote Charles Fleming of the LA Times.

"All MotoGP fans are encouraged to ride the incredible twisty roads that lead to Point Arena, visit the shop, then enjoy this epic film," says Zen House owner and event organizer Kelley Litle. "If you've already seen the film, you know you want to see it in a theater on the big screen. The film will deepen your love of this amazing sport." The screening is open to the public and motorcycle fans of all ages. For additional info visit TheZenHouse.net. And while on the coast, visit The Zen House at 170 Main Street in Point Arena.

## The Music Of BAKU At Annapolis Winery, June 18

In celebration of Fathers Day, Sunday, June 18th, from 1:00pm-4:00pm, the Mendonoman jazz-fusion ensemble, BAKU, will be bringing its distinctive sounds to Annapolis Winery.

BAKU is dedicated to the art of spontaneous composition, combining contemplative, ambient structures and melodies with a strong yet relaxing rhythmic pulse. "Jambiant Soundscapes," their self-styled musical hybrid, is a fusion of jazz, Afro beat, Middle Eastern and other influences and rhythms.

BAKU was selected as the name of the group to honor the capital of Azerbaijan, which marks the crossroads of Western Asia and Eastern Europe and the region's diverse rich cultural and musical influences. For the band, every performance is a celebration of discovery as they joyfully take themselves and their audience on an unpredictable and unforgettable musical journey.

BAKU includes the following musicians: Harrison Goldberg, saxophones and percussion; Chris Doering, 7-string guitar and guitar synthesizer; David French, upright bass and percussion; Nancy Feehan, cajon and percussion.

Admission to this event is free..me to this performance with family and friends and share a picnic while enjoying delicious Annapolis wines in a beautiful rustic setting.

The winery is an 8 mile drive up Annapolis Road from Highway One at The Sea Ranch and the Pacific Ocean, at an elevation of about 1000ft. The address is 26055 Soda Springs Road, Annapolis, CA 95412. (707) 886-5460. The winery is on the web at [www.annapoliswinery.com](http://www.annapoliswinery.com).



## We Have Sandals!



## Village Bootery

Open Daily 11:30 - 6:00

Across from Seacliff

GUALALA

884-4451



## ANCHOR BAY STORE

featuring a full line of  
Organic & Conventional Foods  
Beer & Wine Camp Supplies

MON- SAT 8-7  
SUNDAY 8-6

884-4245



## JIN SHIN JYUTSU

Gentle and Powerful Relief for:  
Pain

Stress

Allergies

Since 1981

DENISE GREEN, CMT

882-2437

35512 S. Hwy 1, Anchor Bay

Across the street from the  
Anchor Bay Store

Vanessa Ignacio  
Agent / Broker

884-4640

Get Covered, Now!

[vanessa@ignaciohealth.com](mailto:vanessa@ignaciohealth.com)

0K08156 | 0H53499

INDIVIDUAL, FAMILY & SMALL BUSINESS  
HEALTH INSURANCE PLANS



KEEP  
CALM

AND CALL

VANESSA

ignacio  
health  
insurance services



## Words on Wellness

by Karin Uphoff

The Gift of Garnish: Remember when every plate of food you ordered at a restaurant came with a sprig of parsley? Often it stood out as the only bright green item of the meal, even when it was off-color and droopy. When I was a kid I would eat my garnish first and then ask anyone else in the family for theirs if they weren't going to eat it – they gladly passed it on to me. Later I realized that this instinctual reach for the green was just my way of satisfying the need for mineral rich nutrition and may have been the healthiest portion on my plate! Today, dining has expanded its repertoire with colorful flowers like nasturtium, mustard, calendula, violets and a variety of greenery gracing the plate. While this décor is seldom washed, it still might be one of the more nutrient-dense items of your meal and worth eating. In any case – you can get into the healthful habit of garnishing your meals at home.

Summer is the time to celebrate the beauty and bounty of the year and encourages us to extend that into the most mundane aspects of our lives. A fun way to do so is adorning your meals with flowers or their petals: rose, calendula, violet, pansy,



lilac, borage, rosemary, lavender, sunflower, English daisy, fennel, dill, chicory, bee balm, edible chrysanthemum, honeysuckle, cornflower, all sages, chive, dandelion, clover, jasmine, elderflower, orange/citrus, oregano and chamomile. Most flowers from your vegetable patch like cabbage, chard, kale, cilantro, collards, carrots, lettuce (all the ones that bolt on you!) dress-up your food as well. The same simple meal or snack can transform into art and feel like a fine-dining experience.

Best of all – eating the decoration boosts your antioxidants and provides pigments that nourish your vision. Besides, their chemical complexity imparts wild-world information to your ever-engaged immune system. Flowers are too delicate to wash, just dust them off a bit because they carry minute amounts of pollen and soil microbes that strengthen your intestinal flora (where much of our immunity is). Naturally, you don't want to pick wild foods along roadsides and places that spray. Green garnishes like parsley, cilantro, citrus peel, oregano (all the culinary herbs) usually do get rinsed and add extra zest to the plate as well. Garnishing is playful and will add joy to your meals.

## The Wood Duck Back From The Brink

The male Wood Duck is a thing of splendor. His glossy green head sports a slicked-backed crest. His bright red eye is the largest eye of all ducks and the color matches the color of his bill. His wings and long tail are dark blue. The female is gray with a white tear drop around the eye. In flight, the head is held high with the bill pointed downwards. A Wood Duck is about half the size of a Mallard.



Wood Ducks are found in ponds, marshes and rivers near dense woods. They are a dabbling duck. Around 90 per cent of their diet is plants (they love duckweed). They also will eat aquatic insects, snails and tadpoles, and will wander inland to forage for acorns.

Courtship can begin as early as fall. In spring, the bonded pair return the female's previous nesting grounds. "Woodies" have the ability to clutch branches with their toes and claws, and can perch in trees. They nest

in a tree cavity 30 to 50 feet above ground. The female lines the nest with her downy feathers and lays 8-14 creamy white eggs.

A day after hatching, the female calls to chicks from the ground. The chicks respond by jumping out of the tree cavity and floating like puffballs down to the ground, where they follow the female to the safety of the water.

The Wood Duck nearly went extinct in the early 1900's, the victim of habitat destruction and hunting. Protective measures were put in place, and it now is listed as a species of least concern, according to Cornell University's All About Birds website.

*Our thanks to the Mendocino Coast Audubon Society for contributing this article. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at [www.mendocinocoastaudubon.org](http://www.mendocinocoastaudubon.org).*

## Animal Care & Welfare

by Cathy Rhiem

Most of us who have animals are seriously concerned about their health and welfare, and consider ourselves their advocates . . . but what does this really mean? For me, it means taking responsibility for learning and staying informed about the best ways to care for them. These essays will cover a wide range of issues: pet identification, laminitis in horses, pre-surgical bloodwork, egg-bound chickens, perceiving pain and pain management, heartworm disease, pet hospice care, goat hoof trims, leptovirus, preventive care, homeopathic treatments and more! I plan to interview people who have chosen to learn to care for animals professionally (farriers, kennel owners, veterinarians, trainers) and people who go the extra step personally (foster parents, shelter volunteers).

In addition to the contributions of local animal professionals, I will draw on my own education and experience. After grad-

*"As a confessed advocate for pets and their health, I'm addicted to learning."*

uating from the University of Georgia with a major in Equine Reproduction, I was a Veterinary Technician II in the UGA Large Animal Teaching Hospital, drawing blood, placing IV catheters and maintaining IV fluids, treating colic and laminitis patients, consulting on equine rider-related lamenesses and giving demonstrations to vet students on rumen fluid extraction. Then I moved to the mountains of Colorado and worked for a small animal/large animal/exotics veterinarian where we not only made a wide range of ranch calls (from dairy and beef production operations to llama hobby farms, including a Bactrian camel breeder), but we also provided small animal surgery and emergency services. Here in California, I've worked for small and large animal veterinarians and been the trainer, hoof trimmer, veterinary technician and more at an exotics preserve. My entire life has been spent with horses (raising, training, showing and treating), both personally and professionally. AND I have the most wonderful and very popular 'patient', my yellow Lab, Rex (pictured right).

I'm honored to be asked to write these articles. As a confessed advocate for pets and their health, I'm addicted to learning, and am currently obtaining an Associate's degree in Veterinary Technology. I also at-

tend every conference and seminar I possibly can to keep current on information. Advocating for our animals means just that—staying informed. I know enough, by now, to know that I'll never know everything.

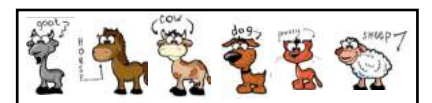


### B. BRYAN PRESERVE

POINT ARENA, CALIFORNIA

110 acre conservation center  
dedicated to the breeding and preservation  
of endangered African hoof stock.  
Visits available at 9:30 am and 4:00 pm  
by reservation only.  
Stay with us in the comfort and style of one of  
our eco-friendly cottages.

**GO LOCAL**  
707-882-2297  
[www.bbryanpreserve.com](http://www.bbryanpreserve.com)



8	5	1	9	7	2	4	3	6
2	7	9	4	6	3	5	1	8
3	4	9	1	8	5	2	6	7
4	6	3	7	5	8	6	1	2
1	2	7	9	3	6	8	4	5
5	6	9	1	2	4	7	3	8
6	3	5	8	2	1	7	4	9
9	8	4	3	9	7	6	5	1
7	1	2	5	4	9	3	8	6

**Solution to Sudoku:**



**UNEDA EAT**  
AN OCCASIONAL CAFE

wednesday -saturday 5ish-8ish  
food to take out or eat in  
Dinner menu changes weekly  
206 Main St. Pt. Arena  
707-882-3800  
also home of Pangaea Catering  
www.unedaeat.com

check out our encased meats

red stella ★

H  
O  
M  
E

Cypress Village  
884-1072 Gualala

"When you are dead, you don't know that you are dead. It is difficult only for the others. It is the same when you are stupid."  
(unknown)

THE PIER  
**Chowder House**  
AND TAP ROOM

Open Every Day • 11AM to 9PM  
Make Reservations Now For Our Fireworks Dinner  
Saturday, July 1st • 3-course meal • \$55 (+ tax & gratuity)  
Includes dinner, entrance & parking after road closure, and fireworks viewing from our deck! (Admittance fee extra)

EAT LOCAL  
Humboldt Coast

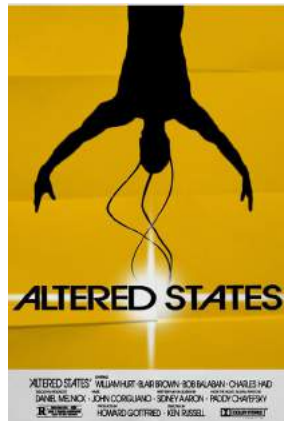
Call For Reservations: (707) 882-3400  
790 PORT ROAD (THE COVE) IN POINT ARENA

## Paddy Chayefsky, Mary Jane, and James Baldwin Three Compelling Films In June From Arena Theater Film Club

It's always interesting to look back on films that we watched when first released twenty or thirty years earlier. In a theater. In the dark. With other popcorn-eating film lovers. While the comedies usually brought collective laughter, other films brought out other responses. Those *other* films that caused us to gasp, or that sent a chill down our spine. Films like *Altered States*

In the month's first Film Club offering, Harvard scientist Eddie Jessup's (William Hurt) mind-altering experiments on himself, involving a hallucinatory drug and an isolation chamber, get out of control when his handiwork shuttles him back and forth on the evolutionary spectrum—from human to ape-man. *Altered States* serves up equal parts sci-fi action film, 1960s psychedelic trip, and farce. The film was based on a Paddy Chayefsky novel and received Oscar nominations for music and sound. Had there been a category it might have been nominated for chills too. The film screens Monday, June 5, 7:00pm. The 1980 film, directed by Ken Russell, stars Hurt, Blair Brown, Bob Balaban, Charles Haid, and Miguel Godreau. It's rated 'R' for some nudity, sex, violence, and language and has a runtime of 102 minutes.

While a bit of a change of pace, the second film this month is a return, of sorts. Many of us can recall when *Mary Jane: The Musical*, the live stage performance came to Arena Theater. This time Humboldt County's

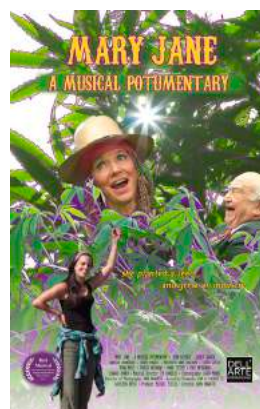


Original Musical has moved from the stage to the screen.

In 2011, Dell'Arte International staged the world premiere of *Mary Jane: the Musical* at its annual Mad River Festival in Blue Lake, California. The play was performed at Arena Theater in May of 2015.

The show featured Humboldt County-centric characters facing various issues in the marijuana milieu. *Mary Jane* quickly gained notoriety, sold out all its performances, and became the highest-grossing show in Dell'Arte's 35-year production history.

Now, in partnership with Emmy-nominated filmmaker, John Howarth, Dell'Arte has transformed *Mary Jane: The Musical* into a film exploring different facets of the marijuana industry in Humboldt County and examines all aspects of the local pot culture, from its regional economic importance to the grim particulars of violence and environmental degradation. The film re-imagines the stage play as a movie, and includes documentary footage



of the marijuana-growing world to illustrate the reality behind the fiction.

The Los Angeles Times offered this: "Behind its original songs and humor, the play about marijuana cultivation is a bittersweet, multi-generational tale that celebrates the plant while laying bare the industry's dark side."

*Mary Jane: The Musical* screens Monday, June 12, 7:00pm. The film is not rated and has a runtime of 112 minutes.

On June 26, the Film Club's final selection shifts into documentary mode. In 1979, James Baldwin wrote a letter to his literary agent describing his next project, *Remember This House*. The book was to be a revolutionary, personal account of the lives and successive assassinations of three of his close friends—Medgar Evers, Malcolm X and Martin Luther King, Jr. At the time of Baldwin's death in 1987, he left behind only thirty completed pages of his manuscript.

Now, in his incendiary new documentary, master filmmaker Raoul Peck envisions the book Baldwin never finished. The result is a radical, up-to-the-minute examination of race in America, using Baldwin's original words and flood of rich archival material.

*I Am Not Your Negro* is a journey into

black history that connects the past of the Civil Rights movement to the present of

#BlackLivesMatter. It is a film that questions black representation in Hollywood and beyond. And, ultimately, by confronting the deeper connections between the lives and assassination of these three leaders, Baldwin and Peck have produced a work that challenges the very definition of what America stands for.

*I Am Not Your Negro* screens at 7:00pm on June 26, is rated 'PG-13' and has a runtime of 93 minutes.

*I Am Not Your Negro* screens at 7:00pm on June 26, is rated 'PG-13' and has a runtime of 93 minutes.

### McKenna Faith Returns To Garcia River Casino, Saturday June 3

McKenna Faith returns to the stage at Garcia River Casino in Point Arena Saturday, June 3, with music beginning at 8:30pm. Faith is a country music singer/songwriter and recording artist, originally from Northern California. A champion barrel racer, she began performing the National Anthem at half-time shows before deciding to move to Nashville to pursue her career in music full-time.

Faith has toured the nation with country's biggest names, was the number-one selling Independent Female Country Artist on iTunes, and her debut single to country radio, "Somethin' Somethin'", cracked the Top 100 on the country charts.

Faith has headlined sold-out shows at fairs, casinos, and nightclubs across the country in addition to festival circuits where she's been seen on both the Next From Nashville and Main Stages alongside Nashville's best. After kicking off 2017 with her first international tour in Australia, she is hitting the road this summer to promote her new album. Feel free to pull on your boots and head to the Garcia River

Casino in Point Arena for a return musical event by McKenna Faith. You'll be tapping your feet and finding it hard to resist getting up to dance.



www.thelighthousepeddler.net/currentissue always free & in color



## MendoViné In Gualala Begins To Expand Its Offerings: Wines, Appetizers, International Dinners, and Now Live Music

One of things we all enjoy seeing are new businesses open on the south coast, and little by little they begin to find their way. And that's exactly what's happening with MendoViné in downtown Gualala.

Those of us who have stopped in for a glass of wine and a sunset view have discovered that MendoViné is evolving. The menu is gradually expanding, but the music seems to have struck a nerve with locals and visitors alike. We were lucky enough to walk in one evening and hear Chris Doering playing guitar while conversations continued.

Music will not be a one time thing, but rather, like the menu, will probably be an



evolving idea. In June, guitarist Doering returns to perform with Karl Young on shakuhachi (an end-blown flute). Doering and Young will be playing on Friday, June 23. Harrison Goldberg and Tim Mueller will add the musical touch. Goldberg on Saxophone and Mueller on guitar will set the mood on Friday June 30.

Whether your taste is centered on wine, or beer, or even coffee or tea, MendoViné is a relaxing spot. It's located on the east side of 39145 South Highway One across from the SeaCliff Center. Look for the sign and stop in, particularly

when they have some of the coast's best musicians setting the mood. (707) 896-2650.

"That the birds of worry and care fly over your head, this you cannot change, but that they build nests in your hair, this you can prevent."

Chinese Proverb

## Auditions For Gualala Arts July Event "1967 Musical Review" Take Place June 10

Director Laura Leigh will be holding auditions for a Gualala Arts July musical "1967 Musical Review" on Saturday, June 10, noon to 2:00pm. Youth ages 9 through "oldsters" are encouraged to try out. Gualala Arts' Don Krieger will be on-hand for accompaniment and will have music from 1965 to 1968 available, but karaoke and lip-syncing are encouraged, Leigh said. Plan to do some kind of stage audition



that shows stage presence and personality, Leigh said. If this date does not work for your schedule, contact Laura Leigh at 707-882-

2983 to arrange a time to audition.

"1967 Musical Review" will be part of the Summer of Love Fest at Gualala Arts Center on Saturday, July 22, from 4 p.m. till... who knows! There will be live music, fun food such as "not" Alice B Toklas Brownies, Kind Veggie Burritos, PB&J, and BBQ for picnics.

Vendors and crafters are invited to bring a blanket and sell their wares on the grounds. Bring a 100% cotton T-shirt or clothes to tie-dye, or purchase a t-shirt at Gualala Arts Center. It's fun and it's free... 4 ALL! Stay tuned...

## Mount Saint Helena Pilgrimage Set For Sunday, June 11

An open invitation is out for anyone who wishes to join Fort Ross State Historic Park and the Holy Assumption Monastery from Calistoga for the Mt. St. Helena Pilgrimage Jun 11. Mt. St. Helena has one of the largest view-sheds in North America with a peak height of 4,343 and no mountains to block the view. On a clear day you can see Mt. Shasta, Mt. Diablo, and the Sierras. The hike is a bit tough with a 10 mile round trip but well worth the effort.

The planned start time is 8:00 AM at the Robert Louis Stevenson State Park trail head. Plan on bringing your own lunch, sunscreen, plenty of water, sun hat and wear your good walking shoes. Sorry, dogs are not allowed on the trails.

Robert Louis Stevenson State Park is the place where the famous author of Treasure Island and Kidnapped spent his honeymoon in 1880. Although nothing remains of Stevenson's cabin, the site is identified



on the trail to the summit. Mt. Saint Helena, the most prominent landform visible from the Santa Rosa plain, Sonoma Valley, and Napa Valley.

For more information you can contact Robin Joy Wellman at robinjoy.wellman@parks.ca.gov or 707-847-4777. On the day of the hike if you need directions or other assistance contact Robin at 707-322-3508 (cell).



## Healing Arts & Massage Center

884-4800

Judith Fisher  
Massage & CranioSacral Therapy

Nita Green  
Massage & Deep Tissue

JoAnn Dixon  
Jin Shin Jyutsu & Massage

Alisa Edwards  
Hot Stone & Deep Tissue

Bill Schieve, L Ac., D.C.  
Acupuncture & Chiropractic

Cypress Village  
Gualala



## Osteopathic Physical Therapy & Manual Medicine

PETER McCANN, MPT

LUCINDA WEAVER, MPT

884-4800

Blue Shield - Medicare - Workmen's Comp  
Other Insurance - Private Pay

Healing Arts & Massage Center  
Cypress Village, Gualala

## JUNE AT GARCIA RIVER CASINO

Saturday June 3rd, 8.30PM

**MCKENNA FAITH**

*"Boot Stompin' Country Music!"*



Friday, June 30th, 8.30PM

**RICHEL BLUE**

*"Down-home Blues"*

22215 Windy Hollow Rd, Point Arena, CA 707 467 5300 TheGarciaRiverCasino.com



## Credible News. It Sounds Simple, But . . .

by David Steffen

I've always been an early-riser. As a child my mother found that my body clock was set for 5:00am. She dealt with this reality as would any mother wishing to keep her sanity. Since she worked 3rd shift as a registered nurse (and didn't return home until 7:30am,) I accepted her guidance. My mother taught me how to make my own breakfast, and provided me with an understanding of why I would live longer if I didn't wake everyone else in the house at 5:00am. It was no surprise that years later when I delivered papers in Milwaukee, I worked for the morning paper, *The Milwaukee Sentinel*.

To my own surprise (based on my early years in school) I find that I read a lot these days. It's a habit I developed in the 1970s while living in Chicago, where I became a regular reader of the *Chicago Sun-Times*. That choice—*Sun-Times* vs. *Chicago Tribune*—was based on two simple ideas: first, the story selection and the writing style of the *Sun-Times* connected with me; second, I preferred the physical size and shape of the *Sun-Times* tabloid format vs. the *Chicago Tribune's* broadsheet. It didn't matter that the *Tribune* was larger (in number of pages and readers) and far more powerful than the *Sun-Times*. We all have our preferences.

The *Chicago Sun-Times* always seemed grittier to me, more blue-collar than white collar; more Main Street than Wall Street. Looking back to those days in Chicago my memory paints a picture of a *Sun-Times* that was something of a real-life version of *The Sun* in Ron Howard's 1994 film *The Paper*, or *The Day* in Richard Brooks' 1952 film *Deadline U.S.A.* In fact, as I recall the *Sun-Times* was the backdrop for the 1981 film *Continental Divide* starring John Belushi as a gritty reporter. Moving to Los Angeles in 1977 didn't change my habits; just the names of the papers. As a resident I looked to the *Los Angeles Herald Examiner* and *The Los Angeles Times*. Both were pale versions of the Chicago papers but for more than a decade I followed the world through the lens of the Los Angeles papers. And as I began working nationally and internationally, I also expanded my reading list to include the *New York Times*, which I continue to read today, along with the *Washington Post* and occasionally the *Press Democrat* here on the coast.

There's a scene in the 1977 film *Futureworld*, where the film's two lead characters—a TV reporter played by Blythe Danner and a print reporter played by Peter Fonda—talk about which is more important and more popular for getting news and information. After a

brief exchange (and the question remaining unresolved) they turn to a stranger. The Fonda character asks the man if he gets his news from television or newspapers? His response went something like this: "Me? I'm a tube freak, man". The film may be 40 years old but looking at the media landscape today, it seems that the 'tube freak' was on to something. According to a recent Pew Research analysis, ". . . TV continues to be the most widely used news platform; 57% of U.S. adults often get TV-based news, either from local TV (46%), cable (31%), network (30%) or some combination of the three. This same pattern emerges when people are asked which platform they prefer – TV sits at the top, followed by the web, with radio and print trailing behind." The analysis goes on to confirm that "the greatest portion of U.S. adults, 46%, prefer to watch news rather than read it (35%) or listen to to (17%)."

How we get news is less important, in my



opinion, than the credibility of the news we get. There's no question that our current president, number 45, likes to talk about 'fake news' as a way to explain his "stolen popular vote", or the smaller crowds at his inaugural, or the popular resistance to his gutting of the social safety net and his denial of climate change. I don't care if #45 believes Martians or Mexicans voted illegally to keep him from winning the popular vote. I just wish he'd either start governing or pack up his marbles and go home. Either is preferable to the continuing mistrust he sows in our society.

A couple of weeks ago I started watching 1939's *Mr. Smith Goes To Washington*, in part perhaps, to help me believe that our government might start governing. Alas, I didn't watch the entire movie because I couldn't bring my-

self to believe that there is even one strong and honorable "Jefferson Smith" residing in today's U.S. Senate. I'd even settle for the film's Senator "Joseph Paine" to come to our rescue, and tell him to keep some of the graft for his effort. Governing isn't a lost cause, but fake news is pushing us in that direction.

Jacob Soll wrote in *Politico* last December that "fake news" dates back almost 600 years, essentially since Gutenberg in 1439. As an example Soll offers this nugget: "To whip up revolutionary fervor, Ben Franklin himself concoct-

ed propaganda stories about murderous "scalping" Indians working in league with the British King George III." With the consolidation of news outlets, local beat reporters are an endangered species, and regional and national reporters are at the very least a group under threat. Soll concludes that "Real news is not coming back in any tangible way on a competitive local level, or as a driver of opinion in a world where the majority of the population does not rely on professionally reported news sources and so much news is filtered via social media, and by governments. And as real news recedes, fake news will grow. We've seen the terrifying results this has had in the past—and our biggest challenge will be to find a new way to combat the rising tide."

I'll keep looking for real news and pass along what I find. I hope you'll do the same.

-30-

## Queen of Boogie Woogie Wendy DeWitt at Garcia River Casino June 16

Wendy DeWitt was born in San Francisco and grew up north of the Bay Area in Napa and Sonoma counties. At age 21, after playing solo gigs around Sonoma County, DeWitt moved to Santa Barbara and joining a Top-40 band, toured the U.S. for two years.

Back in Northern California, she played in bands with Larry Lynch (Greg Kihn), and Applejack Walroth (Boz Scaggs, Elvin Bishop) before launching Wendy DeWitt and Blue Saloon in 1986. The band became a popular attraction at clubs throughout California and also appeared at the San Francisco and Monterey blues festivals. She also has collaborated with Chicago blues guitar great Steve Freund (she in his band, he in hers) and performed during the late 1990s at Boston Symphony Hall and the Blues Peer Festival in Belgium, among many other venues, with Hank Ballard and the Midnight.

For the past fifteen years, DeWitt has presented an annual show called Queens

of Boogie Woogie at Yoshi's in Oakland. She does occasional shows called Blues Piano Orgy with Bay Area pianists John Allair, Steve Lucky, Sid Morris, and Bob Welsh. Wendy also produces the San Francisco International Boogie Woogie Festival. <http://www.wendydewitt.com/>.

Make plans to see and hear Wendy DeWitt at Garcia River Casino, Friday, June 16. Information at (707) 467-5300 and [www.TheGarciaRiverCasino.com](http://www.TheGarciaRiverCasino.com).



**Action Network**  
Family Resource Centers  
...building a thriving, healthy, drug-free commUNITY for all

**We offer:**

- Teen Activities (ages 13-18)
- Mentoring & Tutoring (5-18)
- Learning Through Play (18 mos-5, drop off)
- Playgroups (0-5), Computer Lab, Parenting Classes, Counseling & much more....

**You can: Volunteer or Donate—Today**

In Gualala: Cypress Village, above Gym.  
In Point Arena: 200 Main St (Blue Awning)  
884-5413 884-5414 en espanol  
[www.ActionNetwork.info](http://www.ActionNetwork.info)  
PO Box 1163, Gualala, CA 95445

**ROOTS**  
Roots Herbal  
Apothecary

**Herbal Apothecary**  
Specializing In Healthcare  
For The Whole Family

HRS: Mon. - Sat. 10:00am to 5:00 pm  
250 Main Street, Point Arena  
**882-2699**



# ARENA FRAME

Custom Mats  
& Frames

Anna Dobbins,  
APFA  
882-2159

## Dream Catcher Interiors

We carry carpet, wood,  
tile, laminate, vinyl,  
window coverings,  
kitchen cabinets,  
and area rugs.

Monday To Friday 10 AM - 5 PM  
Saturday 10 AM - 3 PM

39200 S. HWY 1 GUALALA CA  
dreamcatcherinteriors@outlook.com  
707-884-9655



Hwy. One - Anchor Bay  
884-3522  
www.MarVistaMendocino.com

"Courage is what it takes to  
stand up and speak;  
courage is also what it takes  
to sit down and listen

Winston S. Churchill

## —Reading By Design— The Summer Reading Program At The Coast Community Library

Reading by Design is this year's theme for the Coast Community Library's free Summer Reading Program. For nine weeks, the library offers programs, crafts, and snacks. This year, because of construction work at the library, the weekly 1:00 pm Wednesday programs will be held at Action Network, located across the street from the library at 200 Main Street. They also have four special programs open to the entire community that will take place at Arena Theater or at the library. Come join the fun!

June 10, Saturday:

- 1:00pm: Kickoff Party, at the library

June 15, Thursday:

- 10:30am: Xtreme Science Magic Show!  
(at Arena Theater)

June 21, Wednesday:

- 1:00pm: Design Your Own Flags
- 3:00pm: Teen Flag Making

June 28, Wednesday:

- 1:00pm: Make paper airplanes
- 3:00pm: Teen paper airplanes

July 5, Wednesday:

- 1:00pm: Make a tiny book
- 3:00pm: Teen tiny books

July 7 Friday:

- 3:30pm: Traveling Lantern Children's  
Theatre (at Arena Theater)

July 12, Wednesday:

- 1:00pm: Makerspace-computer jewelry
- 3:00pm: Teen computer binary jewelry

July 19, Wednesday:

- 1:00pm: Makerspace-design a Rube  
Goldberg machine
- 3:00pm: Teen Makerspace-Rube  
Goldberg design

July 26, Wednesday:

- 1:00pm: Makerspace-Computer Parts Art
- 3:00pm Teen Computer Parts Art

August 2, Wednesday:

- 1:00: Prizes and a Ukulele Party!

August 3, Thursday:

- 6:00pm: Four Shillings Short - Celtic &  
World Music; Adult and Family: at the  
library.

August 8, Tuesday:

- 1:00 pm. The Fratello Marionettes; All  
ages at Arena Theater.

Programs are sponsored by the Mendocino County Library and the Friends of Coast Community Library. Schedules are available at Coast Community Library, 225 Main St., Point Arena, or online at [www.mendolibrary.org](http://www.mendolibrary.org) & [www.coastcommunitylibrary.org](http://www.coastcommunitylibrary.org). Snacks are provided by the library and area businesses. For more information, contact the library at 707 882-3114.

## Call To Artists, Exhibits At Gualala Arts Center

Two upcoming exhibits at Gualala Arts Center invite artists to look at their work from a new perspective. With "Works Revisited/Revised" opening Friday, July 7, artists are asked to delve into their past portfolios and reinterpret older, past works according to their skills acquired and knowledge of their world today.

Over the years, as an artist progresses further into their art, influences and themes change and understandings merge; the wish to revision particular pieces from the past seeks revisiting.

Curated by Leslie Moody Cresswell, this is a side-by-side show that allows the viewing audience to see first-hand an artist's progression and also get to know the possible recurring themes and or symbols which are often revisited.

For September's exhibit The Art of Aging, artists and viewers are encouraged to study aging and what it means to them: how do we define aging - is it chronological? Biological? Maybe social or spiritual. How do you know you have aged? Do you participate in a ritual, graduating from a certain grade, attaining a specific goal or birthday? And do you age gracefully or triumphantly? Reluctantly?

For details about cost of entry and drop off/pick up dates for artwork, please pick up entry forms at Gualala Arts Center in the foyer or at [GualalaArts.org/Call to Artists](http://GualalaArts.org/Call to Artists).

## High Tides Patient Appreciation Faire Saturday, June 24

High Tides Compassionate Cannabis Care in Gualala presents their 2nd Annual Patient Appreciation Faire on Saturday, June 24 from 12 noon to 4:20pm, and later. There will be complimentary Bar Bar-B-Que and munchies, and people are welcome to bring a picnic lunch. Please bring chairs if desired. There will also be prizes, entertainment and Vendor Samplings. (Note: Only registered 215 patients can access the samples.)

Great entertainment will be provided by Singer Songwriters Archie Cabezut and Cole Thomason, and DJ Sister Yasmin, as well as other Special Guests to be announced soon.

Everyone is welcome and there is Free Admission. Information: High Tides 707-884-1882. High Tides is on Highway One, on the north end of Gualala, about two miles north of the Sonoma County line.

## Greater Farallones Marine Sanctuary Needs Beach Watch Volunteers

The non-profit Greater Farallones Association, in partnership with NOAA's Greater Farallones National Marine Sanctuary, needs citizen scientists to help collect data on the condition of the Sonoma and southern Mendocino coasts.

In monthly surveys Beach Watch volunteers monitor an assigned beach segment to identify, count and photo-document living and dead birds and marine mammals, and record human activities. This data is used in conservation management of our wildlife, habitats, and ecosystem as a whole.

Orientations: Saturday, July 8, 11:00am-12:30pm in Gualala; or Wednesday, July 12, 7:30-9:00pm, Bodega Bay. Reservations and details at: [www.beachwatch.farallones.org](http://www.beachwatch.farallones.org) and click on Get Involved!

Volunteers must attend one orientation; be 18+ years old; attend all required trainings; and commit to a beach survey once every four weeks, for a one year minimum. Some knowledge of local seabirds and marine mammals is highly encouraged. Trainings will begin in August, but summer orientations are prerequisite.



"Nothing is so strong as  
gentleness, nothing so  
gentle as real strength."  
Saint Francis de Sales

## Roots Herbal Apothecary Is Moving June 12

Roots Herbal Apothecary, the longtime presence on Point Arena's Main Street is moving. Calm down. Before you get yourself all wound up, they're moving just a few doors down (south) on Highway One.

Starting June 12th Roots will call their new location—240 Main Street—'home'. Hours will remain the same: Monday through Saturday, 10:00am to 5:00pm. The phone number is the same too: (707) 882-2699.

Happily, nothing else will be changing. It's a good time to stop in to the current location, or welcome them to their new home (after June 12). Continue to support local business!



## The Lighthouse Lecture Series at the Point Arena Lighthouse Presents Lauren Sinnott "The Painted Portrait, Past and Present" Sunday June 18

The Lighthouse Lecture Series continues at the Point Arena Lighthouse on Sunday, June 18 at 5 p.m. when Lauren Sinnott will present "The Painted Portrait, Past and Present." This lecture will ask the question: "In the 1500s would you talk to a portrait?" Admission is \$5 and reservations are recommended.

The word for "portrait" in Italian is ritratto, which means "portrayal" but also "reproduction" or "copy" — a stand-in for the subject. Many Renaissance portraits were cherished portable objects, often with a special box or protective cover, and were brought out for appreciation and even communication with the sitter, if he or she were not present. So, yes, you might hold the picture in your hands and speak to it, rather than having it hang decoratively on your wall.



Lauren will educate the audience on how far portraiture goes back in history. As early as 7,000 BC during the Neolithic period, people living around Jericho in the West Bank reconstructed the faces of their dead with plaster applied to the actual skull of the deceased. These heads are very lifelike, with shell inlay for the eyes and painted details of hair, mustaches, and facial features. The skulls (and bodies) were buried under homes, so this is quite different from displayed portraits as we know them, but related to the Renaissance idea of "reproducing" someone no longer with you.

Ancient Greece and then Rome were home to a rich portrait tradition in sculpture, and the Roman occupation of Egypt inspired an especially vibrant style of painted portrait, again associated with the dead. Mostly from the Faiyum Basin, these likenesses were painted on wooden panels attached to the cloth wrapping the face of a mummy. They are notable for their luminous, lifelike eyes, as if the person still breathed.



Mostly from the Faiyum Basin, these likenesses were painted on wooden panels attached to the cloth wrapping the face of a mummy. They are notable for their luminous, lifelike eyes, as if the person still breathed.

First in Italy and then northern Europe, the Renaissance (meaning rebirth) was inspired by Classical Antiquity and pulled art out from the church into secular life. Cherished household goods were painted along with the subject of a portrait to celebrate their world and life. This went hand in hand with painting techniques that achieved an amazing new realism! Think architectural perspective and oil paint that could reproduce light and shadow. Also, a rising middle class began to commission portraits; they became more widespread. The story of subsequent centuries is told in its portraits: who do they show? Why were they made and how were they used?

Finally, Lauren will answer if the painted portrait is dead. "Well, no, but something happened that really changed things, especially in the realm of normal people who are born neither to wealth nor title," Lauren explains. "It began in the 1820s in France... and by now you can do it yourself with your phone. It is the advent of photography, which eclipsed the need to have a painter reproduce your image. So much more accurate, so much easier! But still, the painted portrait lives. She will talk about how, and why."

Lauren is a painter, seamstress, graphic designer and art historian, whose residence in downtown Point Arena is home, studio and gallery all in one. "My decorative scheme is the same as that of manors and palaces everywhere: put art in every available space.

I grew up in Wisconsin, then lived as an exchange student in beautiful Belgium, followed by many years at Rice University in Houston, Texas, achieving my BA as well as BFA in painting and MA in art history. I taught drawing briefly at Rice and Art History at the Museum of Fine Arts. After traveling cross-country with my kids in a converted school bus in 1999, I proudly call Mendocino County my home. Here, my oth-

er vocation was politics, being a long-time city council member and former Mayor of Point Arena.

"I love painting, sewing, and designing, picking edible plants in my yard, and living close to nature. I love intellectual pursuits and being an informed citizen with paid subscriptions to many of our top news sources. I depend on the New Yorker magazine for enlivening my magical coffee hour, and believe that ignorance of history is like

walking backwards into the future with your eyes shut. The periods that intrigue me are many, but especially the Italian Renaissance, ancient Minoan Crete and the Paleolithic era. My most recent accomplishment was painting a 16 x 8 ft. mural for the Community Foundation in their main hall in Ukiah. It depicts the entirety of Mendocino County with geographical features, flora and fauna (including a mountain lion, black bear, gray whale, sea otter and Seabiscuit!)

You can see photos on my Facebook page."

For more information or to make reservations, call the Lighthouse at 707-882-2809, ext. 1.





• CSA • Weddings • Retreats •

**OSZFARM.COM**  
707.882.3046  
info@ozfarm.com




## FREE JUNKER HAUL AWAY



Want to get rid of an old car, truck, boat, RV or motorcycle taking up space on your property? Donate it to KGUA! Making a donation is as easy as clicking on the vehicle donation button at [www.kgua.org](http://www.kgua.org) or by calling and speaking to a live representative. If you have any questions, you may call one of our friendly service reps toll-free at 844-KGUA-CAR or 844-548-2227 seven days a week. We accept all kinds of vehicles and will even tow them away for free! Plus, your donation is 100% tax deductible. It's a win-win for everyone.

**YOU ARE THE YOU IN KGUA**  
88.3FM • MENDOCINO PUBLIC RADIO



**185 Main Street, Point Arena**  
**Coffee, Deli & Grocery**  
**707-882-3663**





# Scuttlebutt

by Mitch McFarland

Point Arena city officials were recently presented with a study of the housing situation on the south coast. It was prepared by graduate students from the Goldman School of Public Policy at UC Berkeley. The 46-page report details the current situation, the challenges facing those who deem to improve the situation and suggestions as to how to help. The authors emphasize that their report should be considered in conjunction with Point Arena's recently revised Housing Element. Two of the 14 policy goals of that document are the focus of this report. Goal 1: Provide housing to meet the present and future needs of all income groups; and provide a fair share of Mendocino County market area housing needs and Goal 4: Increasing housing opportunities for low-income households.

The first part of goal #1 is basically the same as goal #4 since virtually all of the people with unmet housing needs are low-income. Thus, the thorny problem of how to make it possible for low or even moderate income people to afford housing when home building costs are estimated to be \$180/sq. ft. The report calculates that a developer would have to charge \$1800/mo for a 1200 sq. ft. house to make it worthwhile. Meanwhile, the report also states that someone earning the median wage in Point Arena and paying 40% of their income for rent could only afford \$930. Something has got to give.

Any discussion of Gualala providing some relief in this area is cut short by the fact that there is a building moratorium due to water restrictions.

There are 3 actions recommended to help alleviate the housing situation. One is to fast-track the proposed Cypress Meadows project of David Hillmer across from City Hall (Senior Center). He has recently applied for permission to erect 8 rental units on 2 parcels: 4 homes with 3 bedrooms and 2 baths and 4 homes with 2 bedrooms and 2 baths. The houses would be manufactured homes. They are about one-third less expensive than traditional "stick" houses and, therefore, could rent, it is estimated, for \$1300 and \$940 respectively. A developer would not be required to charge these rates, but a profit could be made with these numbers.

The second recommendation is the one most likely to have a significant impact. It is designed to meet the requirements of Policy #2 of the Housing Element. It states, "promote the development of a variety of affordable rental options: promote second units." (emphasis is mine).

Point Arena currently has a so-called "granny" unit ordinance, but the report points out

that it is out of date (and, I might add, out of line with current needs). The term "granny" is used because such homes are restricted for the use of people over 62. This was done to agree with a state housing law which is no longer in effect; thus it is suggested that Point Arena revise its secondary unit ordinance to broaden its effectiveness.

The third recommendation endorses the effort by Jeff Hansen and Laura Cover, who are rebuilding the motel in Point Arena. They wish to provide worker housing for the staff that they will need to run the motel. This wise and generous idea will not only fill a need locally, but, it is suggested, could serve as a model for development elsewhere.

Here comes the libertarian in me. Two things stuck out to me throughout the report. One was the repeatedly stated desire for Point Arena to maintain its unique and small town character. The other was how the regulatory system stands as a nearly impenetrable wall between problem and solution. I have long been an opponent of the current building code regime. I was a test case along with Crispin Hollingshead before the Building Appeals Board in the 70's during the so-called "class K wars". My argument then, as it is now, is that I should be able to build any kind of shelter I would like as long as I do not endanger my neighbors. This means having electrical, gas, and wood stove installations done to the building code. Septic disposal needs to be done in a safe and contained manner, though not necessarily with a sewer connection or currently established septic systems.

The aforementioned are perfectly reasonable restrictions, but beyond that it must be admitted that we have created a monster. Building codes began over concerns of wildly crowded and unsafe tenements in turn-of-the-century Eastern factory cities. That is not us. Like all government regulation, there is a ratcheting effect. Every time there is a problem anywhere a new regulation is promulgated to apply everywhere. Every builder can tell stories of actions they are required to take that solve a problem they don't have.

I'm fine with applying the codes to public structures, just not to private ones. I also agree with some zoning restrictions and the need to get a permit to build. Such permits should state whether or not the structure was built and inspected according to the Uniform Building Code.

Speaking of inspections, I would also dispense with the use of the county building inspectors. There are private inspectors that can be hired where needed, but anyone familiar with real estate knows that financial

institutions and insurance companies care far more about the condition of your home than any building inspector. I once had an insurance inspector insist that I paint my house before they would issue a policy. If you want a bank loan, chances are you will have to conform to the UBC anyway.

A point made quite strongly in the report is that townspeople want Point Arena to maintain its unique character and the housing element does call for a variety of housing. On the other hand, the report suggests that Point Arena follow the example of Ft. Bragg which has pre-approved 3 housing plans that, if used, would lower inspection and permit fees.. Nice try, but that is merely nibbling around the edges of the problem. And it certainly wouldn't lead to maintaining a "unique" character.

If someone wants to acquire a manufactured home or build to a pre-approved plan, that's fine, but if Point Arena wants to maintain a unique character and truly accommodate low income people (most all of us), they will have to unleash the unique and creative energies of its people.. Tinkering around the edges of the problem is simply not going to get it done.

I have been mulling over this issue for 40 years and have plenty more to say on this matter, but time and space require me to shut up. Go read the report.

**Editors Note: The report Mitch cites in this month's column can be found on the City of Point Arena's website. Here's the web address for the report:**

<http://www.cityofpointarena.net/documents/>



39150 Ocean Drive, Suite 2  
in Gualala

**PRINT • SCAN • FAX • EMAIL**  
Business Cards • Building Plans  
Postcards • Flyers • Posters  
Signage • Secretarial Services  
Office Supplies • Tech Accessories

ph 707.884.9640  
fax 707.885.0191

officesourcegualala@gmail.com

**BUSINESS HOURS**

Monday • Tuesday • Thursday • Friday

10am-5pm

**CLOSED Wednesdays & Weekends**

## The Loft

*Creativity Soars Upstairs*

Quilting, Fine Yarns, 884-4424

Fabric, Arts & Crafts, 10-5 Mon. - Sat./11-3 - Sun.

Handmade Gifts Sundstrom Mall, Gualala



### SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

	8				2		7
2		1			4	8	
			1				
	9	4		2			5
5	8				7		1
	6						4
7			5				
			3				
9	3	4			6		

**HOW TO SOLVE:**

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.


(Answer appears elsewhere in this issue)

Copyright 2017 by The Puzzle Syndicate



## Discover Our Lands at Point Arena Lighthouse

### The June 3 Event Launches A Busy Month At Point Arena Lighthouse



Natural  
Cosmetics  
Homeopathic  
& Natural  
Remedies  
Available

MediCal  
& Insurance  
Cheerfully  
Accepted

**Arena Pharmacy**  
882-3025  
9 - 5:30 p.m. Mon - Fri  
Delivery Available  
235 Main Street, Point Arena



We now rent tools for lawn  
and garden, concrete work,  
floors, pumps, much more

**38501 South Hwy 1 Gualala**  
**884-3518**

**Phillips Insurance Agency**  
Auto - Boats - Homeowners - Renters  
Business & Commercial - Life Insurance  
Annuities & IRA'S

Andrea Phillips  
Agent  
Lic# 0E29247  
aphillips3@farmersagent.com  
CYPRESS VILLAGE  
39126 Ocean Dr., Suite C  
Gualala



884-1740

**100.5 FM**

**KTDE -The Tide**  
Tune in  
to Local Radio  
38598 Cypress Way, Gualala  
Office 884-1000  
Studio 884-3000  
www.ktde.com

"Discover Our Lands" is an absolutely full-slate of things to do as summer begins along the Mendocino Coast. Here's a what's planned:

**Saturday, June 3:** The Point Arena Lighthouse and Friends of the Point Arena-Stornetta Lands, in association with the Ukiah office of the Bureau of Land Management, will present "Discover Our Lands" on Saturday, June 3 from 10:00am to 4:00pm. This event is intended to celebrate the Point Arena-Stornetta Unit of the California Coastal National Monument and educate visitors



about the varied features and sights it offers. "Discover Our Lands" activities will all start at the Point Arena Lighthouse, located at 45500 Lighthouse Road in Point Arena.

This event will feature several guided walks on the less visited Northeast quadrant of the Point Arena-Stornetta Lands, bordered by 'Pda-Hau (aka Garcia River) and the Lighthouse property. Several local experts in various fields will educate guests on what the Lands have to offer. Isaac Rios, Lighthouse Lead Guide and member of the Manchester band of the Pomo, will lead two walks and discuss the Lands' cultural significance to his people, both past and present. These walks will leave the Fog Signal Building at 10:30am and noon.

• Tom Cochrane, Geologist and author of "Shaping the Sonoma-Mendocino Coast: Exploring the Coastal Geology of Northern California," will be in the Lighthouse Tower from 10:00am to 11:30am and 1:15pm to 3:00pm and will

lead geology walks on the Lands at noon and 3:00pm.

- Nancy Morin and Julia Larke of the Dorothy King Young chapter of the California Native Plant Society will lead walks through the fields covered in spring wildflowers and foliage, and point out the many native



plants guests will see on the walks. Their walks will leave the Fog Signal Building at 10:30am, 1:30pm and 3:00pm.

- Jeanne Jackson, naturalist and author of "Mendonoma Sightings Throughout the Year," and Laura Baker, naturalist and ecologist, will lead a nature walk on the bluffs at noon. Bird expert Rich Trissel will be in the Lighthouse Tower from 11:45am to 1:00pm and 2:45pm to 4:00pm and will lead birding walks on the Lands at 10:00am and 1:30pm.

In addition to the walks and Tower docents, several other informational tables will be set up at the Lighthouse.

- Seabird expert Doug Forsell and Jamie Hall, Research Associate for the Greater Farallones Association, Beach Watch program, will have a bird and whale watching station set up with sighting scopes and binoculars and will help guest identify the birds and whales they see and answer any questions they have about them.



Children  
16  
and  
under  
will  
also  
be  
able  
to

learn about its impacts to our ocean ecosystems and wildlife. Cea will be in the Whale Watch Room for the duration of the event.

- Also scheduled to be in the Whale Watch Room are representatives from the State of California Department of Fish & Wildlife, offering information on the Marine Protected Areas off our Coast and hunting and fishing licensing and regulations.

• The Lighthouse Staff and Volunteers will be cooking up their famous Light Keeper's Strawberry Shortcake and Brownies and will be selling these delicious desserts in front of the Fog Signal Building. Tracy Du Pont of Pier Chowder House and Tap Room will have her award winning clam chowder available right next to them.

- For the young guests, Action Network will be offering several different hands-on Geology demonstrations, such as chip mining using chocolate chip cookies, making marble out of taffy, a volcano, homemade seismograph, Paleontologist's Puzzle and more.

choose from a wide variety of kites at 25% off in the Lighthouse Gift Store that can be flown on the Lighthouse grounds (BLM regulations do not allow kites on the Lands).

- The Mendocino College Coastal Field Station will also be holding an open house in conjunction with Discover Our Lands between 10:00am and 2:00pm. The Field Station can be reached by hiking about 1 mile from the trailhead at the "Bend in the Road" on Lighthouse Road, or from the trailhead just south of the intersection of Highway 1 and Lighthouse Road.

• Please join locals, visitors, and other supporters of the Point Arena Lighthouse for the celebration of the fantastic, scenic, mysterious, rugged and gorgeous Point Arena-Stornetta Unit of the California Coastal National Monument and explore its amazing history, geology, flora and fauna!

*Note: The Lighthouse Peddler wishes to thank the photographers whose work is featured in this article. We did not have the names at press time and would be pleased to provide a thank you in a subsequent issue.*





The Point Arena Lighthouse In June  
Tour During The Full Strawberry Moon June 9  
(And a back-up Plan for Saturday Night, June 10)

As the weather on the coast embraces summer, the Point Arena Light Station has a full slate of events for everyone on the coast. In addition to the amazing schedule for June 3 (preceding page), here's a brief rundown of the night tours:

Friday, June 9th, 2017 Full Strawberry Moon. The Gate Opens at 8:00pm – Tour Starts: 8:30pm.

If you want to reserve your spot for this unique experience, please call the Lighthouse at 877-725-4448 ext. 1 or 707-882-2809 ext. 1. Our Full Flower Moon Night Tour in May sold out, so make your reservations at least three days prior to the Tour to insure you get a spot!

According to the Old Farmer's Almanac, June's Full Strawberry Moon got its name because the Algonquin tribes knew it as a signal to gather ripening fruit. It was often known



as the Full Rose Moon in Europe and the Honey Moon.

Saturday, June 10th, 2017 (almost) Full Strawberry Moon. Gate Opens: 8:00pm – Tour Starts: 8:30pm.

Since our Full Flower Moon Night Tour in May sold out, the Lighthouse staff wanted to make sure more people had the chance to enjoy the unique experience of climbing to the top of the Tower under an almost Full

Strawberry Moon. So, the Lighthouse staff added an (almost) Full Strawberry Moon Night Tour the day after the full moon as well! Please call the Lighthouse at 877-725-4448 ext. 1 or 707-882-2809 ext. 1 at least three days prior to the Tour to insure your reservation.

A Cooking Workshop For Couples (You Define It!)  
Married, Dating Couples, Mothers & Daughters, Good Friends  
At Gualala Arts Mondays Beginning June 19.

Every third Monday, through August 21, 2017 at the Gualala Arts Center couples can enjoy a fun cooking experience with Chef Laura Leigh. Leigh has been making Sushi on the coast for more than 20 years and teaching sushi classes at Gualala Arts Center for five years. She loves cooking and said she is excited to share her cooking skills and favorite recipes in this new series that is all about cooking together as couples. Leigh also has a club called "Art Edibles" that meets each month at Gualala Arts Center.

Each class is \$100 per couple, per class for members; non-members pay \$115 per couple per class. There is a \$10 materials fee per person per class (\$20 per couple). Sign up for one class or for all. The registration deadline for each class is the Monday before



the class (June 12 for the June 19 class).

Each class offers an instructor demonstration and some hands-on cooking with a variety of techniques and recipes. Laura Leigh will prepare some dishes in advance and present the final products for tasting, but everybody is guaranteed to get some hands-on experience during the class. Each class will end with a tasting of small plates.

Menus vary from Thai soups and sushi to Chicken Pot Pie, Pineapple Coleslaw, and Pasta Seafood with Fettucine. Each class includes a soup, appetizer, main entrée and dessert. Each participant will receive recipes for all dishes. Couples: Married, dating, mother-daughter . . . you define it!

Third Thursday Poetry  
"A Moment, Spring, Sonoma"

Old red brick campus.  
Sitting on a cool stone bench, I'm surrounded by valley oaks and manicured lawns, March sun warm on my cheek. A fountain plinks from the distance.

Then, spinning through another world a lopsided man glides by in his whirring electric wheelchair biting his tongue, red-faced, fierce.

His golden retriever guide dog trots alongside in perfect synchrony, salmon-pink tongue flicking time like a metronome.

And because we carry everything, and know nothing, I begin to weep—as if for the first time—for all this terrible beauty and pain, all this wounded suffering, my heart cracked open like a chrysalis, released into pure air.

Lacing down above me the flowering plum trees explode into spring.

Brian Boldt

Full Moon



June 9

New Moon



June 24

Redwood Coast Chamber of Commerce

The Sonoma- Mendocino Coastal Connection  
Visitor Center Hours



Thursday & Friday 12p - 5p  
Saturday 11a - 5p • Sunday 12p - 5p

39150 S. Hwy 1 in the Forte Gualala Bldg.

tel: (800)778-5252 or 884-1080  
www.redwoodcoastchamber.com

South Mendocino Coast Bus Service

Rt. 95 - Daily Service Between Point Arena & Santa Rosa

Route 75 Now Running Saturdays and weekday service between Gualala, Fort Bragg & Ukiah



800-696-4MTA





# The June Crossword

by Margie E. Burke

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21				22						
		23					24		25					
26	27					28		29			30	31	32	33
34					35		36				37		38	
39				40		41						42		
43				44					45		46			
47			48		49			50		51				
			52	53			54		55					
56	57	58				59		60					61	62
63							64				65			
66					67						68			
69					70						71			

- 1. Gambler's concern
- 5. Filler of some cavities
- 10. Dangerous biters
- 14. Pedal pusher
- 15. Buy alternative
- 16. "\_\_\_ does it!"
- 17. Arctic sight
- 18. Trucker's turf
- 20. Genesis villain
- 22. Farmer's nemesis
- 23. Off-\_\_\_\_\_ (askew)
- 25. Bed-and- breakfast
- 26. Devote, as time
- 28. Like Beethoven
- 30. Head start
- 34. Adjust in advance
- 36. Big bore
- 38. Stately shade tree
- 39. Cut off
- 40. Shine softly
- 42. Appear, with "up"
- 43. Fifth, e.g.: Abbr.

- 44. Flooring material
- 45. Hate with a passion
- 47. Graceful bird
- 49. Applaud
- 51. O'Keeffe subject
- 52. Forest denizen
- 54. Facing
- 56. Nursery purchase
- 60. Cause of some blushing
- 63. Try the patience of
- 65. Crazy about
- 66. A chorus line
- 67. Sub detector
- 68. Mark for life
- 69. Tyler Posey series, "\_\_\_ Wolf"
- 70. Class
- 71. \_\_\_\_\_ and now

**DOWN**

- 1. Slays, in slang

- 2. Welfare, with "the"
- 3. Guard
- 4. Underwear of yore
- 5. Flash
- 6. Like many a tux
- 7. Granola morsel
- 8. Kind of car
- 9. Scared stiff
- 10. Harmonize
- 11. Hop-filled dance
- 12. Maze solution
- 13. Editor's mark
- 19. Junior, e.g.
- 21. First in line, perhaps
- 24. Lamb, for one
- 26. Water balloon sound
- 27. Show to be so
- 29. Coat part
- 31. Addiction
- 32. Lipstick alternative
- 33. Drain
- 35. Density
- 37. Give money before-hand
- 41. Under the weather
- 46. Sully
- 48. Wrestling hold
- 50. Bad way to go?
- 53. Edge
- 55. Invitation heading
- 56. Keister
- 57. Wagon part
- 58. Dome
- 59. Poetic cave
- 61. Hollywood sighting
- 62. Hurting
- 64. "\_\_\_ questions?"



Sandwiches - Cold Drinks - Smoothies - Organic Fair Trade Coffee & Espresso  
Bait & Tackle - Surf Gear - Gifts  
**882-2665**  
at Arena Cove,  
790 Port Rd Point Arena  
**Open Every day 7am- 3pm**

**KZYZ:**  
The Programs You Love  
The News You Need

---

Support Your Public Radio  
During Our June Fundraisers

- Pledge Drive: June 3-11  
(707) 895-2233
- Online Auction: June 17-30  
[www.kzyx.org](http://www.kzyx.org)

---

**KZYZ: FM Radio**  
90.7 • 91.5 • 88.1  
[www.kzyx.org](http://www.kzyx.org)  
On The Radio  
On Demand  
On Your iPhone




**arena technology center**

**monday thru friday**  
3:30pm - 7:30pm  
(no tech center patrons allowed on school property until 3:30pm)

open to youth and adults for  
Free internet access, classes, online  
learning, audio recording and digital projects

**185 lake street**  
(located at south coast high school back building)

**707.882.4173**  
[arenatechcenter.org](http://arenatechcenter.org)  
(a subsidiary of the point arena schools)





## Dall's Porpoise: Hot Rod of the Sea by Mary Jane Schramm

Head west from any port on the north-central California coast to the edge of the Continental Shelf, and past the Farallones Escarpment, a submerged sea cliff. Here the water depth plunges abruptly to several thousand feet. Cold, nutrient-rich waters pushed to the surface are “sparked” by sunlight into an explosion of life, the marine food web. You’ve entered the domain of giant blue whales, sperm and beaked whales; huge herds of dolphins not often seen in nearshore waters; and swirling schools of silvery fish and invertebrates. This is also home to one species best described as rollicking and roisterous, the quintessential party animal and wave rider: the Dall’s porpoise, *Phocoenoides dalli*. Well, hello, dalli!

Your sighting might start with a dazzling confusion of distant splashes, indicating frenetic feeding activity ahead. Across a shoal of ripples, triangular dorsal fins and the shining black backs of several small porpoises cleave the surface. Brilliant white patches on their ebony flanks make them resemble tiny killer whales. The porpoises plunge and leap upon their prey, churning the surface and engaging in high-speed chases that would make Steve McQueen proud. Although they’re mostly nocturnal feeders, you’ve hit a handful of Dall’s pursuing an impromptu midday snack. Suddenly, several change direction and head straight for – you! Exuberant, they ride your boat’s bow wave until, seduced by some unseen distant allure, they peel off, ending the encounter. The experience is exhilarating!

Named by naturalist William H. Dall, the Dall’s porpoise is a stubby, muscle-bound, seven-foot long marine hot rod:

speed is its forte; they have been clocked at up to 30 knots (nearly 35mph) in bursts. Its hydrodynamically-designed body creates a hollow cone of air at the surface, reducing drag and allowing it to breathe while its body is still beneath the surface! The whitewater splash, or “rooster tail” that is so uniquely Dall’s, and its cool black-and-white “paint job” confirms the identification.

Males mature at around six and one-

half feet, eight years of age; females slightly earlier. Newborn calves are around 3.5 feet and 55 pounds. The calves are high-maintenance, nursing up to 2 years. Gestation lasts 10 to 12 months, and females’ give birth roughly every three years.

Dall’s porpoise live throughout the North Pacific from Baja California to Alaska, and west to Japan. Although distributed widely, some are year-round residents. Here in Greater Farallones National Marine Sanctuary we often see them travelling in groups of 10 to 20, but herds from 200 up to a thousand may assemble, if prey is abundant. Their small, spade-shaped teeth interspersed with horny gum projections are engineered to grasp slippery squid, sardines, capelin, herring, hake and smelt. They produce a series of low frequency clicks, presumably for echolocation.

Sadly, many die as incidental catch in high seas fisheries, in active and “ghost” gill- and drift nets. It is notable that California is the only west coast state that still allows drift gillnets. They are harpooned for their meat in Japan. When forty thousand were killed in 1988 alone, the International Whaling Commission imposed a quota of 18,000 annually: it’s now the largest direct hunt of any cetacean species in the world.

Despite these challenges, they seem to be abundant in our waters. Years ago I was privileged to witness a handful of Dall’s riding the pressure wave of a fast-traveling blue whale. Oblivious of us, the unlikely group



NOAA NMFS SWFSC PRD

disappeared into the distance, leaving us to envy and to speculate: Was the whale even aware it had hitchhikers? Was it amused by its diminutive speedster escorts? And, among our three species, which was having the most fun? It was anybody’s guess.

Mary Jane Schramm  
NOAA Greater Farallones  
National Marine Sanctuary  
Maryjane.schramm@noaa.gov

## Behind Her Eyes by Sarah Pinborough A book review by Joel Crockett

The first chapter of *Behind Her Eyes* contains only six sentences, a total of 34 words. Chapter two is not much longer, it takes up less than one page. As you begin chapter three you’re already curious. Sarah Pinborough (pictured here) offers a strong, intriguing beginning and you’ll find yourself asking more and more questions as you continue reading.

The story doesn’t seem all that unusual, at least at first. Thirty-four-year-old Louise, recently divorced and still hurting, walks into a bar and is immediately noticed by “the man of her dreams.” His name is David. His sweet-talking approach quickly leads to an explosive mutual attraction, sparks fly. While their time together that evening ends with nothing more than a kiss, they each leave with expectations. A few days later they meet again; not, however, in the way they expected. They’re both shocked to learn that David is Louise’s brand-new boss. And, not terribly surprisingly, he’s married. The awkward workplace encounter reads like the beginning of a triangle. And, of course, it is. As you might expect in a thriller, or certainly a romance novel, the illicit relationship blossoms.

Then Louise runs into Adele, literally. Clearly in a hurry, head down, she walks right into Adele. She knocks her to the sidewalk and, full of apologies, helps her to her feet. Adele, it turns out, is David’s wife. Louise, recognizing her from a picture on David’s desk, introduces herself and shares that she works with David. A coincidence? An accident of fate? They go for coffee. Adele quickly latches onto Louise. It’s the beginning of a close friendship.

The short, first-person chapters are narrated alternately by Louise and Adele. Gradually we learn more about the wife, the girlfriend and David himself. Well-spaced flashback chapters give us insight into Adele’s troubled past. But each chapter offers more questions than answers. The author doles out information sparingly.

Enigmas abound. The self-serving characters each keep secrets from the others. And from us. It’s clear that Adele has a specific motive in developing her friend-

ship with Louise. We just don’t know what it is. Who’s lying to whom? Why? What is the truth. What on earth is going on? These unanswered questions and the quick reading chapters make this book a page turner.

Halfway through the book I put it down (not an easy thing to do) and made a few notes. “What’s this all about?” I wrote to myself. I do like thrillers. And of all the books I’ve read over the past few years, this is the one that stayed with me the most when I didn’t have it in my hands. I couldn’t stop thinking

about it. The flashback teasers as well as the ongoing first person accounts of Louise and Adele forced me to speculate. Another note to myself, “How could Adele possibly know so much?” Well into the book I finally figured I knew where it was going. I was wrong, dead wrong. You will be, too.

Pinborough has chosen an interesting way of mixing genres. Is this a thriller? A romance novel? Or maybe even something more? No matter how you choose to classify it, the book is decidedly creative.

You may find the impossibly unusual conclusion ingenious. You might even go wow! Several reviewers have. Perhaps, though, the ending will make you feel a bit cheated, even angry. Some who’ve shared their thoughts about the book have expressed those feelings, too. Either way it doesn’t change the fact that the book is addictive.

You won’t have any idea how this book ends until the very last few pages. Don’t cheat, you’ll spoil the adventure of guessing as you travel through the book. And like the ending or not, you will discover who is behind her eyes.

Joel Crockett opened the Four-Eyed Frog Bookstore in 2003. In 2017 he sold the store to the community and retired to Colorado. Joel continues to read and regularly write reviews for the Lighthouse Peddler.



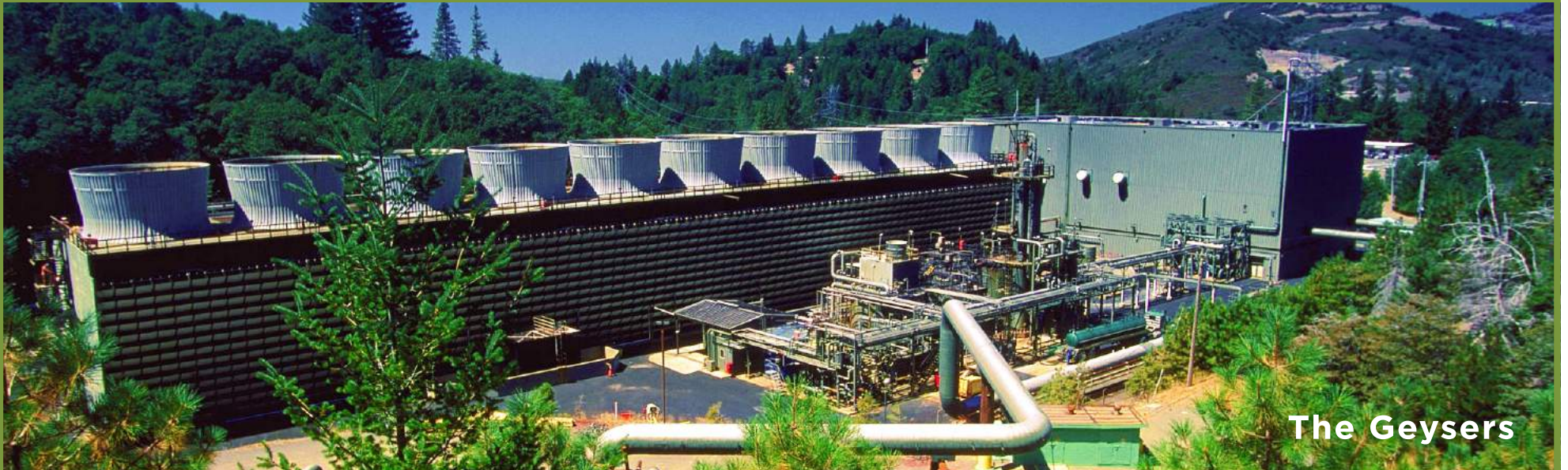
"Well into the book I finally figured I knew where it was going. I was wrong, dead wrong."





# EverGreen

100% local, renewable electricity



EverGreen is Sonoma Clean Power's 100% renewable electricity service. When you choose EverGreen for your home or business, you are nearly eliminating greenhouse gas emissions. Best of all, geothermal is a baseload resource, which means it produces clean energy 24/7. Join the movement to pioneer a clean energy future by choosing EverGreen today!

## Clean Energy... Day and Night



Local. Renewable. Ours.

[sonomacleanpower.org/evergreen](http://sonomacleanpower.org/evergreen)  
1 (855) 202-2139



# Get Out!

## . . . And Enjoy Music on the Coast

Dan and Myra, **The Casuals**, return to the Garcia River Casino on Thursday, June 1. It's another popular "Music & Memories Trivia Night", starting at 6:00pm. The Garcia River Casino is on Windy Hollow Road in Point Arena. (707) 467-5300.

LocalEyes hosts the First of their scheduled Karaoke Nights Friday June 2 at Coleman Hall at Gualala Arts. Start time is 7:30pm, and there is a \$5.00 cover charge.

McKenna Faith and her band return to the stage at Garcia River Casino Saturday, June 3. Faith brings her fresh style of high-energy, boot-stomping country music. The show starts at 8:30pm. More information on Page 10.

The next Mendocino English Country Dance is set for Saturday, June 3, at Caspar Community Center, with newcomer instruction at 7:30pm, followed by the dance. Admission is \$10.00 (High School Students - Free). Calling & instruction by dance leader Dan Kozloff. Support your local dance events by coming out and dancing!

The 41st Summer Arts & Music Festival takes place Saturday and Sunday June 3 & 4 at the Benbow Lake State Recreation Area in Humboldt County. The festival (a 3 1/2-4 hour drive north from the Gualala River) features Easy Star All Stars, Locos Por Juana, the Real Sarahs and more than 100 performances on 4 stages, plus 150+ craft food and non-profit booths.

If your taste in music is geared toward the big screen, the Mendocino Film Festival will have some musical options for you: January 2: **Mali Blues • Rumble: The Indians Who Rocked The World** • January 3: **Give Me Future** • January 4: **The Groove Is Not Trivial** • (Exact show-times and venues are available at [www.mendocinofilmfestival.com](http://www.mendocinofilmfestival.com) and at (707) 937-0171)

A Musical Journey At The Sea Ranch Lodge is set for Thursday, June 8th, from 6:00-9:00 p.m., when local saxophonist Harrison Goldberg performs with trio ellipsis . . . at the popular, and now twice monthly Sunset & Jazz Series in The Fireside Room at The Sea Ranch Lodge.

215 Main in Point Arena will host Sonoma County Poet Brian Boldt at the regular Third Thursday Poetry & Jazz Reading, June 16. More information can be found on page 5 of the Lighthouse Peddler, and a sample of Boldt's work is on page 17.

Wendy DeWitt, the Queen of Boogie Woogie performs at the Garcia River Casino in Point Arena on Friday, June 16.

BAKU spends Sunday, June 18 celebrating Fathers Day with music from 1:00pm to 4:00pm at Annapolis Winery in Annapolis.

Chris Doering and Karl Young play at Mendovine on Friday, June 23.

Laurie Morvan brings her blistering blues to Arena Theater on Saturday, June 24 at 8:30pm.

High Tides Compassionate Cannabis Care in Gualala hosts their second Patient Appreciation Faire on Saturday, June 24 from noon to 4:00pm. High Tides in on Highway One.

Richie Blue returns to Garcia River Casino on Friday June 30. It's an evening of country-to-rhythm-to-soul. Music starts at 8:30pm.

Harrison Goldberg and Tim Mueller play at Mendovine on Friday, June 30.

NOTE: Look inside for music at Gualala Arts, Arena Theater, the Garcia River Casino, 215 Main, Annapolis Winery, Mendovine, and more.