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# Lighthouse Peddler

Issue #180 October 2016

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## Dan Brubeck Quartet Here October 14 A Special Concert For All Of Us

Those of us who live on the coast, or who visit here, very likely know that the Brubeck family have been here often, as residents, as visitors, and as performers. The Dan Brubeck Quartet continues that legacy, with a return visit to the Mendonoma Coast for a concert on October 14 at Gualala Arts.

No casual musician, Dan Brubeck was mentored by two consummate polyrhythmic masters, Joe Morello and Alan Dawson (at the Berklee College of Music), and was working professionally before he finished his teens. His passion for music hasn't diminished. Over the years he's been featured on nearly a dozen albums with his father, and toured widely with the Dave Brubeck Quartet, including many appearances with the world's leading orchestras. He's been an integral part of the various Brubeck bands, including the Darius Bru-



beck Ensemble, Two Generations of Brubeck, and the New Brubeck Quartet. He's toured internationally and recorded three widely played albums with his electric jazz group, The Dolphins, and co-lead the Brubeck LaVerne Trio with his brother Chris and pianist Andy LaVerne. His skills are respected by his peers, and he's often toured or recorded with the biggest names in the business including David Benoit, Gerry Mulligan, Paul Desmond, Larry Coryell, Livingston Taylor, Michael Franks, and blues guitarist Roy Buchanan.

For this event at Gualala Arts Dan Brubeck brings his Quartet, featuring the exceptional vocal talent of Adam Thomas (also on bass), with saxophonist Steve Kaldestad, and pianist Tony Foster. If you've seen Dan Brubeck perform on the coast you already know that an

*cont'd on page 4*

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# FROM THE EDITOR'S DESK

If you thought September was busy, wait 'til you see what's on for October! Drummer and Jazz musician **Dan Brubeck** returns to Gualala Arts for a performance this month. (Cover, and Page 4).

**Gualala Arts** presents The Zydeco Flames, The Dan Brubeck Quartet, and Trio Celeste. Oh, yeah, there's Gumbo too! (Page 3.)

**The Bolshoi Ballet** (live and direct from Moscow, no less) at Arena Theater. (Page 3.)

**The 12th Annual Gualala River Run** is set for October 15. (Page 4.)

All of life's answers can be found here. (OK, the **October Crossword** puzzle answers are here, anyway.) Page 3.

**The 12th Gualala River Run** is all set for October 15th. (Page 4.)

The rescheduled **Chris Smither concert** is a must see October 11. (Page 5.)

Arena Theater hosts a **Halloween Party with music by Zulu Spear**, Saturday October 29. (Page 5.)

Once again **Blake More** gives us a preview of this month's poet. Third Thursday Poetry will feature Ukiah Poet Laureate Bill Churchill. (Page 6, 12.)

Our local **Coast Community Library** has two presentation on our California Coastal World (including quakes and Tsunamis) Sunday October 2 and 23. (Page 6.)

Karin Uphoff's mind this month is thinking about light, the color spectrum, and how it makes us feel in **Words on Wellness**. (Page 7.)

**Sudoku** is here with numbers, sequences, boxes of nine, and other ways to drive us a little crazy. (Page 7.)

Three films are set for October by **Arena Theater Film Club**. (Page 8.)

The Native American Art Expo at **Gualala Arts** is previewed. (Page 9.)

The **Dolphin Gallery** shows off two artists working in wood and bone. (Page 9.)

Contributing Editor **David Steffen** considers some less-than-new books this month, all worth a second (or first) look. (Page 10.)

Local pub **215 Main** has Saturday night music for you. (Page 11.)

**National Theater Live** returns to Arena Theater October 29. (Page 11.)

**News & Notes**—short bits and late breaking news is here. (Page 11.)

Oh. Did we tell you the Opera has returned to Arena Theater? Both **Tristan & Isolde** will be here to say 'hello'. (Page 11.)

Miss the Midwest? Occasional contributor **Sally Marshall** has a strange but true story about homes on stilts. (Page 12.)

Looking up? The New Moon/Full Moon is here. (Page 12.)

**Mitch McFarland** considers options this month: political and geographical in this month's Scuttlebutt. (Page 13.)

Occasional contributor **Caitie Steffen** takes a serious and thoughtful turn this month. And she's raising money for a worthy cause. (Page 14.)

**Marghi Hagen** has some thoughts on the Forty-niner's Colin Kaepernick. (Page 14.)

There will be an **Emergency Response/Preparedness Class in Elk**. Given the climate, earthquakes, and winding roads, this seems like a good idea. (Page 14.)

The **Crossword Puzzle**, as always, is ready to challenge you. (Page 15).

Our thanks to contributors Marghi Hagen, Mitch McFarland, Sally Marshall, Blake More, Paula Ray Power, Caitie Steffen, and Karin Uphoff.

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## Lighthouse Peddler

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David Steffen: Contributing Editor

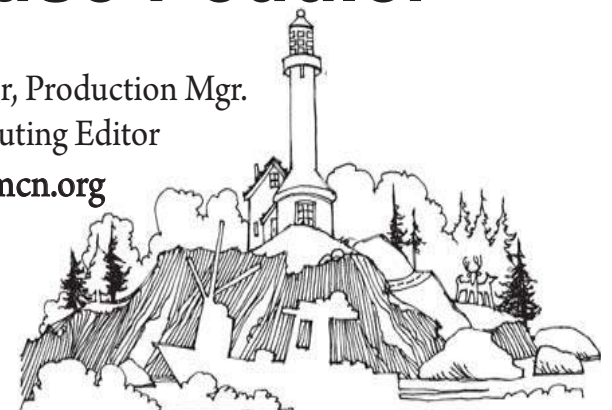
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## GAC's October: Zydeco, Gumbo, Classics, and Jazz

Making sure to hit all the high notes, Gualala Arts Center kicks off the fall music season with some foot-stompin' Zydeco, jazzy stylings with Brubeck, and a little chamber music for good measure.

As the days get shorter and cooler, there's nothing like a hot cup of a little sumpin' sumpin' – or in this case, authentic Creole gumbo – to set your mouth on fire and get you ready to stomp the dance floor. Filling the house will be the hot sound of The Zydeco Flames during Gualala Arts Gumbo Fest Saturday, October 8 at 5:30pm.

The fun starts with an authentic Creole Gumbo dinner cooked up by local food enthusiast Padraic Doyle and Gualala Arts Executive Director David "Sus" Susalla. Topping off the meal, which includes vegetarian or traditional gumbo, rice, and

salad, is the famous Brennan's Restaurant dessert Banana's Foster.

Traditional Creole gumbo includes a rich New Orleans

"roux", filé seasoning, okra, andouille sausage, shellfish and sometimes chicken. The name "gumbo" comes from the African word for okra. Enjoy dinner, but stay for the music!

"The Zydeco Flames are truly one of the outstanding Zydeco bands in the U.S.," said Fred Adler, Gualala Arts concert promoter for this event. "Their authentic sound inspires dancing and also provides a special thrill for just listening. Lloyd Meadows' lead Zydeco voice and personality is irresistible, and when the band changes hats for this concert, performing as The Soul



Flames, you will clearly hear Lloyd's love and influence of Stevie Wonder, Wilson Pickett and others. There will be superb, authentic Creole Gumbo served, too!"

Dinner only is \$20. Concert only is \$25, and dinner and concert is \$39. All prices increase by \$5 if tickets are bought the day of the event.

The promise of more great entertainment arrives the following week, on Friday October 14 at 7:00pm. It's an evening to enjoy a night celebrating the sounds of Dave and Iola Brubeck with The Dan Brubeck Quartet. (See cover story).

Finally, Gualala Arts kicks off the 2016-17 Chamber Music season with the ensemble Trio Céleste at 4:00pm, Sunday October 9. Tickets are \$25 in advance, \$5 more the day of the concert.



Tickets for most Gualala Arts' events can be purchased at [BrownPaperTickets.com](http://BrownPaperTickets.com). All Gualala Arts music events are free for youth 17 and under when accompanied by a paying adult. Chamber music is free for youth ages 7 to 17 with a paying adult.

### • The Bolshoi Ballet • Direct From Moscow To Arena Theater

The first performance of the 2016-2017 season is *The Golden Age* (music by Dimitri Shostakovich) live, Sunday October 16 beginning at 2:00pm (doors at 1:30pm).

In a seaside town where business and mafia are flourishing, *The Golden Age* cabaret is the favorite nightly haunt of dancers, bandits and young revelers, where the young fisherman Boris falls in love with Rita, a beautiful dancer, but also the friend of a local gangster. . . .

A satire of Europe during the Roaring 20s, *The Golden Age* makes for an original, colorful, and dazzling show with its jazzy score and music-hall atmosphere. This ballet that can only be seen at the Bolshoi has everything to it: mad rhythms, vigorous chase scenes, and decadent cabaret numbers. With its passionate love story featuring beautiful duets between Boris and Rita, the Bolshoi dancers plunge into every stylized step and gesture magnificently.



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## Twelfth Annual Gualala River Run October 15 5K and 10K Runs, 5K Walk, Brunch and More

Healthy. Mendocino. Healthy Mendocino. The words seem to go together so naturally. And why not? If you visit every year, or this is your first visit, we love it here and you probably do too. When you view the Pacific Ocean you can understand why five centuries ago explorer Ferdinand Magellan opted to name this body of water "Pacific". It's not always tame, but it's always beautiful. And that is the large backdrop to many events on our coast.

October brings the Twelfth Annual Gualala River Run, and we can all jump into the fun. (You can jump into the Pacific afterwards.) Saturday October 15 is a day offering many options: A 10K run, 5K run, 5K fun walk, a Brunch, Raffle, and awards. The 5K Run is an out-and-back course that follows the scenic Gualala River along a paved road through a majestic redwood forest. The 10K Run is an out and back course which follows the Gualala River along a shaded, paved road for 1.6 miles, then a firm, gravel road leads runners into a majestic redwood forest. (Strollers are encouraged for the 5K Fun Walk, but bicycles, skateboards, skates,



and pets aren't allowed on the course.)

Also new this year, a silent auction will be held for an original oil painting of the Gualala River donated by Asha Carolyn Young, with gold wood frame donated by Anna

Dobbins of Arena Frame and Photography. The painting, "Summer Day on the Gualala River" (below) appears on this year's Gualala River Run poster and is be-



ing displayed at Four-Eyed Frog Books in Cypress Village. Opening bid price: \$450.

Action Network has built an organization that is rare in communities our size, and yet they use the proceeds of the Run to continue to build on their many services; services which help more than 500 children from Manchester and Point Arena on the North, to The Sea Ranch

and Annapolis on the south, and of course the Kashia and Pomo Indian Rancherias through the Across Ages and Cultures Substance Abuse and Violence Prevention Programs. Included are

- Across Ages & Cultures Prevention Coalition-Teen Group
- Coastal Connections Outdoor Adventures
- Pre-K-School Readiness
- Parenting Classes
- Playgroups for Kids age 0 - 5 and parents
- Learning Through Play (drop-off P/K Prep)
- Tutoring & Mentoring Programs K - 12
- Counseling and more.

If you're here for a more relaxed visit, try the fun walk. If your competitive juices are already flowing, sign up for the 5K or 10K runs. (Last year's starting line is pictured above, left). Entry fees are \$10-\$35. And if the 10:30am Coastal Creations Brunch is about as competitive as you wish to be, there will still be some challenges ahead. After all, you'll have to choose among the vegetarian Strata and gourmet Frittatas, turkey sausage, fresh fruit and yoghurt, tea, coffee and orange juice. Cost for Brunch this year is \$10 for adults, \$5 for 10 and under. Raffle tickets are \$5 each, or 6 for \$20. Whatever moves you, be sure to move on the 15th. Contact Action Network: Email is [info@action-network.info](mailto:info@action-network.info). Phone is (707) 884-5413. See you at the finish line.

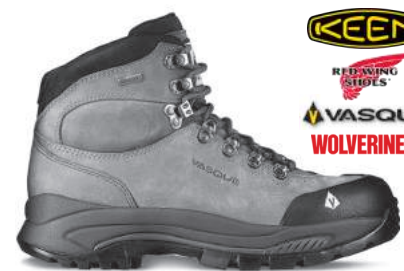
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**BRUBECK** from cover page

... evening with the Dan Brubeck Quartet is an evening not to be missed.

Surrounded by exceptional musicians, Brubeck also stands out as a superb drummer, with a style that is both mesmerizing and unparalleled. When he takes a moment to step up and solo during a performance, his distinctive, and astonishingly textured drum solos receive standing ovations all over the world. His mastery of complex rhythms has led to his reputation as one of the most talented and creative drummers in jazz!

(More about Brubeck on page 3.)

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**The Golden Age**

...  
**National Theatre Live**

**Saturday Oct. 29 1 PM**

**The Deep Blue Sea**

...  
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**Oct. 3 White Heat**

**Oct. 10 Mustang**

**Oct. 24 Bella**

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"Nothing on Earth so beautiful as the final haul on Halloween night."

Steve Almond

## Deja Vu: Chris Smither At Arena Theater October 11!

In the past few years the Arena Theater has presented some of America's finest singer/songwriters including Tom Rush, Bruce Cockburn, and Loudon Wainwright III. On October 11 another great member of this group, Chris Smither, will take the Arena stage.

Honing a synthesis of folk and blues for 50 years, Chris Smither is truly an American original. He grew up in New Orleans where his father taught at Tulane University. As a sophomore in high school he won a folk "Battle of the Bands", then, upon graduation went to Mexico City to study anthropology. There he discovered the music of Lightnin' Hopkins. He then headed back to New Orleans for a year at Tulane while also discovering the music of Mississippi John Hurt. For his junior year at Tulane he went to Paris to study, but before boarding the ship for Europe he caught Mississippi John Hurt at the Gaslight Café in Greenwich Village. He did his year in Paris, though mostly by practicing his guitar playing, for which he has been singled out for his excellence.

When he returned to the States, his blues bug had him. He traveled to Florida to meet another hero of his, Eric Von Schmidt, who told him that he should go on up to Cambridge and check out the burgeoning folk scene there. In Boston he met several other emerging artists including Bonnie Raitt who recorded his song, "Love Me

Like a Man", which has since become her signature tune. She has recorded other songs of his and refers to him as "my Eric Clapton". Emmy Lou Harris and jazz singer Diana Krall has also recorded Smither's songs.

After spending 12 years as a drunk, Smithers re-emerged stronger than ever.



His highly praised third album, It Ain't Easy was quickly recognized for its authenticity. He has since released more than a dozen more albums and garnered numerous awards, while also writing short stories, and narrating an audio book of Will Roger's Greatest Hits.

In addition to being renowned for his guitar playing (it has been said that he could easily release a successful all-instrumental album), Chris Smither's rapport with audiences has made him a very popular live act.

Tickets for the 7:30pm show are \$25 and may be purchased at the theater website [www.arenatheater.org](http://www.arenatheater.org) or at the box office (if any remain).

*Note: If the above preview of Chris Smither's upcoming concert seems familiar, it was included in the November 2015 issue of The Lighthouse Peddler. We're thrilled that Chris's health has returned and he will be center stage on October 11. Our thanks to Scuttlebutt writer Mitch McFarland for the preview.*



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## Halloween Party with Zulu Spear: The Best of African and World Beat Music • Saturday, October 29

Thinking of going Trick or Treating? Why not try something completely different? Celebrate Halloween with award-winning band Zulu Spear at Arena Theater! The show is Saturday, October 29 beginning at 8:30pm (doors open at 8:00pm).

Zulu Spear has a long, vibrant and storied history. A pioneer and leader in the Bay Area's World Beat scene of the '80s, the band consisting of African and American musicians combined South African rhythms and songs with American rock and blues, using electric guitars and drums, resulting in a transformed South African pop music (before Paul Simon's 1986 "Graceland" album

popularized the style.)

Zulu Spear has shared the stage with the likes of Ladysmith Black Mombazo, The Neville Brothers, Dave Brubeck, Wynton Marsalis and that garage band popularly known as the Grateful Dead.



The current Zulu Spear includes singer-dancers Bendile and Morgan Nhlapo, guitarists Ron van Leeuwaarde and Matthew Lacques, drummer Jerome Leonard, bassist Patrick Owens, keyboardist Jennifer Jolly, percussionist Pope Fly-

ne, and the horns: trumpeter Scott "Sven" Vento and saxophonist/keyboardist Zack Pitt-Smith. Come and enjoy Zulu Spear's inspired, uplifting African and World Beat dance music that blends African rhythms with soulful harmonies and mesmerizing dance steps in an energetic performance.

The Arena Theater bar and snack stand will be open. Arena Theater is at 214 Main Street, Point Arena. Tickets are \$20 and are available at Arena Market, Point Arena; Four-Eyed Frog and The Sea Trader, Gualala, and online at [www.arenatheater.org](http://www.arenatheater.org). Get out of the house. Live music is always better!



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## Ukiah Poet Bill Churchill At Third Thursday Poetry At 215 Main in Point Arena October 20

By Blake More

On Thursday, October 20, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Ukiah poet Bill Churchill. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Bill Churchill is a single dad of two young men and is currently employed as a modern language instructor at both Santa Rosa and Mendocino Colleges, a poet-teacher by California Poets in the Schools, a substance abuse counselor for Sonoma County, and a USCG licensed charter skipper. In his words, "Go figure? I'm a direct descendent of John and Carrie Johnson who arrived in Pt. Arena on a Norwegian lumber schooner from Oslo in the 1850s. So, for me, this upcoming reading is a bit like coming home."

John and Carrie Johnson's daughter is Bill's great grandmother, and she gave him his first cup of coffee at eight years old in her kitchen in Sebastopol. She also wove stories of her childhood with the Kashia Pomo into his memory. "From before I can remember, my father and his father read stories and recited poetry to me at their tables and at bedtime. I started to

play with writing poetry at age 13, and again, while traveling through Western Europe between ages 19-24," says Churchill.

"Upon my return to the States, I took four consecutive semesters of creative writing at Santa Rosa Junior College from a David Cole in order to develop my poetry, I also started to read at open venues in San Francisco and Berkeley. Initially, with a blue plastic bucket to throw-up in before stepping up to the



mike!

He first started submitting poetry for publication in 1979, and was featured in PEGASUS, Berkeley, CA, in several editions. Shortly thereafter, he became a member of the Ina Coolbrith Poetry Circle in Berkeley, and maintains this affiliation to date. In addition, he has toured both Spain (1999) and Cuba (2000) with other Bay Area poets, and continues to write and perform in English, Spanish, French, and some Greek. (No Norwegian!)

He currently lives in Ukiah, teaches Spanish at both Santa Rosa and Mendocino colleges, and swims with pinnapeds up and down the Sonoma and Mendocino coasts.

*One of Mr. Churchill's poems, in both Spanish and English, is on page 12.*

*Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.*

## Sunday @ The Library Presents Two Events To Shake Things up At Coast Community Library

Sunday @ the Library presents two events this month. The first is "How Plate Tectonics Formed Our Landscape", Sunday, October 2 at 2:00pm at Coast Community Library, 225 Main Street, Point Arena.

Julie Bawcom, a Certified Engineering Geologist, will provide a crash course in Plate Tectonics. Discover what was learned from the 2014 Napa earthquake and what we can expect when a similar event occurs in this region. Find out what can be expected along our coast when a large earthquake generates a tsunami along the Cascadia subduction zone.



Our second bite of the seismic apple is scheduled later this month, when Sunday @ the Library presents "Tectonics, Tsunamis and Sand: Creation Of The Ten Mile Dunes, Fort Bragg, California", Sunday, October 23 at 2:00pm.

David Springer, of Springer Consulting, a Certified Engineering Geologist based in Fort Bragg, will offer another take on the shifting lands and sands beneath our beautiful coast. Springer has written that a "preliminary investigation and analysis suggests that the coastal strand in the Ten Mile Dune area is occasionally rocked by strong earthquakes generated on nearby faults and suffers the impact of locally generated tsunamis resulting from coseismic seafloor subsidence."

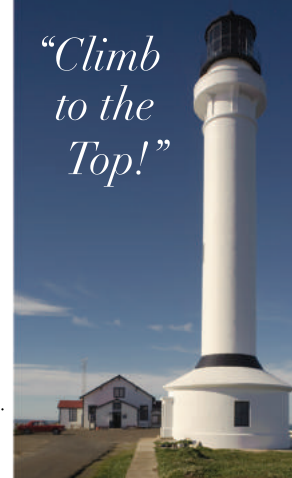
Library programs are free and all are welcome. For more information, call the Coast Community Library in Point Arena: (707) 882-3114.

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complete strangers to kill again.”

Rick Polito, Marin Independent Journal's  
TV listing for “The Wizard of Oz”

## Words On Wellness

by Karin Uphoff

The golden light of autumn lacing itself through tree branches at the end of a day can be mesmerizing, awe-inspiring and calming. Dry grasses and warm hues of changing leaves also cause our visual world to soften as we inch toward the candlelight season. This is a reminder of how much the color and quality of light affects our energy and mood. In spring, the quality of light is blue-yellow, then we moving into summer's strong yellow-green-red contrasts and later the more subdued color and light of fall before the deeper blue-grey of winter. Our eyes are the exposed portions of our brain and absorb the angle and tone of light as signals for metabolic processes in a similar way to other animals and the vegetation around us.

However, as humans we manipulate our light and color experience, which can affect our physiology for better or worse. For instance, blue light has more power to reset circadian rhythm than any other visible wavelength - even in those who are blind. Studies show that blue wavelengths suppressed melatonin levels at least twice as long as other light colors, therefore reducing sleepiness, elevating body temperature, increasing attentiveness and helping to

improve memory. These are all helpful attributes in the earlier part of a day, but in the evening, lower melatonin levels can result in sleeplessness, poor digestion and low cell repair activity. Our bodies now receive more blue light waves than any other time in history since that is what comes through computers, TV, smartphones and other electronic devices.

It's best to cut your exposure to blue light before bed and throughout the night (blue lights even from devices on 'sleep' disrupt our sleep patterns even when eyes are closed) since it can disrupt organ and brain function over the long term. Instead, 30-60 minutes before bed, you can turn off electronics, lower houselights, use candles or other low lighting and ease into natural rest. Try red or gold/yellow lights as nightlights if you need them. Red/gold light has a lesser effect on circadian rhythm, making it an excellent choice for evening lighting. In fact red to green wavelengths, very common in nature, have been shown to enhance emotional wellbeing, passion and strength. Allow the light of the season to soften the harder edges of your day.

Information about Karin is at  
<http://rainbowconnection.net>.



“Never judge a book by its movie.”  
J. W. Eagan

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and sculpture

Tim Windsor Sculpture  
(Intarsia)

Dolphin Gallery Opening Reception  
Exhibit Remains Through November 10

Friday, October 7 5pm

Native Art Expo

Curated by Eric & Karen Wilder  
Burnett Gallery  
Exhibit remains through October 30

Saturday, October 8 5:30 pm dinner  
7pm music

Zydeco Gumbo Fest

Cajun Gumbo Dinner  
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## SUDOKU

Edited by Margie E. Burke

Difficulty : Easy

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			2	6			9
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		2					6
8							

### HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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# Three Films In October: Mobsters, Mustangs, and Soccer Love From Arena Theater Film Club

The Arena Theater Film Club has figured out how to bridge the gulf between classic films and, well, classic films. The generational chasm that has existed since the dawn of time mandates that we accept phrases like "you don't understand my generation," whether voiced up to an older generation, or voiced 'down' to a younger generation. Which is why, when I talk about the October Film Club selections, I can conjure up an image of the tough guy that James Cagney portrayed in so many films, and yet may bear no relationship to the evil characters of Darth Vader (*Star Wars*) or Hans Gruber (*Die Hard*). However, there's almost nothing like Cagney in *The Public Enemy* or this month's film.

*White Heat* is an exciting, dynamic film in its own right, it stands out as the flaming finale to the era of stark, fast-paced crime films made famous by Warner Brothers and Cagney (among other stars) from the 1930s where the focus was on the often violent but charismatic gangster rather than the law enforcement officials who hunt him. It was also the apotheosis of Cagney's brilliant career, a kind of summing up of the memorable outlaw characters he had created. Most of us have rarely if ever seen the likes of *White Heat* on the big screen. Times' a wasting . . . *White Heat* screens Monday, October 3, 7:00pm. A 1949 film, it's not rated. Directed by Raoul Walsh, it has a runtime of 114 (fairly long for that era), it's in glorious black and white, and stars Cagney, Virginia Mayo, and Edmond O'Brien.

We hear much today about some enclaves in France and elsewhere in Europe deal-

ing with those people who believe that the "conservative" upbringing is the only way to stay true to their ancestors. However, as E Pluribus Unum (EPU) continues to suggest, assimilating into one society as the way to form a more perfect union isn't always an answer for everyone. *Mustang* comes along to give us a taste of another society's attempt at conservatism. *Mustang* is an internationally co-produced drama directed by Turkish-French director Deniz Gamze Ergüven.

The film depicts the lives of five young orphaned sisters and the challenges they face growing up as girls in a conservative society. The event that triggers the family backlash against the five sisters at the beginning of the film is based on



Ergüven's personal life.

Early summer in a remote village in Northern Turkey. Five free-spirited teen-aged sisters splash about on the beach with their male classmates. Though their games are merely innocent fun, a neighbor passes by and reports what she considers to be illicit behavior to the girls' family. The family overreacts, removing all "instruments of corruption," like cell phones and computers, and essentially imprisoning the girls, subjecting them to endless lessons in housework in preparation for them to become brides. As the eldest sisters are married off, the younger ones bond together to avoid the same fate. The fierce love between them empowers them to rebel and chase a future where they can determine their own lives in Ergüven's debut, a powerful portrait of female empowerment. *Mustang*, 2015, screens on Monday October 10th, 7:00pm at Arena Theater. It's rated PG and has a runtime of 97 minutes.

The Club's final October offering is the 2006 film *Bella*, directed by Alejandro Monteverde. An international soccer star is on his way to sign a multi-million dollar contract when a series of events unfold that bring his career to an abrupt end. A beautiful waitress, struggling to make



it in New York City, discovers something about herself that she's unprepared for. In one irreversible moment, their lives are turned upside down...until a simple gesture of kindness brings them both together, turning an ordinary day into an unforgettable experience. Screening Monday, October 24 at 7:00pm. It's rated PG-13.

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## REDISCOVER WOOD AT THE DOLPHIN GALLERY IN OCTOBER

Many of us have walked along the Pacific coast picking up a piece of smooth, oddly shaped, wondrous pieces of driftwood, and marveled at the transformation. In their own way, artists David Comfort and Tim Windsor have probably also been inspired (at least in part) by the natural transformation of bone and wood—whether by the wind and water, or by tools held in the human hand.

This month The Dolphin Gallery will feature examples of some of the work these two have created, but these artists are not clones, copies, or echoes of each other. When seeing their work, the unique nature of each artist's gifts is apparent. The opening reception for this two-person exhibit is Saturday, October 1st, 5:00pm to 7:00pm at the Dolphin Gallery.

Comfort began years ago as a furniture maker, and as time has progressed, his artistic career has evolved in a variety of directions. "This show will feature his wood and bone sculpture pieces, but he has eclectic interests. For Comfort, unadorned bone provides striking possibilities because of its sensuous shapes, its subtle hues, and its distinctive patinas. He gathers the seasoned remains of cattle and deer from the wild, and will cut, carve, reshape, burnish and sand each piece into imaginary figures that evoke a special response in the viewer..."

"The term 'intarsia' is perhaps familiar only to a select group of woodworkers, but for Timothy Windsor, the process it describes unlocked a creative outlet that has captivated him for many years. Dating back to 16th century Italy, intarsia is the art of making wood mosaics that fit in a puzzle-like pattern to create a three-dimensional effect.



The painstaking process Windsor employs begins with making drawings that may involve redrawing designs over several

## Native American Arts Exhibit and Expo at Gualala Arts

This year's Native American Arts Exhibit and Expo at Gualala Arts features a never-before seen Pomo basket collection belonging to local Pomo native Lucille Frank of Manchester Pomo. Many of Frank's baskets have been handed down from previous generations and this is the first time they have been available for public viewing and possible sale to serious basket art collectors.

The opening reception for the Native Art Exhibit and Expo Preview is Friday, October 7, 5pm to 7pm and the exhibit will remain on display through October 30. The art previews jewelry, beading work, graphic art designs, and paintings of several of the artists participating in the Native Art Expo later in the month.

The Native Art Expo celebrates and honors the Native American art styles from traditional to contemporary and range from

hand-crafted to graphic arts, reflecting the various styles of Native American artists from Sonoma, Mendocino and Lake counties. The expo on Saturday, October 22 includes booths, art exhibits, and craft displays, as well as storytelling and poetry. The expo features artists is meant to showcase artists with both traditional and contemporary indigenous perspectives. Festivities include burgers and an Indian Taco Bar with soda and water available.

At 6:00pm the Native American father-son duo "Twice as Good" will perform. Tickets are \$5 for the Expo; \$10 for the concert; \$5 more the day of the event. Youth 17 and under are free with a paying adult. Tickets can be purchased at [BrownPaperTickets.com](http://BrownPaperTickets.com) or by calling 1-800-838-3006.



weeks to best overcome the limitations on shapes, curves and angles that his materials may present. Once he is satisfied with the design he makes up to ten copies which are cut out and pasted to carefully prepared pieces of wood. Each piece is precisely cut on a special scroll saw so that they all will fit together properly. For a 12" by 16" design this step can take from 10 to 20 hours depending on the hardness and grain of the wood used. Next the pieces are sculpted using a sanding drum before being shaped with knives, sandpaper, or a rotary hand tool. Lastly, the segments undergo a final sanding, a finish is applied, and the final product is glued to a backing material."

The work of these two remarkable artists will continue on display at the Dolphin Gallery through November 10.



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# About Books: Revisiting Heroes, Despots, Killers, Musicians, and Things That Go Bump

by David Steffen

For two decades I was a road warrior, traveling on company business around the United States, Canada, Europe, and Asia. Many of those road trips were the long-haul variety, to New York or Toronto, London or Tokyo. A constant traveling companion for me on those journeys was a book, sometimes two. Books were excellent companions for frequent flyers, all of us happily oblivious in those pre-smartphone days, with no hint of the on-board tech-driven in-flight annoyances to come. With our regular book contributor Joel Crockett taking a well-deserved leave from writing for a few months, I decided try and fill his shoes by reconsidering some of those literary traveling companions of mine.

Crafting a story based on fact can sometimes be more difficult than it seems. Subsequently adapting that non-fiction story for film can be even more daunting. I recall seeing a preview for the then soon-to-be-released film *All The President's Men* (1976) and couldn't wait to see it. A friend of mine was surprised that I had such anticipation for the film adaptation of Woodward and Bernstein's book about the fall of Richard Nixon. My friend said, "why would you want to see that film? Everybody knows how it ends." But the prospect of that challenge is what separates those aspiring to literary success from successful writers.

In the early 1980s I found myself on a Pan Am flight to London clutching *The Right*

*Stuff* by Tom Wolfe. My copy of this classic, Wolfe's 8th book, shows the wear and tear of all that travel. When I pulled it out of the bookshelf in our home this weekend, an Eastern Airlines "seat occupied" card fell out of the pages. Eastern was once one of the "Big Four" domestic airlines, and like Pan Am, it had a glorious history, only to be eclipsed by a dramatically changed travel industry. Coincidentally, its glory days paralleled many of NASA's as well.

*The Right Stuff* is an amazing book. Most people, these days, are at least familiar with NASA and know some history of the early space program, and the lives of those early pioneers. There was Chuck Yeager; not destined to be an astronaut but a legend nonetheless. Gus Grissom, Wally Schirra, John Glenn, Alan Shepard, Neil Armstrong and all of the other wannabe 'space-men' are here. Wolfe's recounting ranges from stool specimens to test flights, and then the final glory of being selected to sit on top of a rocket and be hurled into space and history. *The Right Stuff* was a 'page-turner' as they say. I recall a British Pan Am flight attendant, observing my reading material on that London flight. She simply said, "power-

ful stuff, that!". Understatement of the day. And Wolfe took just over 400 pages.

In 2001 I did some reading as part of my graduate research for a class taught by Professor Robin Blackburn, a regular guest lecturer from London, on the subject of the slave trade. In addition to Blackburn's own fine books—*The Making of New World Slavery* (1997) and *The Overthrow of Colonial Slavery* (1988)—I selected Adam Hochschild's *King Leopold's Ghost*. The subtitle pretty much says it all: "A Story of Greed, Terror, and Heroism in Colonial Africa". In just 318 pages, one gains a thorough understanding of the contemptible nature, the arrogance, and the greed of many of our European ancestors, and the baggage left behind on three continents. I loved *King Leopold's Ghost*. There is imagery in and between the lines to give you pause, but then perhaps the slave trade and colonial exploitation should continue to give pause to us all.

I rarely read fiction, but another college assignment back in 2000 was *The Killer Angels*, the gripping and historically accurate look at the Battle of Gettysburg. My copy of Michael Shaara's book is a pocket-sized, inexpensive hard cover edition. But once again, a writer proves that using more words is not always a necessity. How those words are put together is the test. Like *All The President's Men*, we all know (or should know) how the Gettysburg story ends, yet Shaara take's the horror and the drama and refines it into an amazing literary work. The imagery is outstanding. As the days of fighting took their toll, the Battle of Gettysburg was nearing its conclusion. Shaara writes "[General Robert E.] Lee came out of the mists. He was tall and gray on that marvelous horse, riding majestically forward in the gray light of morning outlined against the sky." In July of 1863 the American Civil War was at its turning point. Many more lives would be lost, with sacrifices on both sides. Books like *The Killer Angels* speak to George Santayana's mind: "Those who cannot remember the past are condemned to repeat it". The more casually we speak of war, the more likely we are to reaffirm Santayana's words.

If Wolfe, Hochschild, and Shaara don't interest you, there are plenty of other good books around, probably in stock at your local independent book seller. Here are a few

more older titles that I recommend:

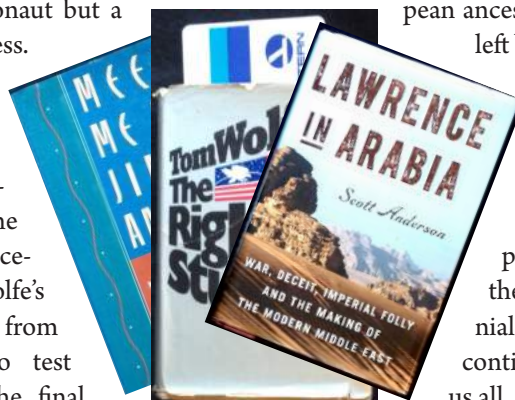
- *The Last Lion*: William Manchester's trilogy on the life of Winston Churchill. I found volume one fabulous, volume two a little slow at times but worth the read. I picked up a copy of the final volume at Four-Eyed Frog some months back and its nearing the top of my reading pile.

- *Lawrence In Arabia* is Scott Anderson's look at the great Thomas Edward "T.E." Lawrence. Note the title emphasis: *in* not *of*. This is about the complexities of the man and his adventures, and not simply the T.E. we saw in the grandeur of David Lean's marvelous 1962 film. The pages are filled with the real dirt and grit that Lawrence lived. And Anderson knows how to tell the story.

- *Meet Me At Jim & Andy's: Jazz Musician's And Their World* by Gene Lees. This book came out of a reading assignment some twenty years ago. Lees takes a look at some well known (and less well known) musicians from the world of Jazz. There's Shorty Pederstein (. . . me either), Duke Ellington, Artie Shaw, Woody Herman, Frank Rosolino, Bill Evans, and others. You will learn something about Jazz, Jazz musicians, and the desire to express oneself through music. The book is a bit tougher to find, but it's worth it.

Honorable Mentions: • *The Hunt For Red October* by Tom Clancy. The first of his Jack Ryan stories. • *The Battle of Leyte Gulf* by Thomas J. Cutler. A classic true WWII story. • *Mansion on the Hill* by Fred Goodman. The music business emerging from the 1970s.

My wife taught me years ago that there remains a tactile wonder when turning the pages of a book. Just browsing the aisles of the Four-Eyed Frog or other bookstores we're aware that there isn't really any such connection when reading with the glowing screen of a Kindle or an iPad. But however you choose to read, do it again. Even if it's for the first time. And don't wait for a long flight to London.





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2	7	4	9	5	3	1	6	8
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5	4	6	2	7	9	3	8	1
1	8	2	6	3	5	4	9	7
3	6	5	1	9	2	8	7	4
8	2	7	5	4	6	9	3	1
4	6	1	3	8	5	7	2	9

**Solution to Sudoku**

## 215 Main: Music For Saturdays In October

215 Main is getting a reputation for bringing interesting, entertaining, quality performers to the coast. This month pay attention for the Saturday night schedule is jam-packed.

On the 1st, the Dorian May Trio featuring Vocalist Sharon Garner (right). The Trio is Dorian May on piano, Dorothea May, his wife, on upright bass and veteran coastal drummer Gabe Yanez.



Jazz-it 4U, the adventurous instrumental ensemble fronted by Gua-

lala-based saxophonist, Harrison Goldberg (pictured below left) returns on Saturday, October 8th, from 7:30-10:30pm. Joining Harrison will be Michael Cantwell, acoustic piano, Aaron Bellomo, guitar Joel Kruzic, upright bass.

Swing Noodle brings their brand of Gypsy Swing October 15.

October 22 marks the return of the Dorian May Trio, this time complimented by Francis Vanek (pictured right) on Tenor Saxophone.



We applaud the efforts of 215 Main to present another option for live music on the coast. Call ahead with any questions at (707) 882-3215. 215 Main: 215 Main Street (Highway 1) in Pt. Arena.

## National Theater Live October 29 at Arena Theater

Helen McCrory returns to the National Theatre in Terence Rattigan's devastating masterpiece *The Deep Blue Sea*, playing one of the greatest female roles in contemporary drama. Tom Burke also features in Carrie Cracknell's critically acclaimed new production.

A flat in Ladbroke Grove, West London, 1952. When Hester Collyer is found by her neighbors in the aftermath of a failed suicide attempt, the story of her tempestuous affair with a former RAF pilot and the breakdown of her marriage to a High Court judge begins to emerge. With it comes a portrait of need, loneliness and long-repressed passion. Behind the fragile veneer of post-war civility burns a brutal sense of loss and longing. Showtime is 1:00pm, doors at 12:30pm.

## News & Notes From The Peddler In-Box

**Happy Birthday:** The annual "Happy 70th Birthday" celebration at Gualala Arts is Sunday, October 30, 5:00pm. Tickets and information are at 884-1138.

**Garcia Grange:** Sheriff Tom Allman holds his quarterly community meeting at the Grange Hall (Hwy 1 and Crispin Road), Tuesday, October 4 at 6pm.

**Film Fundraiser:** On October 13, documentary film *The Ballad of Fred Hersch* will screen at the Sequoia Room at North Coast Brewing. It's a fundraising Brewmaster Dinner benefitting the Mendocino Film Festival. Tickets and information at 937-0171.

**Garcia Grange Breakfast and Flu Shots:** The regular Grange Breakfast is Sunday, October 2 from 8:30am until noon. As a bonus RCMS will be administering Flu shots. At the Garcia Grange, Hwy 1 & Crispin Road.

**Voter Registration** is available Saturday October 1 and 15, 8:30am to noon at Pay 'n Take in Gualala; and Monday, October 24 noon to 2:00pm at the Gualala Post Office. More information is at (707) 884-4703.

## October Brings The New Opera Season To Arena Theater With Two HD Broadcasts

The 2016-2017 season of opera at Arena Theater begins with a new production of Wagner's *Tristan und Isolde*, conducted by Sir Simon Rattle in his first Live in HD performance. Saturday, October 8, 9:00am (doors 8:15am).

Nina Stemme stars as Isolde—a touchstone role she has sung with major opera companies around the world. Her Tristan is Australian heldentenor Stuart Skelton, who sang Siegmund in the "Met's Ring" cycle in 2013. The cast also includes Ekaterina Gubanova as



Brangäne and Evgeny Nikitin as Kurwenal (both in Met role debuts), with René Pape reprising King Marke, a role he has sung to acclaim in three previous Met seasons. The staging is by Mariusz Trelinski, who directed the 2015 Met double bill of *Iolanta* and *Bluebeard's Castle*. Choreography by Tomasz Wygoda. Scheduled running time is 5:15 with two intermissions.

Then on October 22, it's Mozart's *Don Giovanni*, beginning at 9:55am. Simon Keenlyside makes his Met role debut as the unrepentant seducer in Tony Award winner Michael Grandage's staging of Mozart's masterpiece. Met Principal Conductor Fabio Luisi leads a cast that includes Hibla Gerzmava as Donna Anna, Malin Byström as Donna Elvira, Serena Malfi as Zerlina, Adam Plachetka as Leporello, Mat-

thew Rose as Masetto, Kwangchul Youn as the Commendatore, and Rolando Villazón in his Live in HD debut as Don Ottavio. Conducted by Fabio Luisi with Production by Michael Grandage. Set and Costume



Design by Christopher Oram. Lighting Designer: Paule Constable. Choreographer: Ben Wright. Scheduled running time is 3:45 with one intermission.

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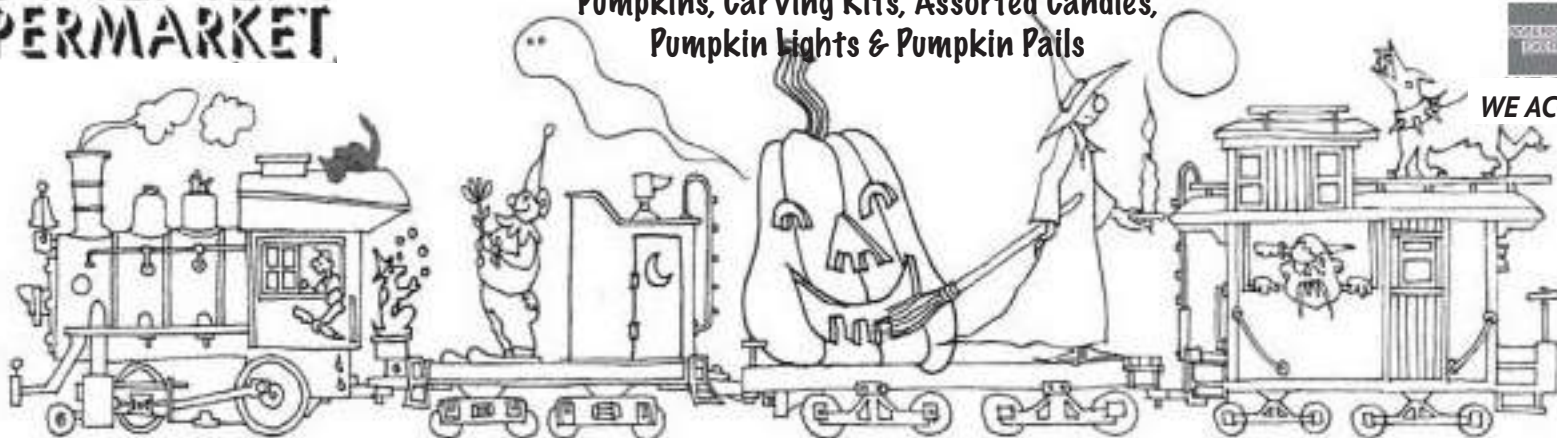
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I Have Known The Sun / Conoci El Sol

I have known the sun,  
radiant  
even from inside the womb,  
and the pulse of hands  
other than my mother's  
and my own.

Conoci el sol,  
resplandeciente  
a través del vientre  
y el pulso  
de otras manos  
además de las de mi mamá

I have felt the sun  
red and glowing,  
eyelids gently closed,  
and stared wide-eyed and weeping  
face to face  
until I could not see.

Senti el sol  
con párpados cerrados  
rojizo y ardiente  
y me clavé los ojos  
llorando frente a frente  
hasta que no podía ver.

I have known  
the lingering warmth of first kisses  
until they have grown cold.  
Felt your pulse quicken  
pressed into my own.  
Stared face to face  
into your eyes,  
felt their white-hot beauty.  
Not turned away  
until I could not see.

Conoci el calor permanente  
de besos inocentes  
que desvanece al amanecer  
y cómo tu pulso  
se apretó junto al mío.  
Me clavé los ojos  
mirando frente a frente.  
Senti al rojo blanco  
tu hermosura resplandeciente  
y no te los aparté  
hasta que no podía ver.

I have known the sun.

Yo conocí e

By Bill Churchill

Houses On Stilts: Ya, Betcha... A Note From The Midwest • by Sally Marshall

When you think of houses on stilts, you most likely picture a rustic-looking chalet, a charming cottage or an A-frame with a wrap-around deck. How about a trailer house? Now picture it as a vintage 1970 model with aqua siding, jalousie windows (remember them? These are windows with adjustable horizontal slats to let in air and keep out rain), and a rickety staircase all perched on stilts that rise up to about 18 feet. Why so high? It had to do with the "Great Flood of 1965" – more about that later.

Why is the trailer house the ideal house to be placed on stilts? Actually, they are already built for that. They have a solid steel I-Beam framework that the whole house is built on. When you see rows of these units in a trailer park – excuse me – "mobile home village", they are all mounted on concrete blocks about two feet off the ground and finished with a skirting that hides all the blocks, water/sewer lines, and all the junk people like to store in the little crawl space down there. So, the only adaptation required is to increase the number of blocks from two to about 18 and place it in a flood plain. That makes sense, right?

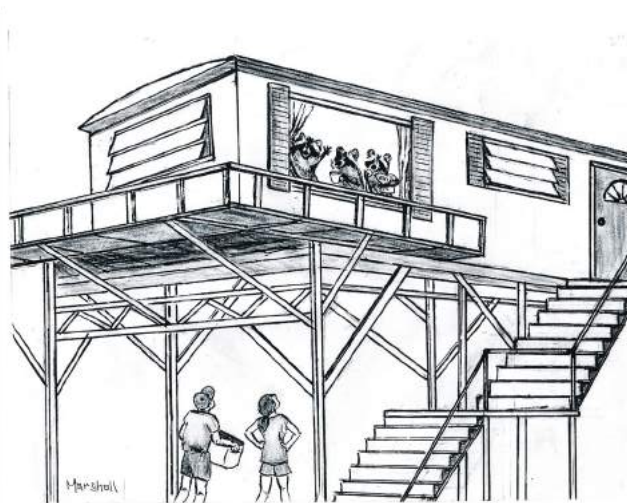
This is all because people love living near water and the Mississippi river has lots of it and lots of little places like the Ambro Slough, which has a narrow peninsula where people line up their vacation homes on stilts right next to each other with enough room in between for a few vehicles and a boat trailer. They love it! Just add beer and grilled brats and you have heaven.

The Ambro Slough is one of the nicest spots for vacationers to enjoy. The inner waters of the Mississippi are abundant with herons, eagles and a host of other species both welcome and unwelcome, such as that snake sunning itself on your pier, or that raccoon family who managed to excavate a hole in the side of your house and moved in. Imagine pulling up to your little aqua stilt house for a week of vacation, gazing up at the jalousie windows and seeing a group of large raccoons gazing back down at you from the inside of your home.

Then, there is periodic flooding, aside from the usual spring floods that occur in April and May. This flooding is affectionately called "Flash". Flash is in the habit of visiting at the most inopportune times, such as the Memorial Day weekend or Fourth of July, when masses of humanity escape the cities and suburbs in their quest to commune with nature in the raw. Well, we can accommodate that. Of course, when Flash dumps voluminous quantities of rain over several

days or a week, the road to Ambro Slough is flooded and the barricades go up so people don't try to drive through the stream of water. This water can flow at a pretty good clip and, if you ignore the barricade, you may find your vehicle floating away with you in it. As long as you have a boat, you can launch at the marina and motor over to your stilt house, secure a line to the staircase and very, very carefully exit your boat onto the steps.

Even if you do manage to get to your stilt



house, the electricity will probably be off. The city does that to avoid residents getting electrocuted. Good idea! So, the microwave won't work, the TV, stereo, air conditioning, lights, etc. etc. So, you may as well go out onto the deck and just enjoy the peace and beauty you came out here for in the first place, while you watch the skies darken once again and listen to the distant thunder coming closer, closer.

The Mississippi river, as I mentioned before, regularly floods in April and May when all the snow melt and rain flows down from all those tributaries starting way up in Minnesota. Here in the Prairie du Chien area the flood stage is at about 18 feet, causing water to flow over low-lying areas, blocking streets and flooding basements. People here take all this in stride with a sense of humor, good fellowship and good beer.

Then, there was the "Great Flood of 1965", where the water rose to an incredible 25.38 feet. The island community known as the 4th Ward was inundated with the deluge, water rising to the ceilings in some homes. People had to be evacuated to higher ground, temporarily staying with relatives, friends or in public buildings. It took six weeks for the water to recede so people could go back to their homes to clean up the mess. They dealt with stinking mud, sodden furniture, ruined appliances, and piles of muddy debris left from the receding water. Eventually all the homes on the island were either moved or torn down. The island was then renovated

into a beautiful park and people gravitated once again to the waterfront to have a picnic and watch the sun go down over the river. Good idea!

The adventurous spirit of river people cannot be dampened as evidenced by the number of RV's and various unique houses on stilts being added each year. It's an interesting phenomenon really. Even the most pragmatic individuals, upon seeing the Mississippi in all its' splendor, will second mortgage their home, sell their stocks, take on a second job as a Wal Mart greeter – all manner of insanity just to get a little piece of land to put up a stilt house or park an RV, with a dock for the pontoon boat, the canoe, kayaks, maybe a little patio for the lawn furniture, the grill – am I forgetting anything? Then, settle in for the night and listen to the sounds of nature: that scurrying patter of little feet on the roof, the slithering sound of something moving across the linoleum, the loud splash as something really big jumps off your pier, making you think "where did I put that flashlight?"

Once the river has enchanted you, you will never be the same. Your friends will notice a difference, a strange other worldly aura about you, as if under a hypnotic spell. They may inquire about your health, or be concerned about your mental well-being, as you gaze knowingly off to the horizon and simply say, "Yeah, I've been to the river".

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New Moon

October 1

Full Moon

October 16

# Scuttlebutt

by Mitch McFarland

The City of Point Arena has a sizable budget deficit. New City Manager, Richard Shoemaker, is highly experienced in the management of local governments, having already served on the Ukiah city council and county Board of Supervisors.. Even with his strong leadership Point Arena faces a difficult challenge. This is not new. Many have questioned if Point Arena, with its tiny population, can actually function as a city in this modern era of ever-increasing needs and requirements.

The Point Arena Pier is in similar shape. A budget deficit is partnered with a maintenance backlog that cannot be solved with the funds currently being generated. The urchin boom is over and revenues vary wildly depending on season and fishing conditions. Folks at the pier need to host the Harbor and Seafood Festival to come even close to balancing their budget and no one sees the next big revenue source on the horizon. The pier's budget is separate from the city's general fund and was designed to receive no money from the city general fund, but even if the council wanted to help the pier, they don't have any money with which to do that.

So what to do? Some have suggested incorporating and letting the Board of Supervisors run the city. It is an option, but one that few Point Arena residents would find appealing. Local control is considered vital by city residents who fear being short-

changed by inland interests. Raising taxes is not only difficult, but not very popular. The city has already levied a quarter-cent sales tax to help maintain roads and parking (another problem in PA these days) and I suspect voters would be very cautious about supporting further increases. The little increase in Transit Occupancy Tax (which is not levied against residents) is on the ballot and will help, but it is not the long-term solution to the city's structural economic problem.

Here is a long-shot idea that some might wish to consider: annex the Iversen precinct. While this is a very large undertaking, it would have major implications for the city. Though it may be opposed by the county, it would greatly increase the tax base of the city and I don't believe it would increase the need for services as much.

And why would the residents of the Iversen precinct vote for such a change? Why wouldn't they? I live in the Iversen precinct and no one I know feels excessively coddled by Ukiah. Indeed, many believe Ukiah considers Point Arena (and much of the south coast) a backwater whose needs are secondary to the larger and more influential inland population. Folks on the Point Arena ridge

“... many believe Ukiah considers Point Arena (and much of the south coast) a backwater whose needs are secondary to the larger and more influential inland population.”

work and shop in Point Arena. It is where we say we live when we are elsewhere, yet we have no voice in the decisions made there. Having a more direct influence on policies would naturally make us feel more aligned with the city than the county. It would also mean that precinct residents would be eligible to run for city council, an entity that at times has difficulty recruiting candidates. It might also allow the city to create its own police force, something that many have wished could happen.

I know that there are many hoops to jump through to make annexation possible- LAF-CO studies, various votes, and other chores, so my idea is unlikely to come to pass, but it might be worth a discussion. Something needs to change.

\*\*\*\*\*

I don't know what bothers me more, the current political campaign or America's reaction to it. While virtually everyone is disgusted with it, many people I talk to have fallen prey to its insidious poison. Part of the problem is with the media. Because of the constant need to keep coming up with stories, virtually everything becomes “news”. They are competing aggressively for your attention and so everything is reported as being important, or, at least, as equally important as everything else. They stick with a story as long as there is anything else to report. Thus, we heard more about Hillary's bad cold than about the fact that Trump wants to know why we haven't used nuclear weapons yet against our enemies. Our ability to discriminate the importance of differing events has been seriously eroded when every bit of information we are given is considered important. Thus, the tiniest little slip of the tongue or misstatement is blown up into something we should care about. And we do. Many have fallen into this trap. That's what pisses me off. We examine the lives of our leaders to such an extent that no one could possibly survive such scrutiny. Could you? What historical figures do you look up to? How many of them led unassailable lives? Gandhi couldn't pass that test. Our elected representatives are human. They aren't perfect, yet perfection is what is demanded. Any mistake or flaw will be pounced upon by some to argue for disqualifying someone from office. That's nuts.

The mass media covers politics the same way they cover sports. Start with two teams

only. How do you play a football game with 3 teams? Each team is profiled and subsequent stories have to re-enforce that narrative. Hillary is good on defense, but her offense is stalled by a lack of trust in her front line. Trump's defensive line racks up plenty of sacks, but they have no offensive coordinator and the quarterback insists on calling all the plays even though he has not read the playbook. Every day is treated like a new down in which the ball moves either forward or backward with constant polls to give us the score. Our responses are the same as those of sports fans who develop a loyalty to one team and a complete disregard for their opponents. Virtually nothing could make a Cleveland Brown's fan feel good about the Pittsburgh Steelers just as Democrats can't think of a good thing to say about Trump and vice versa. There is no compromising in sports and the same has become true in politics.

In life we try to be rational and seek virtue wherever we can, but in following the sports model we become fervently loyal to one “team” and utterly dismissive of the “other”. There is no joy when the opponents do something positive, only regret and the desire to prevent it from happening again as their gain always means your loss.

You have until October 20 to register to vote. Do it. If the Presidential race disgusts you, fine, don't vote for President. There are plenty of other things on the ballot that affect your life so come join the party. May I suggest that you consider voting with your head instead of your gut. Save your viscera for Sunday football.

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**An Open Letter To Our Readers**  
by Caitie Steffen

Dear Friend,

I will be running in the STAR WARS™ Half Marathon-The Light Side, to benefit the American Foundation for Suicide Prevention (AFSP). A little over 11 years ago I made an attempt to take my life. After swallowing about 25 pills, spending 48 hours in the hospital guzzling charcoal and seeing my parents wrecked with pain and disbelief, I spent the next year of my life down a long hard road to recovery.

Through outpatient therapy and running I found my way back from a very dark place. Still living in Saint Paul, Minnesota at the time, I would get up around 5:00 am to face the dark, cold winter climate and run along the Mississippi River with my dog Ruby. Without the joy of running and my outpatient therapy, I would have remained lost. I want to help ensure that others have the help, support and resources to prevent darkness from overcoming them. On my 18th birthday, about a year after my attempt, I went to get the word *life* tattooed on my shoulder to represent my choice. I choose to continue living, and I ap-

preciate my every day.

AFSP is at the forefront of research, education and prevention initiatives designed to reduce loss of life from suicide. With more than 38,000 lives lost each year in the U.S. and over one million worldwide, the importance of AFSP's mission has never been greater, nor our work more urgent.

I hope you will consider supporting my participation in this event. Any contribution will help the work of AFSP, and all donations are 100% tax deductible. Donating online is safe and easy! To make an online donation go to this web address:

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At the top of the page enter my last name—steffen—in the “fundraiser search” box. You’ll arrive at a list of Steffens. Scroll down a couple of names to Caitlin Steffen, and help me make my goal. If you would rather donate by check please make the check payable to AFSP and mail it in with the offline donation form.

Thank you for considering this request for your support. If you have any questions about this event or AFSP do not hesitate to contact me or visit [www.afsp.org](http://www.afsp.org).

Best,

Caitie Steffen

Note: You can contact Caitie by emailing to the Lighthouse Peddler at this address: [lighthousepeddler@mcn.org](mailto:lighthousepeddler@mcn.org). We will forward your email or if you wish we’ll send your email address to Caitie and she will contact you directly.



**Is Kaepernick Wrong?**  
by Marghi Hagen

Lots of Americans are upset that Colin Kaepernick, a San Francisco 49er football player, didn’t stand for the National Anthem last week. A football player had the audacity to ruffle our feathers and make us uncomfortable with a non-violent, but in your face act.

It’s interesting that there’s such a brouhaha over a football player who is willing to put his career and possibly his life on the line for his convictions. Yet there are millions of Americans (probably many of the same who are so pissed off at Kaepernick) who are willing to vote for crazy-dangerous buffoon as their form of protest.



Is Kaepernick wrong about the problems? I guess he could have been like the rest of us who show our concern by sitting on our back sides saying, Oh dear! How dreadful! tsk, tsk!

It’s a shame Kaepernick felt the need to do what he did. Lack of respect is not a good thing, and if teenagers seeing and hearing about this aren’t guided into thoughtful discussion (and how many are?) it could have a negative impact.

But which act is more likely to have detrimental consequences- a football player making a statement by not standing for the National Anthem, or voters being willing to put the future of the United States at risk because they’re pissed off with the status quo? Which maneuver is peaceable and non-violent while making a big impact, and which has the potential for the destruction of America?


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**The Crossword** by Margie E. Burke

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**ACROSS**

- 1. Zodiac symbol
- 5. Well-chosen
- 8. Unshaken nerve
- 14. Coat-of-arms system
- 16. Settle beforehand
- 17. Small hourglass
- 18. Like arctic winters
- 19. Amy of the Indigo Girls
- 20. Cher, et. al.
- 21. Porcelain piece
- 22. Knight fight
- 24. Bite
- 26. Woeful expression of old
- 29. Kind of miss
- 31. \_\_\_ tube
- 33. Water tester
- 34. Bankrupt
- 36. Bad habit, so to speak
- 37. Who puts Baby in a corner
- 40. Glacial mass

- 42. Belgian bread
- 43. Square root sign
- 47. Crackerjack
- 48. It's often blue
- 49. Eyesore
- 52. Motif
- 54. \_\_\_ of the Unknowns
- 56. Stubborn beast
- 58. Carplike fish
- 60. Odor anagram
- 62. April woe
- 63. Like some expressions
- 65. Conceited
- 67. Shade provider
- 68. Hall & Oates hit
- 69. Emissary
- 70. Stout relative
- 71. Kind of blocker

**DOWN**

- 1. Pale gray flint
- 2. Get back

- 3. Like some socks
- 4. Halloween decoration
- 5. Ticket word
- 6. Finish on top
- 7. Cause for revolution
- 8. Basilica section
- 9. From the 1930's, say
- 10. Carpenter's device
- 11. Like "Aida"
- 12. Damage
- 13. Word used twice in a 60's play and film title
- 15. Ceiling
- 23. Social no-no
- 25. Animal with curved horns
- 27. Drug-yielding plant
- 28. Hoard
- 30. Brave opponent
- 32. Colossal
- 35. Stringed instrument of old
- 36. Soft palate
- 37. "Groovy!"
- 38. Pun reaction, perhaps
- 39. Producing offspring
- 41. Philandering fellow
- 44. Queen, maybe
- 45. Shoebox scene
- 46. Depraved
- 48. Dressed, so to speak
- 50. Metamorphose
- 51. 1956 sci-fi flick, "Forbidden \_\_\_\_\_"
- 53. Wild enthusiasm
- 55. Carried
- 57. Special edition
- 59. Barely beat
- 61. Forest denizen
- 63. Close one
- 64. Bowl over
- 66. Yak it up



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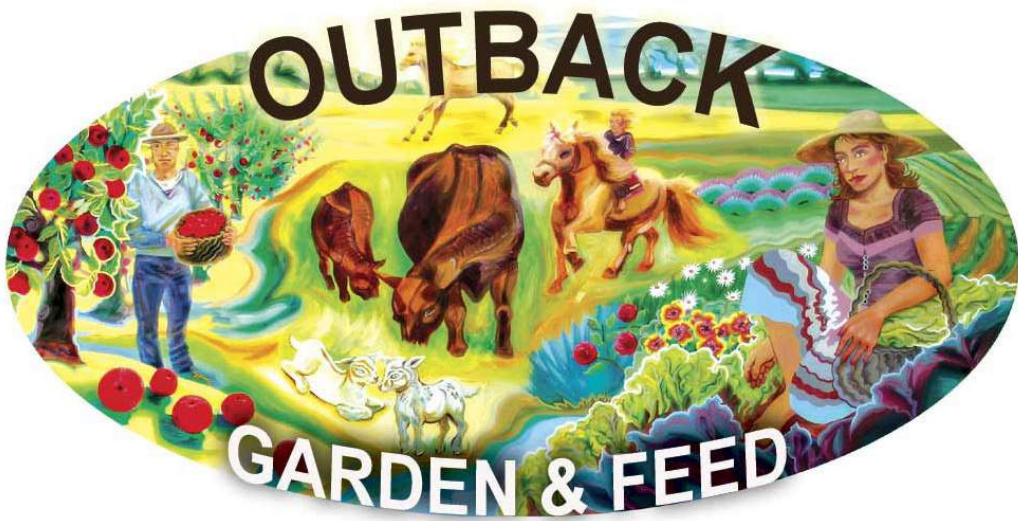


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