

**ALWAYS
FREE
JULY 2022**



Mendocino Coast's **Lighthouse Peddler**

The Best Original Writing, plus the Guide to Art, Music, Events, Theater, Film, Books, Poetry and Life on the Coast

Blues Hall of Famer!

Joe Louis Walker at Arena Theater July 30!

Summer plans just got hotter! Blues man Joe Louis Walker, a Blues Hall of Fame inductee, and four-time Blues Music Award winner and powerhouse guitar virtuoso, will take to the stage at Arena Theater on Saturday, July 30, at 7:30pm; doors opening at 7:00pm. Tickets are \$25, online at ArenaTheater.org or at the door.

Walker has been called “a legendary boundary-pushing icon of modern blues,” and he is already being referred to within the blues world as a living legend. However, at this stage of his life, Walker profoundly shares, “I’d really like to inspire younger musicians to carry on the legacy of blues/roots music. But play, and do it your way. Don’t be afraid to mix it up. There’s no right, or wrong way. Just the way you wanna express yourself. And above all, enjoy yourself.”

It took Joe Louis Walker 20 years to . . .

. . . cont'd on page 2



Farmstead Atop Gualala Mountain With Views That Stretch To The Sea



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Coast Highway Art Collective Opening Reception July 3
For Pottery And Printmaking (and more)

Declare your independence this year by enjoying one-of-a-kind artwork at the Coast Highway Art Collective. On Sunday, July 3, the collective hosts an opening reception for three local artists, Brenda Phillips, ceramics; Bea Acosta, pottery; and Barbara Poole, printmaker. The community is invited to stop in right after the Independence Day parade in Point Arena ends after winding its way down Main Street. The parade begins at noon.

Phillips began taking pottery lessons around 2002 after retiring in 1995 from teaching at Manchester Elementary and as a resource specialist at Point Arena High School. She has studied under Paul Stein and taken classes at Brandybuck with Kaye Like and at the Mendocino Art Center. Phillips is showing some new work at this show, including large footed oval bowls and globes. She says "It's a challenge for me to make new shapes that I haven't tried before. I love it when a lump of clay can become so many different shapes and forms. Glazing is still fun especially when different colors are layered onto a single piece. I love to challenge myself by mixing my own glazes, then brushing, dipping, pouring, or spraying them for so many different effects."

Acosta says "My Native American/ Mexican roots have emerged in my pottery. The joy I feel as my hands create with the clay must have connections to my ancestors. I am enamored with the piece as it unfolds and I rarely know how it will look until the final

moment when it emerges from the kiln, the firepit or the raku kiln. It evolves as the clay and I create together."

Acosta has experimented with a variety of methods to finish her pottery masks and vessels, which are all hand built, using the slab and coil method. Spontaneity is inherent in all her creations because of the way she works, the material she uses and the process she employs. For Acosta, experimenting with various techniques, burnishing, terra sigillata, sagger firings, raku, horsehair and smolder firings, is an organic experience.

Combining the elements of fire and earth (the clay itself) appeals to Acosta's Native American and Mexican heritage. The influence is obvious in the finished products. Both her masks and her vases suggest the primal and spiritual qualities of indigenous people

Poole says her art is often experimental and based on what she sees and feels. "I notice that I am always documenting, whether it be the passage of time or my surroundings," observes Poole. Primarily she is a printmaker, but she often makes a series based on the same idea in oil, watercolor and sometimes taking it to 3-dimensions. "I've been influ-

enced by other artists, usually printmakers who do unusual techniques, and by my childhood in rural Pennsylvania. My goal is to learn new skills and develop different art methods every year which has led to challenges and many surprises. Since the pandemic my art has become more about the experience of looking at the world and myself in a different way."

The show opens on July 2 and runs through the end of the month during regular gallery hours, Friday through Sunday, 11 am to 4 p.m. The gallery is located at 284 Main St., Point Arena, the little red building with the big yellow sun, next door to the Redwood Credit Union.

Please note Highway 1 through Point Arena will be closed at noon on July 3 for the parade. We encourage visitors to come early, park your car and enjoy the shops and restaurants in Point Arena before the parade begins.

More information and how to become a collective member is available at www.coast-highway-artists.com



WALKER from cover story

... establish himself, but once he released his debut, "Cold Is the Night," in 1986, he quickly became a staple in contemporary blues. Walker drew upon blues, soul, and gospel in equal measure, a combination that sounded electrifying upon his national debut, but this hybrid also allowed him to play in a variety of settings, both on-stage and on record. Later recordings, such as 1996's "The Gift," and 2009's "Between a Rock and the Blues," offered acclaimed examples of his versatility, leading to a 2013 induction in the Blues Hall of Fame. He made his Alligator debut with 2014's "Hornet's Nest," and remained until mov-



ing to the L.A.-based Cleopatra for 2020's "Blues Comin' On," and 2021's "Eclectic Electric," a collection comprising mostly covers. More info at JoeLouisWalker.com.

The Arena Theater bar and snack stand will be open.

Photo credits:

Above: Joe Del Tufo

Cover: Arnie Goodman



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• Anchor Bay Store	14	• KTDE
• Arena Frame	3	• KZYX
• Arff Feed and Pet	8	• Little Green Bean
• Banana Belt Properties	Front Cover	• The Loft
• B Bryan Preserve	back cover	• Mario's Upholstery
• Denise Green	10	• MTA
• Discovery Gallery	2	• Office Source
• Four-Eyed Frog Bookstore	11	• Phillips Insurance
• Franny's Cup & Saucer	12	• Point Arena Light Station
• Garcia River Casino	16	• Red Stella
• Gualala Arts	5	• Rollerville Cafe
• Gualala Building Supply	14	• Sea Trader, The
• Gualala Supermarket	6	• Skunk Train
• Ignacio Health Insurance	8	• Village Bootery
• Koastal Kitchen Shop	7	• Zen House

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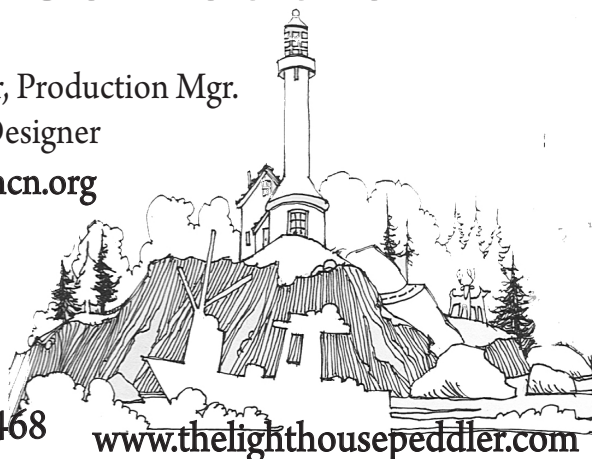
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FROM THE EDITOR'S DESK

- 15 • When Walker's in town, get ready for a night of the Blues! And you'll love it. (Cover).
- 14 • Pottery, Printmaking, and more at Coast Hwy Art Collective. I'm going for all 3. (Page 2).
- 12 • Mendocino Film Fest and the Skunk Train bring you Harry Potter. (Page 4).
- 4 • Chamber music is here for us at Gualala Arts. It will soothe you right. (Page 4).
- 4 • Yeah, fireworks at the Cove. But what about the dance at Arena Theater? (Page 4).
- 9 • Thinkin' about catching a big wave? See the film first. (then sell your board...) Page 5).
- 2 • MHA wants you healthier. Maybe it's time to listen. (Page 5).
- 8 • Desert to the North Coast. It's a journey Brian made. See the details. (Page 5).
- 12 • Get to the Gardens. All 3. Start with Gualala Arts. (Page 6).
- 9 • Whale & Jazz is back. And Erik is here to prove it. (Page 6).
- 3 • Karin has nothing but sunny smiles. Try evening primrose. (Page 7).
- 6 • Stunning! Beautiful! Truly Great! Not me . . . Find out who or what. (Page 7).
- 4 • So I was driving down the road and two buffalo stopped to talk . . . (Page 7).
- 16 • Double your enjoyment. Rhia dances to introduce Amanda's art. You gotta go. (Page 8).
- 9 • See yourself on stage? Want to? Audition on August 28, but get ready now. (Page 8).
- 4 • Discover the Discovery Gallery and the Studio Discovery Tour. (Page 8).
- Jane and Loraine are going to capture your senses. See Dimensions. (Page 9).
- Haven't gotten to New Orleans yet? See the movie at Arena Theater. (Page 9).
- Get your calendar out and start marking. Art in the Redwoods opens August 18. (Page 9).
- OK. What do Jeff and Elon have in common? Read the column. (Page 10).
- Whether you like rhubarb or not, you've got to read July's haiku. (Page 10).
- Go Back To Where You Came From. Not you, silly. Read the book review. (Page 11).
- Plenty of book ideas for your hungry brain. (Page 11).
- Mitch is scuttle butting again. Will you please listen to him? (Page 12).
- Try this month's Sudoku. I triple dog dare you. (Page 12).
- Oh, oh. Caitie's back and it seems that there is something on her mind. (Page 13).
- Live between Russian and Gualala? See what's going on. (Page 13).
- Not one cross word. (OK, there's lots of across and down clues. Get to work.)(Page 14).
- MJ's back and Coho is . . . Coho are . . . never mind. She's talking salmon. (Page 15).
- Become enchanted. The music guys are bringing Paul Desmond with them. (Page 15).
- Been to Ireland? Like Irish whiskey? Like Irish music? Join the fun. (Page 16).
- The Buck Moon returns as the first star of Pt. Arena Lighthouse's evening tours. (Page 16).
- What to do, what to do? Check out "Get Out"! ? (Back cover).

"My father always promised us, That we would live in France
We'd go boating on the Seine, And I would learn to dance
We lived in Ohio then, He worked in the mines
On his dreams like boats, We knew we would sail in time"

From "My Father" by Judy Collins (1939-)



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Summer Chamber Music Festival at Gualala Arts, July 9 & 10

Featuring Peter Wyrick, Amy Hiraga, Nancy Ellis,

Sarn Oliver, Mayumi Hiraga Wyrick, Roy Bogas

The Summer Chamber Music Festival returns to Gualala Arts Saturday and Sunday, July 9 & 10, 2022. Performances begin at 4:00pm. Tickets are \$40 for each day's performance, and are available at Gualala Arts, Dolphin Gallery, and online at EventBrite.com. Cellist Peter Wyrick, family and friends bring the music of a variety of com-



posers to delight chamber music lovers on the coast.

Born in New York to a musical family, Peter Wyrick began studies at the Juilliard School at age eight and made his solo debut at age twelve. He has served as Associate Principal Cello of the San Francisco Symphony, and has been principal cello of the Mostly Mozart Festival Orchestra, and associate principal cello of the New York City Opera Orchestra. As a member of the Ridge String Quartet, he recorded the Dvořák piano quintets with pianist Rudolf Firkušný, an RCA recording that won France's Diapason d'Or and a Grammy nomination.

Cellist Wyrick will be joined by a superb group of musicians. Contributing to the festival weekend are Amy Hiraga, violin; Nancy Ellis, viola; Sarn Oliver, violin and Mayumi Wyrick, violin. Returning for Saturday's performance is pianist Roy Bogas.

Amy Hiraga studied at the University of Cincinnati and the Juilliard School. She has been a member of the Orchestra of Saint Luke's and the Orpheus Chamber Orchestra. She worked as a freelance musician in New York and joined the Metropolitan Opera Orchestra in 1991, then rejoined the

San Francisco Symphony when she and Mr. Wyrick returned to San Francisco in 1999.

New Jersey native Nancy Ellis joined the San Francisco Symphony's viola section in 1975. She attended Oberlin College for two years before transferring to (and graduating from) Mills College. She has toured Europe with a quartet that backed rock singer Van Morrison, and she has attended the Marlboro Music Festival.

Violinist Sarn Oliver has performed as a soloist, recitalist and chamber musician throughout the United States and Europe. His performances can be heard on many recordings. Oliver is the former Principal Second Violin of the Sacramento Symphony and is currently a first violinist with the San Francisco Symphony.

Violinist Mayumi Hiraga Wyrick is currently a student of Nicholas Kitchen at the New England Conservatory of Music. She is a past winner of the Marin Music Chest Scholarship award and won the instrumental award for the Robert Mondavi Young Artists Competition in 2007.

Pianist and longtime local favorite Roy Bogas is a pianist of international renown with a long and distinguished career. He debuted in performance with the San Francisco Symphony at age 14, made his conducting debut with Prometheus in 1976, became the accompanist for violinist Yehudi Menuhin at age 19, and established a solid reputation as a pianist, conductor and composer.

The program for Saturday includes Ludwig von Beethoven's "Seven Variations for Piano and Cello" from Mozart's "Magic Flute", Leos Janacek's "String Quartet No. 2 'Intimate Letters'", and Johannes Brahms "Piano Quintet in f minor, Op. 34".

Sunday's program will include Eugène-Auguste Ysaÿe, "Sonate pour deux violons seuls", Claude Debussy, "String Quartet Op. 40", and Felix Mendelssohn Bartholdy, "String quintet, Op. 87 in B-flat Major."

Mendocino Film Festival Partners with The Skunk Train

Offering a Unique Feature Film Screening July 21

The Mendocino Film Festival is thrilled to partner with the Skunk Train for Cinema in the Redwoods, a unique twist on the outdoor movie experience. Three films will be screened outside, under the stars, nestled within the majestic redwoods, a truly magical environment, one this month.

The amazing Northern California's redwoods offer a unique immersive experience, melding the woods with the power of film. Get on board the Skunk Train in Fort

Bragg and cruise 3.5 miles to an open meadow deep in the forest at the Glen.

The train departs Ft. Bragg at 6:30pm, the film starts at 7:15pm, and return train leaves at 9:50pm. The July 21 screening is "Harry Potter and the Sorcerer's Stone." Included with your ticket is a bucket of bottomless popcorn and a drink token for locally sourced wine or a soda. (Concessions and a full bar will also be available.) Join the fun at this special movie event.

Arena Theater Hosts

Post Fireworks Event

Saturday, July 2

Live Music featuring

Tropicali Crew with DJ Jacques and Selector Science

Arena Theater's annual post-fireworks show returns to the theater on Saturday, July 2, at 10:30pm, featuring Tropicali Crew with DJ Jacques and Selector Science. Doors open at 10:00pm. Tickets are \$20, and \$10 youth, at the door.

Tropicali Crew is a cutting edge vocal duo from the bay area of California. Delwin G and Jameson Hodder have been blazing a trail in the tropical hip-hop scene together since their release, "Mucho Amor Mas Bajo," featuring Gappy Ranks, back in November 2016.

Born out of the NorCal sound system culture, they're just as comfortable performing with their 5-piece band as they are spinning records as talented DJs. Their passion for the music shines through in their lyrics writing and performances. As natural story tellers they spread a message of unity and rising above the struggles in life.



Also appearing are DJ Jacques putting on dancehall, reggae, and hip hop to warm the crowd, and Selector Science will bring his eclectic taste to the turntable.

Tickets for the show are \$20, \$10 youth (18 and under), available at the door. The Arena Theater Bar and the snack stand will be open. Arena Theater is at 214 Main Street, Highway One, in downtown Point Arena.

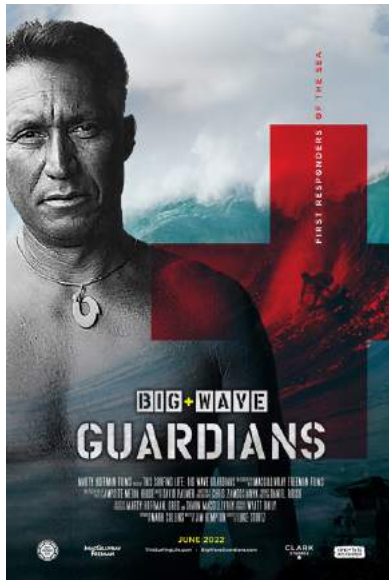
"The Supreme Court, of course, has the responsibility of ensuring that our government never oversteps its proper bounds or violates the rights of individuals. But the Court must also recognize the limits on itself and respect the choices made by the American people.

Elena Kagan (1960-)

**"Big Wave Guardians"
A Special Screening
at Arena Theater
Saturday, July 23**

Arena Theater presents a special film event, "Big Wave Guardians: First Responders of the Sea", on Saturday, July 23 at 7:00pm. Tickets are \$10 online at ArenaTheater.org or at the door.

From Academy Award Nominated MacGillivray Freeman Films, "Big Wave Guardians", is the new, epic surf film that everyone will refer to as life-changing, and is the most honest, behind the scenes look at how the lifeguard profession began, and where it is today.



The 90-minute documentary explores the dramatic stories of Hawaii's big wave guardians, some of the world's best athletes, lifeguards, and surfers, who risk their lives in the world's most dangerous waves while inventing innovative water safety techniques previously unimagined.

Hawaii's North Shore is the world's most dangerous 7-mile stretch of beach. Massive swells, life-and-death rescues, and "the best job in the world"—yet often the most hazardous one—is the compelling drama of Hawaii's big wave guardians. As surfers push the limits and crowds increase, a small group of heroes have reinvented water safety on a parallel track to the rising dangers. Addicting thrills versus inherent peril – they are caught up in both. Surfing's elite water men risk their lives to save their friends while challenging a realm beyond.

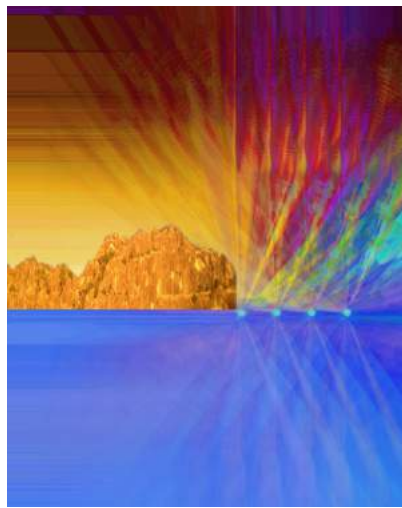
The Arena Theater snack bar will be open and now sells beer from Fort Bragg's North Coast Brewery and wine from the Coppola winery.

Support local events. Arena Theater is at 214 Main Street (Highway One) in Point Arena. More information, including information on all upcoming films, start times and more is available at ArenaTheater.org, and at 707-882-3272.

**"Desert To The North Coast, 30+ years"
A New Exhibit at Gualala Arts, Opening July 8**

"Desert To The North Coast, 30+ years" clearly sounds like a journey, and happily it is also a new exhibit at Gualala Arts. Brian Denova, Northwest Coast American artist, is excited to be sharing his latest works (plus earlier works) at Gualala Arts Center. An opening reception is set for Friday July 8, in the Elaine Jacob Foyer, from 5:00pm to 7:00pm.

Denova is always striving to create visual engineering that stimulates and pleases one's senses, hopefully energizing the questioning of the mysteries of "where we are, where we might go and the connections with all on this this great blue planet and beyond, that we are so fortunate to inhabit." The exhibit presents work chosen from over 30 years of projects inspired from the Southwest deserts to the Sierra Nevada mountains, and



also to his home in the north coastal redwoods.

A Cal State University graduate, Denova has created and shown work throughout the western United States, from Austin, Denver,

Sedona and Hollywood, to Hawaii, Japan and locally, at Gualala Art Center and the Sea Ranch Lodge. When discussing his own work, Genova draws inspiration from earlier artists. For example, 19th Century artist W. Foster described his concept as



that of a "visual engineer", and Denova adds that his style is that of "a modernist, creating compositions with contemporary color, inviting visitors to explore his observations, contemplations, semi-abstractions, integrated nature and design. Denova adds, "I like free flowing paint, or phenomalistic improvisational beginnings, from there bringing imagination and deep conscious forces into play, developing forms, symbols, colors to the surface... harmony and rhythm, for-ays into the inner and outer worlds."

Denova will be debuting his most recent work, inspired by the natural beauty of our Mendonoma locale, including prints combining photo and painterly techniques via computer. Gualala Arts Center is nestled in the redwoods, spend an afternoon exploring the grounds and all the other local artists showing on site. "Art is not a thing, it is a way" Elbert Hubbard.

The exhibit will continue through Sunday, August 7, 2022.

**Two FREE Courses In July from Mendonoma Health Alliance.
"Matter Of Balance" and "Healthy Living." Both Begin July 12**

Mendonoma Health Alliance begins two Healthy Living courses on July 12. Both courses are free and perfect for Mendonoma Residents.

"Matter Of Balance Class: Improve Your Strength & Balance" begins July 12. Falls are the leading cause of emergency ambulance dispatches for Coast Life Support District.

"The Matter of Balance" is a program designed to reduce the fear of falling and increase activity levels among adults 60 years or older. The class meets every Tuesday from 2:00pm to 4:00pm in Gualala, and runs for 8 weeks. The class begins on July 12 and ends on August 30. Registration is easy, by calling (707) 412-3176 x102 or sending an email to info@mendonoma-

health.org. You can also visit their website at Mendonomahealth.org. Space is limited.

"Virtual Healthy Living" is a 6-week course, and is based on Stanford University's highly acclaimed Chronic Disease Self-Management Program. It is geared to sharpen your health management skills including decision making, problem-solving, and action planning. Topics include setting goals, problem solving, managing symptoms, healthy eating, stress management, and advocating for your health. "Virtual Healthy Living" will be held online every Tuesday from 10:00am to 12:30pm beginning July 12 and completing on August 16. Space is limited. To register: (707) 412-3176 x102 or info@mendonomahealth.org

Gualala Arts
SINCE 1961
707.884.1138
GualalaArts.org
4650I Old State Hwy
Gualala, CA 95445

**New Exhibit in Burnett Gallery
"Dimensions"
Loraine Toth and
Jane Casner Mothersill
Opening Friday, July 8, 5-7pm**

**New Exhibit in Elaine Jacob Foyer
"Desert to North Coast, 30+ Years"
Brian DeNova
Opening Friday, July 8, 5-7pm**

**The 2022 Summer
Chamber Music Festival
July 9-10 at Gualala Arts
Tickets on Sale Now!**

**New Exhibit at Dolphin Gallery.
"Body of Water"
Abstract Expressionist Works by
Amanda Rose Hopkins
and Dance by Rhia Gowen
Opening Saturday, July 9**

**The Inaugural Garden Tour,
Wine Tasting & Auction
A Fundraiser for Gualala Arts
Saturday, July 16, 10 am to 5 pm**

**Call To Artists for 2022 Exhibits
Applications Available Now!
61st Annual Art in the Redwoods
Opens August 18**

**Plein Air Affair, Opens August 23
Paint Out, Classes,
Exhibit, Silent Auction**

**Gualala Arts: Open daily, 11 - 4
Dolphin: Open Thu-Mon, 11 - 4
Gualala Arts and Dolphin Gallery are respectfully
requiring all visitors to wear masks indoors, and
proof of Covid vaccine required for all ticketed
events until further notice.**

"Prejudice is opinion without judgement."
Voltaire (1694 - 1778)

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Solution to crossword:

Full Moon



July 13

New Moon



July 28

Inaugural Garden Tour, Wine Tasting & Auction

A Fundraiser for Gualala Arts, July 15 & 16

Gualala Arts presents a new summer event, held at three unique garden spots on the Mendonoma Coast, July 16 and 17. Welcome to the Inaugural Garden Tour, Wine Tasting & Auction, a fundraiser for Gualala Arts. Tickets are \$75 advance or \$100 if purchased on the day of the event.

Not surprisingly, the event starts with a Champagne Preview on Friday, July 15 from 5:00pm to 7:00pm at Gualala Arts. Ticketed guests will enjoy free admission to the Korbel California Champagne Preview, and get the first chance at bidding on more than one hundred auction lots. The lots will be available for silent bidding both days of the event, with the winning bids announced on Saturday, July 16th at the end of the auction (bidders need not be present to win).

On Saturday, July 16th, three separate garden experiences will be open for ticket holders beginning at 10:00am, and after touring the gardens, the auction will take place at Gualala Arts, beginning at 3:00pm.

The Garden Experiences include Peter Mullins' Mendocino Stone Zone in Gualala, Sandy Scott's Frog Song in Point Arena, and the Global Harmony Sculpture Garden at Gualala Arts.

Peter Mullens' Mendocino Stone Zone offers ticket holders a chance to explore

the myriad of whimsical stone structures including garden follies, pebbled pathways, sculptural installations, stone patios and more.

Sandy Scott's Frog Song, begun in 2000, is an estate-style garden and farm focusing on a personal collection of plants that grow well in our coastal climate, including California natives, heathers, rhododendrons, and a wide variety of unusual Southern Hemisphere plants. In addition, there is a large lily pond, a dwarf fruit orchard, four variously purposed greenhouses and so much more.

The Sculpture Garden at Gualala Arts has evolved and grown into a delightful and diverse collection. Unlike many other disciplines, sculpture offers art in three dimensions, and visitors can often walk around, usually look behind, sometimes look down upon the art and even immerse one's thoughts into the art.

There is much to see and enjoy at all three stops, visitors should visit them all.

This inaugural fundraiser is destined to become the premier garden tour and wine event on the Sonoma and Mendocino Coast, featuring award winning wineries pouring a wide selection of their premium wines and art edibles by the Gualala Arts Culinary Guild. Many local wineries and businesses have donated premium auction lots such as bottles of award-winning wines, wine related gifts, luxurious lodging packages, golf, winery tours, and other great items. Make what you hope will be winning bids on your favorites, knowing that the proceeds will help promote public interest and participation in the arts.



Erik Jekabson Quintet Returns to Whale & Jazz At Gualala Arts • July 24

The 2022 Whale & Jazz Festival Series continues in July with a return performance of the Erik Jekabson Quintet, Sunday, July 24. Advance tickets are \$34.

According to festival music coordinator Fred Adler, "This concert for peace and unity will showcase 'artistry in melody and counterpoint.'

Counterpoint is the creatively-thrilling, simultaneous weaving together of two or more musical lines or melodies, so that heard as a whole, they fit together impeccably.

Other concert highlights will include a performance of Stephen Sondheim's masterpiece, 'Send in the Clowns,' Leonard Bernstein and Sondheim's dream fantasy piece 'Somewhere' from West Side Story.

The remarkable 'Cristo Redentor,' written by pianist Duke Pearson will also be performed. This piece was inspired by the universally-adored, 98-foot high statue of Christ on the peak of Rio de Janeiro's Corcovado Mountain, with arms outstretched welcoming all of humankind."

Erik Jekabson, equally dynamic on both flugelhorn and trumpet, is busy playing and



composing for different bands, and leading his own groups. Joining him will be stellar Bay-area musicians Charlie Gurke on baritone and alto sax, Smith Dobson on vibes, sax and drums, Colin Hogan on piano and drums, and Owen Clapp on upright/acoustic bass.

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Words on Wellness • Sunny Smiles

by Karin Uphoff

As the summer simmers, flowering 'wayside' plants keep their sunny smiles. One is Evening Primrose (*Oenothera biennis*) whose flowers first open in the evening and only last a day. This tall biennial with narrow leaves and lemon yellow flowers is related to fireweed

and fuchsias and native to North America. It was used by Indigenous peoples as a leaf poultice for bruises and hemorrhoids, or an infusion to speed up wound healing



and for upset stomachs. The boiled root and stem bark were taken for whooping cough, asthma, general stiffness, pelvic fullness and nerve pain. Seeds were considered a valuable food and medicine. In recent years, evening primrose seed oil has become an important dietary supplement and a good source of essential fatty acids, specifically gamma-linolenic acid (GLA), which is found in human breast milk, borage and black current seed oils, but is otherwise rare. Studies suggest the oil can improve eczema and possibly help address neuropathy, but hey – this plant is edible and can be grown in gardens for its nut-flavored first-year roots, which are boiled or baked. The young leaves and unripe seed pods are tasty in sal-

ads or cooked with other greens (they have a bitter/peppery flavor). The flowers add beauty and health to any dish along with seeds, which are collected when pods dry.

Another yellow plant is Western Salsify (*Tragopogon dubius*), which looks similar

to a giant dandelion. There is also Purple Salsify (*T. porrifolius*) but both can have the nickname 'goats beard' because the bracts around the flower are so long. This plant

was brought from Europe as a replacement for potatoes and can be enjoyed in soups, mashed or sautéed in butter with its greens. The edible greens look like tufts of coarse grass, and grow up to three feet tall. Related to dandelions, this plant saw some medicinal use for gallbladder, pancreas and liver complaints. There is also a yellow-flowered Black Salsify or vegetable oyster (*Scorzonera hispanica*), whose black roots are grown for their mild oyster-like flavor. This plant also goes by Viper's Grass because it was a popular remedy for snakebites. All these simple roots contain iron, vitamin C, thiamin, calcium, potassium and phosphorus, plus a healthy dose of fiber, earning them "superfood" status!

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of **Botanical Body Care: Herbs and Natural Healing for Your Whole Body**. Learn more at: www.karinuphoff.com. Photo by james jeon on Unsplash

Great Blue Heron: Stunning Blue and Truly Great

The Great Blue Heron is aptly named. It is the largest heron at 4 feet tall and a wingspan of 7 feet. They are usually seen standing alone motionless in the water waiting for the prey to come within striking distance.

Great Blue Herons are powder blue, adults have a black plume on the head that drapes to the back of the neck, white around the face and neck and the long dagger-like yellow bill. In the breed-



ing season adults have beautiful, long, wispy plumes around the head and neck.

Great Blue Herons, or "G.B.H.'s" as they are called, can give a low croaking call while in flight. They have a deep, lazy-looking wing stroke and fly with their head and neck folded back over their shoulders, legs and

feet extended behind them.

They feed on fish and amphibians also on mice and shrews. My favorite experience was seeing a G.B.H. on a soccer field where it suddenly stabbed twice and swallowed a whole gopher that wiggled down its throat. They feed at night and day but are most active at dawn and dusk.

The nest colonies are called rookeries. Herons make a nest that can be over four feet wide out of woven sticks and twigs. It can be lined with leaves and pine needles. She lays three to five eggs which are incubated by both adults. Eggs are gently rotated every couple of hours with their parents bill. Young are fed a diet of fish and fledge after a couple of months.

Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Heron.

Each month, the Lighthouse Peddler features a bird regularly seen at or near the Mendocino Coast. More information is at www.mendocinocoastaudubon.org. Image by Yuan Yue on Unsplash.com.

Making Room For Wildlife: 4 essential reads

by Jennifer Weeks, Senior Environment + Energy Editor, The Conversation

Millions of Americans enjoy observing and photographing wildlife near their homes or on trips. But when people get too close to wild animals, they risk serious injury or even death. It happens regularly, despite the threat of jail time and thousands of dollars in fines.

These four articles from The Conversation's archive offer insights into how wild animals view humans and how our presence affects nearby animals and birds – plus a scientist's perspective on what's wrong with wildlife selfies.

1. They're just not that into you

In some parts of North America, wild animals that once were hunted to near-extinction have rebounded in recent decades. Wild turkeys, white-tailed deer, beavers and black bears are examples of wild species that have returned to large swaths of their pre-settlement ranges. As human development expands, people and animals are finding themselves in close quarters.

How do the animals react? Conservation researcher Kathy Zeller and her colleagues radio-collared black bears in central and western Massachusetts and found that the bears avoided populated areas, except when their natural food sources were less abundant in spring and fall. During those lean seasons, the bears would visit food sources in developed areas, such as bird feeders and garbage cans – but they foraged at night, contrary to their usual habits, to avoid contact with humans.

"Wild animals are increasing their nocturnal activity in response to development and other human activities, such as hiking, biking and farming," Zeller reports. "And people who are scared of bears may be comforted to know that most of the time, black bears are just as scared of them."

2. Wild animals turn up in unexpected places

When a recovering species shows up on its old turf or in its former waters, humans aren't always happy to make room for it. Ecologist Veronica Frans studied sea lions in New Zealand, a formerly endangered species that moves inland from the coast to breed, often showing up on local roads or in backyards.

Frans and her colleagues created a database that they used to find and map potential breeding grounds for sea lions all over the New Zealand mainland. They also identified potential challenges for the animals,

such as roads and fences that could block their inland movement.

"When wild species enter new areas, they inevitably will have to adapt, and often will have new kinds of interactions with humans," Frans writes. "I believe that when communities understand the changes and are involved in planning for them, they can prepare for the unexpected, with coexistence in mind."



3. Your presence has a big impact

How close to wildlife is too close? Guidelines vary, but as a starting point, the U.S. National Park Service recommends staying at least 25 yards (23 meters) away from wild animals, and 100 yards (91 meters) from predators such as bears or wolves.

In a review of hundreds of studies, conservation scholars Jeremy Dertien, Courtney Larson and Sarah Reed found that human presence may affect many wild species' behavior at much longer distances.

"Animals may flee from nearby people, decrease the time they feed and abandon nests or dens," they report. "Other effects are harder to see, but can have serious consequences for animals' health and survival. Wild animals that detect humans can experience physiological changes, such as increased heart rates and elevated levels of stress hormones."

... Continued on Page 13

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“Body Of Water” — A Sensory Exhibition For Ocean Lovers

At The Dolphin Gallery • Opening July 9

“Body of Water” is a sensory exhibition for ocean lovers at the Dolphin Gallery in Gualala opening on Saturday, July 9, 2022, with a reception set from 3:00pm to 7:00pm. Snacks and non-alcoholic refreshments will be served at the Dolphin patio. “Body of Water” will open with two dance presentations by Rhia Gowen beginning at Gualala Arts at 2:00pm, and immediately following at the Dolphin Gallery.

These are the paintings of Amanda Rose Hopkins (who some will remember from her time on the Mendonoma Coast as Amanda Rose Pence). The art is a colorful, textural collection of mixed media paintings incorporating elements from the sea, inspiring intimate connection with the kelp forest. Rhia Gowen has created a video of a multimedia dance performance against a backdrop of ocean photography by Tom Gruber which will be on display in the Dolphin Gallery.

Amanda Rose Hopkins style is rooted in abstract expressionism, with a striving to merge the two dimensional and three-dimensional realm. She also adds, “my work also delves into the world of eco-art because of my collaborative process in which the patterns within the found objects in

nature drive the composition of the work.” Hopkins is fascinated by patterns that repeat themselves in nature and within the human body, especially particular types of plant life that are bio-indicators, such as lichen and kelp. “For instance, branching systems are seen in rivers, veins, leaves, lichen



and in valleys . . . These patterns can also be seen as systems that connect human beings to the natural world, as we are also built and shaped by these systems.” The art these hands create combines sensual colors with

an environmental aesthetic with the intention of exciting the senses while encouraging an awareness of nature.

Rhia Gowen has been a dancer since the age of 6. During her 23 years in Kyoto, she co-founded United Multimedia Dance Theater Productions and later studied Butoh, as well as Jiuta-mai Japanese dances receiving the Natori (Master) title. She was inspired by her husband, an underwater photographer, to become a scuba diver, and was deeply moved by the beauty of the ocean and then dedicated herself to ocean advocacy after meeting Sylvia Earle.

To open the exhibit at 2:00pm, July 9, Rhia Gowen will dance for about 15-25 minutes by the Redwood Grove picnic tables, adjacent to the Gualala Arts Center, and then she will invite viewers to follow her to the Dolphin Gallery, where she will do another short dance outside of the Gallery to open the exhibit. The music is inspired by the sea, composed and recorded by Tom Gruber and friends.

“Body of Water” will continue at the Dolphin Gallery through Sunday, August 7, 2022. More information about Amanda Rose Hopkins is at ArtOfNature.me and Rhia Gowen at ZanaDance.com.

Gualala Arts Theater to Produce Musical, "Radio Gals"

Auditions are Set for August 28

Gualala Arts Theater announces the production of the musical, Radio Gals. Book, music and lyrics by Mike Graver and Mark Hardwick. Brian Holderman, who has directed community theater for over 30 years in Chico, California, and just completed directing duties for the Sea Ranch Thespians, will be directing. The cast calls for 6 women and one or possibly two men.

Auditions will be held on Sunday, August 28, 1:00pm at Gualala Arts with performances scheduled for the last two weekends of February, 2023. Late afternoon rehearsals

begin in October, with time off during the holidays. For further details, please contact Brian at brianholderman@yahoo.com.

The play: In the twenties, when radio ruled the airwaves and small stations thrived, music teacher Hazel C. Hunt received a transmitter as a retirement gift and station WGAL was born in Cedar Rapids, Arkansas. A wacky quintet of singer/musicians gather daily in her parlor to set hearts thumping and toes tapping with rib tickling songs, homey chat and plugs for a rejuvenating tonic that owes its kick to the still out back. Hazel’s habit of wave jumping to find a clear channel brings a government inspector to shut her down.



“The magic of RADIO GALS is in its loving re-creation of America’s innocent musical past. Hardwick and Craver have brilliantly recaptured the spirit of smalltown America in the '20s with a remarkable sense of authenticity. This is a fun, moving tribute to the pure, light hearted innocence that was once America, and may still be lurking somewhere deep in our hearts.” Hoyt Hilsman, VARIETY.

Discovery Gallery's Artists

Offer a Preview of the 2022

Studio Discovery Tour

All of the member artists for this year's Studio Discovery Tour are showing in the Discovery Gallery's two-month preview of this year's tour. The Discovery Gallery is on Highway One in Gualala.

Visiting the Preview Show is a great way to plan your Studio Tour schedule. Artists' bios will be posted, and the gallery's knowledgeable staff can direct you to the sites and services of our coastal paradise. There are more than 30 artists working in 20 different media, and all previewed art pieces will be for sale. The gallery hosts will also have free tour brochures and flyers while supplies last.

From July 8 to August 26, and on the week of August 29 to September 2, the gallery will be open for its regular hours of 10:00am to 4:00pm and closed on Wednesdays. During the two tour weekends, August 27 thru September 5, the gallery will be open until 5:00pm.

The Discovery Gallery is located at 31940 South Highway 1, in the Seacliff Center in mid-town Gualala. (707) 884-1900.

Have a latte at Trinks and walk over to Discovery Gallery. It's a perfect way to get a taste of the art and artists on the coast. And enjoy the ocean view while you're there.



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"Dimensions" Opens At Gualala Arts July 8

Two Woman Show Features Loraine Toth And Jane Casner Mothersill

"Dimensions", a two woman show featuring sculptures by Loraine Toth and paintings by Jane Casner Mothersill, opens with a reception in the Burnett Gallery at Gualala Arts on Friday, July 8, beginning at 4:00 p.m. Refreshments will be served.

The exhibit was conceived by the artists as a means of showcasing the interaction between imagery and meaning in their respective works. While "Dimensions," obviously, speaks to the inclusion of both two-dimensional and three-dimensional work, it also finds expression as it relates to the layers of meaning suggested in the individual artworks themselves. These deeper dimensions of meaning can be cultural, temporal, emotional or personal as they evoke a story or theme beyond the surface imagery.

Loraine Toth's vibrant and fantastical sculptures are inspired by the European traditions of the Commedia dell'arte, a style of theatre originating in northern Italy in the fifteenth century, which Toth became acquainted with while studying art in Vienna. The Commedia dell'arte featured actors wearing distinc-



tive costumes and masks, who performed with highly stylized postures and exaggerated gestures to convey emotion and intent. Toth's figurative works, always intensely colorful, can range from bold and provocative to sensitive and alluring – with facial expressions, gestures, props and masks contributing to their overall visual impact and messaging. She often chooses to display multiple sculptures together as part of a unified group – evocative of a theatre performance where one artwork can play off against another in telling a story. Her ceramic sculptures are glazed and fired, sometimes multiple times.

Jane Casner Mothersill's vivid and complex still life paintings reflect her innate love of beauty as revealed in nature or physical objects while drawing upon her rich international experiences in Asia, where she lived for 20 years. With a long held and deep interest in foreign cultures, she has amassed a significant collection of textiles, ceramics / lacquerware, religious / ornamental items and various objet d'art in her travels which often find expression in her paintings. Some



works serve as artistic observations on the beauty, emotions and colors found in living nature as contrasted with those emanating

from a colorful textile. In other works, particularly ones that incorporate multiple physical objects, the cultural items take on a much more expressly symbolic role – with the stories these works tell derived increasingly from compositional elements rather than from color. Casner Mothersill's paintings include oil on linen canvas works and pastels on paper.

"Dimensions" is very much a show about color, imagery and context – which can be enjoyed on many levels. Incorporating both Western traditions and Oriental influences, the works in the show are visually engaging – yet complex. And there is also some whimsy in the body of work on display to add to the fun! There will be over 50 artworks on display. This will be a journey that art lovers will enjoy exploring with Loraine Toth and Jane Casner Mothersill!

Arena Theater presents "Jazz Fest: A New Orleans Story"

One Screening, Monday, July 18

As part of its Music on Film Nite series, Arena Theater presents "Jazz Fest: A New Orleans Story", Monday, July 18 at 7:00pm. Doors open at 6:30pm. Tickets are \$10.

"Jazz Fest: A New Orleans Story" weaves together live performances and interviews from the 50th anniversary of The New Orleans Jazz & Heritage Festival, the signature annual music and cultural event of the city with hundreds of thousands of attendees each year.



"New Orleans Jazz Fest" celebrates the music, food, people, arts & crafts, and culture of all of Louisiana since 1970, and is an essential showcase of the rich heritage of the region. The film, shot at the 2019 Fest, features local music heroes joined on 14 stages by some of the biggest names in the music industry, and a wealth of archival documentary footage

from the past half century. Among the 50 plus featured performers are Jimmy Buffett, Pitbull, Bruce Springsteen, Katy Perry, Aaron Neville, The Marsalis Family, Earth, Wind & Fire, Irma Thomas, Preservation Hall Jazz Band, Samantha Fish, Herbie Hancock, Al Green, The Dirty Dozen Brass Band, Mardi Gras Indians, Dwayne Dopsie and the Zydeco Hellraisers, Tom Jones, Gary Clark, Jr., and many others. "Jazz Fest: A New Orleans Story" not only captures the festival in all of its beauty and glory, but also delves deep into the rich culture of The Big Easy. The film has a runtime of 94 minutes.

The Arena Theater snack bar will be open and now sells beer from North Coast Brewery and wine from the Coppola winery. Information at ArenaTheater.org.



Art in the Redwoods

Opens August 18.

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Artists and Sponsors to Sign Up.

Art in the Redwoods is headed our way. The 61st Annual Art in the Redwoods Festival takes place August 18-21, at the beautiful Gualala Arts Center.

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ists from throughout Northern California along with hundreds of visitors, both local and from afar. Sponsorships are still available, and artists can enter until July 25!

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- Hats Off Dinner, Thursday, August 18
- Champagne Preview, Friday, August 19
- Festival, Saturday & Sunday, 20 & 21

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"Of Baseball, Yachts, Electric Cars, and Second Class Citizens" by David Steffen

Most summers, between ages 12 and 14, I played baseball on a team in the local church league. It was there I learned to play fast-pitch softball, and I wasn't a bad pitcher. In time I was able to read the opposing pitcher when I was at bat. I'd pay close attention to his body language but, to be honest, it was less about identifying a good pitch to hit, and more about avoiding getting hit in the head accidentally or on purpose. So here I was this week, working on my column for the Peddler, and about 3/4 finished, when I found myself on the receiving end of an unexpected pitch. It wasn't about baseball. The "pitcher" was the Washington Post filled with stories that were reminiscent of an HBO TV series from the late 1980s: "Tales from the Crypt".

Let me start with something lighter, although it is not to be confused with humor. With its small population, Alaska has two senate seats but just one house seat. Sarah Palin is one of three run-off candidates vying for the house seat in the off-year elections taking place in November. Whoever wins the runoff will, almost certainly, win the seat since Democrats are not allowed—or so it seems—to hold elective office in the 49th state. At first blush we might be thinking, "hey, could be fun watching her in Congress." Reality, though, almost assures that Palin will compete with Lauren Boebert, Marjorie Taylor Green, Matt Gaetz and Louis Gohmert for leader of the idiocracy caucus. Stupid, but not fun.

Then there's the GOP/Republican lawmaker who spoke at a Trump rally this weekend. Representative Mary E. Miller called Friday's Supreme Court decision to overturn Roe V Wade, the nationwide right to abortion, a "victory for white life." Huh? Hello? Once again the party of the orange guy said the quiet part out loud. The crowd who heard the Illinois state GOP representative declare the SCOTUS decision as a "victory for white life" seemed to agree and began to applaud. Later in the day Miller, her staff, and her party began to spin the tale as a 'mix-up of words. Yup. Just a mix up.

My list of notorious people I choose to dislike is now up to about two dozen. This isn't a hit list and, actually, it isn't even a list. Following trends in our fast-paced society, many of us find that our lists, like Moore's Law, seem to grow exponentially as the media keeps their names in front of us longer than we'd like. Near the top of my "list" are

Jeff Bezos and Elon Musk. Obviously, they are—as the old saying goes—filthy rich. Both "filthy" and "rich" are always in the eye of the beholder. Pigpen from the Peanuts comic strip was always filthy, painted with dirt on almost every exposed body part. Cartoonist Charles Schulz described Pigpen as "a human soil bank who raises a cloud of dust on a perfectly clean street." As for the other label, "rich" always brings to my mind the Monopoly board game's "Uncle Milburn Pennybags". You know, the guy with the mustache, top hat, tuxedo and bags full of money.

Bezos, the founder of Amazon, will reportedly soon be the owner of two yachts. One for cruising, and the other to follow the cruising yacht while Bezos is, well, cruising. The big one will be more than 400 feet long (130 meters, or so). The "little" one—reportedly a mere 200 feet long—will be not so much an expensive lifeboat but transportation for

his helicopter, just in case he needs to fly somewhere while at sea on his primary yacht. Got that? I'm reminded of the sensible character Otto Ludwig Piffel in the film "One, Two, Three", who said "Darling, no woman in the world should have two mink coats until every woman has one mink coat." Bezos isn't waiting for us to catch up. He also started a company that can take you to outer space, but caveat emptor: his rocket ship looks like a flying penis. (Note: Bezos also owns the

Washington Post, but the paper continues to operate independently without interference from the guy with two yachts, a helicopter and a metallic flying penis.)

Musk gained fame by borrowing money from his wealthy South African father, and being a part of the startup that created PayPal. Lately he's known for being on the board of Tesla, and famously opting to move to Texas, the state has no income tax and the elected state government has all the morals and intelligence of a kumquat. [note: A kumquat is an edible fruit resembling an orange yet only the size of a large olive.]

Any physical resemblance between a kumquat and Mr. Musk is purely coincidental. His mission, these days, is to take control of Twitter and then let Donald Trump start sending Tweets again. For the record, I didn't like Twitter when the typed message was limited to 140 characters. Frankly, I thought

that was too much. I liked Twitter even less with Tweets expanded to 280 characters. (280 characters is about the size of the above two sentences, counting from "Musk" to "kumquat"). FYI, in June, the Ottawa Citizen newspaper reported that Musk's daughter, "Vivian Jenna Wilson filed [the] petition in Los Angeles County Superior Court the day after turning 18 in April. She listed gender identity and an apparent dislike of her father, as the reason for the change. 'I no longer live with or wish to be related to my biological father in any way, shape or form', she wrote on the petition."

Moving on, Friday morning I received a flash notice on my iPhone that the Supreme Court had confirmed its expected ruling on Roe v Wade. This is just another example of a court that marches (or goose steps) to a different drummer. Different, that is, from 2/3 of America.

Ruth Marcus wrote in the Washington Post that,

Will [the court] stop at abortion? The majority forswears any interest in going after other rights similarly grounded in the right to privacy. "Nothing in this opinion should be understood to cast doubt on precedents that do not concern abortion," it insists, arguing that abortion presents a distinct case because of the "destruction" of "potential life."

This would be more convincing if [Justice Samuel] Alito, the author of the opinion, hadn't joined [Justice Clarence] Thomas in a statement just two years ago lamenting that the same-sex marriage ruling, Obergefell v. Hodges, had supplanted states' ability to address the issue, much as

he says about abortion. And the court's insistence that the Constitution only protects rights that are "deeply rooted in history" would apply with equal force to contraception or same-sex marriage. "Either the mass of the majority's opinion is hypocrisy or additional constitutional rights are under threat," the dissent says. "It is one or the other."

If you are a woman in America, pay attention. If you are a man in America, pay attention. This is not the end of the line, but rather, the beginning of an agenda.

In "Obergefell v. Hodges", the Supreme Court ruled that "the fundamental right to

marry is guaranteed to same-sex couples by both the Due Process Clause and the Equal Protection Clause of the Fourteenth Amendment to the United States Constitution. The ruling was 5-4. A close ruling, to be sure, but it ruled that same-sex couples could not be prohibited from marrying anywhere in the United States. Prior to this ruling, and like abortion now, the marriage of same sex couples were a state-to-state decision.

Throughout American history (and well into the twentieth century) interracial marriages were prohibited by law in much of the United States. In fact, 31 states prohibited interracial marriages. But the U.S. was not alone. Similar bans had been enacted by Nazi Germany and apartheid-era South Africa. It was the Earl Warren Court which, in 1967 (in the case "Loving v. Virginia,") determined that race-based restrictions on marriages violated the U. S. Constitution's Equal Protection Clause.

As I said, we must pay attention. These are not errant pitches in a teenager's softball game. This is real. And Clarence, Sam, Brett and Amy are just getting started. Did I mention how happy I am that I live in California?



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Haiku for July

**"rhubarb red stems
long thick and
abundant
summer pie"**

by mai haiku

"Go Back To Where You Came From"*
A Book by Wajahat Ali • Reviewed by Jennifer Bort Yacovissi

Wajoo to his family, Waji to elementary school friends, and Waj in college, Wajahat Ali was under the mistaken impression that being born in America somehow made him an American. However, after many instances of "real" Americans helpfully inviting him to return to his place of origin — that would be Fremont, California — he realized that perhaps he didn't entirely meet the criteria of what it means to be a true native son.

Thus, he has put together this handy guide, in the form of a memoir, to help others who find themselves in the same awkward position. Go Back to Where You Came From offers solid advice for Ali's fellow travelers but ultimately isn't able to overcome the one crucial hurdle demanded by populist America: You must be white to belong.

Ali includes a number of illuminating history lessons throughout, several of which remind us that the charge of non-whiteness has been levied

against such serially reviled groups as the Irish, Italians, and Jews. But for Pakistani American Ali and his extended family — along with the millions of others whose skin contains unfortunately high levels of melanin — assimilation is an impossibility.

As Toni Morrison said, "In this country, American means white. Everybody else has to hyphenate."

(A point brilliantly illustrated, as I write this, by Senate Minority Leader Mitch McConnell, who has just finished saying, "African American voters are voting in just as high a percentage as Americans," inspiring the Twitter hashtag #MitchPlease.)

Clearly, what's needed is a change in the narrative. Biting sarcasm aside about what it means to be "Amreekan," that change is what Ali is agitating for in relating his family's story. His father, Zulfiqar, came here as a college student soon after the passage of the 1965 Immigration and Nationality Act, which opened the doors to some immigrants while intentionally closing them to others, notably Mexicans. Even so, Zulfiqar later came within hours of being deported because of a racist U.S. immigration official and was saved at the last moment through complete serendipity and an "Einstein" visa.

That little Wajahat had an odd name (picked by Dada, his paternal grandfather) was just the beginning of his otherness. Some of Ali's childhood traumas could belong to anyone: allergies, accidents, and illnesses, painful shyness, and the horror of husky pants. But others were tied directly to his belonging to an "outsider" community, such as his accent

and late arrival to speaking English (thanks to a large, multi-generational household that spoke Urdu), and his brown skin among the sea of white on the playground.

One of the ageless survival mechanisms of outcast, bullied kids is to develop their comic chops, and Ali honed his through years of painful dork-dom. Thanks to a teacher who loved his sci-fi riff on Robin Hood, Ali started to get over his terror of speaking in public and discovered his "super power" of storytelling. He scripted and filmed short movies with a buddy, which they screened for family and friends. In his senior year, he finally made it into his high school's improv group and went on to do improv at UC-Berkeley.

Three things occurred during Ali's undergraduate career that deeply affected the path of his life: He took a short-story class with Ishmael Reed, a two-time Pulitzer nominee and MacArthur "genius grant" recipient, who pressed him to write

the play that eventually became "Domestic Crusaders"; 9/11 happened, which instantly made him a spokesperson for all things Muslim and gave him his first taste of being in the crosshairs of the nascent alt-right media; and his parents were arrested and charged with defrauding Microsoft.

As Ali relates, "My narrative was hijacked." At 21, while still a student, he shouldered the entirety of his parents' business, debts, and other responsibilities while they went to prison. It took him a year to raise bail to get them out; several years later, they lost their case and went back in.

Even as he earned a law degree and began practicing, Ali was often homeless, finding a couch or bed with family or acquaintances. More dispiriting was the glee and gheebat (backbiting) with which many in their seemingly close-knit community greeted the family's downfall. The Alis' enjoyment of model-minority status was officially over.

It was during this time that Ali finished writing "Domestic Crusaders," a play about a Pakistani American family that, through his sheer personal dedication, had a record-shattering run at the Nuyorican Poets Café in Manhattan and found a diverse, appreciative audience.

This was also when he began to get op-eds, commentary, and other pieces published in media outlets large and small and was booked for speaking engagements nationwide. Eventually, he became a regular on CNN and MSNBC, where he was invariably introduced as a "Muslim journalist." It was a major event when MSNBC's Chris Hayes had him on to

discuss current topics unrelated to Ali's religion or ethnic heritage.

As harsh as the previous administration was on communities of color, Ali holds special ire for the predominantly white news media that gave the hateful bigotry and clarion calls to the troglodytes a shoulder-shrugging pass:

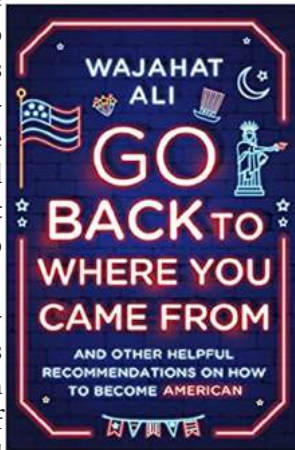
"[Trump's] hate never affected them, so they didn't care... There was no ban proposed on their community. Hate crimes didn't spike that made them think twice about going to their houses of worship."

He then points out that, from 1990-2014, the New York Times "portrayed Islam and Muslims more negatively than they portrayed cancer, cocaine, and alcohol... Cancer."

It was during the nightmare of having his own 2-year-old daughter, Nusayba, diagnosed with a rare liver cancer that Ali felt a flicker of hope for America. Five hundred people offered to donate part of their liver, "the first time supply had outstripped the demand," he writes. "There were people who volunteered their liver, their money, and their kindness who actively loathed my politics. I know because they told me."

If only simple humanity like this could win out every time. In Go Back to Where You Came From, Wajahat Ali invites us to do our part to make sure it does.

Jennifer Bort Yacovissi grew up in Bethesda, MD, just a bit farther up the hill from Washington, DC, where her debut novel, Up the Hill to Home, takes place. The novel is a fictionalized account of her mother's family in DC from the Civil War to the Great Depression. In addition to writing and reading historical and contemporary literary fiction, Jenny reviews for both the Independent and the Historical Novel Society. She owns a small project-management and engineering consulting firm, and enjoys gardening and being on the water. Jenny lives with her husband, Jim, in Crownsville, MD.



July's Reading List
- Best Sellers and Best Bets -

"If you only read the books that everyone else is reading, you can only think what everyone else is thinking."
Haruki Murakami (1949-).

- **Atomic Habits** by James Clear
- **Because I Had A Teacher** by Kobi Yamada, Illustrated by Natalie Russell
- **The Body Keeps Score** by Bessel van der Kolk
- **The Dawn of Everything** by David Graeber and David Wengrow
- **Dream Town** by David Baldacci
- **Educated** by Tara Westover
- **Family of Liars** by E. Lockhart
- **Happy-Go-Lucky (new release)** by David Sedaris
- **It Ends With Us** by Colleen Hoover
- **Meant To Be** by Emily Griffin
- **Nightwork (new release)** by Nora Roberts
- **The Palace Papers** by Tina Brown
- **Refugee** by Alan Gratz
- **Sparring Partners (new release)** by John Grisham
- **Then She Was Gone** by Lisa Jewell
- **When You Trap A Tiger** by Tae Keller

Another Book You Might Like*

* **Go Back To where You Came From"**
 by Wajahat Ali
 (See review on this page)

The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike.

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Solution to Sudoku

Scuttlebutt

by Mitch McFarland

"Intelligence" used to refer to analytical intelligence, which the Psychology Dictionary defines as "the ability to analyze, compare, evaluate, critique and judge." In the last few decades the definition of intelligence has evolved to include other skills besides being able to memorize all the U.S. presidents in order. Indeed, in the 1980s a Harvard psychologist, Howard Gardener, proposed that there are eight kinds of intelligence such as spatial, musical, mathematical, linguistic, interpersonal, etc. J.S. Bach might have been a musical genius, but his interpersonal intelligence level led him to be considered a temperamental jerk by his contemporaries.



I don't know where it fits into Gardener's categories, but for me one form of intelligence is the ability to break bad habits and replace them with good habits.

I love my routines, but it is easy to fall into routines that we don't bother to re-evaluate once in a while. This can lead to continuing bad habits, especially if they don't materially affect our lives.

A type of game that I like to play with myself involves examining my routines and habits to see if they actually match my intentions.

Seventy years and billions of Madison Avenue dollars have been spent telling us the way to live. If you listen to them (and we all have to) everything is always getting easier and better. Last year's new and improved product is not worth your consumer dollars anymore, because now there is a newer, bigger and more improved product available. More stuff for your garbage can.

Perhaps you have guessed by now that I am moving toward a discussion of waste reduction and recycling. No, I'm not going to berate you for your shortcomings, but I would like to pass along some hints to reduce your landfill contribution.

I just got off the phone with Jerry Ward, owner of Solid Waste of Willits. They contract with Point Arena for landfill and recycling services through a subcontract with Recology. I make a game out of recycling and I wanted to get some feedback from him on my practices. He laughed at me and called me a recycling nazi. He is not the first to do so and I wear the badge proudly (with the small n).

Here is one of my "tricks": there are many #2 (HDPE) items that are simply too small to make it through a sort line. Some bottle caps, the plastic ring around ice cream cartons, and lots of things if you look. I take a rinsed out laundry jug (#2) and put a long slice in it. Over time I fill it with little #2s and recycle them all together.

Cat food can lids probably don't end up as Toyotas either. After letting my dog lick the can and lid clean I place the lid back in the empty can and squeeze the sides of the can closed. More and more wine bottles have screw tops made of aluminum. If you pop the little seal out of those caps you can crush that pure aluminum top and put it in with your cat food lid.

Then there are metal bottle caps. Way too small. They can go in a rinsed out regular metal can and when half full or so, collapse the side and toss in your recycle can.

You know all those pieces of mail that are held together with funtack, that silicone like substance? Before recycling that mail, I remove that stuff as I can't imagine it helps anything. I didn't ask Jerry about that as he was already calling me a nazi and I didn't want to push it.

Another one works for #1 PETE containers. I see more and more of them being used. Some are large like what salad mixes come in and others are tiny like the cover over AA batteries (the cardboard back is, of course, recy-

clable). Those PETE containers click closed nicely, so you can put little ones like from the batteries, in the big ones and click it closed to recycling them all together.

I asked Jerry what he wanted customers to know that would help his processes. His answer was all about contamination. His contamination rate has risen to around 20%. That is really high. The biggest part of the problem is the Point Arena drop-off (although curbside contributes as well.) Unincorporated areas surrounding Point Arena are served by Recology and though I have not spoken to them recently, I'm sure contamination is a problem for them as well, so we all need to be conscious of what we are doing (not a bad piece of advice in general).

What it is important to know is that just because something is theoretically recyclable, doesn't mean there is a market for it, so to processors, those items are contamination- basically something they have to pay to landfill. Examples include aluminum foil, plastic and rubber hose and drip line, tires, wire, cloth, film plastic and, of course, the cursed styrofoam. Then there is all that stuff that is obviously garbage like diapers, food scraps and, yes, dead animals.

Although Jerry told me it doesn't matter to him, I keep a wine box next to my desk for paper, paperboard (cereal box materiel), and mail. By resisting the temptation to crumple waste paper it can be stacked in a box and contain up to 25 lbs of paper. I tie the full box with sisal twine, which recycles with the paper, prior to recycling it.

In further pursuit of having clean loads, I tear the tape off cardboard boxes while breaking them down. Those plastic bags that

the postal service uses usually have a big address label on them. The bag itself is recyclable, but I cut out those adhesive labels first.

And speaking of film plastic, it is definitely a no-no in recycling, but it can be recycled at any Safeway and also Harvest Market (perhaps others). It can become composite lumber and other things, but must be processed separately.

You probably know most of this already, but will this information influence your waste diversion habits?

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SUDOKU Edited by Margie E. Burke

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HOW TO SOLVE:
 Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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WILDLIFE continued from Page 7

The scholars' review found that the distance at which human presence starts to affect wildlife varies by species, although large animals generally need more distance. Small mammals and birds may change their behavior when people come within 300 feet (91 meters), while large mammals like elk and moose can be affected by humans up to 3,300 feet (1,006 meters) away – more than half a mile.

4. Don't take wildlife selfies, even if you're a scientist

There are stories from around the world of people dying in the act of taking selfies. Some involve wildlife, such as a traveler in India who was mauled by an injured bear in



2018 when he stopped to photograph himself with the animal.

Tourists are often the culprits, but they're not alone. As ocean scientist Christine Ward-Paige explains, scientists who have special permission to handle wild animals as part of their field research sometimes use this opportunity to take personal photos with their subjects.

"I have witnessed the making of many researcher-animal selfies, including photos with restrained animals during scientific study," Ward-Paige recounts. "In most cases, the animal was only held for an extra fraction of a second while vigilant researchers simply glanced up and smiled for the camera already pointing in their direction."

"But some incidents have been more intrusive. In one instance, researchers had tied a large shark to a boat with ropes across its tail and gills so that they could measure, biopsy and tag it. Then they kept it restrained for an extra 10 minutes while the scientists took turns hugging it for photos."

In Ward-Paige's view, legitimizing wildlife selfies in this way encourages people who don't have scientific training or understand animal behavior to think that taking them is OK. That undercuts warnings from agencies like the National Park Service and puts both people and animals in danger.

Instead, she urges fellow scientists to "work to show the vulnerability of our animal subjects more clearly" and help guide the public to observe wildlife safely and responsibly.

Bear photo: Bruce Warrington on Unsplash.

Our thanks to all of the writers and contributors at TheConversation.Com.

THE CONVERSATION

R.E.S.P.E.C.T.

by Caitie Correa

June 24, 2022 was a sad day for the United States of America. The news that Roe v. Wade was overturned today hit close to home for many, me included. A few weeks ago my husband and I received the amazing news that I am pregnant. It certainly was a different reaction a little less than 16 years ago when I was hoping that 2 lines would not show up on a pregnancy test I took. At 18 year's old, I was faced with a life changing choice. It was a personal decision and no one's business. Yet, our Supreme Court decided today that they have a right to tell women what they can and cannot do with their bodies. I chose to carry the baby full term and then place her in an open adoption. My birth mother made that sacrifice for me, and I was lucky enough to have an amazing support system that helped me with my choice. But my choice is only relevant and specific to me. Humans are fortunate to be capable of making decisions, choosing options, and weighing the consequences. Today, women had something that is innately human stolen from them.

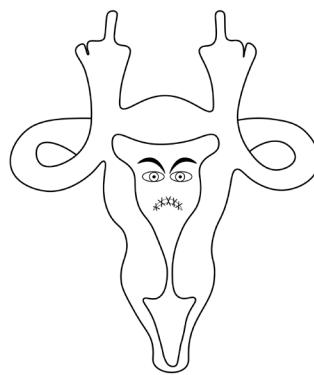
As my husband and I are still early in our pregnancy we plan to do prenatal screening and testing. We of course hope that nothing is found, but have both agreed that we are not capable of raising a child with severe mental and physical disorders. A child who will for the rest of their life need full time care is not something, if we are being brutally honest with ourselves, that we feel capable of signing up for. And it wouldn't be fair to the child to take on responsibilities we are not able to uphold. There are also risks for women who try to carry non viable pregnancies full term. I am fortunate enough to live in a state where what the Supreme Court did on June 24, will not affect me or my husband. But I cry for the women and men living in the states that currently have bans on abortions and the states that intend to change their abortion laws in light of the Supreme Court's decision.

I include men who live in those states in my sorrow, because I think of how this decision impacts them as well. In order for a woman to get pregnant a sperm is involved at some point in the process. I can think of so many reasons why men would also want women to be able to make this choice and not have it be illegal to do so. Forcing a woman to go full term with a pregnancy against her wishes can have such serious consequences, and I have to think that the Supreme Court justices did not think this

decision through. Think of the domino effect that this one change can have. When you force people into situations they do not want to be in, it does not end well. They either find a way to get out of it no matter what the risk or the anxiety and stress takes an emotional strain that results in irrational choices that are often harmful to themselves and/or others.

This decision is a scary one. Are we just a hop, skip and a jump away from herding the fertile women and forcibly assigning them out to be surrogates raped by the men of Gilead? And the argument that this prevents discrimination in cases of fetal abnormality is so . . . enraging. What gives anyone the right to tell another person how they should think?! People who are about to become parents should be allowed to take a hard look at themselves and be honest before they take on more responsibility than they are ready to. That has nothing to do with discrimination. How dare Alito for twisting that into something completely unrelated. And to all the pro-lifers, make your choice for yourself and feel grateful for the ability to do so. If you want to be pro life, but what's ironic is that pro life is pro choice. They aren't mutually exclusive. If you want a person to be able to choose for themselves that they want to carry a baby full term, then you are pro choice. It's a choice meaning that there's more than one option available.

In response to the ruling I have decided to send invites to the Supreme Court justices for my prenatal appointments, so that I can make sure I run any thoughts I have by them while I'm laying on the table with my legs in the stirrups during my vaginal ultrasounds and as my midwife checks my cervix (since it seems I'm incapable of being able to make decisions



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for my body or the embryo inside it); and if they are unable to attend the appointments, I'll make sure they are aware of everything that happened by sending them photos documenting the appointment. I just want to make sure that they know everything that went on behind that exam door. Did reading this make you feel uncomfortable? Well, that is how invasive this decision feels to me and it's shocking to think that something so personal could be disrespected so terribly. I can only hope that the future generations will continue to have the strength and patience to carry on the burden that we are leaving behind for them.

Welcome to July!

Events and Happenings for Ft. Ross, Jenner, Timber Cove and Cazadero.

Monday Meditation Group: All are welcome to a peer-led meditation group at Fort Ross School. This peer-led meditation group meets every Monday, from 4:30. Sitting will be silent and last 30 to 40 minutes with time afterwards for relevant conversation. (The meeting does NOT take place on 3rd Mondays, as there is a school board meeting). No experience is necessary. Curious what mindfulness could do for you? Please come. Bring your cushion if you have one. Marcella94924@gmail.com for inquiry. NOTE: No public restroom due to Covid restrictions at the school.

Personals

Fort Ross Conservancy Seeking Executive Director: The Ft. Ross Conservancy has begun a search for an Executive Director. Fort Ross Conservancy, a 501(c)(3) and California State Park cooperating association, supports Salt Point park, co-manages Fort Ross State Historic Park, and will co-manage Reef Campground when it reopens. The successful applicant will join a dedicated staff connecting people to the history and beauty of Fort Ross and Salt Point State Parks. This 4-day a week job requires working onsite at Fort Ross. Full job posting is online: <https://www.fortross.org/ed-job> and see www.fortross.org for more information about our organization.

Retail Help Needed: Worldly Goods in Duncan's Mills is looking for retail help. It could be 2 days per week or 3, even 4. Very flexible. The pay is good with really great people to work for. Computer savvy is a big plus! Work involves cash register, restocking, keeping store tidy, checking in orders. For right person, it could also entail maintaining our online presence and online sales. If interested, please give a call to the store: 707-865-3025.

Coast Life Support District is Hiring. Their local ambulance is hiring part-time paramedics and EMTs. Contact CLSD for more information. rebecca.golly@clsd.ca.gov.

Ongoing

Sunday Community Market continues at Fort Ross School Sundays, 10am - noon. Although not required outdoors, masks are strongly advised indoors. Thank you for adhering to this safety protocol.

"Our duty is to believe that for which we have sufficient evidence, and to suspend our judgement when we have not."

John Lubbock (1834-1919)

Crossword

by Margie E. Burke

ACROSS

- 1 "Breaking Bad" drug
- 5 Name as a source
- 9 Coarse file
- 13 Something to build on
- 14 Halloween prop
- 15 Allege as fact
- 16 Like some missiles
- 18 Weight allowance
- 19 Tofu source
- 20 Put in order
- 22 Played a part
- 24 Ill-____ gains
- 25 Touch down
- 28 First-aid item
- 30 Tablecloth material
- 31 Any day now
- 32 Like some tales
- 35 Scrooge's cry
- 36 Piggied out
- 39 Outdoor gear brand
- 40 Dry as a bone
- 42 Kind of surgery
- 43 Drive in Beverly Hills
- 45 Mass confusion
- 47 Stalactite site
- 48 Capital of Taiwan
- 50 Put down
- 52 Summit goal
- 54 Middle bit of a Venn diagram
- 58 Comparable (to)
- 59 Awe-inspiring
- 61 Doofus

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DOWN

- 1 Sunday service
- 2 Canyon call
- 3 "Iliad" setting
- 4 Nonwoody vegetation
- 5 Construction site sight
- 6 Charged item
- 7 Forum garb
- 8 Coming to light
- 9 Machine gun sound

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Amitabh Bachchan (1942-)

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"Running With The Crowd"

by Mary Jane Schramm, Freelance Writer, Naturalist

She'd been living large since leaving the stream where she hatched three years earlier to join the fish-licious feast in progress just beyond San Francisco's Golden Gate. This spring, strong, pulsed winds had created superb conditions for feeding in Greater Farallones National Marine Sanctuary, and



she had gorged, along with whales, sea lions and sea birds, on small fish and invertebrates. Abundant krill, tiny pink shrimp-like crustaceans, would lend her flesh a rich rosy tone and sustain her on an arduous journey. The eggs she carried within her were ripe, and instinct compelled her to seek out her natal stream to spawn and complete the cycle of life. So, she sought out its familiar smell, little knowing how important to her species her success would be.

Half & Half: Coho salmon (*Oncorhynchus kisutch*) inhabit coastal streams and ocean waters over the Continental Shelf across the North Pacific. Anadromous fish, they spend half their life in rivers and

streams where they were born, and half their lives at sea. Adults migrate upriver to their birth streams, where the females dig out numerous nests, or redds, in gravelly stream beds, and lay thousands of eggs. An attending male, sporting spawning-season attire - fiercely hooked jaw and sharp teeth - deposits his milt, or sperm over the eggs. Having fertilized them, his work is done.

Spawning cohos require clean, cool, running freshwater streams. Stream flow must be sufficient to aerate developing eggs and embryos, and side channels and inlets are needed to shelter the young as they feed and develop. Passing from egg to tadpole-shaped alevin, to fry (as in "small fry"), then as smolts heading downstream, they'll target estuarine and marine waters of the Pacific Ocean to forage and fatten as adults.

Timing is Everything: Just over two decades ago, habitat degradation from logging, dams and agricultural water diversion,



overfishing, drought and other causes pushed Central California Coast coho to the edge of extinction. The National Oceanic and Atmospheric Administration (NOAA) declared the region as critical habitat in 1999, and in 2015

initiated stronger measures to conserve them. The California Department of Fish and Wildlife, and various non-profit groups joined the effort to save the salmon. In Sonoma's Russian River, hatchery programs have aided in their recovery.

Recently, the coho salmon population at Lagunitas Creek in Marin County, made a strong return. Last winter's storms, occurring at critical times, may have mitigated the ongoing drought's low stream flow problems. Lagunitas experienced one of the best salmon runs in recent years, with 330 coho egg nests, or redds: a near record. Ideally, they will return as adults in the winter of 2023-24, but the abrupt dryness early this year may have jeopardized young salmon remaining in freshwater habitats.

Dark Clouds? Climate change is increasingly recognized as an emerging barrier to ensuring these salmon's recovery, in addition to challenges noted above. Now-chronic above-normal temperatures create extra warm, oxygen-poor river and stream waters. Wildfires have destroyed valuable riparian (riverside) habitats, while burned-off ground cover has increased stream sedimentation, especially when heavy winter storms generate mudslide runoff. Together they contribute to impaired water quality, increasingly salmon-unfriendly.

Hope & Help! In the end, conservation efforts such as those noted above, will determine if the Central California Coho salmon survive and thrive. Faced with such challenges, the agencies, organizations and individuals addressing the issues will be stepping up efforts to meet them. But, with effective networking, effort, and determination, it can be done. Dam removals and better riparian corridor management, are actionable parts of the equation.

Learn what groups are active in your community, and consider lending a hand to help this iconic species continue to survive and grace our rivers, streams and ocean. And for a lighthearted perspective on the Russian River, host to coho and Chinook, see <https://www.fisheries.noaa.gov/feature-story/interview-habitat-river>



Left, top: Coho Salmon male. Photo: BLM.
Left: Coho Salmon Quilcene Hatchery-USFWS.
Above: Coho Salmon Spawning. Photo: NPS.
Mary Jane "MJ" Schramm is a marine conservationist, author, journalist, filmmaker, and naturalist. She has worked aboard NOAA and other vessels off California, Mexico, Alaska and the Bahamas, focusing on marine mammals and seabirds and assisted with elephant seal research and intertidal monitoring on the Farallon Islands. MJ led whale watch/nature cruises to Baja California and the Farallones, and managed Oceanic Society ecotours. For nearly a decade she was Public Relations Director at The Marine Mammal Center while doing rescue and rehab. She co-authored West Coast Whale Watching (HarperCollins West).

Trio Enchantment Celebrates the Music of Jazz Alto Sax Legend Paul Desmond July 14 and 28 at The Sea Ranch Lodge

Trio Enchantment Celebrates the Music of Jazz Alto Sax Legend Paul Desmond Twice in July at The Sea Ranch Lodge On Thursday, July 14, and again on Thursday, July 28, from 6:00pm to 9:00pm in The Fireside Room at The Sea Ranch Lodge. Sunset & Jazz with Harrison Goldberg and Friends presents Trio Enchantment Celebrates Paul Desmond.

Trio Enchantment, comprised of saxophonist Goldberg, seven-string guitarist/arranger Chris Doering, and upright bassist Trevor Kinsel, will present two performances showcasing a selection of music performed by legendary alto saxophonist Paul Desmond.

When saxophone aficionados the world over mention such jazz classics as "Take 5" or "Blue Rondo a la Turk", one of the most recognizable instrumental voices in all of jazz history must indisputably belong to alto saxophonist Paul Desmond, who was long associated with the iconic Dave Brubeck Quartet. Desmond wrote the tune Take 5, which be-

came a juke box hit and made Time Out one of the best-selling jazz albums of all time.

"In just a few lilting phrases and imaginative melodic patterns, it is easy, perhaps even for the uninitiated listener of jazz music, to identify Desmond as the creator of a pure and distinctive alto sax tone that has been de-



scribed as "the sound of a dry martini," says bandleader Harrison Goldberg. "Desmond's unique tonal and melodic approach inspired us to present this celebration of his music."

"Paul Desmond's own quartets, as a leader, usually had a guitar as the chordal instrument," Chris Doering points out. "Des-

mond's guitar partners Jim Hall and Ed Bickert are two of my all-time favorites and major influences on my own playing."

Doering is a composer who performs locally as a soloist in multiple small groups. He has appeared in concert at Gualala Arts Center with the improvising ensemble Baku, alongside Harrison Goldberg; with the Wind in The Wires trio including shakuhachi master Karl Young and the late poet and didgeridoo player, Janet Debar; and most recently with The Open Air, a quartet including fellow guitarist/bassist Tim Mueller along with Karl Young on shakuhachi and drummer Gabe Yanez. Trevor Kinsel is one of the Bay Area's most sought-after musicians. Although he most often serves as an accompanist, Trevor enjoys leading musical groups as well.

Admission to both of events is free, and the Lodge's Bar, Lounge and Dining Room will be open per their regular schedules.

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Irish Traditional Music Ensemble Starting Up at Gualala Arts Weekly Thursday Get-Together Begins July 7

There are plenty of music lovers on the Mendonoma Coast, and some of them are musicians too. For many of them there is something irresistible about traditional Irish music, and now there is an opportunity to come together in a weekly, informal workshop. Beginning Thursday, July 7 and continuing weekly, Shelley Connolly will host local musicians from 4:00pm to 6:00pm at Gualala Arts. This is an open invitation to learn to play popular reels, jigs, hornpipes, polkas and slide. The fee for the workshop is \$10 per class for Gualala Arts members, \$15 per class for non-members.

It should be noted at the outset that this is a beginning Irish music course, but NOT a beginning musician class. In short, intermediate knowledge of some appropriate instrument—guitar, mandolin, flute, whistle, accordion, violin/fiddle—is required. The workshop is also for someone who is interested in learning another instrument during the course of learning the tunes. (If someone isn't quite ready for prime-time, they can contact Shelley Connolly about private lessons to get them up to speed, but "I wouldn't want to take the class time from the others to focus on learning the basics.")

In addition to learning tunes and sets of tunes, Connolly adds, "I will teach how to "lift" the tune, that is, give it life so that it is fun for the dancers, and in time, and in tune.

An enthusiastic musician and lover of Irish traditional music, Connolly initially played guitar, but soon found a fiddle and also learned to play it was well.

Having recently arrived on the Mendonoma coast to live and work, Connolly knew



she needed to find her "tribe of Irish musicians", and starting this gathering at the Gualala Arts Center will hopefully bring them out into the open as well as ignite the passion in someone else who may want to enjoy the music.

"It is my hope to pass on all the passion of the music, the lift and lilt of the tunes that make it dance music, and keep the tradition alive and moving forward."

The goal of the workshop is to perform for events at the Arts Center, and perhaps a weekly session at the Sea Ranch Lodge, as well as simply for the enjoyment. The possibilities are boundless, but the joy of playing the music together and giving it life is the main intention. More information and registration is available by contacting the instructor at GoodGolf4u@gmail.com.

Point Arena Lighthouse Offers "Full Buck Moon" Tour Moon Night Tours Return July 9

The Point Arena Lighthouse is thrilled to announce that it is resuming its popular Full Moon Night Tours starting in July. They will offer an (almost) Full Buck Moon Night Tour on Saturday, July 9. Gates open at 8:30pm, tour starts around 9:00pm. The evening will feature a special presentation about the Light Station's history and technology, sweet and savory snacks accompanied by champagne or sparkling juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon—if the weather cooperates, of course! An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$25 per person for two or more guests. Reservations must be made at least three days in advance of the tour. While the tours are scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.



According to the Old Farmer's Almanac the July full moon is called the Buck Moon since at this time a buck's antlers are in full growth mode. This full moon was also known as the Thunder Moon because thunderstorms are so frequent during this month. Other Native American tribes had their own names for this full moon include Ripe Corn Moon (Cherokee), Middle of Summer Moon (Ponca) and Moon When Limbs of Trees Are Broken by Fruit (Zuni).

"Our Full Moon Night Tours have frequently sold out well in advance, and guests always marvel at the moon rising over the hills east of Manchester or Point Arena just as we arrive at the top of the Lighthouse Tower," says Mark Hancock, Point Arena Lighthouse Executive Director. "Come enjoy this unique coastal experience!"

The Lighthouse offers Full Moon and (almost) Full Moon Night Tours throughout the year on the Saturday closest to every full moon if it doesn't fall on a Saturday, see their website PointArenaLighthouse.com for details. For more information or to make a reservation, call the Lighthouse at 707-882-2809, ext. 1 at least three days prior to date of your desired tour.

Image: Photo by Tom Birdsall

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Get Out! July Music, Poetry, Theater, Film, Art, Radio, Online & more.

Please note: some events currently included in Get Out! are virtual. This "◇◇" means that the host organization will have information on attending virtually via Zoom or other platform.

- Friday 01: 4:00pm, Golf Course BBQ at Sea Ranch Links. Bring the family.
- Friday 01: 7:00pm, "Jurassic World: Dominion" at Arena Theater (and 7/3, 7/6, 7/7)
- Saturday 02: 9:00am, Saturday morning Yoga at Sea Ranch Lodge (bring your own mats, etc.)
- Saturday 02: 4:00pm, Music and Fireworks at Arena Cove and Dance at Arena Theater
- Sunday 03: 11:00am, New Exhibit and Coast Highway Art Collective
- Sunday 03: 12:00noon, Independence Day Parade on Main Street in Point Arena.
- Monday 04: 1:00pm, 4th Festivities at Sea Ranch Lodge. Food, music, lawn games and more.
- Thursday 07: 4:00pm, New workshop at Gualala Arts: Irish Traditional Music Ensemble
- Friday 08: 10:00am, Discovery Gallery in Gualala previews artists from this year's tour.
- Friday 08: 5:00pm, Jane Casner Mothersill & Loraine Toth". Exhibit opens at Gualala Arts
- Friday 08: 5:00pm, "Desert to the North Coast, 30+ years". Exhibit opens at Gualala Arts
- Friday 08: 7:00pm, "Top Gun: Maverick" at Arena Theater (and 7/10, 7/13, 7/14)
- Saturday 09: 2:00pm, "Body of Water". Art Opening and Dance Presentation at Gualala Arts
- Saturday 09: 4:00pm, Summer Chamber Music Festival at Gualala Arts
- Saturday 09: 8:30pm, Pt. Arena Lighthouse Resumes "Full Moon Night Tours"
- Sunday 10: 4:00pm, Summer Chamber Music Festival at Gualala Arts
- Tuesday 12: 10:00am/2:00pm, two Free Courses from Mendonoma Health Alliance.
- Thursday 14: 4:00pm, Vinyl & Vineyards at Sea Ranch Lodge with Pax Wines and Monte Rio
- Friday 15: 7:00pm, "Elvis" at Arena Theater (and 7/17, 7/20, 7/21) [schedule tentative]
- Saturday 16: 10:00am, Gualala Arts: The Inaugural Garden Tour & Wine Tasting Fundraiser
- Saturday 16: 1:00pm, Watercolor Magic Workshop w/Erin Lee and Tom at Sea Ranch Lodge
- Saturday 16: 1:00pm, Live Music and Games at Sea Ranch Lodge front porch.
- Monday 18: 7:00pm, Screening of "Jazz Fest: A New Orleans Story" at Arena Theater
- Thursday 21: 6:30pm, "Harry Potter" film at special Film Festival/Skunk Train screening.
- Friday 22: 7:00pm, "Phantom of the Opera" at Arena Theater (and 24, 27, 28) [tentative]
- Saturday 23: 7:00pm, "Big Wave Guardians" film at Arena Theater
- Sunday 24: 5:00pm, Whale & Jazz presents Erik Jekabson Quintet at Gualala Arts
- Tuesday 26: 6:00pm, City of Pt. Arena Council Meeting via Teleconference. ◇◇
- Thursday 28: 1:00pm, Auditions for "Radio Gals", Gualala Arts Theater performance.
- Thursday 28: 4:00pm, Vinyl & Vineyards at Sea Ranch Lodge with Martha Stoumen Wines
- Saturday 30: 12:00pm, Porch Fair Maker's Market at Sea Ranch Lodge
- Saturday 30: 7:30pm, Blues great Joe Louis Walker, live at Arena Theater

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