

**ALWAYS  
FREE**

August 2018



# Lighthouse Peddler

The Guide To Music, Events,  
Theater, Film, Art, and Life  
on the Mendocino Coast



***Just In Time  
For The Mid-Terms!  
Arena Theater  
Welcomes Comedian  
Will Durst  
Saturday, August 25***

Fresh from the national tour of his award-winning, hilarious chronicle of the changes in America during the Time of Trump, comedian, columnist, actor, author, former margarine smuggler, Will Durst is proud to announce he's updated his hysterical historical "Durst Case Scenario," with a colon and a subtitle- "Mid-term Madness." It's a rollicking feast of outrage and outrageousness as up-to-date as the most current 4:00am Oval Office tweet. Coming to Arena Theater on Saturday, August 25. Show at 7:00pm, doors open at 6:30pm. Tickets are \$20

online at Arena Theater's website and at Brown Paper Tickets ([www.brownpapertickets.com](http://www.brownpapertickets.com)).

In this lightning-paced, 85- minute comedic tour- de- force, Durst, described by the *New York Times* as "possibly the best political comic working today," celebrates the one year anniversary of Donald Trump's Reign of Error by analyzing where we are, how we got here and the myriad of destinations that may lie ahead. And what the chances are, we'll be fighting with dogs for food once we get there. . . .

*Cont'd on page 13*

57th Annual

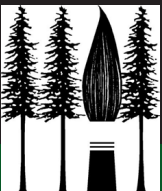
## **Art in the Redwoods**

### Hats Off Dinner

Thursday, Aug 16, 6 pm

### Champagne Preview

Friday, Aug 17, 4 pm



## **Festival Days**

Saturday, Aug 18, 10 am - 5 pm

Sunday, Aug 19, 10 am - 4 pm

[GualalaArts.org](http://GualalaArts.org)  
for details & pricing

**Quilt Raffle & Silent Auction  
At 57th Annual  
Art in the Redwoods Festival**

On the final day of the festival the winner of the annual Pacific Piecemakers Quilt Guild Art in the Redwood quilt will be announced; Sunday, August 19 at 3:00pm.

Cranes decorate and empower this year's raffle quilt bringing happiness, eternal youth, good fortune and longevity to the winner. Each year, PPQG donates a full-size quilt, proceeds of which help fund the Gualala Arts Young Artist Scholarship. Raffle



tickets are \$5 each, 3 for \$10, or 7 for \$20 at the Arts Center. Winner need not be present to win.

Also in the final hour of the festival, the Silent Auction Mercedes winner will be announced! This year, Elizabeth Lane donated her 1978 red Mercedes 450SL convertible in pristine condition. Make bids at the Arts Center in \$1,000 increments up until the last minute! The car is worth \$25,000 Blue Book. Visit [GualalaArts.org](http://GualalaArts.org) for details, times and locations of all that Art in the Redwoods has to offer!

**Red Stella • A Welcoming Stop For Visitors and Locals Alike  
Time to Visit Judith and Robin's New Store on Highway One in Gualala**

Perhaps it's the beautifully decorated windows that draw you in, or maybe the stylized name Red Stella with the striking red star on the entrance wall. A friend or acquaintance may have told you something about the store. Or maybe you were taking some time in town to have a latte or a glass of wine, and you noticed the new home of Red Stella on Highway One in the center of Gualala. For locals



and visitors on the Mendocino coast, the name is really about a destination. It's not a shock that a store like Red Stella exists on the south coast, but rather a pleasant discovery.

Since 2005 the store has been both a discovery and a go-to place for clothing, fashion accessories and bright and thoughtful additions for the home. Judith and Robin Leeper created and continue to own this oasis, and the store reflects both their professional vision and their personal taste. Judith and Robin—mother and daughter—have a philosophy. When their travels find them looking for new clothing, personal items, gifts for the home and more, they purchase things that they like, and believe that those items reflect what other friends, neighbors, residents and visitors will like as well. And over the years that's been a key to Red Stella's success. Know the residents and the visitors, and yourself.

On a recent visit to the store I spoke with

a woman from Point Richmond (east Bay) who was here on her annual visit to the Mendocino Coast. Although she's rented a house on the coast for almost ten years, she no longer frets over what to bring. She told me "these days we calmly pack, make the drive,



settle in and begin immediately to unwind." In her view, whatever she's forgotten to bring, she knows the markets will have plenty of



food, there may be new and old favorite restaurants to enjoy, expanded trails to walk, and the ocean to see. "If I've forgotten something I need for me, I know I'll find it here." And a little conversation with Judith or Robin confirms her expectation.

Red Stella's new store in Gualala is a perfect

reflection of coastal life, and walking through it is a journey of discovery. With each twist and turn the eye finds a sweater for a chilly evening, or a soft wrap for a warm day at the beach; a casual dress for a lunch or an evening out, or shoes, boots or accessories to complete the look. There's dinnerware for any meal on the coast. I happened across a white cereal (or soup bowl) that I knew would be perfect for our home. All around the outside there was plenty of attitude in print. For example, near the rim on one side it offered "What exactly were you trying to make?" apparently forcing you to defend or rethink the recipe. And a small twist of the bowl brought "I like this meal from a distance." It's all in good fun. And the irreverent attitude of the bowl fit per-



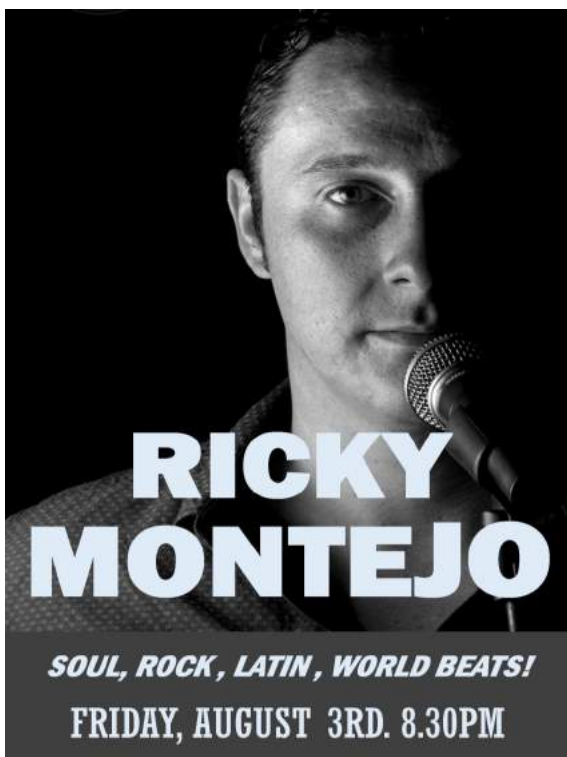
fectly within the charm of the store.

Many locals observed, in 2017, the transformation of the old Gualala Post Office building into the new, and greatly expanded Red Stella. I took particular notice of the old loading dock. Understanding that Judith and Robin would use much of that former warehouse-type interior space for the store itself, I was curious about the gates on the south side of the building where the trucks once unloaded the mail. As it turned out, their creative minds did the natural thing: they created a space that was as useful indoors as out. Their intention is to utilize "the porch" for special events. Perhaps a wine tasting, or a mixologist to demystify their art. Or a home decor specialist to answer questions about decorating. Maybe even a little music on a warm summer evening to accompany some small plates. Whatever the season, Red Stella will be here to welcome you. And you'll quickly understand that you're in good hands.

Red Stella is on Highway One, Pacific Coast Highway in downtown Gualala. The store sits across the driveway from the newly reopened Gualala Hotel. You can also contact them at (707) 884-1072, [stella@redstella.com](mailto:stella@redstella.com), and at [www.redstella.com](http://www.redstella.com).



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Our thanks to August contributors Rozann Grunig, Mitch McFarland, Blake More, Paula Ray Power, Cathy Riehm, Mary Jane Schramm, Tony Stanol, David Steffen, and Karin Uphoff.

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## Lighthouse Peddler

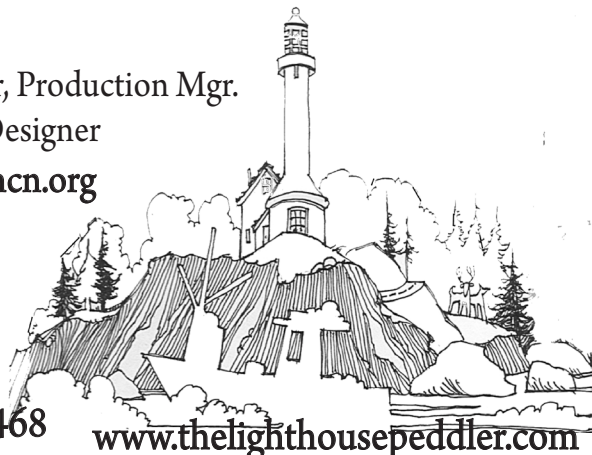
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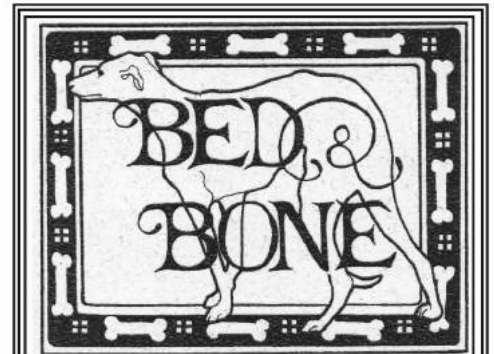
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Point arena Lighthouse Presents Jeanne A. Jackson  
 "Nature Sightings at the Pt. Arena Lighthouse" • August 25

On Saturday, August 25, at 5:00pm author Jeanne A. Jackson will present "Nature Sightings at the Point Arena Lighthouse" as part of the Lighthouse Lecture Series. Admission is \$5 and the lecture will be presented in the Fog Signal Building at 45500 Lighthouse Road, Point Arena.



Jeanne will present a slideshow of what you might see in late

August and early September, from whales to wildflowers. Jeanne moved to the coast 22 years ago from the San Francisco Bay Area where she grew up. Twelve years ago she queried Editor/Publisher of the Independent Coast Observer, J. Stephen McLaughlin, about writing a column where people share their nature sightings. Jackson's popular column has expanded to be one full page and sometimes more.

To further share the many photos she

receives every week, she started a daily Sightings blog from her website, MendonomaSightings.com. She is the author of "Mendocino Sightings Throughout the Year." Jackson enjoys hiking with her husband, Richard, and their rescue golden retriever Duffy, believing that her connection with nature adds immensely to her life.



For more information or to make reservations please contact the Lighthouse staff at 707-882-2809, ext. 1.

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26th Annual Studio Discovery Tour 2018  
 August 25 & 26\*

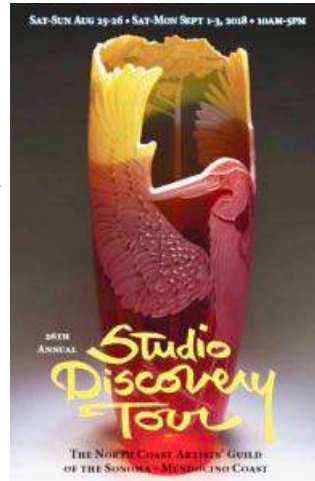
North Coast Artists' Guild's Self-guided Tour of  
 Artists' Open Studios.  
 \*and Labor Day Weekend Too

The last weekend in August and the first lower level, on the west side of Hwy 1, to pre-weekend in September make plans to visit view the work of Studio Tour artists and to your favorite local artists during the annual pick up catalogs with maps.

Studio Discovery Tour, a free, self-guided Catalogs will also be available at the Gualala along breathtakingly scenic coastal lala Arts Center, the Dolphin Gallery, the Highway 1, from Cazadero to Point Arena. The studio tour is the perfect way to spend a leisurely day or an entire weekend and the artists you meet along the way are happy to demonstrate the making of their art and share their unique vision.

Studio tour days are Saturday and Sunday, August 25 and 26 and September 1-3. Studios are open both days from 10:00am to 5:00pm.

A free, full-color catalog will help you make the most of the tour. It con-



artists at work in their studios is liking getting a glimpse into their inner muse. What inspires them? What is the view out their windows? Do they work secluded or in the middles of chaos? And, for aspiring artists, what can I learn? For many artists on the Sonoma-Mendocino coast, the weeks leading up to the Studio Discovery Tour is a very exciting time as they prepare to open their creative spaces and share their work with all who journey through.

To receive your catalog by mail, so you can begin planning your own personal tour, e-mail the Tour Director, Doric Jemison-Ball at dtjemisonball@gmail.com.

Visit the Studio Discovery Tour website here to find out more about the 33 participating artists.

ains a description of each artist, along with a detailed map and directions to each studio. While on the road, look for the bright yellow signs to help guide you along the way. Note that the catalog is a must when visiting artists on The Sea Ranch, since directional signs are not allowed along that section of Highway 1.

You can begin your adventure by stopping at the Discovery Gallery, 39140 So. Hwy 1, Gualala, CA, located in the Seacliff Center,



ing a glimpse into their inner muse. What inspires them? What is the view out their windows? Do they work secluded or in the middles of chaos? And, for aspiring artists, what can I learn? For many artists on the Sonoma-Mendocino coast, the weeks leading up to the Studio Discovery

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"Happiness is as a butterfly which, when pursued, is always beyond our grasp, but which if you will sit down quietly, may alight upon you."

Nathaniel Hawthorne (1804 - 1864)



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 Dragons' Breath Theatre  
 September 8, 2018

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Tragedy is when I cut my finger.  
 Comedy is when you walk into an open sewer and die.

Mel Brooks (1926 - )

## Full Sturgeon Moon Night Tour, August 25 and 27

### Point Arena Lighthouse Has Two Opportunities For A Summer Evening

The Point Arena Lighthouse continues its popular Full Moon Night Tours with two tours in August. They will offer an (almost) Full Sturgeon Moon Night Tour on Saturday, August 25 and a Full Sturgeon Moon Night Tour on Monday, August 27. For the Saturday tour the gates will open at 7:30pm and the tour will start around 8:00pm. For the Monday tour the gates will open at 8:00pm and the tour will start around 8:30pm.

The evenings will feature a special presentation about the Light Station's history and technology, sweet and savory snacks accompanied by champagne or sparkling juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon – if the weather cooperates, of course! An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 for two. Reservations must be made at least three days in advance of the tour. While the tour is scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless

the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

According to the Old Farmer's Almanac full moon names were used by early Colonial Americans who learned the names from the local Native Americans. Indigenous people did not record time by using the months



of the Julian or Gregorian calendar. Many tribes kept track of time by observing the seasons and lunar months, although there

described some activity that occurred during that time in their location. Some Native American tribes called the August moon the Sturgeon Moon because they knew that the sturgeon of the Great Lakes and Lake Champlain were most readily caught during this Full Moon. They also called August's moon the Full Green Corn Moon. Different tribes used different moon names. Other examples for August are Wheat Cut Moon (San Ildefonso and San Juan tribes), Moon When All Things Ripen (Dakota Sioux) and Blueberry Moon (Ojibwe).

"Our Full Moon Night Tours have frequently sold out well in advance, and guests always marvel at the moon rising over the hills east of Manchester or Point Arena just as we arrive at the top of the Lighthouse Tower," says Mark Hancock, Point Arena Lighthouse Executive Director. "Come enjoy this unique coastal experience!"

The Lighthouse offers Full Moon and (almost) Full Moon Night Tours throughout the year, see their website PointArenaLighthouse.com for details. For more information or to make a reservation, call the Lighthouse at 707-882-2809, ext. 1 at least three days prior to date of the tour.

### Garcia River Casino Presents Ricky Montijo Soul, Rock, Latin and Beats, Friday, August 3

Garcia River Casino continues to bring artists who have stories to tell. Whether they're in the early days of their career, the latter days, or somewhere in between, these musicians are worth the time and energy to get out and see them. One of those artists is Ricky Montijo, coming to Garcia River Casino offering his brand of Soul, Rock, Latin, and World Beat, Friday August 3, 8:30pm.

His career trajectory sounds familiar, albeit with a happy ending. "I played, I partied, and did all the wrong things thinking that was what life in music was about. Then I met

a cute accountant and learned some hard lessons. She booked me out several months in advance, we turned this operation into a real business, and we left our day jobs shortly after. She hasn't missed a show in over two years.

Now venues are calling Montijo to open for Los Lonely Boys, Jefferson Starship, Ozomatli, Robby Krieger, and artists that he loves, a benefit he sees as "truly a blessing."

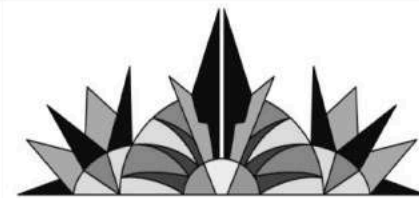
The band has toured all over California, Hawaii, Las Vegas, Chicago, Memphis, St. Louis, Denver and more. Ricky Montijo is

from a mountain town and she's from wine country.

"People who really know me remember me singing through the aisles of Wal-Mart where I worked before breaking out into full-time



music. They know I grew up in Frazier Park, CA where there was nothing to do but get in trouble and make music." These days he makes his waves on stage, and we're all happy he's coming to town. Garcia River Casino is at 22215 Windy Hollow Road, Pt. Arena. (707) 467-5300.



**ARENA THEATER**

arenatheater.org

August 2018

**Will Durst**

**Durst Case Scenario-  
Midterm Madness**  
Saturday Aug. 25 7 PM

Mark Your Calendar

Labor Day Dance Party w/Buck-Thrifty

Saturday Sept. 1, 8 PM

**Community Film**

Saturday Aug. 4 4-6 PM  
**Get Into Your Sanctuary**  
Ocean Film Shorts

...

**Blues on the Coast**  
Saturday Aug. 11 8:30 PM  
**Anthony Gomes**

...

**Exhibition on Screen**  
Sunday Aug. 12 1 PM  
**Matisse**

...

**National Theatre Live**  
**from London**  
Saturday Aug. 18 1 PM  
**Julius Caesar**

...

**Arena Theater Film Club**  
Mondays 7 PM  
Aug. 6 Sunset Boulevard  
Aug. 13 Volver  
Aug. 27 A Perfect Day  
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**Solution to Crossword:**

New Moon



August 11

Full Moon



August 26

"Never say never, for if you live long enough, chances are you will not be able to abide by its restrictions. Never is a long, undependable time, and life is too full of rich possibilities to have restrictions placed upon it."

Gloria Swanson (1899 - 1983)

Arena Theater Film Club Takes Us to Hollywood, Madrid, and the Balkans  
August Films Include *Sunset Boulevard*, *Volver*, and *A Perfect Day*

The first of this month's Arena Theater Film Club selections, set for Monday, August 6, is a classic of American cinema. In short, A fading movie star enlists a young screenwriter to aid her comeback, but her oversized ego turns the challenge into an uphill battle.

With caustic, bitter wit in a story, *Sunset Boulevard*, that blends both fact and fiction and dream and reality, co-writer/director Billy Wilder realistically exposes (with numerous in-jokes) the corruptive, devastating influences of the new Hollywood and the studio system by showing the decline of old Hollywood legends many years after the coming of sound.

Swanson's character Norma Desmond utters one of the most famous lines in film history. When talking about a changing movie industry—whether silent to sound, 35mm to 70mm, or big screens to television, many think of Norma Desmond's exchange with fictional screenwriter Joe Gillis:

Joe Gillis: Wait a minute, haven't I seen you before? I know your face.

Norma Desmond: Get out! Or, shall I call my servant?

Joe Gillis: You're Norma Desmond. You used to be in silent pictures. You used to be big.

Norma Desmond: I am big. It's the pictures that got small.

*Sunset Boulevard*, a classic, tragic film



was honored with eleven Academy Award nominations and the recipient of three Oscars: Best Story and Screenplay, Best Black and White Art Direction/Set Decoration, and Best Scoring of a Dramatic or Comedy Picture.

See *Sunset Boulevard* (1953) screens Monday, August 6, 7:00pm. It's not rated and has a runtime: 111 minutes. In addition to Holden and Swanson, the cast includes Erich von Stroheim, Nancy Olson, and Fred Clark.

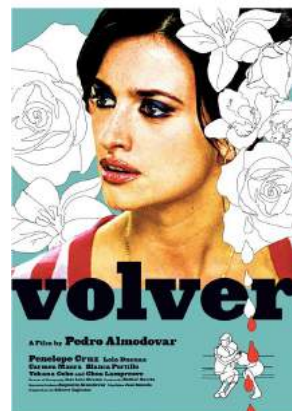
One week later, Monday, August 13, *Volver* (Spain, 2006) lights up the screen.

Headed by actress Penélope Cruz, *Volver* features an ensemble cast also starring Carmen Maura, Lola Dueñas, Blanca Portillo, Yohana Cobo, and Chus Lampreave. Revolving around an eccentric family of women from a wind-swept region south of Madrid, Cruz plays Raimunda, a working-class woman forced to go to great lengths to protect her 14-year-old daughter Paula. To top off the family crisis, her mother Irene comes back from the dead to tie up loose ends.

*Volver* was directed by Pedro Almodóvar, it's Rated 'R' and has a runtime: 121 minutes. The film is in Spanish with English subtitles.

The Club's final offering is *A Perfect Day* (USA, 2015), showing Monday, August 27, 7:00pm.

It's just another day on the job for a band of badass war zone rescue workers as they defy death and confront war's absurdities. The setting is 1995, "somewhere in the Balkans." Over the course of 24 breathless hours, Mambrú (Benicio del Toro), leads his team of humanitarians-including hard-bitten, wisecracking veteran B (Tim Robbins) and new recruit Sophie (Melanie Thierry)-as they deal with a most unexpected crisis, layers of bureaucratic red tape, and the reappearance of Mambrú's old flame (Olga Kurylenko). Through it all, the group handles the less-than-glamorous realities of life in a combat zone the only way they know how: with self-



less bravery and a healthy dose of irreverent humor. *A Perfect Day* was directed by Fernando León de Aranoa; it's rated 'R' and has a runtime of 106 minutes.

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Terri Ehret Featured at Third Thursday Poetry  
215 Main Hosts Sonoma County Poet August 16

by Blake More

On Thursday, August 16, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Sonoma poet Terry Ehret. The reading will begin with live improv jazz, followed by an open mic with jazz improv; the reading will conclude with our featured poet and more live improv jazz.

Terry Ehret was born in San Francisco in 1955. She received a BA from Stanford University in 1977, and an MA in Creative Writing from San Francisco State University in 1984.

Ehret's poetry, essays, stories and reviews have appeared in numerous magazines and anthologies. Literary awards include the National Poetry Series, California Book Award, Pablo Neruda Poetry Prize, Nomination for the Northern California Book Reviewer's Award, and five Pushcart Prize nominations.

Ehret's first collection of poems was a collaboration with poets Susan Herron Sibbet and Steve Gilmartin called Suspensions (White Mountain Press, 1990). Her full length collection of poems, Lost Body, was selected by Carolyn Kizer for publication with Copper Canyon Press for the National Poetry Series in 1993. In 1995 Protean Press published Travel/How We Go on Living, a letter press, limited edition chapbook. In that same year, her series of poems based on Picasso's portraits of women took first place in the Pablo Neruda Poetry Competition, and was published in Nimrod's Awards Issue. This series is also featured in her 2001 collection, Translations from the Human Language. Her most recent publications are Lucky Break (Sixteen Rivers Press,

2008) and Night Sky Journey (Kelly's Cove Press, 2011).

Terry Ehret has taught writing at Santa Rosa Junior College since 1991, and at other colleges and universities in the San Francisco Bay Area, including Sonoma State, San Francisco State, California College of the Arts, and Napa Valley College. From 1991-2001, she taught with the California Poets in the Schools Program, and currently offers creative writing workshops through The Sitting Room Community Library in Cotati. She also leads summer travel/writing workshops in Ireland, Wales, and Tuscany.

In 1999, Ehret co-founded Sixteen Rivers Press, a shared-work publishing collective run by and for San Francisco Bay Area poets. From 2004-2006, she served as poet laureate of Sonoma County where she lives with her husband. Together, they have three grown daughters.

Her latest poetry project is a collaboration with the Fondo de Cultura Económica and Sixteen Rivers Press to publish a bilingual edition of Plagios, selected poems by Uruguayan-Mexican poet Ulalume González de León (1928-2009). Celebrated in Mexico and Latin America, González de León's poetry is not widely known to English-speaking audiences. However, Nobel Laureate Octavio Paz called González de León "the best Mexican poet since Sor Juana Ines de la Cruz," recognizing the visionary quality of her work. The first volume of Plagios is due to be released in 2019.

Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.



Terri Ehret Photograph by Michael Amsler

Enough Hardness

Black Head, County Clare

1. Along the scoured bluffs at Black Head, the sea has left many shores. I cross each, lifted

slowly into the limestone sky. I have walked here

when the sky-doors flew open and poured

another sea down the glacial clints. But my feet planted themselves like roots

of the blackthorn. And here I'll stay long seasons, until the stone itself gives back the rhythms of the churning tide, and I

climb down its many shores like steps in time, toward the first water, cradled in stone.

2.

My shallow roots have left me far from the homeward path. There is more truth marching in the dark wind, in the blessed wind.

A black chuff calls, "Be silent! Be still!"

And so I stop reaching for what costs me so much.

Parched by the salt of the sea inside, I begin to be a temple

(there is no birth as hard as this). Ah, will I come to be an orchid, blooming among rocks? What can I teach myself, but to be a meadow, bathed with stony kindness.

Terry Ehret

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Al Lowe

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Sanctuary: These Films Screening This Month In Conjunction With The "Get Into Your Sanctuary" Program On August 4 (See Page 13)

• **A Love Affair** - (USA) Nick and Cheryl Dean. 5 minutes. You want diversity? The bright green and yellow Jolly Green Giant chromodorid is just one of 2,300 known species of nudibranchs that live in our oceans. You want sexual creativity? Nudibranchs are hermaphroditic, able to change sex overnight. And if you want color? These shell-less mollusks, also known as sea slugs, are right up there with Birds of Paradise.

• **I'm Going to Bite Someone** - (USA) Steve Dildarian. 7 minutes. Two sharks walk into a bar . well, not quite. This animated short recounts a shark's point-of-view dialogue exploring the insults to ocean life that humans have wrought: dumping, shark finning, and - geeez - making a "cake" out of crabs (how sick is THAT!) Could biting a human be a catalyst for dialogue and change?

• **Blue Serengeti** (USA), Robert Nixon, 42 minutes. 2017 OCEAN SCIENCE AWARD. Vaster than the Great Serengeti Parks of Africa, the Pacific Ocean is brimming with its own predators who swim across the ocean to feed on the abundant prey in the waters of the California National Marine Sanctuaries. Renowned Stanford University marine biologist, Dr. Barbara Block, uses cutting edge camera tags to track the movements of marine creatures, giving us a rare, first-hand perspective on the life of a great white shark.

• **Melting Stars** (Canada), Kate Green, 15 minutes. This film unravels the mystery behind one of the most catastrophic species die-offs in recorded history -- the sea star wasting syndrome that started in 2013. Find out why the sea stars have died, what factors led to the epidemic, and the effects of the die-off on intertidal ecosystems from Alaska to Mexico.

• **Reefs at Risk** (USA), Malina Fagan & Lynn Pelletier, 11 minutes. Something else to worry about. The health of reefs near Hawaii started to decline around 1985, that was about the same time the tourist industry in the islands exploded. Any connection? All those visitors are lathered in sunscreen that often includes the chemical oxybenzone, an endocrine disruptor, lethal to coral-and fish, and dolphins (and maybe you). Who knew?

• **Return of the Harbor Porpoises** (USA), Jim Sugar, 10 minutes. In the late 1930s, San Francisco Bay was dying. Sewage, industrial waste, and military preparations for World War II sounded a death knell for its marine life. The shy, diminutive porpoises that lived here disappeared. Then, activists and agencies decided to heal the bay, and 65 years later, biologists documented the porpoises' lusty return. This film is a song of homecoming, of hope.

Voter Registration Saturday, August 4 and 18 at Pay N' Take in Gualala

Get ready for the November 6 election by registering to vote at the Pay n' Take in Gualala (next to the Gualala Community Center). Two Saturday opportunities this month: August 4 and 18, 8:30am to noon.

California residents (any county) who will be 18 years old by Tuesday, November 6, 2018 and are U.S. Citizens are eligible to register to vote. The forms are in English and in Spanish.

You must re-register if you have changed your address, changed your name, or wish

to change your political party. The new, improved Voter Registration forms are easier and more user-friendly. If you are a youth 16 or 17 years old, you may now pre-register in advance of your 18th birthday. Please bring your Drivers License, or California ID card, and your Social Security number.

Voting rights are civil rights! Thank you for protecting and exercising your precious right to vote! Information at: [www.sos.ca.gov](http://www.sos.ca.gov) and 707-884-4703.



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Blues on the Coast Presents Anthony Gomes  
Blues For Today • Arena Theater August 11

You can't tell everything about a musician by simply looking at the guitars in his or her collection. But when you listen to the music and the amazing guitar-work, it becomes apparent very quickly that this is not a guitar collection that hangs on a wall in some person's living room. This collection belongs to a player, and these guitars are absolutely played. The player is Anthony Gomes, the next talented performer presented as part of Arena Theater's Blues On The Coast series. He'll hit the Arena Theater stage Saturday, August 11. Doors open at 8:00pm, music at 8:30pm.



Toronto singer/songwriter/guitarist, Anthony Gomes, is propelling blues rock into the contemporary music culture with his unapologetic approach to reinventing the genre in relevant and fresh ways. His musical arsenal includes seven (yes, seven) Fender Stratocasters, plus a Fender Jazzmaster and custom Telecaster, along with a few Gibson guitars to boot. "The blues is old, but not tired," said Gomes, adding: "It speaks as truthfully today, and for this generation, as it ever has." Blues Music Magazine declared "the formidable guitar chops and authentic singing place him in the fore-

front of modern blues." This, along with his high-energy shows and dynamic stage presence, make him one of the top draws on the Rock/Blues circuit today. And the facts speak for themselves. Gomes has performed in 17 countries and has shared the stage with Buddy Guy, Robert Plant, Joe Bonamassa, Heart, Jonny Lang, Sammy Hagar, 38 Special, Robert Cray and Kenny Wayne Shepherd, and the late B.B. King, .

No "Anthony-come-lately", Mr. Gomes has been creating virtuosic, burning blues since his recorded debut in 1998. A dozen releases and numerous awards and ecstatic accolades later, Gomes shows no signs of slowing down with his latest musical offering being his most successful to date. The aptly-named riff-laden "Electric Field Holler" crackles with bare wire passion and has received highly acclaimed recognition; reaching #1 on Roots Music Report's Blues Rock Chart, hitting #1 on ReverbNation's Global Blues Chart and earning several nominations for Blues Rock Album of the Year. Come August 11 to see Anthony Gomes. Your ears will be pleased.

The Arena Theater bar and snack stand will be open.

September 8 • Save The Date  
Dragon's Breath Theater Returns

On Saturday, September 8th, Fred and Cheryl Mitouer of Transformational Bodywork Associates (with co-production assistance of Blake More), present the 19th annual Dragons' Breath Theatre Variety Show & Art Walk.

Gate opens at 5:00pm and the show starts at 6:00pm. Pack a picnic and bring blankets. Open to all, including mature children over 13 or with parental discretion; please leave dogs at home. Suggested donation is \$20 (sliding scale provided and nobody will be turned away for lack of funds), with profits going to KGUA and Action Network. Event is Located at 44800 Fish Rock Road, Anchor Bay.



Live each season as it passes;  
breathe the air, drink the drink,  
taste the fruit, and resign yourself  
to the influences of each.

Henry David Thoreau (1817 - 1862)

1	7	3	9	6	8	2	4	5
2	6	4	5	7	3	8	1	9
8	9	5	1	2	4	3	7	6
6	4	8	3	1	5	6	2	7
5	2	9	7	4	6	1	8	3
7	3	1	6	8	2	9	5	4
9	8	2	4	3	7	5	6	1
3	5	7	2	9	1	6	4	8
4	1	6	8	5	9	7	3	2

Solution to Sudoku:



## Words on Wellness by Karin Uphoff

As grasses mature and dry on the headlands, birds, small rodents and insects, are harvesting their whole-grain goodness. For many people, a favorite summertime grass is corn-on-the-cob eaten as a fresh vegetable. Whether raw or cooked to your liking non-GMO whole corn kernels are packed with vitamin C, magnesium, phosphorous, iron, fiber and a healthy dose of two antioxidants that nourish our eyes and skin: zeaxanthin and lutein. Unlike other foods, cooking actually increases the number of usable antioxidants in sweet corn. Organic corn (especially purple corn) is found to be a rich source of a phenolic compound called ferulic acid, an anti-carcinogenic agent shown to be effective in fighting the tumor cells attributed to breast and liver cancer.

When corn is dried and used in cooking as masa, polenta or cornstarch, we refer to it as a grain, yet corn is classified by botanists as a fruit. Indeed, it is packed with sugar and we eagerly shuck the tight husk to get to the sweet kernels - but wait, don't throw the stringy corn silk away! Each silky hair is a hollow tube that comes from the female part (ovary) on the ear. This silk grows outside of the husk until the pollen



Photo credit: Chinese Medicine Forum. A blog of discussing Chinese medicine & acupuncture from Dr. Tiejun Tang. <https://chinesemedicinesalon.blogspot.com/search?q=silk>

lands on it and moves down the silk tube to fertilize the ovary to form the seed/kernel. Every ear of corn has one silk strand per kernel. The hollow tube of silk is a signature to its medicinal affinity for treating the urinary tract.

Collecting your own corn silk is superior to anything you can buy. Simply set aside the silk to dry and store for later use, or make a fresh tea by breaking some into a cup and pouring hot water over to sit covered for 20 minutes. This mild tea is a soothing diuretic and used to help relieve kidney stones, cystitis, bladder infections and fluid retention. It has long been part of formulas for treating bed-wetting or prostate gland enlargement and is able to inhibit certain bacteria from sticking to the lining of urinary tract cells.

Finally, the husk itself can be used as a wrapper in cooking tamales, sticky rice or fish. You can even add washed corn husks to your stock pot for extra-woody flavor - nice for a mushroom soup or corn chowder.

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of **Botanical Body Care: Herbs and Natural Healing for Your Whole Body**. Learn more about Karin at: [www.karinuphoff.com](http://www.karinuphoff.com)

## Bufflehead: Large, Shaggy Head.

The Bufflehead is a small duck that is easily recognized by the male's huge white patch on the back of his head. They are winter visitors here to enjoy our mild weather compared to the frozen north where they return to nest in spring.

At 13-inches Buffleheads are thought to be the smallest duck. They have a compact body, small bill and a large head. Males are mostly white with a black back. Their head is iridescent black with a large white wedge that starts from behind the eye. Females are dusky colored with a charcoal gray head and a white patch behind the eye. They were named "buffalo head" duck because of their large shaggy head.

Buffleheads prefer larger lakes and reservoirs. They feed in the water, diving for



insects, snails, crustaceans and submerged plants. Fish are an important part of their winter diet. They are one of the best divers, swimming with their feet and bobbing back to the surface like a cork. One will stand lookout while the others dive to feed.

In the spring Buffleheads return to the ponds of north-west Canada. The female returns to the area where she was born. She nests in old Flicker holes, 5-20 feet off the ground and within 650 feet of water. The female incubates 6-10 eggs for a month. The young stay in the nest for only a couple of days then the mother coaxes them to leap from the tree and then leads them to water. The young won't be able to fly for another two months, which is just about the time the ponds start to freeze over again.

Our thanks to the Mendocino Coast Audubon Society for contributing this article.

Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at [www.mendocinocoastaudubon.org](http://www.mendocinocoastaudubon.org). Photo credit: Barbara Fleming

## Animal Care & Welfare • Fox Tails

By Cathy Riehm

One sure way to elicit a large groan from a pet-owning local is to say the word 'foxtail'. It's that dry time of year again, and with it comes the threat of foxtails getting into our animals. The seed head of the foxtail plant is barbed, so once it penetrates it only moves in a forward direction. Foxtails can be swallowed, burrow between toes, tunnel into an ear canal or they can be inhaled up the nose. Once inside the body, they can continue to travel causing tissue damage, or they can get lodged somewhere, causing an abscess. Early signs of 'foxtail trouble' are dependent upon the site of entry. Limping and licking a paw, eye squinting and sneezing, even labored breathing can all indicate the presence of a foxtail. Caught early, your veterinarian can possibly retrieve a foxtail with sedation and some alligator forceps. Foxtails

local dog groomer at Bed & Bone, says shaving dogs' paws can be a preventive measure. Some people say, before taking your dog for a walk, rubbing Vaseline under and over paws, and between toes can prevent foxtails from penetrating the skin.



Given the prevalence of the foxtail plant in our area, make sure to check your pets on a daily basis, especially after taking your dog for a walk. Kitties rolling in the grass, goats walking through a field or horses grazing in their pasture- any animal is a potential 'foxtail victim'.

Cathy is off this month. We thought that summertime is a good time to remind readers about the danger of foxtails for your pets. This column originally ran in the Lighthouse Peddler's July 2017 issue.

allowed to migrate further into the body can be serious enough to warrant exploratory surgery. The key is not to wait—the longer you wait to get your pet to a veterinarian, the deeper the foxtail will travel.

Long-time local and owner of Bed & Bone kennel, Rebecca Golly, says to "always check your dog's entire body for foxtails, especially after walking through unknown fields". If you are mowing your lawn or field, "best practice is to rake up cut grasses, which could include oat bristles". Rebecca says, "In the case of foxtails and oat grass, a bit of prevention can save significant pain and suffering for your dog as well as vet bills". Rainie, a

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## BAKU Selected to Close Out The 57th Art In The Redwoods Festival Performance in the Gualala Arts Amphitheater August 19

BAKU will appear once again at this year's Annual Art in the Redwoods Festival event, on Sunday, August 19, from 2:00pm to 4:00pm at the Gualala Arts Amphitheater. The popular Mendonoman music ensemble will showcase its distinctive and captivating improvised sounds that combine contemplative, ambient structures and melodies with a strong yet relaxing rhythmic pulse. Their self-styled musical hybrid, "Jambient Soundscapes," is a fusion of jazz and Afro beat, drawing upon Cuban, Latin, Middle Eastern and other world cultural influences and rhythms.

BAKU was selected as the name of the group to honor the capital of Azerbaijan, which marks the crossroads of Western Asia and Eastern Europe, and to pay homage to the region's diverse and rich cultural and musical influences.



For the band, each and every performance is an opportunity and celebration of discovery as they joyfully and spontaneously take themselves and their audience on an unpredictable and unforgettable musical journey.

BAKU is comprised of the following musicians:

- Harrison Goldberg, saxophones and percussion
- Chris Doering, 7-string guitar and synthesizer
- Tim Mueller, 6-string guitar and guitar synthesizer
- David French, upright bass and percussion
- Nancy Feehan, cajon and percussion

Tickets for this event (Festival Admission) are \$6.00. Youth 17 and under are admitted free.

## Micro Mosaics, Functional Ceramics and Clothes Coast Highway Art Collective Opening Reception August 3

Another exciting opening reception is scheduled for Friday, August 3 from 5:00pm to 7:00pm at the Coast Highway Art Collective in Point Arena, featuring the works of Debbe Hull, micro mosaics, jewelry and beads; and Emma Hurley, hand-carved thrown functional ceramics and original art screen printed clothing. The show runs from August 2 through 26.

Debbe Hull has had a longtime fascination with micro mosaics, adding her personal artist interpretation by using parts from ear-



rings, bracelets, and brooches to make new, updated jewelry. Hull's intricate, handmade glass beads will be available individually, but also incorporated into bottle stoppers, pens, keychains, earrings, beaded pendants, and necklaces. Hull is also exhibiting her unique bell pendants, recycled jewelry created from old silver plated knife handles.

Hull is also the bead maker for Ashtoglass.com, a family business that has offered memorial beads for the past 15 years. The company creates handcrafted lampwork memorial beads, pets or people, as well as other lampwork and glass fusion beads. Samples of memorial beads and more information on how to order a customized creation will be available at the opening reception.

Emma Hurley has created a line of wearable "fish art," reflecting her background in conservation biology and her love of the ocean. While working as a fisheries biologist and an ocean educator in Santa Cruz,

Hurley created a line of clothing using her hand-drawn designs, 'inspired by 'the colors, shapes, beauty, humor, mystery and character of the fish that live off the cold brine water of California,' explains Hurley. Her goal with the brand, which she calls NorthCoast Brine, is to encourage stewardship and pride in the fish in our cold ocean waters. On hang tags attached to her garments, she provides species natural history information as well as advise on sustainable methods of taking and of eating seafood.


"Many of the species I depict have a long history as human food. Most of us are now removed from the process of catching and cleaning our seafood and only know halibut, lingcod, or rockfish as a square white fillet. My wearable art work puts an image to these common food species that are beautiful amazing animals in their own right." Her wearable (shirts, tanks, hoodies) will be on display and for sale at the show.

Hurley will also be showing her function-



al ceramics. The ocean plays a major factor once again in influencing the decoration on bowls, cups and plates. Carrying on the themes of NorthCoast Brine, fish or swell and wave patterns adorn most pieces. Find Emma online at [www.northcoastbrine.com](http://www.northcoastbrine.com).

The Coast Highway Art Collective is located at 284 Main Street, Point Arena, the little red building next door to the Redwood Credit Union. Regular gallery hours are Thursday through Sunday, 11:00am to 5:00pm or by appointment. Visit the gallery's website at [www.coast-highway-artists.com](http://www.coast-highway-artists.com) to meet the collective members and see the range of work available regularly at the gallery. Collective members work in multiple media, including painting, printmaking, ceramics, sculpture, encaustic coated and etched steampunk, glass, textiles, basketry, photography, jewelry, woodworking and modern art forms, uniquely expressed in the creations of our award-winning artists.



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Check out the complete story on page 15.

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Pressed For Time?  
Here's a Short Guide to  
Art In The Redwoods  
Festival Days

- Thursday, August 16, 6:00pm: Hats Off Dinner with a Roaring '20s theme. Fine Art sneak preview, lively entertainment, and culinary delights prepared by local chefs from our coastal bounty. \$150 per person, includes a letter for a \$100 tax deduction. RSVP to Gualala Arts at 707-884-1138.
  - Friday, August 17, 4:00pm-7:00pm: "Champagne Preview" Champagne served 4:00pm-6:00pm, Outdoor Artists Vendor Booths preview at 4:00pm, Fine Art Exhibit opens at 4:30 pm. Judges Critique & Awards, Ceremony at 6:15pm. \$10 admission. Exhibiting fine artists admitted free.
  - Saturday, August 18, 10:00am-5:00pm: Fine Art Festival open, Outdoor Artists Vendor Booths, food & drink, live music and family entertainment. Entry is \$6 per person at the gate. Youth 7-17 are free with attending adults. Visit GualalaArts.org for more information.
  - Sunday, August 19 10:00am-4:00pm: Fine Art Festival open, Outdoor Artists Vendor Booths, food & drink, live music and family entertainment. 3:00pm Raffle drawing, Silent Auction winner, and Most Popular artwork announced. Entry is \$6 per person at the gate. Youth 7-17 are free with attending adults.
  - Vendors, PPQG Quilt Raffle, Silent Auction of a 450 SL 1978 donated Mercedes convertible, and so much more! Enjoy clay arts in the clay studio, story time by 4-Eyed Frog, Kashaya stories with Eric Wilder, puzzles with Tatiana of the Russian House and entertainment all day both days of the festival.
- Without community sponsors and donors, Gualala Arts could not provide the festivals and events that so many enjoy! We thank you for your continued involvement and support. You make a difference! Visit GualalaArts.org for schedule of entertainment and activities throughout the festival.

Gualala Arts Hosts Presentation by Adam Arenson August 19  
Historian and Preservationist Talks About Millard Sheets

Local Millard Sheets fans will enjoy a special presentation by historian and preservation advocate Adam Arenson during the 57th Annual Art in the Redwoods Festival on Sunday, August 19 at 10:00am in Coleman Hall.

Arenson is an associate professor of history and director of the urban studies program at Manhattan College and Gualala Arts is honored to have him featured as part of our 2018 Art in the Redwoods Festival.

Arenson's authored the award-winning book "Banking on Beauty: Millard Sheets and Midcentury Commercial Architecture in California", documenting the art and architecture of Millard Sheets, which won the 2018 Modernism advocacy award. He will share his experience researching and writing about the extraordinary partnership of financier Howard Ahmanson and artist Millard Sheets who produced outstanding Midcentury Modern architecture and art for Home Savings and Loan and other commercial clients.

While Millard Sheets first came to national renown through his plein-air watercolor painting, Sheets's influence was multiplied through his roles with the New Deal's Public Art program, stewardship of the Scripps and Otis art departments, and numerous commercial commissions for his studio, where Millard Sheets oversaw the creation of architecture, sculpture, murals, mosaics, and stained-glass windows. Beginning in 1958, Millard

Sheets spent part of every year in Gualala, moving to Barking Rocks, his home and painting studio north of Anchor Bay, full-time in 1977.

Millard Sheets Designs, which employed a working staff of licensed architects and engineers, draftsmen, and artists, completed more than one hundred Home Savings and Loan buildings throughout the United States. His works include the national American Fire Insurance Company offices for Ahmanson, Ahmanson Bank and Trust Company in Beverly Hills, forty-two Home Savings and Loan Association buildings, private residences, and the Scottish

Rite Memorial Temples in Los Angeles and San Francisco, among many others. Sheets died on March 31, 1989, in Gualala, California.

Arenson holds degrees from Harvard and Yale, and he previously taught at the University of Texas at El Paso. He researches, writes, and teaches the history and memory of North America, concentrating on the cultural and political history of slavery, Civil War, and Reconstruction, as well as the development of cities—from California to the Yukon Territory, from the province of Ontario to St. Louis to El Paso.

He writes accessible history including on the pages of The New York Times, Washington Post, The Atlantic, and the St. Louis Post-Dispatch, and he coordinates the Writing History Seminar in New York City, where he lives.



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... and then our tools shape us.  
by David Steffen

What's in an age? It can refer to the length of time you, me, anyone has lived. It can be a particular stage in a life. Ten years ago my daughter was "college age". When was I college age? I completed my MA as an adult (?) 15 years ago; so what age am I today? History has its own ages. Geologic time refers to the physical makeup and history of our planet. If you're that curious, geologic time might take you back a billion years. Frankly, thinking about a billion years of history is too much for me (as in "here comes a headache"). Instead I've been thinking about technology as it relates to my personal ages.

It is sometimes difficult for us to recognize that our lifetime's journey changes our perspective about "ages". My life during the "post-war" years specifically refers to those decades immediately following World War II. There were plenty of other wars and battles between 1945 and 2018—Afghanistan, the Balkans, Egypt/Israel, Grenada, Iraq, Korea, Kosovo, Kuwait, Syria, Vietnam—but "post war" for me is that twenty years between 1945 and the mid-1960s. Technology (as in television, transistor radios, etc.) was clearly advancing, but most people then could not fathom how the decades to follow would transform life.

In 1979 I was working for A&M Records, Herb Alpert's recording label (which he co-owned). That last year of the '70s decade was a difficult year for some parts of the music industry. A&M had some remarkable breakthroughs that year including albums by Supertramp and Herb Alpert both selling well enough to earn gold and platinum awards from the RIAA, the music industry's keeper of the stats. There were others,



to be sure, but I remember those two clearly for different reasons. Herb's renaissance as a recording artist was jumpstarted by his hit single (and the accompanying album). "Rise" was the first bonafide hit digital recording of the digital age; likewise, Supertramp transformed their career, from the band everyone loved but still hadn't sold a million of anything. *Breakfast in America* changed that. And both those records helped A&M Records weather the coming recession, when our government's decision to raise interest rates and the Iranian government's decision to restrict oil shipments

helped screw up the economy.

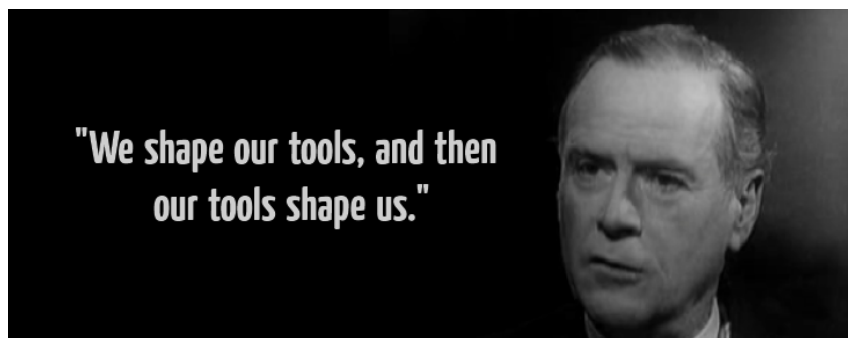
The Sony Walkman portable cassette player signaled another sea change in technology. Also introduced in 1979, the Walkman assured us that music was going to be highly portable. No longer tethered to the turntable, you could now throw a dozen cassettes in a bag and listen anywhere, anytime. Miles Copeland, who then managed the band Police, stopped in to our Hollywood offices near Christmas 1979. He was

returning from a trip to Japan and was showing us the Sony Walkman he just purchased in Tokyo. We were all impressed with his new 'toy.' And in short order CDs were also



iPhone changed everyone's thinking. Cell phones were mundane, smart phones were the future. And the iPhone was the technology to which every other smart phone was (and is still) compared to. It wasn't just about the device. It was also about how you used your smart phone.

On a walk near Union Square in San Francisco a few years ago I realized that Bluetooth wireless technology leveled the playing field between the self-absorbed and the unconcerned. Business people who walked down busy streets talking on their smartphones without holding the phone to their ears blended with random people who simply enjoyed walking down busy streets talking to themselves.



going to revolutionize the record business. No more scratchy vinyl. Now we offered our favorite artists in these indestructible shiny discs. Of course they weren't indestructible, but we embraced these digital "records". Cassette tapes and vinyl records seemed doomed. Cassettes are gone, and yet vinyl records are still being manufactured, but in infinitely smaller numbers.

I remember my 1984 Audi 5000. I liked the car, but I remember it as much for its "history" as my first vehicle equipped with a cell phone, a large unit installed between the bucket seats. In less than a decade the cell phone had shrunk to a size small enough to fit easily into the palm of your hand. I had a Nokia (circa 1996) mobile that was so compact I lost it a year later on a shuttle bus somewhere between the Hertz counter and San Francisco Airport's United Airlines terminal. In 2001 Steve Jobs delivered the first Apple iPod. Cassettes disappeared, and the days of traveling around with a bag of cassettes came to a merciful end.

In 2007 Jobs showed the world what a singular vision (along with \$150 million in development money) could deliver with the introduction of the first iPhone. Few would disagree with the premise that the

A half-century ago, Marshall McLuhan was widely quoted for titling a book (and telling the world that) *The Medium Is The Message*. According to his eldest son, Dr. Eric McLuhan, Marshall McLuhan's publisher mistakenly titled the book *The Medium Is The Massage*. When the author heard about the typo, his response was "Leave it alone! It's great, and right on target!". Television was the message, not the content. And television was also the massage.

Technology is a tool. And McLuhan knew that when he posited "We shape our tools, and then our tools shape us."Fast forward to 2018 and we don't have to speculate on what McLuhan might say about the age of the smartphone. In his 1964 book *Understanding Media*, he wrote, "The medium [is the message because it is the medium] that shapes and controls the scale and form of human association and action." Next time you're walking down a busy street, pay attention. Perhaps you'll agree that my Union Square observations seem much more rational. We're not all talking actually talking on our smartphones.



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Acknowledged by peers and press alike as one of the premier political satirists in the country, Durst has patched together a quilt of a comedy career, weaving together columns, books, radio and television commentaries, acting, voice-overs and stand-up into a riotous patchwork of amusing humor. The Oregonian called him, "The thinking man's comedian." Author of 4 books, Durst has told jokes in 16 countries, racked up 800+ television appearances, released 5 CDs and despite blistering reproach, continues to squeeze ketchup on his bratwurst.

"Durst Case Scenario" is most certainly a guilty pleasure. To laugh at suffering in the worst of times feels wrong, but to laugh together can feel so right. ---Gilad Barach, Millennial Notes.

The Arena Theater bar will be open! Arena Theater is at 214 Main Street, Pt. Arena.

### Point Arena Swing Dance Tuesday Nights at Arena Theater

Maybe you've been thinking about trying something new, or looking for a little more exercise (with a fun twist) or you've been hoping for a swing dance evening. Good news. All three wishes just came true.

Swing dance veterans know it's fun, and healthy socially and physically for people. Swing dance lessons and dancing is scheduled each Tuesday Night in August: 7th, 14th, 21st, and 28th. Weekly Drop-In Lesson available from 7:00pm to 8:00pm, and dancing from 8:00pm to 9:00pm. Dance and lessons are \$10; dance-only portion is only \$5.

All levels welcome, including East Coast Swing and Lindy Hop. They'll have a grab bag of techniques and moves to help you have fun combining swing dancing with your individual style of dancing. Come learn the basics or add a new step to your routine. Dance to a wonderful selection of rockin'/swingin' music. If you can't afford full price at your encouraged to contact them as they don't want to turn anyone away for lack of funds: mary@marydelave.com, or call Al & Mary for more information: (415) 858-2886. Online at [www.gualalasingdance.weebly.com](http://www.gualalasingdance.weebly.com).

## Gualala Arts Workshops In September Something For Almost Everyone

Gualala Arts has several fun workshops planned for September—come try your hand at some of these hands-on activities and demonstrations and maybe you'll be entering next year's Art in the Redwoods Fine Arts exhibit! We're letting you know about this now as the deadlines are coming up soon. For most of these events you can get more information or register by calling (707) 884-1138.

On the first Friday of the month, September 7, 6:00pm to 8:00pm, enjoy Paint & Pour, Gualala Arts version of Paint 'n Sip. Bring a friend, or make some new ones, and settle in for two hours of fun in the upstairs classroom with local artist and art teacher Whitney Badgett Hasan. Whitney guides workshop participants through the painting process while they enjoy a glass (or two!) of wine. Cost is \$25 for GA members; \$30 for non-GA members. \$10 materials fee paid directly to instructor. Purchase beverage at Gualala Arts.

On Saturday, September 8, from 10:00am to 2:30pm, artist Elio Camacho will give a painting demonstration on the upstairs mezzanine. Camacho plans to teach painting classes in 2019 and wants to give an example of his teaching style to prospective students. Bring a lunch and spend the day, or just come for a few hours. This demonstration is free.

Quilters will enjoy a couple of days of sewing fun with the "Surface Design Play Day & Color Pop Quilt" workshop with instructor Lynn Koolish. This is a Pacific Piecemakers Quilt Guild workshop that includes one day of Mixed Media Painting followed by a second day of Color Pop Quilt. This workshop happens Wednesday, September 19, 10:00am to 4:00pm and Thursday, Septem-

ber 20, 9:30am to 4:00pm in Coleman Hall. Cost is \$150 if you are a member of Gualala Arts and PPQG; \$155 if you are a member of either; and \$160 for non-members of both organizations. There is a \$15 materials fee paid to instructor for the first day of the workshop.

Cook and Pour with instructor Lisa Giacomini is Gualala Arts first foray into a trademarked workshop! This on-going cooking course pairs wine with foods and invites fun interaction in the Gualala Arts Kitchen. The first course is Thursdays, September 20, 27, and October 4 and 11, 6:00pm to 9:00pm. Cost is \$250 for Gualala Arts members and \$270 for non-members. This is an "eating" class and participants will enjoy a full-course meal at the end of each class. Anyone who attends the class receives a free chef knife! Bring a friend or two and take home other gifts as well!

This cooking course is designed for couples or small groups who wish to learn about creative thinking in their everyday cooking or special dishes. Entrees prepared during the class will reflect locally available offerings and the main dish is subject to change depending on availability of specific ingredients but will be an equitable substitute.

Saturday, September 29 and Sunday, September 30, 10:00am to 4:00pm artist Elizabeth Solomon will offer a "Paste Paper" workshop. Learn how to make paste paper for books, wrapping paper, wall paper, and more. This class will be in the upstairs classroom at Gualala Arts Center. The cost is \$40 for Gualala Arts members; \$50 for non-members with a \$10 materials fee paid directly to the instructor.

Visit [GualalaArts.org/workshops](http://GualalaArts.org/workshops) to find out more about these exciting offerings.

### Arena Theater Suggests "Get Into Your Sanctuary" August 4 Ocean Film Shorts Celebrate National Marine Sanctuaries

Cordell Bank and Greater Farallones national marine sanctuaries, in collaboration with the International Ocean Film Festival, will present a special screening of ocean film shorts, "Get into Your Sanctuary," at Arena Theater on Saturday, August 4, at 4:00pm, with doors opening at 3:30pm. Tickets are \$10.00.

The afternoon will include guest speakers from NOAA/Cordell Bank National Marine Sanctuary and six selected shorts from the 2018 Ocean Film Festival in San Francisco. Tickets are \$10 and in special recognition of US Veterans, free tickets will be offered to veterans with ID. Hosted for the fourth time by NOAA's Office of National Marine Sanctuaries, the na-



tional "Get into Your Sanctuary" celebration aims at raising awareness about the value of sanctuaries as iconic destinations for responsible recreation. Two of the nation's 13 marine sanctuaries, the Greater Farallones and Cordell Bank national marine sanctuaries are located offshore Point Arena and the Sonoma coast.

"National marine sanctuaries are premiere destinations for people to recreate responsibly, enjoy the ocean's beauty, and be inspired by meaningful marine conservation," said NOAA's Jennifer Stock. Visit <https://sanctuaries.noaa.gov/visit/giys.html> for more about "Get into your Sanctuary Day." The Arena Theater snack bar will be open.

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The Local Top-15 Books  
Summer 2018

"I would be most content if my children grew up to be the kind of people who think interior decorating consists mostly of building enough bookshelves."

Anna Quindlen (1953 - )

1. *Qh awala.li: "Water running down place"*  
by Annette White-Parks
  2. *Shaping The Sonoma Coast*  
by Thomas Cochrane
  3. *A Pale View of Hills*  
by Kazuo Ishiguro
  4. *Mendonoma Sightings Throughout/Year*  
by Jeanne Jackson & Craig Tooley
  5. *Anything Is Possible*  
by Elizabeth Strout
  6. *The President Is Missing*  
by Bill Clinton and James Patterson
  7. *Snow*  
by Orhan Pamuk
  8. *Dancing At The Rascal Fair*  
by Ivan Doig
  9. *Guide Dog for the Coastally Curious*  
by Steve Oliff
  10. *Woman In Cabin 10*  
by Ruth Ware
  11. *A Californian's Guide to The Birds Among Us*  
by Charles Hood
  12. *Fylling's Illustrated Guide to Pacific Coast Tidepools*  
by Marni Fylling
  13. *Beartown*  
by Fredrik Backman
  14. *Warlight*  
by Michael Ondaatje
  15. *Less*  
by Andrew Sean Greer
- Bubbling Just Under the Top-15\*
- \*. *Killers of the Flower Moon*  
by David Grann

The Lighthouse Peddler is pleased to bring our readers a list of the most popular books being picked up and read by locals and visitors alike.

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**Votes for Women! American Suffragists and the Battle for the Ballot**

A book by Winifred Conkling, Reviewed by Jennifer Bort Yacovissi

As we prepare for the 2020 celebration of the 100th anniversary of U.S. women receiving federal voting rights, books recounting the suffragists' long fight are starting to roll out. Winifred Conkling's contribution, written for young adults, is an excellent history for all readers, detailing the long, tangled, and sometimes violent path to the passage of the 19th Amendment.

Conkling takes a straightforward approach to relating the history of the movement and the women who drove it, many whose names we know, from Elizabeth Cady Stanton to Susan B. Anthony to Alice Paul, and a number whose fame (or notoriety) has not lasted as long, like Victoria Clafin Woodhull and Carrie Chapman Catt.

The narrative starts with Elizabeth Cady learning that, in her world of early-19th-century Upstate New York, even the most determined girl could not make a contribution equal to a boy, laws and culture being what they were.

However, she was allowed to attend Troy Female Seminary, which offered a curriculum competitive with those offered to men, and she had the benefit of spending summers with her rich and progressive cousin, Gerrit Smith, who gave her freedom to exercise her forward-thinking ideas.

In part, the push for women's rights was driven by the abolitionist movement, since women wishing to speak in public against slavery were accused of being "unwomanly and unchristian," because, at the time, it was considered unseemly for women to speak in public.

The movement was also tied to the temperance movement, widely seen as a women's issue because of the damage men's excessive drinking caused to families. Without the vote, women had no formal way to press for change.

Newly married Elizabeth Cady Stanton met abolitionist Quaker Lucretia Mott in London in 1840 at the World Anti-Slavery Convention — which, ironically, would not allow women to be delegates. By the end of the event, the pair had made plans to hold their own convention to "form a society to advocate the rights of women," according to Stanton.

The Seneca Falls Convention of 1848 is widely seen as the start of a formal movement focused on women's rights. Even there, the idea of suffrage was considered outrageous, and Mott shied away from making it a point of discussion.

Since no nation yet recognized women's right to vote, she feared it would make the women look ridiculous. It appears to be Frederick Douglass' impromptu speech to

the gathering of more than 300 women that allowed the resolution for suffrage to pass.

Susan B. Anthony, a temperance champion, had no interest in women's rights until she was repeatedly told that, as one, she could not speak at temperance conventions. She and Stanton met in 1851 and immediately formed a bond that lasted 50 years.

During the Civil War, women's suffrage took a back seat to the cause of ending slavery, and it was generally seen to be risking both issues to pair them together. The 13th Amendment ended slavery, and the 14th guaranteed citizenship and civil rights to male former slaves. The dual causes of emancipation and women's suffrage, which had often supported each other, were now bitterly at odds.



When the issue of the 15th Amendment arose, guaranteeing voting rights regardless of race, color, or previous condition of servitude — with no mention of gender since it was already in the previous amendment — Stanton and Anthony campaigned against it, Stanton sometimes using racist arguments.

The episode drove a wedge into the unity of the suffrage movement, as did free-love advocate Victoria Clafin Woodhull, whose scandals in the name of suffrage cost the movement significant support and set its efforts back years.

As the century turned and both Stanton and Anthony passed the reins to the next generation, the wind was out of the movement, and it lagged until 1910. Carrie Chapman Catt took over as president of the National American Woman Suffrage Association, but it was Stanton's daughter Harriot Eaton Stanton Blatch, along with Alice Paul and Lucy Burns — all strongly influenced by the militant tactics of the British women's movement — who get the most credit for reinvigorating the U.S. efforts.

Paul's huge march in Washington, DC, in 1913, and the melee that it caused, engendered widespread attention. (Oddly, the author states that only spectators were hurt in the semi-riot, when it seems well-documented that many marchers were taken to local hospitals.)

Paul and Catt's approaches to winning suffrage were often at loggerheads, especially when Paul's "Silent Sentinels" began to picket the White House — the first group ever to do so — and later to get arrested. The women's infamous mistreatment in prison was yet an-

other rallying cry that brought people to the movement.

The "Susan B. Anthony Amendment," the 19th, was passed in the U.S. House and Senate in May and June 1919, respectively, and was finally ratified in a nail-biter vote in Tennessee in August 1920. Catt, supportive of President Woodrow Wilson and seen as the moderate voice for suffrage, was invited to the White House for congratulations, while Paul, the impatient, rude agitator, was snubbed.

Given the current political engagement of teens embodied in the #NeverAgain movement, perhaps the most useful lesson for this book's target audience is the unflagging determination with which two generations of women pressed what often seemed like a hopeless cause.

Winning a pitched political fight is rarely brief or straightforward, but the victory — almost always — goes to the side that refuses to give up.

Jennifer Bort Yacovissi's debut novel, *Up the Hill to Home*, tells the story of four generations of a family in Washington, DC, from the Civil War to the Great Depression. Jenny is a member of PEN/America and the National Book Critics' Circle and writes a monthly column and reviews regularly for the *Independent*. She is chair of the 2018 Washington Writers Conference and is president of the Annapolis chapter of the Maryland Writers Association.

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- Tax Cuts for the Wealthy
- Trump University
- Multiple Bankruptcies
- Banning Muslims
- Attacking LGBTQ Citizens
- Attacking Medicaid
- Attacking Medicare
- Attacking Social Security
- Attacking a Free Press and Free Speech
- Attacking War Veterans
- Attacking NATO
- Attacking our Allies
- Telling 3000 lies per year
- Sucking up To Dictators\*

\* (Sorry, ran out of space)

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# Scuttlebutt

by Mitch McFarland

Great Day In Elk  
Set For Saturday August 25

In my never-ending quest to bring you news that is not about our crazy, but dangerous, national circus, I would like to point out a potential breakthrough in energy production. A company called NET Power has developed a method to burn natural gas while capturing all of the CO2 that results and having no emissions other than some water vapor.

Typically, power plants burn natural gas to make steam to turn a turbine. The resulting CO2 is released into the atmosphere or expensive scrubbers are used to clean the exhaust. NET Power's system burns natural gas with pure oxygen instead of atmospheric air to produce high pressure CO2 that is used to turn the turbine. The system recovers most of the CO2 for reuse and the rest is captured and sold as an industrial product. This is done by means of something called the Allam Cycle. I read a lot about it, but it is quite technical, so you amateur physicists out there can look it up online\*.

Toshiba is building the specialized turbine and other companies are involved to provide other aspects of the project. NET Power's project in La Porte, Texas achieved first fire of its supercritical carbon dioxide (CO2) demonstration power plant at the end of May. The La Porte success will allow NET Power to build larger facilities, each of which is envisioned to be commercial-scale 300 MW natural gas plants.

Calling NET Power a "game-changing carbon-capture power plant," MIT Technology Review reported that "the technology could provide a cheap, clean, and flexible source of power for the grid, capable of ramping up and down with demand more easily than standard solar and wind plants can." Earlier this year, MIT Technology Review also listed NET Power on its 2018 list of 10 breakthrough technologies.

The economics are favorable to NET Power in that they do not have to have expensive equipment to clean their discharges. Also, it would be possible to have plants closer to users, since they will not be emitting pollution into neighborhoods. This would save the substantial transmission loss associated with huge centralized power plants or distant solar or wind power sources.

This solves the problem of pollution at the generation site, but does nothing about the significant methane releases that occur as a result of extraction and pipeline transportation. Unless natural gas producers take seriously their obligation to prevent methane leaks, we are only partly out of the woods and should still be looking toward greener sources..

Way back in 1976 after the first oil shocks

hit, Barry Commoner, an economist, ran for President while espousing the idea that natural gas should be our transition energy source while renewables were being worked economically into the energy grid (which by now has happened). His theory was that you are not going to get the oil corporations to throw up their hands and walk away. Their economic and political power is such that they must be included somehow in the energy picture and Commoner felt using natural gas instead of coal or oil was a much better

"In just the first four months of this year China has had a drop of eight percent in coal consumption and a reduction in CO2 emission by five percent."

way to go. NET Power's technology makes that even more viable.

I'm still hardcore about renewables, but I'm not so naive as to ignore Commoner's logic.

\*\*\*\*\*

Remember when the climate change deniers and fossil fuel defenders used to say that it doesn't matter what the United States does about CO2 and other pollutants because China was despoiling the atmosphere at such a rate that our efforts would be a waste of time and money? Well, another one of their excuses for inaction has fallen by the wayside.

It turns out that China is currently the world's leading investor in renewables. In 2014, China increased its investment to \$89.5 billion, up 32% from the previous year. This was nearly 73% more than the US, the next largest investor. By 2020, the world's largest energy user plans to have 100 GW of solar and 200 GW of wind installed. The U.S. is currently fourth worldwide behind Germany and Japan with just over 50 GW. In fact, from 2008 to January 2012, China held the top spot in clean energy investment and this year has instituted the world's largest cap and trade system covering some 7000 factories.

China's emerging middle class is demanding a reduction in air pollution while the government sees renewables as a source of energy security since they import much of their oil.

The Twelfth Five-Year Plan, the current plan, also places great emphasis on green energy. Detailed incentive policies and programs include the Golden Sun program, which provides financial subsidies, technology support and market incentives to facilitate the development of the solar power industry. On October 30, 2016, China formally joined the Paris Agreement, along with the United States. It pledged to peak emissions "by around the year 2030," with best efforts

to peak significantly earlier, while planning to invest \$361 billion on renewable power generation by 2020.

The IEA cut its coal growth outlook for China, reporting that the country's coal consumption peaked in 2013. In January 2017, under their Blues Skies Initiative, the Chinese government canceled the construction of more than 100 coal-fired power plants across 13 provinces. In just the first four months of this year China has had a drop of eight percent in coal consumption and a reduction in CO2 emission by five percent

China is already investing more than \$100 billion in domestic renewables every year. That is twice the level of US investment in domestic renewable energy and more than the annual investment of the US and the European Union combined. This has positioned China as the world's leading country in electricity production from renewable energy sources, with over double the generation of the second-ranking country, the United States.

It is not all smooth sailing for China's conversion to renewables. The construction of solar panels and wind farms in China has outpaced the capacity of its electrical grid that now requires significant upgrades, but that is also in the planning stages. The same need to upgrade the distribution system exists here.

China still uses lots and lots of coal, but at least their government has acknowledged the leadership role their federal government must play to move away from fossil fuels.

Can the same be said of our federal government?

\*<http://www.modernpowersystems.com/features/featurenet-powers-co2-cycle-the-breakthrough-that-ccs-needs>

Great Day In Elk is one of those wonderfully local events with universal appeal. There will be a parade, floats, barbecue, a carnival and lots more. The 44th fun-filled "Great Day in Elk" will be held on Saturday, August 25, from noon until 7:00pm.

The parade starts at noon on Highway 1, with floats, tykes on bikes, Smokey the Bear and lots more. The carnival follows, with game booths and prizes and do-it-yourself craft projects for children. There's a \$100 grease pole, a massage booth, a watermelon-eating contest, sack races, crafts fair, silent auction and a raffle.

Daytime food includes tamales, Caesar salad with and without chicken, fresh baked focaccia bread, Moroccan lentil soup, old-fashioned hot dogs and lots of homemade goodies. There will be fresh-pressed Greenwood Ridge apple cider and Elk's famous margaritas, along with soft drinks and beer. The afternoon entertainment includes live music with Gwyneth Moreland, belly dancing by "The Trillium Tribe" and the fabulous cake auction.

This year's dinner will be an outdoor barbecue from 3:00pm to 7:00pm featuring grilled tri-tip with roasted potatoes, green salad and bread or green chile and cheese enchiladas with black beans and salsa.

So, come to the "Great Day" in the coastal village of Elk, located 5 miles south of Highway 128 on Highway 1, and enjoy a fun-filled family day while supporting the Greenwood Community Center. For more information call 877-3291 or go to [www.elkweb.org](http://www.elkweb.org). No dogs, please. Elk is a short drive from almost anywhere on the coast. It's about a 30-minute drive north from the Gualala River.

**SUDOKU** Edited by Margie E. Burke

Difficulty: Easy

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**HOW TO SOLVE:**  
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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## 57th Annual Art in the Redwoods Festival • August 15-18 Hats Off Dinner, Champagne Preview, Music and Arts and More!

The Gualala Arts 57th Annual Art in the Redwoods Festival once again brings you the perfect way to usher out summer with celebration, revelry, and fine art!

What began among the redwoods on Gualala ridge in 1961 has grown to a weekend attraction for thousands. This popular weekend event features one of the largest fine arts exhibits in Northern California with hundreds of works entered, more than vendors and artisans from near and far, and free entertainment on stages throughout the Arts Center ground and on stage in Coleman Hall.

This year's Hats Off Dinner, Gualala Arts largest fundraiser, is on Thursday, August 16, at 6:00pm. and will feature a "Roaring '20s" theme with dancing and music provided by "Four Shillings Short," the fun and lively duo of Christy Martin and Aodh Og O'Tuama. This is the only night to get a glimpse of art entered into the festival exhibit before judging on Friday and guests have the first opportunity to purchase art.

Hats Off Dinner reservations are \$150 and include a \$100 letter for tax deduction. Call (707) 884-1138 to RSVP.

The Hats Off Dinner event is Gualala Arts largest fundraiser and community participation guarantees more great events at the Arts Center during 2019 and beyond.



Gualala Arts Culinary Arts Guild Chef Sheralynn Kirby will design her menu around a beef tenderloin roulade stuffed with cherries, spinach and goat cheese with a second offering of either salmon or steelhead, adding "I'm hoping for salmon! I also plan to have crab from Kaitlin fisheries for crab cakes."

If you have been to any of the dinners that Chef Sheralynn has prepared, you know what you're in for -- culinary art that sprinkles the taste buds with micro-explosions of pleasure! Side dishes will include roasted potatoes and fall vegetables and the Stornetta brothers are donating home-grown fava beans! As always, party-goers will enjoy creative appetizers and delicacies beforehand.

Thursday, August 17, from 4:00pm to 7:00pm, the Champagne Preview offers a chance to preview festival vendors and enjoy a glass of champagne while finding out who the judges chose to receive top honors. More than 300 pieces of art are entered in this exhibit. Listen to their critique at 6:15pm in Coleman Hall. Entry to the Champagne Preview is \$10 at the door.

Judges for the Fine Arts Exhibit are artist Bruce Mitchell and his partner Nancy Hemmingway. Mitchell has been working with wood for over four decades in northern California and is widely known for his lathe-turned vessels, sculptural tables, benches and abstract forms. In addition to books and catalogs, his work can be found in numerous museums and private collections throughout the United States. Hemmingway was the librarian for the Inverness library for 42 years, retiring in 2014. A former substitute teacher in Oakland and Petaluma, Hemmingway came to the Point Reyes/Inverness area in 1971 and co-founded the Dance Palace, a non-profit community center providing a wide variety of educational, recreational, cultural & community services for youth & adults in western Marin County.

Thursday and Friday, August 18 and 19, are what you've been waiting for—festival days filled with entertainment and fun! Kids of all ages will enjoy clay studio fun, Pomo stories by Eric Wilder, stories with Joel Crocket and Four-Eyed Frog Books, puzzles and games with Tatiana of The Russian House, entertainment by "Four Shillings Short,"

The Ernest Bloch Bell Ringers, guitarist John Micka, Tessa Howard Dance Troupe, BAKU with Harrison Goldberg, and more. Festival entry is \$6 at the gate. Youth 7 to 17 are free. A schedule of events and entertainment is at [GualalaArts.org](http://GualalaArts.org).

On Sunday, August 19, Millard Sheets fans will enjoy a special presentation by historian and preservation advocate Adam Arenson. His award-winning book "Banking on Beauty: Millard Sheets and Midcentury Commercial Architecture in California," documenting the art and architecture of Millard Sheets, won the 2018 Modernism Advocacy Award.

Of course, food is also a big part of the festival, and the Sweet Shoppe will be open for business selling homemade pies, cakes, cookies, tea and coffee, and anything à la mode. The barbecue will have meat and veggie pizzas fresh out of the pizza oven, hamburgers, salmon burgers, veggie burgers, Italian sausages, and old-fashioned hot dogs. The Lions Club pub will offer beer and wine, soft drinks and bottled water.

This festival event could not happen without the generous support of our local businesses, patrons of the Arts, and YOU. So, make a day of it – or a weekend – and come out and enjoy some family fun under the redwoods at the 57th Annual Gualala Arts Art in the Redwoods Festival!

## Flynn Creek Circus Returns To Point Arena With An All New Show! August 2 - 5

Flynn Creek Circus returns with an all new show! Experience a hilarious circus odyssey filled with incredible stunts and surprising twists! Mendocino County's own charmingly nostalgic, surprisingly fresh all human circus will be raising their vintage big top tent in Point Arena for shows August 2-5.

Flynn Creek Circus "Adrift" is an all new, better than ever show featuring circus artists from Brazil, France, Las Vegas, Mendocino, and more! Award winning aerialists, jugglers, clowns, and acrobats will



guide you through an exciting journey at sea while demonstrating their circus skill mastery. Charming, quirky, and unforgettable, this show promises to please audiences of all ages.

Flynn Creek Circus performances will be held next to Calfire at 24001 CA HWY 1 in Point Arena. Tickets are available at a discounted price until the start of the first show and can be purchased in advance at [flynncreekcircus.com](http://flynncreekcircus.com).

Performance and Ticket Information Shows are scheduled for:

- Thursday, August 2 at 7:00pm (Opening Night special, \$22/Adults - \$11/kids)
- Friday, August 3, 7:00pm (adults only, 21+)
- Saturday, August 4 at 3:00pm (community arts fair at the tent from 1:00pm-3:00pm)
- Saturday, August 4 at 7:00pm.
- Sunday, August 5 at 1:00pm (Family Day special, all kids 1/2 off with purchase of adult ticket. Does not apply to VIP)
- Sunday, August 5 at 4:00pm

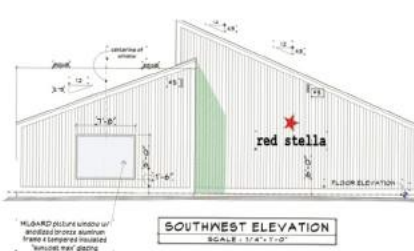
Tickets may be purchased in advance for \$12/child \$20/Seniors, Students and Veterans and \$27/adult. Door price ticket sales begin on the first show day. Door prices are \$15/child or \$25/Senior and \$32/adult. VIP front row seating is available for \$50 and includes complimentary popcorn or cotton candy, drink and souvenir program. We recommend early purchase to guarantee your place.



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## Jury Duty

By Tony Stanol, Florida Correspondent for The Lighthouse Peddler

I don't know why but I seem to get called for jury duty more often than anyone I know. Neither of my daughters has ever been called and my wife phoned into the automated system the night before and was released.

So I made my first Florida appearance as a potential jurist the Monday after Easter. I had been summoned three times in the past six months but declined because we were out of town on two of the dates and the third fell during the holidays when we had visitors.

I wondered how many times I could decline before being hauled off but I finally accepted the summons. I had run out of excuses. Besides, it's a civic duty.

They have you show up to the courthouse super early - 8am. I parked in the designated lot and saw another person who I keenly identified as a potential jurist. Parking in the designated lot with the jury notification in her hand gave me all the clues I needed.

While walking to the courthouse I asked her if she had ever served before and she had. After the metal screening process I caught up with her waiting in line. When she reached the check in person, they told her that her number didn't have to come today. Evidently, she did not call the night before to see whether she was needed. Silly girl. I whispered "lucky you" as she left and I checked in. I, too, had served once before, but it was a few years ago and in Los Angeles. We filled out a form and were shown the same dull videos explaining the American judicial system with roots in Euro-

pean law. After we were dutifully sworn in, we were told that to take "break" for forty five minutes until 9:15.

I was familiar with the drill from my former service and came armed with a magazine, a smart phone connected to their free wireless connection and a magazine. So I settled in for "the long wait".

The crowd was mixed: one over achiever in a suit, a couple of slob in shorts and flip flops, a couple of "man buns" and the usual overdressed court administrators. A few novelty tee shirts were worn including one of my favorites: the "Fly United" one showing two geese copulating in mid-air. Classy.

This was not much different from my observations in LA except that there was much less silicon and Botox here in Sarasota.

We reconvened a full hour after they said we would. The administrators had "randomly" selected a list of 35 people who were asked to identify themselves. The chosen few. I quickly did a scan of the room to es-

timate my odds of being selected: about one out of three. I remember this process and I agonized over this rollcall whenever a name with my first initial was announced.

Back in LA, I was picked for a jury the first morning of my service. The courtroom we entered looked like it was right out of a movie set: beautiful oak paneled walls, the judges' bench well lit, the paunchy bailiff right out of central casting.

It was actually an interesting case of Grand Theft Auto, not the videogame, the crime. In this case the LAPD actually set up a "decoy" car with the keys in it and the engine running, the door ajar. There was a hidden video camera but no one was in the car. Down the street the police clandestinely watched from their squad car.

Sure enough, an unsuspecting passerby saw the empty car with the engine running, took a look inside and hopped in. The police soon gave pursuit but the perpetrator disappeared into notoriously congested LA traffic. To their utter surprise a few minutes later the alleged criminal returned the car and began walking away!! The flabbergasted police officers pounced. They had their man.

We jurists were told that this type of entrapment is perfectly legal in LA. In fact, there was a TV series featuring this type of sting operation. "Bait Car" ran for five seasons. Unfortunately, the perp probably wasn't familiar with the show.

As luck would have it, I was selected foreman of the jury which was good. The combined sum of IQ's for the other 11 jurists was well under 100. Jury of your peers? Wow.

It actually was an open and shut case with the accused caught in the act on videotape but pleaded not guilty. The only defense was a legal technicality about his intent which entered the grey area since he did return the car. We needed a unanimous verdict and there were two holdouts to convicting him after several rounds of voting. I warned the group that it was getting late on Friday afternoon and if we didn't want to have to return Monday morning, we would need to turn the two. At the next vote it was unanimous: guilty as charged.

Back in Sarasota on Monday, they were finishing up the call for selected jurors and my name wasn't one of them. They ushered the chosen ones out of earshot well before announcing to us that we were released. I was out the door by 10:30, justice served once again.



## The Point Arena Lighthouse Celebrates National Lighthouse Day August 7

The Point Arena Lighthouse will celebrate National Lighthouse Day on Tuesday, August 7 from 10:00am to 4:30pm. All visitors will enjoy free admission to the Grounds, Museum and Tower Tours.

Wind, weather and emergencies permitting, this great day will also feature a static display of a United States Coast Guard MH-6SD Dolphin Rescue Helicopter. Guests can also purchase our famous homemade Light Keepers Strawberry Shortcake and home baked brownies.

Barring an emergency call, the rescue helicopter will be on display at the Light Station helipad from 11:00am to 1:00pm. and visitors will be able to get up close and personal with the aircraft and even sit in the

pilot's seat. The flight crew will be available as part of their public affairs responsibility to explain how it all works.

National Lighthouse Day was originally established in 1989 to "honor the beacon of

light that, for hundreds of years, symbolized safety and security for ships and boats at sea," according to the National Lighthouse Society. Point Arena Lighthouse joins hundreds of lighthouses across America on August 7 in celebrating the day by offering free admission and special events.

More information is available by calling the Lighthouse at

877-725-4448, ext. 1 or 707-882-2809, ext. 1 or visiting [PointArenaLighthouse.com/national-lighthouse-day/](http://PointArenaLighthouse.com/national-lighthouse-day/).



## Say "Hi" To The Frog At Gualala Arts During Art in the Redwoods

Look for the Frog's booth at the 57th Annual Art in the Redwoods Festival at the Gualala Arts Center. We'll have an array of local author and regional books as well as locally made artistic creations from local



artists we carry in the bookstore. The Frog is delighted to also be hosting Story Time for the young ones. Fun will be had by all!

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# Crossword

by Margie E. Burke

## ACROSS

- 1 Field trip group, maybe
- 8 Aaron Burr, famously
- 14 Had in mind
- 16 Like some beds
- 17 Dustin Hoffman role
- 18 Flower part
- 19 Leg, in old slang
- 20 Gym wear
- 22 Pilot's announcement, briefly
- 23 Kind of grin
- 25 Princeton mascot
- 26 Londoner, e.g.
- 27 Of the kidneys
- 29 Worn-down pencil
- 30 Dateless
- 31 Record manufacturer
- 33 Annual report data
- 35 Bread maker
- 37 \_\_\_\_ to riches
- 38 Certify
- 42 More adorable
- 45 Like some curtains
- 46 Cumberland \_\_\_\_
- 48 Cut off
- 50 Henry VIII's last wife
- 51 Hurlled
- 53 Loaded
- 54 One of the Gershwins
- 55 Fit of nervousness
- 57 Morning drops

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62								63						
64									65					

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- 58 Bashed into
- 60 Natural burn balm
- 62 Safe to swallow
- 63 Attorney's fee
- 64 Model airplane stick-ons
- 65 Connected by kinship
- 7 Keep in custody
- 8 Super follower
- 9 Windows alternative
- 10 Ambulance letters
- 11 Not quite yet
- 12 Cleaning up, in a way
- 13 Tells, as a story
- 15 Tropical fever
- 21 Prohibit
- 24 Working stiff
- 26 Burn result
- 28 Crowbar, e.g.
- 30 Breed of cattle
- 32 Headed up
- 34 Ric \_\_\_\_ (wavy fabric)
- 36 Dusk to dawn
- 38 Aimed for, with "to"
- 39 Hepburn-Grant film of 1963
- 40 Like pottery
- 41 Seafood sauce
- 43 Plain to see
- 44 Whistle blower
- 47 Kitchen gadget
- 49 Wanted poster word
- 51 They roll in
- 52 Dropped a line
- 55 Become firm
- 56 Circus performer
- 59 Wharton degree
- 61 By means of

## DOWN

- 1 Roomier
- 2 Come apart
- 3 Marathoner's need
- 4 Directed
- 5 Load to bear
- 6 Get used to



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## Tiny Colossus of the Ocean Realm

by Mary Jane Schramm

Resting below the surface, the blue whale hung suspended, nearly inert. Gradually, it roused to the calls of others like itself: whale voices; feeding sounds? Looking up, it saw a broad shadow backlit by sunlight. Slowly, it turned its gigantic body upward, to a near-vertical axis, then, with powerful thrusts of its tail flukes, accelerated toward the dark patch (who'd have thought it could reach such speed?!). Just before reaching it, the whale veered sharply sideways, opened its cavernous mouth, and lunged into the wriggling pink mass of crustaceans that resembled minuscule shrimp. Through the bristly baleen plates hanging from its upper jaw, the whale squeezed out a rush of water and swallowed the trapped-in krill. Engulfed by the whale, these krill had fulfilled their destiny as major players in the marine food web.



Its size is small, but in the vast world ocean, krill's significance is colossal. In every major ocean system, these marine invertebrates form the basis of the food web for whales, seabirds, fish, squid, seals, other invertebrates – even sharks. Through nutrient-rich upwelling triggered by the California Current's seasonal winds, circulation patterns and lengthening daylight, our ocean waters provide sustenance for an incredible biomass. And throughout this system, krill is king, a "keystone species."

Of roughly 85 species worldwide, the dominant krill in north-central California are *Thysanoessa spinifera* and *Euphausia pacifica*, less than an inch long. Grazing on microscopic plants, or phytoplankton, they transfer energy up the food web to incrementally larger animals. Krill may swarm in bait balls as dense as 100,000 per cubic

yard throughout the water column. Patches of it may stretch for miles, sometimes visible from the air as wide, rosy swaths at the surface, or as dark ruddy masses, just below.

Krill is the near-exclusive food of gigantic blue whales. Humpbacks prefer its superior caloric value to that of small fish. Whales, using their long-distance hearing, can recognize the feeding grunts of their kin that indicate the dinner bell has sounded, the feast has begun. Dolphins and sea lions may join the frenzy, chasing down fish and other krill-eaters, using visual clues like hovering seabirds to locate distant prey patches. Krill can lay out an impressive seafood smörgåsbord.

Commercial salmon, rockfish, flatfish, sardine and squid fisheries depend on it. Without even seeing its stomach contents, fisherfolk can tell a salmon has eaten krill, by the bright pink color of its flesh. If it's eaten mostly small fish, the flesh will be paler, less flavorful.

Some animals migrate thousands of miles to find it, targeting California, Washington and Oregon waters in the summer-fall feeding season; our marine sanctuaries often mark prime feeding sites. But abundance varies from year to year. When scarce, the entire marine ecosystem is sent reeling, causing animal migration patterns to shift radically: whales that usually feed off our coast may hunker down in lower



latitudes to feed on what little prey they can find. Species unable to migrate may starve. Seabirds fail to fledge their chicks, or skip breeding altogether.

But when krill is abundant, marine life doesn't just survive -- it thrives. In spring



2017, seabird rookeries teemed with countless healthy chicks. And off San Francisco on June 26, 2017, during a two-hour shift, Farallon Island biologists spotted an incredible 248 krill-gulping blue, humpback and fin whales. Life was good.

You can help conserve marine life, from krill to whales, and others in between. It's a big job, but start at home, and proceed from there: reduce dependence on carbon-based fuels like gas, coal and oil that pollute our seas. Educate yourself and your community about clean energy alternatives. Be an earth-wise consumer, and learn which businesses and products are truly "green." Use the power of your vote and the power of your purse to work toward achieving these worthy goals that will benefit all creatures, great and small, that inhabit our blue planet.

## Exhibition on Screen Presents

### Matisse

at Arena Theater August 12

Continuing an amazing film series, Exhibition on Screen provides audiences with a front row seat for the world's greatest art. This month the series focuses on Henri Matisse. The film, *Matisse* screens Sunday, August 12, 1:00pm, doors open 12:30pm. From Tate Modern and MOMA, celebrate the giant of modern art on the big screen. Tickets are \$15.00 online at [www.arenatheater.org](http://www.arenatheater.org) and at the door.



Hailed as the most successful exhibition in Tate Modern's history, you can still catch this once-in-a-lifetime exhibition at your local cinema, featuring exclusive new footage from MoMA New York.

Audiences are invited to enjoy an intimate, behind-the-scenes documentary about this once-in-a-lifetime blockbuster exhibition with expert contributions from those that knew Matisse as well as curators, historians, Tate director Nicholas Serota and MoMA director Glenn Lowry. Plus there are breathtaking specially commissioned performances by Royal Ballet principal dancer Zenaida Yanowsky and jazz musician Courtney Pine. Acclaimed British actor Simon Russell Beale brings insight and emotion to the words of Henri Matisse himself, while actor Rupert Young (Merlin) narrates. "The way the film

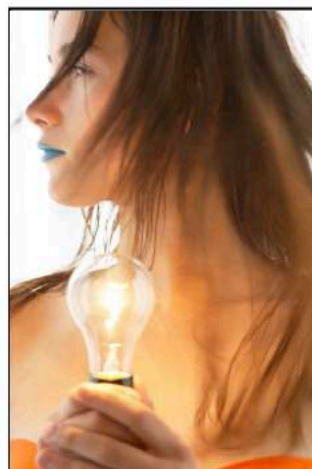
captured Matisse at work, bringing his artistry to life - including resonant readings from Simon Russell Beale - was genuinely inspiring. *Matisse* was directed by Phil Grabsky. Arena Theater is at 214 Main Street in Point Arena.

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Mary Jane Schramm • NOAA Greater Farallones • Nat'l Marine Sanctuary  
Maryjane.schramm@noaa.gov • Photo Credits: Top Left: Krill from local waters. Credit: ACCESS-NOAA; Top right: Krill from Cordell-Farallones-Point Blue ACCESS cruise. Credit: ACCESS-NOAA; Above: Blue whale lunge-feeding on surface swaths of krill. Credit: Unknown. • more, visit <https://go.usa.gov/xUmcp>; also, <https://www.newscientist.com/article/dn19841-blue-whale-feeding-methods-are-ultra-efficient/>; National Geographic: <https://www.youtube.com/watch?v=cxbSBDopVyw>



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Siobhan Elder, Painted Scarves, and Cynthia Myers, Etched Glass.  
Dolphin Gallery Reception for Both Artists August 11

The Dolphin Gallery August exhibit features local artists Cynthia Myers, etched glass, and Siobhan Elder, painted scarves. A reception for the artists will be held at the gallery on Saturday, August 11, from 5:00pm to 7:00pm. The exhibit will remain on display through Sunday, August 26. Admission is free.

This will be Cynthia Myers second two-person show at the Dolphin Gallery and



again she is showing with artist Siobhan Elder, who also creates functional art for others to enjoy at reasonable prices.

“My work is meant to be more than a functional object such as a wine goblet, a vase or even a glass front door,” says Myers. “Each is a personal statement meant to reflect the taste of the owner and to provide artistic pleasure to the viewer. Each completed piece captures and bends the light to produce its own luminous effect.”

Working for more than 25 years of in this medium, Myers’ creative process begins with the design of the blown glass she uses from three U.S. glassblower artisans. She first adheres resist tape to the surface of the glass and carefully draws her designs, taking into account how the pattern will reflect light. Next, she cuts out the pattern of areas that will be sand blasted or etched. With experience acquired over many years she etches in the design one detail at a time inside the studio’s sandblasting booth.

Myers’ work is found in collections across the United States and in both Europe and Japan, and on display in a number of galleries including ones in Mendocino, Half

Moon Bay and Cambria. Her website – CynthiaMyersGlass.com – provides numerous examples of her commercial projects, commissions, and Art Glass Series.

Siobhan Elder’s work for this collection is called “Atmospheres”. She says it grew out of her desire to capture the unique light that happens here on the north coast. “Thirty-plus years as a professional textile artist have found my work being sold worldwide on wearable items from hand painted silk neckties to scarves. This collection marries the wearable aspects of my work with the fine art background that is the base of my work as an artist. These pieces are designed to be experienced as wall hangings and/or worn as scarves and wraps.”

Elder is passionate about her silk paintings—which bring her joy—as well as the people who wear her work. “I paint because I am an artist and I am still giddy every morning when I go to my studio. I paint because I am filled with gratitude that my time is spent creating something that can make someone else feel special,” she says. This passion for the work she does led to the project “Empowerment through Accessories,” in which she began teaching people going through chemotherapy to paint scarves they could then wear.



A traumatic brain injury two years ago, however, left her with chronic headaches and diminished her ability to teach. So now, she says, “The Empowerment project has morphed into the Silk-Ribbon, which keeps my creations flowing to those in need.”

Read more about this project and see examples of Siobhan’s elegant painted silk scarves at [www.siobhansilks.com](http://www.siobhansilks.com).

National Theater Live  
from London  
Julius Caesar  
Arena Theater • August 18

Once again, Arena Theater brings one of the greatest stage companies in the world to Point Arena. National Theatre Live from London presents **Julius Caesar**, Saturday, August 18, 1:00pm; doors open at 12:30pm.

Tickets are \$18, \$5 youth, and are available online at [www.arenatheater.org](http://www.arenatheater.org).

Caesar returns in triumph to Rome and the people pour out of their homes to celebrate. Alarmed by the autocrat’s popularity, the educated elite conspire to bring him down. After his assassination, civil war erupts on the streets of the capital.



Nicholas Hytner’s production will thrust the audience into the street party that greets Caesar’s return, the congress that witnesses his murder, the rally that assembles for his funeral and the chaos that explodes in its wake.

Shakespeare’s **Julius Caesar** was directed by Nicholas Hytner. The cast includes Ben Whishaw (The Danish Girl, Skyfall, Hamlet) and Michelle Fairley (Fortitude, Game of Thrones) play Brutus and Cassius, David Calder (The Lost City of Z, The Hatton Garden Job) plays Caesar and David Morrissey (The Missing, Hangmen, The Walking Dead) is Mark Antony. Broadcast live from The Bridge Theatre, London.

ADVISORY: Please note that Julius Caesar will contain strobe lighting.

**UNEDA PIZZA**  
at the Point Arena Cove  
790 Port Street, Pt. Arena 95468  
• open every day but Tuesday •  
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*The remarkable thing about Shakespeare is that he really is very good, in spite of all the people who say he is very good.*  
  
*Robert Graves (1895 - 1985)*

Save The Date: September 1  
Dance Party At Arena Theater

Arena Theater stars Septdember off right with a Labor Day Dance Party feating themusic of Buck-Thrifty. There’ll be Sassy Swing, Funk and Blues all served up hot & saucy. Kickin up a cocktail of the uniquely infused flavors of Folky-Punky-Bluesy-Swing, this raggedy crew of streetwise fashionistas is ready to serve up some seriously poppin’ grooves.

With a mobile musical menagerie of two to ten players and an enigmatic style that commands any crowd, Buck-Thrifty knows no limits in perusing the progression (or dare we say, regression?) of the Pacific Northwest’s festival of folk fusions. So what do we mean by all that? Simply that we promise to supply saucy sounds that set your boots to stompin’ and your booty to shakin’. As we said, save the date. Saturday, September 1. Doors open at 7:00pm, Music starts at 8:00pm. More information at [www.arenatheater.org](http://www.arenatheater.org).

“Ridgetop Equestrian Estate”  
Superlatives will not suffice for the property of your dreams! 29.82 level acres, two homes, private lake with dock, meadows, orchard, large workshop w/studio & apartment, spa center w/hot tub & sauna, barns, greenhouse, dressage ring, stables plus extensive gardening area. Add top of the ridge location, banana belt micro-climate, once and future ocean view: it approaches perfection! Two-bedroom, one bath main house has old growth redwood barnwood siding, wonderful cook’s kitchen w/office nook & breakfast bar, opening to dining area overlooking the lake. Step down into a spacious light-filled living room with hardwood floors, cozy wood burning stove; step out to the patio and onto the boat dock. Older second home needs TLC, greenhouse has full power and irrigation system, orchard is full of ripening fruit. Ideal for family compound. **Reduced: \$995,000**

**Banana Belt Properties**  
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## Get Out! August's Music, Poetry, Theater, Films, Art and Events

- Thursday 02: 5:30pm, "Moving Into Autumn - health from a Taoist perspective" at Gualala Arts
- Thursday 02: 6:00pm, Trivia Night with the Casuals at Garcia River Casino.
- Thursday 02: 7:00pm, Flynn Creek Circus returns to Pt. Arena.
- Friday 03: 5:00pm, Reception Debbie Hull/Emma Hurley, Coast Hwy Art Col. in Pt. Arena
- Friday 03: 7:00pm, Flynn Creek Circus returns to Pt. Arena. (this show adults 21+ only)
- Friday 03: 8:30pm, Ricky Montijo: Soul, Rock, Latin, and World Beats Garcia River Casino
- Saturday 04: 8:30am, Voter Registration at Pay 'n Take (Gualala Community Ctr), Gualala
- Saturday 04: 3:00pm, Flynn Creek Circus returns to Pt. Arena. 2nd performance at 7:00pm.
- Saturday 04: 4:00pm, Community Film "Get Into Your Sanctuary" at Arena Theater
- Sunday 05: 1:00pm, Flynn Creek Circus returns to Pt. Arena.
- Sunday 05: 4:00pm, Flynn Creek Circus returns to Pt. Arena.
- Monday 06: 7:00pm, ATFC "Sunset Boulevard" screening at Arena Theater
- Tuesday 07: 10:00am, National Lighthouse Day, at Point arena Lighthouse August 7.
- Tuesday 07: 7:00pm, Swing Dance Class and Dance at Arena Theater (and 14th, 21st, 28th)
- Saturday 11: 5:00pm, Opening reception at Dolphin Gallery
- Saturday 11: 8:30pm, Arena Theater presents Bluesman Anthony Gomes
- Sunday 12: 1:00pm, Exhibition On Screen film "Matisse" at Arena Theater
- Monday 13: 7:00pm, ATFC "Volver" screening at Arena Theater
- Thursday 16: 6:00pm, Art In The Redwoods "Hats Off Dinner" at Gualala Arts
- Thursday 16: 7:30pm, Third Thursday Poetry with Terri Ehret at 215 Main in Pt. Arena.
- Friday 17: 4:00pm, Art In The Redwoods Champagne Preview at Gualala Arts
- Saturday 18: 8:30am, Voter Registration at Pay 'n Take (Gualala Community Ctr), Gualala
- Saturday 18: 10:00am, Art In The Redwoods Fine Art Festival at Gualala Arts
- Saturday 18: 1:00pm, National Theatre Live "Julius Caesar" at Arena Theater
- Sunday 19: 10:00am, Art In The Redwoods Fine Art Festival at Gualala Arts
- Sunday 19: 10:00am, Adam Arenson talks about Millard Sheets at Gualala Arts
- Sunday 19: 2:00pm, Baku performs at Gualala Arts.
- Friday 24: 8:30pm, Waylon & The Wildcats at Garcia River Casino.
- Saturday 25: 10:00am, Studio Discovery Tour, at coastal galleries and studios.
- Saturday 25: 12:00pm, Great Day In Elk with Parade, BBQ, live music. Downtown Elk
- Saturday 25: 5:00pm, Jeanne Jackson talks sightings at Pt. Arena Lighthouse.
- Saturday 25: 7:00pm, Will Durst comedy concert at Arena Theater
- Saturday 25: 7:30pm, Moonlit tours at Pt. Arena Lighthouse for the Sturgeon Moon.
- Sunday 26: 10:00am, Studio Discover Tour, at coastal galleries and studios.
- Monday 27: 7:00pm, ATFC "A Perfect Day" screening at Arena Theater
- Monday 27: 7:30pm, Moonlit tours at Pt. Arena Lighthouse for the Sturgeon Moon.

## AFRICA ON THE MENDOCINO COAST

### B. Bryan Preserve in Pt. Arena

is a 110-acre conservation center dedicated to the breeding and preservation of African hoof stock. Not a zoo, but a private preserve housing endangered majestic African animals in large open fields.

Visits available at 9:30am and 4:00pm by reservation only. Stay with us in the comfort and style of one of our eco-friendly cottages.  
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