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FREE**

NOVEMBER 2022



Mendocino Coast's Lighthouse Peddler

The Best Original Writing, plus the Guide to Art, Music, Events, Theater, Film, Books, Poetry and Life on the Coast

Winter Wonderland. A Festival of Fun for All, Opens November 25 at Gualala Arts!



For all of those not sure when the holiday season begins, or where to find a gift for that special person, or perhaps a delightful local craft item, or a particular work of art can begin their quest at Gualala Arts. The annual “Winter Wonderland” opens Thanksgiving Weekend and continues right through Christmas and New Years.

The festivities begin on Friday, November 25 with the annual Arts & Crafts Fair, including the Christmas Tree Decorating Competition (and a visit by Santa). Everyone is welcome to get in on the fun—children, adults, merchants and businesses, local groups and more. And those wishing to compete can contact the front desk at Gualala Arts (707-884-1138) to arrange pickup for a “blank” (undecorated) Christmas tree to decorate, and a variety of sizes are available. Entry forms are available at Gualala Arts and online. Please note: your completed form is due by pickup of blank trees. First come first serve or you can provide your own. Your decorated tree is due . . .

. . . continues on page 2

Coast Highway Art Collective Join us for Holiday Shopping

The gallery will be
open for
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Hometown
Holidays
Celebration
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11am-7pm

**Regular hours
Friday – Sunday
11a to 4p**

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www.coast-highway-artists.com



The Natural Beauty of Asian Art Comes to Point Arena

Opening Reception for Ling-Yen Jones and Andrea Allen • Friday, November 4 at Coast Highway Art Collective

The opening reception at the Coast Highway Art Collective for local artists Ling-Yen Jones, handcrafted jewelry and Andrea Allen, Chinese Brush Painting, is scheduled for Friday, November 4, noon to 5:00pm.

Jones is well-known on the local art scene as well as internationally-known for her intricately hand-tooled silver jewelry, incorporating semi-precious stones, pearls, copper and a large dose of whimsy. Her style ranges from the traditional to the modern, and is completely unique. All of her pieces are individually handmade, and are therefore one-of-a-kind or in small series with repeating motifs.

Jones trained with David Laplantz at Humboldt State University, at Monterey Peninsula College, and various Mendocino Art Center workshops and assistantships. In addition to a grueling travel schedule to exhibits and show venues all over the country, she is also the gallery coordinator of the Coast Highway Artist Collective in Point Arena.

"I define jewelry as creations, which are useful, artistic, symbolic, identifying and an expression of personal ideas," says Jones. "In my earring line some of the motifs I use

are leaves, birds, and windows. When these elements and others are integrated into a piece they can represent new beginnings, changes, hope, and further growth in oneself. My intention for each one-of-a-



kind piece are that it is clean looking, distinctive, and artistically rendered."

Jones continues "the pieces with the Asian-like faces are inspired by the feminine, graceful and romantic scenes of the Ukiyo-E period of Japanese art. The piece "Unmentionables" has different faces, all expressions of surprise, serenity, wonder, and ecstasy. On the back of the piece there are hidden hand cut flowers, roller printed leaf patterns, and scenes of paired lovers. Ukiyo-E, or images of the floating world, were representations of the everyday life of Japan in the 16th through the 19th centuries. This piece brings together my own interest in the expressive power of faces, while exploring the serenity and grace of the ev-

eryday in my own time."

As a Chinese Brush Artist, Allen has developed a unique style that combines the traditions of the Chinese Masters with a subtle, contemporary flair. She studied with a Chinese master for six years and has been painting in this ancient style for over three decades.

Allen utilizes many ancient Chinese techniques such as grinding her own Sumi Ink, often mixing it with watercolor, loading the calligraphy brush, and applying it to hand-made rice paper, with a minimal number of strokes to complete each painting. She carefully balances the painted and unpainted



spaces in each composition, creating a tranquil flow throughout each painting.

Ancient Chinese symbolism and philosophy influence her work, enhancing the feeling of vital energy and serenity. The inherent effect is for the viewer to be effortlessly invited into each painting, to experience a peaceful balance and harmony in a timeless continuum.

Allen has exhibited extensively throughout the Bay Area, Marin County and the Mendocino coast. She also has collectors throughout the United States and Asia. She also teaches classes for beginning and experienced students. She welcomes creating custom paintings upon request.

The show opens on November 4 and runs through November 28 during regular gallery hours, Friday through Sunday, 11:00am to 4:00pm. The gallery is located at 284 Main St., Point Arena, the little red building with the big yellow sun, next door to the Redwood Credit Union.

More information and how to become a collective member is available at www.coast-highway-artists.com.

*Above (center): Ling-Yen Jones
Above (right): Andrea Allen*

WONDERLAND from cover story . . .
. . . no later than Tuesday, November 22 (between 11:00am and 4:00pm).

Instead of a tree, maybe you or your business or organization would like to donate a gift certificate, a gift basket or a rare or valuable item to the Festival of Trees Silent Auction. Gualala Arts will be happy to add you to the list of Festival of Trees Donors on their web-page & signage. Donors are asked to drop off the registration form at Gualala Arts (or email Kendra at info@GualalaArts.org) by November 18th, and bring the silent auction item in on November 21 or 22 between 11:00am 4:00pm in the Jacob Foyer. The Silent Auction closes December 18.

If you're at a loss for gift ideas for friends and family (or for yourself), Winter Wonderland has invited local artisans to bring their special arts and crafts to Gualala Arts. You may find exactly what you're looking for, or find something entirely different and yet just as wonderful. Mrs Claus Bake Shop—local homemade cookies, pies and holiday treats.

What would Winter Wonderland be without something new to consider? New this year, Gualala Arts is hosting an Ugly Sweater Competition, so grab your favorite ugly sweater and come down to Gualala Arts to have your picture taken between November 25 and Christmas. Three Ugly Sweater categories are **Best Overall Ugly Sweater**, **Best Group of Ugly Sweaters** and **Best Pet Ugly Sweater**. Winner gets free family membership to Gualala Arts, a box of See's Candy & bragging rights. Winners will be announced before New Years Day.

Also new this year is the Ornament Competition. Bring in your homemade ornament on November 21-22, any media is welcome, must be made by you, your family and/or friends. Winner gets free family membership to Gualala Arts, a box of See's Candy & bragging rights. Winner will be selected by People's Choice and announced on Saturday, November 25, ornaments available to be picked up on November 29.

And then there is the Gualala Arts Silver Bell Fundraiser. A gift from our Chamber Music Committee, each Bell features an angel holding one of six different musical instruments, reminding us of the joy music brings to our lives.

And if you're still at a loss, visitors will find a wide variety of Gualala Arts-branded gifts. There are wearables, like caps, hats, tee-shirts and aprons, plus wine glasses, water glasses, champagne flutes, pens and notepads. Back this year is the Gualala Arts hoodie. There is also a large selection of beautiful gift cards and photographs by Scott Chieffo.

Join the fun at this year's Winter Wonderland.

2022 Winter Wonderland Make Gualala Arts Your Home For The Holidays

- 11/12: A Peanuts Holiday Concert
- 11/13: Horszowski Trio Chamber Concert
- 11/19: Vuckovich in Concert
- 11/25: Festival of Trees & Silent Auction Begin
- 11/25: Arts & Crafts Fair, Santa Visits (also 11/26)
- 12/4: CoastSing Holiday Concert
- 12/17: Bloch Bell Ringers Holiday Concert
- 12/18: First night, Hanukkah Menorah Lighting
- 12/21: David McCarroll Chamber Music Concert
- 12/24: Festival of Nine Lessons & Carols

Art Exhibits,
Gift Shopping . . .

. . . Music and
Holiday Spirit

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"The difference between a democracy and a dictatorship is that in a democracy you vote first and take orders later; in a dictatorship you don't have to waste your time voting."

Charles Bukowski (1920 - 1994)

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"Remember when our songs were just like prayers
 Like gospel hymns that you called in the air
 Come down come down sweet reverence
 Unto my simple house and ring
 And ring"
 From "The Stable Song" by Gregory Alan Isakov

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In Person Appointments Available

Much To Do At Point Arena Lighthouse in November

Evening Tour on the 5th for Full Beaver Moon • Lecture Series Features Photographer Scott Sewell on the 19th

FULL MOON NIGHT TOUR: The Point Arena Lighthouse continues its popular **Full Moon Night Tours** with an (almost) Full Beaver Moon Night Tour on Saturday, November 5. Gates open 5:30pm, tour starts around 6:00pm.

The evening will feature a special presentation about the Light Station's history and technology, sweet and savory snacks accompanied by champagne or sparkling juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon – if the weather cooperates, of course! An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$50 per person.

Tours are limited to 20 guests, so advance reservations are recommended. While the tour is scheduled to coordinate with the rising moon, weather conditions may preclude lunar visibility. Tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund.

According to the Old Farmer's Almanac full moon names were used by early Colonial Americans who learned the names from the local Native Americans. Indig-

enous people did not record time by using the months of the Julian or Gregorian calendar. Many tribes kept track of time by observing the seasons and lunar months, although there was much variability. November's full Moon was called the Beaver Moon by both the Algonquin tribes and colonial Americans. Why this name? Back then this



was the month to set beaver traps before the swamps froze, to ensure a supply of warm winter furs.

All proceeds go toward the support and maintenance of the Lighthouse Tower, Museum and grounds.

LIGHTHOUSE LECTURE SERIES: The Point Arena Lighthouse's popular **Lighthouse Lecture Series** continues Saturday, November 19 at 4:00pm in the Fog Signal Building Museum. Scott Sewell's presentation of "Point Arena and the Mendocino

Coast: How to See and Shoot the Coastal Landscape" will be a primer on his approach to photographing the coastal landscape. Admission is \$5 per person, payable in the Light Station Store.

Scott Sewell is an enthusiastic and talented photographer whose love of the land is woven throughout his work. His presentation will cover a variety of topics that he feels are key to shooting great photographs of this fantastic and unique landscape of the coast. He will start with shooting conditions and tools, including the weather, sun, tides, waves and apps to gauge them. Next will be where to shoot, how to get there and what to expect. He will share his thoughts on using your eyes as the keys to good landscape photography. Finally, he will discuss the finished product and how to improve your shots after you've taken them.

Sewell is a photographer in love with the Pacific Coast, the High Sierra and Black and White photography. His work is on sale at Point Arena Lighthouse, Coast Highway Artists Collective and on the web at scottsewellphotography.com.

More information about the Full Moon Tours and the Lighthouse Lecture Series is at PointArenaLighthouse.com, 707-882-2809, ext. 1. The Lighthouse is located at 45500 Lighthouse Road just north of the city of Pt. Arena.

A Peanuts Holiday Concert

A Special Family Event at Gualala Arts, November 12

One of the most universally loved ensembles from television and film is the group of characters from Peanuts. Created by legendary cartoonist Charles Schulz more than 70 years ago, the Peanuts gang comes to life anytime we hear the music written by Vince Guaraldi. "A Peanuts Holiday Concert" is a family-friendly concert, featuring pianist Jim Martinez, and is set for Saturday, November 12. Tickets are \$20 advance, \$10 ages 7-17, plus \$5 more if purchased the day of, at Gualala Arts, the Dolphin Gallery, and EventBrite.com.

The "Peanuts" cast of characters clearly inspired Guaraldi's music: Charlie Brown, Lucy, Linus, Peppermint Patty, Schroeder, Pigpen, Woodstock, Marcie and many more. Introduced by Schulz in the 1950s, American children and adults have embraced them all. Jim Martinez brings the magic of the characters and the

music to life in this special concert to help open the holiday season.

Martinez, based in the Sacramento area, began his musical career at the age of four, and over the next 18 years of classical training and his subsequent professional performances amassed a list of musical accomplishments encompassing nearly all styles of music.



Martinez has performed and/or recorded with jazz notables Lionel Hampton, Christian McBride, Roy Hargrove, Cheryl Bentyne (of the Manhattan Transfer), and many others. His performances have taken him from New York to Sydney, Australia, and many stops in between. Martinez's annual jazzy holiday concert, "A Charlie Brown Christmas," has been featured with numerous American symphony orchestras, and he's recorded thirteen albums.

**Music on Film Night
 "Moonage Daydream"**

November 21 at Arena Theater

Music on Film Nite will screen the David Bowie documentary, "Moonage Daydream" on Monday, November 21, at 7:00pm, with doors opening at 6:30pm. Tickets are \$10, available online or at the door.

The film is a cinematic odyssey exploring Bowie's creative, spiritual and musical journey. From the visionary mind of Brett Morgen, "Moonage Daydream" features captivating, never-before-seen footage and performances spanning David Bowie's 54-year career. The film includes 40 exclusively remastered Bowie songs and is the first film ever sanctioned by the Bowie Estate, with local access to the artists' archives. The film is guided by David Bowie's own narration and is the first officially sanctioned film on the artist.



"Vuckovich in Concert" • A Special Music Event at Gualala Arts
Saturday, November 19 With Guests Buca Necak and Chris Doering

Gualala Arts and Fred Adler present "Vuckovich in Concert", Saturday, November 19, 4:00pm at Gualala Arts' Coleman Hall. Larry Vuckovich will be accompanied by Buca Necak on acoustic bass. In addition, special guest guitarist Chris Doering will join Vuckovich and Necak for a few numbers. Advance tickets are \$29, \$5 more the day of and are available at Gualala Arts, Dolphin Gallery and at EventBrite.com.

Larry Vuckovich has won acclaim from



critics and jazz audiences for his deeply imaginative style and repertoire heard at prestigious North American and European jazz clubs, concert halls and festivals. He is equally at home in world music/classically influenced modal jazz as he is in hard-swinging bebop, post-bop, contemporary jazz, and down-home blues. The New York Times notes that his unique outlook and

collection of influences "set him apart from most pianists who are heard regularly in New York".

Although Vuckovich has appeared at Gualala Arts a number of times, he usually performs as part of an ensemble with multiple musicians, both instrumentalists and vocalists. As described by co-producer Fred Adler, "Larry Vuckovich is a formidable and swinging soloist and also an informative and entertaining jazz historian. He will entertain with his favorite composers and compositions, plus the audience will be treated to a demonstration of varying tempos, piano styles, and rhythms, drawing from his seven decades of experience of performing with a veritable 'who's who' of jazz masters throughout the globe."

A special treat will be guitarist, and coastal resident, Chris Doering, sitting in with Vuckovich on two numbers, including one tune by Thelonious Monk ("Pannonica"). Yugoslavian-born acoustic bassist, Buca Necak, will accompany Vuckovich during the second part of the concert.

According to Jazz Times, Vuckovich "is a pianist whose evocative touch and poetic (but unsentimental) sensibility convey the wisdom of deep musical life experience". Tickets are available now for this unique concert event.

The Wizard of Oz Returns to Arena Theater • November 28
The Original 1939 Film with Dorothy & The Gang

On Monday, November 28, Arena Theater Film Club offers us a chance to re-enjoy one of the greatest films of all time. "The Wizard Of Oz", the 1939 classic starring Judy Garland hits the big screen at 7:00pm. Directed by Victor Fleming, and rated G (then and now), it's a guarantee that escaping to the land of Oz is the thing to do, at least for the running time of 112 minutes.

"The Wizard of Oz" stars Judy Garland, Roy Bolger, Jack Haley, Bert Lahr, Margaret Hamilton, and Frank Morgan. This family classic is everybody's cherished favorite, perennial fantasy film musical from the golden years of MGM. And the color is glorious.

In this classic musical fantasy, Judy Garland stars as Dorothy Gale, a young Kansas farm girl who dreams of a land "somewhere over the rainbow." Dorothy's dream comes true when she, her dog Toto, and her family's house are transported by a tornado to a bright and magical world unlike anything she has seen before. Unfortunately, she



makes a mortal enemy of a wicked witch when the house falls on the hag's sister. Now, befriended by a scarecrow without a brain, a tin man with no heart and a cowardly lion, she's protected "only" by a pair of enchanted ruby slippers.

Dorothy sets off along a yellow brick road for the Emerald City to beseech the all-powerful Wizard of Oz for his help to return home.

Winner of Academy Awards for the classic song, "Over The Rainbow" and for "Best Score," the family classic also received an Oscar nomination for "Best Picture." A special Oscar for "the best juvenile performer of the year" was awarded to Judy Garland.

The Film Club screens movies on the 2nd and 4th Monday of each month and a six-month, 12-movie season ticket is just \$60 see every film at big savings and support the film club. Visit arenatheaterfilmclub.org or send your check for \$60 to Arena Theater Film Club, P.O. Box 611, Pt. Arena, 95445.

Laurie Lewis
Grammy Award-winning
Singer-Songwriter at
Arena Theater • November 5

Grammy Award-winning singer-songwriter and musician Laurie Lewis returns to Gualala Arts on Saturday, November 5, at 7:30pm. Doors open at 7:00pm. Tickets are \$25 online in advance or at the door.

Lewis is internationally renowned as a key figure in bluegrass, traditional, and folk music circles. Featuring songs new and old, Lewis' repertoire includes folk classics such as "How Can I Keep From Singing" and Kate Wolf's "Unfinished Life" and originals like "The Roughest Road" and "Chains of Letters."

Although she has played roots music since her teenage years and performed in



various bands from her early 20s, it wasn't until she turned 36 that Lewis decided to venture out on her own. Her solo recording, "Restless Rambling Heart," introduced the national music audience to Lewis's talents and versatility. The CD, produced by Tim O'Brien, features seven originals and showcases her stunning vocal range and control.

Since that time, Lewis has twice been named Female Vocalist of the Year by the International Bluegrass Music Association, and won Song of the Year for her rendition of the now-standard "Who Will Watch the Home Place?" She has collaborated on numerous other award-winning recordings.

While steeped in the bluegrass tradition, Lewis's songwriting demonstrates her ability to surpass the limitations of that genre. Her works reflect her wide range of influences: from old time and country to Tin Pan Alley, jazz standards and early rock 'n roll.

Her songs have been recorded by Kathy Mattea, Patsy Montana and the First Ladies of Bluegrass, led by Missy Raines, among others.

The Arena Theater bar and snack stand will be open.



Gualala Arts
 SINCE 1961
 707.884.1138
 GualalaArts.org
 46501 Old State Hwy
 Gualala, CA 95445

"Paper, Knife, Glue"
A New Exhibit At Gualala Arts
New Art by Jackie Gardener
Opens Friday, Nov. 4, 4 - 6 pm

"Time Shapes Us" & "Lost Leader"
Two New Exhibits at Dolphin Gallery
Ling-Yen Jones and Liam Ericson
Opening Saturday, Nov. 12, 3 - 5 pm

"A Peanuts Holiday Concert"
with pianist Jim Martinez
A Family Event
Saturday, Nov. 12, 3 pm 

 **The Horszowski Trio**
Chamber Music Concert
Sunday, Nov. 13, 4 pm

"Vuckovich in Concert"
Pianist Larry Vuckovich
Coleman Hall, Sat., Nov. 19 • 4 pm

"Winter Wonderland"
A Month Of Holiday Fun & Ideas
Begins Friday & Saturday,
November 25 - 26
 • Christmas Tree Competition
 • Silent Auction
 • Pictures with Santa
from Noon - 2 pm 

Calls To Artists

- Christmas Tree Competition begins Nov. 25 at Gualala Arts. Register no later than November 18.
- "Uncomfortable" Exhibit opens January 13, 2023. Register no later than December 30.
- "Sculpture in the Gardens" Exhibit Opens April 14, 2023. Register no later than January 1.

Consider Making A Year-end Gift to Gualala Arts. Go to GualalaArts.org and select the "Support Us" option, or contact David "Sus" Susalla at Gualala Arts

Gualala Arts: Open daily, 11 - 4
 Dolphin: Open Thu-Tue, 10 - 4
 Gualala Arts and Dolphin Gallery respectfully require all visitors to follow posted mask guidelines. Proof of Covid vaccine required for all ticketed events.

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Solution to Crossword:

Full Moon



November 8

New Moon



November 23

**John Primer • Chicago and Electric Blues plus Bob Corritore on Harp
Arena Theater Live • Saturday, November 19**

Great Blues Music returns to the coast on Saturday, November 19 at 7:30pm when John Primer brings his Chicago and electric blues to the stage at Arena Theater. Joining him will be harpist Bob Corritore. Advance tickets are \$25, and are available online at arenatheater.org or at the door.

As John Primer says, "you can't paint the blues without the primer!" Primer has undisputedly helped build the sound and style of Chicago blues as we know it today. The echoes of tradition bellowing from the birthplaces he played such as Maxwell Street, Theresa's, Checkerboard and Rosa's Lounges, pulse from every chord in his fingers today. John Primer is a Chicago Blues Living Legend.



out with his own band the Maintainers with Pat Rushing on Maxwell Street, he then moved on to play with Sammy Lawhorn and Junior Wells at Theresa's Lounge. He worked hard and impressed Willie Dixon enough to tour with him and his Chicago Blues All-Stars Band. At this point he was known and John's dream finally came true in 1981 when he got to play with his idol, Muddy Waters. Muddy called for him to lead his band and changed his life forever. After Muddy's untimely death, he joined up with Magic Slim & The Teardrops

for the next 14 years, traveling all over the world.

John paid his dues and in 1995 he began leading his own band, The Real Deal Blues Band. He has recorded and released 17 albums, and been a featured player on 70 more. He's received two Grammy Award nominations, been given two Lifetime Achievement Awards, inducted into the Chicago Blues Hall of Fame and received many more awards and nominations.

Harp player Bob Corritore has produced three of John's CD's and will be recording another one on this tour.

The Arena Theater bar and snack stand will be open. All Covid restrictions have been removed.

**The Horszowski Trio
Chamber Music • November 13
At Gualala Arts**

The Horszowski Trio comes to Gualala Arts for a Chamber Music Series concert on Sunday, November 13, at 4:00pm. The trio includes Jesse Mills, violin, Ole Akahoshi, cello and Rieko Aizawa, piano. Tickets are \$40 advance, \$45 at the door and are available at Gualala Arts, Dolphin Gallery, and online at EventBrite.com.

High praise has become the norm for this trio. Giving performances that have received



uniformly high praise, describing their performances as lithe, persuasive, eloquent and enthralling." The New Yorker called them "the most compelling American group to come on the scene." The Horszowski Trio has quickly become a vital force in the international chamber music world. Since their debut performance in New York City in 2011, they have toured extensively throughout North America, Europe, the Far East, and India, introducing audiences to new music that they have commissioned and premiered.

The Trio has already made more than 50 concert performances this year, receiving tremendous acclaim for their recording of the complete piano trios by Robert Schumann.

The Horszowski Trio is based in New York City.

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Around since 1996 (and run by Blake More since 2002), Third Thursday Poetry is looking for a new home. Please contact blake@snakelyone.com if you have any suggestions or would like to host us. We are open to moving (and thus changing our name — Third Thursdays preferred!). Please contact Blake if you can help Third Thursday Poetry find a new home.

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Words on Wellness • They're Good For Us! by Karin Uphoff

As the nights get longer and the days colder, it's officially time to get cozy and eat more warming, protein dense foods like nuts and seeds with their essential fats. One of our more amazing native foods and medicines is the Northern California Walnut (*Juglans hindsii*), a large tree, up to 60 feet tall, with a single erect trunk (unlike its more bushy Southern California sister). The foot-long leaves are made up of opposing graceful leaflets that turn gold in the fall and drop off for the winter months. These drought tolerant trees are tremendously fire resistant and will sprout new growth from the trunk even if they do get badly burned. Native walnut is commercially important as a rootstock for English walnut orchards all over the world and the wood, sometimes called 'Claro walnut' is coveted by furniture makers because of its good working properties and beautiful grain patterns.

Walnut was and continues to be, food and medicine for indigenous peoples who likely assisted its cultivation, since much of its original distribution overlaps with early human inhabitation. Hunting bows were



made from the wood, baskets from the bark and game pieces made from the nuts which, though small with a thick shell, provided an excellent source of protein and fat. Walnuts are significantly higher in Omega 3 fatty acid than any other nut and have a good dose of magnesium as well.

The green husk around the nut (the hull), is still used to make a dark brown dye for fiber arts or to stain wood. This same unripe hull which is easily peeled off the nut (wear gloves or your hands will be stained for days) contains iodine and juglandin, and is strongly antifungal. Because of this, black walnut green hull is useful in treating skin diseases, particularly of a fungal nature, including eczema, candida, athlete's foot, and skin parasites. It is also in herbal formulas for internal parasites, pin worms, or tape worms. A tincture of the hull or powdered hull can be applied topically and even a tea from the leaves makes a good skin wash. Because of its low iodine content, it is used to treat hypothyroidism along with dietary changes. Walnut flower remedy gives one emotional strength in adapting to change – who can't use some of that nowadays?

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of **Botanical Body Care: Herbs and Natural Healing for Your Whole Body**. Learn more at: www.karinuphoff.com.

Peregrine Falcon: Passing Airplanes at 200 MPH

The Peregrine Falcon is the namesake for the inland Audubon group. David Allen Sibley calls this bird the embodiment of speed and power. I have been awestruck when seeing one speeding over the bluffs on bent wings.

Adults are recognized by their blue-gray back, barred lower chest and unique dark hood or helmet with a dark line coming down below the eye. They are year-round residents on the coast and in mountainous areas inland. Almost any child will tell you with authority that they are the fastest flyers. This refers to their spectacular dives on prey, usually medium-sized birds, which falconers call stooping. One Peregrine passed an airplane at one hundred and seventy-five miles per hour. They have been known to exceed two hundred miles per hour, but probably typi-



cally fly nearer one hundred miles per hour. They plunge from great height with bent wings; then with talons outstretched strike their target causing an explosion of feathers. The prey is usually retrieved on the ground but sometimes the falcon will stoop again and catch the tumbling bird in the air.

Their speed was of no help against the pesticide DDT from the 1940s to 1970s when breeding pairs in California plummeted from over 200 to only two pairs. Thankfully, the banning of the pesticide and a successful captive breeding program have steadily increased their numbers. Now they can be found nesting on window ledges in cities on both coasts, eating a steady diet of pigeons, and giving us inspiration and hope for all our endangered species.

Our thanks to the Mendocino Coast Audubon Society for contributing this article about the Heron. Each month, the Lighthouse Peddler features a bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org. Image by Jasmin777 from Pixabay

Pit Bulls Went From America's Best Friend To Public Enemy – Now They're Slowly Coming Full Circle

by Colin Dayan, Prof. of English, Robert Penn Warren Prof. in the Humanities,
and Prof. of Law, Vanderbilt University

As recently as 50 years ago, the pit bull was America's favorite dog. Pit bulls were everywhere. They were popular in advertising and used to promote the joys of pet-and-human friendship. Nipper on the RCA Victor label, Pete the Pup in the "Our Gang" comedy short films, and the flag-wrapped dog on a classic World War I poster all were pit bulls.



With National Pit Bull Awareness Day celebrated on October 26, it's a fitting time to ask how these dogs came to be seen as a dangerous threat.

Starting around 1990, multiple features of American life converged to inspire widespread bans that made pit bulls outlaws, called "four-legged guns" or "lethal weapons." The drivers included some dog attacks, excessive parental caution, fearful insurance companies and a tie to the sport of dog fighting.

As a professor of humanities and law, I have studied the legal history of slaves, vagrants, criminals, terror suspects and others deemed threats to civilized society. For my books "The Law is a White Dog" and "With Dogs at the Edge of Life," I explored human-dog relationships and how laws and regulations can deny equal protection to entire classes of beings.

In my experience with these dogs – including nearly 12 years living with Stella, the daughter of champion fighting dogs – I have learned that pit bulls are not inherently dangerous. Like other dogs, they can become dangerous in certain situations, and at the hands of certain owners. But in

my view, there is no defensible rationale for condemning not only all pit bulls, but any dog with a single pit bull gene, as some laws do.

I see such action as canine profiling, which recalls another legal fiction: the taint or stain of blood that ordained human degradation and race hatred in the United States.

Bred to fight • The pit bull is strong. Its jaw grip is almost impossible to break. Bred over centuries to bite and hold large animals like bears and bulls around the face and head, it's known as a "game dog." Its bravery and strength won't allow it to give up, no matter how long the struggle. It loves with the same strength; its loyalty remains the stuff of legend.

For decades pit bulls' tenacity encouraged the sport of dogfighting, with the dogs "pit-



ted" against each other. Fights often went to the death, and winning animals earned huge sums for those who bet on them.

But betting on dogs is not a high-class sport. Dogs are not horses; they cost little to acquire and maintain. Pit bulls easily and quickly became associated with the poor, and especially with Black men, in a narrative that . . .

Continued on Page 13

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"A turkey never voted for an early Christmas."
 Irish Proverb

"Jack Absolute Flies Again"
 National Theatre Live from London
 At Arena Theater • November 12

National Theatre Live from London presents "Jack Absolute Flies Again" at Arena Theater, Saturday, November 12 at 1:00pm. Doors open at 12:30pm. Tickets are \$20, \$5 youth (18 and under).

In short, it's a rollicking new comedy by Richard Bean (One Man, Two Guvnors) and Oliver Chris (Twelfth Night), and is



based on Richard Brinsley Sheridan's "The Rivals."

After an aerial dog fight, Pilot Officer Jack Absolute flies home to win the heart of his old flame, Lydia Languish. Back on British soil, Jack's advances soon turn to anarchy when the young heiress demands to be loved on her own, very particular, terms.

Emily Burns directs this spectacularly entertaining new version of Sheridan's original work. Featuring a cast including Caroline Quentin, Laurie Davidson, Natalie Simpson and Kelvin Fletcher. The show has a runtime of 180 minutes, with one intermission



SOUTH COAST BUS SERVICE

Route 75 has an extended early morning service. Monday through Friday from Point Arena to Gualala at 7:15am, and evening service from Gualala to Point Arena at 5:55pm. On Saturdays Route 75 runs only from the Navarro Store at 9:15am to Ukiah and back.

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Dolphin Gallery Features Ling-Yen Jones and Liam Ericson
 Two New Exhibits Open November 12

Two exhibits open at the Dolphin Gallery in November. "Time Shapes Us", featuring the works of Ling-Yen Jones, and "Lost Leader", the works of Liam Ericson. Both open Saturday, November 12 with a reception from 3:00pm to 5:00pm at the Dolphin Gallery in the Sea Cliff center, 39140 Highway One, Gualala.

"Time Shapes Us" features the jewelry creations of Ling-Yen Jones. The Mendocino County jeweler works mainly in silver, semi-precious stones, and pearls, and her style ranges from the traditional to the modern, and is completely unique. All of her pieces are individually handmade, and are therefore one-of-a-kind or in small series with repeating motifs.



Jones defines jewelry as creations, which are useful, artistic, symbolic, identifying, and an expression of personal ideas. In my earring line some of the motifs I use are leaves, birds, and windows. "When these elements and others are integrated into a piece they can represent new beginnings, changes, hope, and further growth in ones self.

The materials that I enjoy using most are sterling silver, copper, gold, pearls, and semiprecious stones." Jones adds, "the pieces with the Asian like faces are inspired by the feminine, graceful,

and romantic scenes of the Ukiyo-E period of Japanese art. The piece, "Unmentionables", has different faces, all expressions of surprise, serenity, wonder, and ecstasy. On the back of the piece there are hidden hand cut flowers, roller printed leaf patterns, and scenes of paired lovers. Ukiyo-E, or images of the floating world, were representations of the everyday life of Japan in the 16th through the 19th centuries. This piece brings together my own interest in the expressive power of faces, while exploring the serenity and grace of the everyday in my own time."

Also opening on the 12th is Liam Ericson, with an exhibit titled "Lost Leader." Known to many on the Mendocino Coast as an artist and naturalist, Ericson continues to be inspired by the natural environment of the beautiful lands in coastal Sonoma and Mendocino Counties.

For years, the Annapolis resident has been drawn to, and has explored, the



wilds of the Gualala River watershed—including the area known as Preservation Ranch, a giant redwood forest in Sonoma County that was saved from development. The area of trees and wildlife associated

has become an inspiration for Ericson.

The two exhibits continue at the Dolphin Gallery through Sunday, December 4, 2022.



PEOPLE POWERED RADIO
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Reeds 'n Keys
At Sea Ranch Lodge
November 25

In a post-Thanksgiving Day event, that will include a marketplace for Holiday shoppers, Reeds 'n Keys, the jazz duo of saxophonist Harrison Goldberg and keyboardist Lenny Kaplan, along with versatile musician David French will spice up the revelry when they perform their "Adventures in The Great American Songbook" in The Fireside Lounge at Sea Ranch Lodge Friday, November 25, from 12:00pm to 3:00pm. Joining the two, and keeping time with brushes on a drum kit is versatile musician David French.

Admission to TSRL events is free. The bar and lounge, and the dining room will be open for service.

Arena Theater Film Club
Presents "The Castle"
November 14

Arena Theater Film Club screens "The Castle" on Monday, November 14 at 7:00pm. Directed by Rob Sitch and starring Michael Caton and Tiriel Mora. A working-class family from Melbourne, Australia, fights city hall after being told they must vacate their beloved family home to allow for infrastructural expansion.

The film is rated R and has a run time of 85 minutes. "The Castle" is rated "R".

Met Opera Live in HD Returns to Arena Theater
See Verdi's "La Traviata—REVIVAL" Saturday, November 5

Arena Theater presents the Met Opera Live in HD on Saturday, November 5 beginning at 10:00am. Doors open at 9:15am. This will be their production of Verdi's "La Traviata—REVIVAL". Tickets are \$26 general admission, \$24 senior, \$18 youth. Information on season subscriptions is available at arenatheater.org

Soprano Nadine Sierra stars as the self-sacrificing courtesan Violetta—one of opera's ultimate heroines—in Michael Mayer's vibrant production of Verdi's beloved tragedy. Tenor Stephen Costello is her self-centered lover Alfredo, alongside baritone Luca Salsi as his disapproving father and Maestro Daniele Callegari on the podium.

Verdi's work premiered at the Teatro la Fenice in Venice in 1853. "La Traviata" survived a notoriously unsuccessful opening night to become one of the best-loved operas in the repertoire. The title role of the "fallen woman" has captured the imaginations of audiences and performers alike with its inexhaustible vocal and dramatic possibilities and challenges. Violetta is considered a pinnacle of the soprano repertoire. With La Traviata, Verdi and Pavesi fash-



ioned an opera from a play set in contemporary times—an exception in the composer's long career. Dumas's La Dame aux Camélias was a meditation on the author's youthful affair with the celebrated prostitute Marie Duplessis, known as a sophisticated and well-read woman whose charms and tact far surpassed her station. The play is still staged today in its original form

and exists in several film incarnations, most notably Greta Garbo's Camille (1936). The opera has a runtime of 195 minutes with two intermissions.

VACCINE REQUIREMENTS: All Met Opera audience members must be fully vaccinated. You are considered fully vaccinated two weeks after you have received a second dose in a two-dose vaccine series or two weeks after you have received a single-dose vaccine. Please provide proof of vaccination through an original physical vaccination card or photograph of it plus photo ID upon arrival at the box office.

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Lessons From Augie. by David Steffen

Augie Blume was, to my thinking, a saint in the music business. When our paths first crossed he was V.P. of Promotion at RCA Records in New York. I was living in Milwaukee and had been doing promotion for RCA Records for about 4-5 months when we met in 1970. Augie came through town to visit local radio stations and record stores, and as it turned out, to spend a fair amount of our 6 hours to help me understand my job and, in turn, get better at it. At the end of our time together he got into his rental car and headed to Chicago. The short version is that Augie wanted me to understand that everyone—every record store, radio station, programmer, distributor, disc jockey, newspaper and others—needed to be visited because all were important to the success of our artists.

The business was witnessing a transition. The days of the major labels dominating the music business was changing with dozens—more likely hundreds—of independent labels becoming a force in music. So the major labels began spending money on things that didn't make sense to anyone other than some major label exec in New York. Which brings me to the Klowns.

The RCA Records label—home to Elvis Presley, Jefferson Airplane, Jose Feliciano, the Archies, Chet Atkins and others announced they had completed a deal with . . . wait for it . . . the Ringling Brothers and Barnum & Bailey Circus. Each partner would put in money and “expertise” and create a band. One of the people they hired to make this “group” a success was songwriter and producer Jeff Barry. If the name isn't familiar, he was a successful songwriter, producer, and collaborator with his then wife Ellie Greenwich. Remember “Doo Was Diddy”, “Then He Kissed Me”, “Da Doo Ron Ron”, “Be My Baby”, “Chapel of Love” and on and on. He's a legend.

Hundreds of us were all introduced to the Klown's album at a special event in Chicago. Let me put it this way. The event included the screening of a custom film and an appearance by the group. The album was awful, the songs were sub-par, contrived and worse, and the members of the band all wore costumes and makeup to make them look like, well, clowns.

Coincidentally (or not) Augie checked in with me that week, asked me what I thought and all I could do is ask, “any suggestions?” That's when Augie introduced me to a new phrase, at least new to me. He said, “working on a bad record like this is like being asked to ‘polish a turd.’” There was a 5-10 second pause, and then I heard Augie say, “Everyone

involved with this project should be made to atone for their sins.” Within a month or two of release, the album, the singles, and the Klowns disappeared from our current priorities. Almost as if George Orwell was running the company.

Augie died more than a decade ago, and yet I continue to remember him as a thoughtful, dedicated and smart record guy, and one of my earliest influences on how I approached working in the music business. As a relatively young man, I listened to him and one of his words that stayed with me was “atonement.” Whether you are religious or not, it seems to me the concept of atonement should be universally accepted, and universally applied. A dictionary tells us that “atonement” can include (at least in part) acknowledgment, reparation and reconciliation.

When I was a child, maybe 9 or 10 years old, I would sometimes walk into or through my grandmother's garden. Among the flowers and shrubs and a few trees were the ferns. Lots of ferns. You know, the kind that grow to look a bit like a handheld fan? I decided that it would be fun to strip the leaves, and it was easy. You place a thumb and index finger at the bottom of the stem, and pull those fingers up and easily strip all of the leaves, with only the stem remaining. Voila. Cool, right? I quickly realized that I had either killed that plant, or at least destroyed one stem. It bothered me enough that I never did that again.

Some five years later I was on a walk through Grant Park on Milwaukee's south side. I was with three friends headed through a wooded area toward Lake Michigan. In short, we were just being stupid teenagers, attempting to entertain ourselves on a sunny, summer day. One of my friends, and I really don't remember which one, brought along a pellet gun which looked to me like a 45 automatic. He shot at a log (yes, a fallen log) about 30-40 feet from the group. Although it wasn't a ‘real gun’, it made a solid popping sound, more like the “silencer” made with a TV cop-show gun. Some minutes later he said to me, “Hey why don't you try it.” Being comfortable and just passive enough I asked, “What am I shooting at?” He simply said, “whatever you feel like.”

I looked around and noticed a good-size woodpecker on the side of tree, maybe 50 feet up, minding its own business, working the bark for bugs. I raised the pellet gun, aimed toward the woodpecker and fired. To my (everlasting) amazement, like right out of a movie, the bird fell backward off the tree and dropped to the ground. Dead. I was

stunned. First time. First shot. I killed an unsuspecting woodpecker. Nothing came to me but remorse. I handed the gun back to my friend who said, “nice shot”. I didn't pick up a gun again until I was in the U.S. Navy Reserve boot camp at Great Lakes, Illinois.

While living on the Mendocino Coast the past 15 years I've re-noticed a few things. There are ferns here, and there are woodpeckers here. While I no longer strip the ferns or shoot at the woodpeckers, I can only accept that these days there are probably far fewer critters, ferns and other unsuspecting life forms out here in the beautiful woods on the coast than there were since I arrived in 2006. Not due only to us, but due to all of us.

We have adopted a bunny, or perhaps she has adopted us. This is a formerly domesticated bunny, now feral who comes by most days for breakfast or dinner. Still shy, she will show up at 7 am or 6 pm, and Dolly, who dutifully watches for Bunny (yes “Bunny” is her new official name), sees to it that Bunny has food. The food reflects on the produce I've picked up at the Farmers Market on Saturday morning and we're using for our meals. Bunny receives the remnants of dandelion greens, parsley, apples, cilantro, spinach, broccoli, kale, carrot greens and from time to time the carrots themselves. (Caitie tells us that carrots are essentially chocolate to a bunny so use discretion when doling out the various foods.) Bunny moves around the neighborhood and, so far, has regularly (and safely) crossed the road without becoming road kill. Sustaining Bunny has become a part-time duty; and an enjoyable one.

Thinking back there are days I truly have remorse for the fern and the woodpecker, and I hope to some degree I have atoned for that stupidity more than 50 years ago. I'm not certain just what is an appropriate atonement. Maybe a prayer, a memorial or some other penance. Maybe it's simply helping Bunny.

There's a well known quote, often attributed to John Muir, that when venturing into undeveloped areas, “take only pictures, leave only footprints”.

Dolly, Caitie and our friend Sue spent almost three weeks in Africa in 2000. We visited Zimbabwe, Botswana, and South Africa. We saw the animals, birds, fish and various wildlife. We could only wonder then what these places might have been like 100 years before our visit. And we wonder what those places are like since our visit 22 years ago?

Let's make room for the Stellar Jays, Fox, Raccoons, Quail, Forest Pigeons, Skunks, deer and all the others. They are our companions here on the planet and deserve some respect. Besides, I don't want you agonizing on just how to atone when you're reflecting back 20, 40 or 50 years from now.



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Haiku for November

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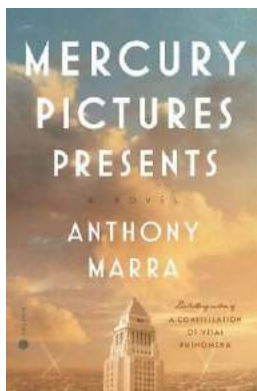
by mai haiku

"Mercury Pictures Presents"

A Book by Anthony Marra • Reviewed by Jennifer Bort Yacovissi

In my 2015 review of *The Tsar of Love and Techno*, I pondered, "What is it about the spare beauty of Anthony Marra's prose that makes us want to laugh and cry at the same time?" I had been entirely transported by his stunning debut, *A Constellation of Vital Phenomena*, and still feel it's the closest thing I've read to a "perfect" novel, one showcasing Marra's thoroughgoing command of plot, character, and voice.

It is that voice that sets him apart and above: a quiet, compassionate, observational wit that he uses both to highlight essentially tragic circumstances and to soothe them. While that voice remains and speaks throughout his latest novel, *Mercury Pictures Presents*, there's an antic quality here that we're not used to from Marra. It's almost as though he received editorial notes equivalent to a woman being told to smile more.



Just to ease the dramatic tension, though, I'll state up front that, in the end, Marra melted my heart, and I view *Mercury* as a worthy addition to the author's canon.

As with Marra's previous books, this one is built on hundreds of threads that weave through time and geography, often amid small moments and seemingly incidental events. Any character, however glancingly introduced, will show up again. Any item — a scale model, Frankenstein's monster, a cat, the rowboat that connects four characters and becomes a leaky path to freedom — is necessary. We watch the warp and weft of the story build, sometimes wondering where the narrative is taking us. It isn't until we step back at the end that we finally see a fully rendered tapestry.

Maria Lagana, 28, is the underpaid, overworked associate producer at second-rate Hollywood studio Mercury Pictures in the early 1940s, the gal Friday to head of production Artie Feldman. She is also the daughter of Giuseppe Lagana, formerly Rome's most successful defense attorney until he ran afoul of Mussolini's fascist government and was sentenced to confino, deportation to the hinterlands of San Lorenzo, in the toe of Italy's boot. With no way to support the family, 9-year-old Maria's mother, Annunziata, takes the girl to Los Angeles to live with her three ancient, widowed aunts.

The book is interwoven with these two geographies, San Lorenzo and L.A., in the years ushering in WWII. Giuseppe works to build a life for himself within the two-kilometer-square borders of his exile in Italy, recreating a tiny family to stopper the hole in his heart where his own dearest ones have

leaked away. Signora Picone, the town's passport photographer, takes him in so he can teach some smarts to her son, Nino, who is "the sort of earnest, excitable child whom other children stuffed in barrels and rolled down hills." Nino and Maria meet briefly as she and Annunziata stop in to say goodbye on their way to a new life.

When Nino's mother dies, Giuseppe pays Concetta Cortese, another San Lorenzo widow, to raise Nino the rest of the way. Her son Vincent, "a hormonal freak of nature who probably began shaving at nine and fathering illegitimate children at ten," improbably becomes Nino's protector once he realizes the boy pays rent. This is Giuseppe's foster family.

Meanwhile, an ocean away, Maria's seamless assimilation into American culture provokes her disdain for her thoroughly Italian mother. It doesn't help that no one is willing to acknowledge the truth: It is Maria's fault that her father is imprisoned. Her parents won't admit they know what happened, and the girl's guilt keeps her mute. The silence between mother and daughter seems an unbridgeable gulf.

Hence, her life becomes her work at Mercury, a place run by Artie and his identical twin, Ned, two men who've never been mistaken for one another and hate each other's guts:

"In a business where friendship had a high turnover rate, the Feldman brothers' animosity was a stabilizing force. Artie would give Ned an organ, but wouldn't lend him a five-spot, handkerchief, or kind word."

Artie may appear cynical and sleazy, but he maintains carefully hidden morals that keep him up at night. His studio becomes a haven for those driven from their homelands. ("You could map the march of fascism across Europe based on Mercury's employment rolls.") One of those, eventually, is Nino Picone, now known as Vincent Cortese.

Mercury's films run afoul of isolationist America, and Artie is hauled in front of the Senate Investigation into Motion Picture War Propaganda. The premiere of Maria's film, "Devil's Bargain," which retells Faust through the lens of Nazi collaboration, causes a riot; fortunately for Mercury, the Japanese bomb Pearl Harbor the next day, and Artie is hailed as a visionary.

He soon has cause to question that vision as internment camps spring up across U.S. deserts, and as the Marias of America must begin registering as "enemy aliens" and be sentenced to their own confino, a five-mile radius encircling their homes.

Mercury is a story of fascism abroad and at home; of Faustian bargains accepted or rejected but always regretted; of the hierarchy of racism, and of marginalized people forced to hide their true selves — though where better than in Hollywood? — who seek only the warmth of home; and of the basic difficulty of allowing ourselves to connect with those we care for most.

Neatly illustrating all of these themes is Maria's beloved: the third-generation American actor Eddie Lu, who can recite Shakespeare and Chekhov but is only ever allowed to play nefarious Asians with caricature accents, and who always wears his "I'm Chinese American" button in public to keep from getting beaten up. He is prevented by California law from marrying the woman he loves.

So, what of that antic voice that seems so non-Marra? Particularly early on, the narration is rife with extended, sardonic descriptions, no more so that when we're spending time with Maria's great aunts, who serve as a kind of comic chorus. Characters banter in sharpened one-liners, which is perhaps fitting in the Hollywood studio, but it's there among the Old-World Italians, too. At times, it feels like we've stumbled into an Aaron Sorkin script.

And yet — and yet — the ineffable magic of Marra's prose, its ability to break his reader's heart with the lightest touch, is everywhere. Each cameo character is completely human, from Betty Ludlow, with her 10 concurrent wartime husbands, to Louis Harrington, a Black enlistee convicted of murder when all he did was order breakfast.

We never even learn Nino's mother's name, but we know she was an artist and a romantic:

"Nino's mother taught him how to light a photograph according to its purpose, its audience, and its subject. 'We will make him fall in love,' she assured an anxious young seamstress who came to have her portrait taken for a prospective suitor. The suitor, a stonemason in Ohio whom the seamstress would be buried next to seventy-three years later, saw the love of his life for the first time through the eyes of Nino's mother."

Mercury Pictures Presents showcases imperfect people in an imperfect world groping to connect, all from an author who continues to pen perfection.

Jennifer Bort Yacovissi grew up in Bethesda, MD, just a bit farther up the hill from Washington, DC, where her debut novel, Up the Hill to Home, takes place. In addition to writing and reading historical and contemporary literary fiction, Jenny reviews for both the Independent and the Historical Novel Society. She owns a small project-management and engineering consulting firm, and enjoys gardening and being on the water. Jenny lives with her husband, Jim, in Crownsville, MD.

November's Reading List - Best Sellers and Best Bets -

"There are two ways of spreading light: to be the candle or the mirror that reflects it."
Edith Wharton (1862-1937)

- **Astrophysics for People in a Hurry**
by Neil DeGrasse Tyson
- **The Ballard of Never After**
by Stephanie Garber
- **The Boys From Biloxi**
by John Grisham
- **Demon Copperhead**
by Barbara Kingsolver
- **The Destructionists**
by Dana Milbank
- **Extraordinary Life of an Ordinary Man**
by Paul Newman
- **Empire of Pain**
by Patric Raddick Keefe
- **Fairy Tale**
by Stephen King
- **I'm So Glad You Were Born**
by Ainsley Earhardt
- **It Starts With Us**
by Colleen Hoover
- **Lighter**
by Yung Pueblo
- **Meant To Be**
by Emily Griffin
- **Nightwork**
by Nora Roberts
- **The Return of the Gods**
by Jonathan Cahn
- **Two Degrees**
by Alan Gratz
- **And There Was Light**
by Jon Meacham
- **Why He Did It**
by Tim Miller

Another Book You Might Like*

* **Mercury Pictures Presents**
by Anthony Marra
(See review on this page)

The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike. Visit Four-Eyed Frog Books, our Community-owned Bookstore.

8	7	5	1	3	6	4	2	9
2	4	1	8	7	9	6	5	3
3	6	9	5	2	4	1	7	8
9	8	2	6	5	7	1	3	4
1	3	7	4	8	2	5	9	6
6	9	4	7	6	3	2	8	1
7	2	3	9	1	8	6	5	4
4	1	8	2	6	5	3	9	7
5	6	9	3	4	7	8	1	2

Solution to Sudoku:

Alysia Calkins & Dorothy Barrett's

Rollerville Cafe



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H. L. Mencken (1880-1956)

TheZenHouse.net



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SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

							6	
		3		6	2			
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						1		
	2		9		1			

HOW TO SOLVE:
 Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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Scuttlebutt

by Mitch McFarland

The new collection system at the Point Arena recycling drop-off has launched and appears to be meeting the hopes and expectations of city planners and the contract hauler. Users have adapted well to the simple separation of their recyclables into one of four clearly labeled bins. Readers should be reminded that the facility is open 7:00am to 4:00pm daily.

Meanwhile, the State of California has finally taken some serious action to move the state toward a more sustainable society. No one who thinks about it believes the status quo is sustainable. Many people don't care, but everybody knows.

A spate of new bills have been signed that should have a major impact on how consumer goods move from production line to waste stream.

Most important is SB54 which Washington-based Oceana calls "the strongest plastic source reduction policy in the nation" and "the first state law to mandate source reduction of all single-use plastic packaging and foodware, from detergent bottles and bubble wrap to cups and utensils. The law requires packaging producers and product makers to slash their single-use plastic packaging and foodware by at least 25 percent by 2032 and implement the first reuse and refill mandates in the nation".

According to Ocean Conservancy, this requirement could prevent an estimated 23 million tons of plastic by 2032, or about 26 times the weight of the Golden Gate Bridge. SB 54, authored by Senator Ben Allen, establishes a producer responsibility scheme to hold plastic industries accountable for the waste they produce. Producer responsibility

is a concept that I have been bleating about for some time. Corporations that produce a product that damages the environment should bear some responsibility.

California is the fourth state to pass such a law, following Colorado, Maine and Oregon. My favorite part of SB54 is the de facto ban on styrofoam that will surely come. Negotiations require compromise and regulators drafting the bill couldn't get industry to agree to a total ban, but the bill effectively bans styrofoam by creating increasing high recycling requirements that will never be met, thus the material is to be banned if and when this rate cannot be met.

Another nice move is AB1013 which will add wine and liquor bottles to the redemption program starting Jan. 1, 2024. It is about time. California has had a bottle bill for 30 years called the Beverage Container Recycling and Litter Reduction Act, yet those "beverages" have evaded the program. The industry has always claimed that there was not enough "price elasticity" with their products to withstand a ten cent price increase- as though someone preparing to spend \$20 for a bottle of wine might balk because it will cost \$20.10. I wonder if maybe it has more to do with the fact that some of the more environmentally inclined legislators are from wine counties.

Bill sponsor, Toni G. Atkins (D-San Diego), said. ". . . and when you consider that California generates more than one billion wine and liquor bottles every year, that shows what major progress this legislation is and what an impact it will have."

The bill would require the department to create the Recycled Glass Processing Incentive Grant Program to provide grants to applicants who demonstrate the ability to expand glass cullet processing in the state. This is important because part of the problem with the circular economy is that there are bottlenecks in the system. While customers and, thus, manufacturers are demanding more recycled content in their products and haulers are desperately searching for markets for collected recyclables, there is a big gap in the middle of those who process the material. The state definitely needed to step in and fill a void the market could not. The bill would authorize the department to expend from the fund up to \$4,000,000 annually for those grants.

The bill would also require the department to create the Increased Recycling of Empty Glass Beverage Containers Grant Program to assist in funding regional pilot programs furnishing bins for collection of empty glass beverage containers from bars and restaurants. The bill would authorize the

department to expend from the fund up to \$4,000,000 annually for those grants.

Further, the bill would require the department to create the Empty Glass Beverage Transportation Grant Program to facilitate the use of rail transportation of empty glass beverage containers to glass processing facilities within the state. The bill would authorize the department to expend from the fund up to \$1,000,000 annually for those grants.

Californians Against Waste were notable supporters, while Consumer Watchdog, a nonprofit whose focus includes state bottle bill reform, called the amended bill "loaded with pork for major corporations that don't need it" and said the money would be better spent on developing more redemption centers. There is an obvious need for more redemption centers, but the state is also creating a grant program to increase the number of redemption centers.

SB1335 requires entities operating on state owned facilities to use food packaging materials from CalRecycle's List of Approved Food Service Packaging. Items listed must be free of toxic chemicals and have certain recycled content.

SB1383 deals with organic waste. Organics like food scraps, yard trimmings, paper, and cardboard make up half of what Californians dump in landfills. Organic waste in landfills emit 20% of the states methane releases. It is believed that reducing so-called Short-Lived Climate Super Pollutants like organic waste will have the fastest impact on the climate crisis. The goal of SB1383 is to cut organic waste disposal 75% by 2025. It also proposes to send at least 20% of surplus, still fresh food to Californians in need by 2025.

AB661 concerns the fact that the state already requires state agencies and those contracting with the state to prioritize purchasing products with recycled content as long as it is equally effective and costs the same.

SB1335, in an effort to stimulate the purchase of recycled content, mandates purchasing agents may spend up to 10% more for recycled products.

AB669 adds Office of Environmental Justice and Tribal Relations within the department.

AB1035 is designed to advance technologies and material recycling techniques that allow for the use of recycled materials in streets and highways to the extent feasible and cost effective.

SB1075 The State Air Resources Board is required to prepare an evaluation relative to the deployment, development, and use of hydrogen. If produced using renewable energy hydrogen could be a major player in our energy future.

... connected pit bulls with gang violence and crime.

That's how prejudice works: The one-on-one lamination of the pit bull onto the African American male reduced people to their accessories.

Dogfighting was outlawed in all 50 states by 1976, although illegal businesses persisted. Coverage of the practice spawned broad assertions about the dogs that did the fighting. As breed bans proliferated, legal rulings proclaimed these dogs "dangerous to the safety or health of the community" and judged that "public interests demand that the worthless shall be exterminated."

In 1987 Sports Illustrated put a pit bull, teeth bared, on its cover, with the headline "Beware of this Dog," which it characterized as born with "a will to kill." Time magazine published "Time Bombs on Legs" featuring this "vicious hound of the Baskervilles" that "seized small children like rag dolls and mauled them to death in a frenzy of blood-letting."

Presumed vicious • If a dog has "vicious propensities," the owner is assumed to share in this projected violence, both legally and generally in public perception. And once deemed "contraband," both property and people are at risk.

This was evident in the much-publicized 2007 indictment of Atlanta Falcons quarterback Michael Vick for running a dog-fighting business called Bad Newz Kennels in Virginia. Even the Humane Society of the United States and People for the Ethical Treatment of Animals – two of the nation's leading animal welfare advocacy groups – argued that the 47 pit bulls recovered from the facility should be killed because they posed a threat to people and other animals.

If not for the intervention of Best Friends Animal Society, Vick's dogs would have been euthanized. As the film "Champions" recounts, a court-appointed special master determined each dog's fate. Ultimately, nearly all of the dogs were successfully placed in sanctuaries or adoptive homes.

Debating breed bans • Pit bulls still suffer more than any other dogs from the fact that they are a type of dog, not a distinct breed. Once recognized by the American Kennel Club as an American Staffordshire terrier, popularly known as an Amstaff, and registered with the United Kennel Club and the American Dog Breeders Association as an American pit bull terrier, now any dog characterized as a "pit bull type" can be considered an outlaw in many communities.

For example, in its 2012 Tracey v. Solesky ruling, the Maryland Court of Appeals modified the state's common law in cases involving dog injuries. Any dog containing

pit bull genes was "inherently dangerous" as a matter of law.

This subjected owners and landlords to what the courts call "strict liability." As the court declared: "When an attack involves pit bulls, it is no longer necessary to prove that the particular pit bull or pit bulls are dangerous."

Dissenting from the ruling, Judge Clayton Greene recognized the absurdity of the majority opinion's "unworkable rule": "How much 'pit bull,'" he asked, "must there be in a dog to bring it within the strict liability edict?"

It's equally unanswerable how to tell when a dog is a pit bull mix. From the shape of its head? Its stance? The way it looks at you?

Conundrums like these call into question statistics that show pit bulls to be more dangerous than other breeds. These figures vary a great deal depending on their sources. Any statistics about pit bull attacks depend on the definition of a pit bull – yet it's really hard to get good dog bite data that accurately IDs the breed.

Over the past decade, awareness has grown that breed-specific legislation does not make the public safer but does penalize responsible owners and their dogs. Currently 21 states prohibit local government from enforcing breed-specific legislation or naming specific breeds in dangerous dog laws. Maryland passed a law reversing the Tracey ruling in 2014. Yet 15 states still allow local communities to enact breed-specific bans.

Pit bulls demand a great deal more from humans than some dogs, but alongside their bracing way of being in the world, we humans learn another way of thinking and loving. Compared with many other breeds, they offer a more demanding but always affecting communion.

Our Thanks to the writers and contributors from The Conversation.

THE CONVERSATION

**Moonlight Day of the Dead at Pt. Arena Lighthouse, November 1
Art and More Including Art from Students at Area Schools**

On Tuesday, November 1 the (almost) full Beaver moon will shine on a student-curated Moonlight Day of the Dead event. The Lighthouse and the Pacific Community Charter High School (PCCHS) are partnering to present a student art exhibit celebrating Dia de los Muertos (Day of the Dead). The festivities will run from 5:00pm to 7:30pm in the Fog Signal Building and the Lighthouse Tower.

The exhibit of student art inspired by the popular Dia de los Muertos celebration will be displayed in the Buttress Room in the base of the Lighthouse Tower, and the students will be decorating the circular staircase that leads to the top of the Tower with paper marigolds, pressed tin art and other surprises and decorating the Lantern Room at the top of the Tower with student art. The displayed art is by students of the Point Arena High School, Pacific Community Charter School, Point Arena Elementary, Manchester Elementary and South Coast Continuation High School.

PCCS teacher Kyle Foreman and other community and student musicians will also

the children that attend the event.

PCCHS students will be selling hot chocolate and baked goods to raise funds for a Multi-Cultural Field Study to San Francisco. They will be visiting the San Francisco Museum of Modern Art, the Japanese Tea Garden in Golden Gate Park, Alcatraz, and



the Ferry Building Farmers Market as real-world experiences that support this year's Cultural Geography and Agriculture classes. A campus tour of San Francisco State University will also be included.

In addition to the student art exhibit in the Lighthouse Tower the current artist exhibiting in the Whale Watch Room Gallery, Sandra Martinez Regan, will be changing out her exhibit to feature several of her Dia de los Muertos inspired art. She will also be teaching a Dia de los Muertos art class with the PCCHS Spanish and Latin

American Art students in preparation for their art exhibit in the Lighthouse Tower.

"I am so excited about this creative and community oriented project that Maria Elena Biaggi and Jen Ketring have spearheaded," said Mark Hancock, Lighthouse Executive Director. "I am particularly thrilled that Maria Elena and Jen invited other local schools to participate. The students have really taken ownership of this exhibit, meeting with me to plan every facet of it from concept, types of art, publicity, creating the posters, how to hang and display the art and more. Their enthusiasm and thoroughness in planning this exhibit has been wonderful to see, and I hope that the entire coastal community from Elk to Timber Cove comes to the Lighthouse to support the students!"

Admission to this special event is free to everyone. The Lighthouse is located at 45500 Lighthouse Rd. just north of the city of Point Arena. For more information, contact the Lighthouse at 707-882-2809, ext. 1 or visit PointArenaLighthouse.com



be serenading visitors. Tower Tours in English and Spanish will be offered about every 20 minutes. There will be a Community Altar in the Whale Watch Room of the FSB Museum watched over by a Catrina (María Servin), and the public is invited to bring their own offerings to add to the altar in memory of their loved ones. Action Network will be offering free face painting to

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Crossword

by Margie E. Burke

ACROSS

- 1 Pesters
- 5 Bathroom item
- 10 Left on board?
- 14 Fairytale villain
- 15 Biscuit topper
- 16 Caesar's 57
- 17 Change direction
- 18 Braid, as a rug
- 20 Not budging
- 22 Drove round & round
- 23 Lonely place?
- 24 Fix, as leftovers
- 26 Movie double, often
- 29 Educator, briefly
- 32 Barley bristle
- 33 Confident
- 37 Like some desserts
- 39 Absconded with
- 40 Drone, for one
- 41 Incompatible
- 44 AAA service
- 45 Former "Tonight Show" host
- 46 Formal ritual
- 48 Driller's dream
- 51 The Regal Beagle, e.g.
- 52 Heart of the matter
- 55 Zilch
- 59 Dry white wine
- 61 Superfruit berry
- 62 Angelic feature
- 63 Done to death
- 64 Anagram for "nail"
- 65 Black cat, to some
- 66 Varieties

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
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41				42						43		44			
	45						46				47				
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52	53	54							55	56				57	58
59								60				61			
62					63							64			
65					66							67			

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67 Cutlass, e.g.

DOWN

- 1 Astronomer's sighting
- 2 Got on
- 3 Lionel, to Drew Barrymore
- 4 Sunday delivery
- 5 Tibia locale
- 6 Lowest female voice
- 7 Crumb carrier
- 8 Bloodsucker
- 9 Lofty nest (var.)
- 10 Guitar pick
- 11 Cameo shape
- 12 Tear to pieces

13 In a dead heat

19 Finishes filming

21 Places for rent, briefly

25 Uphold, as the law

26 Wrapped garment

27 Ribbed fabric

28 State of disorder

30 Like a long speech

31 Record holder?

34 Substitute delegate

35 Oracle

36 Like morning grass

38 Parasitic person

42 Speaker output

43 It's outstanding

47 Hawaiian "thank you"

49 Rag composer Joplin

50 One of the Fondas

52 Say again

53 Pillow covering

54 Red-tag event

56 Court cry: Var.

57 Freshwater worm

58 Martini liquors

60 Bite



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Theodore Roosevelt (1858-1919)

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"The Beasts of the Benthos—Scary Sanctuary"

by Mary Jane Schramm, Freelance Writer, Naturalist

It is autumn; the Earth slowly turns its face from the sun's resplendence and toward the ever-darkening sky. Creatures of land and the air respond to this transition, and we humans, too: with fire festivals such as Samhain and Halloween, to ward off the spirits of darkness. But to animals living in the sea's depths, each day brings eternal midnight. This month, NOAA scientists will encounter many of them as we explore the sea floor and adjacent waters - the benthos - off Point Arena and the Sonoma Coast. Who knows what curious, mysterious, even frightening creatures lurk in these night-bound kingdoms?

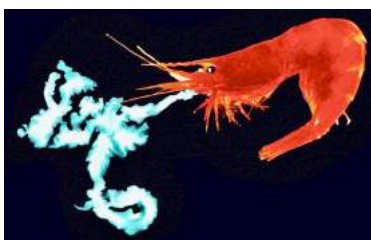
CHIMAERA, or Ghost Shark: This denizen of the deep's bulbous head appears stitched together, like a briny Frankenstein's Monster. Named after the mythical part-lion, part goat-part snake beast, the chimaera is neither shark nor spirit, but a cartilaginous fish found in oceans worldwide at depths to 8,500+ feet. Sharks are their closest living relatives, but diverged evolutionarily nearly 400 million years ago. Reaching five or six feet in



length, most chimaeras have a defensive venomous spine at their dorsal fin. On the snout are tiny pores which lead to electroreceptor cells to detect electrical fields of their fish prey, a sharky "sixth sense."

SLIME STAR (*Pteraster tesselatus*): This pudgy six-inch sea star has five stumpy arms and a smooth skin that gives it a pillowy shape; it may be orange, red, tan, gray or brown. It preys on sponges and other marine invertebrates. When threatened, it produces copious amounts of clear mucous, a sticky, suffocating defense weapon to repel attacks by other, fiercer members of its family like the many-armed sunflower star. Rows of spines add to its armory. Off the west coast of North America, it favors rocky habitats, from Alaska's Bering Sea southward to central California, and across the No. Pacific Basin to depths of 3120 ft.

SHRIMP: Several shrimp and krill species are equipped with photophores - light-producing organs that may appear as luminous spots. Some are as complex as the human eye, with lenses, shutters, reflectors, color filters. In shallow waters, they can emit light that helps them blend in with the sunlit sea. But in the blackness of the abyss,



these chemical "lamps" can be used to attract unwary prey. Some shrimp species have an additional method of using light: when threatened, they can spew glowing bioluminescent clouds from their mouths for predatory defense to startle their enemies and conceal themselves as they flee.

VAMPIRE SQUID: The vampire squid, *Vampyroteuthis infernalis*, or "the vampire squid from Hell," isn't your ordinary cephalopod (head-footed marine invertebrate): it shares characteristics with both the true squid and the octopus. It has adapted to tremendous pressure at over 3,000-foot depths, and low-oxygen conditions that would kill many other sea creatures.

In form, the Vamp lives up to its name: blood-red, its skin is almost covered by light-producing photophores. Its eyes shine fierce red, or cold blue. But its ominous aspect is betrayed by its small size, about

that of a football. Surprisingly, this imposter does not feed on blood! Its sticky tentacles capture plant and animal matter floating in the water column. A web of skin - its vampire "cloak" - connects eight glow-tipped arms and is blackish on the inside. When a predator approaches, it inverts the cloak over itself, displaying a formidable array of spines.



Images

- Far left, lower: Chimaera. Credit: NOAA.
- Far Left, above: Slime star. Credit: NOAA.
- Middle: Shrimp. Credit: NOAA OER.
- Above: "Vampire squid. Credit: NOAA/MBARI.

Mary Jane "MJ" Schramm is a marine conservationist, author, journalist, filmmaker, and naturalist. She has worked aboard NOAA and other vessels off California, Mexico, Alaska and the Bahamas, focusing on marine mammals and seabirds and assisted with elephant seal research and intertidal monitoring on the Farallon Islands. MJ led whale watch/nature cruises to Baja California and the Farallones, and managed Oceanic Society ecotours. For nearly a decade she was Public Relations Director at The Marine Mammal Center while doing rescue and rehab. She co-authored *West Coast Whale Watching* (HarperCollins West). She's also a screener/jurist for two marine film festivals.

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Get Out! November Music, Poetry, Theater, Film, Art, Radio, Online & more.

Please note: some events currently included in Get Out! are virtual. This "◇◇" means that the host organization will have information on attending virtually via Zoom or other platform.

- Tuesday 01: 5:00pm, "Moonlight Day of the Dead" at Pt. Arena Lighthouse.
- Friday 04: 4:00pm, "Paper, Knife, Glue". New Exhibit at Gualala Arts.
- Friday 04: Noon, "Asian Art" exhibit at Coast Highway Art Collective, Pt. Arena.
- Friday 04: 6:00pm, BAKU, Mendonoman World Fusion Band at Timber Cove Inn.
- Friday 04: 7:00pm, "Black Adam" New film opens at Arena Theater.
- Saturday 05: 10:00am, MET Opera "La Traviata—REVIVAL" at Arena Theater.
- Saturday 05: 6:00pm, Full Beaver Moon Tour at Pt. Arena Lighthouse.
- Saturday 05: 7:30pm, Laurie Lewis in concert at Arena Theater.
- Sunday 06: 1:30pm, "Walk On The Wild Side" at Jug Handle Creek Nature Ctr., Caspar.
- Friday 11: 7:00pm, "Ticket To Paradise", New film opens at Arena Theater.
- Saturday 12: 10:00am, Three Craftswomen bring handcrafted gift items. Cazadero Craft Faire.
- Saturday 12: 1:00pm, National Theatre Live, "Jack Absolute Flies Again" at Arena Theater.
- Saturday 12: 3:00pm, Peanuts Holiday Concert with Jim Martinez at Gualala Arts.
- Saturday 12: 3:00pm, Ling-Yen Jones and Liam Ericson. Two new exhibits at Dolphin Gallery.
- Sunday 13: 4:00pm, Horszowski Trio, Chamber Music at Gualala Arts.
- Monday 14: 7:00pm, "The Castle" at Arena Theater Film Club.
- Tuesday 15: 6:00pm, Point Arena City Council Meeting ◇◇
- Saturday 19: 4:00pm, Lighthouse Lecture Series with Photographer Scott Sewell.
- Saturday 19: 4:00pm, Larry Vuckovich in Concert at Gualala Arts.
- Saturday 19: 7:30pm, Arena Theater presents John Primer, bringing Chicago Blues.
- Sunday 20: 10:00am Special Holiday Market at Fort Ross School.
- Monday 21: 7:00pm, Music on Film Night Presents "Moonage Daydream".
- Thursday 24: THANKSGIVING DAY
- Friday 25: 11:00am, Winter Wonderland Opens at Gualala Arts.
- Friday 25: 12:00pm, Reeds 'n Keys at Sea Ranch Lodge.
- Monday 28: 7:00pm, Arena Theater Film Club presents "The Wizard of Oz".

LOOKING AHEAD TO DECEMBER

- Saturday 03: 10:00am, Brandybuck Studio Holiday Bizarre Bazaar (and Dec. 4th).
- Saturday 10: 11:00am, Hometown Holidays in Point Arena.

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