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# Lighthouse Peddler

Issue #178

August 2016

(707) 684-1894

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## Myth Busting On The Mendonoma Coast Stories and Storytelling • August 14 in Gualala

Stories and Story telling are essential to any life well lived. We all need stories to make sense of a world overflowing with data and information but too often lacking in meaning. Shared stories perform alchemy with people, turning diversity and separation into a uniting community of shared understanding. Stories wrap around our lives, inform them, guide them and sometimes even mislead them.

Our Mendonoma community's rich, true stories are equally matched by our surprising, reality distorting myths. The first three years of the SPARX annual storytelling festivals were devoted to sharing the awe inspiring true stories that have shaped our coastal world. This year's storytelling event on Sunday, August 14 at Dragon's Breath Theatre (2:00 to 5:00) is dedicated to Myth Busting, revealing the sto-

ries that are not so true... myths and misunderstandings that are equally powerful in shaping, sometimes distorting, our understanding of life here on this amazing coast.

### MYTH BUSTING

AND DISCOVERING NEW REALTIES

SUNDAY, AUGUST 14, 2016 2-5PM



Envision a beautiful Sunday, August 14th afternoon. You and your friends enter a large 300 person in-the-redwoods Amphitheatre encircled by two fire breathing Dragons, a totem pole, a large serene stone Buddha face, multiple brightly colored flags and banners blowing in the breeze and a fat laughing Ho Tai statue near the main stage...there to remind us that good things come to happy, joyful people.

As you join other people in setting up chairs and blankets near the stage, you smell the wonderful aroma of delicious food, coming from the BBQ grill of Barbara and Alfredo,

*cont'd on page 4*

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# FROM THE EDITOR'S DESK

With a jam-packed July behind us, there are even more activities in August.

**Myth Busting** is front and center at the 2016 SPARX, at Dragon's Breath Theater in Gualala. (Cover page, and Page 4).

**Discover the Coast** is a multi-faceted event set for various locations (map included). (Page 3)

This month's **crossword puzzle solution** (not that you need it.) (Page 3.)

Laughs are in store for all with the return of the **Bay Area Comedy Invasion** August 13 at Arena Theater. (Page 4).

**Art In The Redwoods** shows all of us the importance and pleasure of art in our midst, August 11-14 at Gualala Arts. (Page 5.)

Star Gazing? August's **New Moon/Full Moon information** is here. (Page 5.)

Local poet Molly Boynoff is the headliner August 18 at **Third Thursday Poetry** in Point Arena at 215 Main. (Page 6.)

**Flynn Creek Circus** returns to the South Coast for four days, August 4-7 in Point Arena. (Page 6.)

Contributor **Karin Uphoff** suggests we jump in the ocean, for our overall health. Sounds good to us. This month's **Words on Wellness**. (Page 7.)

The August **Sudoku** puzzle is here to challenge you. (Page 7.)

Arena Theater **Film Club** offers 4 films in August. See one, see them all. (Page 8.)

An investigation into **coastal shipwrecks and archaeological sites** is set for early August along the Sonoma Coast. (Page 9.)

The Peddler's **David Steffen** thinks about the human *race* with "The Roaring Current of Change". (Page 10.)

**Joel Crockett** reviews Michael Klassen's book *Hippie, Inc.* (Page 11.)

This month's **Sudoku puzzle solution** is here (to confirm your solution). (Page 11.)

New contributor (but veteran writer) **Mark Gross** tackles a lot in "**The Tragedies That Are Not Ours**". (Page 12.)

Back from the 11,000 mile journey, **Mitch McFarland** turns to politics for the August **Scuttlebutt**. (Page 13.)

**News and Notes from the Peddler In Box** catches us up with some late breaking items. (Page 13.)

Like good food and wine? Like concerts and movies? Combine your passions at a **fundraiser for Arena Theater** August 23. (Page 14).

Local writer **Marghi Hagen** brings a fresh perspective to acceptance of Hillary Clinton as the Democratic Party's nominee. (Page 14).

A new **crossword puzzle** is here to challenge, entertain, or frustrate you. (Page 15.)

Our thanks to contributors Dan Beam, Mark Gross, Marghi Hagen, Claire McCarthy, Mitch McFarland, Blake More, and Karin Uphoff.

Note: The Peddler website continues to be under construction but it works well enough for you to find the most recent issues there: [www.thelighthousepeddler.com](http://www.thelighthousepeddler.com). We continue to work on it and hope that our entire archives will be there by the time we deliver the September 2016 issue. Sorry for the inconvenience. Please note: this is a NEW web address (you need "the" and the domain is a "com").

# ADVERTISERS INDEX

215 Main	5, 6	KTDE	12
Action Network	8	KZYX	15
Anchor Bay Store	6	Little Green Bean	7
Arena Frame	12	Mar Vista	10
Arena Pharmacy	7	MendoNoma Moments	9
Arena Market and Cafe	3	MTA	14
Arena Tech Center	13	Office Source	11
Arena Theater	4	Outback Garden and Feed	back cover
B Bryan Preserve	9	Oz Farm	7
Banana Belt Properties	cover	Peter McCann P.T.	7
Bed and Bone	5	Phillips Insurance	11
Cove Coffee	15	Pier Chowder House	5
Denise Green	10	Pizzas & Cream	12
Dream Catcher Interiors	5	Point Arena Light Station	13
Four-Eyed Frog Bookstore	8	Red Stella	3
Garcia River Casino	8	Redwood Coast Chamber of Commerce	13
Grant's Glass Werks	9	Redwood Credit Union	16
Green Room, The	7	Rollerville Café	2
Gualala Arts	6	Roots	3
Gualala Bldg. Supply	4	Sea Trader	4
Gualala Supermarket	11	The Loft	4
Healing Arts and Massage	7	Transformational Bodywork	5
Ibis	4	UnedaEat	8
Ignacio Health Insurance Services	12	Wellness on the Coast	3
Jasper Brady	10	Zen House Motorcycles	2
KGUA	10	Village Bootery	6

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Issue #178 August 2016

# Lighthouse Peddler

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David Steffen: Contributing Editor

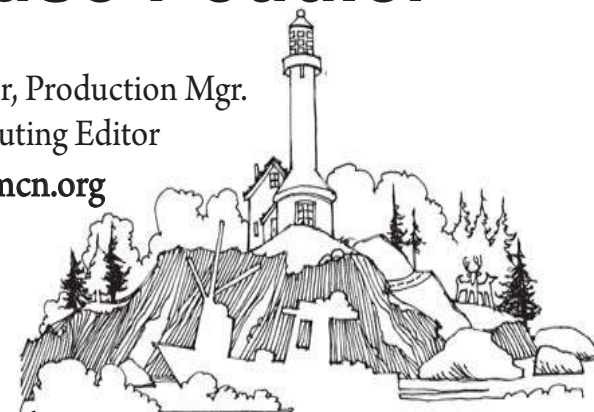
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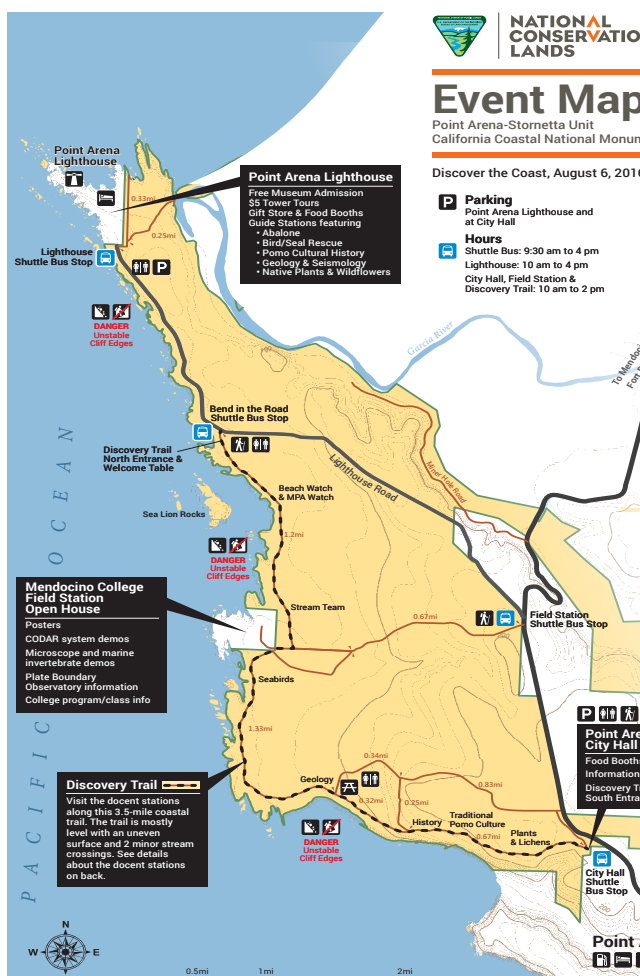
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**Discover The Coast:  
An Invitation To Explore • Saturday August 6**

Local residents and visitors are invited to "Discover the Coast" as they explore the Point Arena-Stornetta Unit of the California Coastal National Monument and Point Arena Lighthouse on Saturday, August 6. The event is a joint effort by the Friends of Point Arena-Stornetta Lands, the Point Arena Lighthouse and the Bureau of Land Management.

The day will feature experiences and information designed to acquaint participants with the 1,665-acre, on-shore portion of the monument, added by Presidential Proclamation in 2014 following a huge outpouring of community support. At 6:00pm, the Friends and Isaac Rios, Tribal Cultural Steward of the Manchester Band of Pomo Indians, will present a screening of the award-winning documentary "Dancing Salmon Home" at the Coast Community Library. Beginning at 10:00am, the 3.5 mile Discovery Trail, running from Point Arena City Hall to the Bend in the Road on Lighthouse Road, will offer docent stations and roving docents along the way. Both locations will be served by a free shuttle, which also extends to the Point Arena Lighthouse, to allow for walks of the trail.



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the Point at their own pace, and learn more about local flora, fauna and culture at six Guide Stations. Clam Chowder, brownies and strawberry shortcake will be available for purchase.

Free parking is available at City Hall and the Lighthouse. Shuttles run from 9:30am to 4:00pm. The Field Station, City Hall and Discovery Trail are open from 10:00am to 2:00pm. Lighthouse hours are 10:00am to 4:00pm. "Dancing Salmon Home" will be shown at 6:00pm at the Coast Community Library, 225 Main Street, Point Arena.

Brochures with detailed information and maps are available at the Redwood Coast Visitor's Center and Point Arena Lighthouse. Information is at pointarenastornetta.org, and the Lighthouse at (707) 882-2809 or the Bureau of Land Management at (707) 468-4000.

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**Solution to Crossword:**



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George Miller

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## Arena Theater Offers To Put a Smile on Your Face! Bay Area Comedy Invasion Arrives August 13

It sometimes feels as if we live in times that are all about being serious, and in an election year (as we saw from the recent convention in Cleveland) that it's easy to get your fill of doom and gloom. However, if only for one night, there's something to change your mood. The Bay Area Comedy Invasion returns Saturday August 13th for one night of comedy at Arena Theater. We know from past experience that the Bay-area comedians bring a fresh perspective for all of us, and they enjoy the opportunity to perform for a Mendonoma audience. Host Ash Fisher will present three incredible acts: Stroy Moyd, Eric Cash, and Iris Benson.

Headliner Stroy Moyd is a 28-year-old comedian from Oakland, California who's opened for the likes of Dave Chappelle, Tracy Morgan, the Wayans Brothers, and Hannibal Burrell. He is a three time winner of the Fresh Faces Comedy Competition at the Laugh Factory in Hollywood, CA and has performed at the SF SketchFest as well as numerous comedy festivals around the country. He's also appeared on Viceland, CNN, and Comedy Central's 'Up Next' showcase. Stroy runs an independent comedy production company called #HellaFunny where he and fellow comedy comrades produce live comedy shows around the Bay Area.

Consistently given the compliment "You're amazing, and that means a lot coming from me, because I usually HATE comedy," Eric Cash is an underground legend on three continents who led a punk rock circus over five U.S. tours. An international street



performer, for over a decade, he was lauded as not only an innovator, but also exceedingly brave, and was once referred to as "the Bill Hicks of street performance." He's spent the last eight years as a stand up powerhouse. Called the rock and roll comedian for the nerd set, equal parts Johnny Rotten and H.P. Lovecraft, he may well be the most creative, self-defeating purveyor of verbal imagery you've never heard of.

Iris Benson is a comedian because no other profession will have her and that includes drug dealing and prostitution. Since her comedy debut in 2011 she's garnered such praise as "bleak and honest," "pleasantly dark," and "wonderfully weird" and "pretty good for a woman" by no one worth mentioning. Comic and author Steve Mix says, "Warn your children about Iris Benson...before it is too late." Iris has performed all over the United States, making appearances at Comedy Festivals here and in Canada.

Host Ash Fisher is a comedian, actor and writer. She is not a comedienne, an actress or a writeress. She co-produces and hosts the popular monthly comedy show "Man Haters" at the White Horse in Oakland and writes for Wear Your Voice Mag. She was the 2012 Newcomer Runner-Up in the Ladies of Laughter Contest at Gotham Comedy Club in NYC, co-produced the 2014 Hella Gay Comedy Festival and performed at the San Francisco Sketchfest 2016.

Get out from under the election nonsense and treat yourself to an evening of humor . . . of all sorts! Saturday, August 13 at 8:00pm (doors open at 7:30pm).

*SPARX from cover page*  
(Owners of Anchor Bay Store) at their grilling outpost overlooking the Amphitheatre. You make a mental note to get a plate at the first of two intermissions. In the meantime you share refreshments and connection with friends from the community.

It is now 2:00 and the Storytelling stage comes to life. You find that the first storytellers on stage are sharing myths that surround Cannabis, its growing and its impact on the community. When they finish their stories, people throughout the grounds are invited to discuss their perspectives on the Cannabis stories with their fellow SPARX guests.

This pattern of stories-intermission-discussions is repeated in two more Myth

Themes...Myths of our Natural Resources and Myths of "Making It" (a life and livelihood on the Coast).

The storytelling ends at 5:00 pm and your friends, with whom you enjoyed a thoroughly relaxing Sunday afternoon in the redwoods, thank you for inviting them to the SPARX Festival. You and several new friends you have met stick around after the show to enjoy the food and drink, make connections with people you haven't seen for while, and talk about the stories you want to share on-stage next year.

SPARX...another reason you are glad you live here.

(Details on this year's event are at [sparxstories.com](http://sparxstories.com))



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Big River Oracle  
instructs me  
That no pond is an island.  
Isolated liquid  
Water will eventually escape  
one way  
or  
another.  
Time and tide shift sands  
where your footprints are missing.  
Abandonment of solitary confinement  
furthers one's flow back to the source.

---  
Today the Oracle shouted  
from its wide-open rivermouth  
Something garbled and gurgling  
of sand-sheering succession.  
A self-assured susurraton  
That this, too, is already in the process of  
passing  
and the waters are one once again.

- Molly Bounoff



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New Moon



August 2

Full Moon



August 18

## Art In The Redwoods is Back for its 55th Year.

### Gualala Arts Center, August 11-14

It's August and what's bigger than Art In The Redwoods? . . . . . Time's up. Artists, art lovers, supporters of Gualala Arts, visitors to the area all agree. When summer is hitting its peak, the Art in the Redwoods Festival returns to Gualala Arts Center. This is the 55th annual event.

What began among the redwoods on Gualala ridge in 1961 has grown to a weekend attraction for thousands. This popular weekend event features art from near and far along with free entertainment and artists booths.

The heart of the festival is the Exhibit of Fine Art throughout the building, including oil paintings, acrylics, watercolors, pastels, drawings, photographs, sculpture, woodworking, stained and fused glass, jewelry and fiber arts – most of them for sale. And it's not just about enthusiasm. There is also a wealth of recognition as award-winning artwork is selected by the Fine Art Exhibit judges. (Happily for those unable to attend the festival, these works will remain on display through Sunday, September 4. The Gualala Arts Center is open weekdays from 10am to 4pm and on weekends from noon to 4pm. Admission is free.

Additional events include the Hats Off Dinner—Thursday, August 11—a special evening of fine food, wine and art and is the opening event of the annual Festival. The Art Center is closed during the the first part of August to prepare the building, take in and hang the art; the Arts Center opens its

doors to the public for the first time to the Top Hat Dinner guests, who will be the first people to view the fine art exhibit. (Hats Off Dinner celebrants will get a sneak peek preview of the Fine Art Exhibit and have the opportunity to purchase art before it is judged, and receive VIP Festival Passes that will admit them to the Friday Champagne Preview August 12, and the Festival itself.) Tickets to the Hats Off Dinner are by reservation only, and are \$150 per person which includes a \$100 donation and VIP Festival passes to the Champagne Preview on Friday, August 12, and the Festival itself on Saturday August 13 or Sunday August 14. Reservations can be made by visiting the Gualala Arts Center or calling (707) 884-1138 and are recommended as it usually sells out.



Friday's Champagne Preview is from 4pm to 7pm (admission \$10). Champagne will be served until 6pm when the judges' award presentation and critique begins; and outdoor artist booths will be open for a sneak preview from 4-6pm. The Fine Art exhibit sneak preview is from 4:30-7pm. Award presentations and judge's critique will take place Friday at 6pm in the outdoor amphitheater. Artists should be present to receive awards but are not required.

The Festival is open to the public Saturday from 10am to 5pm and Sunday from 10am to 4pm for the indoor fine art exhibition and outdoor festival activities. Admission is \$6.00 for adults, and youth 17 and under are free. Live music and dance will be presented on the auditorium stage, in the outdoor amphitheater and by strolling musicians throughout the festival weekend – most of it performed by local musicians and dancers. The grounds will be filled to the brim with vendor booths offering a host of items including jewelry, ceramics, wood, tiles, weavings, specialized apparel, leather goods, photographs, textiles and artwork. Take time to enjoy the fabulous selection of food and drink booths, including fresh baked pizza from their outdoor brick pizza oven located in the picnic area next to the bandstand! Gualala Arts Culinary Group offers a great grill, salads and soups. Beer and wine are available for purchase. Your sweet tooth will have lots of choices between home-made cakes, cookies and a great ice cream bar.

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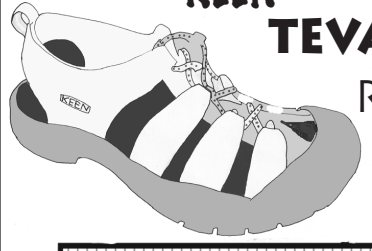
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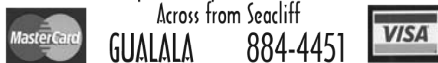


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Skeptical scrutiny is the means, in both science and religion, by which deep insights can be winnowed from deep nonsense.

Carl Sagan

## Local Poet Molly Boynoff At Third Thursday Poetry At 215 Main in Point Arena August 18

By Blake More

On Thursday, August 18, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Fort Bragg poet Molly Boynoff. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz. Molly was born and raised into indentured servitude at a child enslavement facility aka the Elk Cove Inn, in Elk, CA. She had more chores than most kids, but she enjoyed growing up with the Elk beach for a front yard. Always an imaginative child, some of her first flights of written fancy and tatters of poetry were penned (quite literally) while hiding with the goat in his goat house. Invariably, her early efforts at literary genius would be interrupted by an infuriating yodeling and hollering, "MOOOOLLY, COME WASH THE DISHES!" Her hiding place was eventually found out, and they would come lead her, screeching and whining, back to the kitchen and set her up on a stepstool so she could reach into the three compartment sink with her little arms.

She quit the dishwashing scene for a while when she lived in the dorms at Colorado State University, triple majoring in three unrelated fields, none of which she pursues professionally today. Upon graduation, she joined the Peace Corps, serving in the Dominican Republic as a Community Sustainable Agriculture volunteer. She

was back to washing dishes . . . this time in a bucket of cold water on her porch, fending off thirsty goats roaming through her yard. After returning from the Peace Corps, Molly worked in capitalism at a bank for a pair of unrewarding years, and then decided to, on a whimsical invitation, move to China. She lived and worked for a year at a private boarding school in Xiamen, Fujian province, where she taught English grammar, semantics, and creative writing-- no dishwashing required. She forced her highschoolers to write poetry in English, which caused a lot of moaning but resulted in beautiful work.

The years since moving back to her beloved Mendocino Coast have been a blur, culminating quite joyfully into her present day. She works tutoring kids in math, reading, and language arts, (or anything they want to learn), putting her broad education to satisfying use. She occupies herself with gardening, wildcrafting, and taking ceramics and creative writing courses at the Mendocino College (during the latter, she is authoring a tell-too-much memoir on a scandalous love affair). Ah yes, and inevitably... washing the dirty dishes amassing in her sink. Luckily, her loving husband does more than his fair share. (A sample of Molly's poetry is found on page 4.)

*Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.*

## Flynn Creek Circus Returns To Point Arena Six performances Thursday through Sunday, August 4 - 7

Attending a performance of Flynn Creek Circus is a habit worth getting into. This family-friendly circus is unusual in that there are no animals. The performers are all human, and they bring the idea of the circus to a fabulous reality in 2016.

The show includes acrobats, aerialists, and stunning daredevils, all of whom unite to bring a show that is not a throwback to circuses we may remember from our youth, but instead leaves us gasping to catch our breath with each

twist, turn, leap, swing, throw, and catch.

A talented ensemble that tours the world from a base in Mendocino County, and promises to exceed expectations in this all human spectacle. It is at once surprisingly contemporary and charmingly nostalgic. Flynn Creek Circus brings a top quality, International cast to their vintage big top tent.

It's packed with laughs, drama and truly jaw dropping skill, and to say agin, it's for all ages. The performers will dazzle those young and



©Nicole Messer

**Gualala Arts**  
SINCE 1961  
707.884.1138  
GualalaArts.org  
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old, and it provides a unique opportunity to enjoy a family outing that doesn't involve a TV, computer, or an iPhone, and yet, promises to inspire! Get off the grid, at least for a performance.

Show times in Point Arena are at 7:00pm on Thursday and Friday, August 4 and 5. Two shows on Saturday August 6 at 4:00pm and 7:00pm. and two shows Sunday, August 7 at 1:00pm and 4:00pm. Doors open 1 hour before each show! Seating is general admission, and tickets are \$12 to \$50. Children tickets are from ages 3-13. Children 2 years and under are free. Seniors discounts are for 65 years and older. VIP front row seating includes free souvenir program, lemonade and popcorn. And, to reiterate, this show does not feature any animal acts. With humans this talented, who needs lions, and tigers, and bears (oh my). Flynn Creek Circus is plenty-wild without them.



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## Words On Wellness

by Karin Uphoff

Once August rolls around, the Northern Pacific ocean is about as warm as it's going to get for swimming. Whether you only step into it or take the plunge, it offers us good medicine. Alternate hot and cold water therapy is one of the most powerful tools in



natural healing, used by ancient Egyptians, Greeks and Romans. It was almost forgotten until various publications and practices of it re-emerged in the early 1700's England, yet it wasn't until 1829 that hydrotherapy came into public popularity for acute and chronic illness. Part of the cure was to promote blood circulation with hot and cold baths, ice scrubs, or hot and cold packs to areas of the body that were injured or showed the signs of stagnant blood. Blood stagnation occurs when blood is not circulating through the tissues, arteries, capillaries and veins at optimum rate for the health of organs, muscles and proper detoxification.

Blood is our river of life, transporting oxygen, nutrients, immune cells, hormones, enzymes and everything else needed to repair and thrive. Chronic disease usually starts where blood and lymph flow is most slug-

gish in the body. Blood stagnation can show up as lower backache, unresolved injuries, arthritis, lymph swellings, edema, endometriosis or areas of the body that are chronically cold or numb. Those lucky to be living on or visiting the north coast have the per-

fect Pacific cold plunge opportunity! Swimming without a wetsuit or even wading into these waters knee deep for at least 5-10 minutes will force fluids and wastes from your extremities towards your core where they can be replenished and

wastes eliminated. When you get out, the warmer air (i.e. the incredible temperature difference!) or a hot shower will rush circulation back into those areas sending freshly oxygenated blood and nutrients. For best results you want to submerge the area of concern, for instance if it is your lower back - wade in up to your rib-line. Cold rivers, alternate ice and heat packs and hot and cold showers all work as well - the colder the better just be sure to end warm and never go beyond what feels safe for you. You may have to cajole yourself to accept the cold at first, but there is nothing more enlivening and amazing once you've done it!



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## SUDOKU

Edited by Margie E. Burke

Difficulty : Easy

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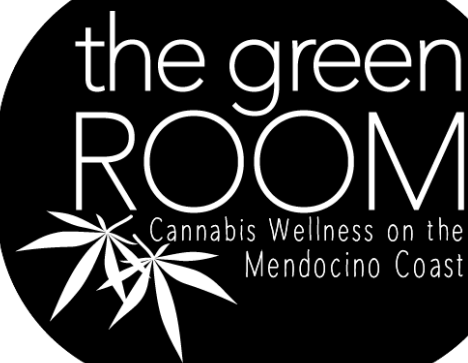
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(Answer appears elsewhere in this issue)

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## Four Films From Arena Theater Film Club in August: Meet Veronique, Chester, Abby, and Chris.

The Arena Theater Film Club has been busy, which is obvious once you see the films scheduled for August. On Monday, August 1, the club presents *The Double Life of Veronique*, Krzysztof Kieslowski's 1991 breakthrough film. It's a ravishing, mysterious rumination on identity, love, and human intuition. Irène Jacob is incandescent as both Weronika, a Polish choir soprano, and her double, Veronique, a French music teacher. Though unknown to each other, the two women share an enigmatic, emotional bond, which Kieslowski details in gorgeous reflections, colors, and movements. Aided by Slawomir Idziak's shimmering cinematography and Zbigniew Preisner's haunting, operatic score, Kieslowski creates one of cinema's most purely metaphysical works. *The Double Life of Veronique* is an unforgettable symphony of feeling. The film is Rated R for scenes of sexuality. Running time is 98 minutes.



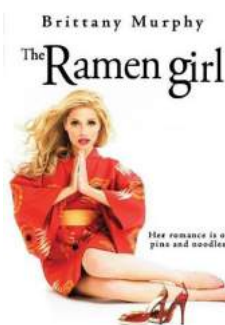
A week later it's one of the American cinema's all-time great performers, James Cagney, in the 1933 film *Footlight Parade*. Cagney channels Busby Berkeley (who



choreographed the stunning, kaleidoscopic dance routines) as a Broadway director who comes up with a scheme to break into movies through, well, stunning, kaleidoscopic dance routines. (Cagney even does some hoofing of his own.) Joan Blondell, Ruby Keeler and Dick Powell co-star in this musical extravaganza that includes such vintage songs as "Honeymoon Hotel," "Shanghai Lil" and "By a Waterfall." The screening is Monday, August 8, 7:00pm.

It's no surprise that the Film Club takes another unexpected turn with the selection of *The Ramen Girl*, scheduled for Monday, August 22. The 2008 film, directed by Robert Allan Blanchard stars the late Brittany Murphy. (Murphy died a year after the film was completed.) The film focuses on "Abby" (Murphy), an "American slacker". She's abandoned by her boyfriend in Tokyo yet finds her calling in an unlikely place: a local ramen house run by a tyrannical chef who doesn't speak a word of English. Undaunted by the chef's raging crankiness, Abby convinces him to teach her the art of ramen preparation . . .

and despite hilarious clashes of culture and personality, she learns how to put passion and spirit into her life as well as her cooking. Rated PG-13. The running time is 102 minutes.



The month's final offering is from director Terence Davies. *Sunset Song* is an intimate epic of hope, tragedy and love at the dawning of the Great War. It is a young woman's endurance against the hardships of rural Scottish life. The story is based on the novel by Lewis Grassic Gibbon, told with gritty poetic realism by Britain's greatest living auteur. The film takes place during the early years of the twentieth century, with the conflicts and choices a young woman experiences reflecting the struggle between tradition and change; a struggle that continues to resonate today.

Set in a rural community, *Sunset Song* is driven by the young heroine Chris and her



intense passion for life, for the unsettling Ewan and for the unforgiving land. WWI reaches out from afar, bringing the modern world to bear on the community in the harshest possible way, yet in a final moment of grace, Chris endures, now a woman of remarkable strength who is able to draw from the ancient land in looking to the future. *Sunset Song* is at once epic in emotional scale and deeply romantic at its core, given power by its unflinching poetic realism. 2015. Rated R for sexuality, nudity and some violence. 135 minutes. The cast includes Peter Mullan, Agyness Deyn, Mark Bonnar.

*Arena Theater Film Club is a membership-based group of cinema fans that meets three Mondays per month at Arena Theater in Point Arena, California. The Arena Theater, built in 1929, and beautifully restored in 1997. It has a first-class sound system and modern digital cinema projection. The concession stand features organic popcorn with real butter. The theater is owned by the Arena Theater Association, a 501(c)(3) nonprofit.*

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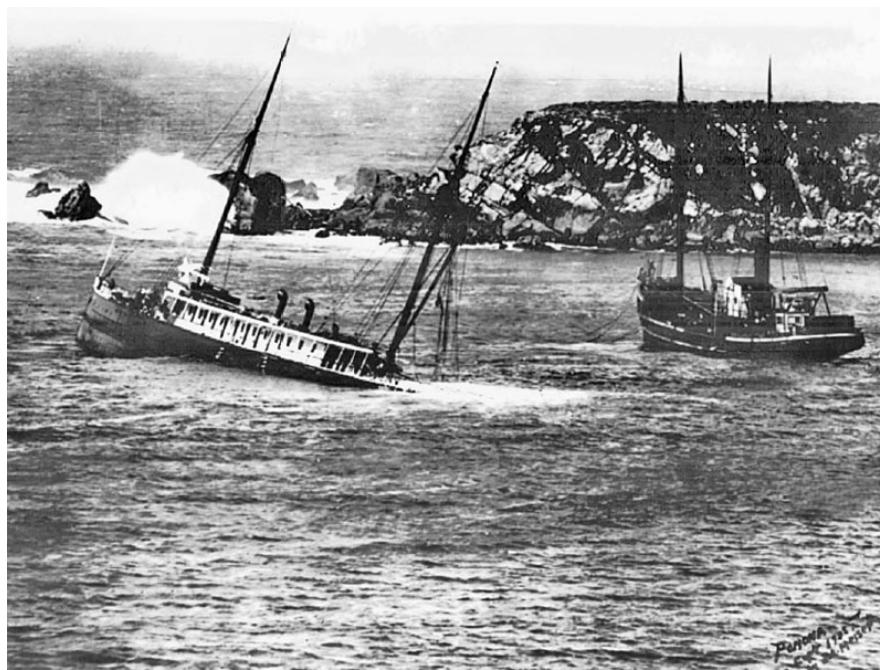
## Groups Set To Investigate Coastal Shipwrecks and Sites August 1 - 9

NOAA Greater Farallones National Marine Sanctuary and California State Parks will investigate historic shipwrecks and archaeological sites from the 19th and 20th century Sonoma Coast lumber industry. A presentation is scheduled for Tuesday, August 2 from 10:00am to Noon with experts presenting on the bluff overlook. Operations can be viewed during all daylight hours. For visitors, the coastal drive to Fort Ross State Historic Park—south from Gualala or north from Jenner—will only add to the experience. (Leaving early? Get a coffee along the way from Two Fish Bakery in Stewart's Point, or Aquatica in Jenner.)

Expert presenters from NOAA, the state, and the area conservancy include James Delgado, Ph.D., Director, NOAA Office of National Marine Sanctuaries Maritime Heritage Program, Richard Fitzgerald/CSP, Director of State Archaeological Collections Research Facility, Breck Parkman/CSP Senior State Archaeologist, Sonoma-Mendocino Coast District, and other experts in the area's history and archaeology, and Farallones and Ft. Ross Conservancy staff.

The effort is part of an investigation scheduled for August 1 - 9, looking into shipwrecks and Sonoma County "doghole port" archaeological sites associated with northern California's Redwood Coast lumber trade. Team members will use scuba and more traditional land survey techniques to document remnants of underwater infrastructure and on-shore lumber loading facilities.

The Redwood Coast landscape is dotted with evidence of how the lumber trade adapted to the rugged marine environment allowing the business to flourish from the mid-19th century into the 20th century. The rugged coast had few roads and no long distance railroads, so the most cost effective way to move the lumber was by sea. Lumbering operations established sawmills along the shoreline at the few places where it was possible to temporarily anchor a vessel. These "doghole ports," so named because they were so small and exposed that mariners joked they were barely large enough for a dog to turn around, became centers of economic activity. Enterprising lumbermen rigged a network of chutes and cables extending from the bluffs down into small coves allowing lumber to be transferred from shore to a waiting vessel. Fort Ross State Historical Park is at 19005 Coast Hwy, Jenner, CA 95450. You can visit the website to help plan the drive or get more information: <http://www.fortross.org/info.htm>.



While a Land Team works the terrestrial and intertidal zone ruins of the "doghole port" at Fort Ross, a team of divers from the NOAA vessel R/V Fulmar will dive on the steamship wreck Pomona and shoener J. Eppinger. Dive operations can be photographed from shore using a telephoto lens. Experts will be on the bluff-side to talk about the operations and history of the site.

## No Excuses: Jazz For Your Taking In August

There is so much going on at Gualala Arts this month that it's almost difficult to choose (assuming you must choose). On Sunday, August 14th in the outdoor Amphitheater at Gualala Arts Center, BAKU, the popular Mendonoma music ensemble, will once again be showcasing their distinctive and captivating improvised sounds capping off the Grand Finale of the two day 2016 Art in the Redwoods Annual Festival as part of the event's AIR venue.

BAKU is an exciting, organic, and dynamic group of musicians providing visitors and locals on the Mendocino Coast with a taste of music often found only in cities like San Francisco. Comprised of members Harrison Goldberg, saxophones and percussion, Chris Doering, 7-string guitar and guitar synthesizer, Tim Mueller, guitar and guitar synthesizer, David French, upright bass and percussion and Nancy Feehan on cajon and percussion will make you believe. Don't drive to the Golden Gate Bridge and into the city. Stay here and hear Baku.

BAKU's self-described style is "dedicated to the art of spontaneous composition, combining contemplative, ambient structures and melodies with a strong yet relaxing rhythmic pulse. "Jambiant Soundscapes," their self-styled musical hybrid, is a fusion of jazz, Afro beat, Middle Eastern, and other world influences and rhythms." That's a lot. But not too much.

Enjoy Baku as they become memorable musical conclusion to the wonderful event known as Art In The Redwoods. In the outdoor amphitheater at Gualala Arts August 14th.

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# The Roaring Current of Change

by David Steffen



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Working with successful musicians for three decades, I learned a great deal about the changing nature of music and technology. For instance, when I began marketing music, I entered a record industry that was dominated by the LP vinyl record. By the time I began teaching grad students in 1998, the music industry was in another transition: CDs to digital downloads.

One of my lectures at New York University focused on technological change, how to recognize change, and then adapt, adopt, or ignore it. Between the start of the recording industry (1889) and 1950, consumers had two choices: cylinders (through the 1920s) and discs; the latter became those heavy 78-rpm records our parents or grandparents owned. In post WWII America, the pace of change began to accelerate. During the next 50 years the recording industry went from mono to stereo to multi-track, and consumers had more than 20 choices including vinyl singles and albums, a variety of tape formats, then DATs, CDs, DVDs, and MP3s.

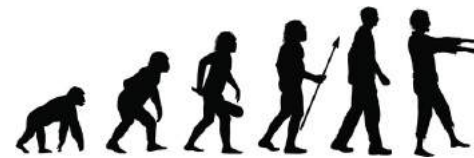
I recall attending a lecture in the 1970s where I first heard of Alvin Toffler. Toffler, (who died June 27th,) in his 1970 book *Future Shock* picked up a cue from economist and futurist Kenneth Boulding, and put forth the idea of the accelerated rate of change in society, and its impact on the human race. Although written half a century ago (and mindful of we who travel at a slower intellectual speed than Toffler or Boulding,) I present his illustration. Toffler wrote that the Twentieth Century

*"... represents The Great Median Strip running down the center of human history. Thus [Boulding] asserts, 'The world of today . . . is as different from the world in which I was born as that world was from Julius Caesar's. I was born in the middle of human history. To date, roughly, almost as much has happened since I was born as happened before.'*

*This startling statement can be illustrated in a number of ways. It has been observed, for example, that if the last 50,000 years of man's existence were divided into lifetimes of approximately sixty-two years each, there have been about 800 such lifetimes. Of these 800, fully 650 were spent in caves. Only during the last seventy lifetimes has it been possible to communicate effectively from one lifetime to another—as writing made it possible to do. Only during the last six lifetimes did masses of men ever see a printed word. Only during the last four has it been possible to measure time with any precision. Only in the last two has anyone anywhere used an electric motor. And the overwhelming majority of all the material goods we use in daily life today have been developed*

*within the present, the 800th, lifetime."*

In the 1970s Gordon E. Moore put forth a theory that became an accepted axiom in the tech industry: *Moore's Law*. The shorthand version is this: "Computer processor speeds or overall processing power will double every two years." When we use a computer to search the internet, or to save a document, or to copy a data file, or to connect to a network, speed is almost everything. For those who remember the days of dialing up Prodigy, CompuServe, or AOL while using a 1200 baud modem, we learned to be patient. Then we upgraded to a 2400 baud modem and thought, "Holy



shit, this is soooo fast." It wasn't, but in relation to that 1200 baud modem it was almost Star Trekian. Now consider the 2400 baud modem compared with today's basic DSL broadband connection. Using DSL, a 20mb (megabyte) data file will download in about 9 minutes. With a 2400 Baud modem the file would download in 18 HOURS. Moore was proven correct, at least for the next thirty years.

News media, social media and online discussions have not been immune to the impact of speed. More and more people can find information, and find discussions in which to participate. In 1990 Michael Godwin developed *Godwin's Law of Nazi Analogies*: "As an online discussion grows longer, the probability of a comparison involving Nazis or Hitler approaches one." He makes the point that the Nazi/Hitler reference occurs regardless of the discussion's topic or scope. And ultimately the comparison shifts from an online discussion and goes mainstream. On December 8, 2015, the *New York Daily News*, not a fan of Donald Trump, ran a story by Shaun King titled "Donald Trump Has Gone Full Blown Nazi On Us". King's opening paragraph got right to the point: "As Donald Trump's lead in the polls continues to grow, so does his bigotry, sexism, xenophobia—so bad, in fact, that major media outlets have taken to comparing the billionaire blowhard to Adolf Hitler, another narcissist who managed to make millions of people feel increasingly unsafe." More people with access to a discussion doesn't necessarily assure a positive outcome.

In the 1960s, anti-drug efforts included the phrase "Speed Kills". It was used to warn

people about the abuse of methamphetamine hydrochloride, best known by one of its trade names, Methedrine, aka "Speed". Decades later safe driving advocates adopted the same phrase to encourage drivers to slow down: "Speed Kills". The message today is not as literal or as oblique as some might think. In theory, a fast internet requires less time for us to sit on our hands and wonder what we'll be reading when the page finally finishes loading. Today the pages load quickly, if not instantly. All of that increased internet speed provides the time to help reinforce one's core beliefs, since it's easier to quickly find people with whom one agrees. Far too many people enter an informed myopia. For example, observing the crowds adoring a self-aggrandizing ass like Donald Trump speaks volumes about how all of that increased internet speed helps many buy-into the snake-oil Trump is selling: xenophobia, religious bigotry, sexism, race-baiting, misogyny, birtherism, racial profiling, jingoism, and more. Google, Facebook, and other social nets develop algorithms in an attempt to "please" their users by giving them primarily (or only) information that they determine is "what they want to know".

Social media strategist John McElhenney put the echo-chamber like this: "We've heard it called many things: Confirmation bias. Influence bubble. Like-minded people flock together. Some interesting data is being pulled from the clouds to determine the linkage between us and our political views. And even more data is being organized and sold to allow businesses to sell you more products and services. Ad infinitum." Make no mistake. Politicians and political organizations are selling something and they hope you're buying.

Senator Ransom Stoddard, in the film *The Man Who Shot Liberty Valance*, comes clean to the local newspaper editor about the shooting of the outlaw Valance but the editor decides to not print the true story. Stoddard asks him, "You're not going to use the story, Mr. Scott?" to which the editor replies "No, sir. This is the West, sir. When the legend becomes fact, print the legend." Many people in this information age may get more information from more sources, but they tend to select or are guided to like-minded sources. Inevitably, rumors and lies become fact and truth, reinforced within a noisy echo chamber. It's all part of what Toffler called "the roaring current of change." And it's up to each of us to stop look and listen. We must get outside of our bubble, outside of our comfort zone, and engage.

# Hippie, Inc

## A Book Review by Joel Crockett, Four-Eyed Frog Books

It was a chance encounter. The guy had a cool little car, he parked next to me in a grocery parking lot and I expressed my admiration. His name was Michael Klassen (pictured, right) and after a most interesting conversation, he gave me a copy of his newly released, *Hippies, Inc.* — The misunderstood subculture that changed the way we live and generated billions of dollars in the process. If it weren't for that encounter, those 60's flower children would probably have remained forever in my fading memory as long-haired hippie freaks. I wouldn't have known the real story. I'd not be at all aware of the influence they created that touches me in some way or another almost every single day.

This is a business book. It's also a history book. It's a look through the eyes of a university marketing professor and business consultant at the stunning contributions made by the hippies. It's a fact-filled, event-filled, people-filled visit to a unique time and place. And it happened so recently that it's almost too soon to be nostalgic.

What do we, or at least I, remember about the hippies? I lived in Southern California at the time. Through various media I was aware of the Summer of Love, who wasn't? But by the time the hippies came into being in the mid-1960's, I was already a buttoned-down businessman, married father of two with a third not far off. I didn't pay much attention to the misfits, drop outs, irresponsible, non-contributive druggies up in "Frisco." Hippies were a passing fad, a hula hoop of culture with no lasting impact. Right? Well, *Hippies, Inc.* offers an entirely new, surprisingly appreciative

perspective.

Did you use any products or services today that were hippie influenced or generated? Do you shop in a store, eat in a restaurant that more than likely wouldn't exist were it not for the hippies? Chances are good the correct answer is "yes," to at least one or two of the questions.

Over a period of just 100 days, eight hundred or so talented people in San Francisco's Haight-Ashbury chose to do things differently. Their lifestyle choices and creative energies left a lasting impact not only on our culture, but on the economy of the United States. Even though money was secondary for most hippies, they created a continuing multi-billion-dollar legacy.

Natural teas, worn-looking jeans, artisan bread, tie-dyed fabrics, folk/rock concerts, yoga, salad as a meal, recycling — the growth of all of these and more was influenced or created by hippies.

Fred Rohe, a prolific hippie entrepreneur, founded America's first natural foods supermarket, café, wholesale company & distribution center, and trade association. Two adopters who were quick to jump on this hippie bandwagon were Whole Foods Market and Trader Joe's.

Hippies were spiritual. They embraced the essence of religion, all religion. With

help and encouragement from Cecil Williams at San Francisco's now famous Glide Memorial United Methodist Church, they introduced a new, unencumbered way to worship Jesus that has spread throughout our nation. Many hippies went on to become passionate "Jesus Freaks." They were searching for new ways of feeding the soul, of getting closer to God. They found those ways. They shared them.

What about drugs? While the use of hard drugs was minimal, hippies like many other "fringe" groups believed the government did not have the right to tell people what to do with their bodies.

In 1966, out of the Haight, came the very first public organization to advocate for the legalization of marijuana.

The other drug of choice was LSD. Its purpose was not necessarily to get high, though. It was a spiritual, mystical experience, a way to explore a higher consciousness. I might not be writing this review on a Macintosh had it not been for the hippie, LSD influenced co-founder of Apple Computer, Steve Jobs.

In the 80's I wore my hair moderately long. I was sales manager for a large upscale printing firm One of the sales reps, a very close friend, jokingly called me a long-haired hippie freak. I had no idea at the time, nor did he, that it was a compliment.

It is a rare book that can be judged by its cover. This one can. It's a great place to start your hippie education. You can learn a lot from grocery parking lot conversations!



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## The Tragedies That Are Not Ours • by Mark Sanford Gross

A father with his eleven-year old son watching the finale of fireworks. A student on vacation from UC Berkeley. Parents. Children. Relatives. Hairdressers. Dancers. Grandmothers. Singers. Policemen. Firemen. Housekeepers. Part-time workers. Full-time workers. Siblings. Boyfriends. Girlfriends. Retirees. Sons. Daughters. Artists. Business Owners. Babysitters. Dog owners. Teachers. Divorcees. Fiancées. Medical professionals. Shopkeepers. Dream seekers.

Are these the parents and young dancers at Cinco de Mayo in Bower Park or mingling at our markets, at the local coffee spots or encouraging each other at 5K runs?

Are these the drivers with decorated cars on our own Main Street during holidays? Volunteers fighting to save redwoods? Caretakers for birds with broken wings? Folks voicing concerns over flooded roads?

While this may sound like a demographic profile of where we call home with our subcultures and vague boundaries and our neighbors who hear the ocean, sea lions and chattering ravens-it is not who I am referring to.

These are different people who just like us woke up, prepared for routine days, and had an agenda to watch beauty, celebrate, work hard or simply enjoy a day only to never return home. They left loved ones with empty arms, text messages of final goodbyes, empty doll carriages and dog bowls barren of food and water.

Shot on a dance floor, in a bathroom, attacked on the street, gunned down in a parking lot or in a car, killed after a performance, run over by a truck. Killed in places they went to for the same reasons we do. Killed while watching fireworks like we did in Point Arena.

Orlando. Turkey. Nice. Baton Rouge. Minneapolis. Dallas. Less than 30 days a number of deaths occurred that exceeds the population number on the Anchor Bay sign.

How do we digest this, make sense of it from afar? Do our own frozen reactions last just a day or a week?

Did we miss the story of the teenage boy in Massachusetts who at 1 PM on a sunny afternoon accidentally knocked on the wrong house door confusing it with a friend's house? The homeowner who thought someone was breaking in killed him.

In 2007 my younger daughter was a junior on the Blacksburg campus of Virginia Tech in the valley of the Blue Ridge Mountains. I got the call that 32 other families did not get. "Daddy, I'm okay!"

At the same time my older daughter was in grad school during Jerusalem curfew.



One child in the cross roads of global conflict. The other child in a sleepy Virginia college town. Both on lockdown.

In October 1971, John Lennon released the song, 'Imagine' with lyrics emphasizing a world with peace and no barriers. Nine years later, Lennon was killed outside his New York City apartment.

What can we learn about ourselves from these recent horrors? What can we learn as a community from tragedies that are not ours? What can we teach to stem these horrific events? How long before the tragedy is ours?

Do we learn from coexisting with Mother Nature who surrounds us with her ferocity, volatility and gentleness but lets us live side by side within her beauty? Maybe she protects us because we respect her. Is this the message?

Last week, I had lunch with a friend in the San Francisco. He asked me, "What do I miss most?" I thought for longer than expected. Finally, I said, "energy, the pulse in the street, the vibrancy and electricity in a pedestrian lifestyle."

He expected a more predictable answer but I told him that my palette had returned to the tastes of local greens and baked bread.

Later, I walked along Cooks Beach, Schooner and Bowling Ball, the lunch conversation still resonating. I felt a heightened energy but I realized it was the energy of

the community that vibrated. A low voltage energy that keeps our community powered and connected, alerting us when one light fails. The energy was here after all.

Can we teach those who pass through and remind those who live by our side what we know about community, unity, respect and being remote?

Recently, I stopped in at Twofish and talked with co-owner, Hilla Ahvenainen. I asked her what can we teach as a community and what can we learn from all this tragedy? Hilla thought and finally said, "We learn from respecting each other and the unity. We learn from the good fortune to be here in our own place in this special place together. And what can we teach? We teach again, respect. If someone stiffes me it won't be long before I run into him or her somewhere. They know that and I know that." We laughed before I bought a fresh cookie, a calzone and left a tip.

Can we learn from tragedies far away that happen to people just like us through our own actions?

Can we be more conscious of the median lines on Highway 1? Can we not tailgate a slow driver? Can we buy a cup of coffee for an early morning biker? Can we pass by a parking spot and leave it for the car behind us? Can we put extra coins in the fundraiser boxes at the end of check-outs? Can we not drink and drive?

Maybe we create a viral feeling of who we are, how we live and the respect we have for everyone here. I urge everyone to think what can we learn and what can we teach from the tragedies that are not ours?

If we forget and become arrogant in the moment remember the dad and his eleven year old son from Texas while on vacation in Nice watching the finale of a fireworks show probably sighing 'oohs' and 'ahhs' and 'wows' never to utter another word--whose neighbors and softball teams will never see them again.

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Steven Weinberg

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# Scuttlebutt

by Mitch McFarland

Though one would normally expect that after years of investigation and a concluding report by the FBI that you are innocent of any crime, you would assume that the matter is finished. Unless you happen to be Hillary Clinton.

While I have been a Bernie Sanders supporter since he was still polling 2% I think that some perspective needs to be brought to the Clinton email saga. The first thing that comes to mind for me is that the Republicans know that they cannot campaign on their policies. They simply are not popular with enough of the American public. Those old enough to remember the Reagan years will recall that polls at the time showed that his policies were not popular with the voters, but when his name was attached to those policies, pollsters then found that respondents liked those policies. This clearly showed that the voting public is more interested in personality than in policy. After all, it is easier to make up your mind about how you feel, than what you think.

Abetted by the media, American politics have become no more than a popularity contest. Thus, if a party can reduce the popularity of an opposing candidate, it improves their chances of winning an election more than their policies might do. This is why the Republicans will never let go of the email or Benghazi investigations. What is the alternative? Campaign on tax breaks for millionaires or turning social security over to Wall Street? Their only hope of winning this election is to make Hillary Clinton seem more despicable than Donald Trump. That is hard to do, but not impossible if you have enough time and money. And they just might.

Let's take a step back for minute and look at this. She has admitted that this was an error in judgement, but frankly I think it

only became an error when she got caught. I'm all for transparency in government, but should every communication of every public officer be public knowledge unless it is a state secret, which none of these emails contained? Do you think that when Henry Kissinger was negotiating with the Vietnamese he would have been OK with his communications being public?

The Clinton's have been among the most scrutinized people in the history of modern media. They can't go to the bathroom without someone wondering what kind of toilet paper they used. They are the political equivalent of Paris Hilton whose every move is photographed, analyzed, and judged. Pretend for a moment that you are one of the Clintons. Might you have some desire for privacy? Might you try to find a way to get out of the public glare? I'm not saying she didn't make any mistakes and neither is she. If it were you or I that had been intensely investigated by a tough, but impartial Republican prosecutor and found to have committed no crime, the issue would be over. But this isn't you or I that we are talking about. Clinton is running for President.

Apparently, we are expected to believe that if a person has a flaw or commits an indiscretion, they are not qualified to be President. How crazy is that? Jimmy Carter is probably the cleanest President in a century, yet he even admitted to having "lust in his heart". Is this the standard that Trump is being judged on? Bertrand Russell told us that power corrupts and absolute power corrupts absolutely. Virtually every person in power abuses that power on occasion right down to the clerk at the DMV.

So what standard shall we set for choosing a leader? Do we look at the totality of their life's work or do we make our judgement based on the worst thing we can think

of them. I'm not a big fan of Clinton. She is too much of a hawk for me, but that doesn't mean she isn't qualified to be President. What it means is that she and I disagree on that issue. If I wait for a candidate that agrees with me on everything before casting a vote in a general election, I might as well cancel my voter registration because that is never going to happen (we tried, Bernie).

Winston Churchill was quoting an unknown author when he said that democracy is the worst form of government except for all the others. Yes, indeed. Show me a world leader who is not secretive and duplicitous as well as egotistical. We aren't picking a Sunday school teacher this fall. We are picking someone for the world stage that will stand toe to toe with some of the most conniving and ruthless people on earth. That is not a job for Mr. Rogers.

Not even Hillary's fiercest critics are saying that she did anything to actually damage national security. The best they can do is to say someone could have hacked her emails, but even at that, it has not been suggested that there was anything in those emails that would have made a big difference if they had.

Bob Dylan told us that "they build you up just to tear you down" and few of his many truths are more accurate. Our national political dialog is in the hands of people who profit from conflict. Today's media is like a pack of hungry dogs that will fight for every scrap of controversy until the public becomes bored with it (like they finally did with the Monica Lewinsky "scandal").

I still would like to see Bernie somehow get the nomination, but since he probably won't, I will dutifully cast my ballot for Clinton because I know which of the two nominees I want to pick the next Supreme Court justices and it isn't Donald Trump.

## News & Notes From The Peddler InBox

- **Four-Eyed Frog Bookstore** presents two in-store events in August. On Saturday August 13th at 4:00pm, a local authors event with, among others, Judith Fisher, Ida Egli, Susan Clark, and Linda Lambert. A day later, on Sunday August 14th, 2:00pm, Anna Brones, author of *Hello, Bicycle* will be at the Frog. Her book is a fun guide to the world of cycling and in celebration of the release, she's visiting Gualala as part of her pedal-powered book tour.
- On Tuesday August 2, at **City Hall** at 5:30pm there will be a planning meeting for this year's Seafood & Harbor Festival. The Festival will be held on September 4, Sunday. The Harbor Fest planning has already started but we still need some help with the final stages of planning and some volunteer activities to make it happen smoothly.
- The **Chris Smither** concert at Arena Theater is back on the calendar (following his heart surgery.) Make plans now for Tuesday, October 11th. It will sell out.
- The **Mendocino County Care-A-Van** that offers mobile Spay and Neuter returns to the Garcia Grange in Manchester on August 10. Appointments can be made at 707-888-7698 or 707-463-4782. Surgeries and other procedures available only by calling in advance.
- **Voter registration** is set for Saturday, August 6, 8:30am to 12pm at the Pay 'N' Take in Gualala. Volunteers will be available to help people register for Mendocino and Sonoma counties. Voter Registration forms are in English and in Spanish.
- **The Gualala Farmers Market** has returned for the summer with fresh vegetables, fruit, herbs, prepared foods, olive oil, breads, and more. Saturdays from 9:30am-12:00 noon adjacent to the Community Center off Highway One.

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"Quality is more important  
than quantity. One home  
run is much better than two  
doubles."

Steve Jobs

## Mid-Summer Fundraiser Set To Benefit Arena Theater

Uneda Eat Chef Rob Hunter and Area Winemakers • August 23

Chef Rob Hunter of Uneda Eat along with a group of local winemakers have offered to present a Mid-Summer Fundraiser dinner on August 23 at the Arena Theater. The sit-down event will celebrate the completion of the new solar power system that has recently been installed on the theater roof.

Six local winemakers will be on hand to present their wines for tasting and attendees will have an opportunity to discuss the vintners' techniques and experiences. Both commercial and home winemakers will be represented with grapes sourced from Paso Robles to Medford Oregon.

Reservations for the fundraiser are \$125 per person and may be had simply by calling the Theater office at (707) 882-3272. Reservations are limited and must be made by August 15 for planning purposes. Though the menu has not been set at the time of this writing, Rob will accommodate people's allergies and special needs if they are stated when making a reservation.

The menu will be set and available on the Theater's website ([www.arenatheater.org](http://www.arenatheater.org)) early in August.

Doors will open at 6:00pm for an hour of informal wine tasting and discussion prior to food service commencing at 7:00 pm.

Last fall's fundraising dinner at the Mar Vista's Glass House was a huge success and the Theater board anticipates another evening of great food and fellowship. Hunter has been cooking on the coast for many years and has established a reputation for quality, innovative food, first at the Pangea Restaurant and lately at Uneda Eat in Point Arena.

Fundraisers of this type are crucial to keep the doors of the theater open. This year's budget requires \$20,000 to be raised in addition to ticket sales and membership dues. Membership in Arena Theater has slipped slightly making this fundraiser all the more important. This is your chance to support this vital community asset while enjoying a fine meal and the company of other Theater supporters.



"We've heard that a million monkeys at a million keyboards could produce the complete works of Shakespeare; now, thanks to the Internet, we know that is not true."

Robert Wilensky

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## Not So Random Thoughts . . .

by Marghi Hagen

This year many Americans are frustrated because our two candidates for president are a dangerous fool and a woman. I mean, which is worse? I personally don't like Hillary Clinton. She has so many strikes against her.

Strike 1- She's a woman. Now, as a woman, it pains me to say this, but I am just not accustomed to women in powerful positions. It's not something I have experience with, and therefore it's uncomfortable; puts me on edge. I'm trying to work my way through this.

Strike 2- She's not attractive. I know, I know, but I also suffer from the shortcoming of wanting to look at pretty things and beautiful people.

Strike 3- She's assertive- even aggressive. For a man that's OK, even desirable; for a woman, not so much.

Strike 4- I know I only need three, but there's more. Let me rant. She's rich. I mean most people give speeches for free. She's making \$200,000 a pop. The other presidential candidate usually makes more than a million per speech, but that's another story for another time.

Strike 5- She's way smart. A lot smarter than I am, and sometimes it's just irritating to have it in your face how much smarter another woman is-- bad enough if it's a man, but a woman. Just irritating.

Strike 6- I've been told she's the anti-Christ, but I checked with my priest, and he verified that she isn't, so she gets a pass on this one.

Strike 7- I've heard from everyone-I mean everyone-that she's in bed with the big corporations. This is a big deal so I decided to check this out for myself.

So, take a deep breath now because here's the reality. This is how we vote-with our reptilian brain, the oldest and most primitive part of our brain. I'm not making this up. Jonathan Haidt, a social/moral psychologist at NYU, Josh Greene, a neuroscientist at Harvard and many other scientists have been studying the brain and its relevance for voting. They've shown that much of our attitude about candidates has nothing to do with a politician's beliefs or our knowledge of their attitudes and opinions. It's often based on gut reaction to-

wards things like race, gender, appearance, wealth and power status. Hillary Clinton rubs us the wrong way on most of these issues.

Nicolas Kristof of the New York Times says, "She's not a natural politician." This is actually a good thing, since many, maybe even most politicians, are skilled liars. Hillary is not. Jill Abramson, who spent almost 40 years researching the Clintons says, "I've investigated Hillary and know she likes a 'zone of privacy' around her. This lack of transparency, rather than any actual corruption, is her greatest flaw."

PolitiFact, the Pulitzer Prize-winning fact-checking site, states that of the Hillary Clinton statements

it analyzed, 50 percent were true or mostly true. This is compared to 49% for Bernie Sanders,

22% for Ted Cruz and 9% for Trump. As politicians go Hillary is pretty honest.

I'm a Bernie fan. I agree with much of what

he stands for, but I'm voting for Hillary. It's true that she's not as likeable as Bernie, but who cares. She's



not going to be my friend. She's going to be the CEO of a big-ass country with diverse and complicated problems.

And I did the research. There was the White-water scandal, the Benghazi scandal, the email-scandal, the she's making too much money speaking to banks and other corporations scandal, but after years of everyone and his brother looking for a reason to shut Hillary down, no wrongdoing has ever been found-- some bad choices maybe, but no wrongdoing. Abramson adds, "She does get more scrutiny than other candidates — especially male candidates. . . . We, for some reason, expect total purity from a woman candidate."

Eugene Robinson, who writes for the Press Democrat summed it up nicely when he said, "The Republican's yearning to pin a scandal on Hillary Clinton knows no bounds. Any scandal will do, real or imagined. She must somehow be—or appear to be—guilty or something."

Hillary not being likeable should have no impact on our decision about who we're going to be voting for in November, but for many of us it will.

"This is how we vote- with our reptilian brain, the oldest and most primitive part of our brain."



# The Crossword

by Margie E. Burke

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## ACROSS

- 1. "Beat it!"
- 5. End of a Hemingway title
- 9. Flower part
- 14. "Minimum" amount
- 15. Fix in place
- 16. It might be airtight
- 17. Persia, now
- 18. Vaseline, e.g.
- 20. Taste
- 22. \_\_\_ tide
- 23. Staff member?
- 24. Hackneyed
- 27. Marquee name
- 28. Garden-variety
- 33. Don't just sit there
- 36 All excited
- 39. Cunning
- 40. Short-legged dog
- 42. Canal locale

- 43. "Silly" birds
- 44. Something to shoot for
- 45. Rash
- 47. \_\_\_'easter
- 48. Spare room item
- 50. Blowgun ammo
- 52. Store, as meat
- 58. As a result
- 62. Alliance
- 63. Decrease
- 64. Two-sided
- 67. \_\_\_ Bear
- 68. Oven emanation
- 69. Name as a source
- 70. Bearded flower
- 71. Grant
- 72. Extend, in a way
- 73. Had down pat

## DOWN

- 1. Cheese Choice
- 2. 200 milligrams

- 3. Tequila source
- 4. Bocelli and Caruso
- 5. Cleo's undoing
- 6. Pre-landing events
- 7. Swab
- 8. Rein, e.g.
- 9. Bud
- 10. Flamboyance
- 11. Jackson 5 brother
- 12. Border
- 13. Green shade
- 19. Big tournament
- 21. Walmart, e.g.
- 25. Big galoot
- 26. Nonsense verse
- 29. Wish otherwise
- 30. Carriage
- 31. Additionally
- 32. Look like a wolf
- 33. Litmus reddener
- 34. Conclusion
- 35. It doesn't take much
- 37. 50 Cent piece
- 38. Wipe out
- 41. Chitchat
- 46. Kind of team
- 49. Card balance
- 51. Torrid Zone boundary
- 53. Motion picture
- 54. Bow coating
- 55. Savvy
- 56. Halfhearted
- 57. Do away with
- 58. Ski lift
- 59. Bring on
- 60. "Once \_\_\_ a time..."
- 61. "\_\_\_ here"
- 65. Crude
- 66. Green, in a way



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Deanna Troi, Imzadi (Star Trek - The Next Generation)

A man and a woman are dancing in a bright, modern kitchen. The man is wearing a grey t-shirt and the woman is wearing a striped t-shirt. They are both smiling and looking at each other. The kitchen has white cabinets, a window with plants, and a stove.

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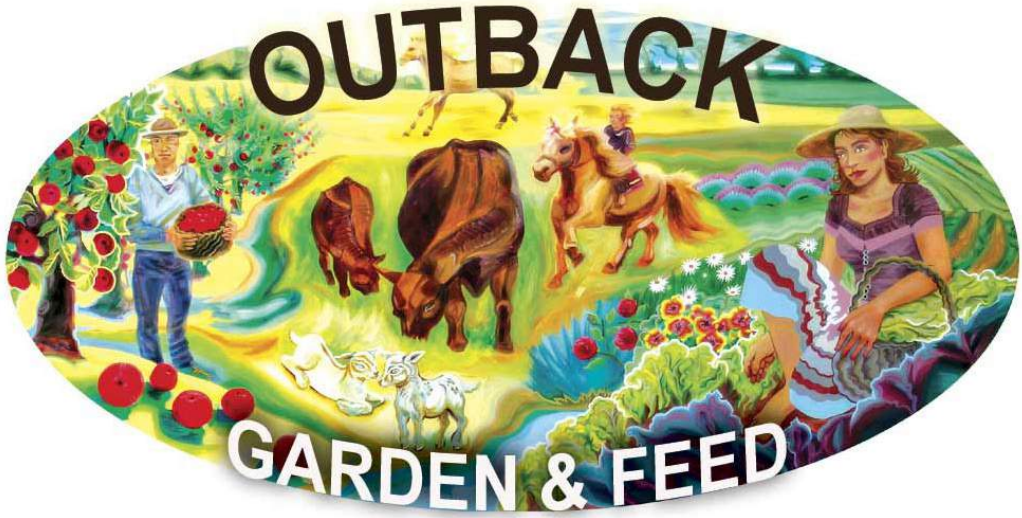
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