

**ALWAYS  
FREE**

**September 2021**



# Mendocino Coast's Lighthouse Peddler

The Best Original Writing, plus the Guide to Art, Music, Events, Theater, Film, Books, Poetry and Life on the Coast



## What to do? Art, Music, Films, Poetry, and a Circus. Easy. Do it All!

Some Months are like that. September brings us, to name a few, Art, Music, Films, Poetry, and a Circus. What should we do? Easy. Do it all. You've got the Lighthouse Peddler. Read the articles, look at the

Get Out! section (on the back cover), and make a plan. Why not do it all?

The Studio Discovery Tour lets you discover art on your own. Create your own tour of art studios, see the art, meet the artists all the while the beautiful Pacific is by your side. Maybe a Sunday afternoon of chamber music among the redwoods at Gualala Arts sounds just about perfect. Or maybe Jazz on the Sea Ranch. Have you thought about a Jungle Cruise? Scary good fun. (Or is that good scary fun?) And top it all off at the Redwood Coast Recreation Center, because the Flynn Creek Circus is in town. Perfect timing for all of us. Yes. Let's do it all!

### **The Sea Ranch Lodge Job Fair!**

**Date: Thursday, September 2 • Time: 10:00am - 5:00pm •**

**Location: The Sea Ranch Lodge**



The Sea Ranch Lodge is opening soon and looking for talented, knowledgeable and fun candidates to join our team in the following positions:

- Line Cooks
- Bartenders
- Barbacks
- Servers
- Asst. Servers
- Food Runners
- Hosts
- Retail Associates
- Maintenance Techs

For more information or if you are interested in applying, please email: [community@these ranchlodge.com](mailto:community@these ranchlodge.com)

Flights of Fancy • Painting and Glass Art Show Featuring Chris Grassano and Colette Coad  
The September Exhibit at The Coast Highway Art Collective

The Coast Highway Art Collective is hosting an opening reception featuring the works of local artists Chris Grassano, monochromatic oil painting and Colette Coad, fused glass works. The reception is on Friday, September 3 from noon to 5:00pm. The show runs from September 2 through 26.

Chris Grassano started drawing while still a young girl growing up in New Jersey. She attended Montclair State College, where she received her BA in Fine Art. Grassano has worked in a variety of mediums, including pen and ink, acrylics, oils, glass mosaics, copper relief and now monochromatic oil painting.

During the time she lived in San Francisco, Grassano earned a BFA in Illustration from



Academy of Art University. She was introduced to the work of the pre-eminent nature artist Robert

Bateman, which further inspired her career as a painter of the natural world.

Now living in Cazadero, she explains her "daily life is made more human through interactions with the plants, birds, and animals of the Russian River area." She endeavors to

capture the flora and fauna in all their wildness. Her goal is to blend realism, imagination, emotion, and design in communicating a personal vision that touches the universal.

Grassano says "I have been painting the natural world for half a century. The North Coast has been my inspiration for most of that time. My oil paintings of nature focus on the birds and animals I encounter near my home under the Redwoods and throughout the North Coast. My goal is to capture in paint, the feeling of excitement and wonder in the moment the animal is first seen.

"I have chosen monochromatic oil painting (black on white) for my new body of work. I start out with a white gesso board. I cover the surface with a thin coat of black oil paint. Using brushes, cotton swabs, Exacto knives, steel wool and engraving tools, I lift off the black paint to render my images with a wide range of values and textures. In this way I in-



terpret fur, feather, and petal."

Colette Coad says glass has always intrigued and fascinated her. Ten years ago, she took an introductory class on glass fusing and fell in love. She bought a kiln and some glass (enough to fill a stand holding eight pieces). She now has two kilns, five stands and two crates of glass.

Coad enthuses "I love glass. It is not only my medium, it is a source of great joy and sometimes great frustration. I think the dichotomy of it being both dangerous and fragile while being so beautiful is captivating. I love the way it looks in different light and the almost endless combinations of colors and even textures that can be created. I do fused glass, which is also known

as warm glass. This is somewhat ironic given that I fuse at a top temperature of 1480 degrees Fahrenheit. It takes about 14 hours for the kiln to work its magic so this is not art for the impatient. There is no instant gratification."

Coad says over the last ten years working in her medium, she believes she has found her "inner artist." "I have come to believe that this inner artist exists in

many, if not all, of us. I was lucky to find glass and the Mendonoma area, which offers so many opportunities to explore and discover what will unleash the inner artist in us all."

The Coast Highway Art Collective is located at 284 Main Street, Point Arena, the little red building next door to the Redwood Credit Union. Regular gallery hours are Thursday through Sunday, 11:00am to 3:00pm or by



appointment. Visit the gallery's website at [www.coast-highway-artists.com](http://www.coast-highway-artists.com) to view the collective members and see the range of work available regularly at the gallery. Collective members work in multiple media, including painting, printmaking, ceramics, metal sculpture, steampunk, glass, textiles, basketry, photography, jewelry, woodworking and modern art forms, uniquely expressed in the creations by award-winning artists.



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## Flynn Creek Circus

### FAIRYTALE

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# ADVERTISERS INDEX

• Anchor Bay Store	12	• KGUA	14
• Arena Frame	12	• KTDE	14
• Arena Tech Center	9	• KZYX	9
• Arff Feed and Pet	4	• Little Green Bean	13
• B. Bryan Preserve	Back Cover	• The Loft	13
• Banana Belt Properties	10	• MTA	15
• Denise Green	14	• Office Source	4
• Discovery Gallery	8	• Phillips Insurance	4
• Dream Catcher Interiors	6	• Point Arena Light Station	11
• Flynn Creek Circus	2	• Red Stella	8
• Four-Eyed Frog Bookstore	9	• Rollerville Cafe	3
• Franny's Cup & Saucer	11	• The Sea Ranch Lodge	Front cover
• Garcia River Casino	9	• Sea Trader, The	10
• Green Room, The	8	• Skunk Train	2
• Gualala Arts	5	• Sonoma Clean Power	16
• Gualala Building Supply	14	• Village Bootery	7
• Gualala Supermarket	6	• Zen House Motorcycles	2
• Ignacio Health Insurance	4		

# FROM THE EDITOR'S DESK

- This month's dilemma. Too much to do? (Cover).
- The Coast Hwy Art Collective brings us a bit of Grassano and a bit of Coad. (Page 2).
- Straight outta Sausalito. Guy Biederman brings us a welcome bit of poetry. (Page 4).
- Mendonoma Health's Zoom workshop is here. (Page 4).
- Invisible Shelf. A gift of poetry from Guy. (Page 4).
- Chamber music under the redwoods. A perfect Sunday afternoon. (Page 5).
- Feel like a visit to Annapolis? Go on the 25th. Jazz, man. (Page 5).
- You don't have to run away. The circus is here! (Page 6).
- The phasers for September are here. Oops. Sorry. That's phases. . . (Page 6).
- A quick look at The Coastal Hills community update. (Page 6).
- Karin's looking for habitat. Some of our furry and/or feathery friends need it. (Page 7).
- Was that a Barred owl or a spotted owl? Even the owls can get confused. (Page 7).
- My favorite butterfly. The Monarch. (Page 7).
- The Discovery Gallery is set for a reopening. We're all invited. (Page 8).
- Studio Discovery Tour Follow the yellow signs, follow the yellow signs. (Page 8).
- hai ku is back and we're grateful. (Page 8).
- Rachel Lahn discovers Elk. No, wait. Elk discovers Rachel. (Page 9).
- The Short Film Festival is here. No dress code requiring shorts. Honest. (Page 9).
- David's looking into honorable things. One of those is 'the harvest'. (Page 10).
- The Living Sea of Waking Dreams. Great title. But how's the book? (Page 11).
- The sudoku puzzle is here to drive you crazy. Or fall to your brilliance. (Page 11).
- Mitch is looking into recycling from the top down. (Page 12).
- Arena Theater has good news. No, Great news! Films large and small. (Page 13).
- Sea Ranch Lodge wants to reopen. They need some of you to help. (Page 13).
- A jungle, a girl named Annette, a Knight and some free guy walks into a bar. (Page 13).
- Crossword puzzle is back to test your word skills. (Page 14).
- MJ has PIGU on her mind. Lots and lots of PIGU. (Page 15).
- Get Out! is here. Look through the list and, well, get out. (Back Cover).

Our thanks to September contributors including Rozann Grunig, Barbara Johannes ,  
mai haiku, Mitch McFarland, Blake More, Mary Jane Schramm,  
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"You must be the sun  
Only you can light my world with a smile  
And while you're gone the angels cry with me  
Even they agree  
Only you can chase the clouds away "

From "Chase The Clouds Away" by Chuck Mangione

Issue #239 September 2021

## Lighthouse Peddler

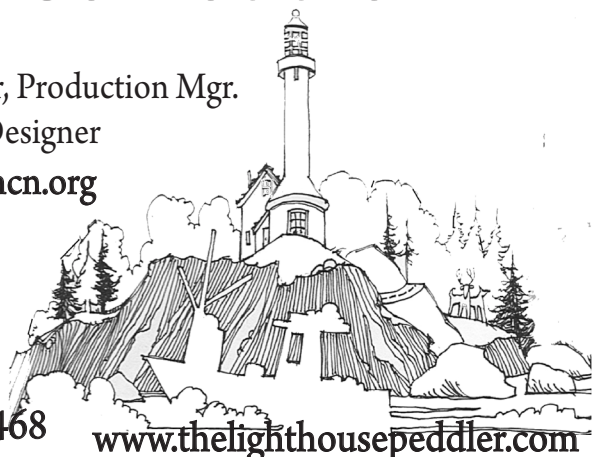
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Cato the Edler (234-149 BC)

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**Sausalito Poet Guy Biederman Featured September 16  
At Virtual Third Thursday. Plus Open Mic Time.**

Point Arena Third Thursday Poetry presents a virtual Third Thursday Zoom Poetry reading at 7:00pm on Thursday, September 16. This month features Sausalito poet Guy Biederman, with open mic to follow.

Born in the Chihuahuan desert near the Mexican border, Guy Biederman grew up on a stingray in Ventura, learned to write during a civil war in Guatemala, honed his craft pulling weeds and planting flowers in San Francisco, and received his M.A. from San Francisco State, where his teaching career began.

Guy's the author of *Nova Nights* (Nomadic Press, 2021), *Edible Grace* (KYSO Flash Press, 2019), *Soundings* and *Fathoms* (Finishing Line Press, 2018), *House Samurai* (Iota Press, 2006), and *Parts & Labor* (Thumbprint Press, 1992).

His work has been nominated for Best of The Net and has been published over 200 times in journals such as *Carve*, *Flashback Fiction*, *MacQueen's Quinterly*, *Map Literary*, *Sea Letter*, *Peeking Cat*, *Bull: men's fiction*, *great weather for Media* and *Riddled With Arrows*. Guy's poetry has also been featured in bags of Nomadic Coffee and recorded on Dial-A-Poet. His story, *The Most Shoplifted Poet in America* was published in print as flash fiction by *Third Wednesday* and also appeared in their blog as *Poem of The Week*.

Guy curates SoFo Gallery, a virtual neighborhood exhibition of art and writing for South Forty Pier. He has been a featured writer and speaker at Get Lit, Voz

*Sin Tinta*, *Sacred Grounds*, *Civil Liberties United*, *Bay Area Generations*, *Why There Are Words*, *The Write Spot*, *Moon Drop Productions*, and *Rivertown Poets*. Guy's most recent book, *Nova Nights*, is an homage to poets, curators, and audiences on the

open mic scene, as well as all those who support the written and spoken word, including publishers, bookstores, cafes, and readers.

A former peace corps volunteer, gardener, sportswriter, ad sales rep, house samurai, dog walker, and college writing instructor/story midwife, Guy also published the literary magazine *Bust Out Stories* for 12 years, in addition to a dozen books by bay

area writers under his Thumbprint Press label, including the first edition of *The Great Petrowski* by Gina Berriault. Guy is a father, grandfather, husband, brother and cancer survivor. He lives on a houseboat 4 nautical miles west by northwest of San Francisco with his wife and salty cat. He practices rooftop tai chi, pedals a '57 Schwinn Spitfire, rows a Chamberlin dory, and walks the planks daily. It's all true, especially the fiction.

To watch or participate as an open mic reader, please email [blake@snakelyone.com](mailto:blake@snakelyone.com).

*Third Thursday Poetry Zoom made possible by the Arena Theater and continues to be supported by Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.*



**Invisible Shelf**  
by Guy Biederman

We need places to put things.

We need names to call things.

We need to say what needs to be

said even if we don't know how to

say them, even if they don't need

to be said. So in the end I build an

invisible shelf, a shelf only I can see

where words don't fail, where rudimentary

skills don't mangle, where things I later wish

I hadn't said, don't bruise or spoil. I can really

only do 2 things in this life, am doing one now,

building an invisible shelf where I can put how

I feel about you, so I can see with much love

what it's really about, what you mean to me

with no weirdness or misunderstanding or

wrong label. So if you were to find this poem

on the fiction shelf, or, this little fiction in poetry,

this avocado in the bin of tomatoes, this toothbrush

where aluminum foil should be, know that somewhere in a market, in a bookstore, in a house that floats there's

an invisible shelf where sits how I feel about you and nothing,

nothing else. ~

October 21

**Mendonoma Health Alliance Presents  
Stanford University's Chronic Disease  
Self Management Workshop**

Spread over 12 sessions beginning September 14, this is a virtual Health Management Workshop available at no cost (free) through Zoom. The workshop is for adults with a chronic health condition and focuses on disease management skills, including decision making, problem-solving, and action planning. The online workshop meets on Zoom every Tuesday & Thursday from 9:30am to 12:00pm. Space is limited.

For more information or to register, you can contact Mendonoma Health Alliance: (707) 412-3176 x102 or email [info@mendonomahealth.org](mailto:info@mendonomahealth.org).

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## Chamber Music Performance at Gualala Arts September 12

Featuring Cordula Merks, Brenda Tom Vahur, Evan Kahn

Live and in-person chamber music continues at Gualala Arts in September with a concert featuring three amazing musicians and a planned selection of music perfect for enjoying under the redwoods.

Cordula Merks, Brenda Tom Vahur, and Evan Kahn will take the JAMI Amphitheater stage at 2:00pm, Sunday, September 12. Tickets are \$25 and will be available at Gualala Arts and the Dolphin Gallery.

Bringing the rich music of Felix Mendelssohn and Johannes Brahms to a waiting audience will be violinist Cordula Merks, cellist Evan Kahn, and pianist Brenda Tom Vahur. The program is scheduled to include the Trio No. 1 in d minor by Mendelssohn, and the Trio No. 1 in B Major, Opus 8 by Brahms.

Violinist Cordula Merks is the Concertmaster of the San Francisco Ballet Orchestra. Previous positions include First Assistant concertmaster of the Seattle Symphony and concertmaster of Germany's Essen Philharmonic, Bochum Symphony and Bergische Symphony. She has also served as guest concertmaster for many orchestras, including the Houston Symphony,



American Ballet Theater at the Met, Dresden Philharmonic, Mahler Chamber Orchestra, Portuguese National Opera. When not playing in the orchestra, Cordula enjoys playing as a soloist and as a chamber musician and has performed in the US, Israel and all over Europe. Cordula was born in Germany and spent her childhood in Holland. She started playing the violin at the age of 6 and was accepted to study at the Royal Conservatory in The Hague at the age of 12.

Praised for her "...breathtaking..." and "...captivating..." performances and for her "...great expressiveness...", pianist Brenda Tom Vahur has distinguished herself as an artist of passion and integrity. Her diverse career reflects her versatility as a soloist as well as a chamber musician. A strong advocate of new works, Vahur is the pianist for Earplay, celebrated new music ensemble in San Francisco. She has performed as soloist with the San Francisco Ballet Orchestra, San Francisco Chamber Orchestra, Pittsburgh Ballet Orchestra, the California Symphony and Sacramento



Symphony, among others. She received her training at the San Francisco Conservatory of Music studying under Mack McCray and Beatrice Beauregard.

Native to Los Angeles, cellist Evan Kahn has been praised as "a cellist deserved of serious listening" for bringing his "electrifying ... nuanced and colorful" style to all of his collaborations, from concerti to chamber music to contemporary performances. Intensely passionate about new music and music of non-Western cultures, he has commissioned and premiered over 60 works by composers from around the world, including his father's Cello Concerto. Kahn holds principal positions in four orchestras — principal cello in Symphony Silicon Valley, principal cello in Opera San Jose, principal cello in San Jose Chamber Orchestra, and assistant principal in West Bay Opera, and as a soloist, he has performed with many more.



Gualala Arts is at 46501 Old State Highway, Gualala. Information is at GualalaArts.org and at (707) 884-1138. Information is also available at the Dolphin Gallery: (707) 884-3896.

## Music, Art and Wine. A Unique duo 'Xplore Performance September 25

Lyndon Design Gallery and The Wine Shop Bring Live Music To Annapolis Road

On Saturday, September 25, from 2:00pm to 4:00pm, Lyndon Design Gallery and The Wine Shop—which sit side by side on Annapolis Road—are teaming up to present the "guitar and saxophone jazz adventure" of Mendonoma Coast's duo'Xplore. The popular musical duo featuring Tim Mueller on six-string guitar and guitar synthesizer, and Harrison Goldberg on saxophones and percussion. The performance, will be staged on the patio in front of the iconic 1000 Annapolis building, one of the first designed by the famous Sea Ranch architects, Charles Moore and William Turnbull. Admission to this event is free and the general public is invited.

In keeping with their name and adventurous spirit, the two eclectic musicians (who also perform together in the Jazz/World Fusion ensemble Baku,) will create moods, melodies and some unexpected sonic magic. "We'll draw upon familiar jazz, pop, show tunes, standards, ballads, blues, swing, bossa novas, and intuitive music," says Goldberg.

The pair is fresh from their debut launch of "dream smuggler," a multimedia project

with a gift set that features a CD of original music composed and arranged by Mueller. The CD is accompanied by a very handsome 8" x 8" hardcover Artbook showcasing a selection of small abstract images on paper painted by Goldberg. Since the songs and art pieces share the same titles, the



combined work creates an immersive experience for the viewer/listener. For more information about duo'Xplore's "dream smuggler" project, visit: duoxplore.art. The band's gift sets will be made available for

purchase at the event.

The Wine Shop is owned and operated by Wendy Van Dyck, former principal dancer with the San Francisco Ballet. Wendy tastes and hand picks each of her wines, sourcing fine examples of each varietal. Her carefully cultivated selection includes many imported wines, as well as domestic and local favorites.

LyndonDesign Gallery is a small and design-focused gallery on The Sea Ranch, founded by Lu and Maynard Lyndon in June 2020, featuring selected 'works' by artists and designers.

Months ahead, Maynard and Lu invite a Guest Artist whose work then commands the major wall in this tiny gallery for two weeks; so twice monthly a different 'work' is on display as a Feature. The Lyndons have an extensive background in exhibiting and retailing objets d'art.

The new LyndonDesign Gallery and The Wine Shop are located side by side at 1000 Annapolis Road, in The Sea Ranch. Both are open Saturdays 11:00 to 5:00 pm, or by appointment.

**Gualala Arts**  
SINCE 1961  
707.884.1138  
GualalaArts.org  
46501 Old State Hwy  
Gualala, CA 95445

**Chamber Music Concert**  
Sunday, September 12, 2 pm  
Outside at the JAMI Amphitheater  
at Gualala Arts.

Featuring Cordula Merks, violin,  
Brenda Tom Vahur, piano,  
and Evan Kahn, cello.  
Performing Mendelssohn & Brahms.

29th Annual  
**Studio Discovery Tour**  
Continues Sat., Sun. and Mon.,  
September 4, 5 and 6  
10 am to 5 pm

**"Art in the Redwoods"**  
More than 200 works of art  
exhibited at this year's festival  
continue to be displayed, and most  
are available for purchase through  
Sep. 5 at the galleries at Gualala Arts,  
and online. A complete list of the  
award-winning art is available at  
GualalaArts.org.

**"Baskets & Gourds: Anything Goes"**  
Bay Area Basket Makers Exhibit  
Continues thru October 3  
at the Dolphin Gallery, Gualala

**At Gualala Arts in October**  
• 2021 PPQG Quilt Challenge: "Flying Free"  
• "River Wild": A new exhibit.  
**At Dolphin Gallery in October**  
• "North Coast Live" and "Carvings"

**Gualala Arts: Open daily, 11 - 4**  
**Dolphin: Open Thu-Mon, 11 - 4**

**Gualala Arts and Dolphin Gallery  
require face masks for all, inside  
and outside during events.**

"Happiness is like a cloud, if you stare  
at it long enough, it evaporates."  
Sarah McLachlan (1968-)

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S	O	D			S	T	P	U	T	P	W	O	N	S

**Solution to Crossword:**

New Moon



September 7

Full Moon



September 20

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## Flynn Creek Circus Returns to The Mendonoma Coast Redwood Coast Recreation Center September 3 - 6

Flynn Creek Circus emerges from lockdown and ready for six shows over four days. Performances are set for Friday through Monday, September 3-6 at the Redwood Coast Recreation Center on Ocean Ridge Drive. The beautiful setting will work perfectly with the colorful, and open performance tent. Advance tickets are available at [FlynnCreekCircus.com](http://FlynnCreekCircus.com).

This year Flynn Creek Circus brings us a comedic circus 'Fairytale'. Riotously funny, deeply moving and dangerously inspiring, this is a charmingly fresh all human circus. Driven by original story line, high caliber artists and powerful imagery, the show is daring, edgy and hilarious. This year's story, 'Fairytale', is an irreverent fable featuring a bombastic unicorn and



his estranged back end in a quest to bring the youth back from the void. Thwarted by the mischievous weaver and the thieving Ravens, and upstaged by his own back end at every turn, our Unicorn's journey takes a bumpy road to redemption. Aerialists, con-

tortionists, jugglers, comedians and acrobats are some of the thrilling acts for this year's presentation.

Flynn Creek Circus provides maximum public safety in live events. Reserve 'social bubble' seating, outdoor atmosphere, and

social distancing within the big top space are some of the measures that ensure a fun and comfortable experience for all audiences. Complete descriptions of pathogen spread prevention can be found at [flynncreekcircus.com](http://flynncreekcircus.com) and are constantly adapting to the local, State and CDC guidelines.

Performances are on Friday, September 3 at 7:00pm, Saturday, September 4 at 4:00pm, with an 'adults only' performance Saturday evening at 7:00pm. Additional performances are Sunday, September 5 at 4:00pm and 7:00pm, and a final performance Monday afternoon at 2:00pm. The Redwood Coast Recreation Center is on the ridge in Gualala at 38381 Ocean Ridge Drive. Tickets and reserved tables (for 4-6 people) may be purchased in advance at [flynncreekcircus.com](http://flynncreekcircus.com). Beer, wine and light concession available for purchase at the big top and in advance.

Those interested can check into the Flynn Creek Circus's circus workshop for ages 7-15 Sept. 4-6, 9:30am-12:30pm. Sign-up information at [flynncreekcircus.com](http://flynncreekcircus.com). Sponsored by Redwood Coast Wellness Center.

## Welcome to the Latest Events and Happenings from the Coastal Hills Community Bulletin

Here are some of the activities and events planned between Jenner and Timber Cove.

Two CalFire Community Meetings are scheduled this month with Cal Fire Battalion Chief Marshall Turbeville:

On Saturday, September 11, 1:00pm the topic will be "Modern Era Fire Behavior; What We Can Do Before the Next Fire" at the Padmasambhava Peace Institute (PPI) on Ft. Ross Road.

The second meeting is Sunday, September 19, 10 :00am at the Timber Cove Fire Station. Chief Turbeville will discuss "How recent wildfires are burning and what we can do before the next wildfire occurs in our area." Marshall's presentation will include videos from the 2020 Walbridge Fire. More information is available by contacting Judy Rosales, [jrosales@mcn.org](mailto:jrosales@mcn.org), 707-847-3944.

Mendonoma Health Alliance has online health help, open to all. (See separate story about the Stanford University Chronic Disease Management series details on page 4. This multi-part series is via ZOOM—no in person meetings. Take advantage of this free service from MHA.)

"Which way do we go?" In an emergency it's good to know how to leave, if necessary. Know your emergency Evacuation Zones. Go to the SoCo website for details: <https://socoemergency.org/get-ready/evacuation-map/>

And don't forget, CHCP Sunday Community Market continues at Fort Ross School every Sunday from 10:00am to 12:00pm. NOTE: Rain cancels and School COVID-19 protocols are in place.

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# School Days... School Days...

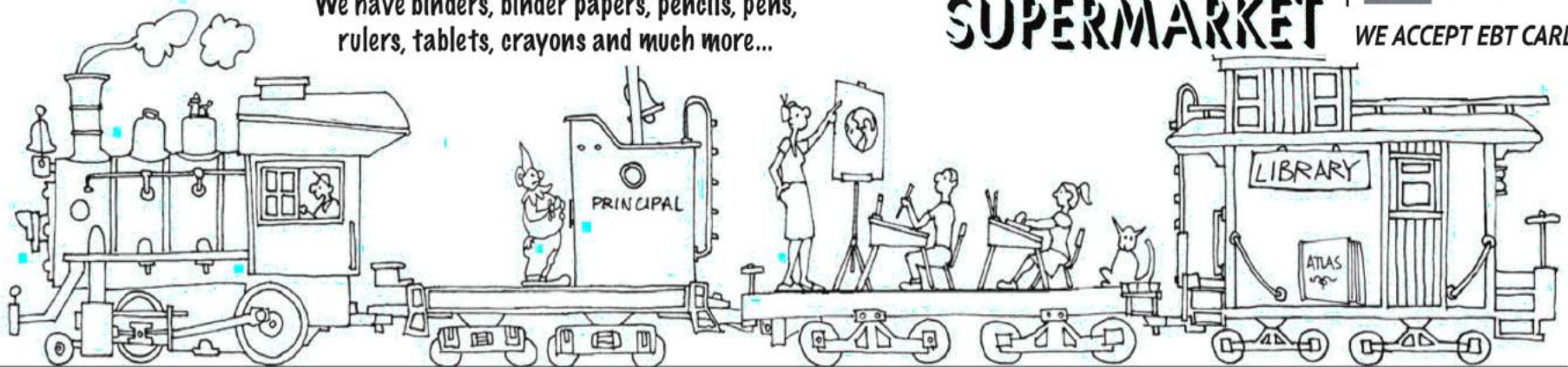
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## Words on Wellness • Habitat Needed by Karin Uphoff

As we suffer another unprecedented year of wild fires, there has been a rigorous push to cut and clear snags and other 'dead wood', however it is wise to remember that trees don't die – they transform into important wildlife habitat. Some eighty-five species of North American birds excavate nesting holes, use cavities resulting from decay, or use holes created by other species in dead or deteriorating trees. Over half of those species may be encountered here in Northern California. Once abundant in our area, some of these year-round residents are becoming scarce, and lack of habitat along with competition by non-native starlings and house sparrows are top reasons.

The Northern Flicker has a beautiful dotted pattern, black collar and bright orange underparts; thus, its tail feathers are a lucky find. If you approach a tree cavity in summer that's about three inches in diameter and sounds like bees inside, you may be hearing the flicker's nestlings attempting to scare you away. Unlike other woodpeckers, the northern flicker will forage on the ground because it is a predator of underground ants, eating about a thousand a day. To capture them, the flicker's large sali-



vary gland excretes sticky mucous that covers its barbed tongue as it shoots forward.

Pileated woodpeckers (aka "Woody Woodpecker"), have bills used for chiseling out fist-sized, rectangular holes in dead or dying trees to search for their favorite food - carpenter ants. You often see two of these

distinctive holes, one directly on top of the other. Many species of birds and small mammals depend on these holes for shelter and nesting. We can help cavity nesters by safely managing snags and live trees with heart rot, or at least delay removal until late fall or winter. Dead brush piles also create feeding and escape places for thrushes, warblers, sparrows, toads, snakes, squirrels, and overwintering butterflies.

One bird that uses already honed cavities is the Western Bluebird, now a rare sight here on the coast. In winter they join small flocks sometimes mixed with Yellow-rumped warblers feeding on mistletoe and other berries, before breaking into pairs by March. Bluebirds are the only members of the thrush family that regularly use cavities or bird houses for nesting. You can put up a nesting box in your back yard and attract the bluebird of happiness.

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of **Botanical Body Care: Herbs and Natural Healing for Your Whole Body.**  
Learn more at: [www.karinuphoff.com](http://www.karinuphoff.com). Image: Audubon.org

## Barred Owl: "Nocturnal Hunters"

"Who cooks for you, who cooks for you-all" is the vocalization of the Barred Owl. It is very similar to our Spotted Owl, but larger and more aggressive. The Barred Owl can be more than 24 inches tall and have a wingspan of up to 49 inches. It has a round head, yellow beak and large dark eyes. The brown back is spotted; the front has horizontal bars on the upper chest and vertical bars on the belly.

Barred Owls are nocturnal hunters. Their exceptional hearing allows them to pick up squeaks from 50 yards away. They eat mostly mice but also chipmunks, flying squirrels, rabbits, opossums and gray foxes.

They nest in cavities or broken tree tops, but also will use abandoned raven and hawk nests. The male feeds the female while she incubates 2 or 3 eggs for about a month.



They usually nest every other year. Parents will care for the young for more than four months.

Barred Owls are not native to local forests, having arrived here from the East, as a result of development and increased logging, in the last part of the 20th century. They nest in parks and in neighborhoods with tall trees. Barred Owls compete for habitat with native Spotted Owls. Interbreeding with Spotted Owls has produced hybrids called "Sparred Owls" or "Bottled Owls." The hybrids are sterile, thus further threatening Spotted Owls.

A controversial four-year experiment, in which scientists are killing Barred Owls in 2% of the Spotted Owl habitat in Washington, Oregon and Northern California, is under way.

Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Barred Owl. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast.  
More information is at [www.mendocinocoastaudubon.org](http://www.mendocinocoastaudubon.org). Image: Clarku.edu (left: Barred Owl. Right: Spotted Owl.)

## The Monarch Super Generation and their Phenomenal Migration - Special from USFWS

As fall approaches, the U.S. Fish and Wildlife Service has something special for you to watch and celebrate. Mid-August typically marks the start of fall migration

source for monarch caterpillars, if there's no milkweed, there are no monarchs - it's that simple. If nectar sources and milkweed goes away, the population declines.



### Creating pollinator habitat

The number of monarchs has decreased significantly over the last 20 years, and massive efforts to address this problem are currently underway. The focus is to improve habitat for pollinators, including monarchs.

Given the scope of this challenge, we must all work together to improve, restore and create pollinator habitat. Together we can save the monarch.

No matter who you are or where you live, you can get involved today. Start by plant-

ing native milkweed and nectar plants that are local to your area. Garden organically to minimize your impacts on pollinators and their food plants. Become a citizen scientist and monitor monarchs in your area. Educate others about pollinators, conservation and ways they can help. Learn how you can play a role in reversing the population decline and save the monarch.



Imagine the journey - flying more than 3,000 miles to Mexico, not knowing where you can rest or where you will have your next meal. The sun is your guide on daily flights, traveling about 50 miles each



day. You often catch free rides on thermal air currents, sometimes flying a mile high. When rain splashes down, the wind blows strong or your body temperature drops below 86 degrees, you are unable to fly.

### Timing is everything

Decreasing day length and temperatures, along with aging milkweed and other nectar sources, trigger the birth of the super generation and their epic migration. They live eight times longer than their parents and grandparents - up to eight months - and travel 10 times farther. To do this, they must conserve energy by storing fat in both the caterpillar and butterfly life stages and waiting to mate until spring.

Monarchs must time their spring and fall migrations to coincide with optimal habitat conditions, including nectar flowers for butterflies and milkweed for caterpillars. Since milkweed is the only food

Credits:





Top: A monarch butterfly resting in the sun on sumac. Photo by Brett Billings/USFWS.

Center: A monarch butterfly sips nectar from New England aster. Photo by Greg Thompson/USFWS.

Bottom: Planting native plants to benefits monarchs and other wildlife. Photo by Gary Peebles/USFWS.

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**Discovery Gallery Features 33 Artists in Grand Re-Opening Celebrating the Expanded Gallery Friday, September 17**

On Friday, September 10, the beautiful, expanded Discovery Gallery Artist Collective will open its doors with the work of 33 outstanding local artists.

Discovery Gallery's grand re-opening celebration takes place on Friday, September 17, from 5:00pm to 7:00pm. You can come to talk with the artists, see their work, and enjoy a little mellow music. "We will all be wearing masks to keep the gathering safe."

The Gallery will be showing paintings and drawings in all mediums, collages and assemblages, handcrafted books, photography and digital art, blown and fused glass, wood carvings, pottery, jewelry; one of a kind quilted jackets, weavings and hang-



ings, hand-dyed cloth scarves, pillow covers, napkins, tapestries. You'll find these and more at Discovery's Artist Collective. There is always an artist at the desk to answer your questions and help you find just what you are looking for.

Come in soon, and be sure not to miss the celebration on September 17 and meet all of the artists! Discovery Gallery is open every day but Wednesday, 10:00am to 4:00pm at the SeaCliff Center, 39140 South Highway 1 in Gualala, just down from Trinks Restaurant. (707) 884-1900.

**The 2021 Studio Discovery Tour Continues September 4-6 Visit the Artists at their Studios.**

Art lovers take note: the Studio Discovery Tour continues on the Mendonoma Coast September 4, 5 and 6. The Studio Tour is just that: a self-directed drive to visit artists in their studios for a conversation about art, and for a chance to purchase art directly from the artists! Over the course of the Labor Day weekend, visitors can choose from 38 artists in 22 studios located along the southern Mendocino and northern So-



noma coast. A brochure and map is available for viewing at [StudioDiscoveryTour.com](http://StudioDiscoveryTour.com).

The Studio Discovery Tour is a wonderful way to spend a day visiting artists' studios, speaking with artists, and purchasing a memory directly from the artist. And you can do the tour all the while locking in some beautiful memories of the stunning California Coastline.

Most studios will be open to visitors from 10:00am to 5:00pm. Simply look for the bright yellow signs guiding you to the studios.

*Image: Hand painted wrap by Siobhan Elder.*

**Rachel Lahn Featured in New Exhibit September at Artists Collective in Elk**

Rachel Lahn returns to the Artists' Collective in Elk with an exhibit of her recent works. Lahn's earlier her paintings have been about color, light, motion and balance. The works in this month's show will emphasize her feel for dimension, shape, color and light. The gallery is open daily from 10:00am to 5:00pm. For this exhibit Lahn will bring works that have been deeply influenced by the COVID pandemic and global warming.

Lahn builds Bas Relief paintings and freestanding sculptures with recycled packing material; cardboard and styrofoam. "I call these pieces 'The Compartment Series.' They are reflective of the many inner compartments I've had to create to emotionally survive the pandemic and our warming planet." A selection of this series will be included in this exhibit.



Lahn offered some additional insight. "My paintings and dimensional constructions are about movement flowing into shapes of color and light. They are reflections of my feelings, travels, and countless transitions. I like my work to speak for itself . . . not too many words. I build abstract relief constructions out of canvas, plaster, wire and wood with mixed media. Once started they take

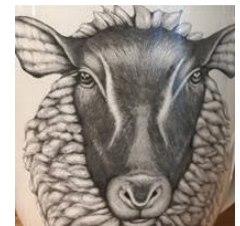
on a life of their own, one form inspiring the next. When I need shape and color inspiration for a piece, I go outside and absorb the life and light in the plants, Redwood trees, mountains, ocean and sunlight that sur-



round me. I paint and draw the energies and shapes of nature".

Rachel Lahn has a BFA and an MAT, from the Rhode Island School of Design. The Elk Gallery is at 6031 South Highway 1, in Elk. The gallery is open daily from 10:00am to 5:00pm. More information is at 707-877-1128 and at [artists-collective.net](http://artists-collective.net).

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Haiku for September

"red maple lead to the shady path across the bridge"

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The Manhattan Short Film Festival Returns September 27  
One World—One Night At Arena Theater—One Festival

After a year-long hiatus due to the pandemic, Arena Theater invites film lovers—and definitely the lovers of short films—to celebrate. On Monday, September 27, at 7:00pm, Arena Theater will screen the popular Manhattan Short Film Festival. Tickets are \$10, available at [www.arenatheater.org](http://www.arenatheater.org), or at the door. Please note: as Arena Theater is operating with restricted capacity, there will be a total of 55 tickets allowing for social distancing.

The Final Ten selections for the 24th Annual Short Film Festival, a worldwide event taking place in over 400 venues across six



cluded are films from the U.K, Afghanistan, Northern Ireland, Norway, Italy and Canada, alongside two films each from France and the United States. Collectively the ten represent the best short films from among 970 submissions from 70 countries. It offers testimony to the enduring vibrancy and creativity of short films worldwide. By virtue of their selection by Manhattan Short, each short film is automatically Oscar-qualified.

Here are the ten finalists. "Archibald's Syndrome" (France), "Aurora" (USA), "Bad Omen" (Afghanistan), "Closed to the Light" (Italy), "Death By Handshake" (USA), "Ganef" (UK), "The Kicksled Choir" (Norway), "Monsieur Cachemire" (Canada), "Out of Time" (France), and "Rough" (Northern Ireland).

"Death By Handshake" director Hudson Flynn, for example, was just 16 years

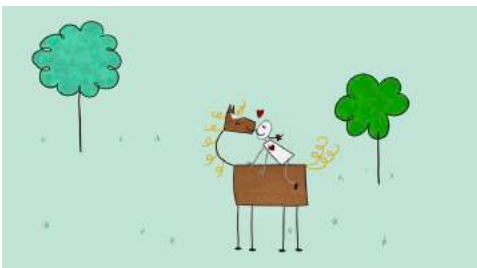


old when he created his wry nod to New York City living during the Covid19 pandemic. Humor also pervades films like "Rough" from Northern Ireland, France's "Archibald's Syndrome" and "Monsieur Cachemire" of Canada. "Out of Time" and the animated "Aurora" are close studies by a pair of woman directors of life at different stages of our existence from French and American perspectives. Short films tackling big topics include Norway's "The Kicksled Choir", which offers a refresh-

ing look at conflict resolution, while "Bad Omen" examines how a woman copes with stark circumstances in Afghanistan. "Closed To The Light" reaches back in time to focus on a riveting moment in World War II Italy while the UK's "Ganef" examines that war's trickle-down effect on subsequent generations. "Trauma is like a virus, resilient and adaptive, capable of living well beyond the

moment it's inflicted," notes Ganef director Mark Rosenblatt, demonstrating once more how short films can give a subject full treatment. Cinema-goers at Arena Theater (and across the United States and around the globe) will become instant film critics as they are handed a ballot upon entry that allows them to vote for the Best Film and Actor. Arena Theater is at 214 Main Street, Point Arena, 95468. (707) 882-3272.

Top: "Ganef". Far left: "Aurora": Bottom: "Death by Handshake". Near left: "Bad Omen". Above: "The Kicksled Choir".



continents is the only event of its kind. The final ten films screen simultaneously across the world, between September 23 and October 3, 2021, with the Best Film and Best Actor awards determined by ballots cast by the audiences in each participating venue. The votes will be sent to Manhattan Short HQ with the winner announced at [ManhattanShort.com](http://ManhattanShort.com) on Monday, October 4, at 10:00am (EST.)

The finalists hail from eight countries. In-



old when he created his wry nod to New York City living during the Covid19 pandemic. Humor also pervades films like "Rough" from Northern Ireland, France's "Archibald's Syndrome" and "Monsieur Cachemire" of Canada. "Out of Time" and the animated "Aurora" are close studies by a pair of woman directors of life at different stages of our existence from French and American perspectives. Short films tackling big topics include Norway's "The Kicksled Choir", which offers a refresh-

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## Honoring Our Future

by David Steffen

Parents regularly have days when images of their children come front and center at random moments; my daughter Caitie's image regularly crosses my mind that way. Daughters are like that. Happily.

Our good fortune to be able to do a fair amount of travel as she was growing up meant that Caitie was able to see and experience things that leave a lasting impression. And my multiple employment changes—Chicago, Los Angeles, New York, etc.—added to not just my life experience, but hers as well. For example, when I took a job in New York in 1990, we bought a house in Connecticut and moved in that August. Having grown up in the midwest I was no stranger to cold weather, but given a choice, I always preferred some measure of the four seasons. In short, accept some months of cold each year compared to the seemingly endless heat and humidity of other places, places I traveled to with some regularity, i.e., Florida, Louisiana, Texas, Missouri, Washington, D.C. I knew that Connecticut would bring some cold winter weather (but not as cold as the midwest,) and it would have a warm spring and fall with a potentially hot summer. And things like hurricanes and tornadoes were for the south or midwest, not Connecticut. That's about as far as my thought process went, back then.

I often quote the idea that, "Life is what happens when you're busy making plans". Exactly one year after moving to Connecticut, Hurricane Bob came through New England. So much for my astute knowledge of weather. "Bob" crossed New York's Long Island on August 19, 1991 and over the next few days it traveled northeast through parts of Connecticut, Rhode Island, Massachusetts, Maine, on to Canada's New Brunswick and Newfoundland before heading out to sea. We received 75-90 mph winds, witnessed long standing trees being uprooted, and plenty of rain. While I'm not certain how much Caitie remembers (she was only 3+ years old at the time), we experienced Hurricane Bob



as a family. Nature shows off its power and benevolence in a variety of ways. In fact, Nature delivers much and we can presume she expects something between love and respect (and maybe fear) in return.

Speaking of the weather, I was able to con-

firm that global warming is real as we experienced three straight 90+ degree afternoons on the Mendonoma Coast. Granted, unlike my days living in middle America, the humidity on the Mendocino coast was barely noticeable. Those who've grown up in the midwest or the east-coast know what I mean. And clearly it was nothing like visiting Florida, Missouri, New Orleans or Texas in spring or summer when they all experience 90+ degree temperatures and 90+ per cent humidity for months on end. I read last week that in late June, the village of Lytton, British Columbia (population, 250) reached a new all-time high temperature; not just for the town of Lytton, or the province of B.C. but for all of Canada. Lytton gained that dubious honor on Tuesday, June 29, reaching 49.6 degrees Celsius (about 121 degrees Fahrenheit,) flying past the old Canadian record of 45 degrees-C (113 degrees F) set in Saskatchewan in 1937. Remember, British Columbia is 1500 miles north of the Bay Area. Whew.

Some of you may be familiar with the streaming channel FreeSpeechTV. They have a variety of good and interesting programs on politics, environment, current events, and are the go-to channel for many who like to watch "Democracy Now," Stephanie Miller, Randi Rhodes and Thom Hartmann. Surprisingly, some of the programs I enjoy most are the short (and always topical) films which they screen between regular longer-form programs. It's amazing how much sinks in after a mere 2 or 3 minutes. Many of them remind us that Mother Earth speaks to us and it seems she's not pleased.

One of those short films features the voice and the words of Robin Wall Kimmerer who is the Distinguished Teaching Professor of Environmental and Forest Biology; and Director, Center for Native Peoples and the Environment, at the State University of New York. The film was based on an original article she wrote, published on Thanksgiving Day, 2015. The article (which is available online at Yes Magazine) was titled "The 'Honorable Harvest': Lessons From an Indigenous Tradition of Giving Thanks." In part, Kimmerer wrote,

"We are showered every day with the gifts of the Earth: air to breathe, fresh water, the companionship of geese and maples—and food. Since we lack the gift of photosynthesis, we animals are des-

tinued by biology to be utterly dependent upon the lives of others, the inherently generous, more-than-human persons with whom we share the planet." I felt a twinge of 'photosynthesis envy'.




As the 3 1/2 minute film opens, we hear Kimmerer tell us "If I could choose just a single element of the traditional teachings that

we're called to pick up, it would be the teachings of the Honorable Harvest; which were taught us by the plants, who give us everything that we need . . . One of the first steps of the Honorable Harvest is to understand that the lives that we are taking are the lives of generous beings, of sovereign beings. And in order to accept their gift we owe them at least our attention. To care for them we must know what they need, and at the very minimum we should know their name. And yet the average American can name over 100 corporate logos and [only] ten plants."

With the vivid memory of Mitt Romney's 2012 declaration that "corporations are people," it's clear that plants and water, in particular, and the earth's gifts, in general, are of little importance to Romney and other corporate evangelists (who are also often environmental menaces). We can do better. We must do better. Striving to be honorable is not to be dismissed. Whether plants, the planet, or our next door neighbors, being honorable is a necessity. For all of us.

Images:

Left: "Seaside After Bob". Courtesy NWS Boston.  
Above: "Girl". Frame from "The Honorable Harvest".



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**"The Living Sea of Waking Dreams: A Novel"**  
**A Book by Richard Flanagan • Reviewed by Jennifer Bort Yacovissi**

The job of a reviewer is to critique the book that has been written — that is, to interrogate what the author was attempting to achieve and then to assess whether he (in this instance) has been successful — not to complain that it wasn't the book the reviewer wanted.

Still, I found myself thinking there are so many potential books inside *The Living Sea of Waking Dreams* that I wish Richard Flanagan had written. Instead, we have the one he chose to write, which I feel does not achieve his desired outcome.

Flanagan, who was born and raised in Tasmania, is inarguably the best known, most prolific, and most celebrated living Australian author. Of his now eight novels, he is best known for the 2014 Man Booker Prize-winning *The Narrow Road to the Deep North*, but virtually all of them have met with wide acclaim. This new one is racking up the accolades, too, but I must demur.

*The Living Sea of Waking Dreams*, with its pervasive sense of slowly unfolding doom, is a book about vanishing — not just figuratively and literally, but also in an oddly liminal space between the two. Flanagan's story focuses on the already diminished Tasmanian family of Tommy, Anna, and Terzo, three siblings whose father, Horrie, and brother Ronnie have already died, and whose mother, Francie, is dying by centimeters.

Francie is entirely ready to slip these mortal bonds; unfortunately, Anna and Terzo — the two who live on the mainland and swoop in every so often to issue edicts to Tommy, their mother's caregiver — are intent on forcing her to stay:

"Tommy's idea of accepting death felt weak and spineless next to Terzo's mad, cruel and hateful love... Because anything was better than death... If to live it took Francie working as hard as an Olympic gold medalist to get the whole twenty-one pills down every day, well, that was what it took. If it took living like a dog, well, was that not still living? And, after all, wasn't living preferable to dying?"

While this family drama is playing out, massive wildfires are ravaging Australia, and the fallout of smoke and ash are covering Hobart and the rest of Tasmania. Entire species of animals are disappearing into the flames.

The story unspools through the eyes of Anna, a successful architect whose busyness through the years has prevented her from paying much attention to her son, Gus, who is now grown and rarely emerges from his bedroom except to steal things from her. Any bond between the two has vanished, and it's unclear that she has gained anything

in the trade-off.

Instead, when faced with the dispiriting prospect of her dying mother or the specter of the wildfire devastation or the thought of Gus, Anna disappears into Instagram and Facebook. "She wanted to post something cheerful she took a photo of her feet in the new sandals she had bought at Sydney Airport. New shoes! she wrote. Oceans were warming at the rate of five atom bombs a second."

Through all of this, Anna is also working to ignore the disappearance of various parts of her body: first a finger, then a knee, a breast, an entire hand. The missing parts are blurred out in the manner of a perp's face in a reality cop show. No one else seems to notice except Francie, who is living in a world of medically induced hallucinations. Eventually, Anna realizes other people are missing parts, as well, though their loss goes unremarked upon:

"And so her life was to go on as it ever had. Parts of her would go missing and no one, not even doctors, would ever notice. And if no one noticed did anyone care? And if no one cared why should she?"

Unfortunately, Flanagan prompts that same question in his reader. The author is urgent in his desire to get his readers to grasp — to notice — the climate catastrophe that is unfolding before our eyes, if only our eyes weren't glued to our phones. That urgency translates into an unsubtle, hectoring repetitiveness that undermines his message.

He could have told this story in far more effective and affecting ways. Instead of Anna, we could have seen through the eyes of a younger Francie — forced by culture and circumstances into a pre-determined role,

but who grew up in a natural world that's quickly disappearing — as she aged and eventually vanished into her waking dreams.

Flanagan, whose perfection in detail is as magical as ever, makes us yearn to spend more time with her, this woman who understands calculus and wishes she'd been taught how to service her own car, rather than being saddled with the drudgery of keeping house and raising children:

"No one sang of it, no one celebrated it, no one respected it. Francie did all of it, agreed with none of it, and preferred simply to get on with it. But once, Anna overheard her and the Tiger [Francie's mother] speaking about women, voices strangely low and gravelly, a muted music of rage she never forgot."

It is abundantly clear that Flanagan is raising the alarm over the ravages already wrought by climate change and our willingness to ignore them; he ends with a note about the near-extinction of Tasmania's orange-bellied parrot. Even if he's preaching to the converted, though, this is not the book to shake readers into looking up from their screens.

*Jennifer Bort Yacovissi grew up in Bethesda, MD, just a bit farther up the hill from Washington, DC, where her debut novel, Up the Hill to Home, takes place. The novel is a fictionalized account of her mother's family in DC from the Civil War to the Great Depression. In addition to writing and reading historical and contemporary literary fiction, Jenny reviews for both the Independent and the Historical Novel Society. She owns a small project-management and engineering consulting firm, and enjoys gardening and being on the water. Jenny lives with her husband, Jim, in Crownsville, MD.*



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**September's Reading List  
Best Sellers and Best Bets**

"Books are the best friends you can have; they inform you, and entertain you, and they don't talk back."  
 John Steinbeck (1902-1968-)

- **I Alone Can Fix It**  
by Carol Leonnig and Philip Rucker
- **This is Your Mind on Plants**  
by Michael Pollan
- **Where The Crawdads Sing...**  
by Delia Owens
- **The Girls Who Stepped Out Of Line**  
by Mari K. Eder
- **The Quiet Zone**  
by Stephen Kurczyk
- **The History of Bones: A Memoir**  
by John Lurie
- **The Glass Hotel**  
by Emily St. Mandel
- **Project Hail Mary**  
by Andy Weir
- **The Subtle Art of Not Giving a F\*ck**  
by Mark Manson
- **Refugee**  
by Alan Gratz
- **The Pigeon Has To Go To School**  
by Mo Willems
- **The Reason for the Darkness of the Night**  
by John Tresch
- **One of Us Is Lying**  
by Karen M. McManus
- **The Love Songs of W.E.B. DuBois**  
by Honoree Fanonne Jeffers
- **The Sound of the Sea**  
by Cynthia Barnett
- **The Confidence Men**  
by Margalit Fox
- **The Vixen**  
by Francine Prose

**Another Book You Might Like\***

\*. **The Living Sea of Waking Dreams**  
 A Book by Richard Flanagan  
 (See review on this page)  
*The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike. Our thanks to Four-Eyed Frog Books, a Community-owned Bookstore in Cypress Village, Gualala.*

7	1	9	2	3	4	5	8	9
9	3	5	7	1	8	2	6	4
2	4	8	5	9	6	7	3	1
8	5	1	9	4	9	3	7	2
4	7	9	3	8	2	1	5	6
9	2	3	1	7	5	9	4	8
3	6	4	9	5	1	8	2	7
5	9	2	8	6	7	4	1	3
1	8	7	4	2	3	9	6	5

**Solution to Sudoku**

# Scuttlebutt

by Mitch McFarland

Anyone who has given any thought to the subject realizes that we cannot continue to gobble up the Earth's resources indefinitely. Big as it is, the world is a finite place and as more and more people populate our planet, something has got to give.

Recycling obviously has a major role to play, but it is not the sole solution. Expecting all consumers to act responsibly is a pipe dream. Just look at the vaccine debacle. We can't even get people to protect themselves from a potentially deadly virus, so how should we expect that people will all act responsibly to protect our planet and lifestyle?

Add to this the utterly confusing and constantly changing rules and practices within the recycling industry. Even fanatical recyclers like myself must continually pay attention to the ever-changing landscape of recycling. That is why I write these articles trying to give at least our local population current information and hints to aid their efforts.

There is currently much attention being paid to the very wasteful single use packaging. As online shopping has exploded and businesses turn to take-out retail and other Covid related issues, the problem has come more sharply into focus.

New appliances often come with large chunks of styrofoam that certainly no one ordered and virtually no hauler will accept.



It can cost you several dollars to discard that stuff at the transfer station. And how about styrofoam peanuts, which virtually everyone hates?

Most people are familiar with the phrase "reduce, reuse, recycle". We may reuse things and recycle them, but how are we suppose to "reduce". You can't order something online and click a box that says "please don't use styrofoam packaging" - or reams of non-recyclable shrink wrap. Why should it be your responsibility to pay to dispose of packaging that cannot be recycled? Even many things that are technically recyclable are not accepted at local recycling processors because they lack markets for the material.

The weird thing is that many major brands are committing themselves to increasing their use of recycled material, but

can't get enough recycled feedstock to fulfill their commitments. Meanwhile consumers are frustrated because their solid waste companies won't accept things that could be recycled because they don't have markets for them. This disconnect is where the government has a role to play.

Along comes something called Extended Producer Responsibility laws. Vermont recently was the first state in the nation to create such a law and they are about to be joined by Oregon. The California legislature has had EPR bills introduced for several sessions, but the American Plastics Council and others are freaking out over these measures because it puts the respon-



sibility for recycling their products on them instead of you.

In varying ways these laws put a cost to every single-use plastic item manufactured. The funds collected from manufacturers of plastics go to finance the recycling of their products. More importantly they will motivate companies to reduce the amount being created to begin with. If there is one thing that we all know about America is that if you put a price on something it gets looked at quite differently.

The U.S. Congress also has pending EPR laws that would create a national standard for the industry and make the process nationwide, but our bought-and-paid-for Congress has a hard time doing anything that might harm the bottom line of their donors and you know that the plastics and fossil fuel industry in general are big donors.

Momentum is building for EPRs. The European Union last year passed a strong measure that will apply to all importers to the EU as well as local producers. They were followed by Vermont and now Oregon, so if California can get with the program that will have a huge effect on the national effort. Industry would begrudgingly accept a national standard rather than having to adhere to numerous and various state measures.

Policy changes within government often take forever, so fortunately, some companies are taking the lead. Reduced packing is receiving a boost from several companies that are taking it upon themselves to take action.

A company called Love Beauty and Planet introduced aluminum refillable hair care bottles at Target. Once purchased the bottles can be refilled with a variety of the companies products.

Moon Valley has gone a step further by introducing a hair shampoo and conditioner that comes as a bar. No plastic bottle and the packaging is a simple, fully recyclable cardboard box.

An outfit called TerraCycle offers free recycling programs funded by brands, manufacturers, and retailers around the world to help you collect and recycle your hard-to-recycle waste. They have a number of programs to choose from depending on what you wish to recycle. They send you a container and free shipping label to return previously impossible to recycle items. Check them out online.

An affiliated company called Loop has partnered with dozens of product brands to provide reusable containers for consumer goods. The Loop tote is sent to consumers to be filled with product containers and sent back for reuse or recycling.

One company, Preserve, even has recyclable toothbrushes, which, incidentally, researchers have found a surprisingly large number of in the Great Pacific Plastics Gyre.

It has been said that the revolution begins at home. Social change takes place when large numbers of a population make a personal choice to change, regardless of their form of government. It will take a combination of government action and market forces driven by consumer demand if we ever hope to reach a sustainable human population on our galactic lifeboat.

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Editor's Note: Info on California Assembly Bill 842 is available at

<https://epr.sustainablepackaging.org/policies/AB842>. On that webpage you'll also find a link to the current California Assembly bill AB-842, California Circular Economy and Plastic Pollution Reduction Act.

## SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

				4			1
			9				
	2	8					
				7			2
9		1		8	3	6	
		3	6				5
1					5		4
			8				3
	8						7

### HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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## Met Opera, Bolshoi Ballet, and Exhibition on Screen. All Returning to Arena Theater in 2021

Arena Theater has announced the return of several of its favorite telecast programs. This fall, audiences will once again be able to enjoy the Met Opera Live in HD, the Bolshoi Ballet in Cinema, and Exhibition on Screen. As with its first run films and special features, Arena Theater will present all of these with restricted capacity. A total of 55 tickets will be available for all programs allowing for social distancing, and all programming is subject to change.

The Met's 2021-22 season of live movie theater transmissions features ten spectacular productions, including four Met premieres. Tickets will go on sale at Arena Theater on Wednesday, September 8. Tickets are \$24 general, \$22, senior, \$18 youth (18 and under), and they will be available in advance online or at the box office the day of the opera. Watch for an announcement soon with information about season tickets.

The MET lineup is as follows: October 9: "**Boris Godunov**" (Mussorgsky); October 23: "**Fire Shut Up In My Bones**" (Terence Blanchard); A New Production/Met Premiere, December 4: "**Eurydice**" (Matthew Aucoin); A New Production/Met Premiere, December 11: "**The Magic Flute**" (Mozart). Encore (optional, exhibitions possible through end of January 2022). January 1: "**Cinderella**" (Massenet); Abridged English-



language version, January 29: "**Rigoletto**" (Verdi); New Production, March 12 - "**Ariadne Auf Naxos**" (R. Strauss), March 26 - "**Don Carlos**" (Verdi); New Production/Met Premiere, May 7: "**Turandot**" (Puccini); May 21: "**Lucia Di Lammermoor**" (Donizetti); New Production, June 4: "**Hamlet**" (Brett Dean) New Production/Met



Premiere.

The Bolshoi Ballet in Cinema 2021-22 season will open on November 21 with "**Spartacus**", a sensational ballet composed by Aram Khachaturian, from the Bolshoi Theatre's historic stage. On December 19, Tchaikovsky's holiday classic, "**The Nutcracker**", will bring out a festive atmosphere in movie theatres. George Balanchine's sparkling "**Jewels**" opens the New Year on February 6 with a live broadcast, followed by the captivating "**Swan Lake**" on March 6 to enchant cinema audiences. Finally, on May 15, Pierre Lacotte's production, "**The Pharaoh's Daughter**", a monumental show live from Moscow, will

close the program. Tickets are \$18 general, \$5 youth (18 and under), available online by or at the box office.



The popular Exhibition on Screen, now in its 9th season, will resume in October, featuring five screenings. Tickets are \$15, available online or at the door. October 17: "**Raphael Revealed**", marking the 500th anniversary of Raphael's death, the greatest exhibition ever held of his works took



place in Rome. December 12: "**The Danish Collector: Delacroix to Gauguin**", for many years no-one was interested in the art of the Impressionists and artists like Monet, Degas and Renoir were left penniless as a result. February 13: "**Frida Kahlo**", released to coincide with International Women's Day, Exhibition on Screen is delighted to bring



Frida Kahlo back to cinema for the attention it deserves after last year's Covid restrictions. April 10: "**Easter in Art**", Christ's death and resurrection is perhaps the most significant historical event of all time, as recounted by the gospels but, equally, as depicted by the greatest artists in history. June 12: "**Camille Pissarro: Father of Impressionism**", it is through intimate and revealing letters Pissarro wrote to his family that this gripping film reveals his life and work.

..... Check the Arena Theater website (arenatheater.org) for more information on the Metropolitan Opera, Bolshoi, and Exhibition on Screen.

Images: Top left: "Fire Shut Up in My Bones". Bottom left: "Rigoletto". Top: "Swan Lake". Middle: "The Danish Collector: Delacroix to Gauguin". Above: "Camille Pissarro: Father of Impressionism".

## "Jungle Cruise", "Annette", "The Green Knight" and "Free Guy"! New Movies at Arena Theater

First-run movies continue to make their way to the Mendonoma Coast. Here's what Arena Theater has in store for us in September.

"**Jungle Cruise**": There is no question that the scary fun (and the campiness) of the Jungle Cruise at Disney's resorts holds up well after all these years. And now they're giving us a chance to enjoy it from a comfortable seat here on the coast. Those of you who haven't experienced the Jungle Cruise in person, it's like this. A small riverboat takes a group of travelers through a jungle filled with dangerous animals and reptiles but with a supernatural element. Rated PG-13. It has a run time of 127 minutes.

"**Annette**": Los Angeles, today. Henry (Adam Driver) is a stand-up comedian with a fierce sense of humor who falls in love with Ann (Marion Cotillard), a world-renowned opera singer. Under the spotlight, they form a passionate and glamorous couple. With the birth of their first child, Annette, a mysterious little girl with an exceptional destiny, their lives are turned upside down. A film by visionary director Leos Carax (Holy Motors), with story & music by Ron & Russell Mael of Sparks, this original musical is a journey of love, passion & fame.

"**The Green Knight**": An epic fantasy adventure based on the timeless Arthurian legend, THE GREEN KNIGHT tells the story of Sir Gawain (Dev Patel), King Arthur's reckless and headstrong nephew, who embarks on a daring quest to confront the eponymous Green Knight, a gigantic emerald-skinned stranger and tester of men. Gawain contends with ghosts, giants, thieves, and schemers in what becomes a deeper journey to define his character and prove his worth in the eyes of his family and kingdom by facing the ultimate challenger. From visionary filmmaker David Lowery comes a fresh and bold spin on a classic tale from the knights of the round table. Rated R. Run time: 125 minutes.

"**Free Guy**": In Twentieth Century Studios' epic adventure-comedy "Free Guy," a bank teller who discovers he is actually a background player in an open-world video game, decides to become the hero of his own story...one he rewrites himself. Now in a world where there are no limits, he is determined to be the guy who saves his world his way...before it is too late. Starring Ryan Reynolds and Jodie Comer. Rated PG-13. Run time: 115 minutes.

It's great to be able to get out and see a movie on the big screen at Arena Theater. Check times & tickets at [ArenaTheater.org](http://ArenaTheater.org).



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## Job Fair at The Sea Ranch Lodge Thursday, September 2

People driving regularly up and down the coast between Gualala and Jenner have taken note that the Sea Ranch Lodge has been undergoing a transformation. The work is nearing completion and now the time has come for the Sea Ranch to spring back to life. And to do that they need employees. Workers. They need people.

The Sea Ranch Lodge is looking for talented, knowledgeable, and fun candidates to join their team. More specifically they



are looking for people interested in working at the Lodge as Line Cooks, Bartenders, Barbacks, Servers, Assistant Servers, Food Runners, Hosts, Retail Associates and Maintenance Technicians.

To fill these positions the Sea Ranch Lodge is holding a Job Fair at the Lodge on Thursday, September 2, 2021 from 10:00am until 5:00pm. Anyone interested can email them at:

[community@thesearachlodge.com](mailto:community@thesearachlodge.com)

# Crossword

by Margie E. Burke

## ACROSS

- 1 February forecast
- 5 Golf strokes
- 10 "What are the \_\_\_?"
- 14 Improve, as skills
- 15 One way to fall
- 16 Like TV title housewives
- 17 Thunderous applause
- 18 Extraordinary
- 20 Break, as a habit
- 22 Like fangs
- 23 Hair stuff
- 24 Musical conclusion
- 26 Nautical journal
- 27 Fuss
- 29 High male voice
- 34 Animal track
- 36 Place for fishing
- 37 Post Malone's genre
- 38 Give praise
- 39 Bake, as eggs
- 40 Kate of "House of Cards"
- 41 30-day mo.
- 42 Like much Cajun cuisine
- 43 Plane anagram
- 44 Vatican attraction
- 46 Hustles
- 47 Palindromic name
- 48 Christmas carol
- 50 What the "Scooby-Doo" gang rode in
- 53 Cannabis product
- 57 Way to follow

1	2	3	4		5	6	7	8	9		10	11	12	13
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34	35					36						37		
38					39						40			
41				42						43				
44			45							46				
			47				48	49				50	51	52
53	54	55				56		57			58			
59							60					61		
62					63							64		
65					66							67		

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- 59 Call attention to
- 61 Sis to Katniss
- 62 Back end
- 63 Church leader
- 64 Rush job notation
- 65 Verge
- 66 Out of practice
- 67 Fit together
- 8 Fairway feature
- 9 Baby transport
- 10 Sherbet flavor
- 11 Balance sheet item
- 12 Cowgirl Evans
- 13 Downhill racer
- 19 Mall booth
- 21 Computer brand
- 25 Kind of violet
- 28 Serling of Sci-fi TV
- 30 High nest (var.)
- 31 Set crosswise
- 32 Mitchell mansion
- 33 Milky stone
- 34 Concrete section
- 35 Bearded Smurf
- 36 Stylish
- 39 Old maid
- 40 R&B's Boyz II
- 42 Struck down
- 43 Marco
- 45 Beckoning words
- 46 Stuffing ingredient
- 49 Musical eight-some
- 51 Assumed name
- 52 Woodland deity
- 53 Fabled racer
- 54 Got a perfect score
- 55 Heroin, slangily
- 56 Netflix rival
- 58 Junk E-mail
- 60 Commercials

## DOWN

- 1 "Beats me" gesture
- 2 Nary a person
- 3 Crawling, say
- 4 "The Way We \_\_\_"
- 5 Pirate's pet
- 6 Flip
- 7 Flat hat



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## "Auk-Ward Moments"

by Mary Jane Schramm, Freelance Writer, Naturalist

He gazed up at his lady-love who, Rapunzel-like, awaited him far above. She was tucked securely in a crevice on the steep rock wall whose entrance offered no safe



landing space for an aerial approach. Indeed, the pair engineered it to be defensible against nest raiders, excavating it with their powerful claws. So, like an avian Romeo, the male began to scale the fog-slicked cliff face, using sharp-nailed feet like crampons, fluttering his short but powerful wings for added lift and balance. Reunited, they ob-



served their ritual greetings and he settled onto their pair of eggs, warm and smooth.

Fishing had been good, and it was now his mate's turn to replenish and refresh. Meet our coastal "sea pigeons", or Pigeon Guillemots, *Cephus columba*.

### AUKING THE AUK:

Members of the auk family alcidae, Pigeon Guillemots are cousins to puffins, murres and murrelets, auks and auklets, and dovekies. They are "ringers" for the unrelated landlubbing rock dove, or common pigeon. Our "PIGU" is a compactly built seabird whose unisex jet-black breeding plumage is sharply accented by white wing patches with a black comma-shaped blaze. Winter plumage is mostly white below and dull black above, similar to immatures birds. Year-round it sports bright crimson on its legs and feet, and inside its mouth. About the size and shape of a large Idaho potato, roughly 12 to

14 inches, it weighs over a pound. Calls include high pitched peeps accelerating into staccato trills that taper off, and whistling alarm calls: visit Sounds.

### REAL ESTATE MATTERS:

The Pigeon Guillemot's range describes a huge arc of nearshore waters across the North Pacific, from Baja California, Mexico, north along the US and Canadian west coasts into Arctic waters, and across to Eastern Russia into northern Japan. It prefers wild rocky coasts and islands, but human development has created alternate habitats.

Nearshore, shallow water and tide pool feeders, these guillemots frequent piers and harbor breakwaters; in fact, Alcatraz Island in San Francisco Bay hosts a major guillemot colony.

### REPRODUCTION:

Pigeon Guillemots are atypical alcid, often laying two eggs, vs. only one. Both sexes tend the nest and young intensively, defending them by combat if threats fail, using sharp bills and sharper nails. PIGU nestlings fledge between one and two



months of age as natural swimmers and divers; flight skills take a bit longer.

### SURVIVORS!

Pigeon guillemots, numbering nearly a half-million worldwide, are listed as a Species of Least Concern. However, they are highly sensitive to periodic low ocean productivity due to anomalous ocean temperatures, such as during severe El Nino years like 1982-83, and other extreme warm water events, such as in 2014-15 when many marine species suffered. At these times when their prey - small

fish, mollusks, crustaceans, and polychaete worms, are scarce, complete nesting failure occurs. Their nearshore habits present additional human-caused hazards such as oil pollution impacts and disturbance.

Greater Farallones National Marine Sanctuary uses seabirds as sentinel indicators of the health of our coastal ecosystem, through long-term monitoring of live and dead seabirds with its long term Beach Watch project, one of the first citizen-science monitoring projects within the National Oceanic and Atmospheric Administration, or NOAA. Partners in the Applied California Current Ecosystem Studies (ACCESS) cruises they obtain additional seabird data to measure healthy conditions when normal cold-



water upwelling boosts prey availability, and can determine severity, extent and duration of mortality events. They correlate coastal wildlife and human activities, linking wildlife health to pollution, climate change, prey availability, or other environmental factors.

### LEARN MORE:

Each spring Greater Farallones National Marine Sanctuary offers special seabird tours to Alcatraz; see <https://farallones.noaa.gov/visit/exploration-program.html>

For range maps, and more information, see [https://www.allaboutbirds.org/guide/Pigeon\\_Guillemot/](https://www.allaboutbirds.org/guide/Pigeon_Guillemot/)



### Photo Credits:

*Emerging from its burrow, the PIGU's sharp-clawed feet cling to precarious footholds. Photo: [https://commons.wikimedia.org/w/index.php?curid=4565607\(CC by 2.0\)](https://commons.wikimedia.org/w/index.php?curid=4565607(CC%20by%202.0))]*

*PIGUs are dead ringers for the unrelated, land-lubbing rock pigeons. Photo: Alan Schmierer/ PubDom*

*LIFTOFF! During food-rich years, PIGUs with full bellies may struggle to achieve liftoff. Photo: BLM.gov*

*Immatures and non-breeding season adults have lighter plumage, but the red feet remain their year-round. Photo: Alan Schmeirer-PublicDomain*

*PIGUs spend more time at the surface than many seabirds. Photo: NPS*

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Steve May  
Owner, Surf Market

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## Get Out! September Events. Poetry, Theater, Art, Radio, Online and more.

Please be advised that some events currently included in Get Out! are VIRTUAL events. They will be done remotely with attendees and guests participating through an internet connection. Most virtual events can be accessed from home with a good internet connection. Read footnotes below calendar for details.

- Wednesday 01: 12:00 Noon, Artists' Collective in Elk: Rachel Lahn, featured artist.
- Thursday 02: 10:00am, Job Fair at Sea Ranch Lodge (until 5 pm)
- Thursday 02: 12 Noon, Grassano and Coad—New Exhibit at Coast Highway Art Collective
- Friday 03: 7:00pm, "Jungle Cruise" at Arena Theater.
- Friday 03: 7:00pm, Flynn Creek Circus, All Ages Performance at Redwood Coast Rec Ctr
- Saturday 04: 10:00am, Studio Discovery Tour, (look for the yellow signs in Mendonoma)
- Saturday 04: 4:00pm, Flynn Creek Circus, All Ages Performance at Redwood Coast Rec Ctr
- Saturday 04: 7:00pm, Flynn Creek Circus, Adults Only Performance at Redw. Coast Rec Ctr
- Sunday 05: 10:00am, Studio Discovery Tour, (look for the yellow signs in Mendonoma)
- Sunday 05: 4:00pm, "Jungle Cruise" at Arena Theater.
- Sunday 05: 4:00pm, Flynn Creek Circus, All Ages Performance at Redwood Coast Rec Ctr
- Sunday 05: 7:00pm, Flynn Creek Circus, All Ages Performance at Redwood Coast Rec Ctr
- Monday 06: 10:00am, Studio Discovery Tour, (look for the yellow signs in Mendonoma)
- Wednesday 08: 2:00pm, "Jungle Cruise" at Arena Theater.
- Thursday 09: 7:00pm, "Jungle Cruise" at Arena Theater.
- Friday 10: 7:00pm, "Annette" at Arena Theater
- Sunday 12: 2:00pm, Chamber Music Concert at Gualala Arts' Amphitheater
- Sunday 12: 4:00pm, "Annette" at Arena Theater
- Tuesday 14: 9:30am, MHA's Chronic Health Workshop opens. Online.
- Tuesday 14: 6:00pm, Special meeting of Pt. Arena City Council. <sup>3</sup>
- Wednesday 15: 2:00pm, "Annette" at Arena Theater
- Thursday 16: 7:00pm, "Annette" at Arena Theater
- Thursday 16: 7:00pm, 3rd Thursday Poetry via Zoom. Guy Biederman<sup>2</sup>
- Friday 17: 5:00pm, Discovery Gallery Re-Opening
- Friday 17: 7:00pm, "The Green Knight" at Arena Theater
- Sunday 19: 4:00pm, "The Green Knight" at Arena Theater
- Wednesday 22: 2:00pm, "The Green Knight" at Arena Theater
- Thursday 23: 7:00pm, "The Green Knight" at Arena Theater
- Saturday 25: 2:00pm, duo'Xplore at Wine Shop/Lyndon Gallery, Annapolis Rd.
- Monday 27: 7:00pm, Manhattan Short Film Festival at Arena Theater

2. To watch or participate as an open mic reader email [blake@snakelyone.com](mailto:blake@snakelyone.com)

3. Pt. Arena City Council Meeting via teleconference. Check website for agenda. <https://zoom.us/j/92924523393>.

### AFRICA ON THE MENDOCINO COAST

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