

Once In <u>Your</u> Lifetime! The Big Sky Event, August 21

Pardon the enthusiasm expressed in the headline, but we do believe that for most people living, working, or visiting Northern California, August 21 does, in fact, represent

a once-in-your, my, ourlifetime event. That's why the eclipse is our cover story this month.

Many people like to believe that witnessing, documenting, and predicting an eclipse is a modern concept. However, there is a long history. Some of it is documented on stone tablets—dating back

past 3000 BCE (Ireland), with various cultures contributing to the records along the way. The ancient Chinese recorded eclipses. The Babylonians documented eclipses. There

have been no less than 15 eclipses over north America and the continental United States during the last 500 years. Yet even when an eclipse crosses the United States, we are such

> a large country that not everyone will get bragging rights.

> For this total eclipse, if you draw a line from Oregon to South Carolina—the projected path of the 2017 eclipse—you'll understand what I mean. The farther you are from that line—north or south—the less of an eclipse you'll see. At

Lincoln Beach, the eclipse is essentially total. In Mendocino County it will be more like 80%. (cont'd on back cover.)



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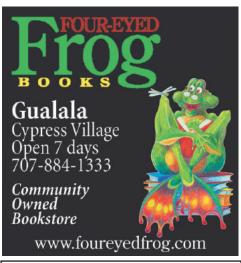
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Third Thursday Poet Offering Free Writing Workshop August 17 At The Arena Tech Center

Join acclaimed author Albert Flynn DeSilver for an amazing FREE workshop exploring your inner and outer creativity at the Arena Tech Center, in Pt. Arena, on Thursday August 17 from 3:00pm to 5:00pm.

Albert will share exercises from his highly anticipated new book Writing as a Path to Awakening: A Year to Becoming an Excellent Writer & Living an Awakened Life, as well as read some of his new work-and will share a dynamic sample meditation practice, an innovative writing exercise, and include time for Q&A, and discussion.

Albert Flynn DeSilver is an internationally published poet, memoirist, and novelist. His new book is Writing as a Path to Awakening from Sounds True, September 2017. You can find out more at www.albertflynndesilver.com. To sign up, contact Blake More at blake@arenatechcenter.org.

Art in the Redwoods • The 56th Festival August 12 & 13 No Better Place or Time To Explore and Enjoy The Arts

Each year, music and performance artists complement the visual arts of Art in the Redwoods while entertaining patrons, and this year's line-up brings back a few favorites.

The 2017 festival days are Saturday and Sunday, August 12 and 13. The grounds open at 10:00am both days and the festival goes until 5:00pm on Saturday and 4:00pm on Sunday. Admission is \$6 per person, youth 7 to 17 are free.

Tim Mueller and Chris Doering (pictured below) will entertain guests during the Hat's Off Dinner, the signature kick-off event for Art in the Redwoods. Offering a mellow groove, they will play from 6:00pm to 8:00pm

the evening of Thursday, August 10 while guests enjoy this special evening of fine food shared with good friends.

The following evening, Friday, August 11, Barbara Johannes will play accordion starting at 5:00pm throughout the Champagne Preview form 4:00pm to 7:00pm. The evening offers the

general public a sneak preview of the more than 300 pieces of judged artwork entered into the festival. The grounds open at 4:00pm for exploring the outdoor vendors who will present at the festival, and the doors to the exhibit open at 4:30pm.

French musette, Latin, Italian, German, Popular, Standards and Cajun. "I'm accustomed to being background music for an event," says Johannes about her approach to playing the accordion. "I plan to add beautiful music to the ambiance of Art in the Redwoods." Johannes will also play for festival-goers Satur-

A highlight of last year's festival and returning to "Wow" audiences is the 17-member Fort Ross Chorus, directed by Lisa Scola Prosek, a Bay Area composer and librettist who has written seven operas. The Fort Ross Chorus performs Saturday from 12:15pm to

1:00pm in the JAMI Amphithe-

Perennial favorites, the Ernest Bloch Bell Ringers return for their customary two

shows playing a wide variety of music in the Coleman Hall on Saturday at 1:15pm and Sunday at noon.

John Micka, a 35year resident of our area, is self-taught on

classical guitar. His has been on a personal teaching journey of over 20 years and he has even started making guitars. John is another veteran of many Art in the Redwoods Festivals past, and will perform on the Mohr Mezzanine Sunday at 11:00am.

Pomo tribal leader, story teller, and graphic artist Eric Wilder will return to the Fairy Circle in the Meditation Grove again this year to enthrall listeners with stories of Kashaya history on Saturday at 2:15pm. Eric's magical weaving of words in the middle of the Fairy Circle is a literal example of art in the redwoods!

Another favorite artistic offering of Art in the Redwoods is the chance for Festival go-

Johannes' broad repertoire includes ers to become artists themselves by visiting the Gualala Arts Clay Studio. This fully featured studio offers visitors a chance to sit at the potter's wheel and learn how to make and decorate hand-built ceramic items. The clay studio will be open on both Saturday and Sunday 11:00am to 3:00pm, and is located downstairs in the Arts Center.

> Once again the popular Mendonoma music ensemble BAKU (pictured below) will bring its distinctive sound to this year's Gualala Arts Art in the Redwoods, appearing in the JAMI Amphitheater Saturday from 2:00pm to 4:00pm. BAKU is dedicated to the art of spontaneous composition, combining contemplative, ambient structures and melodies with a strong yet relaxing rhythmic pulse. "Jambient Soundscapes," their self-styled musical hybrid, is a fusion of jazz,

> > Afro beat, Middle

Eastern and other influences rhythms. BAKU was selected as the name of the group to honor the capital of Azerbaijan, which marks the crossroads of Western Asia and Eastern Europe and the region's diverse rich cultural and musical influences. For the band, every performance is a celebration of dis-



covery as they joyfully take themselves and their audience on an unpredictable and unforgettable musical journey. BAKU is comprised of Harrison Goldberg on saxophones and percussion, Chris Doering on guitar and guitar synthesizer, David French on electric upright bass and percussion, Nancy Feehan on cajon and percussion, and Tim Mueller on guitar.



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Our thanks to August contributors Joel Crockett, Rozann Grunig, Sally Marshall, Mitch McFarland, Blake More, Paula Ray Power, Cathy Riehm, Mary Jane Schramm, David Steffen, and Karin Uphoff.

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FROM THE EDITOR'S DESK

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Karin Uphoff brings us wellness information. It feels a little like purple. (Page 9).

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richa incacci i mir olab travels from 1)/0 to 1)/0 to 2013. (1 age 10).

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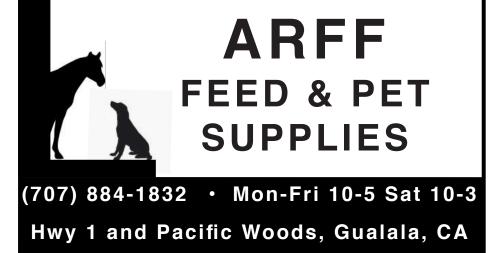
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Joel Crockett reviews *Tropical Ice*. (Page 19).

Get Out!. Our listing of things to do. (Back cover).



National Theatre Live from London Saturday, August 12 Angels in America Part One: Millennium Approaches

America in the mid-1980s. In the midst of the AIDS crisis and a conservative Reagan administration, New Yorkers grapple with life and death, love and sex, heaven and hell. Andrew Garfield (Silence, Hacksaw Ridge) plays Prior Walter along with a cast including Denise Gough (People, Places and Things), Nathan Lane (The Producers), James McArdle (Star Wars: The Force Awakens) and Russell Tovey (The Pass).

This new staging of Tony Kushner's multiaward winning two-part play, Angels in America: A Gay Fantasia on National Themes, is directed by Olivier and Tony award winning director Marianne Elliott (The Curious Incident of the Dog in the Night-Time and War Horse).

Part One: *Millennium Approaches* was first performed at the National Theatre in 1992 and was followed by Part Two: *Perestroika* the following year. Part One will screen at Arena Theater on August 12 at 1:00pm. Part Two follows two

the sea eats our eyes
as it lies before us
just off shore of our seeing—
just as we were thinking of it as a thing,
the surface broke open into foamy song
one dollop of light after another
dolphins—a great streaming pod of them
their glistening ash-blue bodies
arching through cold cobalt
slicing the choppy
sheen like breathing slices time
being as if beauty
were the only thing that mattered

Albert Flynn DeSilver

weeks later. *Perestroika*, will screen at Arena Theater on August 26, at 1:00pm. Tickets: \$18 general, \$5 youth (18 and under), available online at www.arenatheater.org.



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Marin Poet Albert Flynn DeSilver August 17 3rd Thursday Poetry At 215 Main, Point Arena by Blake More

On Thursday, August 17, at 8:00pm (summer hours) The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Marin poet Albert Flynn



DeSilver. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Albert Flynn DeSilver is an internationally published poet, writer, speaker, and workshop leader, as well as founder of BrilliantWriter.com. He received a BFA in photography from the University of Colorado, and an MFA in New Genres from the San Francisco Art Institute.

Albert served as Marin County's very first Poet Laureate from 2008-2010. His work has appeared in more than 100 literary journals worldwide including ZYZZYVA, New American Writing, Hanging Loose, Jubilat, Exquisite Corpse, Jacket (Australia), Poetry Kanto (Japan), Van Gogh's Ear (France), and many others.

He is the author most recently of Beamish Boy: A Memoir, Letters to Early Street from La Alameda/University of New Mexico Press (2007), and Walking Tooth & Cloud, from French Connection Press in Paris (2007).

His new books, Writing as a Path to Awakening, based on his popular writing workshops by the same name, and a novel Brooklyn, Wyoming are due out in 2017.

Albert is also a speaker and trainer having taught and presented with such luminaries as Elizabeth Gilbert, Cheryl Strayed, Maxine Hong Kingston, Michael McClure, and U.S. Poet Laureate Kay Ryan among many others. He teaches writing workshops at The Esalen Institute, The Omega Institute, Spirit Rock Meditation Center and literary conferences nationally. He lives in Northern California. More at www.albertflynndesilver.com.

Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.



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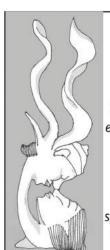


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Studebaker John • Saturday August 12 • Arena Theater Final Blues On The Coast Event For 2017

Studebaker John: Reedy vocals, primal harp sound, and blistering slide guitar skills! Taking his stage name from an automobile he once owned, Studebaker John Grimaldi is a product of the vibrant blues scene of Chicago's West Side.

The final concert of the 2017 Blues On The Coast Series is Satruday August 12 at Arena Theater. Doors open at 8:0pm, and music starts at 8:30pm. The Arena Theater Bar and snack stand will be open. Local ticket outlets include Four-Eyed Frog Books and Sea Trader, Gua-

lala; Arena Market and The Pier Chowder House and Tap Room, Point Arena; and Twist, Mendocino. Tickets are \$20.

Born in an Italian-American section of Chicago with a musician father, Studebaker John began playing the many instruments lying about the house. Becoming a fixture at the openair flea markets in

the Maxwell Street area—a venue for countless blues buskers—he began focusing on harmonica after catching performances from the likes of Little Walter and Sonny Boy Williamson; after taking in a Hound Dog Taylor club date, Studebaker John also turned to guitar. He formed the blues-rock band The Hawks during the early '70s as a showcase for his reedy vocals, primal harp sound, and blistering slide guitar skills, and in the years to follow also developed into a fine songwriter.

While keeping his day job as a construction worker, Studebaker John began recording during the mid-'80s, issuing a live Netherlands set later re-released domestically as Rockin' the Blues '85. His next major release was the 1994 "Too Tough," followed in 1995 by "Outside Lookin' In." He maintained a prolific recording schedule in the years to come, issuing "Tremoluxe" in 1996 and "Time Will Tell" in 1997.

The 2001 release, "Howl With The Wolf," revisited Studebaker John's roots, one last look at the past before looking exclusively to the future with his 2004 Avanti Records' release, "Between Life & Death," showcasing

his unique songwriting talents, and his blazing guitar and harmonica technique, while creating a new sound that transports the blues genre into the 21st century. The 2006 Avanti Records' "Self-Made Man," contains nearly 80 minutes of all original steamy blues and smokin' blues-rock, incorporating Chicago, boogie, swamp, swing, and harmonica blues, all recorded with a live-in-the-studio sound that is true to Studebaker John's stage performances.

Avanti Records is proud to announce the

new album by Studebaker John, master slide guitarist and blues harpist. "Waiting on the Sun" seamlessly incorporates the traditional with the modern, and utilizes a diverse musical pallet, including Chicago blues, boogie, swamp, swing, and even Latin groove. The album was recorded with frequent Studebaker John

release of a brand

touring partners, bassist Bob Halaj, and drummer Paul Ashford. The album also features the work of young Polish keyboard wiz, Bartek Szopinski, who is a member of Studebaker John's European touring band.

As a songwriter and musician, Studebaker John has emerged as a major creative force in the world of the blues today. Ahead of the pack, with vision and foresight, creating a new standard and landscape for this music's future. with John at the wheel, the future is now! For more information visit http://www.studebakerjohn.com/index.html.

Arena Theater is 214 Main Street (Highway One) in Point Arena. More information is at (707) 882-3272 and at www.arenatheater.org.

"Without the blues, modern music would be nothing like it is now not remotely."

Henry Rollins



Sunday August 6 1 PM I, Claude Monet

National Theatre Live
Saturday August 12 1 PM
Angels in America Pt 1
Millennium Approaches
Saturday August 26 1 PM
Angels in America Pt 2
Perestroika

Community Film Event Tuesday August 22 7 PM Loving Lady Chatterley

Arena Theater Film Club Mondays 7 PM

August 7 Kings of the Road August 14 The Red Shoes August 28 Concussion 214 Main Street Point Arena



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Solution to Crossword:

KL Smith, Author of Tropical Ice • Saturday, August 19 Author Event At Four-Eyed Frog Books

AN ECO-THRILLER BY KL SMITH

Caye Inn in Belize. Jack dangles a popsicle of frozen fish guts that he uses to attract sharks

for photo ops for divers. But the frenzied shark attack results in a shocking scene and the divers are horrified. When travel writer Matt Oliver, still mourning his father's death, arrives at Jack's the next day, he learns the local police suspect his old friend of being responsible for the serious mishap and have shut down his diving business. As Matt tries to clear Jack's name, he stumbles into a violent game of international intrigue.

KL Smith, author of Tropical Ice will be at

Four-Eyed Frog Books on Saturday August 19th at 4:00pm. Smith, local author (and a community co-owner at the Frog) will be sharing his thoughts on his new eco-thriller Tropical Ice.

There's much to enjoy in Smith's new novel, with twists and turns to keep you turning pages to see what's next for travel writer Matt Oliver. With the help of Maxie McCaw, an ex-girlfriend and Environmental Protection Agency agent, and Cat Mander, the beautiful owner of a rainforest resort with her own dark secrets, Matt finds himself in deeper trouble when he uncovers a jaguar hunt staged by Trey Turnbull, a corrupt American conservationist with surreptitious ties to Martin Chin, a Hong Kong expat who is producing phony aphrodisiacs and leading a shark-finning ring, as well as the American ambassador to Belize. Police track Matt down and deport him for dubious reasons

It's Shark Week at Captain Jack's Rum but, goaded by Maxie, he sneaks back into Belize as a cruise ship passenger. Soon Matt becomes the hunted prey during a terror-

> filled journey through uninhabited cayes, humid jungles, and the dark and dangerous streets of Belize City.

> Ken Smith is an international travel reviewer, and the publisher and editor of the subscription-only newsletter, Undercurrent. org, the private guide for traveling scuba divers. He was a partner in a management consulting and fundraising firm, with clients such as Greenpeace, the Sierra Club, the Wildlife Conservation Society, national

political candidates, and public television sta-

tions. He has taught graduate courses at universities, three managed a successful CA political reform initiative, and served on several nonprofit



boards, including the Marine Mammal Center. Smith will be at Four-Eyed Frog Books on Saturday, August 19.

NOTE: Joel Crockett reviews this book (on page 19) and suggests "after you've finished the novel I encourage you to read the "Author's Note" that follows the final chapter. **Tropical Ice** is riddled with truths, important truths." Readers are also reminded of the reality facing much of the natural world, including a shocking and sad fact: More than forty million sharks will be left to die this year after their fins have been hacked off for soup.

Running The Red Abalone • August 20 The Lighthouse Lecture Series at the Point Arena Lighthouse

know as the Point Arena Lighthouse does more than just shine a light upon the water.

the Point Arena Lighthouse on Sunday, August 20 at 5:00pm when Lisa Giacomini will present "Running of the Red Abalone." This will be a varied presentation with both some fun stuff about the stunning sea snail and facts about the Red Abalone that we find here on the North Coast. How we find them, take them and prepare them for eating. Maybe a few diving stories thrown in for fun! Admission is \$5 per person, and the lecture will be presented in the Fog Signal Building Museum at the Point Arena Light Station, 45500 Lighthouse Road, Point Arena.

Giacomini is a resident of Point Arena and lives with her husband Warren on Windy Hollow Road. She has been diving since 1992 and is also NAUI certified for SCUBA. Her other interests are entrepreneurial related, where she invents, designs

and manufactures lifesaving equipment for police, firefighters and the military.

Giacomini's hobbies include spearfishing, growing Mendocino Renegade Certified foods, cooking, forest foraging for mushrooms

Once again this month the treasure we and hunting and generally everything "outdoors". Giacomini is the "Head Cook and Bottle Washer" for Baby Tomato, a local ca-The Lighthouse Lecture Series continues at tering company. The Giacominis also offer



personalized Abalone diving lessons for those who would like to learn about our beautiful, blue Pacific from May through October. "Don't be afraid!! Just DO IT!" is her ad-

For more information or to make reservations, call the Lighthouse at 707-882-2809, ext. 1.





Hats Off! The Arts In The Redwoods Hats Off Dinner At Gualala Arts Center, Thursday August 10

Thursday August 10 offers a gala evening of fine food, as the Hat's Off Dinner kicks off the 56th Annual Art in the Redwoods Thursday, August 10 starting at 6:00pm. This fun evening's delectable eats allow guests the first viewing of the fine art exhibit and a chance to purchase art before judging on Friday, August 11.

Tickets to the Hat's Off Dinner are by reservation only, and are \$150 per person which includes a \$100 donation letter and VIP Festival passes to the Champagne Preview on Friday, August 11 from 4:00pm to 7:00pm, and the Festival itself on Saturday or Sunday, August 12 and 13. Reservations can be made in person at the Gualala Arts Center or calling (707) 884-1138.

A highlight of this year's dinner will be the award winning First Place chowder created by Cape Fear Café in Duncans Mills for the 14th Annual Gualala Arts Chowder Challenge held this past March. Cape Fear will also be serving up shrimp and grits canapes.

Other area chefs and gastronomic surprises planned as part of the locally sourced five course meal include Oz Farm, Black Oak Catering, and Upper Crust Pizza, preparing gourmet slices in the Friends of the Pizza Oven (FOPO) wood-fired pizza oven Anchor Bay Thai Kitchen will share their wonderful soups and Pazzo Marco Creamery gelatos and cheeses will complete the meal. Both Gualala Supermarket and Surf Market

> continue to generously support the Hat's Off Dinner with food and drink donations.

This evening of evenings never fails to impress guests with the artfully prepared delicious food, premium wines from award winning wineries and tasteful decorations by volunteer JoAnn Aikens and her team of volunteers.

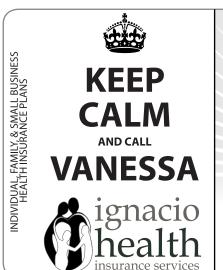
Wines this year are generously donated by Woodenhead Wines and are meant to compliment

the dishes. Volunteers of the Culinary Arts Guild will provide appetizers and a no-host martini bar. Back by popular demand and to encourage mingling among guests, the Hat's Off evening continues to be a more casual affair of indoor food stations and the new Grenwelge Kitchen offerings on the Metcalf Terrace. However, guests are invited to dress as formally or informally as they like, according to how they wish to experience the evening's ambiance.

Community Film Event • Tuesday, August 22, 7 p.m. Loving Lady Chatterley

A unique event is planned for Tuesday, August 22. The play, Loving Lady Chatterley was performed at Arena Theater in 2006, and happily the performance, featuring local thespians, was videotaped. Locals and beyond are invited to enjoy writer Neal Metcalf's adaptation come to life. Director by Bob Cohen helps bring Metcalf's original work to the big screen. Donations of \$10 or more are welcome to cover costs. The cast includes:

> Blake More as . . . Barbara Weekley Sam Parsons as . . . D H Lawrence Margaret Nelson-Quin as . . . Frieda Lawrence Amanda Stinson as . . . Maria Huxley Chris Campbell as . . . Aldous Huxley



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Flynn Creek Circus Returns To Point Arena, August 3-6

Flynn Creek Circus—Mendocino County's own charmingly nostalgic, surprisingly fresh all human circus—will be raising their vintage big top tent in Point Arena from August 3 - 6. Experience an off beat 'film noir' world created by top quality tightrope walkers, aerialists, jugglers, acrobats and comedians for a new 2017 show.

With their International cast, Flynn Creek Circus' 'Inter-Active' fuses comedy, improvisation and jaw dropping skills to create a completely new genre in circus-theater. Each evening the show takes on it's own unique identity as the audience's choices guide the cast through impressive and often ridiculous stunts. Riotously funny, deeply moving and dangerously inspiring, this 'Mad Libs' meets 'Mad skills' circus is an all human, all ages blast. Flynn Creek Circus performances will be held next to Calfire at 24001 Highway 1 in Point Arena.

There will be added festivities for the Point Arena shows including a Community Arts Festival Saturday from 12:00noon 3:00pm highlighting local artists and businesses as they show their work and goods at fun booths around the big top. There will also be a 21 and over version of the show including adult material for Saturday's 7:00pm performance.



Shows are scheduled for Thursday August 3 at 7:00pm, Friday August 4 at 7:00pm, Sat urday August 5 at 3:00pm and 7:00pm and Sunday August 6 at 1:00pm and 4:00pm.

There will be an opening night special for Thursday evening's performance offering tickets at \$20 adult, \$11 child, all seats, no front row reserve! Tickets may be purchased in advance for \$12/child \$20/Seniors, Students and Veterans and \$27/adult. Door price ticket sales begin on the first show day. Door prices are \$15/child or \$25/Senior and \$32/adult. VIP front row seating is available for \$50 and includes complimentary popcorn or cotton candy, drink and souvenir program. We recommend early purchase to guarantee your place. Flynn Creek Circus. For you, for every age. August 3 - 6 in Point Arena.



Gualala

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5-7 pm Sharon Nickodem, Collage & Mike Sorbelli, Kaleidoscope Glass

Opening Reception at the Dolphin Gallery

Thurs 8/10

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a special evening of wine & food

Fri. 8/11

Art in the Redwoods **Champagne Preview**

Fine Arts Exhibit Doors Open at 4:30 pm Vendors preview starts at 4 pm

\$10 admission

Sat 8/12 Sun 8/13

10 am-5 pm 10 am-4 pm

4-7 pm

Art in the Redwoods Festival!

\$6 entry fee, youth 7-17 free

Sat & Sun 8/26 & 8/27 Sat thru Monday 9/2-9/4 10am to 5pm

Studio Discovery Tour

North Coast Artists' Guild presents. Self-guided tour of artists' open studios Sonoma - Mendocino Coast



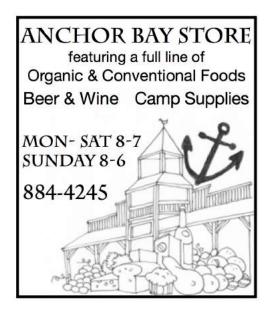
1.800.838.3006 or at Gualala Arts Center or Dolphin Gallery VISIT GUALALAARTS.ORG FOR DETAILS

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Comedy At Arena Theater August 26 Standup Comedians Casey Williams and Steve Ausburne

Regardless of the times, we all need moments when we can forget what's going on around us and be thoroughly entertained by comedy. Mark your calendar. Our next opportunity to tune out the world and tune into a fun evening is Saturday, August 26.

Two dads (and a little whiskey) take a comedic look at staying afloat in life while navigating marriage, teenagers, and the end of their thirties. The warm up to a mid-life crisis has never been fun-

Casey Williams is a hilarious comedian and local producer performing throughout Sonoma County and the greater Bay Area. A veteran of parenthood and mar-

riage, Williams can sift through the seemingly mundane to offer humorous observational gems to you, the willing (and hopefully drinking) audience. He's worked with Michael Kosta, Scott Capurro, Sarah Tiana, David Alan Grier, Gilbert Gottfried, Kabir "Kabeezy" Singh, and Carlos Mencia among others.

Since his career was launched by emceeing for friends and their bands Steve Ausburne has embraced the stage as "a place to present a spoken word memoir of all the embarrassing moments that lurk in a place that only standup or therapy sessions can reveal." He has preformed at events such as the 2014 Sacramento Comedy Festival where he fin-

> ished in third place and he recently participated in the 2015 SF Sketchfest. Ausburne also appeared on stage at Arena Theater in 2015 when he hosted the Bay Area Comedy Invasion.

The show starts at 8:00pm, doors 7:30pm. Tickets are \$10, online at Arena Market, Point Arena; Four-Eyed Frog Books, Gualala, and online at www.arenatheater. org.

The Barrel Proof Comedy Podcast is a popular show which explores a different whiskey each week while digressing into pop culture that was relevant 20 years ago. Prior to the show at the theater on August 26 Williams and Ausburne will be doing a live podcast interview with Master Distiller Crispin Cain of Low Gap Whiskey at The Sign of the Whale. Cheers!



Celebrate National Lighthouse Day Monday, August 7 (At The Point Arena Lighthouse, Of Course)

The Point Arena Lighthouse will celebrate National Lighthouse Day on Monday, August 7 from 10:00am to 4:30pm. All visitors will enjoy free admission to the Grounds, Museum and Tower Tours. Wind, weather and emergencies permitting, this great day will also feature a static dis-

play of a Coast Guard Rescue Helicopter! Guests can also purchase award-winning clam chowder and finish it off with our famous homemade Lighthouse Keepers Strawberry Shortcake and home baked

Barring an emergency call, the rescue helicopter will be on display at the Light Station helipad from 11:00am to 1:00pm and visitors will be able to get up close and personal

with the aircraft and even sit in the pilot's seat. The flight crew will be available as part of their public affairs responsibility to explain how it all works.

National Lighthouse Day was originally established in 1989 to "honor the beacon of light that, for hundreds of years, symbolized

> safety and security for ships and boats at according sea," to the National Lighthouse Society. Point Arena Lighthouse joins hundreds of lighthouses across America on August 7 in celebrating the day by offering

free admission and special events.

More information is available by calling the Lighthouse at 877-725-4448, ext. 1 or 707-882-2809, ext. 1 or visiting PointArena-Lighthouse.com/national-lighthouse-day/.

Point Arena Lighthouse's Full Sturgeon Moonlight Tour, Saturday August 7

The Point Arena Lighthouse will offer two opportunities to climb the Tower at night with their (almost) Full Sturgeon Moon Night Tour on Saturday, August 5 and the Full Sturgeon Moon Night Tour on Monday, August 7. On both nights the Lighthouse gates will open at 8 p.m. and the tours will begin around 8:30 p.m.

According to the Farmer's Almanac, some Native American tribes called the August Moon the "Sturgeon Moon" because they knew that the sturgeon of the Great Lakes and Lake Champlain were most readily caught during this Full Moon. They also called August's Moon the "Full Green Corn Moon." Different tribes had different Moon name preferences. Other examples for August are "Wheat Cut Moon" (San Ildefonso, and San Juan), "Moon When All Things Ripen" (Dakotah Sioux) or "Blueberry Moon" (Ojibway).



The evening will feature a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast, and sweet and savory snacks accompanied by champagne or sparkling juice will also be provided. An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 for two. Reservations must be made at least three days in advance of the tour. While the tour is scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Rd. in Pt. Arena.

"These Night Tours have been extremely popular, selling out well in advance many times in the last several months," says Mark Hancock, Point Arena Lighthouse Executive Director. "We do limit the number of guests to 20 so make your reservations early!" For more information or to make a reservation, call the Lighthouse at 707-882-2809, ext. 1 at least three days prior to date of the tour.

> The Image: "Full moon over Lake Michigan" Photographer: Rebecca Seymour Location: Door County, Wisconsin Camera Information: Canon EOS Rebel T3

Words on Wellness by Karin Uphoff

All the talk about citizenship, reminds me of the naturalized citizens we have among plant communities in California. Many came from the Mediterranean and South Africa and upon finding environmental conditions here much like home – they put down roots.

Most of this flora is medicinal and provides important habitat for wildlife. While some like eucalyptus and iceplant are snubbed as pests, others like lavender and rosemary are added to every landscape design. Usually what



we don't know about nature has us making quick judgments. If a plant is inconvenient or troublesome, it's bad, if it's easy to live with (or especially beautiful), it's good and that says something about the way we classify each other as well.

The love of lavender is universal, its flower spikes attract a frenzy of bees, smells lovely as a sachet in your closet, makes delicious tea, jam and cookies and the essential oil can be used on skin for diaper rash, puncture wounds, sunburns or headaches. Rosemary flowers are another favorite snack for bees and the needle-like leaves are a cook's best friend for spaghetti sauces, pizza, salads and grilling fish. A tea of oil-rich rosemary leaves tea treats a common cold and makes a nice steam for lungs dealing with smoke. It's

warming and stimulating nature also makes a handy topical application for easing sore muscles and joints.

In an effort to restore native vegetation, ice plant is often eradicated, even though the California Highway Corps originally spread

the plant along roadsides to hold soil. Before this, sailors brought ice-plant on ships because of its rich vitamin C content. While native vegetation does a better job at holding soil on California cliffs, ice-plant is edible.

The fruits resemble figs (sometimes called Hottentot fig) and can be eaten raw, dried, cooked, pickled, or made into chutneys and preserves. The succulent leaves can be used in salads or as a substitute for the pickled cucumber, just saying....

Finally the regularly cursed eucalyptus is one of the most important bee foods in Northern California because it blooms in winter. In Southern California, eucalyptus groves provide important habitat for monarch butterflies and large raptors, maybe because larger native trees have been destroyed. Plus its essential oil clears stuffed sinuses, is anti-fungal and strengthens veins, just saying

Information about Karin is at http://rainbowconnection.net.

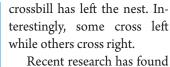
The Red Crossbill A One-Of-A-Kind Bill!

Red Crossbills are one of my favorite birds. It was the first bird I ever saw in the pygmy forest. It was a young Red Crossbill hanging upside down from a pine branch. These birds look like Dr. Seuss created them.

Juvenile Red Crossbills have yellow chests with red polka dots and all crossbills look like they have run into a wall, their beaks actually crossed.

They use this unique beak to break the seal of pine cones. They open their bills slightly to form a point, then by closing their beak, they open the scale and extract the seed with their fat tongues.

The tips of the mandible begin to slowly cross over a couple of weeks after the young



that there are nine distinct types of Red Crossbills, possibly different species, with varying beak lengths. In the field these types are identified by their flight and their songs, which are either a kip or a quip, a chip or a cheep. For most of us, however, we

are satisfied to identify it as a Red Crossbill with its one-of-a-kind bill.

Photo Credit: photographer: Deepankar Das Red Crossbill (Loxia curvirostra) Skylawn Memorial Park, San Mateo, CA

Our thanks to the Mendocino Coast Audubon Society for contributing this article. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org.

Animal Care & Welfare

by Cathy Riehm

One sure way to elicit a large groan from a pet-owning local is to say the word 'fox-

tail'. It's that dry time of year again, and with it comes the threat of foxtails getting into our animals.

The seed head of the foxtail plant is barbed, so once it penetrates it only moves in a forward direction. Foxtails can be swallowed, burrow between toes, tunnel into an ear canal or they can be inhaled up the nose. Once inside the body, they can continue to travel causing tissue damage, or they can

get lodged somewhere, causing an abscess. Early signs of 'foxtail trouble' are dependent upon the site of entry. Limping and licking a paw, eye squinting and sneezing, even labored breathing can all indicate the presence of a foxtail. Caught early, your veterinarian can possibly retrieve a foxtail with sedation and some alligator forceps. Foxtails allowed to migrate further into the body can be serious enough to warrant exploratory surgery. The key is not to wait—the longer you wait to get your pet to a veterinarian, the deeper the foxtail will travel.

Long-time local and owner of Bed & Bone kennel, Rebecca Golly, says to "always check your dog's entire body for foxtails, especially after walking through unknown fields". If you are mowing your lawn or field, "best practice is to rake up cut grasses,



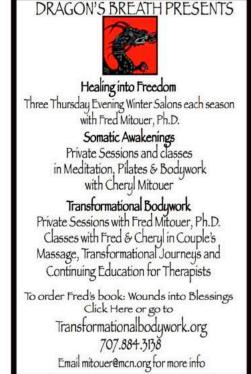
which could include oat bristles". Rebecca added, "In the case of foxtails and oat grass, a bit of prevention can save significant pain and suffering for your dog as well as vet bills". Rainie, a local dog groomer at Bed & Bone, says shaving dogs' paws can be a pre-

ventive measure. Some people say, before taking your dog for a walk, rubbing Vaseline

under and over paws, and between toes can prevent foxtails from penetrating the skin.

Given the prevalence of the foxtail plant in our area, make sure to check your pets on a daily basis, especially after taking your dog for a walk. Kitties rolling in the grass, goats walking through a field or horses grazing in their pasture—any animal is a potential 'foxtail victim'.







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Red Shoes, Kings On The Road, and A Scandalous NFL Drama. Three Films With Plenty Of Drama In August From Arena Theater Film Club

What a great way to begin the August selections from the Arena Theater Film Club: a film about movie theaters. In Kings Of The Road (1976), legendary director Wim Wenders brings a story of two unlikely characters who hit the road together. Going from movie theater to movie theater repairing film projectors we follow Rüdiger Vogler's character with his traveling companion, played by Hanns Zischler. After coming upon a car accident, Vogler's mission as a repairman connects with Zischler's when the repairman pulls the depressed psychologist out of the river before his VW sinks. Along the way, the two men, each running from his past, bond over their shared loneliness. Kings Of The Road, captured in gorgeous compositions by cinematographer Robby Müller and dedicated to Fritz Lang, is a love letter to the cinema, a moving and funny tale of male friend-

KINGS OF THE ROAD

(IN THE COURSE OF TIME)

A WIM WENDERS FILM

ASSOCIATION

ship, and a portrait of a country still haunted by war.

Wenders began the film without a script. In stead, there was a route that he had scouted out before-

hand: through all of the little towns along the Wall that still contained a movie theater in this era of cinematic mass extinction. The

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old moving van with the film projectors in the back becomes a metaphor for the history of film—it is no coincidence that the film is dedicated to Lang. This "men's story" also treats the themes of the absence of women, of loneliness, and of postwar Germany. At one point,



Bruno says to Robert: "The Yankees have colonized subour conscious." Kings Of The Road screens on Monday, August 7 at 7:00pm. The film is Not Rated;

the running time is 176 minutes. Shot in B&W, the film is in German with English subtitles.

The Film Club—as it often does—takes a significant turn from the first film to the August 14 selection, *The Red Shoes* (1948). Two directors, Michael Powell and Emeric Pressburger, have created this singular fantasia, cinema's quintessential backstage drama, as well as one of the most glorious Technicolor feasts ever concocted for the screen.

Moira Shearer is a rising star bal-

lerina torn between an idealistic composer and a ruthless impresario intent on perfection. Featuring outstanding performances, blazingly beautiful cinematography by Jack Cardiff, Oscar-winning sets and music, and an unforgettable, hallucinatory central dance sequence, this beloved classic, now dazzlingly restored, stands as an enthralling tribute to the life of the artist. *The Red Shoes* is on the big screen Monday, August 14 at 7:00pm. Its runtime is 133 minutes. The cast includes Shearer, along with Anton Walbrook, Marius Goring, Léonide Massine, and Robert Helpmann. The film is not rated.

This month's third selection is Concussion, a 2015 film from director Peter Landesman. Drawn from the real life (and death) experiences of professional athletes, the story follows a doctor who discovers a brain disease in former football players, but the NFL denies his claims. A dramatic thriller based on the incredible true David vs. Goliath story of American immigrant Dr. Bennet Omalu (Will Smith), the brilliant forensic neuropathologist who made the first discovery of Chronic Traumatic Encephalopathy (CTE), a football-related brain trauma, in a pro player and fought for the truth to be known. Omalu's emotional quest puts him at dangerous odds with one of the most power-



ful institutions in the world. The film is rated PG-13, runs 123 minutes. The cast includes Stephen Moyer, Gugu Mbatha-Raw, Alec Baldwin, and Eddie Marsan. *Concussion* screens August 28 at 7:00pm.

Arena Theater is at 214 Main Street, Pt. Arena. 882-3272 and www.arenatheater.org.

www.bananabelt.org

Ireland's Ruaile Buaile Set for 215 Main in Point Arena Tuesday, August 29

Ruaile Buaile are a young Irish based four piece modern day Trad / Pop / Folk group from Offaly in the heart of Ireland. And it's our good fortune that they'll be stopping on the Mendonoma Coast for a show at 215 Main on Tuesday August 29 . Tickets are \$20 and are available by calling 215 Main at (707) 882-3215.



The four friends Niall (vocals and guitar), Arthur (fiddle and banjo), Shane (vocals and bass) and Jack (Cajun and banjo) formed in 2011, and have been gaining support from music fans and festival goers across Ireland, UK, Germany, Holland, France, and happily, America.

From a small start to the world stage in only a few short years Ruaile Buaile are set to become a household name on the festival scene around the world with their own style of high energy ground thumping Celtic beats with a little Irish charm and flare these four young award-winning musicians are setting the pace for some of the better known established acts to follow.

Last year, in between touring and college studies, the lads went back into the studio to record their second album 'This Very Moment'. This year is shaping up to be a very busy and exciting year for the band, and for fans on the Mendonoma Coast.

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North Coast Artists Guild • Studio Discovery Tour Two Weekends: August 26 & 27; September 2, 3, 4

25th Anniversary

NORTH

COAST

GUILD

artists

SAT-SUN AUG 26-27

SAT-MON SEPT 2-4

For twenty-five years, the artists of the North Coast Artists' Guild have opened their studios to the public on Labor Day weekend and the weekend before or after. This year, 35 artists who live and work in their studios on

the Sonoma-Mendonoma Coast, invite you to come see the spaces where they work and live.

This year's tour runs 10:00am to 5:00pm, Saturday and Sunday, August 26 and 27, and Saturday, Sunday, and Monday, September 2, 3, & 4. The route travels along Highway One from Jenner to Manchester. Look for the yellow "Studio Tour" Signs indicating each stop along the way.

The setting is rural, the

pace is slower, and there is a quiet tranquility to most of the studios that overlook the Pacific coast or are nestled deep in the Redwoods, in open valleys or next to trickling streams. On your way to many of the studios you may encounter flocks of wild turkeys, herds of deer and sheep, and, strangely enough, even some zebras and giraffes.

"Come share our inspiration, the views from our work benches or easels, the feel of our tools or brushes, and the texture of our lives," said Doric Jemison-Ball II, North Coast Artists' Guild Director. "We want to

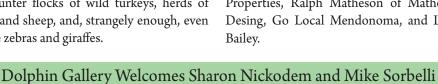
> meet you and show you where and what we create."

> A directory of artists can be picked up at the Discovery Gallery in the Seacliff Center in downtown Gualala, at Gualala Arts Center, and many art studios around town.

> Participating artists work in all range of mediums: clay and ceramics, digital art, drawing, fiber arts, glass, jewelry, mixed media collage, multi-media, oil and acrylic painting, pastels and watercolors, paper-

making, photography, printmaking, sculpture and wood working.

This year's studio tour sponsors are Beach Rentals/Sea Ranch Vacations Homes, Ignacio Health Insurance Services, Ocean View Properties, Ralph Matheson of Matheson Desing, Go Local Mendonoma, and Lynn



Opening Reception, Saturday, August 5

Dolphin Gallery will host an opening reception for Sharon Nickodem, collage and Mike Sorbelli, Kaleidoscope Glass on Saturday, August 5, 5:00pm to 7:00pm at the Dolphin Gallery.

In her second two-person show at The Dolphin, Sharon Nickodem exhibits her distinctive blend of photography and collage. She feels this combination of forms unlocks subconscious connections and reveals a deeper reality than photographic images by themselves can attain.

Nickodem began her artistic life as a photographer of landscapes and macro sub-

jects, which she especially liked because the close-ups revealed what the viewer often overlooks. Then, five years ago she attended a collage class at Gualala Arts that opened a new approach to her subject matter. She has been experimenting with combining the two genres ever since.

She includes materials taken from maga-

zines, her photos, collected mementos and written script from old books and postcards. "The effect is amazing," she says. "The assembled image may recall a past event,

> memory or even a dream, but this process can bring a deeper interpretation to the subject matter than photos alone can achieve."

Once this month's 3-D artist, Mike Sorbelli, saw samples of Roman, Egyptian, and glass objects of other ancient cultures, he

was spired to work in the me-

dium himself. Over 25 years later he will display his creations at The Dolphin Gallery. Like Sharon Nickodem, his partner in this exhibit, Sorbelli's work provides vivid examples of how a traditional craft root-



in-

New Show At Coast Highway Art Collective Opening Reception Friday, August 4 Featuring Barry Semegran, Carol Chell and Brenda Phillips

An opening reception for three local artsts will be held at the Coast Highway Artist Collective in Point Arena on Friday, August 4, from 5:00pm to 7:00pm. Wood artist Barry Semegran, watercolorist Carol Chell and ceramicist Brenda Phillips will be on hand to talk about their creative process and answer any questions visitors may have.

Semegran has been living on the Mendonoma Coast for more than a quarter of century and says "the salt air, the sounds of the rhythmic pounding surf, and the look and smell of redwood trees and its sawdust have gotten into my blood." Semegran, who grew up on the East Coast, says the native woods of the Northern California Coast has been his main source of inspiration.

While he enjoys the artistic side of his craft where he can create at will and whim, most of his time is spend doing commissions. He makes cabinetry and furniture in many styles including Arts and Crafts, mid-century

modern, contemporary and "Mendonoma rustic elegance." Many of his pieces are available at the Coast Highway Artist Collective or on his website, www.barrysemegran.

The challenge and pleasure of creating fine art in watercolor is what drives local artist Carol Chell, whose landscapes and abstracts are on display at several locations in the area. CHAC is proud to feature her works and to have her as a featured artist this August. Chell earned a BA degree in art with an emphasis in interior design at San Jose state. She studied under Erik Oback, a widely recognized master of the medium. More recently, she has studied with Fred Graf, Karen Bowers, Judy Greenberg, Susan Cornelis, and Dale Laitinen, all award-winning artists. Carol says "I consider myself always growing and evolving as I explore the many effects possible with watercolor." To see more of Carol's work, visit her webpage at www. GualalaArts.org, click on "local artists" and then "Carol Chell."

Brenda Phillips began taking pottery lessons around 2002 after retiring in 1995 from teaching at Manchester Elementary and as a resource specialist at Point Arena High School. She has studied under Paul Stein and taken classes at Brandybuck with Kaye

> Like and at the Mendocino Center. Her work is available the CHAC and at Dolphin the Gallery Gualala.

Phillips is showing some new work at this show, including large footed

bowls and globes. She says "It's a challenge for me to make new shapes that I haven't tried before. Glazing is still fun especially when I use two or three glazes that overlap each other. New interesting colors come from the breaking point of the overlap."

The show runs from August 4 to 28. The Coast Highway Artist Collective is located at 284 Main Street, Point Arena, next door to the Redwood Credit Union. Wine, drinks and snacks will be available during the opening reception. For more information, visit www. coast-highway-artists.com.

ed in practical necessity can be raised to the level of artistic expression.

Most interesting is the process Sorbelli

calls "Kaleidoscope Glass." It is a labor-intensive method that requires skill in shaping bars of glass, an eye for color and design, and a lot of patience. To complete a single piece requires over 100 hours not counting the time needed to design and cut the pieces and it requires knowledge of both fusing

and casting techniques. Sorbelli pays careful attention to the light source so that the same piece will have a dramatically different appearance when seen from different perspectives.

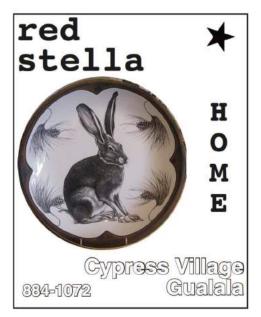
Each one-of-a-kind geometric pattern is reminiscent of the patterns one sees in a kaleidoscope or of the rose windows in medieval cathedrals. For Sorbelli this process can also trigger interesting variations that change the patterns and break the symmetry in evocative ways. In addition to his "Kaleidoscope Glass" Sorbelli fashions pendants, lamps and even night lights.



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Bobbie Clark's 1979 Fiat Spider won the Surf Market Super Pick Trophy and the Lion's Club Trophy. (The Fiat also won "Best Sports Car" at the Fort Bragg Auto Show in June.) Pictured here (l-r) are Bill Clark, grandson Ryan Clark, and Fiat owner Bobbie Clark. In addition to the win for the Fiat, Ryan Clark's Derby entry had the fastest car in the 9-12 year-old class.

All Things Must Pass by David Steffen

What child growing up in the dawn of television didn't appreciate the wonder coming through that 8", then 12", then glory of glories, a 15" screen? All of that entertainment beaming into our living rooms in crisp (sort of crisp) black and white images. I had color all around me and more right outside our front door, so watching television programs in black & white was no hardship. I remember some of my friends—a few pegs above our home in family income—telling me about their COLOR televisions. Quite an investment for one or two programs per week.

NBC was the network that inaugurated color broadcasting—Colorcasting—November 22, 1953 with *The Colgate Comedy Hour* and six weeks later with the 1954 "Tournament of Roses Parade". With the early 1960s arrival of Disney's re-branded *Wonderful World Of Color*, and the western-themed hit show *Bonanza*, black and white programs would continue but own a constantly diminishing share of network offerings. The world of television would soon be colorful.

In a world of televised color, a staple of independent television stations for years was a seemingly endless catalog of black and white films. To be sure, color films began the inevitable migration to color television, but for independent stations, black and white movies continued to be a cornerstone of programming. I'm always reminded of the moment I first watched the 1939 film The Wizard Of Oz as it transformed itself from sepia tone to color. The drama of Dorothy opening the door of her black and white Kansas house into a Technicolor Oz was a brilliant idea. Ironically, some of my friends tell me that today Kansas feels more and more like the entire state is back in sepia tone. Never mind that. Like Dorothy in Oz, we open our doors on the coast and see the world in color, with that big blue Pacific Ocean by our side.

Mark Twain needs no introduction. His original storytelling has transcended ideologies, generations, wars, depressions, and recessions. Born in 1835, he made it to age 74. No small feat considering early 19th century medicine, wars, superstitions, etc., pushed the average American life expectancy in 1835 to about 40 (today it's 76.) Twain's longevity provided ample time for him to create a body of literary works, successful in his life, and reimagined after his death through their film adaptation by Hollywood studios. One of those films was A Connecticut Yankee In King Arthur's Court. The idea of being transported to an earlier time—whether the result of one's magic or an anomaly of science—is intriguing, particularly when we wish to right some wrong, offer some help, or just stroll through a world totally at odds with our own.

In Twain's story the 'yankee' is accused of being a witch of some type. As he is prepared for execution he realizes he knows something his Arthurian hosts would not: There is to be an eclipse, and that little piece of information is how Sir Guy (our hero) confounds his accusers and forces them to cancel his death sentence. The king at one point had offered up "even to the halving of my kingdom; but banish this calamity, spare the sun!"

Sir Guy continued the ruse. After all, he could not stop the eclipse.

"The darkness was steadily growing, the people becoming more and more distressed. I now said: 'I have reflected, Sir King. For a lesson, I will let this darkness proceed, and spread night in the world; but whether I blot out the sun for good, or restore it, shall rest with you."

Having negotiated a fee for his services, the eclipse continued but the people of the kingdom had Sir Guy's promise that the darkness would retreat. And so it did.

I have always loved the film, and Twain's imagination was hardly derivative. He was a wonderful writer. But you already knew that.

On the 21st of August, many Americans too shall experience the power of the universe with an eclipse across our continent. We already know that this is a simple matter of science as one astral object gets in the way of another. In this case, Earth's moon will travel between our planet and our sun. As I said, science. But just the same, in these uncomfortable times, living in a country where more than half the population did not vote for its 'leader', many wonder daily just what the hell is going on with our government. And on August 21st, do we need a heavenly reminder that fate may be in the hands of others?

"The fault, dear Brutus, is not in our stars, but in ourselves". The first time I heard that phrase was not in classic lit class. It was hearing Edward R. Murrow utter the phrase on CBS television as he was creating ground-breaking television journalism. Murrow, obviously, was quoting Shakespeare, from *Julius Caesar*, Act I Scene III. The phrase goes,

"The fault, dear Brutus, is not in our stars, but in ourselves, that we are underlings." Cassius is, in fact, attempting to persuade Brutus to stop Caesar from becoming a monarch, and stopping Caesar is what Cassius believes is in the best interest of the country. He is arguing that it is not fate, but their weak position, which is exploiting them to act against their will.

These days most of us are unlikely to attempt to dissuade a powerful crazy person,

say, some country's leader, from continuing to appear irrational (or worse) or to continue to act, well, crazy. Even if a country's leader already sees himself as a monarch, society must work together to keep us from entering days that are even darker. I believe it makes sense, at least this month, to use Twain's story and the August eclipse as a metaphor for our times. For many of us, it may be getting darker with each day's headlines. But we will all emerge from the darkness. Henry Wadsworth Longfellow wrote,

Art is long, and Time is fleeting,
And our hearts, though stout and brave,
Still, like muffled drums, are beating
Funeral marches to the grave.
In the world's broad field of battle,
In the bivouac of Life,
Be not like dumb, driven cattle!
Be a hero in the strife!

Wherever we can we must strive to build a world not destroy it. This month's eclipse will be wondrous and memorable. But it is a fleeting moment (2 hours, more or less) of darkness. The sun will reappear. How do I know this? George Harrison's words give us some faith. "All Things Must Pass".

"All the world is birthday cake, so take a piece, but not too much.

George Harrison

First they came for Gay men, and I did not speak out — Because I was not Gay.

Then they came for Lesbian women, and I did not speak out —
Because I was not Lesbian.

Then they came for BiSexual men and women, and I did not speak out —

Because I was not BiSexual.

Then they came for Transgender men and women, and I did not speak out— Because I was not a Transgender man or woman.

Then they came for me,

and there was no one left to speak for me.

Adapted from MartinNiemöller, 1892-1984

An advertisementinthe public interest paid for by a concerned citizen.

56th Annual Art In The Redwoods Silent Auction Thursday - Saturday, August 10 - 13

Last year's Art in the Redwoods Festival included the raffling off of a donated vehicle. This year Gualala Arts is excited to have four high quality items donated for silent auction at the 56th Annual Art in

the Redwoods. Donated items include several gifts by Bill Vellutini in memory of his late wife, Peggy Zink Vellutini: a large collection of art supplies that belonged to Peggy, an accomplished pastel artist; and two pristine water vessels hand built by Bill, one of which won first place in the 2016 Art in the Redwoods Festival. The final auction item is a Phil Paradise watercolor painting donated by artist

These items will be on

Bruce Jones.

display in the Vendor area throughout the festival and will be called after the Pacific Piecemakers Quilt Guild raffle at 3 p.m.

For surfer and paddle boarder Bill Vellutini of Gualala, donating his hand-crafted wood-

en kayak and paddle board along with his deceased wife's art supplies to help raise money for Gualala Arts just makes sense. "It's a good organization, it's all going to a good cause," Vellutini said. "My wife Peggy was an artist and she was doing her work while I did mine. I like the community and I like the idea of honoring her."

Vellutini said Peggy has three surviving sisters that will greatly appreciate the plaque that will be placed in her honor in the Donor Grove at Gualala Arts

Center. "It's a good thing to do." The art supplies include pastel chalks, assorted brushes, easels and canvases. Peggy was a prolific artist who attended California College of the Arts in Oakland, Calif.

It took "several years" for Vellutini to build the 16-foot kayak, cut from Okoume, a highquality marine plywood that looks like African mahogany. Marine plywood is a special wood that doesn't delaminate. The process was meditative for him, he said. "Some parts I don't even remember doing, I would get so lost (in the process)."

About the learning curve for cutting, sanding and fitting the wood pieces, Vellutini said,

Phil Paradise original painting framed, signed and labeled

"In the beginning I was pretty good. When I got to the end, I was really good."

The kayak and paddle board were constructed using a stitch and glue technique of cutting beveled edges that fit together



just right. After gluing, the pieces are wired together with 18-guage copper wire that is cut after drying and the holes are filled. The kayak and 14-foot paddle board each have at least six coats of varnish and took a lot of sanding. "My father always told me, 'Patience, William, patience.' That helped," Vellutini said.

The Sea Island Sport kayak was built from a kit. It is a sit on top 16-foot long and 27-inch wide boat and should hold up to 275 pounds.

It has a sponson keel and self-draining cockpit. Although the pieces are more artwork than practical water vessels, Vellutini says they are both water proof and will float. But

while he guarantees they

are water tight and will float, they've yet to see the water. Although he is an avid surfer and paddle boarder, he has no idea to see them submerged. "For me, it was more about the making of them," he said.

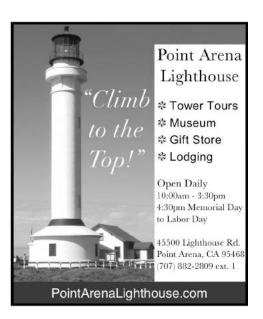
And then there is the Phil Paradise painting. Donated to Gualala Arts by local artist Bruce Jones, who also works extensively in watercolor, this circa 1953 Phil Paradise original painting is

framed, signed and labeled by Starry-Sheets of Irvine, California. Paradise worked in a regional style in the late 1920s and 1930s. These works received a great deal of attention and were part of many important water-

color shows including the California Group exhibitions. By the late 1930s, he was actively selling his paintings in galleries in both New York and Los Angeles.

After the mid-1940s, his paintings changed in both style and subject matter. He traveled and lived in Mexico, Central America, and Caribbean countries drawing most of his subject matter from these areas. Paradise taught at the Chouinard Art Institute and at Scripps College. He also worked as an artist

in the motion picture industry and did some commercial illustration. In 1939, Paradise served as president of the California Water Color Society. During the 1940s, he set up a print workshop in the central California town of Cambria and began producing limited edition serigraph prints. In addition, he created metal sculpture, pottery and ceramic murals which he sold out of his studio-home in Cambria.





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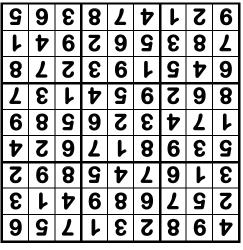
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"All the waste in a year from a nuclear power plant can be stored under a desk."

Ronald Reagan

"OK, but who's desk & where is it?"

Anonymous



Solution to Sudoku:

Ya, Youbetcha. Notes from the Midwest: Storm On The River By: Sally Marshall

Mother Nature can occasionally show her temper during spring and summer in the upper Midwest. Just when we are all lulled into thinking it's going to be a nice season of gentle rains and sunny days, she unleashes Hell.

So, it was a nice summer weekend and a group of us decided to rent canoes for a two-day paddle on the Wisconsin River, camping overnight on an island. There were three canoes, six adults and one cute little dog of

unknown mix. As we packed our gear and headed out from the boat landing, one of our paddlers casually mentioned that the weather forecast predicted thunderstorms for our region later in the day. We weren't going to let a little storm stop us – right? Besides, we figured we'd be settled snuggly on an island by the time any storms would overtake us, so off we went, not a care in the world.

The Wisconsin River is one of the most beautiful rivers for paddling. It is wide and shallow in spots because of the numerous sandbars that appear as the water levels recede over summer.

There are also islands that have mature trees and shrubs on them and, with the long stretches of pale sandy beaches, it's a little paradise for camping.

We spent the first day joyfully paddling our canoes; and the dog, exhibiting his "happy dog" face, perched himself on the bow of the canoe; he only fell off once, swam back to the canoe and was retrieved by his owner. We stopped at a sandbar intermittently to have some lunch, go swimming, or just to rest and gaze at all the beautiful hills that graced this lovely river. Later in the afternoon we started tracking the ominous clouds gathering on the horizon and agreed it was time to find a safe island for our camp. At this point, everyone was in good spirits, although we did notice that quite a few other groups of paddlers had already occupied the choicest islands. It took some time to find a vacant spot and, in the meantime, those storm clouds had gotten a lot closer, accompanied by thunder and a few flashes of lightning.

We finally found our island and, as we dragged our canoes up to shore, I kept looking back at the storm, alarmed by now at how fast it was approaching. We pitched our tents and gathered up our gear, and all sat down to watch the storm's progress. The clouds had blackened to "end of the world" darkness and we could see the rolling squall line that was about to hit us; and that's when I heard the "freight train" noise. I yelled to everyone to get into their tents. Too late. The storm was upon us. We all scampered into the closest tent, someone yelled "where's the dog?", and

then we noticed a lump under the tent floor. The dog had excavated a hole in the sand and crawled under the tent. Smart dog.

Huddled in the tent, wide-eyed and a bit frightened, we could hear the storm's fury: howling wind, canon blasts of thunder followed by seriously huge bolts of lightning, horizontal chunk-style rain that pelted our tent (and our vehicles at the boat landing). I was wondering how the other tents were do-



ing, and one of our group peeked outside to see what was happening and shouted out that they were either collapsed or rolling towards the water. He sprang into action, running out into the storm to retrieve the tents before we lost them

After a while, there was an eerie calmness outside. We emerged from the safety of the tent to see the storm moving on, leaving the skies an odd color I hadn't seen in a while, and I realized this was just the beginning of this storm system. I looked down to where the canoes had been pulled up onto the shore and was alarmed to see the water level had risen so they were almost in the water. We all rushed down to retrieve them and pulled them up to a much safer level (we hoped). I went over to my collapsed tent – what a mess: the sleeping bag had gotten wet and sandy as had my other gear, and the tent wound around itself in the storm. After a bit of a struggle I got the tent up again just in time to see the next storm barreling down on us.

I spent the night lying on my stomach on my sodden, sand-filled sleeping bag, desperately holding onto the tent struts in my attempt to prevent it from collapsing again. The storm's fury was both impressive and frightening. I could feel the wind's power trying to knock down my tent as I squeezed my eyes closed every time a bolt of lightning crashed like a sword from heaven into the earth, the rain like huge buckets of water being thrown on us from a very angry "Mom

Nature". I thought to myself "I'm probably going to die tonight", as visions of my child-hood floated in my head.

One after another, the storms kept coming all night long, each as furious as the last, until at about 3:00am I heard the sound of tree frogs and thought to myself "they probably know the storms are over now". I finally fell into an exhausted sleep and awoke around 7:30 a.m. to a beautiful, sunny morn-

ing. The others emerged slowly from their tents, the dog happily running around and greeting everyone. We counted seven storms that night and we all survived with our gear intact. We looked down to where the boats had been pulled further up on the shore, and were surprised that they were half-submerged again, the water level rising impressively overnight.

We still had another day of paddling until our trip ended, so we had breakfast, shared a lot of "storm stories", packed up all our gear and headed down stream to the take-out landing where, hopefully, the canoe rental van was waiting to shuttle us back to our vehicles. It was an uncom-

fortably hot day for paddling, so we spent a lot of time swimming and got to the landing much later than our original plan. No shuttle van was waiting and it was getting late in the afternoon. OK, now what? One of our group volunteered to walk into town (just a mile away) and phone the canoe rental office to see about getting our shuttle and I went with him. The woman answering the phone said she didn't know where our driver was, but would give him the message to pick us up. We waited in the hot sun for over an hour, dripping sweat, sunburned, over-tired and longing for a shower and a real bed before our driver finally arrived. We were so happy to see him that any irritation we felt dissolved



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instantly—we were going home at last.

Mother Nature sometimes gives us a lesson when we fail to appreciate the power of the natural world. Our terrifying night on the river was a humbling experience and, seeing the storms up close and personal, we will carry the memory of that night always.



Scuttlebutt

by Mitch McFarland

This month I decided to write about the nuclear industry again. As long as there are still people advocating for nuclear power, I will continue to point out what an incredibly expensive source of energy it is. Even if nuclear fusion was "too cheap to meter", it still would be way too expensive a means to produce electricity because of the costs of clean-up and storage. These costs will be with us for thousands of years. Make that tens of thousands of years.

Usually my ideas for articles come from some headline I read, but, frankly, there is very little interest in the national media in the nuclear industry. Because there are no new plants currently being licensed, there apparently is an assumptions that nuclear power has sort of gone away as an item of interest. The only time something hits the national press is when someone suggests that we need to build more nuclear power plants to meet our future electrical needs.

Since I had to go looking, I decided to check in on my old friend the Waste Isolation Pilot Plant (WIPP) in New Mexico. That is we are suppose to store the low-level nuclear waste for the next several dozen centuries. As you may recall from previous columns of digging? mine, it has not worked out too well. There was an explosion caused by an improperly labeled drum and the plant has been closed since February 2014 and will cost \$2 billion to clean up (slightly more than the Three Mile Island clean-up).

Try googling anything having to do with nuclear power safety and you will see an avalanche of information that should sour you forever on nuclear power. Most of the information you will find is from investigative reports by government agencies, scientific organizations, and, most importantly for the layman, local news outlets.

Here is a tidbit: there is something called the mixed oxide nuclear program, or MOX, that is intended to convert plutonium from surplus nuclear weapons (what is a "surplus" nuclear weapon?) into commercial nuclear fuel. The costs of the program however have ballooned to \$47.5 billion and the DOE is looking at disposal alternatives.

That cost-effective alternative would be sending the surplus plutonium to WIPP. Unfortunately, WIPP has been closed, recuperating from "a series of critical failures of leadership at every level" and the resulting fire and radioactive leak in 2014. Oh, and the 1992 WIPP Land Withdrawal Act explicitly PROHIBITS all high-level waste, all spent nuclear fuel, and all commercial waste.

The Obama administration negotiated a

deal with the Russians to participate in the MOX program, but they have backed out. The official reason: US did not officially inform them on the planned change of PU disposal method (from MOX plant to WIPP disposal) as required in 2000 pact. Current relations with the Russians didn't help.

The Department of Energy (DOE) is also proceeding with finding a "volunteer" site for the nation's high-level defense waste, and some officials in southeastern New Mexico say publicly that WIPP should be that repository. I should also mention that the ventilation system will not be restored to the pre-2014 levels until 2021 or later - the new system is not designed and how much it will cost is unknown. Oh, well, WIPP re-opened in January anyway.

Scientists at Stanford University have pointed out that the plant was designed to hold low-level waste for 10,000 years. The high-level waste being proposed for storage is plutonium-239 with a half-life of 24,500

How does this make any sense? the multi-billion dollar storage facility where When you find yourself in a dreds of billions we are discussing will prohole, aren't you suppose to stop

> years and its decay product, uranium-235, which has a half-life of 700 million years. Humans can't even think in terms of 700 million years, much less act flawlessly for that time

> In 2006 U.C. Berkeley was operating the Los Alamos National Laboratory. Because of serious mismanagement issues Congress decided in 2006 that they should bring in a private contractor to assist. Bechtel Corp. was brought in to clean up the mess because, as we know, private industry always does a better job than government. Just ask any Republican. To insure proper operation performance bonuses are awarded for excellent performance.

> It turns out there was a fair amount of clash between profit-driven Bechtel and the research-oriented university. Also, according to watchdog groups and former lab employees, the incentives may have induced contractors to put a premium on meeting deadlines despite safety risks. Proper operation of the contract allows automatic renewal, but federal officials told Congress in December that they will put the LANL contract up for competitive bid for only the second time since the lab opened in 1943. This is due to four straight years of failing to meet performance standards on the \$2.2 billion/year contract.

Shall we check in with the Savannah River

nuclear site? This sprawling 320-acre facility is teaming with activity. The Defense Nuclear Facilities Safety Board found an uptick in safety concerns, but the potential poisoning of the planet is not the concern of this column. I'm only concerned here about the money. The cost estimate of nuclear cleanup at Savannah River is between \$91 billion and \$109 billion. Final cleanup of Savannah River Site's Cold War nuclear waste has been pushed back to fiscal year 2065.

Then there is the Yucca Mountain nuclear disposal site that was suppose to solve a lot of our disposal problems. Some \$15 billion was spent on the Yucca Mountain project before the chairman of the Nuclear Regulatory Commission unilaterally pulled the plug on it in 2010. NIMBY!

Oh, and the Obama administration's plans for the U.S. nuclear weapons complex, including modernization of bombs, delivery systems and laboratories, will cost the country about \$355 billion over the next decade. Trump thinks that not enough.

Do bear in mind that none of the hunduce a single watt of electricity.

Are you still conscious? Have you noticed how I have been throwing around the word "billions" like it was pocket change? It's not. But it is your pocket.

Why is this not a public issue? Are the facts so staggering that our brains can't process it? How does this make any sense? When you find yourself in a hole, aren't you suppose to stop digging?



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THE AUGUST SUDOKU

by Margie E. Burke

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

9th Annual Gualala Arts Auto Show And The winner Is

It is a bit unusual for the Lighthouse Peddler to cover an event that has already concluded. However, as the esteemed publisher and I walked through the aisles of classic cars, we couldn't help but be impressed by so many of the entries. Of course we were pleased that our terrific neighbors took home awards. (see photo on page 12.) We're lucky. We get to see Bobbie's little red 1979 Fiat all the time. But it looked extra special on display with all of the other classic cars.

Including the Fiat, there were 93 automobiles parked in and among the redwoods as more than 500 visitors streamed through the arts center grounds to check out the

various sports cars, modified cars, trucks and stock cars.

And we'd also agree that it was hard to not stop and admire the Packard. It was a giant purple people mover that took away both Best of Show and People's Choice awards at the Gualala Arts Center 9th Annual Auto Show and Pinewood Derby Saturday.

Mike Williams of Sacramento took home the top honors for his shiny 1948 woodpaneled custom/modified Packard station wagon sedan. (see photo below). The Best of Show award was sponsored by Go Local and the People's Choice by Westamerica Bank. Congratulations to all the cars... and to their owners too.



Fine Arts Exhibit Judges Announced For 2017 Art in the Redwoods

The art at Art in The Redwoods Festival always ranges from beautiful to breathtaking, and someone has to look at every one of the entries. This year two distinguished and capable judges for the 2017 Art in the Redwoods Festival Fine Arts Exhibit.

The 56th Annual festival opens with the Hat's Off Dinner followed by the Champagne Preview and then the festival on Saturday and Sunday.

The Fine Arts exhibit has more than 300 entries this year. Guests to the Hat's Off Dinner get the first peak at the exhibit before judging. The dinner is \$150 per person (\$100 is tax deductible) and starts at 6:00pm on Thursday, August 10.

The Champagne Preview takes place after judging and offers the general public the first chance to view the exhibit. The preview is from 4:00pm to 7:00pm. Admission is \$10.

This year's judges bring years of experience in the arts to the task of judging the entries that range in media from fine arts photography, portraiture, film, painting, crafting, quilting and more. Entries come from artists throughout Northern California.

Connie Nartonis Thompson is a movie producer from Los Angeles. She began her

25-year career working in the entertainment industry on Beavis & Butthead (1992) and The Ren & Stimpy Show (1993). In 1997 she moved to the Walt Disney Studios where she worked on animated feature films including Fantastia 2000 (1999), Atlantis: The Lost Empire (2001), The Princess and the **Frog** (2009), and **Tangled** (2010) as well as the award-winning shorts The Little Matchgirl (2006), Lorenzo (2004), and Destino (2003). In 2007, she joined veteran producer Don Hahn at Disney's live-action studio to associate produce the Disneynature documentaries Earth (2009), Oceans (2010), African Cats (2011), and Chimpanzee (2012). Thompson then went on to associate produce the Oscar and Golden Globe nominated Frankenweenie (2012) directed by Tim Burton. She left Disney for Illumination Entertainment to work on **Despicable** Me 2 (2013) and Minions (2015), two of the top-grossing animated films of all time. Thompson has a BFA in Studio Art and Art History from Principia College and has had a life-long love of art and design. In her free time, she paints landscapes in Los Angeles and New Mexico. She lives in Hollywood with her husband of 28 years.

Voter Registration Planned For Gualala In August

Voter Registration will be available at the Pay N' Takes at the Gualala Community Center on two Saturdays this month, August 5 and 19.

People can register to vote from 8:30am to 12:00noon. You must be a United States Citizen, be a resident of California, and be 18 years old by November 2017 for local district elections, and by June 2018 for the General Election.

Voter registration forms are in English and in Spanish. You must re-register if you have moved, changed your name, or wish to change your party. Please bring your Driver's License or your Social Security card.

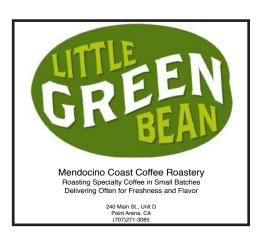


For more information or questions please call DJ Sister Yasmin at 707-884-4703, or Mendocino County Registrar of Voters: 707-234-6819, Sonoma County Registrar of Voters: 707-565-6800, and visit www.sos.ca.gov.

The freedom to vote is the most critical component of our nation's democracy. Please respect and exercise your Precious Right To Vote! Many have died for the right to vote, and many in our country still do not have their rights to the ballot.

In November of 2011, Margot H. Knight became Executive Director of the Djerassi Resident Artists Program, her seventh job in the arts and humanities in 39 years. Each position has incorporated the things she loves--history, challenges, artists, scholars, education and access. She has the privilege to guide one of the foremost artist communities on the planet and is encouraged to pursue her own literary pursuits. Her play, *Funnel of Love* was published in *Characters*.

Previous positions include the presidencies of United Arts of Central Florida and United Arts of Raleigh & Wake County, executive director of the Idaho Commission on the Arts and Washington State University's Oral History Office and Washington Commission for the Humanities. A frequent consultant, speaker and grants panelist, she has also served on over 25 chamber of commerce, tourism, regional planning and cultural boards. Margot lives on-site at the Djerassi Program with her husband, Nick, and two cats. She can be reached at margot@djerassi. org or via Facebook (MargotHalidayKnight) or Twitter @artsmargot.





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Exhibition on Screen I, Claude Monet Sunday, August 6 At Arena Theater

In another of Arena Theater's new series, "Exhibition On Screen", on August 6 the subject matter turns to Monet. The film is a about the fascinating inner life of one of the world's most famous Impressionists.

I, Claude Monet, a new documentary based entirely on Monet's personal letters, is part of the pioneering film series Exhibition on Screen and will be shown at Arena Theater on Sunday, August 6, at 1:00pm, with doors opening at 12:30pm. Tickets are \$15.

Disposing of traditional narration and talking heads, *I, Claude Monet* allows Monet to tell his story in his own words. Based on three thousand surviving letters brought to life by acclaimed actor Henry Goodman, the film reveals a tumultuous inner life marked by moments of intense depression and euphoric creation, offering a complex portrait of one of the world's best known artists.

I, Claude Monet also features over one hundred of Monet's paintings filmed in high-definition, providing a unique window into his emotional and creative life. Directed by Phil Grabsky (Vincent Van Gogh: A New Way of Seeing), the documentary is accompanied by an original score by award-winning composer Stephen Baysted.

Part three of the series, *The Artist's Garden: American Impressionism* will screen on September 10 tracking the intertwining stories of American Impressionism and The Garden Movement which flourished between 1887 and 1920. The series is underwritten by Craig Gilliland and Lori Dotson of Spindrift Gallery.

Arena Theater is a 501C3 non-profit, presenting first run films, classic films, live music, theater, and community events. This past season it has presented the Bolshoi, National Theater Live From London, and more. Information about upcoming events is available at www.arenatheater.org.

Claude Monet: Impression, soleil levant 1872

While You're Here The Local Top-20 Books Summer 2017

"Books are the plane, and the train, and the road. They are the destination, and the journey. They are home." Anna Quindlen

- 1. **Shaping the Sonoma-Mendocino Coast** by Thomas Cochrane
- 2. Guide Dog for the Coastally Curious
 - by Steve Oliff
- 3. *qh awala.li:"water running down place"* by Annette White-Parks
- 4. Homegoing

by Yaa Gyasi

5. She Persisted: 13 American Women Who Changed the World

by Chelsea Clinton

- 6. Good Night Stories for Rebel Girls
 - by Elena Favilli & Francesca Cavallo
- 7. Mendonoma Sightings Throughout the Year

by Jeanne Jackson & Craig Tooley

- 8. The Sea Ranch (revised edition)
 - by Donlyn Lyndon and Jim Alinder

9. **Astrophysics for People in a Hurry** by Neil Degrasse Tyson

10. Lilac Girls

by Martha Hall Kelly

11. The Expected One

by Kathleen McGowan

12. Homer & Langley

by E. L. Doctorow

13. All the Light We Cannot See

by Anthony Doerr

14. Get Into Trouble

by Kelly Link

15. A Man Called Ove

by Fredrik Backman

16. The Little Paris Bookshop

by Nina George

17.**Hillbilly Elegy**

by J. D. Vance

18. The Likeness

by Tana French

- 19. Annapolis and the Gualala River
 - by Tammy Durston and Steve Oliff
- 20. Commonwealth

by Ann Patchett

The Lighthouse Peddler is pleased to bring our readers a list of the most popular books being picked up and read by locals and visitors alike.

Our thanks to Four-Eyed Frog Books.



My head is bursting. I want to paint it all.

Claude Monet

—Art In The Redwoods— On Display Throughout GAC August 10 - September 3

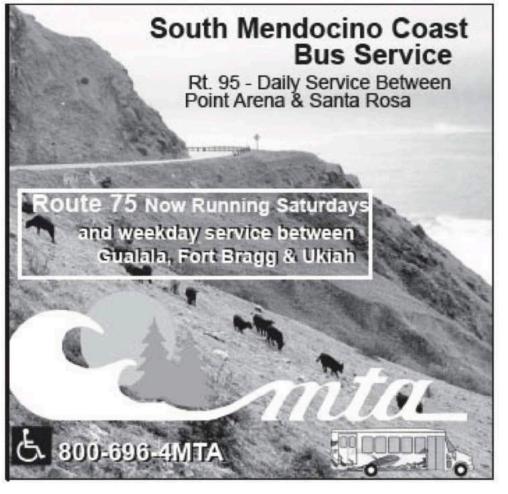
The heart of the Art in the Redwoods festival is the exhibit of fine art throughout the building, including over 300 works of art in categories such as oil paintings, acrylics, watercolors, pastels, drawings, photographs, sculpture, woodworking, stained and fused glass, jewelry and fiber arts – most of them for sale.

More than \$5,000 in prize money will be awarded in 15 different categories. This year's judges bring years of experience in the arts to the task of judging the entries that range in media from fine arts photography, portraiture, film, painting, crafting, quilting and more. Judge Margot Knight is Executive Director of the Djerassi Resident Artists Progam, her seventh job in the arts in a career that has spanned 39 years. Judge Nartonis is a Hollywood movie producer who worked in the industry for 25 years, many of them spent with Walt Disney Studios and Disney nature documentaries. She worked on many animated feature films including Fantasia 2000, Tangled, Despicable Me 2 and Minions.

The exhibit opens for public viewing at the Hats off Dinner on Thursday night August 10 and remains on display through September 3.







The August Crossword										by	by Margie E. Burke						
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66					67					68				\vdash			
69	1	\vdash	\vdash		70	1				71		+	+	\vdash			

ACROSS

- 1. Off the mark
- 6. Down in the dumps
- 10. "Now hear ____!"
- 14. Hand-dyed fabric
- 15. Went off, in a way
- 16. Budget item
- 17. Fluid accumulation
- 18. 2009 Grisham thriller, with "The"
- 20. After-dinner drink
- 22. Green-light
- 23. What dieters eat
- 24. Bushy do
- 26. Flat-topped hill
- 29. Must, in legalese
- 31. Messy mass
- 35. Jump across
- 37. "Volunteers?"
- 39. Gavel action
- 40. Admirer of beauty
- 42. No-win situation
- 43. Contemptible

- Copyright 2017 by The Puzzle Syndicate
- 45. Parrot, e.g.
- 47. Within reach
- 48. Harmony
- 50. Rabbit fur
- 51. Empty
- 53. Teased mercilessly
- 55. Rationale
- 58. Drawing power
- 63. Abhorrent
- 65. Winter warmer
- 66. Cough (up)
- 67. Not odd
- 68. Concerning, old-style
- 69. Draft, maybe
- 70. Mobile home?
- 71. Pigeon's perch

DOWN

- 1 Lying, maybe
- 2 Earned
- 3 Big-ticket ____
- 4. Like
- 5. Piece of hockey gear

- 6. Military bigwig
- 7. Glasgow gal
- 8. Open
- 9. Freudian topic
- 10. "The Hunger Games", e.g.
- 11. Get better
- 12. Quite fond of
- 13. Dish cooked in a pot
- 19. Vacation rental
- 21. Taxing job?
- 25. Hairstyling tool
- 26. Lamebrain
- 27. Skirt
- 28. Brownish tint
- 30. Ladybug's prey
- 32. Kind of ticket
- 33. Burger topper
- 34. Smelling of suds
- 36. Romanian money
- 38. Court divider
- 41. Up-and-coming
- 44. It goes around the world
- 46. Organic solvent
- 49. Eliminate
- 52. Shade of blonde
- 54. Stick-on
- 55. Yak
- 56. Crackerjack
- 57. Fill beyond full
- 59. Grace period?
- 60. Clinched
- 61. "Hello" or "Goodbye"
- 62. Chess ending
- 64. Congeal





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Get Into Your Sanctuary

by Mary Jane Schramm

Note: Mary Jane Schramm is away this month. While she's away we thought you might enjoy reading about upcoming

events to help you get to know your coastal sanctuary a little better. Multple opportunities are available for exploring, observinbg, and becomming involved: Get Into Your Sanctuary Events.



• Sanctuary Explorations: Farallon Islands & Whale Watching Trip, Saturday August 12, 7:30am-4:00pm. Join Greater Farallones sanctuary naturalists and the Oceanic Society for a day-long adventure into the waters of the sanctuary. Traveling under the Golden Gate Bridge we will journey 27 miles offshore to the intriguing Farallon Islands and, seas permitting, beyond! In these nutrient-rich waters we will search for humpback and blue whales, seabirds such as the Tufted Puffin and Common Murre, seals, sea lions, jellies and more! Fee: \$125/person. Ages 10+; minors must be accompanied by an adult. Please reserve a spot: sara.heintzelman@noaa.gov or (415) 530-5366.

• Family Crab Workshops: Greater Farallones Campus, Saturday August 12, 10:00am-11:30am or 1:00pm-2:30pm. Attention all creative crustaceans! Prepare



your claws and carapaces for a family event devoted entirely to crabs! Learn about crab anatomy with our crab dress-up costume. Look and touch real live shore crabs and sand crabs.

Use crab traps to fish for rock and Dungeness crabs off of our classroom pier. Fee: \$10 per participant (e.g. 1 Parent + 2 chil-

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dren = \$30) Pre-registration for the Whale Watch & Family Workshops is required, space is limited. Please contact Sara (above)

to reserve your spot.

• Bird Bingo,
Greater Farallones
Visitor Center,
August 12 & 13,
10:00am-4:00pm,
no reservation required. Stop by the
Greater Farallones
Visitor Center to
borrow bird bingo

game sheet, take a walk at the nearby beach and marsh and bring your completed bingo board back to the visitor center for a prize! (link: http://farallones.noaa.gov/education/visitorcenter.html)

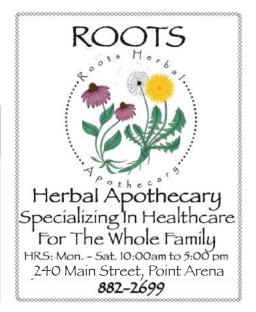
Join one of their "Get into Your Sanctuary" partners to explore your sanctuary the weekend of August 12 & 13: Fitzgerald Marine Reserve, Oceanic Society, Point Reyes Outdoors, San Francisco Whale Tours or Watertreks EcoTours!



And remember, the
"Get into Your Sanctuary Photo Contest"
continues through August 31. Categories
are sanctuary views, sanctuary life,
and sanctuary portraits. Submit to:

earthisblue@noaa.gov

Note: Minimum size of 1200 pixels wide #ILoveMySanctuary



Tropical Ice by KL (Ken) Smith

A book review by Joel Crockett

First chapters are important to me. They often determine whether I'll keep on reading or put a book down in favor of another. That's especially true with thrillers. Suffice it to say my curiosity was such that chapter one of *Tropical Ice* sucked me in to chapter two. I continued through all forty-nine chapters, pretty much non-stop.

Tropical Ice offers a host of colorful char-

acters, a few of whom include heavy-drinking Jack Africa. He owns a small Belize island and offers diving tours featuring sharks on a feeding frenzy. A tour gone wrong has shut down his operation and puts him on a list of potential murder suspects. Charlie Tuna, underwater photographer and one of Jack's assistants, is bit of a loner with a rebellious inclination. Matthew Oliver, a freelance writer commissioned to do a puff piece on why Americans should vacation in

Belize, gradually and reluctantly uncovers a much more complex story fraught with danger and intrigue. Inspector Barnstable, in charge of local law enforcement, doesn't trust Matt. He's hell bent on making sure Matt leaves Belize City and never returns. Trey Turnbull, wealthy American benefactor and board member of the Global Fund for Wildlife, has flown to Belize to be guest of honor at an international Global Fund dinner. Martin Chin is a Belize City businessman of questionable ethics who seems to own the whole town.

Tropical Ice is a rousing, action-packed whodunit with lots of "who" candidates. There are good guys, bad guys and a few I'm not-so-sure guys. And what would a thriller be without bloodshed, a murder or two, some bad decisions followed by "just in the nick of time" rescues, a bit of luck, a couple of "I didn't see that coming" surprises and



a smattering of convenient coincidences. And, of course, there's the requisite love interest as well as an ex-girlfriend who's now merely a friend.

Smith writes well. He plants clues and occasional red herrings that move you along as you come to know the characters. He keeps you engaged with metaphors—"Like a tenlegged ballerina, a lobster tiptoed on point

across the sand"—and his sense of humor caused me to laugh aloud a number of times.

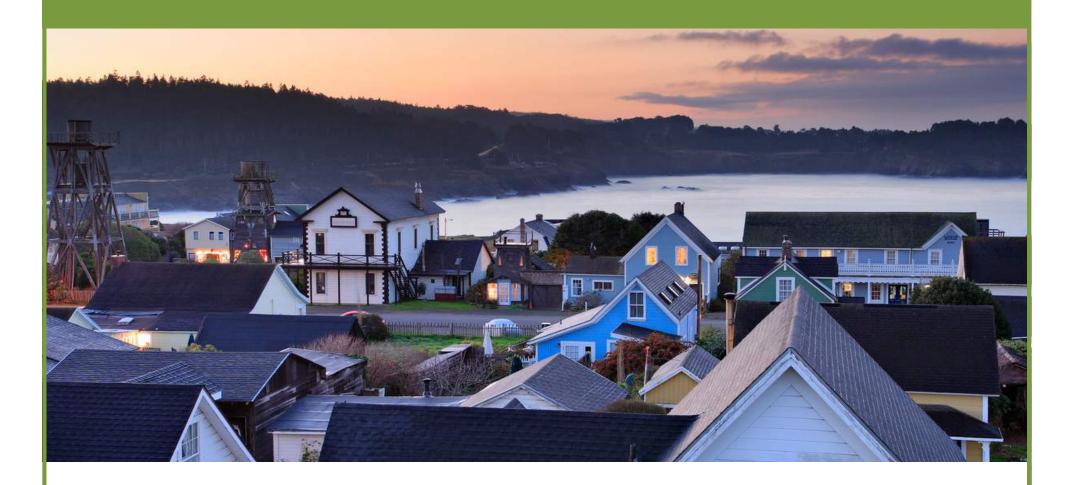
Tropical Ice is a fast-moving thriller, but there's more. The story educates on two levels. First, it's believably descriptive. I feel like I know Belize in a detailed way I never could have, short of spending a few weeks there. I'm not a diver, but the book offers a vivid word picture of what I would see if I were. I was there, viscerally, with Matt & Jack as they explored the ocean floor

off the islands of Belize. As I read, I could visualize Tropical Ice being one helluva movie. Or perhaps a Netflix mini-series, offering the same gut-wrenching impact as The Fall.

More importantly, though, Ken has a strong commitment to environmental responsibility. It resonates throughout Tropical Ice. Don't let his recurrent environmental message deter you. It may open your eyes to some horrific practices you're only casually aware of. And the environmental atrocities are an integral part of the story. The book is called an Eco-Thriller for a reason. I recommend you read the first chapter of *Tropical Ice*. I suspect you'll continue turning pages.



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Get Out! . . . Enjoy Live Music, Theater, Poetry and more.

- 3rd-6th: Flynn Creek Circus in Point Arena.
- 4th: Chris Doering and Karl Young at Mendovine.
- 4th: Coast Highway Art Collective opening reception (5:00pm).
- 5th: Voter registration in Gualala (see inside). (8:30am).
- 5th: Dolphin Gallery opening reception (5:00pm).
- 6th: Exhibition on Screen, "I, Claude Monet" at Arena Theater. (1:00pm).
- 7th: National Lighthouse Day at Point Arena Lighthouse (10:00am-4:00pm).
- 7th: Moonlight tours at Point Arena Lighthouse. (8:00pm)
- 7th: ATFC screens "Kings Of The Road", film (7:00pm).
- 11th: The Garcia River Casino presents Waylon and the Wildcats (8:30pm).
- 12th: National Theater Live at Arena Theater (1:00pm).
- 12th: Bluesman Studebaker John at Arena Theater (8:00pm).
- 12th: BAKU at Art in the Redwoods (2:00pm).
- 12th-13th: Art In The Redwoods at Gualala Arts. (More detailed information inside).
- 14th: ATFC screening The Red Shoes, film (7:00pm).
- 17th: Third Thursday Poetry at 215 Main in Point Arena.
- 18th: Harrison Goldberg and Tim Mueller at Mendovine.
- 19th: Author KL Smith at Four-Eyed Frog Books, (4:00pm.)
- 19th: Voter registration in Gualala (see inside). (8:30am).
- 20th: Running The Red Abalone lecture at Point Arena Lighthouse (5:00pm).
- 22nd: Lady Chatterley film at Arena Theater. (7:00pm.)
- 25th: Harrison Goldberg and Andrew Louden at Mendovine.
- 25th: The Garcia River Casino presents The Swinging Chads (8:30pm).
- 26th: Comedy at Arena Theater, (8:00pm).
- 26th-27th: Studio Discovery Tour (various).
- 28th: ATFC screens "Concussion" (7:00pm).
- 29th: Ireland's Ruaile Buaile at 215 Main in Point Arena (7:00pm).

(cont'd from cover page) Continue away from the line and the percentages drop further. Feeling blase'? The last time the contiguous United States saw a total eclipse was in 1979. (Too busy? You can wait until 2045.)

The time of a complete eclipse—when the moon completely covers the sun, as in Lincoln Beach, Oregon—is about 2 minutes and 40 seconds. If you wish to see a 100% eclipse you can walk, bike, drive, or fly the 520 miles to Oregon. After the eclipse touches Lincoln Beach, the shadow moves progressively eastward, crossing Oregon, Idaho, Wyoming, Montana, Nebraska, Iowa, Kansas, Missouri, Illinois, Kentucky, Tennessee, and Georgia, ending in South Carolina at 2:48 p.m (EDT).

Here are some things you should know:
[1] Protect your eyes. Only during totality— when the sun is completely eclipsed
by the moon— is it safe to watch the eclipse

without approved viewing glasses. [2] Choose how and where to watch. You have the option of sharing your experience with hundreds of other people or finding a quiet hilltop to observe in peace and solitude. You might make a full day of it and plan an eclipse party, or keep it more of a private observance. [3] Don't spend the entire time taking photos or video. Having mementos is important, but so is soaking in the once-in-a-life- time experience, so be present and enjoy it.

Our best information is that, for the Mendonoma Coast, the August eclipse will begin at 9:00:51am PDT. The maximum impact of the eclipse will be at 10:14:04am, and the eclipse will conclude at 11:35:18am. The duration will be approximately 2 hours and 35 minutes. If you wish to load our local coordinates into your GPS device, Gualala is at:

Degrees: Longitude: -123-31'41" W • Latitude: 38-45'57"N
Decimal Degrees: Longitude: -123.5280651 • Latitude: 38.7657447
Don't miss it, and don't destroy your eyesight. Be safe, and create a memory.