

# Whale & Jazz Celebrates 15 Years Who Knew The Relationship Would Be So Harmonious?

Spring is in the air and with it comes Whale and Jazz on the Mendonoma Coast! Events and venues for the 15th Anniversary Sonoma Mendocino Coast Whale and Jazz Festival are gearing up, including Gualala Arts Center with The Main Event: "Historic Vibes Summit", the

15th Annual Chowder & Jazz Chowder Challenge, a Whale Talk with cetacean researcher Jodi C. Smith, and a concert by Four Shillings Short at the end of the month.

Throughout April

and May venues up and down the Mendonoma Coast will hold jazz nights. April venues include Arena Theater (April 2,) The Sea Ranch Lodge (April 12,) 215 Main (April 19, 21,) St. Orres (April 6) and of course Gualala Arts (April 7, 14, 26, 27). Contact individual venues for information about featured jazz artists, cover charges and other details. Download a Whale and Jazz Pocket Guide at GualalaArts.org under the

Whale and Jazz Festival tab.

The Main Event on Friday, April 7, brings together three Bay Area virtuoso jazz vibists -- Roger Glenn, Tommy Kesecker, and Yancie Taylor - to perform solo, as duos, and as an ensemble. "This will truly be an historic Vibes

Summit spectacular jazz concert," says Festival Music Coordinator Fred Adler. The concert will include a unique tribute to the pinnacle and historic vibes masters, Lionel Hampton, Cal

Tjader and Milt Jackson and is dedicated to the memory of Gualala's Peter Norville, nephew of legendary vibist Red Norvo. Joining the three vibists will be Greg Hester on piano, Pierre Archain playing bass, and Leon Joyce on drums. Also playing will be this year's Festival Youth Discovery, 16-year-old Yami Schwartz.

\*\*Read more about W&J inside the Peddler! \*\*



Toth Anniversary Sonoma Mendocino
Whale and Jazz Festival
Gualala Arts events....

### **April 7 The Main Event:**

Historic Vibes Summit, concert & small plates

Enjoy Jazz at venues from Jenner to Point Arena!

April 14 Chowder & Jazzz Chowder Challenge w/Barnebey's

April 26 Whale Talk w/Jodi C Smith April 27 Four Shillings Short

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### Judith Fisher's Healthy Oasis: Healing Arts & Massage in Gualala

Over coffee or tea some morning, a friend mentions that s/he has just come from a massage. If you're like me, you suddenly remember that ache in your back, that knot in your shoulder, along with a twinge of jealously that it wasn't you who just got the massage. It doesn't take a French scholar to recognize the root language for certain words and "massage" is no exception. Happily, massage needs no translation. An experiential understanding is all that's required.

Those of us who choose to live in coastal Mendocino County quickly learn that the South Coast is a special place. Visitors, too, begin thinking about living here when they take notice of the redwoods, the hills, valleys, rivers, and of course that big blue Pacific Ocean. Our micro-climates don't hurt either. There are drawbacks, to be certain. We have no four-lane freeways and no city smog. There's a dearth of national chain restaurants and hotels. Neverthless we manage to get along without them. Happily.

The Pacific Ocean provides a fair amount of peace and tranquility for anyone stopping to take in its beauty. And just a short distance



from the ocean you can step through the door at Healing Arts & Massage Center, the Gualala business created some thirty years ago. Judith Fisher, the "bookbinder's daughter" (from

the title of Judith's autobiography), has become a fixture on the coast, as has Healing Arts. As with all of us, Judith's personal history—from East Coast roots to a reimagining in northern California—has molded and shaped the woman she is today. She is softspoken, thoughtful; and with a little bit of conversation it becomes obvious that she's also professional, entrepreneurial, successful, and a genuinely nice person.

Before the creation of Healing Arts & Massage Center, Judith's California experi-

ences helped hone a variety of skills, as she wound her way through greater Mendocino County. From Branscomb to Plantation Camp to Gualala. She managed an inn, an experience at the Old Milano Hotel which was three-quarters of a century old when she

arrived. The hotel is long gone, having succumbed to a fire in 2001. Nevertheless I recently stood on the original site of the Old Milano, and you can still sense the splendor that once was there. Some have thought about rebuilding or recreating the hotel but as of this writing, it remains merely an idea.

Judith's arrival at the Old Milano, in 1981, was serendipitous, as recounted in her book:

Last year I lucked out and met Theadora Van Runkle. She and her husband, Bruce, rescued an old hotel on the coast from its boring 1950s conversion to a residence. They lovingly restored it to be a magnificence that far outdid its original turn-of-thecentury charm. . . . I walked into a job as "hostess". I greet guests, serve breakfast, and arrange flowers grown in the chocolate-cake soil of its coastal gardens.

The loss of the hotel can be mitigated by a description which allows your imagination to smell breakfast being prepared or catch the fragrance of the freshly-cut flowers. Judith tackled all that managing an inn entails, including cooking, cleaning, small repairs—hands on or getting it done, and still found



time to reinvent herself again. While continuing to raise her daughter, she embarked on a new career. With the friendship (and a bit of mentoring) of Fred and Cheryl Mitouer, Judith's trajectory once again changed. She

learned the art of massage and created a new life for herself.

Meeting Judith today, it's easy to see why

I suggest the moment was serendipitous. There is, of course, the attention to detail at Healing Arts, the thoughtful approach to the space that has become her business. And yet that isn't just so much paint, or color, or her original art that helps set the mood. People

walking through the front door are not simply customers. Whether traveler or local, they are warmly welcomed; a genuine welcome, not one constructed of business necessity. Regardless of the reason you've cho-

sen to come in, you haven't entered a clinical space, but rather a space befitting the name Healing Arts.

Judith is proud of Healing Arts and readily shows off her home away from home. A room in front could be a sitting room to read a good book by the soft light, yet the massage table is positioned to take advantage of the blue sky while allowing the visitor to easily drift away during their treatment. Including



Judith, there are seven practitioners offering Swedish, Deep Tissue, CranioSacral, Hot Stone, Acupuncture, Chiropractic, Osteopathic Manual Medicine, and Restoration of Function.

The best way to evaluate any personal or business environment is to visit. Take it in. One instinctively knows when they connect with the environment. Walk in the front door at Healing Arts & Massage in Cypress Village in Gualala. The odds are greatly in your favor that you will connect. Ahhhhhh.







### Talent on the Fringe A Fundraiser for Arena Theater Saturday April 28

Reviving the theater's community talent show tradition, local talents of many flavors will descend upon Arena Theater's stage on Saturday, April 28, at 7:30 p.m., when the curtain opens for Talent on the Fringe, a fun show for the whole family, celebrating the creative spirit that marks our coastal community, as part of the Almost Fringe Festival.

Performers of all ages will not only entertain the audience but also help raise money for the theater by showing off their talents. The lineup so far includes singers, musicians, dancers, and comedians. Dream of a Hawaiian vacation when the local ukulele group strums their instruments, marvel at the colorful costumes of the Ballet Folklorico presenting traditional Mexican folk dances and "let yourself go" with the local tap dancers. There's still time to sign up and people are encouraged to call the theater at 707 882-3272 or email shauna@arenatheater.org. Acts must be no longer than five minutes.

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### Elk Poet Michael McCullough Featured At 215 Main Third Thursday Poetry Set For April 19 by Blake More

On Thursday, April 19, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Elk poet Michael McCullough. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Hands stained purple, Michael Mc-Cullough is known as a wayfaring winemaking poet. Born in Austin Texas, bred in Britain, and bolstered by California's bluffs, McCullough has achieved an unusual rhythmical style and command of the English language compared to "lyrical gymnastics" and even Gerard Manly Hopkins - too high a claim, he says.

First finding poetry through performance, McCullough was a professional Shakespeare actor in San Jose before turning his focus to wine. With a B.S. in Wine & Viticulture from Cal Poly, San Luis Obispo. McCullough has spent the last decade seeking out the world's most renown wine regions and has worked in New Zealand, Oregon, and most recently the unparalleled Elk, California to name a few. His poetry reflects the landscapes traveled with a particular emphasis on space and time but it's the moments of spontaneity, like that of a wild ferment, that brings the most intimate parts of his work to light.

McCullough hopes to revive the great oratory tradition of poetry and will provide a performance packed full of memorized pieces. With such an emphasis on phonetics, rhythm and delivery he believes his work is best served listened to rather than read. Having just performed at the Poetry Cafe in London, McCullough eagerly awaits his return to see the friends, faces and family made while living on the Mendocino Coast last year.

Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

### AC Myles Returns To The Coast April 14 One Performance At Garcia River Casino

Garcia River Casino presents AC Myles Saturday, April 14. Showtime is 8:30pm. Myles' style is sometimes understated. There

are moments during a set when he's able to make it look effortless. And other moments when the blisters are right in front of you. One minute he'll crank Bobby "Blue" Bland's "I Wouldn't Treat A Dog (The Way You Treated Me)", then



of "Rock My Soul", or a classic R&B classic like "Reconsider Me".

he'll shift gears to deliver a credible version

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Whether he's ripping the music from a vintage hard-body Fender Strat or Telecaster, or his Oscar Schmidt "Rhythm King" semi-

> hollow body guitar, AC Myles has a list of credits that belie his youthful good looks. He's played with Buddy Guy, Elvin Bishop, Tedeschi Trucks Band, and Sonny Landreth. Critical Jazz wrote: "Blues-rocking guitarist AC Myles is putting the paddles to a

genre that has certainly seen better days. As legends have continued to pass on and new talent simply doesn't seem to have the staying power, Myles is the perfect storm. Strong vocals and even stronger instrumental skills." Forget the reviewers. Go see Myles for yourself.

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'Four Shillings Short" Whale and Jazz Presents A Global Harmony ConcertWith Christy Martin & Aodh Og O'Tuama

Four Shillings Short, playing at Gualala Arts Center on Friday, April 27, at 7:00pm, features the husband/wife duo of Aodh Og O'Tuama from Cork, Ireland and Christy Martin from California, performing traditional and original music from the Celtic lands, Medieval & Renaissance Europe, India and the Americas on a fantastic array of



instruments (over 30) including Hammered & Mountain Dulcimer, Mandolin, Mandola, Bouzouki, Tinwhistles, Recorders, Medieval and Renaissance Woodwinds, North Indian Sitar, Charango, Bowed Psaltery, Banjo, Bodhran, Guitar, Native American Flutes, Ukulele, Percussion, vocals and even a Krumhorn.

The concert in Coleman Hall is \$10 in advance, plus \$5 the day of the event, and tickets can be purchased at BrownPaperTickets. com or by calling 1.800.838.3006. Tickets can also be bought in person at Gualala Arts Center or the Dolphin Gallery. No host bar, Cabaret seating.

"Eclectic and unpredictable . . . Their repertoire joins together traditional Celtic tunes, Indian ragas and American mountain music into an intoxicating mash. Through their many albums and constant touring, they've become known for thwarting listeners' expectations and finding common ground in genres not often associated with one another." (Connect Savannah) "The delightfully surprising collection of songs and sounds this husband/wife act create, stretch the limits of Celtic and Folk music by stirring in generous amounts of Indian Ragas and Medieval flavorings via some of the tastiest sitar playing this side of Ravi Shankar. " (Valpariso Times) "Their music is a global potpourri." (New Times, Miami) O'Tuama grew up in a family of poets, musicians and writers. He plays Tinwhistles, Medieval & Renaissance woodwinds, Recorders, Doumbek (from Morocco), bowed Psaltery, Spoons and sings both in English, Gaelic & French.

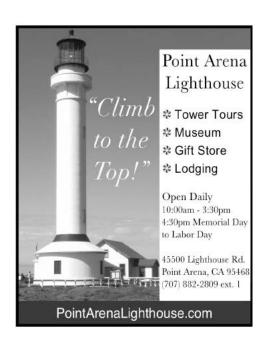
Martin grew up in a family of musicians and dancers. She plays sitar, the Hammered Dulcimer, Mandolin, Mandola, Bouzouki, Banjo, Guitar, Bodhran (Irish frame drum), Charango, bowed Psaltery, Ukelele and sings in English, Irish and Sanskrit.

### Serie de Películas en Español La Delgada Línea Amarilla Domingo el 29 de abril,

La delgada línea amarilla es el viaje de cinco hombres que son contratados para pintar la línea divisoria de una carretera que conecta dos pueblos de México. A bordo de una vieja camioneta, inician el trabajo de más de doscientos kilómetros de asfalto y pintura amarilla que deberán completar en



menos de quince días. Cinco solitarios que, por azares del destino, se unen con el único propósito de ganar unos pesos, pero sin buscarlo, este viaje cambiará su manera de ver y entender la vida. Al finalizar el recorrido, comprenderán que existe una delgada línea entre el bien y el mal; entre la risa y el llanto; entre la vida y la muerte.. Director: Celso R. Garcia. Cast: Damián Alcazar, Joaquín Cosio, Silverio Palacios, Gustavo Sánchez Parra. Mexico 2015. Runtime: 95 minutes. Arena Theater: 214 Main Street, Pt. Arena, CA 95468.



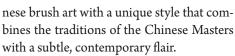
### Andrea Allen and the North Coast Artists' Guild At Gualala Arts • Opening Reception April 6

Opening at Gualala Arts Center in April are two unique exhibits, both influenced by symbols and culture.

An opening reception will be held Friday, April 6, from 5:00pm to 7:00pm, for Andrea Allen and the North Coast Artists' Guild, opening in the Elaine Jacob Foyer and Burnett Gallery, respectively. The reception is free with a no-host bar and appetizers and

visitors are invited to meet the artists.

Allen, who moved to the coast recently and who has exhibited throughout the Bay Area, including the Asian Art Museum in San Francisco, spe cializes in Chi-



Allen utilizes many ancient Chinese techniques such as grinding her own Sumi ink, often mixing it with watercolor, loading the calligraphy brush, and applying it to handmade rice paper, with a minimal number of strokes to complete each painting. She carefully balances the unpainted and painted spaces in each composition, creating a tranquil flow throughout each painting.

"With each ceramic piece, I mix my own colored under glazes and paint on the green ware, using a traditional Chinese calligraphy brush. The piece is then bisque fired to over 1900 degrees. I then paint on three coats of lustrous glaze and fire the piece again to 1900 degrees," she says.

As a child in Michigan, Allen took her first drawing lessons at the age of 4 and was introduced to ceramics by age 10. She studied art at Western Michigan University and has been an established artist ever since. Her work can be seen at Andrea Allen Art.com.

In the Burnett Gallery, NCAG and artists from Coast Highway Collective, Discovery

> Gallery, and Elk Artists' Collecpresent tive, 'Visual Vocabulary: Text in Art & Images in Script." This exhibit challenges print artists to create in a visual realm and visual artists to incorporate text.

"Though im ages, pictures

and art are quite different than text of a natural language, they are not totally different," explains Donnalynn Chase, curator and NCAG president. "Images, pictures and art are created to convey meaning or express a concept, just as language does when written In fact, we often draw diagrams to clarify textual meaning."

She goes on to explain that in ancient times words had magic and power; some words could not be spoken but were represented by a symbol and "it can be argued that a graphic display is fully adequate or superior to a verbal or written."

Both exhibits will remain on display at Gualala Arts through Sunday, April 29.

Scott Mercer Talks Whales And The Whale Census at Pt. Arena Lighthouse Saturday April 21.

On Saturday, April 21, 2018 at 4:00pm Scott Mercer will present "Whale Research and the 2018 Gray Whale Census." The lecture will be presented in the Fog Signal Building at the Point Arena Lighthouse, 45500 Lighthouse Rd. in Point Arena. Admission is \$5 and reservations are recom-

In this presentation Scott will report on whale research projects undertaken by Mendonoma Whale and Seal Study this past year along the Sonoma and Mendocino Coasts. He will present the outcome of their various efforts including the diversity of toothed and baleen whales on this coast, the yearround presence and behavior of gray whales on the local coast, photo identification, and the results of their 2018 gray whale migration census. Additionally, new information from other research groups, on grays and other whale species, will be offered.

Scott has studied marine mammals, especially whales, since 1974. He is a major contributor to the photo identification catalogs of North Atlantic humpback, finback, and right whales. He has done extensive aerial

and shipboard surveys, well as conducted research in the Caribbean throughout

the Western North Atlantic, and the Canadian Maritimes. He has taught marine mammal biology, marine ecology, zoology earth science, and shipboard field classes at the college level. Scott has presented data at major conferences and symposiums. He has published three books including The Great Whale Book and Whalehead Nation In 1978 he founded New England Whale Watch, Inc. to get on the ocean daily for six months, in addition to off-season research. Scott is co-founder of a marine research station in Nova Scotia, Canada. Reservations and information: (707) 882-2809, ext. 1.



# arenatheater.ora **April 2018** Arena Theater Association

Annual Membership Meeting and Board Election Monday April 16 6 p.m.

**Exhibition on Screen** Sunday April 8 1 PM Cézanne

Met Opera Live in HD Saturday April 14 9:30 AM Luisa Miller Saturday April 28 9:55 AM Cendrillon

**Arena Theater Live** Saturday April 14 8:30 PM Strike Iron Saturday April 28 7:30 PM **Talent On The Fringe** 

Spanish Language Film Series Sunday April 29 7 PM La Delgada Línea Amarilla

### Arena Theater Film Club

Mondays 7 PM

April 2 Keep On Keepin' On

April 9 I Confess April 23 42 Grams

214 Main Street Point Arena



Almost Fringe Festival At The Pier Chowder House Sunday, April 29th, 4pm-6pm, \$30 Participation fee incl. Beer, Appetizers & 'Beer Bingo' (must be 21 to participate)

n The Bar: Thirsty Thursday, 6-8pm • Taco Tuesday: 5pm 'til we run out

Reservations or to reserve a spot for April 29: (707) 882-3400 790 PORT ROAD (The Cove) IN POINT ARENA

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Solution to Crossword:





### Gualala Arts Chamber Music presents Sunday, April 15: cellist Boris Andrianov and guitarist Dimitri Illarionov

Gualala Arts Chamber Music Series presents a concert in honor of donors RC and Tina Vasavada. The Vasavadas lived in the area for many years and were very generous and active Gualala Arts members. "We feel privileged to honor the Vasavadas each year with a specially designated Chamber Music concert," said Gualala Arts Executive Direct David "Sus" Susalla.

For the Sunday, April 15 concert at 4:00pm, two outstanding young Russian soloists - cellist Boris Andrianov and guitarist Dimitri Illarionov-combine forces in this rare and wonderful combination of cello and guitar.

Tickets for this concert are \$25 in advance, plus \$5 day of show, and can be purchased at BrownPaperTickets.com or by calling



1-800-838-3006 or in person at Gualala Arts Center or the Dolphin Gallery.

Andrianov, who plays the cello with the ease of a violin, and Illarionov, who does not seem to know any instrumental boundaries, show an unbelievable breadth of musicality. Their duo CD Classical Duo was in the preliminary list of nominations for Grammy Award. The duo has given concerts in Europe, North America, and Asia.

### April Brings Change Maker Workshops New Series Opens April 4 At Coast Community Library

In April, Coast Community Library is offering a series of Be a Change Maker teen workshops led by Ana Mathis. Librarian Julia Larke says, "I'm pleased to welcome Ana as a new part-time Library Assistant at the library. Besides the upcoming Be a Change Maker workshops, she recently set up an interactive Woman's History quiz for the month of March where inspiring quotes are displayed throughout the library and patrons can guess at the author."

The Change Maker workshops' theme is based upon the quote, "Be the change you wish to see in the world" which is a modified version of Mahatma Gandhi's actual words..."If we could change ourselves, the tendencies in the world would also change."..."As a man/woman changes his/her own nature, so does the attitude of the world change towards them. ... We need not wait to see what others do."

Designed for 7th-12th grades, the Change maker workshops offer young people a chance to explore real life issues while creating tangible solutions for change through hands on projects and discussions, and also encouraging random acts of kindness. They are designed to inspire peace, create hope and challenge teens to find their affinity for all people.

The workshops use the Challenge Day program model for youth who desire more connected relationships and want to develop skills to create change. Challenge Day was first held in 1987 in Livermore, CA and since that time the program has taken place in more than 2,200 schools throughout 48 U.S. states, in 10 countries including much of Canada, The Netherlands, Belgium, and several others.

A goal is to provide teens with tools to break down walls of separation and isolation and inspire people to live, study, and work in an environment of acceptance, love, and respect. "What if the solution to the challenges of separation, isolation and loneliness was as simple as taking a couple minutes each day to connect with those people around us?" Stop in or contact the library now to reserve your spot in this dynamic idea.

April 4th: Be The Change: What do we create when we be the change? April 7th: *TBD* 

April 18th: Mind Body Soul: Stress Awareness

April 21st: Create the Change: Reuse—Recycle Earth Day Challenge

### Are You Ready For The 15th?

We wanted to make certain we got your attention. None of us really look forward to April 15, but this year the Peddler is excited about the 15th. That's when we launch our new website. Why did we choose the 15th? I don't know about you



than, well, you know, do I really have to say it? So whether you're on your way to the post office, or just returning from the post office or still procrastinating, take a moment and check out our new site. More on this in next month's issue of the Light-

but we wanted to focus on something other house Peddler.

### www.thelighthousepeddler.com



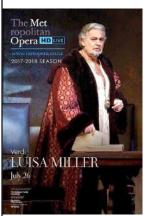
### Two Operas From The MET Completes The Season Arena Theater Presents "Luisa Miller" (14th) and "Cendrillon" (28th)

A treat for opera lovers in April. This month Arena Theater will present the final two Met Opera Live in HD performances of the 2017-2018 opera season.

Saturday, April 14, 9:30am *Luisa Miller* comes to the screen. Plácido Domingo adds

yet another role to his legendary Met career in this rarely performed Verdi gem, a heart-wrenching tragedy of fatherly love. Sonya Yoncheva sings the title role opposite Piotr Beczała in the first Met performances of the opera in more than ten years. Bertrand de Billy conducts.

Luisa Miller represents a transitional moment in Giuseppe Verdi's unparalleled career. While reminiscent of the youthful vitality that had made



Verdi an international sensation, the opera also looks forward to the dramaturgical discipline and sophistication of the composer's middle period. The story centers on the bond between a father and his

daughter as they stand together against a hostile world, and much of the dramatic and psychological acumen that would define the mature Verdi is already fully apparent in this earlier work. It is an opera very much like its title character—one that impresses with genuine virtues rather than superficial flashiness

As the opera represents a pivotal moment in Verdi's career, so the score itself has aspects of both the rough vitality of his early works and the refinement of his middle career. Passionate melody is on full display throughout the score, nowhere more than in the tenor's ravishing Act II aria "Quando le sere al placido." The rare duet for two basses in Act II reflects the preponderance of lower voices found throughout the score, and it is against these dark sounds that the high



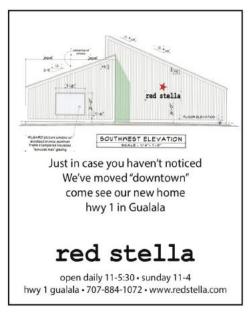
tessitura of Luisa's soprano takes on an additional feel of lightness and purity. Her impassioned "Tu puniscimi, O Signore," filled with pianissimo high Cs, is a choice example of her music expressing the luminescence of her character.

Runtime is 218 minutes; 2 intermissions.

The second offering is **Cendrillon**, playing Saturday, April 28, 9:55am. "Glorious," raved the New York Times when Joyce Di-Donato sang the title role of **Cendrillon** at the Royal Opera in 2011. "Her performance was thoroughly enchanting." Now, for the first time ever, Massenet's sumptuous take on the Cinderella story comes to the Met, with DiDonato starring in the title role. She is paired with mezzo-soprano Alice Coote in the trouser role of Prince Charming, Kathleen Kim as the Fairy Godmother, and Stephanie Blythe as the imperious Madame de la Haltière. Bertrand de Billy conducts Laurent Pelly's imaginative storybook production. The Runtime is 167 minutes, with 1 intermission.

For all operas: \$24 general, \$22 senior, \$18 youth (18 and under) available in advance online and at the box office the day of the opera





### The Point Arena Lighthouse Shines in April With Something For Everyone

The Point Arena Lighthouse is pleased to participate in the 2018 Almost Fringe Festival, sponsored by Visit Mendocino. A month-long festival celebrating all the creative happenings countywide, the focus of the Festival will turn to Point Arena on April 27 – 29. The Lighthouse will be offering five great events in support of the Almost Fringe Festival, and we invite you to attend them

An early start to the Festival will be the Wind & Whale Celebration on Saturday, April 21 from 10:00am to 3:00pm. See the full article about this celebration on page 11.

On Saturday, April 28 the Lighthouse will present noted Kashaya Pomo artist Eric Wilder's Pop-up Gallery in the Fog Signal Building from 10:00am to 4:00pm. He will display his original art, greeting cards, clocks and other unique and unusual items. A master storyteller, Eric will also regale visitors with Pomo legends. At 11:00am he will tell the story "The Creation of the Ocean." At 2:00pm it will be "How the Sun Came Out."

Also on Saturday, April 28 poet Sal Martinez will present "In a Different Mirror." The Point Arena Lighthouse is thrilled to pres-

ent the poetry of Sal Martinez, who will give readings of his poetry at 12:00pm and 3:00pm. Sal is a proud citizen and Tribal Council Secretary of the Manchester Band of Pomo Indians of the Manchester/Point



Arena Rancheria. He has work published in two (In)Visible Project anthologies sponsored by Memoir Magazine, and has work published online (free to view) at Misfit Magazine. He also has work published in an anthology called Red Indian Road West, sponsored by Scarlett Tanager Books. He currently works as a Security Guard at the Garcia River Casino and resides in Pt. Arena, CA with his wife and family. Sal's poetry books will be available for purchase during the event, and he will be available to talk to between his readings.

Admission to the art exhibit, storytelling and poetry readings is free. Discounted Tower Tours are \$5.

Closing out the Lighthouse's Almost Fringe events will be the (almost) Full Pink Moon Night Tour on Saturday, April 28 and Full Pink Moon Night Tour on Sunday, April 29. See the full article about these tours on page 16.



### Gualala Arts

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Sat 4/7

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5-7 pm

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### Sat 4/7

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Light buffet at 6 pm, \$35

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and Yami Schwartz, 16, Festival Youth Discovery

Sat 4/14 Chowder & Jazz

15th Annual Chowder Challenge

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11:30 am-2:30 pm Tickets, \$25, plus \$5 day of Music only FREE!

Fri 4/27

Four Shillings Short \$10 in advance, plus \$5 day of

\$10 in advance, plus \$5 day of No host bar, Cabaret seating 7 pm

Purchase advance tickets at BrownPaperTickets.com, 1.800.838.3006 or at Gualala Arts Center or Dolphin Gallery VISIT GUALALAARTS.ORG FOR DETAILS

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### The Mendocino County Almost Fringe Festival April 27, 28, and 29 in Point Arena by Gillian Nye

The Point Arena Merchants Association brings Mendocino County's Almost Fringe Festival to town for the second annual weekend event. Activities and events for all ages will be held in and around Point Arena April 27, 28, 29. The Fringe Fest is a take on the International Fringe Festival, a celebration of diversity and creativity in art of all forms.

- Coast Community Library will kick off the weekend with a Chalk the Walk event from 11:00am-5:00pm. Sets of chalk will be available at the library for artists of all ages to decorate the sidewalks of town! Friends of the Coast Community Library will assign sidewalk areas for chalking and organize the judging of designs. All participants in this free event will receive prizes, so bring the family and friends down to help beautify the city!
- Coast Highway Artists Collective will feature member artists' interpretations of what is on the fringe, as well as guest artists Karen Shapiro, Laurie MacAdams, Jane Reichhold, Carol Frechette and Doric Jemison Ball. The gallery, at 284 Main Street, will be open Friday, Saturday and Sunday from 11:00am-7:00pm. Friday evening will feature the Highwaymen with guest floutist Leslie Dahlhoff from 5:00pm to 7:00pm. Saturday afternoon will feature Barbara Johannes playing the accordion and Saturday evening from 5:00pm-7:00pm will be the joyous tunes of Black Sugar Rose, featuring Todd Orenick and Charlene Rowland. Wine, drinks and hors d'oeuvres will be available on both evenings. (Full story on page 19.)
- On Friday evening from 8:00pm-10:00pm you will find singer/songwriter Marcos Pereda at 215 Main. Marcos is a prize winning Cuban artist with a diverse performance background, including a recent recording with Mendocino County guitar legend Alex de Grassi. Enjoy one of 215's famous panini sandwiches and a glass of wine or local beer while you enjoy "Canciones del Espíritu," Songs from the Spirit.
- Roots Herbal Apothecary will celebrate local art and creativity throughout the weekend by offering a 15% discount on hand crafted items. Stop in for a discount on handmade soaps, candles, cards, jewelry and knit items, as well as their entire line of organic, medicinal tea blends and body products. Many Main Street merchants will be open, look for pop up savings and interesting items during this fun weekend!
- Saturday is an exciting day in and beyond the city limits! There will be a Pop-Up Gallery & Live Music throughout the town from 11:00am-4:00pm. Vendors at the Gallery & Market include Kersten Tanner (Jewelry

& Clothing), August Valentine Sustainable Luxury Clothing & Goods by Charlie B., Oz Farm Stand, Jo Athey with Athey's Great Bowls of Fun, Allen and Astrid with their Waffles & Baked Goods Farm Stand, Rebecca Barnes (Jewelry), Justin York (pottery) and Emilie Alsager with Madrona Leather goods.

• You will want to plan to eat lunch in town - Ana Mathis of Ono Pono will be selling plant based lunches and the AMS 7th grade class will be vending fish tacos. The Hot Dog cart



will be in town, and Bob's Smoked Chicken Lunch will be at 215 Main. Pazzo Marco Gelato will be set up, along with Café Selkie for your sweet tooth! Stop by Franny's Cup & Saucer and the Arena Market and Café for Fringe Fest specials!

- Head out to the Point Arena Lighthouse for more festivities! From 10:00am-3:30pm the unique art of local Kashaya Pomo artist Eric Wilder will be on display and available for sale. Eric will be telling stories during the day; at 11:00am will be "The Creation of the Ocean" and at 2:00pm he will tell "How the Sun Came Out." The Lighthouse is also hosting local poet Sal Martinez. Sal is a member of the Manchester band of Pomo Indians and has been published in Memoir Magazine, Misfit Magazine and Red Indian Road West Anthology. He will be reading at noon and 3:00pm.
- Back in downtown Point Arena, the music never stops! At Centennial Plaza, enjoy local Tango dancers from 12:30 -2:00pm followed by the music of Black Sugar Rose from 2:00-3:00pm. Look for local legend Van Sickle and his accordion on the street corners, and many TBA guest musicians throughout the day!
- Drop by the Zen House for the "Art of Motorcycle Maintenance" to view rare, historic and collectible motorcycles from 2-4, and enjoy storewide discounts and complimentary delectable edibles!
- The local African hoof stock will host

Wine Hour with the Giraffes at 1:30pm and 3:00pm. Enjoy a glass of wine in the B. Bryan Preserve Giraffe House and have the multitalented Rothschild Giraffe custom paint a pair of wine glasses for you! Learn fun facts about these amazing endangered creatures from the keeper, along with some training tips! Cost is \$65 (must be 21). Register @ www.bbryanpreserve.com.

- Saturday night Arena Theater will roll out the red carpet at 7:30pm for Talent on the Fringe, showcasing the creative spirit of our coastal community! Fun for the whole family with performers of all ages! There is still time to sign up (required), call 882-3272. The show is \$20 per person and will benefit the Arena Theater.
- At 8:00pm the Lighthouse is back in the spotlight for the (almost) Full Pink Moon Night Tour. Climb to the top of the tallest lighthouse on the West Coast, illuminated by the (almost) full moon. Cost is \$30 each, \$50 for two.
- 215 Main will feature the art of local talent Lena Bullamore along with Latin, Brazilian and Cuban tunes from DJ Jose Ruiz at 8:00pm. As always, the sandwich menu and extensive wine and beer list will be available. No cover.
- The adventures continue on Sunday beginning at 1pm with the All About Nettles workshop. Join local herbalist Gillian Nye and farm educator Jennifer Ketring for an afternoon exploring the wonderful world of nettles!! Begin by wildcrafting along the coast and then head to the farm for an indepth look at this herb and it's many benefits and uses, along with lots of tastings and recipe sharing. The wood fired oven will be in action for some delicious nettle pesto pizzetas. Participants will take their nettles home, as well as products crafted during the day. Limited space available. 1:00pm-4:30pm/ \$45per person. More info and registration @ www.windyhollowfarm.com.
- From 2:00pm-3:00pm, Visit Oz Farm for their annual Almost Fringe Tour. This working farm is in a quiet, private valley along the Garcia River. Enjoy a day in the life of Oz with a walk through the organic agricultural fields, forest to the river. The free tour will last about an hour. Please arrive on time, bring a water bottle and durable walking shoes.
- Topping off the weekend will be Beer Bingo at the Pier Chowder House & Tap Room. Cost is \$30 per person (must be 21) and includes beer, appetizers and of course, Beer Bingo!

Visit the Point Arena Merchants Association website www.pointarena.net for up to date information. See you in Point Arena!!

### The Elusive Mountain Beaver Learn More Sunday April 22 At Coast Community Library

Another opportunity to learn in the friendly environment of the Coast Community Library, 225 Main Street, Pt. Arena, Sunday April 22 at 2:00pm.

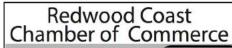
The Point Arena mountain beaver, Aplodontia rufa nigra, is a federally endangered subspecies only found in Point Arena and



surrounding areas. These secretive creatures have survived for millions of years, but they now face new threats to their survival. For her graduate work on Wildlife and Climate Change at Humboldt State University, Jennie Jones Scherbinski, studies mountain beavers and their habitat and she will talk about our local subspecies and discuss her research into a new approach for recovery and ways you can help.

Come celebrate Earth Day by learning about one of your wild neighbors. All are welcome. Free. For more information, call the library at 882-3114.





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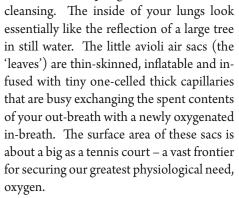
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### Words on Wellness by Karin Uphoff

Zowie! Here comes that enlivening coastal spring wind - some days frigid and others warm - the gift of the season. April is a time of aspiration – both definitions ap-

ply: to draw a breath and the hope or ambition of achieving something. You can stand on the edge of the headlands watching whale trails, while taking deep breaths to clear out your lungs in an act of spring



Standing by the sea we are literally exchanging air with the greatest forest of oxygen on the planet - sea vegetation in the form of phyto-plankton, algae and kelp. We breathe back to them carbon dioxide and waste from the body. Our out-breath releases what our blood is holding in evaporative chemical load: drug residue, smoke particles, alcohol, toxic gases from petroleum products and the like. The deeper the breath of fresh air, the more we detox while also nourishing our tissues with the energy they

> crave. On the coast, we receive so much more than oxygen in the form of sea mist suspended in the air each breath is a dose of essential minerals and microscopic chlorophyll from salts and seaweeds that goes di-

rectly into our bloodstream.

As you gaze out into the blue beyond and are sung to by the chorus of crashing waves it is also a chance to connect with your deepest intentions and the aspirations that evolve from them. Nature begins in spring again and so do we with projects for our communities, travel, studies and joys that enrich our spirits. We can support those aspirations by visualizing the release of old stale energies while exhaling and the infusion of fresh energies and new possibilities on the inhale. May the aspirations of April add vibrancy to

Karin Uphoff is a Master Herbalist and Iridologist, Massage Therapist, energy healer, Reiki practitioner and Yoga Instructor, and co-founder of Mind Body Medicine for Health, Education & Wellness in Mendocino, California. *Karin's website is http://rainbowconnection.net.* 

### Readily Identified American Robin

The American Robin must be the first bird most people identify, Robin Redbreast with its gray back and the male's darker cap. Their song takes me back to childhood reminding me of warm spring nights. Their Latin name is one of the few

I remember, Turmigratorius. What birders call "the Turd Bird". Migratorius is fitting as we see the large flocks on our lawns. Robins cock their head to look

for the worm not listen. They also feed on insects, fruits, and berries. They were eaten themselves by people in the 1800's. Their numbers have increased as trees and lawns have expanded across the country. In spring, the large flocks break up and the

males fight with each other, and their own reflections in windows and the shiny parts of automobiles.

The nest is an unkempt base of twigs and grass and the inside cup is lined with mud and fine grass that holds the baby-blue

> eggs. They usually have two broods a season. The male feeds the fledglings of the first brood while the female incubates the second clutch.

> > Robins served as

Rachel Carson's canaries in her book Silent Spring, which made the connection between DDT and the death of our songbirds. Now they serve as the reminder of another of nature's great comebacks.

Our thanks to the Mendocino Coast Audubon Society for contributing this article. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org. • Photo credit: Barbara Fleming

# Animal Care & Welfare

By Cathy Riehm

The flu has recently caused many people to be sick, and even die. Animals can get the flu, too. There were several cases of dog flu reported in the Bay Area just in the last few months. We know that humans can get the flu from other humans and dogs can get the flu from other dogs. Viruses, as well as

bacteria, fungi and parasites are all zoonotic. A zoonotic disease is one that can be transmitted from animals to humansan example is the H1N1 swine flu influenza virus. Can we catch the flu from our pets and could we give our pets the flu? The general consensus is that while we can both catch a cold, the viruses that cause these colds are different.

Influenza A, a contagious viral disease, can affect our animals, too.

Canine influenza (CIV H3N2 and H3N8), or dog flu, and equine influenza A (H3N8), or horse flu, are two viruses that affect the respiratory system. The symptoms include a persistent cough, sneezing, a runny nose, dehydration, fever, loss of appetite and loss of energy. The fatality rate is low in canine and equine influenza cases- typically only if the virus is allowed to develop into pneumonia is there a risk of death.

And what about kitties? Cats can get the flu, too. The two cat flu viruses are Feline Viral Rhinotracheitis (FVR) and Feline Calicivirus (FCV). This is what the FVRCP vaccine prevents. Equine influenza vaccines have been available for some time, but it is only recently that a canine influenza vac-

cine has been developed.

Influenza is spread by coming into contact with infected animals, like dogs sniffing noses. It is delivered by airborne mechanisms, like coughing and sneezing, and can also be transmitted by coming into contact with contaminated items, like food bowls or toys. Dr. Barbara Weiss, at Village Veterinary in Mendocino, says that dogs who travel, go to dog parks and attend dog shows and competi-

tions should be vaccinated".

Could the canine flu travel up the coast to us? PetCare in Santa Rosa reports that they have not had any recent canine influenza cases. Keep things clean, especially when handling many different dogs, and be sure to provide the healthiest lifestyle possible for your pet to ensure a strong immune system that is able to fight off the flu.



"Cats are smarter than dogs. You can't get eight cats to pull a sled through

Jeff Valdez.



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### Jake, Monty, and Clark: Cookin', Confessin', and Playin' Three Films From Arena Theater Film Club In April

I must admit, I can acknowedge my passion for food and music. On the other hand, as one who grew up Lutheran, going to confession was for my Roman Catholic friends. Nevertheless, regardless of your boyhood (or girlhood) passions, all three films in April will certainly whet your appetite in different ways.

First up is *Keep On Keepin' On*. It's a film I wanted to see if only to revisit some time with Quincy Jones, an amazing man of music for whom I did some legwork in the 1970s. The film, however, is really about music across generations. *Keep On Keepin' On* 



(2014) depicts the friendship of music legend and teacher Clark Terry, 89 and Justin Kauflin, 23-year-old, piano blind prodigy. Kauflin, who suffers from debilitating stage fright, is invited to compete in an

elite Jazz competition, just as Terry's health takes a turn for the worse. As the clock ticks, we see two friends confront the toughest challenges of their lives.

Terry was also Quincy Jones' first teacher, and mentor to Miles Davis. He is among the few performers ever to have played in both Count Basie's and Duke Ellington's bands. In the '60s Terry broke the color barrier as the first African-American staff musician at NBC – on "The Tonight Show."

Shot over the course of five years, *Keep On Keepin' On* is crafted with great affection by first time filmmaker Al Hicks, who is a drummer and former student of Terry's.

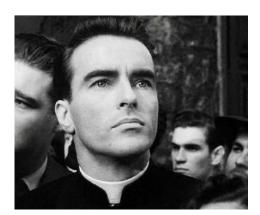
Paula DuPre' Pesmen (behind the Acad-

emy Award winning *The Cove* and the Oscar nominated *Chasing Ice*) produced the film with seven time Academy Award nominee Quincy Jones, who also counts Terry as his mentor. The film screens Monday, April 2, 7:00pm. It's directed by Alan Hicks, and is rated R. It has a runtime of 86 minutes.

One week later, the Film Club clearly shifts gears. with *I Confess* (1953). Based on the

turn-of-the-century play **Our Two Consciences** by Paul Anthelme, this Alfred Hitchcock film is set in Quebec. Clift plays a priest who hears the murder confession of church sexton O.E. Hasse. Bound by the laws of the Confessional, Clift is unable to turn Hasse over to the police. "A forgotten albeit flawed masterpiece, this thriller about a priest accused of murder — bound to keep secret the confession made to him by the real killer

smoulders gloriously." –Philip Olterman,
 The Guardian. Ignore the real or perceived



flaws. Any chance to see Hitchcock and Clift on the big screen is an opportunity to be siezed. *I Confess screens* Monday, April 9, 7:00pm.

The film is rated PG-13 and has a runtime: of 116 minutes. In addition to Clift, the cast includes Anne Baxter, Karl Malden, Brian Aherne, and O.E. Hasse.

There's an old joke: "Want to make one million dollars? Invest two million in a restaurant." The point is that it takes an amazing amount of work to create a successful eatery, and there are no guarantees.

**42** Grams – An intimate portrait of a complicated Chef (2017) is the third film this month. After working at some of the world's best restaurants, Chicago chef Jake



Bickelhaupt's aggressive personality kept him from finding a kitchen to call home. A chef without a restaurant, Jake began cooking fifteen-course menus out of his apartment. Alongside his dedicated wife Alexa, their "underground" restaurant becomes a foodie hot spot. The experience is unique: they present refined flavors while dirty dishes soak in their bedroom. A year later, they take out a lease on an abandoned chicken joint to open a real restaurant, 42 Grams. The film follows them developing menus, hiring and firing staff, shows Jake's temper, the strains on their marriage, and what they risk in their pursuit of the American Dream. 42 Grams - An intimate portrait of a complicated Chef was directed by Jack C. Newell, is not rated, and has a running time of 72 minutes. A Skype audience Q&A with filmmaker follows screening. The film screens on Monday, April 23 at 7:00pm.

Arena Theater is at 214 Main Street (Highway One) in Point Arena.

Calling Poets of All Ages • Stand Up And Be Heard At Coast Community Library April 28





In conjunction with the Point Arena "Almost Fringe Festival" and borrowing a longstanding tradition from London's Hyde Park Speaker's Corner, Third Thursday Poetry & the Coast Community Library are hosting a Soap Box Poetry Reading in front of the Coast Community Library from 1:00pm to 3:00pm on Saturday, April 28. No sign ups necessary. Bring poems, and a milk crate (we will have extras). For more information or to reserve a soapbox, contact blake at blake@snakelyone.com.

# Exhibition on Screen Returns **Cézanne – Portraits of a Life**Sunday April 8 • Arena Theater

From multi award-winning director Phil Grabsky, a major new film re-examining the life of one of the greatest artists to have ever lived. Based heavily on his extensive correspondence plus interviews with curators, experts and the artist's own great-grandson, and filmed on location in London, Paris, Washington D.C. and Provence.

Described by Picasso and Matisse as "the father of us all" Cézanne is considered one of the greatest artists of all time. Despite this, Cézanne remains somewhat unknown, somewhat misun- derstood. Until now: this major new documentary film, Cézanne - Portraits of a Life, reveals the true man.

Produced by EXHIBITION ON SCREEN, the film series dedicated to bring-

ing world class art and artists to cinemas world-wide, *Cézanne - Portraits of a Life* is based on an exhibition of Cézanne portraits at the National Portrait



Gallery, London, Musee d'Orsay, Paris, and National Gallery of Art, Washington D.C.

Over his life Cézanne painted almost 1000 paintings, 200 of which were portraits. The exhibition, billed by art critics as 'once in a lifetime', brings together - for the first time since Cézanne's death - fifty of these portraits from private and public collections all around the world.

These portraits provide the backbone to the moving new cinematic film. The film, shot in 4k, also travels to Cézanne's home and studio in Provence and by including correspondence from the artist, it successfully sheds new light on the life and work of this hugely influential artist.

Show at 1:00pm, doors 12:30pm. Tickets: \$15 at the door or online at www.arenatheater.org

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Solution to Sudoku:

### Peter Dobbins, Photography and Debra Haber, Ceramics Dolphin Gallery Exhibit • Opening Reception April 7

A man of many and diverse talents, Point Arena resident Peter Dobbins has taken photographs for the Navy, built his own home, served as Publicity Manager of the Friends of the Garcia River, published The Lighthouse Peddler, operated a picture framing business, headed up his own advertising photo studio in Los Angeles—and, of course, practiced photography.

Dobbins will exhibit through April 29 at the Dolphin Gallery in Gualala with ceramicist Debra Haber. The opening reception for these exceptional artists will be Saturday, April 7, from 5:00pm to 7:00pm at the Dolphin and is free to the public. A no-host bar and appetizers will be served and the public is invited to meet the artists.

While the subjects Dobbins treats are very diverse, viewers will recognize certain themes, such as an intense engagement with light and dark. When an art instructor told him and classmates that "light is law," Dobbins took the statement to heart: "I am still intrigued," he says, "by darkness. Light is



Law, but its interplay with its opposite, dark, is where I find many of my subjects." Another theme running through much of Dobbins's work is what he describes as "solitude . . . perhaps loneliness" that comes from dis-



coveries made through "unguided meditation on Zen stories and haiku."

Dobbins images are grounded in the material here and now of what he is

seeing around him in western Mendocino County. As he puts it, "a worthy photographer should be able to look around in one place and find a worthwhile image... I never walk down Main Street Point Arena, four blocks down and back, something I've done a thousand times, without seeing pictures." Dobbins work can be viewed aat peterdobbins.com.

Locals may recognize Haber's work from

her 2017 Dolphin show or other venues in northern California. A founding member of the Mendocino Inland Ceramic Artist Guild, Haber has worked hard to create and sustain a group of talented, knowledgeable, and generous artists. She stresses the life-long learning that accompanies a commitment to art: "There is so much more to learn and explore in the field of ceramics. I value the newfound skills and the challenge of working with a de-



manding substance to make beautiful objects that will enhance the lives of other peo-

ple." As her words suggest, Haber's ceramic art is often functional, allowing her to feel a connection to the ultimate user of her work: "I have always felt that my work is not completed until it is in use in the home," she says.

An illness in midlife led to Haber's decision to "act on the longing for a more artistically inspired life" and to move from urban

San Francisco to the rural beauty of inland Mendocino County and to dedicate herself to "the engrossing discipline of clay."



She draws inspiration from the mountains and the lush natural surroundings she can see from her studio. Haber earned a Master's Ceramic Technician Certificate from Mendocino College. In addition she has participated in art retreats throughout the county, where she has had an opportunity to learn from renowned ceramic artists. To preview Haber's work visit micaguild.org/debra-haber.html.

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### Wind & Whale Celebration Saturday, April 21 Skies Above Pt. Arena Lighthouse To Be Filled With Color!

The Point Arena Lighthouse Wind & Whale Celebration returns to the coast on Saturday, April 21! Come watch the charming gray whale mothers and calves swim by the point, so close you can sometimes hear them breathe. Turn around and look up at the amazing kites that will fill the sky above the Lighthouse grounds.



We welcome back both our migrating gray whales and the always entertaining Berkeley Kite Wranglers to celebrate the Spring breezes and our favorite marine mammals. Visit our Whale Watch Room and

enjoy the interactive touchscreen kiosk

showcasing the marine mammals and other residents in the ocean that surrounds the Lighthouse.

The Lighthouse will be selling its famous

homemade Light Keeper's Strawberry Shortcake and Lighthouse Browniest! Other activities and attractions may be added to this great Spring celebration, visit this page regularly for updates.



For more information

call (707) 882-2809 ext. 1 or email Info. PALight@gmail.com

### Gualala Arts Young Artists Scholarship Apply Now. Applications Close April 9

Graduating seniors who live between Fort Ross to the south and Elk to the north are eligible for the Gualala Arts Young Artists Scholarship; the deadline for submissions is Monday, April 9.

Interested students can download an application at GualalaArts.org/scholarships or stop by the Arts Center and pick up a form.

Students active in and committed to continue their studies and pursue a career in art are encouraged to apply. Art is broadly defined to include painting, drawing, sculpture, music, ceramics, jewelry, drama, dance, writing, film, photography, computer art and other appropriate fields.

Gualala Arts Young Artists Scholarships

are for two out of three consecutive academic terms, commencing with the term following graduation, payable in two equal payments upon submission to Gualala Arts by the scholarship recipient of evidence of registration and enrollment in classes, courses, or programs in the recipient's field, or fields of art. Complete details are avalable at gualalaarts.org in the "About Us" menu.

Complete and submit your written application to: Gualala Arts Young Artists Annual Scholarship Committee, c/o David "Sus" Susalla, Exec. Director, Gualala Arts, P.O. Box 244, Gualala, CA 95445.

The deadline Monday, April 9, 2018.



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### Media's Absentee Landlords by David Steffen

Most people of a certain age can probably recall their discovery of the first local newspaper carrying their favorite comics. It almost doesn't matter what those comics were, as there was something for everyone. I never read Prince Valiant. Too cheesy. I did read Blondie but felt it hit a little too close to home. Beetle Bailey. Fun. Peanuts? My

'peeps'. Li'l Abner? Could have been one or two of my neighbors. Hi and Lois? Too vanilla. I'd follow some or all of these in glorious black and white during the week, and on Sunday, magically, we found that they had all erupted into living color. We were too young to understand that the comics had two reasons for existing. First they were entertaining. Second, they trained children (future subscribers) to get into the habit of reading the daily newspaper.

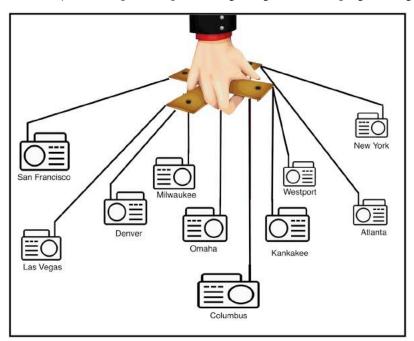
Growing up in Milwaukee we had two choices. There was the morning Milwaukee Sentinel and the evening Milwau-

kee Journal. I was one of those "paper boys" who got up early in the morning, picked up my bundles of Sentinels and delivered them to homes along my streets on the south side of Milwaukee. I earned more money than my days of setting pins at the local bowling alley, but after a year or so decided the little bit of income it provided wasn't worth the effort. Besides, I was part of a 4-piece band which gave me more spending money than the paper so, hey, why not stay with rock 'n roll.

The Milwaukee Sentinel had long been a money-loser for William Randolph Hearst's empire. Matthew J. Prigge wrote in the March 2016 Shepherd Express "Hearst hung on to the Sentinel, losing money every year, until his death in 1951. Hearst Publishing continued ownership until a strike in 1962 shut the paper down for six weeks. With Hearst Publishing prepared to fold the paper altogether, the Journal Company stepped in at the last moment and—feeling that Milwaukee needed more than one voice in its daily news—offered \$3 million for the sheet." For the next 30 years the papers continued to be published as separate entities, only to be merged into a single paper—the Journal-Sentinel—in 1994. Milwaukee wasn't the only city to become a one-newspaper town. As the century turned, cities all over the country saw their two-newspaper towns become one newspaper towns, and many smaller cities and towns watched as their local papers shrunk, merged, or closed

down altogether. Print media was becoming increasingly concentrated in the hands of fewer and fewer publishers.

Radio and television suffered a different fate. The Federal Communications Commission has long been the radio and TV regulatory arm of the federal government. For most of the post-war period (beginning in 1953),



companies were allowed to own no more than one AM, one FM, and one TV station in any one media market. Furthermore, they were limited to a maximum of seven of each nationwide. Period. The original 7-station limit was to prevent any one company from having undue influence over the American public by dominating the media, locally, regionally, or nationally. During the 1980s this restriction was seen as "heavy handed". Under the Reagan administration the FCC saw fit to allow companies to own as many as 12 AM, 12 FM, and 12 TV stations. Got the math: companies could now control 36 broadcast outlets nationally. With a straight face and a nod to George Orwell, in 1984 the government told us that fewer companies owning more stations would "encourage media competition". The FCC concluded that the concentration of media in fewer hands posed "no threat to the diversity of independent viewpoints in the information and entertainment markets." The new rule included another trigger. In 1990 the FCC would further relax the broadcast ownership by any one company to, well, unlimited. A little more than a decade later alarm bells began going off. According to **Deadline Hollywood**, by spring 2007, "91% of the total weekday talk radio programming was conservative, and only 9% was progressive. . . ." And those numbers are more than a decade old.

Obviously media consolidation has done nothing for diversity. iHeart Media now owns 845 stations in the United States. Cumulus Media owns 500 stations. Other companies like Entercom, Cox, Clear Channel, and CBS, are approaching another 1000 stations in total. Both iHeart and Cumulus are operating in bankruptcy, and bankruptcy means there will be little interest in balanced programming or local concerns, and more

> interest in cutting costs. As management focuses on "efficiencies", many of these corporate-owned radio stations will have little or no staff in the cities and towns they serve, enabling them to save money by doing away with local hosts, local news, and local weather. The "local" newscast you hear in Topeka might be coming from a voice in Chicago. And that's on top of corporate ownership that caters to the expansion of a conservative audience mind-set. Then there's Sinclair, the conservative broadcast business which is expanding (perhaps

soon to own 200 television stations) and vying with Fox to become a kingmaker in American politics by shaping and supporting conservative opinions in the vast majority of American media markets.

This is not meant to be a sentimental look at 'the good old days', or an exercise in hammering large corporations. It is rather a recognition that as technology continues to evolve we need to hold precious those things that we've come to appreciate including the importance of local radio stations, newspapers and magazines, with local information, prepared by local people. The adage to "Think Globally, Act Locally" has never been more appropriate.

"The illegal we do immediately. The unconstitutional takes a little longer."

Henry Kissinger (1923 - )





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### Declare Your Independence! Visit The Four-Eyed Frog. Saturday, April 28 is National Independent Bookstore Day

Independent Bookstore Day is Saturday April 28th and the Frog invites their entire community to come celebrate with them.

Why celebrate independent bookstores? Independent bookstores are not just stores, they're community centers and local anchors run by passionate readers. They are entire universes of ideas that contain the possibility of real serendipity. They are lively performance spaces and quiet places where aimless perusal is a day well spent.

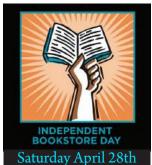
In a world of tweets and algorithms and pageless digital downloads, bookstores are not a dying anachronism. They are living,

breathing organisms that continue to grow and expand. And they are at your service.

Ann Patchett, bestselling author and co-

owner of Parnassus Books says "Consumers control the marketplace by deciding where to spend their money. If what a bookstore offers matters to you, then shop at a bookstore. If you feel that the experience of reading a book is valuable, then read the book. This is how we change the world: we grab

hold of it. We change ourselves." Change the world. Support your local Community Bookstore and get 'a good read' in the process.



### 15th Annual Chowder Challenge – Chowder & Jazz At Gualala Arts • Saturday April 15

There is always more room for tasty new recipes at the Gualala Arts Chowder & Jazz Chowder Challenge, now in its 15th year of fun and happening Saturday, April 15, 11:30am to 2:30pm at the Arts Center.

Download your application at GualalaArts.org under the Whale and Jazz Festival tab or stop by the Arts Center. Professional and amateurs are invited to the challenge which includes two categories: a Tradition-

al New England and Open Class.

For those more interested in tasting than cooking, tickets can be purchased at BrownPaperTickets.com or by calling 1.800.838.3006. \$25 buys 15 tasting tickets and a commemorative wine glass. Tickets can also be purchased at Gualala Arts Center or the Dolphin Gallery in person.

Last year's winner was Cape Fear Café of Duncans Mills and they are coming back to defend their title and try to take home the giant trophy for a second year. Other participants and sponsors include Anchor Bay Store, Anchor Bay Thai Kitchen, Black Oak Catering, MendoVine, Pier Chowder House & Tap Room, Ranch Café, Surf Market, Tuesday Guys, and Vue. The Lagunitas

> Brewing Co. and North Coast Brewing Co. are also sponsoring the event.

A highlight of the Chowder Challenge is always the jazz music by Barnebey's Hot Four out of Sonoma County. Returning to the

Gualala Arts Center for the tenth straight year, the repertoire for the afternoon will include old favorites, the resurrection of some obscure musical gems from the golden age of jazz, and probably a few surprises for musicians and listeners alike, all in the tradition of the Big Easy. Those wanting to work off their chowder tasting with dancing will find themselves toe-tapping and boot-stomping as the infectious beats of New Orleans pushes them towards the dance floor!

### Almost Fringe Fest At Coast Highway Art Collective: April 27-29 By Rozann Grunig

The unusual, the bizarre, just a bit whacky, maybe even shocking—that's what the Almost Fringe Festival is all about. Join the members of the Coast Highway Art Collective for a celebratory weekend of this fun and free-form event on Friday, April 27 and Saturday, April 28 in Point Arena. The Collective is hosting two nights of music, food, special guest artists and new works by its members.

Loosely based on the International fringe art movement, Mendocino County celebrates this as a month-long festival at several venues to celebrate all of the creative happenings countywide, from traditional to cutting edge, and artsy to agrarian.

The original Fringe Festival, held annually in Edinburgh, Scotland, is the largest art festival in the world, spanning 25 days. It includes theatre, comedy, dance, physical theatre, circus, cabaret, children's shows, musicals, opera, music, spoken word, exhibitions and events.

Locally, this idea was created by the Mendocino Council for the Arts and is being promoted county wide by Visit Mendocino. The goal of the festival's planning group is to have a culturally diverse festival that reflects the complexity of our amazing community. In addition to encouraging all local merchants and restaurants to participate, plans include creating a fun and engaging festival street scene, with street performers, musicians, food vendors, vendors,

dancers and performance art.

The Coast Highway Art Collective is joining into the festivities with guest artists Karen Shapiro, ceramics, Laurie Mac-Adams, jewelry, Jane Reichhold, ceramics; Carol Frechette, leather and Doric Jemison Ball, ceramics. Collective members will also have new and interesting pieces on exhibit in the spirit of the festival theme.

On Friday, April 27, entertainment by the Highwaymen with guest flute, Leslie Dahlhoff will be at the gallery from 5:00pm to 7:00pm. The following evening, Saturday, April 28, Barbara Johannes will be playing the accordion in the afternoon and Amy MacFarland from Renegade Botanicals will be available tao demonstrate her natural beauty products. That evening, from 5:00pm to 7:00pm, Black Sugar Rose, featuring Todd Orenick and Charlene Rowland, will entertain guests. Wine, drinks and hors d'oeuvres will be available both evenings.

You don't have to wait until the closing weekend to see the artwork on exhibit. The show actually opens on April 6 and runs through April 29 during regular gallery hours, Friday, Saturday and Sunday from 11:00am to 5:00pm. The gallery is located at 284 Main Street, Point Arena, the little red building next door to the Redwood Credit Union. More information is available at www.coast-highway-artists.com.

### Gualala Arts Creative Writing Contest

Poetry is the theme for this year's 15th Annual Gualala Arts Creative Writing Contest. A total of \$1,000 in prize money funded by The Sea Ranch Foundation and Gualala Rotary Club will be awarded in three categories and two divisions.

The submission deadline is Monday, April 30, 2018 at 4:00pm. Registration forms can be found online at GualalaArts.org/events or picked up at Gualala Arts Center in the foyer

or in Pt. Arena at Coast Community Library.

Each submission may include up to three poems totaling no more than a total of 100 lines. An Awards Ceremony will be held on Tuesday, May 15 at 7:00pm in Coleman Hall at the Gualala Art Center where the winning pieces will be read aloud. Family, friends and the public are all invited.

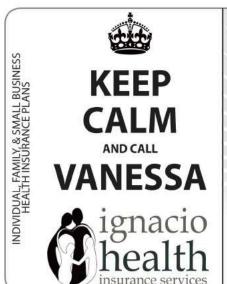
Awards are given for First Prize of \$250, Second Prize of \$150, and Third Prize of \$100 and in both Adult and Youth (10- 17 years) Divisions.

The contest is open to all full or part-time residents from Elk to Timber Cove who have not previously had their poetry published in a book or national periodical. Local and school publications are exempt.

Since 2004, the contest has included poetry and non-fiction entries on a rotating annual basis and added a Youth Division.

Each submission may include up to three poems totaling no more than a total of 100 lines. An Awards Ceremony will be held on Tuesday, May 15 at 7:00pm at the Gualala Art Center. Family, friends and the public are all invited. Information is at GualalaArts.org or call 707-884-1138.





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### The Local Top-15 Books Early Spring 2018

"Where is human nature so weak as in the bookstore?"

Henry Ward Beecher (1813 - 1887)

- 1. Qh awala.li: "Water running down place" by Annette White-Parks
- 2. Fire and Fury: Inside The Trump White House

by Michael Wolff

- **3. Mendonoma Sightings Throughout/Year** by Jeanne Jackson & Craig Tooley
- 4. Tidelog 2018: Northern California Tidelog
- 5. San Miguel

by T. C. Boyle

6. Lincoln In The Bardo

by George Saunders

7. Pachinko

by Min Jin Lee

8. The Silk Roads: A History Of The New World

by Peter Frankopan

9. Shaping the Sonoma-Mendocino Coast

by Thomas Cochrane

10. Hall of Femmes: Barbara Stauffacher Solomon; I Broke All the Rules

by Barbara Stauffacher Solomon

10. Woman In Cabin 10

by Ruth Ware

11. Wildflowers of California's North Coast Range

by Reny Parker

12. Creaky Knees Guide Northern Califor-

nia: The 80 Best Easy Hikes by Ann Marie Brown

13. The Women In The Castle

by Jessica Shattuck

14. Beartown

by Fredrik Backman

15. The Left Hand of Darkness

by Ursula K. Le Guin

**Bubbling Just Under the Top-15** 

Guide Dog For The Coastally Curious"

by Steve Oliff

The Lighthouse Peddler is pleased to bring our readers a list of the most popular books being picked up and read by locals and visitors alike.

Our thanks to Four-Eyed Frog Books.

### A Wilder Time: Notes from a Geologist at the Edge of the Greenland Ice

A book by William E. Glassley, Reviewed by Jennifer Bort Yacovissi

Bill Glassley spent his formative years in Southern California, skipping class so that he could surf. In college, he looked for a path that would allow him to keep surfing and maybe put in a little time as an oceanographer. Unfortunately, he had to get through undergrad studies first. So he "reluctantly chose geology."

He was uninterested until a professor, carting students on a required field trip, pulled over and gave an impromptu, mesmerizing lecture on the formation of a particular rock outcropping. Glassley was hooked. (Thank you, professor!)

Traveling along with Glassley here on his explorations of Greenland is likewise just as mesmerizing for those of us who didn't know we were interested in geology. He is a thoroughly accessible guide whose wonder at the landscape that surrounds him is infectious.

Ten percent of the world's fresh water sits frozen atop Greenland, rising to a height of 10,000 feet. The land itself is of relatively low elevation, having been ground down over billions of years and multiple ice ages; however, Glassley and his Danish colleagues, Kai Sørensen and John Korstgård, were seeking to prove that mountains the size of the Alps or Himalayas had existed on the land as of about 2 billion years ago.

The ice itself presents a challenge to that kind of discovery, since only a small fringe of land is accessible; however, the ice is "receding faster than plants can take hold," so there are opportunities for exploration. Their selected research area on the west side of the world's largest island was a spot about 100 miles wide at the widest point — where the ice begins — and 250 miles long.

When Glassley first accompanies Sørensen and Korstgård to Greenland, the expedition is motivated by the desire to quell a controversy over interpretations of the

"areas of intense deformation" studied and reported on during earlier fieldwork. Based on work done in Greenland since World War II, a community of geologists had carefully crafted a theory of the collision of two small continents.

"The mind of a scientist, the heart of a philosopher, and the soul of a poet are all captured in this slim journal.

The space in between the landmasses, which is eaten up as the continents approach and finally meet, has to go somewhere. That somewhere, eventually, is up. If that's true, where are the mountains? Well, even in geology, 2 billion years is a pretty long time, and, as Glassley observes, "Erosion always wins."

WILLIAM E. GLASSLEY

WILDER

NOTES FROM A GEOLOGIST

AT THE EDGE OF THE

Unfortunately, all the work of Sørensen, Korstgård, and their predecessors had been summarily dismissed as flawed by a team that had been in the field for a single season and cherry-picked its data. Most

distressingly, that rebuttal had gained traction within the geological community — apparently, false equivalence happens in more than just politics and journalism.

Though A Wilder Time describes the men's exploration and explains their findings —their original theory is vindicated, and then some — it is the author's joy and

sense of wonder at the land he's exploring that makes this slender notebook so compelling.

When the team finds what turns out to be "the very edge of one of the continents involved in the collision," formed of rock that is 3.3 billion years old, the discovery is also one of the most visually stunning:

"Bands of pink, white, gray, tan, and black, some no more than a fraction of an inch wide, some several feet thick, draw the eye along stretched-out, languid, folded forms, flowing as though the bedrock had once been as soft as butter... From a scientific point of view, it is a treasure. From an aesthetic point of view, it is a masterpiece."

Glassley is a careful observer of everything around him, and he shares that with us, from the utter silence he experiences on his first midnight walk, to the dense velvet carpet of moss that hides man-eating spaces in between the rocks he's traversing, to the phenomenon of a stream of fresh water visibly layering on top of denser salt water below, which he is drawn to touch: "[M]y fingers penetrated the slithering boundary layer. Painlessly, I watched as flesh disassembled into a dance of swirling abstractions, my fingers becoming nothing I knew."

Clouds of mosquitoes and ice-water bathing aside, he makes us long to be there, too.

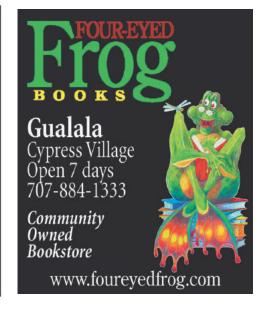
Jennifer Bort Yacovissi's debut novel, *Up the Hill to Home*, tells the story of four generations of a family in Washington, DC, between the Civil War and the Great

Depression. • Jennifer's website is: http://www.jbyacovissi.com This review originally appeared in the Washington Independent Review of Books.



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### Moat Creek Managing Agency 22nd Annual Taco Dinner Save The Date: Friday May 4

The Moat Creek Managing Agency presents its 22nd annual benefit Taco Dinner on

Friday, May 4th, 6:00pm, at a location to be announced.

The menu includes carnitas tacos, veggie tacos

and delicious hand-made salsas, including the ever popular fresh mango salsa. Beer, wine and a variety of desserts will also be available.

Dinnertime music will be provided by Bryan Thurmond and friends.

Festivities also include a silent auction

and the warm glow of a community event. Tickets are \$15 for adults and \$5 for kids under 10.

Moat Creek Managing Agency maintains beach and trail access at Moat Creek and Ross Creek

(about 2-miles south of Point Arena) and is celebrating its 25th Anniversary of its incorporation. MCMA continues to accept trail easements and works towards the completion of a portion of the California Coastal

Trail from Bowling Ball Beach to Arena Cove.

# Scuttlebutt

"The 1989 Integrated

Waste Management Act

began California's effort to

recycle and reduce material

delivered to landfills."

by Mitch McFarland

In late fall of last year the City of Point Arena got a new solid waste hauler. Recology Inc has purchased Pacific Coast Disposal, a subsidiary of North Bay Corp, a subsidiary of The Ratto Group, which is leaving the solid waste business. Like many corporate structures the solid waste business has experienced may acquisitions and name changes. Recology's roots began in 1921 in San Francisco as the Scavenger's Protective Association. In 1965 they became Golden Gate Disposal. By 1986 they were known as Norcal Waste Systems at which time they were sold to their employees, making them currently the largest 100% employee-owned company in the solid waste collection and processing industries, with over 3,000 employees. A year later they purchased Sunset Scavenger, their Bay Area counterpart for many years. In 2009 Norcal Waste Systems changed it name to Recology Inc.

Ratto's departure from the waste hauling business was not without controversy. While offering low collections rates North Bay was found to cut numerous corners. They faced nearly \$14 million in fines from Santa Rosa from alleged violations of its contract with the city. The Sonoma County Department of Health Services also has levied steep fines for permit violations at Ratto's Standish Avenue recycling facilities. The company's aging fleet of trucks and equipment also need millions of dollars in upgrades. Neither of founder James Ratto's sons wished to continue in the waste hauling business so the sale to Recology was a welcome out.

This is all good news for Point Arena. City Manager Richard Shoemaker finds Recology to be a very responsive hauler and "great to work with". I spoke with Celia Furber, Waste Zero Manager, and Casey Williams, Public Education Manager, and got the definite impression that Point Arena is now dealing with a different kind of solid waste company.

In the past recycling was something that was thrust onto traditional garbage haulers. It was never a primary focus of their business model. The 1989 Integrated Waste Management Act began California's effort to recycle and reduce material delivered to landfills It mandated that cities and counties must make significant efforts to divert recyclables from landfills. This played out as additions to hauling contracts to include recycling services, which was not always welcomed by traditional haulers. Though Recology has been around in some form for nearly a hundred years, they have embraced recycling and zero waste as a major goal of the company. In 1996, Recology pioneered the nation's first comprehensive, curbside organics collection program in the City of San Francisco and transitioned to single-stream recycling nearly twenty years ago.

Point Arena's 3-page hauler agreement is very likely the shortest and least comprehensive hauling contract in the state of California. Nevertheless, it contains the low collection rates for customers for which Ratto was famous and Recology has no immediate plans

for a rate hike request for its 17 commercial and 82 residential customers in Point Arena. Furthermore, though the contract makes no mention of recycling programs for schools, Recol-

ogy is going above and beyond to work with local schools to enhance their recycling and education efforts. An outreach worker has been scheduled to visit the schools to discuss this work.

While there is no requirement in the contract to haul yard waste I am told they "are currently assessing equipment needs and logistics for the possibility of providing this service in Point Arena."

Those who follow the recycling issue (we meet in a phone booth in Berkeley) are aware that China has long been the dumping ground for our recyclables to be turned into feed stock for reuse by industry. No one will be surprised to hear that, as a group, Americans don't loose a lot of sleep over the recycling issue. A quick visit to the Point Arena drop-off reveals considerable amounts of non-recyclable material in the bins in addition to un-emptied soda bottles, half-full tomato sauce jars, moldy cat food cans and other garbage. It turns out that China has developed a sufficient consumer class to provide them with much of the recyclables their plants can hold and they are rejecting "dirty" loads from the U.S. and elsewhere. This means that unless we want to start increasing both our landfill capacity, a difficult and costly task, along with garbage rates, we have to start taking recycling more seriously.

When asked what message Recology would most like to include in this article, Ms. Furber emphasized the need for clean loads. Emptying and cleaning containers is important. Some consumers are concerned about wasting fresh water to do so. The good news is that used dish water or other non-fresh water is more than suitable for this function. There is no need for perfect cleanliness. Even a used napkin will do a nice job of wiping out that yogurt container before recycling. I let my dog lick them clean along with cat food

cans. So give that salad dressing bottle a quick and dirty rinse.

If you are still reading here is a briefly recap what is acceptable and what is not. This applies not only to those curbside customers in Point Arena, but the many out-of-town folks who use the drop-off at Arena Cove.

First and foremost is the detestable styrofoam. Though I have never met anyone

who likes the stuff, it is ubiquitous. Unfortunately it is virtually never recyclable and must go to the landfill. Don't try to hide it in the cardboard box you are recycling. It doesn't

mitigate your error. Besides it is best to flatten those cardboard boxes anyway.

The next big one is film plastic. Baggies, packaging plastic and leaf bags are a big nono. They screw up machinery and are a big pain. Many conscious recyclers drop off their perfectly recyclable material in leaf bags. Please empty the leaf bags into the drop-off bins and take them home and reuse them or they must go to the landfill. I could write a whole column on the nearly universal, yet unnecessary use of garbage bags to begin with, but that will have to wait for another time.

Another bad boy is waxed cardboard. Household consumers don't often have to deal with this material, but it if you do, I have a suggestion. For those of us who use wood stoves in the winter, strips of wax cardboard make excellent kindling and a whole box or two will make your brush fire take right off.

Organics (you should be composting), ce-

ramics, glassware, mirror glass and windows, and large scrap metal (that old pot or pan is OK) are also not accepted. Liquids, clothing, and coat hangers are too off the list. If you must recycle shredded paper, put it in a tight paper bag.

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Characteristic interest Part (1980)

On the plus side they do take wax milk containers and aseptic containers. Those are the ones that are multi-layered and are often used for soups, sauces and juice (take out the plastic straw). Rigid plastics like laundry baskets or lawn chairs are acceptable, but not if they also have metal as part of them. Phonebooks and paperbacks are OK, but not hard cover books.

Check Recology's website for full details or give them a call. They are happy to help.

All this detailed information is important, but not as important as attitude. The unfortunate reality is that many Americans believe that their lives are too busy and important to bother with recycling. Besides being frighteningly arrogant, this attitude leads to one inescapable fact. If you can't take care of your own mess, someone else will and it will come right out of your wallet.

# arena technology center monday thru friday 3:30pm · 7:30pm (no tech center potrons allowed on school property until 3:30pm) open to youth and adults for free internet access, classes, anline learning, audior recording and digital projects 185 lake street (located at south coast high school back building) 707.882.4173 arenatechcenter.org (a subsidiary of the pairt arena schools)

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Illusions are art, for the feeling person, and it is by art that you live, if you do.
Elizabeth Bowen (1899 - 1973)





### Point Arena Lighthouse Presents Two Evening Tours: April 28 & 29

The Point Arena Lighthouse is invites you to come experience a spectacular night time view . . . . from atop the Point Arena Lighthouse. Enjoy a panoramic view of the sea and coast from the lantern room at the top of the Tower, and if the weather cooperates it will be illuminated by the full moon! Our docents and guides will help you experience what it was like to be a Lighthouse



Keeper and climb the Tower at night. They will guide you on your journey into the past and explain the unique history of this historic landmark, the tallest lighthouse on the West Coast. Champagne, sparkling juice and snacks will be served as part of the tour, and you get to take home an etched Point Arena Lighthouse champagne flute as a souvenir of this unique experience!

Night Tours are scheduled on every full moon,. This month there will be two evening tours (weather permitting). The (almost) Full Pink Moon Night Tour on Saturday, April 28 and the Full Pink Moon Night Tour on Sunday, April 29. Gates open 8:00pm, Tour starts around 8:30pm.

All proceeds go toward the support and maintenance of Lighthouse Tower, Museum and grounds. Point Arena Lighthouse Keepers, Inc. thank you for your generous support. Individual tickets are \$30 each or tickets-for-two for \$50.

Reservations must be made by phone at at 877-725-4448 ext. 1 or 707-882-2809 ext. 1 or in person no later than 3:30 p.m. three (3) days before the date of the event.

Cancellation policy: No refunds given if you cancel your reservation three days or less before the event. Tours are limited to a minimum of eight and a maximum of twenty people, and will be cancelled if less than eight sign up. You will receive a full refund if the event is cancelled. Please call our Reservation Desk at at 877-725-4448 ext. 1 or 707-882-2809 ext. 1 three days prior to the tour to confirm the event is happening as scheduled.

Whether you're a visitor or local, don't miss the opportunity to see our spectacular lighthouse.

### Sonoma Mendocino Coast Whale and Jazz Festival • April 7 The 15th Anniversary of "The Main Event: Historic Vibes Summit"

Celebrating the 15th Anniversary of the Sonoma Mendocino Whale and Jazz Festival Main Event at Gualala Arts on Saturday, April 7 at 7:00pm, three virtuoso northern California vibists will take the stage in what will be a spectacular jazz concert, said Festival Music Coordinator Fred Adler.

In the Main Event: "Historic Vibes Summit" Bay Area virtuoso jazz musicians Roger Glenn (also doubling on tenor sax and flute), Yancie Taylor and Tommy Kesecker, will perform solo, as duos and ensemble, all on one stage.

Enjoy a buffet dinner at 6:00pm before the concert. Menu includes teriyaki chicken and tofu, carrot and cabbage salad with

poppy seed dressing, Poke of abalone and ahi, and sushi rolls made with salmon and avocado with unagi cucumber. With cabaret seating and a no-host bar, dinner tickets guarantee early seating.

Concert tickets are \$28 in advance, plus \$5 day of, and dinner tickets are \$35. All tickets can be purchased at BrownPaperTickets.com or by calling 1-800-838-3006 or in person at Gualala Arts Center and Dolphin Gallery.

The concert will include a unique tribute to the pinnacle and historic vibes masters, Lionel Hampton, Cal Tjader and Milt Jackson and is dedicated to the memory of Gualala's Peter Norville, nephew of legendary vibist Red Norvo.

These three brilliant instrumentalists will be joined by the versatile pianist, Greg Hester, the ebullient French bassist, Pierre Archain, and the coveted and charismatic drummer, Leon Joyce, Adler said. This year's Festival Youth Discovery will showcase sixteen-year-old Yami Schwartz who lives in Palo Alto but is originally from Is-

rae

Roger Glenn is the son of renowned and historic vibist/trombonist Tyree Glenn, who was prominent for years with both the Duke Ellington and Louis Armstrong bands. Roger Glenn was featured this past year in San Juan Puerto Rico accompanying the legendary blues performer Taj Mahal. Yancie Taylor is a sensitive and swinging vibes master. Tommy Kesecker is a richly inventive four mallet wizard of the instrument.

Also playing with the vibists is 16-yearold Yami Forman Schwartz, the 2018 Festival Youth Discovery. Schwartz began playing music in his native Israel and was

introduced to Jazz while attending the Charles E. Smith School for the Performing Arts in Jerusalem. Schwartz has participated and played in numerous workshops and jazz programs at Rimon Music School in Israel, New York Jazz Academy, Durham Jazz Workshop, North Carolina All State Band Intensive, Stanford Jazz Workshop and more.

New to the Bay area, Schwartz is currently a mem-

ber of the San Francisco Jazz High School All Stars Big Band, and performs around the Bay Area and in San Francisco.

"This Vibes Summit is a dream concert for me to present. Sparks will fly on stage as these prominent musicians all inspire each other to reach new and greater heights. The sounds will be both joyful and vibrant; also poignant and sensitive. The 2018 Festival Youth Discovery, 16-year-old Yami Schwartz, will be a delight on guitar. The entire performance promises to be a memorable masterpiece," said Fred Adler, Festival Music Coordinator.



### HEALING ARTS & MASSAGE CENTER JUDITH FISHER SWEDISH JoAnn Dixon DEEP TISSUE Alisa Edwards CRANIOSACRAL NITA GREEN HOT STONE BILL SCHIEVE, L.AC, DC ACUPUNCTURE, CHIROPRACTIC Cypress Village, Gualala Celebrating 30 Years (707) 884-4800 PHYSICAL THERAPY PETER McCann, MPT OSTEOPATHIC MANUAL MEDICINE LUCINDA WEAVER, MPT RESTORATION OF FUNCTION MEDICARE • AARP • BLUE SHIELD OTHER INSURANCE • PRIVATE PAY

### Ya, Youbetcha. Notes from the Midwest • Are You Still Hip? – Part I By: Sally Marshall

Back in 1967, the hippie movement was gathering steam as thousands of young college students abandoned the life their parents had planned for them, and advanced on the Haight-Ashbury district in San Francisco for a summer of love, drugs and fabulous rock music. Back here in Wisconsin, while sitting on the front porch of the duplex I shared with my mother, sister and brother, I eagerly read about this subculture of refreshing idealism and longed to be a part of it. So, that's when

It didn't take long for me to find my "pad" on the lower east side of Milwaukee where

that little voice in my head shouted "Well,

what are you waiting for?!"

the University of Wisconsin birthed thousands of hippies who either shared dorm space or hung out together in apartments or flats they collectively rented. This was where the whole subculture was happening. There were coffee houses where they gathered for intellectual conversations, live music or poetry readings; bookstores where one could purchase all the reading material needed to usher in the New Age of Enlighten-

ment; unique little shops selling exotics like incense, essential oils, plaster Buddha statues, singing bowls, and beautiful clothing made in India; and little offbeat tobacco shops where one could purchase paraphernalia and accessories for the "ceremonial smokie", as well as other drug essentials.

My apartment was on the second floor of what was at one time a townhouse. It had a large bedroom, living-dining room combo, tiny bathroom with a shower stall, and a really small kitchen with a porch that could be accessed by climbing out the kitchen window. It was perfect. I furnished my "pad" with cast offs I got for practically nothing at the Salvation Army store; acquired some really big exotic plants, a plaster Buddha and a rug for the living room; made some psychedelic curtains for the kitchen; and set up my art and music stuff in the bedroom. I was in love with Japanese style interiors at the time, so in keeping with that style, I cut the legs off my coffee table so it was about a foot high and placed some floor pillows around it for Oriental ambiance. Then, I got some beaded curtains for the living room making it look like a den of inequity - excellent! I was also learning to cook in the Oriental style and to eat with

chopsticks so, when friends came over for a dinner, they knew they would be sitting on the floor and eating with chopsticks. Groovy!

I worked at the University in the Department of Social Work and got to be friends with some of the staff, and students who worked part time. It didn't take long for the word to get around that I had a cool place to hang out in so, I soon found myself invaded by a whole group of hippies who happily raided my refrigerator and drank up my Chianti wine. I always bought Chianti because it came in charming little bottles that had a basket woven around them. When the bottle was empty, I would insert a drip candle (remem-

> ber them) and allow the candle to create its' own art form down the basket - totally organic! The hippies came to my place often (it was within walking distance from the campus), and brought along a "little green bag" to share with everyone. I always had something cooking for us and we would spend the evening enjoying a fine dinner accompanied by excellent conversations about environmental issues, civil rights,

transcendentalism and eastern spiritualism. Then someone would roll a joint and the "ceremonial smokie" would be lit and passed around, and around until everyone went into their zone for a while. Then, I would light the incense and sprinkle a bit of patchouli oil on the lightbulbs to mask the smell of pot. It was a really pleasant way to spend an evening: everyone mellow, listening to some soft sitar music or a little Native American flute and drum, and happy to be together, while my cat got high and acted goofy.

The other thing the hippies discovered about me was that I owned a car. It was a big old black Chevy that could seat up to eight people, and I would loan it out to them providing they returned it with the gas tank full (they actually did this occasionally). I still remember our road trip to Old Town in Chicago one summer. I was the designated driver since I had to work the next day so, one of our group gave me a pill they were passing around that would keep me awake and alert all night (oh, yeah). We spent our evening at a strange establishment that appeared to be a coffee house with a bar and small stage for entertainment. They had live folk music. We all sat on the floor. The atmosphere in the room

was hazy from the pot, the lights were subdued, and the music spoke to us in the language of the cultural revolution. It was wonderful. I got home in time to change clothes and get to work.

Life was so good then. I was a music student at the Wisconsin Conservatory of Music and played in chamber orchestras as well as the Civic Symphony, and dreamed of one day being a professional musician. I created artwork that was lively and colorful, had a good job at the University and hung out with people who helped me discover a new world.

NOTE: Part II will be available in the May issue of the Lighthouse Peddler.



Want to get rid of an old car, truck, boat, RV or motorcycle taking up space on your property? Donate it to KGUA! Making a donation is as easy as clicking on the vehicle donation button at www.kgua.org or by calling and speaking to a live representative. If you have any questions, you may call one of our friendly service reps toll-free at 844-KGUA-CAR or 844-548-2227 seven days a week. We accept all kinds of vehicles and will even tow them away for free! Plus, your donation is 100% tax deductible. It's a win-win for everyone



### The Writers Group Meetings Each Monday At 6:00pm

At some point many (if not all) of us believe there's a book, article, essay, or poem ready to leap from our brain onto the printed page (or onto the computer screen.)

Maybe it's just an idea that's in the early stages of development or perhaps you're well along in the process.

Either way, why not join the Writers Group for a friendly session on the process?

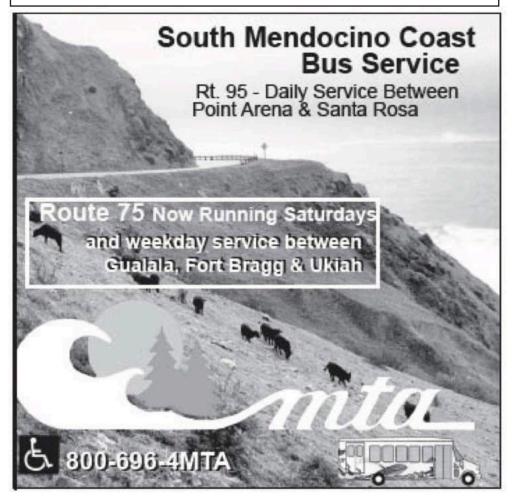
isn't there.

Longtime friend of the written word, Joel Crockett, is organizing this group. Crockett created the Four-Eyed Frog Bookstore and ran the store for a decade before seeing it evolve into a Community Owned Book

If you have ques-Why do writers write? Because it tions or suggestions, you can con-

Thomas Berger tact Joel via email at gualalafrog@gmail.

com. Drop in and meet the group, participate, share. The group meets Mondays at the Elaine Jacobs Center in Gualala from 6:00pm to 7:30pm.



#### Crossword by Margie E. Burke **ACROSS** 1 Snide remark 14 16 15 5 Waikiki wiggle 9 Small sample 17 18 19 14 Burn soother 20 22 21 15 Part of CPU 16 Rack up, as debt 23 24 25 17 Fireplace fodder 28 29 30 18 Unwritten reminder 32 34 31 33 35 20 Vile smile 22 NAREB member 37 38 36 23 See eye to eye 39 40 41 24 Staircase part 25 School session 42 43 44 28 Disparage 45 46 47 48 30 Chocolate source 53 51 52

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57

60

63

56

40 Cheesy sandwich

31 Dog-scolding

34 Pickup shtick

36 Putting up with

word

35 Eye site

38 Abandons

39 Cease and

- 41 Turn red, maybe
- 42 Full range
- 43 Phony sort
- 45 Mideast bigwig
- 46 Tropical tuber
- 47 In the of (amongst)
- 51 More than a few
- 53 Geologic period
- 54 Haitian, for one
- 57 Folklore fiend
- **58** "Not !"
- 59 Knowing about
- 60 Feudal estate

- 61 Gabbana's partner
- 62 Must-have
- 63 Pedal pushers

### **DOWN**

54

58

61

55

- 1 Modeler's wood
- 2 Word with tag or string
- 3 Daltrey of The Who
- 4 Be suitable for, old-style
- 5 Droning sound
- 6 Precise
- 7 Family history
- 8 Reach, as a goal

- 9 Pinball error
- 10 Mark up

59

62

- 11 Golfer's tally
- **12** Egyptian boy king
- 13 Before, to a sonneteer
- **19** "Is that ?"
- 21 Pragmatic one
- 26 Threadbare
- 27 Bullwinkle, e.g.
- 29 Fabric fuzz
- 30 Halloween wear
- 31 Policeman's shield
- 32 At right angles to ship's keel

- 33 Ouster
- 35 Brazilian soccer legend

12

26

49

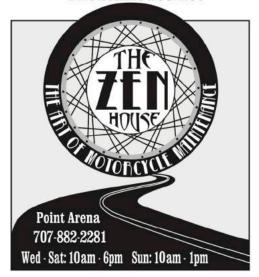
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27

- 37 Water pill
- 38 Barren
- 40 Glacial deposit
- 43 Presidential grant
- 44 Sucker deal
- 46 Gymnast's goal
- 48 Stray calf
- 49 Rock fragments
- 50 Shrinkage, to a retailer
- 52 Wall climber
- 54 Bunch of bills
- 55 It may be inflated
- **56** Sign of approval



### TheZenHouse.net







## Dead Birds and Dem Bones Can Speak! Reading the Omens by Mary Jane Schramm

The weary, fog-draggled volunteer clipped oiled feathers from a freshly dead Common Murre she'd found among beach wrack festooning the high tide mark. Snapping photos, and enfolding the feathers in foil, she tucked them into an evidence jar. She sealed it, signed the tape, and trudged back to her car to complete Chain of Custody paperwork. Dull routine. Who could predict that this was one of several links in the chain of

forensic evidence that led to discovering the source of innumerable "mystery spills" and seabird deaths over the past half-century? The oil was traced to the sunken freighter *S/S Jacob Luckenbach*, which, after 50 years, continued to belch

globs of oil during winter storms since it sank off the Golden Gate in 1953.

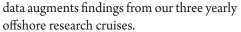
Beach Watch, Point to Point: The National Oceanic and Atmospheric Administration, recognizing a need for better knowledge about the marine life along California shorelines, gave Greater Farallones National Marine Sanctuary a mandate: recruit, train and manage a cadre of volunteers as citizen scientists and beach specialists to collect long-term baseline data. Since 1993, NOAA's Beach Watch program, now managed by the



non-profit Greater Farallones Association, has methodically documented the condition of sanctuary shores, and

detected threats to wildlife and habitat. In

2013 Beach Watch extended north, anticipating the sanctuary's 2015 expansion into Sonoma and Mendocino counties. It now conducts systematic surveys from Point Año Nuevo north to Point Arena. Beach Watch



Seabirds are canaries in the oceanic "coal mine." Sea lions, too. Both react strongly to episodes of seasonal prey scarcity and abundance; to oil spills, disturbance, and other events. Seabirds die, at sea or on shore, from natural causes, like post-breeding death, food scarcity, toxic algae; and become beachcast. Their mortality patterns provide biological snapshots of what's happening in the greater ocean. Sanctuary scientists interpret those events, to identify blips and trends on the ecological radar; they couple that data with live marinelife data. But, to detect a trend, long term baseline informa-

tion is required: which species normally feed here, which ones breed here? Only with that baseline data can we measure the enormity of impacts when inevitable oil spills and other catastrophic events occur.

What exactly do dead seabirds say? They tell us if food is scarce, abundant, and evenly or patchily distributed. If adult birds able to fly far offshore to where food concentrations are, are thriving, but young birds without

full-fledged 'wing-power' are dying, it may indicate that food is plentiful but is too distant, or patchily distributed. The same applies to young sea lions and fur seals, if the fish and squid they feast upon are absent, too deep, or too distant.

In 2014 and 2015 disaster struck: seas were extremely warm, fueled by El Nino, plus The Blob -- a cell of warm water hunkered offshore; and an increasingly warming ocean. Young seabirds and fur seals died and stranded in large numbers from starvation. Newly graduated Beach Watch volunteers in Mendonoma found themselves almost ankledeep in dead Cassin's Auklets, a chunky little seabird. Based in part on their evidence, the federal government declared an Unusual Mortality Event. This was a valuable headsup that this triple-whammy of warmth had broad implications on marine life throughout the region.

Whistle-Blowers: When oil spills kill seabirds, their feathers are analyzed and the oil "fingerprinted" to determine its source, even down to a specific ship or refinery. You can run, but you can't hide.

Sterling Stewardship: This year Greater Farallones Beach Watch celebrates its Silver Anniversary—25 years of stewardship, vigilance, and dedication. Over 140 volunteers now survey 56 beaches, "point to point." We hope you will come

and meet Farallones Beach Watch volunteers and sanctuary staff at Discover the Coast Day June 9th in Point Arena! Although we aren't presently recruiting, you may enjoy learning what some of your neighbors are up to!

Mary Jane Schramm r Farallones • Nat'll Marine

NOAA Greater Farallones • Nat'll Marine Sanctuary Maryjane.schramm@noaa.gov Photo Credits: • Top: Double-crested Cormorant/Hans Stieglitz/Wikimedia Commons • Middle: Cassin's Auklet/ Duncan Wright/USFWS • Bottom: Measuring dead sea lion./ Jan Roletto/GFNMS, NOAA

Greater Farallones sanctuary protects seabirds and their habitats through oil drilling prohibition, NOAA's Marine Debris program, at-sea research, and the Seabird Protection Network: http://seabirdprotectionnetwork.org. For information on studies in our sanctuaries, and teaching materials, visit http:// oikonos.org/exploring-albatross-movements/

# Coast Community Library Has Events During Almost Fringe

The Coast Community Library, as part of the Fringe Fest, will be hosting the ukulele group, Hana Hou. The group will perform at the library on Saturday, April 28 from noon to 1:00pm.

The library and the Friends of the Library are sponsoring sidewalk chalk art during the festival and there will be fringe artwork exhibited in the library, including a display of Blake More's exotic costumes. If people are interested in doing a sidewalk chalk design or if they have a piece of outsider artwork, please see Julia Larke for details or call the library at 882-3114.

Chalk art at the Fringe Festival! Sets of chalk will be available at the library (64 colors!) and participants will be assigned sidewalk areas and they can begin their designs on Friday April 27. To give people an idea of the possibilities for sidewalk chalk art the library will display examples from around the world in the weeks before the event.



### Arena Theater Live Presents Strike Iron Live On Stage April 14

SF Music Award winning band Strike Iron (formerly Albino!) has emerged in full force with their unique blend of Afrobeat, Funk, Jazz Fusion and Avant Garde sensibilities. Featuring a suite of brand new original music by musical director and all around mad scientist Michael Mark Bello (of Ernest Ranglin, Phil Lesh and Friends), the 12-piece ensemble melds tightly crafted arrangements and jazz-tinged harmony with propulsive, high energy grooves. Music at 8:30pm; doors 8:00pm.

Tickets
are \$20, at
Four-Eyed
Frog, Sea
Trader, Arena Market



and Twist in Mendocino; youth tickets \$10 at the door; online at www.arenatheater.org,

Consisting of a six piece horn section, two percussionists, two guitars, electric bass, and a drummer, all of which are top Bay Area session players, Strike Iron brings original dance music and electric energy to any stage they play. Be prepared for face melting, booty shaking, and the thickest of grooves all night long.

Witnessing all twelve members of this garish behemoth locking into choreographed step is as much of a feast for the eyes as the band's deliciously layered funk is for the ears. According to the SF Weekly, "This is world music that lives up to its name."





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### Get Out! April's Music, Poetry, Theater, Films, Art & Events

Monday 02: 7:00pm, "Keep On Keepin' On at Arena Theater
Wednesday 04: 7:00pm, Open Mic Night at 215 Main, Point Arena

Friday 06: 5:00pm, Opening Reception for artist Andrea Allen at Gualala Arts
Friday 06: 7:00pm, Chris Doering & Don Watanabe; Jazz at MendoViné

• Friday 06: 8:00pm, Tango night at 215 Main, Point Arena

• Saturday 07: 5:00pm, Art Opening for Lena Bullamore at 215 Main, Point Arena

Saturday 07: 8:00pm, Nicole Stromsoe at 215 Main, Point Arena
 Monday 09: 7:00pm, screening the film "I Confess" at Arena Theater
 Wednesday 11: 7:00pm, Open Mic Night at 215 Main, Point Arena

• Friday 13: 7:00pm, Pocket Swing at 215 Main, Point Arena

Friday 13: 7:00pm, Chris Doering and Gizmodalities at MendoViné
 Saturday 14: 9:30am, Luisa Miller, MET Opera at Arena Theater
 Saturday 14: 6:30pm, Turkish International Dinner at MendoViné

• Saturday 14: 8:30pm, A.C. Myles at Garcia River Casino

• Sunday 15: 4:00pm, Chamber Music with Andrianov and Illarionov at Gualala Arts

• Wednesday 18: 7:00pm, Open Mic Night at 215 Main, Point Arena

• Thursday 19: 7:30pm, Michael McCullough at Third Thursday Poetry at 215 Main, Pt. Arena

• Friday 20: 7:00pm, Harrison Goldberg and Tim Mueller at MendoViné

• Friday 20: 8:00pm, Cumbaleros at 215 Main in Point Arena

Saturday 21: 4:00pm, Scott Mercer talks Whales at Pt. Arena Lighthouse
Saturday 21: 10:00am, Wind & Whale Celebration, Pt. Arena Lighthouse

• Saturday 21: 8:00pm, Whale & Jazz presents the Kawela 5 at 215 Main, Point Arena

• Sunday 22: 2:00pm, Moto GP at 215 Main, Point Arena

• Sunday 22: 2:00pm, Mountain Beaver Lecture at Coast Community Library

• Monday 23: 7:00pm, Screening of 42 Grams at Arena Theater

• Tuesday 24: 8:00pm, Nordic Fiddlers Bloc (from Scandinavia) at 215 Main, Point Arena

• Friday 27: 7:00pm, Four Shillings Short at Gualala Arts

Friday 27: 8:00pm, Cuban Singer/Songwriter Marcos Pereda at 215 Main, Point Arena
Friday 27: 11:00am, Art & Music incl. Highwaymen at 5pm, Coast Highway Art Collective.

• Friday 27: 8:00pm, Cuban Singer/Songwriter Marcos Pereda at 215 Main.

• Saturday 28: 9:30am MET Opera Cendrillon at Arena Theater

• Saturday 28: 10:00am, Eric Wilder's Pop-up Gallery at Pt. Arena Lighthouse

• Saturday 28: 10:00am, Sal Martinez poetry at Pt. Arena Lighthouse

• Saturday 28: 7:00pm, Harrison Goldberg and Dave Jordan at MendoViné

Saturday 28: 7:30pm, Talent On The Fringe at Arena Theater
Saturday 28: 8:00pm, Latin DJ Jose Ruiz at 215 Main, Point Arena

### "Ridgetop Equestrian Estate"

Superlatives will not suffice for the property of your dreams! 29.82 level acres, two homes, private lake with dock, meadows, orchard, large workshop with studio and apartment, spa center w/hot tub & sauna, barns, greenhouse, dressage ring, stables plus extensive gardening area. Add top of the ridge location, banana belt micro-climate, a once and future ocean view: it approaches perfection! The two-bedroom, one bath main house has old growth redwood barnwood siding, wonderful cook's kitchen with office nook & breakfast bar opening

filled living room with hardwood floors and cozy wood burning stove; step out to the patio and onto the boat dock. Older second home needs TLC, greenhouse has full power and irrigation system, orchard is bursting into bloom. Ideal for family compound. \$1,495,000



### Banana Belt Properties

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