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# Lighthouse Peddler

Issue #191 September 2017

(707) 684-1894

[www.thelighthousepeddler.net](http://www.thelighthousepeddler.net)

## Blues Rocker AC Myles In Concert September 22 At Garcia River Casino

“I want to see this guy.” You hear that from time to time about someone that a friend, acquaintance, or music reviewer seems to think is above the ordinary and worth our time (and our money). Your—our—next chance to see one of these “guys” is Friday, September 22, when the Garcia River Casino presents AC Myles. Show time is 8:30pm.

There are moments during an AC Myles set that you’re amazed how he’s able to make it look so effortless. Like cranking out a classic version of Bobby “Blue” Bland’s “I Wouldn’t Treat A Dog (The Way You Treated Me)”, a moment later shifting gears to a gospel flavored “Rock My Soul”, or the classic

R&B feel of “Reconsider Me”, before letting it all hang out in a song like “Three Ways To Fail”.



Myles can easily shift from hard-hitting guitar solos to a mesmerizing slide guitar. Whether he’s ripping the music from a vintage hard-body Fender Strat or Telecaster, or his Oscar Schmidt “Rhythm King” semi-hollow body guitar, AC Myles has a list of credits that belie his youthful good looks. He’s played with Buddy Guy, Elvin Bishop, Tedeschi Trucks Band, and Sonny Landreth, and that’s not even half the list of the major players with whom he’s performed. **Critical Jazz** wrote:

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THIRTEENTH ANNUAL  
**GUALALA RIVER RUN**  
2017

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## Judy and Frank Mello • B. Bryan Preserve The Lighthouse Lecture Series September 17

The Lighthouse Lecture Series continues at the Point Arena Lighthouse on Sunday, September 17 at 4:00pm when Judy Bryan Mello of B. Bryan Preserve will present "The Silent Extinction." This unique lecture will



address the dramatic drop in giraffe populations over the past 30 years that has seen the world's tallest mammal classified as vulnerable

to extinction. Admission is \$5 per person, and the lecture will be presented in the Fog Signal Building Museum at the Point Arena Light Station, 45500 Lighthouse Road, Point Arena.

B. Bryan Preserve has been actively committed to the breeding and preservation of African hoof stock for over a decade. The preserve is not a zoo, but a private preserve housing majestic African animals in large open fields. It is one of the few private facilities that is certified as a related facility with the American Zoological Association and now houses over 65 animals including endangered Grevy's and Hartmann's Mountain Zebras, Sable, Roan and Kudu antelope and a bachelor herd of the endangered Rothschild's Giraffe.

Judy's husband Frank is originally from California and met Judy in Mississippi through work. In 1998, Frank went to West Texas and fell in love with Sable antelope, so much so that he

brought some back to Judy's family ranch in Mississippi. That was the beginning of B. Bryan Preserve. In 2004, Frank retired from corporate life and Judy had an opportunity to move out

West with her work. They loaded up 11 animals and moved to their new home in Point Arena. In addition to her work at B. Bryan Preserve, Judy still has her corporate job that requires weekly travel and she serves on the board of the Point Arena Merchants Association (PAMA).

For more information or to make reservations, call the Lighthouse at 707-882-2809, ext. 1.



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TIM MUELLER, GUITAR  
FRIDAY, SEPTEMBER 15

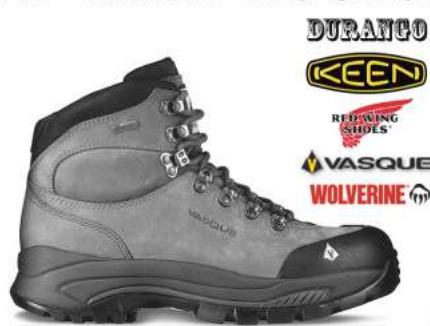
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## Point Arena's 18th Annual Harbor & Seafood Festival Sunday, September 3 • Noon to 6:00pm

Living near the ocean provides a daily opportunity to stop and look at the Pacific, or maybe stop at Cove Coffee in Point Arena for a morning coffee or latte, or end the day on a Tuesday for tacos at the Chowder House. Any excuse to take in the beauty of our ocean is a good excuse. If you're still holding out, then maybe this is the incentive you needed. Sunday, September 3 is Point Arena's 18th Annual Harbor & Seafood Festival, from noon to 6:00pm.

This is an event that you don't want to miss:

a perfect setting with amazing food, stunning views, great company and all for a good cause—to raise money to keep our local pier operating all year long!

The 2017 "Harborfest" menu features oysters, albacore kebabs, fish tacos, and abalone cakes! Libations include craft beer courtesy of North Coast Brewery, assorted wines, and non-alcoholic beverages including soft drinks and homemade lemonade.

This year's bands include local faves Fast Company, OZONE BBQ, and Chuckwalla as well as the Nelson Lunding Trio and 3 Sheets to the Wind. The kids area hosts a bouncy house, face painting and a sea-themed sidewalk chalk art competition.

There is no entry fee and parking is free. Bring the kids, but please leave the dogs at home. For more information or to get involved you can call Point Arena City Hall at (707) 882-2122.

.....

For anyone new in town, the City of Point Arena wanted to reassure locals and visitors alike that the money is all for a good cause.

The Harbor and Seafood Festival (Har-

borFest) is an important and critical event for the Point Arena Pier. All proceeds from this volunteer-led event go to the Pier Repair and Replacement Fund (R&R Fund). Last year's HarborFest was the most successful ever, netting over \$18,000 for the R&R Fund.

The City of Point Arena would like to make clear that money in the R&R Fund is used solely for repair and maintenance of the Pier. No funds are expended on operational salaries, even though significant staff time has been used this

year mitigating storm damage and performing ongoing repairs. In the past year, the City has expended money from the Repair & Replacement fund for the following projects:

- Hoist Repair and Certification;
- January 2017 Storm Damage Engineering by City Engineer to apply for disaster funding from FEMA & CalOES;
- Emergency Repairs and Mitigation to ensure Arena Cove and Pier were functional after the January storm, including clearing the parking lot, rebuilding the berm next to Arena Creek and securing the floating dock piling;
- Ongoing Repair and Maintenance, including forklift repair, bathroom refurbishment, hoist junction box replacement, and new lifting harness and suspension straps for the floating dock.

There is always more to do and the City of Point Arena is currently working with the FEMA and California's OES to secure funding for repairs to pilings on the pier and to enhance the safety of Arena Cove. More to come! Now, enjoy your day at Harborfest!



Beside the well-trod path . . . Little Cottage in the Woods, Pacific Woods. Sited on four acres of towering redwoods, this two bedroom home emerged like a phoenix from the flames with a bright brand new interior from floor-to-ceiling, wall-to-wall! Beautiful wood cabinets contrast with dark grey countertops in a kitchen complete with wood burning stove and breakfast bar open to the living room. All fixtures throughout the home, propane wall furnace, water heater, electrical and plumbing are new. A second structure, an "A-Frame" cabin, is currently used for storage. Zoning allows potential split into 4 one acre parcels, all within the Gualala Town Plan. ~~\$351,000~~ Now: \$327,500

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Our thanks to September contributors Rozann Grunig, Mitch McFarland, Blake More, Gillian Nye, Paula Ray Power, Cathy Riehm, Mary Jane Schramm, David Steffen, Karin Uphoff, and Jennifer Bort Yacovissi.

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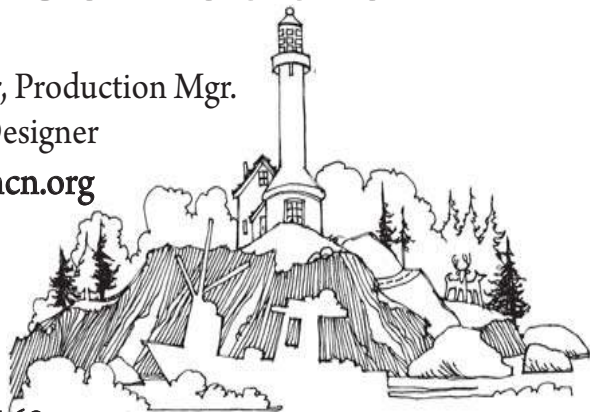
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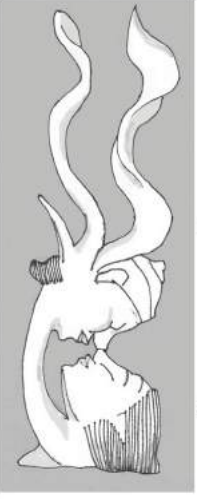




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**Slow Season, Plus Ozone BBQ In Concert September 16  
Live Music at Arena Theater • Two California Bands**

September on the coast sometimes means warm days and cool nights. Not to worry as California's own Slow Season arrives at Arena Theater Saturday September 16 to warm you up with their brand of hypnotic, heavy, and howling rock'n roll that defies both musical and temporal categorization. Power down the stereo, computer, or iPod. Get out and see an amazing live band right here on the Mendonoma coast.

With the release of their second full-length album, **Mountains**, the Central California hard rock band Slow Season, comprised of Daniel Rice (vocals, guitar), David Kent (guitar), Hayden Doyel (bass), and Cody Tarbell (drums) scales new heights, while recognizing where it all began. It could very well be the sixties, seventies, or now. "I'd love for people to wonder if this record is actually from 1969," grins drummer Cody. "We wanted to capture that spirit. That was the goal," guitarist/vocalist Daniel adds. "I want people to walk away knowing there's integrity behind the music, the process, the words being sung, and the notes being played. We love what we do, and we hope that listeners do too."

Influenced by Toad, Budgie, Led Zepelin, Canned Heat, James Brown, Funkadelic, Delaney and Bonnie, and Neil Young, Slow Season first emerged in 2012 with their self-titled debut. Supported by shows throughout California and nationally, they began to garner palpable buzz. Now, **Mountains** kicks off their next chapter.

Adding to the evening's music is local favorite Ozone BBQ, a group of musicians inspired by the legendary sounds of Link Ray, The Lively Ones, Dick Dale and even The Melvins, cooking up a hard rocking

set that will open up your ears and get you on your feet. Steve Reaves on Bass drives the most challenging rhythms with perfect sound and tempo while Michael Burton on guitar brings the best sounds of classic surf guitar combined with a modern genius



and flair. Add the creative strength and versatility of Chris Campbell on drums, and this is a surf rock power trio with a lot of style that's not to be missed. The show is underwritten by Kevin Hewitt, J. Schmidt Construction, Premier Glass and Cabinet. The Arena Theater bar and snack stand will be open.

Slow Season with Ozone BBQ on Saturday, September 16, 8:00pm, doors 7:30pm. Arena Theater 214 Main Street, P.O. Box 611, Point Arena CA 95468. Tickets: \$15, available at Arena Theater's local ticket outlets: The Sea Trader and Four-Eyed Frog Books in Gualala; Arena Market in Point Arena.

**4-week QiGong Class For Seniors  
October At Manchester C C**

A free 4-week "QiGong" class for Seniors will take place at the Manchester Community Center next month. The class will be held on all 4 Wednesdays in October: 4, 11, 18, 25. The class is scheduled from 1:00pm to 2:00pm at the Community Center on Crispin Lane.

QiGong (pronounced chee-GONG') is a simple, flowing body-mind practice that has been shown to improve balance, bone-density, blood-pressure, sleep, and much more! And it's suitable for all levels of mobility/fitness! You will learn simple techniques you can use in your daily life to improve health, energy and over-all well-being. Best results are achieved with consistency, so come to all 4 classes!

If you're interested, wish to register, or have any questions, you can contact instructor Roya Arasteh at (707) 882-1932. You can also go on the web and learn more, or simply get general information on Yuan Gong QiGong at [www.renxueamerica.org](http://www.renxueamerica.org).



**Corn-Barley Moon Tour At  
P. A. Lighthouse September 6**

The Point Arena Lighthouse will offer its popular Full Corn Moon Night Tour on Wednesday, September 6. The Lighthouse gates will open at 7:00pm and the tour will begin around 7:30pm. The evening will feature a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast, and sweet and savory snacks accompanied by champagne or sparkling juice will also be provided. An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 for two. Reservations must be made at least three days in advance of the tour. While the tour is scheduled to coordinate with the full



moon, weather conditions may preclude lunar visibility. The tour is conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

According to the Farmer's Almanac, the September full moon is known as the Full Corn Moon because it traditionally corresponds with the time of harvesting corn. It is also called the Barley Moon because this is the time to harvest and thresh the ripened barley. Some other traditional names used by Native Americans for this full moon include "Moon When the Plums Are Scarlet" (Lakota Sioux), "Moon When the Deer Paw the Earth" by the (Omaha Native American tribes) and "Moon When the Calves Grow Hair" (Sioux). Often, the September Moon is called the Harvest Moon but this year that is one of the October full moon's names. The Harvest Moon is the moon that falls nearest the autumn equinox and this full moon provides the most light at the time when it's needed most - to complete the harvest.

"These Night Tours have been extremely popular, selling out well in advance many times in the last several months," says Mark Hancock, Point Arena Lighthouse Executive Director. "We do limit the number of guests to 20 so make your reservations early!" For more information or to make a reservation, call the Lighthouse at (707) 882-2809, ext. 1 at least three days prior to date of the tour.



Salomé • September 23  
National Theatre Live  
At Arena Theater

Arena Theater continues to bring amazing entertainment to the Mendonoma Coast. This month that list of events includes National Theatre Live from London with this production of Salomé, Saturday, September 23, 1:00pm., doors 12:30pm. Yaël Farber's radical retelling of the classic tale. The story has been told before, but never like this.

An occupied desert nation. A radical from the wilderness on hunger strike. A girl whose mysterious dance will change the course of the world. This charged retelling



turns the infamous biblical tale on its head, with Salomé at the centre of a revolution.

Internationally acclaimed theatre director Yaël Farber (Les Blancs) draws on multiple accounts to create her urgent, hypnotic production on the stage of the National Theatre. 'Epic. A near-perfect production.' Guardian (on Les Blancs).

Visit the Arena Theater website for more National Theatre Live events. Tickets: \$18 general, \$5 youth (18 and under), available online at [www.arenatheater.org](http://www.arenatheater.org)

North Coast Artists Guild • Studio Discovery Tour  
Continues September 2, 3, 4

For twenty-five years, the artists of the North Coast Artists' Guild have opened their studios to the public on Labor Day weekend. This year, 35 artists who live and work in their studios on the Coast, invite you to come see the spaces where they work and live.

This year's tour continues Saturday, Sunday, and Monday, September 2, 3, & 4. The route travels along Highway One from Jenner to Manchester, with yellow "Studio Tour" Signs indicating each stop along the way.

"Come share our inspiration, the views from our work benches or easels, the feel of our tools or brushes, and the texture of our lives," said Doric Jemison-Ball II, North Coast Artists' Guild Director. "We want to meet you and show you where and what we create."

A directory of artists can be picked up at the Discovery Gallery in the Seacliff Center in downtown Gualala, at Gualala Arts Cen-



ter, and many art studios around town.

Participating artists work in all range of mediums: clay and ceramics, digital art, drawing, fiber arts, glass, jewelry, mixed media collage, multi-media, oil and acrylic painting, pastels and watercolors, papermaking, photography, printmaking, sculpture and wood working.

Artist Bruce Jones ("Reclining Nude", above), who avoids classification as an artist because he likes the freedom of working in multiple medium, has been participating in the studio tour since 2001 and says he likes

doing the show for several reasons, including the chance to re-evaluate his art and himself as an artist. "You display all of your work together—all of your stuff—and it really makes you re-think your art," Jones said. He said showing his art in this way offers him a new perspective into his process.

For artist Kelley Kieve ("Green Painting", below), who will be showing her paintings and mixed media collage

at her studio with artists Walt Rush (a jewelry designer) and Cynthia Myers (who works in etched glass) it is as much about the bonding with other artists as it is about showcasing her talent, but that is also an integral piece. "Of course, I love selling art. I like talking with people about my process and I like that (the tour) provides an audience for what I've been working on all year."



Newcomer Marla Skibbins echoes Kieve's sense of camaraderie about the tour. A jewelry designer with a home studio on The Sea Ranch, Skibbins is participating in the tour for the first time. "It's been important that a more seasoned artist took me under her wing and gave me the confidence to do the studio tour. I'm so grateful for Jennie Henderson."

A list of all the participating artists, studios and galleries, is available at <http://studiodiscoverytour.com/visitors/visitors.html>.



**ARENA THEATER**  
[arenatheater.org](http://arenatheater.org)  
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**Arena Theater Live**  
Saturday Sept. 16 8 PM  
**Slow Season**  
with Ozone BBQ  
Monday Sept. 18 8 p.m.  
**3rd Monday Music**


...  
**Exhibition on Screen**  
Sunday Sept. 10 1 PM  
**The Artist's Garden:**  
**American Impressionism**

...  
**National Theatre Live**  
Saturday Sept. 23 1 PM  
**Salomé**


...  
**Community Film Event**  
Tuesday Sept. 12 7 PM  
**Secrets of Desert Point**  
Surfing in Indonesia

...  
**Arena Theater Film Club**  
Mondays 7 PM  
Sept. 4 Scarecrow  
Sept. 11 Ashes & Diamonds  
Sept. 25 Amy  
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Connie King At Four-Eyed Frog Books  
Self Publishing As An Art • Saturday, September 9

The Art of Self-Publishing is a special presentation at Four-Eyed Frog Books. Aspiring authors, or veteran (published) authors, or those just curious about the changing nature of books and book publishing will want to be at Four-Eyed Frog Books on Saturday, September 9, 4:00pm.

Consider this: You have that manuscript in hand (or the vision of it!) . . . now what? Join Connie King in this conversational talk on how to turn those great ideas and literary prose into a finished book. Topics include keys to understanding print-on-demand publishing, file prep for production, the

importance of good editing and design, how to acquire ISBNs/copyrights/LCCNs, choosing a printer, e-books or print, distribution, seller commis-

sions, and marketing — the basic 101 of self-publishing. Connie King (right, with Luca) has loved books and art since joining the fans of Pooh



Bear, Babar, and Dr. Seuss as a child. Her career began with a children's book publisher and transitioned to graphic design for exhibitions and marketing at the Fine Arts Museums of San Francisco, consulting with

The Art of Self-Publishing



other Bay Area museums, and design, writing, and publishing for North Bay businesses and writers. Her book design and publishing services for local authors include **Rim of the World** by Robert Scarola, **Mapping the Sea Ranch** by Phil Graf, **Wild Solitude** by Lorraine Lipani, and **The Happy Book** by the 2nd and 3rd grade class at Horicon Elementary school.

In an age of questionable or confusing information offered from all parts of the internet, this is a presentation that will answer your questions, and your internet security won't be compromised. Information is at (707) 884-1333.

Information is at (707) 884-1333.

The Sun Kings At Arena Theater Friday, September 1  
A Beatles Tribute As Nature Intended

It's not about nostalgia. It's all about great music performed, once again, by great musicians in the style in which these songs were intended to be heard.

In this 50th year since the Summer of Love, why not spend an evening revisiting some of the greatest and most endearing pop music of the 20th century in a live performance? Celebrate Summer of Love Anniversary with The Sun Kings.

Arena Theater celebrates the Summer of Love's fiftieth anniversary with The Sun Kings - A Beatles Tribute as Nature Intended, on Friday, September 1, 8:00pm. Doors open at 7:30pm, and Arena Theater's bar and snack stand will be open.

The Sun Kings are considered one of the premier Beatles tribute acts in the country. Packing theaters and selling out shows along the West Coast and beyond, critics agree that The Sun Kings continue to "amaze their fans and win over skeptics, with their uncanny channeling and respect for the music they perform". With a repertoire of over 150 songs The Sun Kings shine in concert with arrangements and vocal harmonies delivered with the authenticity and vitality that recall the earliest Beatles performances.

The Sun Kings are not a traditional Beatles tribute band. Every member of the band is a veteran musician who loves recreating The Beatles' music exactly as we all remember it. Their performance is unique among the many theatrical tributes that exist today, foregoing the costumes and caricature but

delivering the note for note instrumental and vocal performances of the original Beatles music.

"The Sun Kings are the best Beatles band I've ever heard, and that includes the original Beatlemania cast, circa 1977," wrote Scott Lettieri of KGO Radio, San Francisco.

Tickets are \$20, available at Four-Eyed Frog Books, The Sea Trader, Arena Market, Twist, and online at [www.arenatheater.org](http://www.arenatheater.org). Arena Theater is at 214 Main Street, Point Arena, California.



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— J.D. Salinger

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Third Thursday Poetry Presents Sonoma County Poet Ida Egli  
At 215 Main in Point Arena September 21 • by Blake More

On Thursday, September 21, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Sonoma County poet Ida Egli.

The descendant of Gold Rush immigrants, Ida Rae Egli has always enjoyed the comfort and intrigue that is California—except when traveling the world. Raised in Potter Valley, in Mendocino County, she owned a business in Ukiah for a decade before returning to university to finish her masters and move into community college teaching at Mendocino College and finally full-time at Santa Rosa Junior College, where she was chair of the English Department.



She became interested in women writing in early California while researching her Master's thesis, drawing from local resources, historical society archives, and Bancroft and Huntington libraries the long-forgotten stories, poetry, and journal sketches of women living in California during the gold rush period. She turned her research into No Rooms of Their Own: Women Writers of Early California, 1848-1869, and

Women of the Gold Rush: "The New Penelope" and Other Stories, published by Heyday Books in Berkeley. She promoted her books and the literary history of California through book tours and speaking engagements up and down the state.

Egli was inspired while on sabbatical for a year in Greece to create a novel from the stories she uncovered in months of interviews with World War II survivors. The novel, Krisanthi's War, is now being readied for publication. The story of three women whose men are away fighting the war, the novel chronicles the struggles of a trio of Greek women left to face Hitler's Wehrmacht army and protect their families with only kitchen

knives and their combined wit. Love of family and one another brings them through the violent struggle, but not without each of them facing death and incurring lasting scars.

For three decades Egli has also written short fiction and poetry, poetry being the medium that has kept her soul together. It is poetry she retreats to when world politics and humans disappoint. It is poetry she goes to, reading it and writing it, when she wants to know what is happening inside, when she needs a lift or a reality check, when she must feel in her whole body-mind the music, harsh or melodic, the concise language, of poetry.

Egli teaches literature, creative writing, poetry, and memoir workshops and is a developmental book and revision editor. She lives with her Greek husband on the Sonoma Coast and has two grown children and three grandchildren. You can learn more about Ida Rae Egli by going to [www.idaraeegli.com](http://www.idaraeegli.com).

*Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.*

*Morning Monet*

*A Monet morning,  
yellow wildflowers tipping hats,  
Redwoods ruffling,  
their needles stroking the sky;  
the sea,  
blue silk, white lace.*

*A robin scans for worms.  
A gopher shovels up light;  
squirrels chase, deer graze,  
hawks,  
dive for breakfast.*

*Do the young see this Impres-  
sionistic day?*

*I did not—not then.  
I saw slights and blemishes,  
the daunting rain,  
those insurmountable tests,  
the humiliation of dancing—  
and stepping on toes.*

*I knew no flower (personally)  
by name,  
knew no grace, (even my own),  
saw no art in the mirror, (even  
the wide green eyes)  
felt no serenity in the oak-stud-  
ded gold hills (that surround),  
no reflection of Monet in the  
blackbird (chattering) pond.*

*But now—Ab!—awe (awe) for  
this Monet morning.*

*Ida Rae Egli*

Voter Registration Planned For  
Gualala In September

Voter Registration will be available at the Pay N' Take at the Gualala Community Center on two Saturdays this month: September 2 and 16. (Note: There will also be a registration on Saturday, October 1).

People can register to vote from 8:30am to 12:00noon. You must be a United States Citizen, be a resident of California, and be 18 years old by November 2017 for local district elections, and by June 2018 for the General Election.

Voter registration forms are in English and in Spanish. You must re-register if you have moved, changed your name, or wish to



change your party. Please bring your Driver's License or your Social Security card.

For more information or questions please call DJ Sister Yasmin at 707-884-4703, or Mendocino County Registrar of Voters: 707-234-6819, Sonoma County Registrar of Voters: 707-565-6800, and visit [www.sos.ca.gov](http://www.sos.ca.gov).

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Fri 9/8 Exhibit 5-7 pm  
Exhibit remains thru 10/1 free  
**Opening Reception**  
The Art of Aging  
Open Call Exhibit  
Burnett Gallery

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**Dragon's Breath Theater Presents**  
**The 18th Annual Variety Show**  
**Saturday September 9**

On Saturday, September 9th, Fred and Cheryl Mitouer of Transformational Bodywork Associates (with co-production assistance of Blake More), present the 18th annual Dragons' Breath Theatre Variety Show & Art Walk.

The lineup offers a mix of seasoned and first time performers, some local, others from the Bay Area and beyond. Surprises always abound. This year's acts include circus arts, dance, music, comedy, drama, poetry, fire dance and storytelling. Out of town performers include Trapeze by Amanda Grace, dramatic comedy by Lisa Hori-Garcia and Ed Holmes of the San Francisco Mime Troupe, poet Hal Robins, and Rusty Rebar, as well as the return of New Orleans pianist Nelson Lunding and friends.

Local talent includes musical performances by Ava Peterson, Jaren Hodder, Fabian Rodriguez, Chris Skyhawk, Cassie and Wayne, Black Sugar Rose, Barbara Schultz, and Karl Young; spoken word by Jasper Henderson, Janet DeBar, Blake More, Fred Mitouer; dance by Natalie Aceves, Margaret Grace & Abby Stoner of Oz, Blake More, Melissa Newhall and Maria Kostick; and of course, other special surprises.

The night will end with the artwalk and a DJ dance party in the art studio area. Small bites and tapas plates provided by Barbara and Alfredo of Anchor Bay Store.

The Dragons' Breath Theatre space itself is the hand-hewn outdoor amphitheater nestled on a hillside on the Fish Rock property of Fred and Cheryl Mitouer, co founders of the Pacific School of Massage and Healing Arts and Transformational Bodywork Associates and long time community members. Incorporating their careers in Transformational Bodywork, organizational consulting, movement disciplines, holistic health counseling and massage, the pair started Dragons' Breath Theatre seventeen years ago as a forum for cultural experiments in consciousness and irreverent play.

The show also includes the Dragons' Breath Gallery "Art Walk", which this year will include Gail Horvath (photography), Tina Green (art), Kim Ghezzi (pottery), and several other artists.

Dragon's Breath Theater is located at the dragon gate on 44800 Fish Rock Road (carpooling advised). The gate opens at 5:00 and the show starts at 6:00pm. Pack a picnic and bring blankets. Mature children over 13 or with parental discretion; please leave dogs at home. The admission is a suggested donation of \$20 (sliding scale is available and nobody will be turned away for lack of funds), with profits going to Action Network. Information is at (707) 884-3138.

**SharktoberFest 2017**  
**Celebrate White Sharks September 30**

Here's an invitation you'll want to consider. Join the Farallones marine sanctuary and Shark Stewards for a FREE celebration of the white sharks that come to feed in the sanctuary each year.

Experience live sharks, talk with shark experts, visit our science station, do sea life printing, join a sea life costume contest and parade, enjoy live music, food vendors and our great beachside location in the Presidio! General admission is FREE; special programs (e.g., "Sharkitecture 101") have nominal fees. Co-sponsored by Greater Farallones National Marine Sanctuary and Shark



Stewards.

The Greater Farallones National Marine Sanctuary and Shark Stewards invite you to be a part of a Celebration of white sharks' annual visit to the Farallones sanctuary. It's Saturday, Sept. 30, 11:00am to 4:00pm at WHGreater Farallones NMS Campus, 991 Marine Drive, Crissy Beach, Presidio of San Francisco CA 94129.

More information and/or program reservations available from Sara Heintzelman: [sara.heintzelman@noaa.gov](mailto:sara.heintzelman@noaa.gov) or [www.farallones.org/events](http://www.farallones.org/events).

**Auditions for a spring production of "Guys and Dolls At Gualala Arts**

Auditions for a spring production of "Guys and Dolls" will be held at the Gualala Arts Center on September 17th from 1:00pm to 4:00pm with Call-backs on Sunday, September 18th from 1:00pm to 2:00pm.

"Guys and Dolls" is a Pulitzer Prize and Tony Award winning musical based on the short stories of Damon Runyon. It is set in the 1950s and follows the adventures of a group of gamblers and hot box dancers with Sergeant Sarah Brown and the Salvation Army working to save the souls of these shifty characters. Music and Lyrics are by Frank Loesser and the Book is written by Jo

Swerling and Abe Burrows. With memorable songs such as "Fugue for Tinhorns", "Luck Be a Lady", "Miss Adelaide's Lament", "Bushel and a Peck", "Sit Down, You're Rocking the Boat" and the Title song "Guys and Dolls". Individuals auditioning should be prepared to sing a song from the show and read a scene based on specific characters. Bryn Harris can be reached at (707) 884-4386 and scripts can be picked up from the Gualala Dance Center located between the Dolphin and the Old Post Office Building in down town Gualala. Performance dates are March 2018.

**Gualala Arts Presents "The Art of Aging"**  
**An Open Call Exhibit • Opening Reception September 8**

The Art of Aging is a new exhibit at Gualala Arts exploring, through art, how we understand aging. This is an Open Call Exhibit, with an opening reception Friday, September 8, 5:00pm to 7:00pm at the Elaine Jacob Foyer and Burnett Gallery.

This fine art exhibit is challenging both the artist and the viewer to explore, celebrate and contemplate the process of aging. Children may expand their thoughts about what "old" is and what it means to age. Older adults will reflect on what it means to have aged, their relevance to themselves and to their communities. Hopefully, all participants will gain a deeper appreciation of aging; that aging does have a purpose.

Aging is constant. Everything and everyone ages. Some are given a brief time on this earth while others can live for decades. Aging has significant impacts on soci-

ety and family systems. Different cultures express age differently not only in the ways age is counted but in the ways aging is defined. Depending on cultural and personal philosophy, aging is seen as undesirable phenomenon, reducing beauty and bringing one to death's door; or as an accumulation of wisdom, a mark of survival and a status worthy of respect.

How do we define aging – it is chronological? Biological? Maybe social or spiritual. How do you know you have aged? Do you participate in a ritual, graduating from a certain grade, attaining a specific goal or birthday? And do you age gracefully or triumphantly? Resentfully? Reluctantly?

The exhibit remains through Sunday, October 1, and admission is free.



(left: Dog Years, Faithful Friends, Then & Now by Amanda Jones)



## Words on Wellness by Karin Uphoff

The pink fluted blooms of dancing naked ladies are like the flags heralding fall on the Mendocino coast. The shortening days and progressively golden afternoons bend us towards autumn and observing nature's clues helps us synch with the cycles. On the ground is the purple-blue of huckleberry raven poop and we know it's harvest time. Huckleberries are some of the most highly anti-oxidant wild foods on the planet with bioflavonoids that nourish and repair our eyes, skin and heart, plus they keep the raven feathers iridescent (just kidding, but you never know . . .).



Rain is about a month out when grey squirrels start cutting off green fir cones and eating them like corn-on-the-cob. They leave chewed cores strewn on decks and pathways to catch in your still-summer sandals. If you live near the edge of pygmy forest you will see our few native red squirrels gathering Doug fir and white pine cones, tucking them away for later. The seeds of pines are rich food for all species. They are fiddly to collect for humans but watch how quickly cedar wax-wings, nuthatches

and chickadees do it. Pines and fir drip resin in the last heat of the season and again in spring. Trees have to have enough water to produce the resin that protects them from pine beetles. This same resin can be carefully collected by people to use in a hot bath for arthritis or in hot water as a steam for treating respiratory infection.

Jays, woodpeckers and wood rats prefer the protein packed acorns, even the tan oak (not a true oak) is coveted and you are lucky to gather any yourself. There are specific ways to prepare this native food for human consumption, but the twigs and leaves can be simmered as a tea to make an antiseptic mouthwash that strengthens gums. Many herbs and wild foods are succumbing to their post-flowering forms, but it is a good time to gather seeds. The white flower head of wild carrot (also known as Queen Ann's lace) is edible raw or lightly battered and fried, while the seeds work well in soups, stews or tea blends (has a carrot flavor, be sure to identify correctly and avoid if you are pregnant or hoping to be). Nature's bounty is year round on the Mendocino coast.

## The Tundra Swan The "Swan Song" Mystery Solved!

The Tundra Swan used to be called the Whistling Swan. The Latin name, *Cygnus columbianus*, because Lewis and Clark first saw them on the Columbia River. This small white swan favors unpeopled, open spaces. This is why hundreds choose to winter in the Manchester Area. From October through March, they rest on the flats of the Garcia River.



They feed on grass, water plants and insects. Their elegant, long necks and strong bills allow them to reach deeper than geese and ducks. By breaking up plant roots they help stimulate growth, resulting in more food for themselves and other water fowl.

Tundra Swans build mounded nests in tundra ponds and lakes. When the young hatch, they are fed aquatic insects, a richer source of protein than plant food. Abundant insects allow them to nest in the Arctic in May. They raise only one brood due to the short season. The young stay with

the parents for a full year, and do not attain white, adult plumage until age two.

The adult Tundra Swan was never hunted because the meat is too tough; however, the young were taken while still flightless and tender. Probably the reason they are so numerous is the tundra is so nearly impassable for humans.

The Tundra Swan is credited with the term "swan song", the sound they make when shot and falling, mortally wounded, to the ground. This might have occurred in the late 1800s when birds were shot for feathers for fashionable hats.

Swans die regularly from other causes. In 1975, five hundred swans died on one refuge from lead poisoning from eating buckshot left in the marshes. A few die each year on the northbound migration, when, on misty nights, they alight on the Niagara River and are swept over the falls in what is called the "Niagara Falls swan trap".

*Our thanks to the Mendocino Coast Audubon Society for contributing this article.*

*Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendocino Coast. More information is at [www.mendocinocoastaudubon.org](http://www.mendocinocoastaudubon.org)*

## Animal Care & Welfare

by Cathy Riehm

Rex loves to swim. We were at one of his favorite spots, Navarro River Campground, when I noticed the large amount of green 'mats' along the shoreline (exposed due to the low water level). It was blue, and it was green—is this the blue-green algae that can be toxic to animals?

Reports of dog deaths after swimming in water with a cyanobacteria algal bloom have increased over the last few years, and have been reported as nearby as the Russian River, the Eel River and Clear Lake. Higher temperatures (over 77 degrees), low water levels, long sunny days and high nutrient levels (of phosphorus and nitrogen) can



'earthy' or 'loamy' smell that comes with a cyanobacteria algal bloom. Typically in fresh water ponds and lakes, blooms can also occur in rivers with very slow moving water.

The best preventive measure is simply not allowing animals to drink or swim in water that is of concern. Not all algae blooms produce the harmful toxins (microcystins and anatoxins). Water needs to be tested to determine if it is, in fact, toxic. Suspicious bodies of water can be reported to the Mendocino County Health and Human Services Agency—Environmental Health at (707) 234-6625.



contribute to cyanobacteria, creating a toxic 'bloom'. Dogs tend to ingest water while they swim, or they may lick the water off their coats after swimming. Symptoms can occur within minutes—from vomiting and skin irritation to foaming at the mouth, seizure . . . and even death.

So what do we look for? How can we tell? Is it harmless seaweed or toxic blue-green algae? When conditions come together and create a toxic bloom, it can have a bright green 'pea soup' (above) or a 'brown jelly' appearance. Brown 'scum' or foam (below) on the surface of the water and along the



shoreline can be formed by the blue-green algae bacteria. There also tends to be an

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## A 'Scarecrow', An Assassination, and a Rock Music Documentary. Pacino, Hackman, Winehouse and More From Arena Theater Film Club in September

When Al Pacino came into the consciousness of most filmgoers, it wasn't in the part of Bobby in the film *The Panic in Needle Park* (1971) or playing Tony in *Me, Natalie* (1969), and almost certainly not from a role on *NYPD* before that. For most of us, our first clear memory is Pacino playing Michael Corleone in 1972. On the other hand, by 1972 Gene Hackman had been a fixture on both television and films (although *not* in *The Godfather*), usually as a strong supporting character, and probably best known for *The Poseidon Adventure* (1972). In the wake of their best early performances (pre-1972), Pacino and Hackman found themselves united for 1973's *Scarecrow*, the first of three films this month from the Arena Theater Film Club. Screening on Monday, September 4, 7:00pm, it's the story of an ex-con who learns the value of friendship in director Jerry Schatzberg's picaresque road movie. Trying to hitch a ride on a desolate California road, ex-con Max (Hackman) meets ex-sailor Lion (Pacino). They are both headed east, as Max dreams of opening a deluxe car wash in Pittsburgh and Lion believes that the wife and child he left behind will still welcome him home. The two decide to journey together, forging an increasingly deep yet uncertain friendship.



When the pair hits Detroit, Max must decide if he should forge on alone or sacrifice his carefully guarded savings to help his friend. *Scarecrow* won the 1973 Palme d'Or at the Cannes Film Festival. The cast also includes Dorothy Tristan (*Down And Out In Beverly Hills*), Eileen Brennan (*The Last Picture Show*), and Richard Lynch. Rated 'R'. Runtime: 112 minutes.

One week later, September 11, 7:00pm, the film club presents *Ashes and Diamonds*, a 1958 film by Polish director Andrzej Wajda. On the last day of World War II in a small town somewhere in Poland, Polish exiles of war and the occupying Soviet forces confront the beginning of a new day and a new Poland. In this incendiary environment we find Home Army soldier Maciek Chelmicki, who has been ordered to assassinate an incoming commissar.



But a mistake stalls his progress and leads him to Krystyna, a beautiful barmaid who gives him a glimpse of what his life could be.

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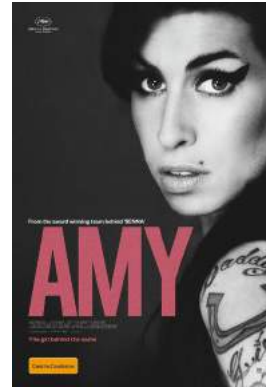
performed, *Ashes and Diamonds* masterfully interweaves the fate of a nation with that of one man, resulting in one of the most important Polish films of all time. The cast includes Zbigniew Cybulski, Waclaw Zastrowy, Adam Pawlikowski. *Ashes and Diamonds* is in B&W, is not rated and has a runtime of 103 minutes.

The month's third and final offering is *Amy*, a look at the short life of singer Amy Winehouse. The documentary screens Monday, September 25, 7:00pm. Directed by Asif Kapadia, the film is rated 'R' and runs 128 minutes.

*Amy* takes a look at the life of talented but troubled British singer-songwriter Amy Winehouse, who died in 2011. The film includes rare interviews with Winehouse and previously unreleased songs.

Despite just two albums to her name, Amy Winehouse is one of the biggest music icons in British history. With a voice often described as a combination of Billy Holiday, Dinah Washington and Sarah Vaughan, Amy Winehouse was a pop star with soul; a once in two generational musical talent whose appeal crossed cultural and demographic boundaries. But while her music made her a star, her chaotic personal life stole headlines.

The film has received 33 nominations and has won a total of 30 film awards. The success of the film and the music from the film's soundtrack also led to Winehouse's second posthumous nomination at the 2016 BRIT Awards for "British Female Solo Artist."



### Exhibition on Screen September 10 The Artist's Garden: American Impressionism At Arena Theater

In the third of Arena Theater's new series, "Exhibition On Screen", on September 10 the subject matter turns to American Impressionism. The film screens at 1:00pm, doors open at 12:30pm. Tickets are \$15 online or at the door.

Taking its lead from French artists like Renoir and Monet, the American impressionist movement followed its own path which over a forty-year period reveals as much about America as a nation as it does about its art as a creative power-house. It's a story closely tied to a love of gardens and a desire to preserve nature in a rapidly urbanizing nation. Travelling to studios, gardens and iconic locations throughout the United States, the U.K. and France, this mesmerizing film is a feast for the eyes.

In 1886, the French art dealer Paul Durand-Ruel brought a selection of his huge stock of impressionist paintings to New York, changing the course of art in America forever. American artists flocked to the French village of Giverny, home to the master impressionist Claude Monet, and cheered the French new wave: painting outdoors with a new found brilliance and vitality. As Europe recoiled against the work of Monet, Degas and Renoir, Americans embraced it and created their own style of impressionism.

The timing of Durand-Ruel's transformative visit was perfect. As America steamed into the Industrial Age, urban reformers fought to create public parks and gardens: patches of beauty amid smokestacks and ash heaps. These gardens provided unlimited inspiration for artists and a never-ending oasis for the growing middle class, made up of increasingly independent women, who relished the writings of English horticulturalists Gertrude Jekyll and William Robinson. Meanwhile the rise of wide-circulation magazines cultivated the idea that gardening was a path to spiritual renewal amid industrial blight and the belief that artists should work in native landscapes.

As America made its epic move from a nation of farmers to a land of factories, the pioneering American Impressionists crafted a sumptuous visual language that told the story of an era.

*The Artist's Garden: American Impressionism* features the sell-out exhibition The Artist's Garden: American Impressionism and the Garden Movement, 1887-1920 that began at the Pennsylvania Academy of the Fine Arts and ended at the Florence Griswold Museum, Old Lyme, Connecticut. The series is underwritten by Craig Gilliland and Lori Dotson of Spindrift Gallery.

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## Dolphin Gallery Hosts Artists Debra Lennox and Paige Likins Opening Reception, Saturday, September 2

Artists Debra Lennox and Paige Likins will share the space at The Dolphin Gallery this month with an exhibit of solar plate etchings by Lennox and jewelry inspired by Likins' world travels. This is a first-time exhibit at the gallery for both artists. The opening reception is Saturday, September 2, 5:00pm to 7:00pm and is free to the public. Appetizers and a no-host bar will be served.

Active in the Mendocino art community since 1992, Debra Lennox, this month's featured two-dimensional artist, is a fresh face for local art patrons. Inspired by her life along the dramatic North Coast shoreline her work in this show will explore a marine theme in a variety of media.

Lennox, who lives in Comptche combines her careers as a practicing architect and a working artist to express herself. In addition, she does not limit her work to one particular medium. Depending on her mood and the subject matter, she may use watercolors, acrylics, oils, or a variety of printmaking techniques to produce a finished piece.

Recently, Lennox has been drawn to an etching process using solar plates. Her safe and non-toxic process replaces the acids normally used to burn the plates with a pre-



pared, light-sensitive polymer surface on a steel backing that burns the image when exposed to sunlight. She prints, then hand-

colors to enhance the image.

Paige Likins found a rhinestone bracelet on a sidewalk when she was five years old. She says she has been fascinated by jewelry ever since, enamored with jewelry and stones.

In the '60s, Likins started to create "love beads" for friends and family. Then, a move to Hong Kong in the '80s introduced her to pearls, semi-precious stones, and antique trinkets. It was then that she was inspired to start her jewelry business. Her activities as a model, fashion show coordinator and



as a magazine editor honed her sense of fashion. While traveling to the beaches of Tahiti and the Philippines Likins collected shell and coral beads. She found crystals in Prague and more beads outside King Tut's tomb in Egypt. In the 90's while living in Malaysia she added old silver and even more beads to her list of collectibles.

Back in the United States, Likins became a vintage costume jewelry dealer and worked these materials into some of her creations, which she sold in Beverly Hills. Abalone diving led her husband to the Mendocino Coast over 26 years ago and they have been full-time residents for 17 years.

Wherever Likins has traveled she has found inspiration and further refined her flair for designing jewelry. While each piece she creates is distinctive and original, there are definite traces of their exotic origins. Many combine both antique and Asian influences.

The Dolphin Gallery Exhibit, featuring the works of Debra Lennox and Paige Likins, will remain through September 24.

MYLES from cover page

"Blues-rocking guitarist AC Myles is putting the paddles to a genre that has certainly seen better days. As legends have continued to pass on and new talent simply doesn't seem to have the staying power, Myles is the perfect storm. Strong vocals and even stronger instrumental skills. . ."

You may wonder in which part of Chicago, or Kansas City, or the Delta he grew up. Born in California, the only son of production workers, Myles grew up in the migrant worker rurals of the Central California town in which he was born, later spending part of his teens and twenties touring with his own

band eventually finding his way to the San Francisco Bay Area and playing sideman to an array of acts. Along the way, with a keen ear and sincere passion, AC has become a gifted entertainer and musician.

The Garcia River Casino brings AC Myles to the south coast on September 22. Take a pen to your datebook, or add a note to your iPhone calendar, or tie a string around your finger. Get out to see Myles this month. His personal appearances reportedly have a 'take no prisoners' approach which, along with a healthy dose of humor, usually gets even the toughest audiences on his side. See you at the show.

## Go Figure! An Exhibit At Spindrift Gallery An Invitational And Juried Exhibit With A Focus On Figurative Art Opening Reception September 2

Seven artists have been selected to participate in a Juried Exhibit at Spindrift Gallery in Gualala. The group includes Drew Fagan, Michelle Jader, Bonnie Lammar, Sandy Ostrau, Gail Ragains, Sandra Rubin, and Sandra Speidel. The opening reception is set for Saturday September 2, from 4:00pm to 7:00pm. The exhibit runs through October 15.

These seven participating artists were invited because of their particularly strong ability to interpret and paint the human form.

Each artist will submit several pieces for exhibition. Spindrift Gallery will be awarding cash prizes for Best in Show, First, Second, and Third places, and Honorable mention.

The works will be judged and awards as-

signed by Ms. Danna Hall, Exhibitions Director for the Mendocino Art Center. Ms. Hall holds a BFA degree from the San Francisco Art Institute and an MFA from Reitveld Institute in Amsterdam, Netherlands. She has over ten years museum and gallery experience including important positions at the Yerba Buena Center for the Arts and the Grace Hudson Museum. She is also an exceptional artist who has had many shows in

Europe and the United States. Spindrift Gallery is at Cypress Village Gallery District, 39102 Ocean Drive Gualala. Information is at info@spindriftgallery.com and at (707) 884-4484. Gallery Hours are Thursday-Saturday 11:00am to 5:00pm, Sunday 11:00am to 3:00pm or by appointment.



When I think of figurative, I think of the body in an urban setting or landscape... in that place and time...  
**Bonnie Lammar**



My figurative work is designed to portray justice through color and texture. I like to maintain the figure yet the landscape to like the distraction between where the figure begins and the landscape ends. It becomes mysterious yet you know what the figure is doing.  
**Sandy Ostrau**



My work explores those moments when we willingly and unwillingly allow into the very fabric of our life. The past and present in the different layers of images supports the work's theme and provides an exciting way to paint emotion, change and emotional release.  
**Michelle Jader**



My process is to paint the figure, primarily capture it, and then expand it. The introduction of layered depth and abstraction to my work. My goal is to interpret the figure beyond its literal image, yet also find a sense of real flesh. Identifying the universal with the individual.  
**Sandra Speidel**



My approach to the human form is all about the gesture. I look to capture the human emotion with compelling colors, and abstract shapes. I love it.  
**Gail Ragains**



I will start painting with an image or idea, sometimes a recent gesture drawing, and will apply areas of color until I sense a spark of life. I have for opening that captures an essence, so painting that engages the viewer to participate and relate the mark of its creation.  
**Sandra Rubin**



I usually like my figurative work to be evocative of an emotion or feeling. Like a requirement on the way in style, from highly visible to more impressionistic and even semi-abstract. I believe in never repeating myself.  
**Drew Fagan**



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Christopher Hitchens



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## Being The Change by David Steffen

"It was twenty years ago today, Sergeant Pepper taught the band to play," and so begins one of the most storied albums of 20th century popular music. Many of us didn't truly recognize it at the time but in less than a decade, the Beatles accomplished what no other musician or musical group had successfully done before. In short, the band (with help of producers George Martin and later, Phil Spector) amassed a body of work that between 1963 and 1970, was both prolific, and musically groundbreaking. They constantly reinvented their music with each album. And, of course, their changing looks (appearance) and their politics, were mirrored in the evolution of those recordings. Their influence on generations of musicians and groups is obvious. Perhaps The Rolling



Stones would have evolved the way they did without the Beatles, but then again . . . Same for Brian Wilson and what he accomplished under the Beach Boys 'brand'. The Beatles caused change. They were change. Although solo recordings continued, the Beatles as a group were done by 1970.

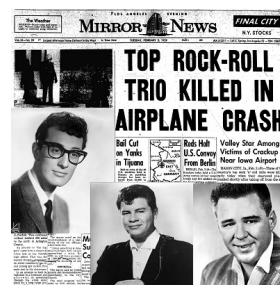
Immortalized by Don McLean in 1971, "American Pie" rewrote a mini-history of popular music, with too many people focusing on the three who died in the tragic 1959 crash at Clear Lake, Iowa. But McLean also sang about the much more (then) recent tragic death of Janis Joplin (October 4, 1970): "I met a girl who sang the blues, I asked her for some happy news, but she just smiled and turned away." In less than 12 months three meteoric pop stars died: Jop-

lin, Jimi Hendrix (September 18, 1970), and Jim Morrison (July 3, 1971). We are reaching a point in time where "The Day The Music Died" has little meaning for the vast majority of music lovers because the lives of the generation that was, as McLean wrote, "lost in space", are nearing their inevitable conclusions.

All of this came to mind last month when I was reminded that it had been forty years since what some might suggest was the last major "day the music died". In August 1977, at 9:30am, I was in Tempe, Arizona, standing at Tower Records, talking with the store manager. I observed and couldn't get over how many people were in the store so early, coming in, buying a few records or a stack of vinyl albums, and leaving the store at such a relatively early hour. One look at what they were buying solved the mystery. People were coming to Tower because they knew they would find lots of Elvis Presley records. Tower, after all, was known for the wide aisles filled with stacks and stacks of vinyl records, not to mention all of the records in the bins.

Elvis died on August 16, 1977 and I was watching as shopper after shopper carried 5 or 10, or 20 Presley vinyl records to the cash register. Nothing but Elvis! I spoke with some of these early morning shoppers who were buying these vinyl albums, and found there were conflicting motivations. Some thought that once he was dead the label would stop pressing these albums. Really. Some believed that the albums purchased on the day Elvis died would be more valuable because they had a receipt that proved they were purchased on that infamous day. Others believed that the vinyl albums pressed (manufactured) months or years later would be of lesser quality because Elvis wasn't going to be around to make certain RCA Records hadn't let the quality slip. And still others had no profit motive or fear of crummy vinyl. They were crying or on the verge of tears because they felt so awful about the death of "The King".

I've written about my own memories of hearing records like "All Shook Up" and "Suspicious Minds"—two recordings more than a decade apart—and so many others that remind me of the importance of Presley in America's (and for that matter, the world's) psyche. To be certain, not every Presley record is worthy of such veneration.



Nor is every Beatles recording, or that of any other artist or songwriter. Does Barry Mann's authorship of the 1961 hit "Who Put The Bomp (In The Bomp, Bomp, Bomp)" rise to the level of pride he (and co-writer/wife Cynthia Weill) have in their credit for writing "You've Lost That Loving Feeling" for the Righteous Brothers? Many songs are touchstones, and so are

some recording artists.

We may never observe or encounter another music figure who is recalled so emotionally ten, twenty, or forty years after their death. And that's the way of things. In fact, as I was writing this the media reminded me that on this day (August 31) it would be twenty years since the death of Princess Diana.

Let me state for the record: I was not alive for the assassination of Abraham Lincoln. However, I know where I was when JFK was killed. And Martin. And Bobby. Some people probably connect those dots only through Dion's recording of "Abraham, Martin, and John". But every day we collect moments, many of which are lost somewhere

in our gray matter; but some stay with us because they meant something to us, then or now. I saw Elvis in concert on June 16, 1972 at Chicago Stadium. (My wife came down with the flu and to this day, wished she had gone to the Elvis Presley concert and ralphed in

the aisle instead of giving up her seat.) I'm happy I saw him but it wasn't life-changing. What is life-changing is how we enjoy, observe, and address events within our time. We always need to keep a perspective and know that individually we cannot change the world. But we should change what we can. I believe change can be like the "butterfly effect". Small causes can have a larger impact. In these somewhat (?) tumultuous times let's all decide to be the change.



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4	8	1	2	3	9	7	6	5
5	2	7	1	8	6	4	3	9
3	4	9	5	6	2	8	7	1
6	5	8	7	9	1	3	4	2
7	1	2	3	4	8	5	9	6
8	9	4	6	7	3	2	5	1
2	7	5	9	1	4	6	8	3
1	6	3	8	2	5	9	7	4

Solution to Sudoku:



## Secrets of Desert Point — Surf Movie An Arena Theater Community Film Event September 12

In the early eighties, while sailing in crude leaky boats off remote Lombok island in Indonesia, young California surfer Bill Heick and his friends stumbled across the perfect wave . . . a pristine barreling left reeling endlessly and empty over a shallow, live-coral reef.

As treacherous as it was beautiful, this motley crew of modern-day surf argonauts named it "Desert Point" for its dry forbidding nature. These pioneers kept their treasure off



the map for more than a decade and made it their life's mission to surf uncrowded Desert Point at the highest level possible . . . no matter the cost. But Paradise comes at a price; a constant balancing act between the surfing dream and the very real possibility of injury, armed robbery, maiming, and deadly cerebral malaria. And when exploration evolves into exploitation, there comes a point when the pioneers become the protectors.

Join us, September 12, 7:30pm, for a journey on one of the last great dirt bag adventures of the 20th Century...one passed through three generations. And learning that if you want to keep paradise, you need to stand up for it.

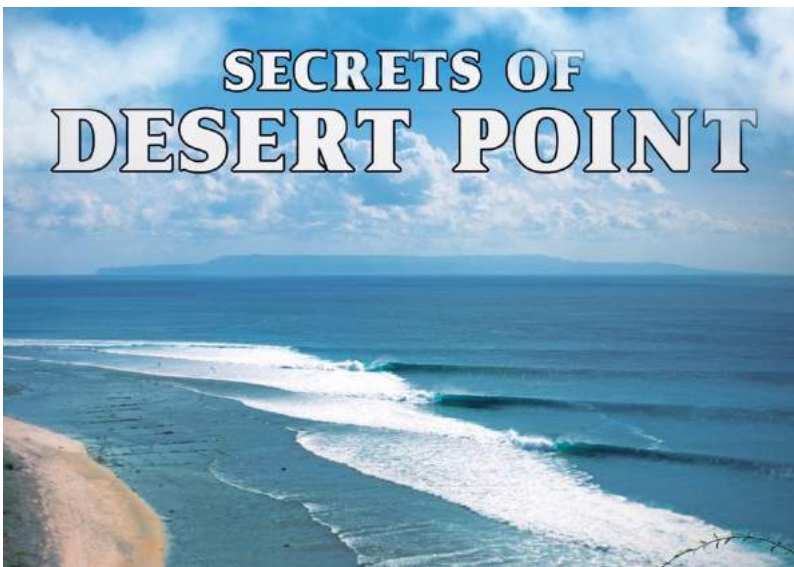
Given the unique and almost personal nature of this film, it seemed like a good idea to give you even more information about the process.

A lifelong waverider, the director, Ira Opper grew up in surfing Malibu as a young teen in the mid 1960s. Realizing early-on that he would need money to support his passion for surfing adventures he attended college at landlocked Arizona State University. With no waves to distract him Opper earned a BS in Broadcast Journalism.

With one eye through the viewfinder and the other on the horizon for approaching sets, Opper quickly found his niche in the then-infant cable TV industry creating unique lifestyle sports-programming that included Solo Sports, the world's first cable TV surf series.

Since then Opper has traveled the globe documenting the best surfers riding the world's most exotic postcard-worthy waves while creating award-winning films and TV series that include *Surfer Magazine*, *The Surfer's Journal*, *Longboard*, *FiNS*, and *Kokua* with Jack Johnson

for cable networks: ESPN, Prime Network, Outdoor Life Network, National Geographic Adventure, and Fox Sports. His achievements in the industry have earned him seven



Emmy Awards as well as induction into the National Academy of Arts and Sciences Silver Circle.

In 1995 Ira founded Opper Sports Productions (OSP) —a 4k digital television productions, web development, and stock footage company. OSP maintains the world's largest surfing film and video library. Ira is now steering his company into online video platform technology.

## The Tri Tip Trio with Lloyd Meadows At Gualala Arts October 7: A Preview

Consider this a little preview. Perhaps a suggestion. Absolutely a recommendation. Early next month Global Harmony presents The Tri Tip Trio with Lloyd Meadows (pictured below) of the Zydeco Flames, in a live event at Gualala Arts. Indulge me for a moment.

In 1993 I found myself working with Bob Mugge, a Philadelphia-based film director, who became one of those respected independent filmmakers creating, over



the years, a body of work that continues to impress. While I was running a small film company in New York, I discussed an idea with Bob that we shoot three films over three months. My mission was to

convince Bob that with the right crew, we could shoot three films for the price of two (or two and a half). One of the films was titled *Kingdom of Zydeco*. It would feature two strong names in the genre: Boozoo Chavis and Beau Jocque. At the end of the shoot we had a nice little documentary, and I knew I loved listening to Zydeco music in a club or concert setting. All of this is to suggest that the arrival of Lloyd Meadows with the Tri Tip Trio is an evening to be present and accounted for.

Your feet will move even if you don't know it. This concert with dinner beforehand is set for Saturday, October 7, starting at 6:30pm. You'll read more about this in the October Lighthouse Peddler but for now, just rest up, get some sleep, and be ready to enjoy yourself.



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## Herbs For Late Summer

By: Gillian Nye

What a joy to live in or visit this beautiful place these days! The dry, dusty heat is making me just about ready for the rains to come again and bless us with greenery! The hills have taken on the golden hue of a classic California summer, and the contrast of the ocean and sky against the headlands as I commute along the coast is striking! The rivers are warming up to a lovely place to spend a lazy afternoon as we move into one of my favorite times of year—late summer in California! The warm days and cool nights on the ridgetops, abundant garden harvests, and overall beauty of the shortening days encourage us to play outside a bit more before we settle in for the winter.

I've been exploring the headlands a bit and have found some beautiful grindelia patches, late blooming yarrow and even some nettle hiding in the shade of the still flowing creek beds. The figwort has flowered and is making seed, along with the plantain. It's always worthwhile to take a pause along the coast and scout for whales, dolphins, seals, and sea lions.

It's a lovely time to go exploring, to spend

time meditating on bringing the energy and warmth of summer into our fall and winter times, and to prepare our bodies and minds for all that is ahead of us. At the shop, we notice at every season change there is a rush of allergies, illnesses, and a heightened call for



help with insomnia, anxiety and stress. I believe this is both energetic and physical.

Plants and planets are shifting and we are moving into a different time of the year and all that it brings with temperature changes, length of days, and moon and tide cycles, etc. Energetically, each change of season offers an opportunity to look at what we've learned in the months before us and what we are working towards in the months ahead. The shift of seasons from summer to fall can be draining. Folks have been putting out a lot of energy and there's still a ways to go before the nurturing hibernation of winter. For many, summer is a very full time. There are endless adventures to be had, and plenty of work to do. The kids are out of school, there is a sense of holiday mixed with the work of the garden and homestead, and the desire to find balance with relaxing, celebrating, creating, productivity . . . How will we do it all? Are we working too much? Are we playing too much? Striving for health and balance, we sometimes get a bit rundown.

It's great to have tools to reach for when you're feeling the need. What are your tools for avoiding burnout? It's always good to re-visit personal practice. Whether you find your joy and peace through dance, long walks, yoga, playing music, working out, making art . . . do it! Remember what you love and latch on, dive in deep and keep your practice close to you. It will always help in times of stress and low energy; doing the healthful things that we love keeps us vibrant, sleeping better and more able to cope in stressful situations (like listening to the news).

Another tool I always reach for—my herbs! I have a few herbs that I always go for. These are medicines that I have discovered over the years to be really helpful for my mind and body, work quickly, taste good to me, and that I trust. If you have some herbal allies, now's a good time to start taking them.

Last winter we saw a lot of sickness at the shop. Folks were getting sick and having a

hard time shaking it; this year I'm excited to focus on immune-building and prevention! A great way to prevent winter time illness is to start building now. To me, building means to strengthen the nervous and immune systems so we're less likely to get run down, and more likely to fight off common viruses as they come our way.

Thankfully there is an entire classification of herbs specifically for this called ADAPTOGENS. Adaptogens are herbs that literally help your body adapt! To be classified as an adaptogen, an herb must be completely safe, able to be used long term, have broad uses for health, and specifically reduce stress, both mental and physical. Some of my favorites include Tulsi, Goji berries (pictured), Astragalus, Ashwagandha, Licorice, Eleuthero, and Maca as well as many mushrooms including Reishi and Cordyceps. There are many more and I encourage you to do some reading and tasting to find out which ones are right for you!

A great way to take your adaptogens is as a syrup. You can make this for yourself at home and enjoy it as a daily tonic. In this issue you'll find a syrup recipe (below) that I love for myself. Its main ingredient is Astragalus, which is an adaptogen with lung affinity—great for those of us who tend towards asthma, bronchial weakness, persistent cough, or pneumonia, etc. It's sweet, neutral taste is easy to enjoy and it works over time to regulate hormones and sleep patterns. I like it as a simple or in combination—in the recipe I've chosen Schisandra which I love for immune and cognition stimulation, more lung strengthening and it's intriguing taste. Licorice is a sweetener of life, used in many cultures around the world as a strengthening tonic for all ages. Licorice does have some contraindications in large doses for folks with high blood pressure, so please do your research before choosing it as a tonic for you. Goji berries are good for the eyes, heart and circulation as well as being high in antioxidants and tasting great. Enjoy!

### Gillian Nye's Stress Soother Syrup

- ¾ oz Astragalus root
- ½ oz. Schisandra berries
- ½ oz. Licorice root
- ¼ oz. Goji berries
- 1 quart water.

Simmer ingredients together in a saucepan for 1-1.5 hours, making sure you don't lose more than ½ the original water.

Strain and add ¼ - ½ cup of raw honey. Syrup will stay fresh in the fridge up to 3 weeks.

Optional: add up to 1 c brandy or vodka for longer preservation & a different twist!

## Gualala Arts Announces 2017-18 Chamber Music Series

The Gualala Arts Chamber Series has another exciting season in store for 2017-18 featuring return engagements by the Daedalus Quartet and Boston Trio as well as new ensembles featuring woodwinds, a guitar-cello duo and more.

Not only do they present outstanding artists, there is the unique opportunity to enjoy this music in a very intimate setting. Were you to attend the same concerts in the Bay Area, the ticket price would likely be four times as high—and you would not be sitting only a few feet from the performers! Buy your season tickets now so you don't miss any of these wonderful performances. Season tickets are \$125 and includes all six concerts in the season for the cost of five if purchased separately. The 2017-2018 season Chamber Series includes:

- The Ives Collective, cello and violins, Sunday, October 8, 4:00pm
- The Daedalus Quartet, violins, viola, cello Sunday, November 12, 4:00pm
- Oliver Herbert and William Langlie-Miletich, cello, bass Sunday, January 1, 4:00pm
- Zephyros Winds Ensemble, clarinet, bassoon, horn, flute, oboe; Sunday, February 11, 4:00pm
- The Boston Trio, violin, cello, piano Sunday, March 11, 4:00pm
- Andrianov/Illarionov, cello, guitar duo Sunday, April 15, 4:00pm

More information on these concerts, individual tickets, or season tickets can be found at Gualala Arts or the website: [www.gualalaarts.org](http://www.gualalaarts.org).

◆


"The noble title of "dissident" must be earned rather than claimed; it connotes sacrifice and risk rather than mere disagreement."  
— Christopher Hitchens (1949-2011)

"In every age it has been the tyrant, the oppressor and the exploiter who has wrapped himself in the cloak of patriotism, or religion, or both to deceive and overawe the People."  
— Eugene V. Debs (1855-1926)

"Those who are capable of tyranny are capable of perjury to sustain it."  
— Lysander Spooner (1808-1887)

"The idea which tyrants find most useful is the idea of God."  
— Stendhal (1783-1842)

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# Scuttlebutt

by Mitch McFarland

North Korea has been getting a lot of attention lately as they ramp-up their nuclear and missile capabilities in an effort to scare away what they see as the wolf at their door. That wolf, of course, is the United States military.

The U.S. has some 35,000 personnel at 83 sites in South Korea. Along with some regional partners, we have just concluded the largest war games rehearsal yet of the semi-annual "exercises", as they are called. This involved about 17,000 American troops and more than 300,000 South Koreans. South Korean F-15K and KF-16 fighter jets flew alongside the U.S. Air Force's B-1B strategic bombers.

The nuclear submarine USS Columbus was next to join the exercises. USS Carl Vinson aircraft carrier also joined the war games. This is all in addition to the newly-installed advanced anti-missile Terminal High Altitude Area Defense (THAAD) system in South Korea.

Japan, a regional U.S. ally, has also expressed concern over militant rhetoric from North Korea and conducted its first-ever civilian air raid drills recently after Pyongyang launched a barrage of missiles into the sea near Japanese territory.

I certainly don't wish to sound like an apologist for the North Korean regime. North Korea is likely the last place on Earth I would like to live in or visit. Nevertheless, it is never a bad idea to understand the motivations behind an adversary's behavior. Let us not forget that the Korean War is not over. We have a very long cease fire—kind of.

Kim Jong Un may be a little narcissist who is much more concerned with power than he is with peace, yet can you blame him for being worried about a massive military exercise by an adversary taking place on your border when you are technically at war with them? Just for fun suppose Congress appropriated the money for The Wall and it irritated Mexico enough to allow North Korea to hold military "exercises" on our southern border. No problem, Mexico advises, it is merely defensive in nature to thwart your aggressive behavior?

Of course, that is silly to imagine, but think of having a North Korea nuclear submarine cruising the California coast. How about something like the Carl Vinson, likely the most lethal fighting machine ever created, maneuvering off Tijuana.

Critics of the war games are told that they are merely defensive in nature, but let's face it, once bullets start flying no side is ever being "defensive". Each side is on offense. Army Gen. Vincent Brooks, the U.S. military commander there, told CBS' **60 Minutes**, "What

it takes to go from the condition we're in at this moment to hostilities again is literally the matter of a decision on North Korea's side to say 'fire.'"

Conservatives in South Korea are now calling for the U.S. to place tactical nuclear weapons in South Korea. By the way, can someone explain to me what a "tactical" nuclear weapon is and how it is OK to use them, but not "big" ones?

The U.S. is virtually begging China to help by increasingly squeezing North Korea's economy until Kim gives in or the country implodes completely into chaos. That won't work. First of all Kim doesn't strike me as the

By the way, can someone explain to me what a "tactical" nuclear weapon is and how it is OK to use them, but not "big" ones?

"give in" type. And the last thing China needs is a huge refugee and humanitarian crisis on their border. As we have seen all over the world chaos often leads to something worse than what preceded it. The other possibility following a fall of the Kim regime would be for South Korea to re-unite the peninsula, leaving a U.S. ally (with potentially tactical nuclear weapons) on China's border.

What does China have to gain from any of those scenarios?

A peace treaty to end the war would be nice, but currently we are playing this you-put-your-gun-down-then-I-will-put-mine-down game. You can see how well that is working out.

China supports the so-called dual suspension approach in which the U.S. would no longer hold war games and the North would suspend nuclear activities. This would be step toward a peace treaty.

The U.S. claims that military exercises with the South Koreans are part of the U.S.-South Korea defense treaty and are in compliance with the 1953 armistice. North Korea's nuclear and ballistic missile tests are banned

under multiple UN Security Council Resolutions. OK, but would you be surprised to learn that North Korean leaders view the United Nations as an instrument of U.S. policy—particularly in 1953?

Former Senior Fellow at the Heritage Foundation and China hawk, John Tkacik, said the dual suspension proposal is a Chinese ruse. Tkacik said Trump should counter China's dual suspension ploy by threatening to re-introduce American nuclear weapons to South Korea. The U.S. removed nuclear weapons from the Korean Peninsula in 1991 to convince North Korea not to move forward with its nuclear weapons programs. That was five presidents ago for us and the time of Kim Jong un's grandfather, Kim Il-sung. Maybe we should investigate that possibility again. At least it would give China a good reason to support our position more solidly. They can't be too thrilled about huge U.S. war games on the shores of "their" continent just as we would not be if ones were held on "our" continent.

I'm afraid that I am not very confident about the direction we are heading. Our President is utterly clueless about foreign relations and prefers to go with his instincts, as he likes to say. The fact that he is so concerned about looking like a tough customer and is used to playing zero sum games in business means he has no ability to perform as a statesman. In fact just using the word to describe Trump seems completely out of place.

I wish I had the simple and obvious answer to all this, but I don't. Perhaps no one does at this point, but ramping up the rhetoric and an increased military build-up doesn't look like a road to peace.

## Mendocino Coast Botanical Gardens Annual Sale September 16-24

Mendocino Coast Botanical Gardens in Fort Bragg announces their Fall Plant & Store Sale September 16 through September 24. The Garden Sale is open each day from 9:00am to 5:00pm.

The sale is a good time to stock up on plants for winter and early spring bloom and start your holiday shopping. At Nursery on the Plaza Gardens, Members receive 20% off all plants, while Non-members receive 10%



off all plants. At The Garden Store Members receive 20% off select store items and Non-members 10% off select store items.

While you're there why not grab a delicious fresh lunch or sweet afternoon treat from Rhody's Garden Cafe while you still can. (Rhody's closes for the season in mid-September and re-opens April 2018.)

Proceeds from this annual sale help to support this organization! Mendocino Coast Botanical Gardens is a unique botanical treasure that can only be maintained, strengthened, and shared through the philanthropic support of our donors, members, community, and volunteers. As a non-profit organization, our goal is to provide a setting for plants and visitors to thrive. More information is at The Garden Store (707) 964-4352 ext. 16. Information is also at [www.gardenbythesea.org](http://www.gardenbythesea.org).

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**THE SEPTEMBER SUDOKU** by Margie E. Burke

Difficulty: EasyA

	7	5			3	1	
	8			9			
1		3	6				
	6	5					7
		3	1	7	8		
7					6	4	
			9	1			5
			6			8	
8	1			4		3	

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**HOW TO SOLVE:**

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)A





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## The 56th Annual Art In The Redwoods A Recap of Four Days of Art, Awards, Food and Entertainment

Four days of art, awards, food and entertainment came to a close Sunday, August 13, as Gualala Arts wrapped up the 56th Annual Art in the Redwood. The Hat's Off Dinner and Champagne Preview were both well attended, with exhibit judges Connie Nartonis Thompson and Margot H. Knight presenting a very instructive critique during the preview and announcing first, second and third place winners in 15 fine arts categories, plus 26 judges' awards.

The festival's Fine Arts Exhibit, with more than 300 items entered, will remain on display (minus a few items that have been purchased and removed) through September 3.

A robust crowd wandered the grounds of the Arts Center under sunny skies, shopping the more than 25 Festival vendors and snacking on wood-fired pizza, grilled BBQ, salmon and crab cakes from Cape Fear Café in Duncans Mills, and Sweet Shoppe delights. Visitors took in entertainment on various stages inside and outside the Arts Center, enjoying sounds by accordion player Barbara Johannes, the Ernest Bloch Bell Ringers, BAKU, John Micka, and the Fort Ross Choir.

The musical highlight both days was the Ernest Bloch Bell Ringers. Local resident Suzanne Kritz, home from college for the summer, sang a solo with the bell ringers and her father, Erick Kritz, accompanied the ringers on clarinet. Suzanne, her sister Rachel, and mom, Lisa, are all bell ringers with the group. Other special accompanists were Dan Laux on hammered dulcimer, Cyndy Solomon on recorder and Karl Young on shakuhachi, a Japanese flute. Sita Milchev also sang the solo "On Eagle's Wings" to great applause.

The more than 300 art items were displayed for viewing in the fine art exhibit and throughout the Arts Center itself. All at-

tendees were given a People's Choice ballot to vote for their favorite work among the entries. The last day of the festival, with the help



of little Aspen Bennett, David "Sus" Susalla, Gualala Arts Executive Director, announced Healdsburg artist Joann Cassidy the winner of that coveted prize sponsored by Gualala Community Center. The perky little Aspen also drew the

winning raffle ticket for the Pacific Piecemakers Quilt Guild (PPQG) quilt "Labyrinth", which went to Mark Stillman of Gualala (bottom photo). The raffle raises thousands of dollars for the Gualala Arts Young Artist Scholarship fund each year.

Attendance was "up and down" throughout the festival with paid attendance on Friday down slightly, but Saturday higher than last year's, Susalla said. The Hat's Off Dinner, which featured Cape Fear Café, Pazzo Marco Creamery, Café Selkie, Oz Farm and Anchor Bay Thai Kitchen was a record high attendance of 150 guests. Throughout the weekend, at least 45 pieces of art on site sold for over \$15,000 for an average of \$344 per piece, going home with happy new owners. Event Manager Sara King said food sales were much higher than past years.

"HUGE thanks to the countless volunteers, artists, vendors, musicians, dancers, entertainers and storytellers that helped make the 56th Annual Art in the Redwoods Festival another great success," said Susalla. "Most of all, thanks to all of the guests who came to the Hat's Off Dinner on Thursday, the Champagne Preview and Judges' award presentation and critique on Friday, and the Festival itself on Saturday and Sunday."

Susalla said after experimenting with having the fes-

tival the second week of August this year, it will likely return to the third week in August next year, per the popular request of vendors and visitors alike.

Top art prize winners were Dulce MacLeod for "The Slip", Best of Show, sponsored by Sea Ranch-Gualala Real Estate Co.; Paul White for "Out of the Mist", Best Local Work, sponsored by Westamerica Bank; and Nichole Forry for "Noyo Beach Rock Crab", Emerging Artist Award, sponsored by Collette Coad and Rozanne Rapozo. Violet Arana won a 1st Prize in the Pastels and Drawing category with "Repose" (below).

Bill Vellutini, of Gualala, won an Environmental Award presented in Memory of Jan Harris for his hand-crafted kayak and Stand Up Paddle Board, which he donated for si-



lent auction to benefit Gualala Arts. Point Arena resident and surfer Krista Smith won the silent auction and expects to have both vessels actually see the water at some point (Vellutini never submerged either vessel).

Vellutini also donated his deceased wife Peggy Zink Vellutini's pastel and art supplies for silent auction. "Bill Vellutini and Peggy Zink's creativity will remain living on our coast for years to come and their spirits will

live on in perpetuity at Gualala Arts," Susalla said.

It's never too early to start making plans for 2018. Get your oils, watercolors, ceramics, wood, inks, pencils, chalk, random objects, driftwood, and anything else needed to create something wonderful for Art In The Redwoods 2018.





## Our Sanctuary's Ancient Living Treasures By Mary Jane Schramm

Their race was born in primeval seas over 100 million years ago, of an even more ancient lineage beyond memory, beyond comprehension. Then, nearly 66 million years ago, the asteroid Chicxulub collided with Earth, hurling masses of pulverized rock into the air, raining down ash and cloaking the skies in twilight darkness for months perhaps years. The ensuing cascade of global catastrophes disrupted entire ecosystems and wiped out nearly 80 percent of life on our planet. But somehow, this creature survived. With its slow, undemanding metabolism, the leatherback sea turtle, *Dermochelys coriacea*, managed to eke out an existence, secure in its ocean habitat. Sometimes, life in the slow lane pays off.

Could such a creature, despite its proven adaptive survival strategies, become extinct in our lifetimes? Sadly, it could. Leatherback sea turtle populations are declining worldwide. Our West Pacific Leatherback sub-population, which feeds off Western North America in summer and fall, has declined 83.0% in just three generations. Because of continuing human impacts, and despite protective legislation, the West Pacific sub-population is rated as Critically Endangered per the International Union for the Conser-

vens, thanks to areas off Northern California, Oregon and Washington where fishing is restricted. Research cruises and seasonal aerial censusing helps NOAA Fisheries Protected



Resources Division gain critical knowledge of leatherback population trends. Year-round, Greater Farallones National Marine Sanctuary complements sea turtle monitoring through its Applied California Current Ecosystem Studies (ACCESS) cruises and Beach Watch programs.

Leatherbacks are highly migratory: e.g., the Papua New Guinea/Indonesia breeding population – aka West Pacific Leatherback – travels 7,000 miles to our West Coast waters to feed on jellies and other gelatinous prey. They face threats wherever they are: from harvest of females and eggs, fisheries bycatch (accidental capture of non-targeted species), marine debris entanglement, development of critical beach nesting habitats, and boat strike. Therefore, agencies such as NOAA Fisheries, the US Fish and Wildlife Service, scientists, fisherfolk, and conservation groups have formed international coalitions to protect them worldwide. They have enacted bans on poaching turtle meat and eggs, mandated fishing gear modifications, set seasonal, areal and situational closures for gillnets and long-line fisheries, and protected nesting beach habitats. Agencies and private funders also provide direct financial assistance to local groups to carry out broader-scale conservation measures. Some experts advocate more draconian measures, and not all parties agree about the cost-benefit ratio of fisheries restrictions (see links, below), while much depends on very limited enforcement. Thus, these current measures may not outstrip the leatherback sea turtle's present rate of decline.

**WHAT YOU CAN DO:** You can protect the leatherback's feeding grounds in your own marine sanctuaries and everywhere through these simple actions: Watch out for sea turtles when boating, and steer clear. Re-

port any live, dead, or entangled sea turtles immediately to The Marine Mammal Center, (415) 289-7325. Prevent marine debris entanglement through proper disposal of trash

and fishing gear, and beach clean-ups. Never use party balloons that could land in the ocean and choke hungry turtles. Buy only seafood caught in well-regulated American fisheries: ask at the market, ask at the restaurant. Avoid eating seafood caught with high-bycatch gear (e.g., long-lines), including swordfish and some tuna; the Monterey Bay Aquarium Seafood Watch wallet card is a handy reference. Support conservation measures. California recently declared October 15th as Pacific Leatherback Sea Turtle Conservation Day. Find out about (or initiate!) an event in your community.

Finally, you can help by learning more about ongoing efforts, and supporting your local national marine sanctuaries that protects ocean wildlife and habitats for turtles and all marine life. <http://farallones.noaa.gov> and [www.farallones.org](http://www.farallones.org), our non-profit 501.c.3 partner.

Mary Jane Schramm  
NOAA Greater Farallones  
National Marine Sanctuary  
[Maryjane.schramm@noaa.gov](mailto:Maryjane.schramm@noaa.gov)



vation of Nature (IUCN) Red List. Experts predict a population decline of 96% by the year 2040 if this trend is not reversed.

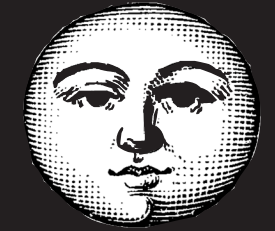
That is why, from September 1 through 29, scientists from the National Oceanic and Atmospheric Administration (NOAA) will take to the skies in a small fixed-wing plane, flying low above coastal waters from Pt. Arena south to Monterey Bay, searching for leatherback and other sea turtles, and marine mammals. Their efforts will focus on our north-central California national marine sanctuaries: Greater Farallones, Cordell Bank, and Monterey Bay. These lie in the California Current – among the richest foraging grounds. This is also one of their safest ha-

Full Moon



September 6

New Moon



September 20

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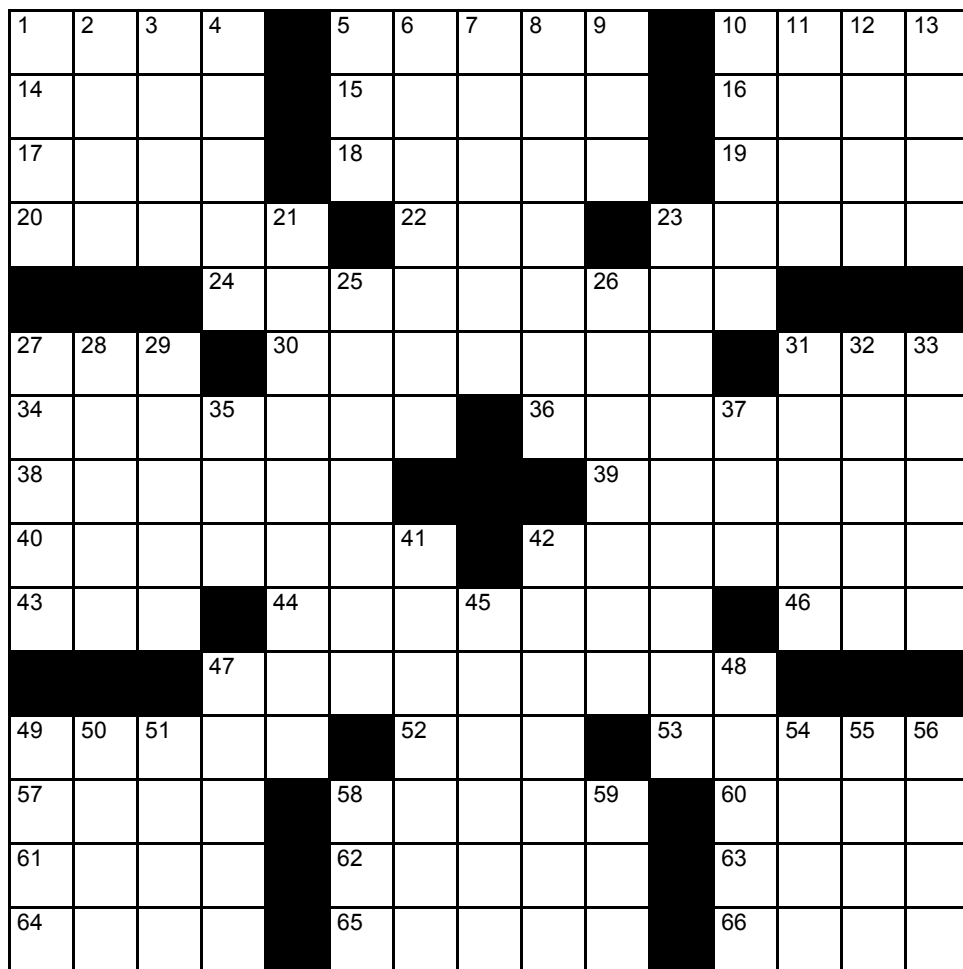
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# The September Crossword

by Margie E. Burke



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## ACROSS

1. Hearty dish
5. Ill will
10. Sit (down)
14. Uber alternative
15. Knight's protection
16. Latest thing
17. Gulf leader
18. Sot
19. Archipelago part
20. Coin collector?
22. One of Alcott's "Little Men"
23. Orangish yellow
24. Alluring
27. Hang loosely
30. Made helpless
31. Nasty biter
34. With intensity
36. Type of flow
38. Browser action
39. Faze

40. Type of bypass surgery
42. Long letter.
43. Bono's nonprofit.
44. Leak stopper.
46. Arroz \_\_\_ pollo
47. Forerunner
49. Thread holder
52. Word of disgust.
53. Inflexible
57. Homecoming guest
58. Food on a stick
60. Piece of cake
61. \_\_\_ mortals
62. Dome dwelling
63. A whole bunch
64. "Duck soup!"
65. Impoverished
66. Vortex

## DOWN

1. Flower holder

2. Break, in a way
3. Wayout
4. Tech magazine
5. Parked oneself
6. One with a gift
7. Bestow
8. Hammer slantingly
9. Blow it
10. 1953's "House of Wax" actor
11. Secure, in a way
12. Look like a creep
13. Kind of review
21. Warm-up at the Belasco
23. Raphael or Rembrandt
25. Platoon member
26. Demeanor
27. Key \_\_\_\_\_, FL
28. Singer of the 80's hit "Loverboy"
29. Throb
31. Bit of mischief
32. Sudden burst
33. Pimp
35. Young one
37. "\_\_\_ show time!"
41. Coleslaw vegetable
42. Adult life, for some
45. At risk
47. Comfortable
48. Dentist's order
49. Bar order, with "the"
50. Nolo contendere, e.g.
51. Couple's pronoun
54. Embellish richly
55. Frigid
56. \_\_\_-eyed
58. Reunion folks
59. Little guy

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**Point Arena Lighthouse  
Announces Off Season Hours**

The Point Arena Lighthouse begins its off-season hours after Labor Day weekend. Beginning Tuesday, September 5 the Lighthouse grounds, Museum and Tower will be open daily from 10:00am to 3:30pm, with the last Tower Tour presented at 3:15pm. The Lighthouse is closed Thanksgiving Day and Christmas Day. More information: (707) 882-2809 ext. 1 or visit [PointArena-Lighthouse.com](http://PointArena-Lighthouse.com).



## At The Edge Of The World: The Heroic Century Of The French Foreign Legion

A book by Jean-Vincent Blanchard • Reviewed by Jennifer Bort Yacovissi

It's an enduring if hoary image: With a steely eyed, thousand-yard stare, a man stands alone at the edge of a vast desert, rifle in hand, sun-bleached kepi hat casting a shadow across his rough-hewn visage. Perhaps he is replaying for himself the missteps in life that brought him here, for he is society's outcast, a man without a country: He is a soldier of the French Foreign Legion.

If this were a scene in any of the dozens of cinematic treatments of the legion, at this point the camera might pan wide (as the music swells) so the audience sees the battalion of brave legionnaires arrayed behind our lone antihero, as a line of Arabian horsemen crests the sand dune and charges.

Author Jean-Vincent Blanchard dissects the facts and fiction behind the legendary outfit in this wide-ranging, heavily researched discussion of the history, culture, defining characteristics, and *raison d'être* of the French Foreign Legion.

In many ways, this is a biography of one of the primary sculptors of the legion's character, General Louis Hubert Gonzalve Lyautey, who spent much of his army career in command of legion forces and was a principal architect of its longstanding presence — first in Vietnam and later in Morocco — in support of French colonial expansion.

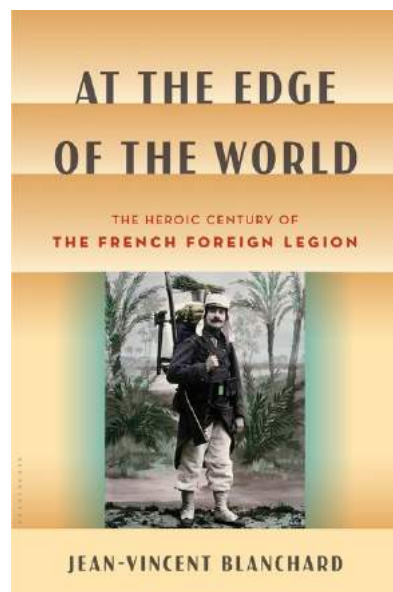
The legion was born in 1831 when France found itself with a surfeit of unemployed immigrants and a nascent colonial enterprise in Algeria. Forming army regiments out of idle foreigners solved two problems: It gave those people jobs to keep them out of trouble, and it allowed France to avoid the political fallout of sending its citizens overseas to fight and die.

After Napoleon III's disastrous war with Prussia in 1870, a sharp division solidified between the legion, as France's force for colonization, and the homeland army, whose French citizenry stayed put to protect the borders from further German incursion.

In Algeria in 1841, Governor-General Robert Bugeaud gave the legion its first dose of true military discipline and leadership, as well as its first decisive victories over an entrenched foe, the Emir Abdelkader. At the same time, though, he introduced them to brutal, scorched-earth warfare. It was here that the strong bonds of legion tradition first took hold. Men likened joining the legion to joining a monastery, with less religion and more blood.

Enter Lyautey. A true believer in the value of French colonialism, he wanted to conquer by demonstrating the benefits of French civilization, to encourage Francophilia through a method dubbed *tache d'huile*, "oil slick": a persistent, pervasive spreading of France's

culture in all the places it touched. The men of the legion included engineers, craftsmen, and artisans who could be put to use in infrastructure improvement and building projects in between pitched battles.



For a man of his time, Lyautey could be considered enlightened, since he had honest respect for Arab and Islamic traditions, and his protection of those traditions won him a measure of favor with Moroccans.

He was equally popular with the legionnaires he commanded, since he also treated them with an evenhandedness and respect that was otherwise often in short supply. He shared with them their tendency toward periods of dark brooding called *le cafard* — the cockroach — that burrowed into a legionnaire's brain during long, lonely nights in the jungle or desert. In sympathy, he forgave them their hard drinking and carousing, knowing that a cry, anywhere, of "la legion!" would summon every legionnaire within hearing distance, no questions asked.

Still, for all the bonds of loyalty and brotherhood that made this a fighting force to be reckoned with, it is hard to square the activities of the legion with anything that can remotely be termed "heroic."

Perhaps Lyautey viewed other cultures with some measure of respect, but he certainly led his share of slaughter at the pointy

end of colonization. And despite the theory of a civilizing oil slick, the indigenous populations were never given to share in the riches of the folks who crashed in, guns blazing, to set up shop and milk the surrounding lands for the greater glory of France.

As Camille Pelletan noted in 1885, "We are told that we have this imperious need, as men of a superior race, to go about civilizing the barbarians of the world with cannonballs. If we asked those barbarians, I think they'd be just fine being left alone."

In response to a comment that "superior races have a right with regard to inferior races," Georges Clemenceau pointed out that the Germans resorted to much the same argument, since they believed the French were inferior to Germans.

(Ironically, Germans had long been favored recruits for the legion, even after the ugly 1870 war. Many of the best troops were thought to be from Alsace-Lorraine because they had French affiliation but were of Germanic build.)

It's not as though the French were in any way unique among European and New World powers in their quest for colonial expansion, but it's always interesting to pull the thread of historical cause and eventual effect. For example, the legion left its Algerian headquarters of Sidi Bel Abbès in 1962 after losing the fierce battle against Algeria's independence.

Blanchard notes that "one of the most ardent fighters against the Algerians was a former legionnaire named Jean-Marie Le Pen." He, of course, is the father of ardent French nationalist and current presidential candidate Marine Le Pen. Perhaps she can find some Algerians or Moroccans to commiserate with her over her abiding sense that her homeland is being overrun by uninvited newcomers.

• • • •

Jennifer Bort Yacovissi's debut novel, *Up the Hill to Home*, tells the story of four generations of a family in Washington, DC, between the Civil War and the Great Depression. Her website is:

<http://www.jbyacovissi.com>

This piece originally appeared in the *Washington Independent Review of Books*.

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## The Local Top-20 Books Late Summer 2017

"Books are the quietest and most constant of friends; they are the most accessible and wisest of counsellors, and the most patient of teachers." — Charles William Eliot.

1. *qh awala.li: "water running down place"*  
by Annette White-Parks
2. *Shaping the Sonoma-Mendocino Coast*  
by Thomas Cochrane
3. *Guide Dog for the Coastally Curious*  
by Steve Oliff
4. *Tidelog 2017*  
Northern California Edition
5. *The Forgetting Time*  
by Sharon Guskin
6. *Mendonoma Sightings Throughout t/Year*  
by Jeanne Jackson & Craig Tooley
7. *Astrophysics for People in a Hurry*  
by Neil Degrasse Tyson
8. *All the Light We Cannot See*  
by Anthony Doerr
9. *Lilac Girls*  
by Martha Hall Kelly
10. *The Sixth Extinction*  
by Elizabeth Kolbert
11. *Theft by Finding: Diaries (1977-2002)*  
by David Sedaris
12. *The Summer Before the War*  
by Helen Simonson
13. *White Trash: The 400-Year Untold History of Class in America*  
by Nancy Isenberg
14. *Unmistakably Old and Doing Pretty Well, Considering*  
by Ann G. Thomas
15. *The Essex Serpent*  
by Sarah Perry
16. *Beyond the Bright Sea*  
by Lauren Wolk
17. *Official Handbook (Capt. Underpants)*  
by Kate Howard
18. *The Little Paris Bookshop*  
by Nina George
19. *The Sea Ranch*  
by Susan Clark
20. *Wildflowers of The Sea Ranch*  
by Elaine Mahaffey

The Lighthouse Peddler is pleased to bring our readers a list of the most popular books being picked up and read by locals and visitors alike. Our thanks to Four-Eyed Frog Books.

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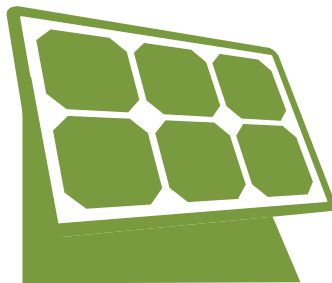
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\*This figure is based on verified emissions for SCP and PG&E from May 2014 through December 2015 and estimated number for 2016.



## Get Out! September's Music, Poetry, Theater, Films, Art & Events

- Friday 1: 8.30pm, DJ Emilio and "Musica Para Todos" at Garcia River Casino.
- Friday 1: 8:00pm, The Sun Kings at Arena Theater.
- Saturday 2: 8:30am, Voter Registration at Pay & Take, Gualala Community Center.
- Saturday 2: 4:00pm, Opening reception at Dolphin Gallery
- Saturday 2: 8.30PM Karaoke Night at Garcia River Casino.
- Saturday 2: Studio Discovery Tour
- Saturday 2: 6:00pm, Mendocino English Country Dance, with Kalia Kliban
- Saturday 2: 1:00pm, The Casuals will be at the Pt. Arena General Store parking lot.
- Sunday 3: Studio Discovery Tour
- Sunday 3: Noon to 6:00pm, Harborfest in Pt. Arena.
- Monday 4: 7:00pm, ATFC **Scarecrow**.
- Monday 4: Studio Discovery Tour
- Wednesday 6: 7:00pm, Night tour at Pt. Arena Lighthouse
- Thursday 7: 6:00pm, The Casuals, Oldies Rock&Roll & Trivia, Garcia River Casino.
- Friday 8: 5:00pm, The Art of Aging at Gualala Arts,
- Saturday 9: 4:00pm, Connie King at Four-Eyed Frog Books.
- Saturday 9: 5:00pm, Dragon's Breath Theater.
- Saturday 9: 8.30pm, Billie Kerr and the California Tire Fire at Garcia River Casino.
- Sunday 10: 1:00pm, Exhibition on Screen: American Impressionism.
- Monday 11: 7:00pm, ATFC **Ashes and Diamonds**
- Tuesday 12: 7:30pm, Desert Point (Surf Movie) at Arena Theater.
- Thursday 14: 6:00pm, Mad Cow with Harrison Goldberg at Sea Ranch Lodge
- Friday 15: 6:00pm, duo Xplore with Harrison Goldberg and Tim Mueller at Mendovine
- Saturday 16: 8:30am, Voter Registration at Pay & Take, Gualala Community Center.
- Saturday 16: 8:00pm, Slow Season and Ozone BBQ perform at Arena Theater,
- Saturday 16: 9:00am, Mendocino Coast Botanical Gardens Sale
- Sunday 17: 4:00pm, B. Bryan lecture at Pt. Arena Lighthouse
- Sunday 17: 1:00pm, Auditions for Guys and Dolls and Gualala Arts
- Monday 18: 1:00pm, Auditions for Guys and Dolls and Gualala Arts (call backs)
- Thursday 21: 7:30pm, Third Thursday Poetry at 2:15 Main.
- Friday 22: 8:30pm, AC Myles at Garcia River Casino.
- Friday 22: 6:00pm, Harrison Goldberg at Mendovine
- Monday 25: 7:00pm, ATFC **Amy**
- Wednesday 27: 6:00pm, Harrison Goldberg and Friends at Sea Ranch Lodge
- Saturday 30: 11:00am, SharktoberFest, Presidio, San Francisco

## 18th Annual Harbor & Seafood Festival

A Fundraiser for the Point Arena Pier Repair & Replacement Fund!



Sunday September 3

Noon - 6pm

Point Arena Cove & Pier

- Local Seafood: Fish Tacos, Oysters, Tuna Kabobs, Abalone Cakes!
- Local Craft Beer: North Coast Brewing!
- Live Music: Fast Company, Ozone BBQ, Chuckwalla, 3 Sheets to the Wind, and the Nelson Lunding Trio!
- Kids Area with Jump House!
- Silent Auction! • Good Times!