

**ALWAYS
FREE**

June 2019



Lighthouse Peddler

The Guide To Music, Events,
Theater, Film, Art, Poetry, and
Life on the Mendocino Coast



A Transcendent Blues Experience! Vanessa Collier at Arena Theater June 29.

Regular readers of the Lighthouse Peddler know my deep affection for live music. And we're fortunate that the venues on the coast—large and small—give us the opportunity to see so many great players. The thoughtful people who created the “Blues On The Coast” series at Arena Theater have contributed mightily to the live music scene. Welcome to June at Arena Theater. Vanessa Collier will take the stage on Saturday, June 29, 7:30pm. Doors open at 7:00pm. Tickets are \$20 online, at local outlets, and at the door.

For those of you who know of Collier and her multifaceted chops, tell your friends. She is exactly what “Blues on the Coast” is about. Consider this appraisal: “There’s a young lady [Vanessa Collier] came on stage with me, I forget where I was, but she’s playing an alto saxophone, and man, she was amazing.” Those are the words of Buddy Guy in a recent issue of American Blues Scene, describing an impromptu performance with Vanessa Collier on the Legendary Rhythm & Blues Cruise.

VANESSA COLLIER cont'd on page 13

Art • Music • Wine • Beer • Food • Blooms

ART IN THE GARDENS



AUGUST 3 • MENDOCINO COAST BOTANICAL GARDENS

WWW.GARDENBYTHESEA.ORG

Boonville Poet Bernadette Restuccia In Point Arena June 20
 Featured Poet At Third Thursday Poetry & Jazz

On Thursday, June 20, at 7:30pm The Third Thursday Poetry & Jazz Reading Series will feature Boonville poet Bernadette Restuccia. The reading will take place at the Arena Market cafe and will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Ever since she was a little girl in suburban New Jersey, Bernadette wrote poetry. Frequently feeling out of place, her journal was her sanctuary and her best friend. In sixth grade in a Catholic elementary school, her first taste of public speaking was reading from the Bible at church. At the podium, as nervous as she was, she knew there was something important beginning. "It just felt right to be up there. It was an immediate



a regular performer, blessed with a lot of support from friends and classmates. The college was primarily focused at the time in the visual and performing arts programs that offered both a creative and kinetic community of inspiration for her writing. She took classes in poetry and performance, and also participated in a study abroad program in Italy where she got to take a workshop class on poetry. Among the pastoral settings, and keen awareness of her Italian heritage, inspiration continued to be alive and well.

After graduating college, she made a bold decision to travel the country. This decision proved to be a profound rite of passage that lasted for five years. She travelled and spent time in twenty eight states, camped and hiked in forests, beaches, and canyons. She lived and worked on Organic vegetable and fruit farms

and intentional communities for a season at a time. She also did her share of frolicking at festivals and concerts; music and dance being two of her other great loves. During these five years, Bernadette sent out group emails regularly (before Facebook) to family and friends, sharing stories and discoveries of her travels. Spanning from in poetic reflections on nature, to eccentric characters she met, and synchronistic moments, Bernadette shared a world with her ninety four recipients that some of them wouldn't have ever known otherwise.

After five years of a nomadic lifestyle, she found Anderson Valley and eventually had a son named Jaden. Once Jaden entered

kindergarten, energy for creative projects seeped back into her life. She started producing poetry again and reciting at local open mics, The Anderson Valley Grange Variety Show, the Not So Simple Living Fair in Boonville for the past two years at their cabaret evening, and other county celebrations. She is also an actress with the Anderson Valley Theater Guild and just recently finished her fourth production with the Guild. She also performed in a "Women's Authentic Monologues Performance" directed by Ellen Weed.

One of Bernadette's major focuses in her poetry is unity. In her words, "Through history there has always been tactics to keep humans separate from each other. In an age of social media and overwhelmingly triggering propaganda, we all need to embrace the humanness that connects us; the heart that is in all of us. There is so much power available to us if we decide to stand up together to achieve it. These strategies of separation are carefully organized to keep us from this power. We can only change the world together." Nature is also a powerful motivation in her writing, because, as she says, "When we are in tune with the powerful truths and miracles of nature we realize the reality of being earth citizens." These powerful themes are integral to life, and Bernadette believes they are the key to a better future: "To just do what we can, in our families, our friends, our social circles, our communities, to connect through our hearts, this will help. We need to all do our parts to reach out and connect. In a time of adversity and isolation, we can nurture connection every day, we can make a difference."

Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

Ernest Bloch Bell Ringers
 and Friends
 A Fundraising Concert
 June 9 at Gualala Arts

The Ernest Bloch Bell Ringers & Friends return for a late spring concert at Gualala Arts. The Bell Ringers will be joined by local singers and musicians for a fun-filled concert for all ages on Sunday, June 9, 4:00pm, at Coleman Hall. Tickets are \$15 in advance, plus \$5 day of event. Youth 7-17 free with adult. The concert is a benefit for the Coastal Seniors' Meals on Wheels.

Four and a half octaves of English handbells, with chimes, will ring on several ensemble pieces including "A Song of Love," "Alleluia! Rejoice and Sing," "My Heart



Will Go On," and "Andante in F Minor."

Singing is always part of this group. Vocalist Sita Milchev will join the bell ringers as will Remi Alexander, Linda Bostwick and Cinnamon Rippey.

Local musicians will also join the bell ringers. Dan Laux on hammered dulcimer, Karl Young on shakuhachi, Japanese flute, Mary Visser and Cyndy Solomon will play the flute duet on recorders on. The irreplaceable Eric Kritz will join the bell ringers on clarinet.

There is something for everyone in this. Children are invited and encouraged to attend at no cost if they have an accompanying adult. More information is available from Jeanne Jackson at (707) 884-1761.

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Mendonoma Health Alliance Presents "Healthy Habits"
 Chinese Acupuncture Q&A • June 5

Acupuncture is a medical practice that is used worldwide and gaining popularity in the United States. Mendonoma Health Alliance (MHA) invites you to a special event Wednesday, June 5, 2019 from 5:30pm to 6:30pm at the Elaine Jacob Center, Suite E, 38550 South Highway One, Gualala, 95445. This is an open presentation and Q&A.

- What is acupuncture?
- How might it work?
- Is it safe?
- What conditions can be treated?
- What should be expected during an acupuncture treatment?

Whether you have a specific question or are just interested in learning more, this is a good time to get answers to your questions with Special Guest Demetra Markis, L.Ac.

Healthy Habits is a FREE community program of RCMS led by Dr. Afsoon Foorohar with assistance from the Mendonoma Health Alliance (MHA).

For more information, call (707) 884-9434 or call MHA at (707) 412-3176. No reservations needed . . . just drop in! Enjoy a healthy snack and a chance to win a door prize! MHA's website is:
www.mendonomahealth.org.

ADVERTISERS INDEX

• Action Network	14	• KTDE	18
• Anchor Bay Store	4	• KZYX	11
• Arena Frame	8	• Little Green Bean	4
• Arena Pharmacy	13	• Loft, The	16
• Arena Tech Center	18	• Mar Vista	8
• Arena Theater	5	• McCann, Peter P.T.	9
• Arff Feed and Pet	5	• Mendo. Coast Botanical Gardens	Cover
• B Bryan Preserve	12	• MTA	17
• Banana Belt Properties	20	• Office Source	4
• Bed and Bone	13	• Oz Farm	3
• City of Pt. Arena July 4th	back cover	• Phillips Insurance	8
• Cove Coffee	18	• Pier Chowder House	11
• Denise Green	12	• Point Arena Light Station	12
• Discovery Gallery	19	• Red Stella	17
• Dream Catcher Interiors	17	• Redwood Coast Chamber of Com.	18
• Four-Eyed Frog Bookstore	10	• Redwood Coast Democrats	2
• Garcia River Casino	10	• Rollerville Cafe	16
• Green Room, The	19	• Sea Trader, The	8
• Gualala Arts	7	• Spirit Veterinary Services	19
• Gualala Building Supply	3	• Pt. Arena Pizza	10
• Gualala Supermarket	6	• Village Bootery	11
• Healing Arts and Massage	9	• Wellness On The Coast	4
• Ignacio Health Insurance	7	• Zen House Motorcycles	13
• KGUA	15		

FROM THE EDITOR'S DESK

- Feel like transcending? Catch Vanessa Collier at Arena Theater, June 29. (Cover).
- Meet Poet Bernadette Restuccia at 3rd Thursday Poetry in Pt. Arena, June 20. (Page 2).
- Need Needling? Mendonoma Health Alliance's Acupuncture Q&A June 5. (Page 2).
- Hearing Bells? It's nothing bad. Your hearing the Bloch Bell Ringers. June 9. (Page 2.)
- Heard of Johnny Steel? Get a lift from his comedy at Arena Theater, June 15. (Page 4).
- Hear about the casting call? Really. No. Really. (Page 4).
- "Caravaggio: The Soul and The Blood." Enough said? Arena Theater. June 30. (Page 5).
- The Coast Community Library has a Universe of Stories this summer. (Page 5).
- Feel like getting phased? The Moon's plans are here. (Page 6).
- Bored already? Gualala Arts has lots of workshops for you. yes you. (Page 6)
- Annual meeting. Calling all supporters to Coast Community Library. June 17. (Page 6).
- Lighthouse Lecture Series is looking at whales. June 15. (Page 7).
- The meeting, leaving and joining society, and the road to discovery. ATFC. (Page 8).
- Yarrow, Yellow, or both? Check out Karin Uphoff's column. (Page 9).
- Headed to the beach with your best friend? Read Cathy's column. (Page 9).
- Wading in a very slender style. (Page 9).
- Town & Country: Two artists give us their view at Gualala Arts, June 7. (Page 10).
- Exhibition on Screen brings Van Gogh to Japan. June 9. (Page 10).
- Photographs and frogs. Or is it Fotographs and Phrogs? Mmmmm. June 1. (Page 11).
- David Steffen's thinking about Scales, Alligators, Chess, and Muddy. (Page 12).
- Longing for a day in the sun? Gualala Arts has a solstice idea for you, June 23. (Page 13).
- Got dancing shoes. Mendocino Dance Project is coming to town. June 8. (Page 13).
- Stratford on Avon Ontario. Shakespeare wanted it this way. June 1. (Page 13).
- We offer you two Jennifer's. Read this month's book review. (Page 14).
- Now that you're thinking about books, check out this month's best sellers. (Page 14).
- Father's Day is coming up. We have a few ideas for you.
- Power is on Mitch's mind this month. He's pondering what to do. (Page 15).
- Feeling your inner ham? Open mic night is at Arena Theater. June 17. (Page 15).
- Ready for this month's numbers? The June Sudoku Puzzle awaits. (Page 15).
- Warren Galletti is about numbers too. His 5th column brings us 4 students. (Page 16).
- Janet Chancellor has a story to tell. You will want to read it. (Page 17).
- Voter Registration is available in Gualala June 15. Do it! (Page 17).
- The June Crossword Puzzle is here to challenge you. (Page 18).
- Check out the "find the story" puzzle on page 18.
- MJ has Whales on the brain. Read the latest dispatch from the Farallones. (Page 19).
- Check the Peddler's new classified ads, "Hey Peddler". (Page 19).
- The Coast Highway Art Collective offers Photography & jewelry, June 1. (Page 20).
- Richard Weiss brings interactive art to Gualala Arts June 7. (Page 20).
- The Get Out! section awaits your perusal. (Back cover).

Our thanks to June contributors Janet Chancellor, Warren Galletti, Rozann Grunig, Mitch McFarland, Blake More, Cathy Sue Riehm, Mary Jane Schramm, David Steffen, Karin Uphoff, and Jennifer Bort Yacovissi.

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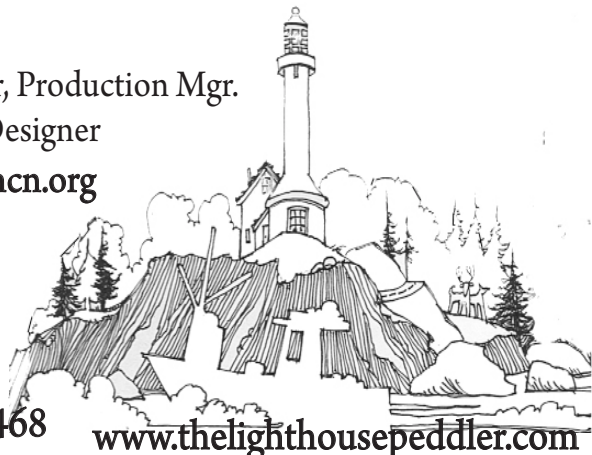
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BUSINESS HOURS

Monday • Tuesday • Friday

10am - 5pm

CLOSED: Wednesday, Thursday, Weekends

Comedian, Humorist Johnny Steele • Saturday June 15 Evening Comedy Show • Afternoon Workshop

How's this for an introduction: "Johnny Steele, comedian, humorist, roustabout, and muckraker."

Performing stand-up across the US, Canada, and overseas for more than 30 years, Johnny Steele has garnered critical praise and numerous awards for his free-form comedy style and irreverent point of view. Winner of the San Francisco International Comedy Competition, First Place at the prestigious San Francisco Comedy Competition, Host of SF-based daily radio (KITS Live105) and TV (KRON 4/Bay TV) talk shows featuring guests from David Bowie to Annie Leibovitz to Gavin Newsome."

With all of that as an introduction, Saturday, June 15 appears to be a perfect evening to get out and hear some stand-up. Arena Theater presents Johnny Steel for an evening of comedy. The show begins at 8:00pm, doors open at 7:30pm. Tickets are \$15. (There's also a \$40 ticket for a comedy workshop and the show. (See separate article following..)

Johnny began performing comedy in 1984 after quitting graduate school in a move his parents named: **Operation \$40K Down The Drain**. But Johnny quickly got the hang of the craft and was soon performing – and drinking for free! – at the nation's top clubs. During the next decade Johnny went on to perform at comedy festivals, win comedy competitions, log over 20 national TV appearances, and did we mention drink for free?

In 1997 Johnny left the comedy scene to host San Francisco's Live 105 Morning Radio Show. Guests ranged from Carol O'Conner to David Bowie to city supervisors, and both the S.F. Weekly's annual readers' poll and the S.F. Publicity Club picked it the city's best show. The Chronicle called it the 'best morning chatter show' and also dubbed it 'clean and smart.' Therefore, it was cancelled in the summer of '98 to make room for the Howard Stern Poop and Wiener Hour.

In 1999 Johnny's career took another turn when he became co-host of KRON/Bay TV's THE SHOW. For three years Johnny's informal interview style and outrageous ad-lib comments kept everyone laughing. The irrepressible Johnny once told feminist photographer Annie Leibovitz that he bought her book "Women" because he thought it

was a directory. Well, he kept almost everybody laughing.

Johnny is currently performing comedy as well as working on a number of web, radio, and TV projects, one of which is bound to take off due to, if nothing else, pure dumb luck. He is also working on a humorous solo show about his journey to find peace in a WalMart America gone mad with mindless consumption, endless sprawl, and bone jarring stupidity. And really, aren't we all?



Introduction to Standup Comedy with Johnny Steele

At Arena Theater
Saturday, June 15,
1:00pm to 3:00pm
in the Yellow Room

\$40 incl. workshop and evening
show

To sign up and get a ticket call the
theater office at 882-3272.

Standup comedians aren't born with special talents. Like anybody trying to master a new skill they studied and practiced and learned a few tricks. There is no prerequisite to learning how to perform comedy other than wanting to learn how to perform comedy. Accountants and carpenters and aluminum siding salesmen have all become stand ups. You can, too.

We'll learn:

- What jokes are, how to write them, and how to assemble them into a set
- What tags and act outs are
- How to properly handle a microphone and a mic stand
- What two elements are most important for successful stand up
- How to use any skills, impressions, talents you already possess to expedite your success
- How many laughs you'll need per minute and all the different ways you can create them
- How the greats got great
- So much more. . . .

Casting Call for August 2019
Performance on
the Mendonoma Coast.
Read on . . .

There are a lot of talented people living here on the coast. Singers, writers, actors,. I've seen jugglers juggling while walking down Main street in Point Arena. I've watched what seems to be a quiet individual walk from the back of the room to step on stage and perform during an 'open mic' night.

How many times have you been to a theater performance and thought to yourself, "hey, I can do that". Well, here's an opportunity tailor made for you. There has been announced a casting call for actors and musicians for "Peace and Love 1969". Intrigued? Read on.

The year 1969 was marked by two milestones in music and science: Woodstock, the famous three day festival of peace, music, love, and fun that defined an entire generation, and the Apollo 11 spaceflight that landed the first humans on the moon.

Celebrating the 50th anniversary of both



CASTING CALL

moments in history, "Peace and Love," a Readers Theater variety show is scheduled at Arena Theater for August 17, and producer Elizabeth Herbert is looking for two male and two female actors ages 17-22 plus three older adults.

Rehearsals are scheduled for July 2, 9, 23, 30 and August 6, 13, with a dress rehearsal scheduled for August 16.

Those interested should be able to sing and be prepared to cold read short pieces. "Please have a song ready from that era, Karaoke is fine," said Herbert. "And we're also looking for a rock and roll band that can perform songs from the Woodstock era."

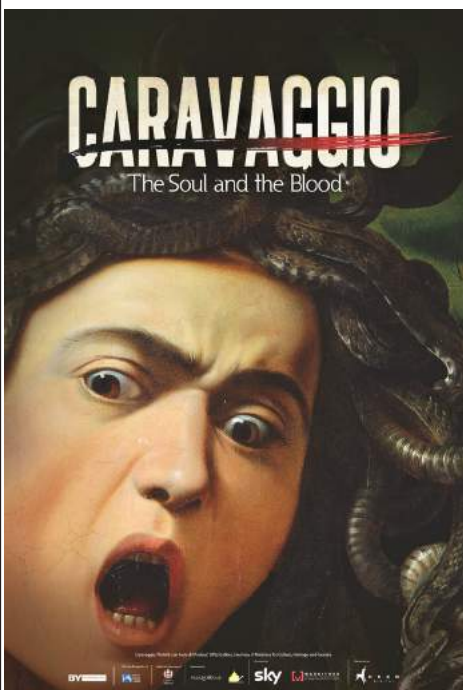
For more information people should contact Herbert at penncoveproductions@gmail.com.

Arena Theater Presents
Great Art On Screen
"Caravaggio:
The Soul and The Blood"
Sunday, June 30

Great Art on Screen is an exciting addition to the alternative content offerings at Arena Theater. The event films will take audiences on a journey all over the world with the most expert scholars viewing the dramatic portraits of the master of light and shadow, Caravaggio, whose internal struggles are expressed in his emotional masterpieces.

"Caravaggio: The Soul and The Blood" will screen at Arena Theater on Sunday, June 30 at 1:00pm. Doors open at 12:30pm. Tickets are \$15 online and at the door.

Take an immersive journey through the life, works and struggles of the Italian master Michelangelo Merisi di Caravaggio. Roberto Longhi, a Caravaggio expert, explores in the artist's masterpieces the echo



of personal experiences and the expression of the human state, both physical and emotional.

These evocative moments — thanks to the use of light and cinematic techniques — allow viewers to go deep inside the mind and soul of Caravaggio, empathizing with his impulses and fears.

Arena Theater is at 214 Main Street, Point Arena. (707) 882-3272 and on the web at www.arenatheater.org.

NOTE: Mark your calendar. Turn of the century Vienna provides the backdrop for works of extraordinary visual power by two friends, a mentor Gustav Klimt and his protégé Egon Schiele. This film will screen in August 11.

"A Universe Of Stories"

The Coast Community Library in Point Arena Presents
The Summer Reading Program • 2019

This year's theme for the library's Summer Reading Program is "A Universe of Stories". They'll have weekly programs (most taking place on Wednesdays at 1:00 pm), crafts, and snacks at Coast Community Library, 225 Main Street, Point Arena. For more information, call 882-3114; also online at: www.mendolibrary.org.

FAMILY PROGRAM

- June 20, 5:00 pm (Thursday) – Children's music show with Marjo Wilson.

ELEMENTARY SCHOOL AGE PROGRAMS:
(most programs, 1:00 pm, Wednesdays)

- June 26, 1:00 pm - A Universe of Stories! Kickoff and registration.
- July 3, 1:00 pm - Stardust Gardens - OZ Farm gardening with Dean Fernandez.
- July 10, 1:00 pm - Stamp Art with Martin: discover the fun of stamp collecting.
- July 12, 12:00 pm (Friday) - Fratello Marionette's "Vaudeville Follies".
- July 19, 3:30 pm (Friday) - Magical Universe: Xtreme Science Magic!
- July 24, 1:00 pm - Sand Rockets! with Lena Bullamore.
- July 31, 1:00 pm - Origami in Space with Kathy Silva and friends.
- August 7, 1:00 - Universe Undercover... make a miniature book of your world.
- August 14: - Big Bang Pizza Party! Out of this world!

TEEN/ADULT PROGRAMS

- June 27, 3:00-5:00 pm (Thursday) - The Universe is Our Palette - exploring inner and outer space through writing and art with poet artist Blake More.
- July 21, 2:00 pm (Sunday) -The Soul of the Night: An Astronomical Pilgrimage by Chet Raymo, selections performed by Linda Pack, of Public Radio's Mendocino County Remembered on KGUA & KMUDD & KZXY.
- August 11, 2:00 pm (Sunday) - Explaining Stars with Brendan Mobert. Birth, life, and death of stars... the building blocks of galaxies.

SATURDAY MOVIES @ 1:00 pm

- June 29: A Dog's Way Home (2019)
- July 13: A Wrinkle in Time (2018)
- July 20: Flight of the Navigator
- July 27: The Last Starfighter
- August 3: Sherlock Gnomes (2018)
- August 10: Explorers



Schedules available at Coast Community Library, 225 Main St., Point Arena and www.mendolibrary.org & www.facebook.com/coastcommunitylibrary. The Summer Reading Program is sponsored by Mendocino County Library and the Friends of Coast Community Library. Snacks are provided by local businesses.



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ARENA THEATER
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June 2019

Johnny Steele
Standup Comedy

Saturday June 15 8 PM

Coming: **Blues on the Coast**
Coco Montoya

Saturday August 20, 7:30 PM

Stratford Festival on Film
Saturday June 1 1 PM
Coriolanus

...
Mendocino Dance Project
Saturday June 8 8 PM
Spectator

...
Exhibition on Screen
Sunday June 9 1 PM
Van Gogh & Japan

...
3rd Monday Music
Monday June 17 8 PM
Open Mic Night

...
Blues on the Coast
Saturday June 29 7:30 PM
Vanessa Collier

...
Great Art on Screen
Sunday June 30 1 PM
Caravaggio: The Soul & The Blood

...
Arena Theater Film Club
Mondays 7 PM
June 3 Meeting Gorbachev
June 10 Leave No Trace
June 24 A Very Long Engagement
214 Main Street Point Arena

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Solution to Crossword:

Workshops At Gualala Arts This Summer • Many Ideas to Please Your Creative Side
Drawing, Cooking, Painting, Quilting and More.

New Moon



June 3

Full Moon



June 17

As we move into summer, maybe now is the perfect time for you to consider taking a workshop at Gualala Arts. Here's a list of what's offered in June and July. Note: unless otherwise indicated, all classes are at Gualala Arts Center. You must contact the Art Center at (707) 884-1138 to register for classes.



Back to Basics of Drawing with instructor Mike Henderson. A Drawing Workshop. Saturday & Sunday, June 8 & 9 from 9:00am - 3:30pm. Cost: \$80 for Gualala Arts Members; & \$95 for Non Members. Call 707.884.1138 to sign up by June 2.

This two-day workshop is designed for both intermediate-level artists to revisit and firm up their drawing foundations and for raw beginners to get off on the right foot toward sketching and drawing independence. Through demonstrations, hands-on practicals, and PowerPoint examples, participants with a few basic drawing tools will (re)discover the drawing process, value, line, shapes, light and shadow, negative space, and proportion.

Fermentation Basics- Learning the Almost "Lost Art" with instructor Jill Nussnow. A Cooking Workshop. Sunday, June 9, 1:00pm to 4:00pm. \$55 for Gualala Arts Members; \$70 for non members, \$15 materials fee to be paid to instructor. Sign up by June 2.

In this class, Jill will review the important aspects of fermenting and why it's healthful. You will learn to make your own sauerkraut- flavored to your taste, kimchi and fermented nut and/or seed cheese. This is a hands-on class and materials will be provided. You will be taking home a jar of each

ferment that you have made. Jill will teach you how to continue the process at home for better health, flavor and longevity.

Abstract Painting and the Spirit of Nature with instructors Diane Williams & Chuck Potter. An Abstract Painting Workshop. Saturday & Sunday, June 15 & 16, 9:00am-4:00pm. \$155 for Gualala Arts Members & \$170 for Non Members. Sign up by June 8.

Venture with us into the realm of self-expression by learning to harness nature's energy and direct it onto the canvas. We will begin by identifying our spiritual and emotional connection to the four elements earth, air, fire and water. We will be identifying how each of these elements is sensed and perceived and then translated into abstract painting. Instruction will include demonstrations in basic and advanced acrylic painting techniques including painting with rust to create the patina of age, sumi ink and Stabillo pencils to create expressive mark making, handmade stenciling and printing to create patterns.

Landscape Quilts with instructor Margreth Barrett. A PPQG workshop. Wednesday & Thursday, June 19 & 20, from 9:30am - 4:00pm. \$30 for Gualala Arts Members; \$40 for Non Members. Sign up by June 5.

Most of us on the Mendonoma coast have chosen to live here for the stunning natural beauty that surrounds us—magnificent redwoods, the spectacular ocean and beaches, lovely wildflowers and rustic farms. This two-day workshop will assist participants to express these glorious surroundings in fabric. Participants will use one of three photographs as a guide for their quilts (see the materials list for the photos), and combine piecing, raw-edge applique, Sharpies and free-motion quilting techniques to make their own interpretation of our beau-

tiful environs.

Doodling & Tangling: Artist Trading Cards. With instructor Donnalynn Chase. A Workshop. Saturday, June 22, 12-2:30pm. \$25 for Gualala Arts Members; \$30 for Non Members; \$7. Sign up by June 15.

We've all made marks on paper, walls and other surfaces since we could hold a fat crayon. We've doodled during phone conversations, lectures, and staff meetings – and making dashes, curves and lines are not something newly invented. Whether or not our doodling or tangling is mindful or not, this mark making is relaxing, fun, meditative, and can be very addictive.

In this workshop we will be using rubber stamps on artist trading cards (ATC) as a way to explore the creative process with doodling and tangling. The focus will be on fun and learning how to enhance your personal mark-making; not on learning a trademarked doodle.

Still Life, Oil & Acrylic. With instructor Elio Camacho. A Still Life Workshop. Saturday & Sunday, June 29 & 30, from 9:00am-4:00pm. \$275 for Gualala Arts Members; \$300 for Non Members. Sign up by June 18.

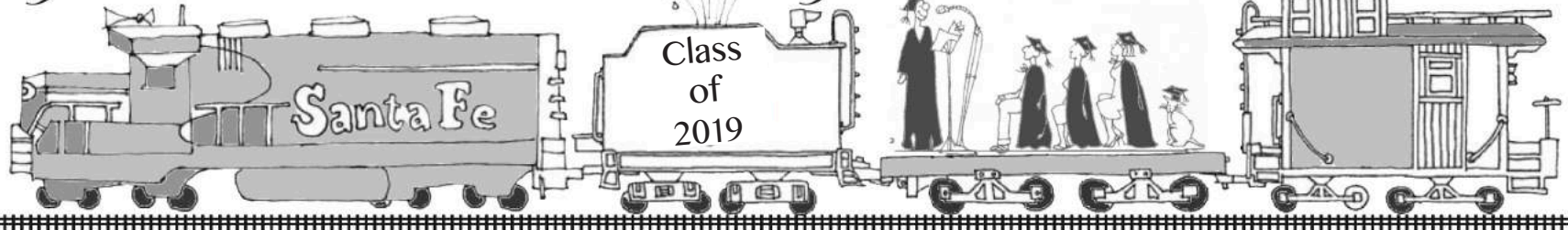
Elio's colorful approach to painting and his sunny disposition are guaranteed to inspire. In his words: "Each time I paint my goal is to capture the particular mood of the moment and to express myself in a bold and colorful way and while capturing the beauty and spontaneity of nature." Putting passion and emotion into a painting is far more important than just making a copy of your subject. If you have similar goals and want to learn to fill your canvases with color and boldness then this class may be for you. Depending on your level and goals we will try to develop a program for improving your ability as a painter."

Friends of the Library
Annual Meeting June 17

The Friends of the Library Annual Meeting is set for Monday, June 17 at 6:00pm with guest speaker, Carolyn Cooke, author and Professor in the Masters of Fine Arts program at California Institute of Integral Studies (CIIS) in San Francisco. Carolyn's ideas for her talk include: • What's culture? • Our age of books and television • Autocosmology (a "new" mode of writing) • Writing as Consciousness. The library is at 225 Main Street, Pt. Arena, 95468. (707) 882-3114.



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The June Full Strawberry Moon Night Tour June 15 & 17 at Pt. Arena Lighthouse

The Point Arena Lighthouse continues its popular Full Moon Night Tours with two tours in June. They will offer an (almost) Full Strawberry Moon Night Tour on Saturday, June 15 and a Full Strawberry Moon Night Tour on Monday, June 17. Gates open at 8:30pm, Tour starts around 9:00pm both nights. The evenings will feature a special presentation about the Light Station's history and technology, sweet and savory snacks accompanied by champagne or sparkling



juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon – if the weather cooperates, of course! An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 per person for two or more guests. Reservations must be made at least three days in advance of the tour.

While the tours are scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests.

In the event the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

According to the Old Farmer's Almanac this Full Moon got its name from the Algonquin tribes in eastern North America who knew it as a signal to gather the ripening fruit of wild strawberries. It has also been known as the Honey Moon, Mead Moon, and the Full Rose Moon in Europe.

"Our Full Moon Night Tours have frequently sold out well in advance, and guests always marvel at the moon rising over the hills east of Manchester or Point Arena just as we arrive at the top of the Lighthouse Tower," says Mark Hancock, Point Arena Lighthouse Executive Director. "Come enjoy this unique coastal experience!"

The Lighthouse offers Full Moon and (almost) Full Moon Night Tours throughout the year, see their website PointArenaLighthouse.com for details. For more information or to make a reservation, call the Lighthouse at 707-882-2809, ext. 1 at least three days prior to date of your desired tour.

Scott Mercer Next Pt. Arena Lighthouse Lecture Whales and More set for June 15

Admission is \$5 and the lecture will be presented in the Fog Signal Building at 45500 Lighthouse Road, Point Arena.

This lecture will be a close look at the common large baleen whales of the local coast: humpback, finback, and blue whales, with a special emphasis on the ecology of the gray whale and the 2019 census. For each species Scott will look at their overall dimensions, populations geographic range, food preferences, and feeding strategies. He



will give extra emphasis to the ecology of the gray whale and report the results of our sixth annual gray whale census and mother/calf pairs.

Mercer (pictured at right) began studying marine mammals in 1974 with a lengthy feeding study of the sea otter in Monterey Bay. In 1978, he founded New England

Whale Watch Inc., operating the business until 1990, affording him as many as 165 days at sea each year.

During the off-season, Scott co-founded a research station in Nova Scotia, Canada, studied humpback whales in Newfoundland, Canada, served on a research vessel from Woods Hole Oceanographic Institute, and led ecotourism expeditions in the Caribbean. Scott taught a marine mammal class for 14 years at the University of New Hampshire, as well as marine related classes and shipboard courses. He has published three books, including *The Great Whale Book* and *Whalehead Nation*.

For more information or to make reservations please contact the Lighthouse staff at (707) 882-2809, ext. 1.



Hey Peddler Reader! Pay Attention.

We Have A New Feature.

As you look through this issue of the Lighthouse Peddler, you'll probably discover a new feature. (OK, we started it last month but wanted to remind you again....)

For a couple of years now we've been asked about having a 'classified ad' section in the Peddler. A number of you have been persistent so we've decided to adopt your idea. On page 19 you'll find the new section.

We decided to give the classified ad something other than the name "Classified Ads". So we thought and we thought and decided to call it "Hey Peddler Reader. Look what we found".

The reality is that's pretty much how and why we created the section. We're not certain what people will be selling, and it's a good bet that we'll have to come up with some rules and guidelines.

Some of our readers may recall (or recall hearing about) the 1964 comment from Supreme Court Justice Potter Stewart. He was asked to define pornography but, alas, said he could not. He simply replied, "I know it when I see it." That's about how we'll set the rules for the classified ads.

So don't be surprised if we say "no" to some requests, and go ahead and be surprised if we say yes to something you thought we'd avoid. Let's try a variation of the Justice Stewart answer: If it makes us cringe we'll decline. Cringeworthy. Yeh. There it is. That's where we'll draw the line. As we start, that's the primary rule.

How about a special offer? For the first 10 people to advertise their stuff, I'll help refill your garage by giving you an old CD or vinyl record from my collection. (My choice).

In any case, we wanted to tell you about this new feature and encourage you to go through all that 'stuff' in your garage, storage unit, or wherever.

Hey Peddler Reader. Take a look. Page 19. Maybe we'll consider ourselves "the eBay of monthly newspapers". Or....



Gualala Arts

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Dolphin Gallery Opening
Saturday, 6/1 Free 5-7 pm
Steve Chell & Alexis Moyer
Photography and Ceramics
Exhibit Continues through June 30

Gualala Arts Openings
Friday, 6/7 • 5-7 pm
"Interactive Art"
Richard Weiss

Free **Gualala Arts Elaine Jacob Foyer**
Friday, 6/7 • 5-7 pm
"Town & Country"

Roland Stoughton & Doric Jemison-Ball II
Gualala Arts Burnett Gallery
Both Exhibits Continue through June 30

Sunday, 6/9 4 pm
Ernest Bloch Bell Ringers & Friends
*A Fun-filled Concert for All Ages
with Musicians and Vocalists and
Fundraiser for Seniors Meals On Wheels*

Sunday, 6/23 11 am
"A Summer Solstice Celebration"
An All-Ages Event: music, artisanal products, pizza from the wood-fired oven, silent auction, raffle, bargain clothing, drumming, singing and a Spiral Dance.

Still Time to Register For . . .

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— July 9 - July 19
- **Gualala Arts Auto Show**
— Saturday, July 20
Register by July 1 for Free T Shirt.
- **Art In The Redwoods**
— August 15- 18
Registration ends: July 8

Purchase Advance Tickets at
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Harmony: (här-men-ē)•
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whole.



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Peaceful Feelings, Off The Grid, and War Three Films From Arena Theater Film Club In June

The Arena Theater Film Club presents three unique films this month. They'll take us from the politics of the 1980s, to the more contemporary idea of attempting

of Soviet control of Eastern Europe and the reunification of Germany; and the dissolution of the Soviet Union and Eastern Bloc. One German diplomat sums up Gorbachev's approach: "The process went so quickly that . . . opponents were overcome by the reality of the situation." Herzog and Singer remind us of the drastic and unforeseeable way the world changes. Meeting Gorbachev screens at Arena Theater on Monday, June 3 at 7:00pm. The film is not rated and has a runtime of 92 minutes.

A week later the club presents "Leave No Trace" where we're allowed to watch a veteran face his trauma when he and his daughter rejoin society after living off the grid.



There are quite a few of us around today, Baby Boomers, who remember the world flirting with the possibility of nuclear warfare. Generation X babies were reaching adulthood as the philosophy of MAD—Mutually Assured Destruction—seemed to be reaching a renewed level of possibility. And yet, we did not mutually destruct. What seemed to be the most significant moment in the long, cold, Cold War, was a determination by the Reagan Administration and the U.S.S.R.'s General Secretary Mikhail Gorbachev to invest in dialogue. Following all of the hard-line one-dimensional Soviet leaders—from Stalin to Chernenko—came Gorbachev. Clearly he arrived on time, or perhaps just in the nick of time. With Millennials (and those who follow) having no personal living memory of those times we welcome the arrival of a film like "Meeting Gorbachev".

Mikhail Gorbachev sits down with filmmaker Werner Herzog to discuss his many achievements. Topics include the talks to reduce nuclear weapons, the reunification of Germany and the dissolution of his

country. Herzog and Andre Singer's riveting 2018 documentary, filled with memorable archive materials and based on three long interviews, provides access to the now 87-year old Gorbachev, former General Secretary of the U.S.S.R. Herzog, as on-screen interviewer, does not disguise his affection, celebrating Gorbachev's remarkable accomplishments: negotiations with the U.S. to reduce nuclear weapons; cessation



of Soviet control of Eastern Europe and the reunification of Germany; and the dissolution of the Soviet Union and Eastern Bloc. One German diplomat sums up Gorbachev's approach: "The process went so quickly that . . . opponents were overcome by the reality of the situation." Herzog and Singer remind us of the drastic and unforeseeable way the world changes. Meeting Gorbachev screens at Arena Theater on Monday, June 3 at 7:00pm. The film is not rated and has a runtime of 92 minutes.

A week later the club presents "Leave No Trace" where we're allowed to watch a veteran face his trauma when he and his daughter rejoin society after living off the grid.

The film's director Debra Granik is a New York City-based independent film and documentary filmmaker and screenwriter. She is probably best known for 2004's "Down to the Bone", which starred Vera Farmiga, and 2010's "Winter's Bone", which starred Jennifer Lawrence in her breakout performance. Granik was nominated for Academy Award for Best Picture and Best Adapted Screenplay for "Winter's Bone". She now brings us "Leave No Trace", a film based on the book "My Abandonment" by Peter Rock.

Will (Ben Foster) and his teenage daughter, Tom (Thomassin Harcourt McKenzie), live a perfect but mysterious existence in Forest Park, a beautiful nature reserve near Portland, Oregon, rarely contacting the world beyond. But when a small mistake tips them off to authorities, they are sent on an increasingly erratic journey in search of a place to call their own.

permanently outside it." "Leave No Trace" will be shown Monday, June 10 at 7:00pm, is rated PG and has runtime of 109 minutes.

At 7:00pm on Monday, June 24, the club brings us "A Very Long Engagement" (France, 2004). Directed by Jean-Pierre Jeunet, the film tells the story of a young woman's relentless search for her fiancé, who has disappeared from the trenches of the Somme during World War One.

Mathilde (Tautou) is told that her fiancé (Ulliel) has been killed in World War I. She refuses to believe this, however, and begins trying to find out what actually happened on the battlefield the night he was supposedly killed, enlisting the help of a private investigator. During her search, she stumbles across evidence of the inhumane and morally bankrupt system used by the French to deal with deserters, and hears from other men who were sentenced to extreme punishment.

Christopher Orr, in his review in The Atlantic wrote "A Very Long Engagement"



is all that its title promises. At two and a quarter hours, it is the longest film yet by French director Jean-Pierre Jeunet; happily, it is also the most engaging, a stylish and satisfying epic of love and war, hope and memory." The

film has an official runtime of 134 minutes, is rated R, and is in French with English subtitles.

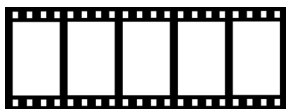
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Words on Wellness • June Blooms: Yarrow

by Karin Uphoff

June blooms are a joyful extension of color on the headlands as spring's flush of wildflowers succumb to summer's tawny dry days. Yarrow is one such flower growing out of a basal rosette of feathery leaves, hidden in the ever-taller grasses. Achillea millefolium, is in the sunflower family and found wild throughout the temperate regions of the Northern Hemisphere. The name millefolium describes its "thousand leaves", while yarrow's head is comprised of



Photo Courtesy: shawnacoronado.com

tiny white to pink flowers that clump umbrella-like on its sturdy stalk. The auspicious name Achillea refers to the legendary warrior Achilles who used yarrow as a field dressing for his soldiers' wounds in the Trojan War. Also called

milfoil, this plant has long been a favorite backyard medicine for nosebleeds by rolling the fresh leaves and packing them up one's nose. If you use power tools, garden tools and kitchen knives, yarrow is ready first-aid to help quell bleeding and begin to reduce swelling until you get further treatment. The fresh flower heads and upper leaves can be cleaned and crushed to make a paste and wrapped tight on a washed gash for accelerated healing.

Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of

Botanical Body Care: Herbs and Natural Healing for Your Whole Body.

Learn more about Karin at: www.karinuphoff.com

Yarrow stands knee high on its strong stalk which was traditionally used (forty-nine of them) to consult the ancient I Ching Chinese oracle, instead of a set of three coins commonly used today. The plant's sturdiness is a signature for the strengthening effect yarrow tea or tincture has on blood vessels and moving circulation to places that aren't getting it. Indeed, it is used to treat Raynaud's syndrome, blood clots, varicose veins, bleeding hemorrhoids, colitis and high blood pressure. Yarrow is a famous fever herb, specific for when skin feels hot and dry, because it will promote perspiration that moves heat out of the body.

Our coastal yarrow is especially aromatic in volatile oils that stimulate secretions of the respiratory and digestive tract. To that end, the flower-tops can be used in steams and nasal washes for clearing sinus passages and opening the lungs. These same oils help move congestion from the liver so yarrow is often included in teas and cordials to calm indigestion. Finally, yarrow flower essence has been used for decades as a powerful remedy for emotional and energetic protection – something you might feel as you walk past its bright glow.

Black-necked Stilt: "Slender Wader"

The Black-Necked Stilt is a slender wading bird with long red legs. It forages along edges of fresh and saltwater marshes, ponds and tidal mudflats. The bird is 14" tall with a long black bill. Its legs are proportionately the longest of any North American bird. Feathers are black on top and white underneath. The eyes are crimson.



Black-Necked Stilts wade in shallow water, foraging on aquatic bugs and crustaceans. Their nickname, yelper or lawyer, is a description of their persistent mating sounds.

During courtship, the male pecks at the surface of water and preens his breast. The female stretches (elongates), then the male circles the female and flicks water. Nests, built in small colonies by both

parents, are shallow depressions on low mounds near water. They are lined with shell bits, pebbles, twigs and fish bones. When it is hot, parents will take turns shading eggs. They even soak their bellies to cool the eggs and have been known to do that more than a hundred times a day.

Adults distract predators from the nest by performing aerial displays or hitting the water with their breasts to make a sharp sound. They also will lead predators away from the nest by feigning injury or pretending to incubate eggs in a location nowhere near the actual nest.

The young hatch in 25 days. Like many shorebirds, chicks can run and forage immediately but are not able to fly for a month.

Our thanks to the Mendocino Coast Audubon Society for contributing this article. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendocino Coast. More information is at www.mendocinocoastaudubon.org. Photo credit: Audubon

Animal Care & Welfare • "Summer Water Issues"

By Cathy Sue Riehm

Rex loves to swim. We were at one of his favorite spots, Navarro River Campground, when I noticed the large amount of green 'mats' along the shoreline (exposed due to the low water level). It was blue, and it was green—is this the blue-green algae that can be toxic to animals?

Reports of dog deaths after swimming in water with a cyanobacteria algal bloom have increased over the last few years, and have been reported as nearby as the Russian River, the Eel River and Clear Lake. Higher temperatures (over 77 degrees), low water levels, long sunny days and high nutrient levels (of phosphorus and nitrogen) can contribute to cyanobacteria, creating a toxic 'bloom'. Dogs tend to ingest water while they swim, or they may lick the water off their coats after swimming. Symptoms can occur within minutes—from vomiting and skin irritation to foaming at the mouth, seizure . . . and even death.

So what do we look for? How can we tell?

Is it harmless seaweed or toxic blue-green algae? When conditions come together and create a toxic bloom, it can have a bright green 'pea soup' (above) or a 'brown jelly' appearance. Brown 'scum' or foam (below) on the surface of the water and along the shoreline can be formed by the blue-green algae bacteria. There also tends to be an 'earthy' or 'loamy' smell that comes with a cyanobacteria algal bloom. Typically in fresh water ponds and lakes, blooms can also occur in rivers with very slow moving water.



The best preventive measure is simply not allowing animals to drink or swim in water that is of concern. Not all algae blooms produce the harmful toxins (microcystins and anatoxins). Water needs to be tested to determine if it is, in fact, toxic. Suspicious bodies of water can be reported to the Mendocino County Health and Human Services Agency—Environmental Health at (707) 234-6625.

The things to do are: the things that need doing: that you see need to be done, and that no one else seems to see need to be done. Then you will conceive your own way of doing that which needs to be done—that no one else has told you to do or how to do it. This will bring out the real you that often gets buried inside a character that has acquired a superficial array of behaviors induced or imposed by others on the individual.

R. Buckminster Fuller (1895-1983)

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Town & Country: A New Exhibit At Gualala Arts Opening June 7 Roland Stoughton's Pastels and Dorc Jemison Ball II's Ceramics

We all know that northern California has been like a magnet drawing people from other parts of the state and other parts of the country. And the art often reflects the color, texture, and emotion of northern



California and this exhibit is no exception.

Gualala Arts is pleased to announce the opening of the June exhibit, "Town and Country", by two area artists. The exhibit in the Burnett Gallery features Roland Stoughton's soft pastels and Dorc Jemison-Ball's textured ceramics. The Gallery will host an opening reception for both artists Friday, June 7, 5:00pm to 7:00pm.

Town and Country is a collaboration between Roland Stoughton, who works in soft pastel, and ceramicist Dorc Jemison-Ball. Stoughton's rural landscapes explore the boundary between realism and abstraction. Jemison-Ball's complexly textured

ceramics will, in this show, explore urban forms, making their own 3-D urban landscape within the surrounding installation of Stoughton's paintings. The work of the two artists connects through their sensitivity to color and texture, a shared dedication to instinctive visual enjoyment, and influences of mid-century abstract expressionism.

Roland Stoughton, a former Gualala Arts Center President, is a retired physicist and entrepreneur, devoting most of his time now to art and music. Stoughton has long admired the mid-century painters Rothko, Avery and Diebenkorn, and was fortunate to be able to learn pastel techniques from the landscape painter Wolf Kahn, a student



of Hans Hoffman. The pastels in Town and Country are the product of several years of effort toward learning to work in this medium and to synthesize influences of these artists into representational landscapes.

Dorc Jemison-Ball, long-time President of the North Coast Artists Guild, is a former healthcare executive and Internet service provider, now retired and enjoying life as a full-time artist. Jemison-Ball is known primarily for his highly conceptual



work in ceramics, sculpture and painting. The work in this show, however, will mark a return to his origins in ceramics in the mid 1960's. Focusing on the raw nature of clay, the work will explore form, texture and color in a style reminiscent of the abstract expressionist work of Peter Voukos from the same period.

The exhibit continues in the Burnett Gallery through June 30, 2019.

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Exhibition on Screen Presents: "Van Gogh & Japan" At Arena Theater • June 9

"I envy the Japanese" Van Gogh wrote to his brother Theo. In the exhibition on which the film is based—"Van Gogh & Japan" at the Van Gogh Museum in Amsterdam—one can see why. Exhibition on Screen presents the film Sunday, June 9, 1:00pm. Doors open at 12:30pm, the film screens at 1:00pm. Tickets are \$15 online and at the door.

Though Vincent van Gogh never visited Japan it is the country that had the most profound influence on him and his art. One cannot understand Van Gogh without understanding how Japanese art arrived in Paris in the middle of the 19th century and the profound impact it had on artists like Monet, Degas and, above all, Van Gogh.

Visiting the new galleries of Japanese art in Paris and then creating his own im-

age of Japan—through in-depth research, print collecting and detailed discussions with other artists—Van Gogh's encounter with Japanese artworks gave his work a new and exciting direction.



After leaving Paris for the south of France—to what he thought of as near to a kind of Japan as he could find—the productive and yet troubled years that followed must all be seen in the context of Van Gogh bending Japanese influences to his will and defining himself as a modern artist with clear Asian precursors. In this little known story of Van Gogh's art we see just how important his study of Japan was. The film travels not only to France and the

Netherlands but also to Japan to further explore the remarkable heritage that so affected Van Gogh and made him the artist we know of today.

Dolphin Gallery Presents Works By Steve Chell's and Alexis Moyer

Opening Reception June 1

The Dolphin Gallery is pleased to present the works of two northern California artists. The exhibit features Steve Chell's photographs (and a few mirrors) and Alexis Moyer's ceramics. The opening reception is scheduled for Saturday, June 1, 5:00pm to 7:00pm. The works of these two artists compliment each other well.

Steve Chell successfully transitioned from the high-tech environs of Silicon Valley to life on the Mendonoma Coast. And he has



continued his transition within the art world as well. His successful 2016 exhibit of Mixed Media Mirrors (and photographs reproduced on aluminum) at The Dolphin Gallery signaled his continued growth as an artist.

His June pieces will include a few mirrors "for old time's sake," says Steve. But the bulk of his show will feature abstract photographs in several different presentation styles. His most popular in recent years has been his 3" X 18" dye-infused photographic prints on metal that are adhered to a strip of gray mirror, then to a wood base that extends the piece 2 1/2" from the wall. He will also have a variety of abstract prints framed and matted.

Not a trained artist, Steve entered the art scene through photography. "Yet, I al-

ways wanted to create something not being done by others," he says. "So my first effort in that direction was to build something out of wood and mirror. That led to my mixed media mirrors that utilized different colors of mirror and varieties of textured glass." Eventually, he combined his two art forms by incorporating strips of his abstract photos into his mirrors.

His focus now is entirely on the photographs that feature fascinating shapes, textures, colors, and the play of light and dark. These beautiful elements are everywhere we look . . . but, perhaps more accurately, they are where we seldom look. Steve points his camera at these special places to capture their hidden beauty. He calls it "painting a picture in pixels."

Locals and visitors who have traveled Highway 128 between the coast and Philo have probably seen or stopped at a unique storefront, The Pot Shop. Alexis Moyer's studio, in a re-purposed gas station has been a fixture in Philo since 1988.

This June the Dolphin Gallery will feature Moyer's Mediterranean blue pottery with



her signature frog and ginkgo-leaf motif. "Frogs?" you may ask. As Moyer says, "I like people to smile when they look at my work. When I see that smile I feel like something special has been shared. I like to make pieces that stand-alone, a favorite mug or serving piece, as well as working in combination with my other pieces to complete a dinner

table." Beyond the obvious functional nature of her work, Moyer appreciates conveying a deeper connection. "While frogs have many symbolic meanings my favorite is that frogs represent transformation and change. Their journey from egg to polliwog to frog reminds me to keep growing and changing, to continuously dive into fresh creative waters."

After beginning college majoring in architecture Moyer became interested in pottery and subsequently transferred to California

College of the Arts in Oakland studying under Viola Frey and Art Nelson. She then had the opportunity to study Minoan and Mycenaean pottery and architecture in Crete, Greece. It was an experience that strongly influenced her forms and also developed her love of intense colors.

Moyer's studio in Philo is open daily by coincidence or by appointment. "I thoroughly enjoy meeting the people who collect and enjoy my work. As a ceramic artist, being able to share a mutual enthusiasm for pottery with people from all over the world has been a very special and rewarding experience for me."

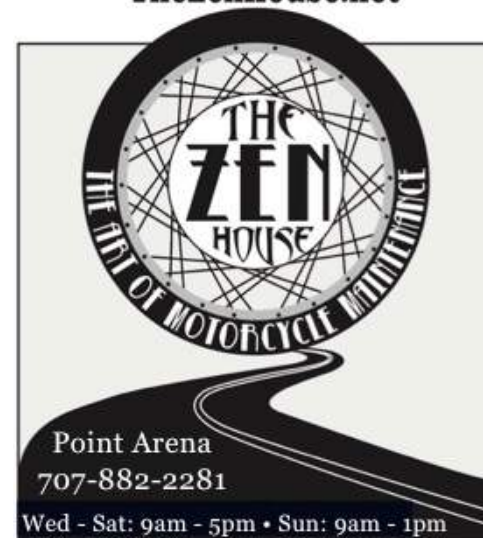
The works of both artists will continue at Dolphin Gallery through June 30. Information is at 707-884-3896 and at DolphinGallery.org.



ience for me."

Information is at 707-884-3896 and at DolphinGallery.org.

TheZenHouse.net



"I'm not a diva. I'm a tadpole trying to be a frog."

Toni Braxton (1967 -)

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Muddy. by David Steffen

Milwaukee is not the center of Blues music today. Well it's never been the center. But when I grew up there I could hear Blues on the college radio station and on a weekend show on local R&B station WAWA. Some local artists were solid R&B performers who achieved enough success to travel regionally and occasionally nationally. My all time favorite was the group Harvey Scales and The Seven Sounds. Not a pure Blues singer, but a talented singer, songwriter and performer. Scales died this year at the age of 78. He was born in Arkansas but happily for me grew up in Milwaukee. In his early years he worked a blue-collar day job and played the clubs (and some larger gigs) in the evening. I remember seeing him on a multi-act show at the old Milwaukee Auditorium. Scales knew how to attract black and white audiences with his live shows, and his 1967 hit record "Loveitis"



only helped bring in more fans. ("Loveitis" is on my list of 'desert island discs'.)

When I moved to Chicago I had multiple opportunities to see and hear the Blues, and that's when I met Bruce Iglauer who was already a man on a mission. Bruce was perhaps the most passionate music guy I met in those days. He decided to roll the dice and with his own money started Alligator Records. I was lucky enough to be working for the local indie distributor in Chicago in 1971 when Alligator's first album by Hound Dog Taylor and the Houserockers was released. Bruce came into the offices and handed each of us a copy. One could easily tell that a lot more than Bruce's money was invested in Taylor. His heart and soul were there too. It was one more reminder about Chicago's place in the history of the Blues. At one time or another Alligator released albums by Big Walter Horton, Son Seals, Fenton Robinson, Koko Taylor, Albert Collins, Lonnie Brooks and others.

Last October I wrote about a couple of rising artists, both of whom I happened to find through an ancient and yet dynamic media source: FM. Elise LeGrow was one of those rising artists. As I wrote in 2018,

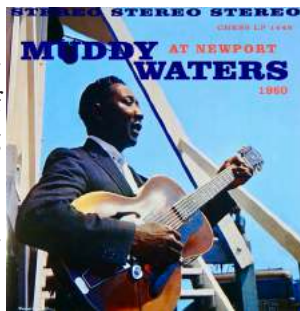
“. . . KZYX radio's Audible Feast host Fred Wooley played a track that left me confused. I knew those lyrics. At least I thought I did. But something was "wrong". The tempo? The singer? The instruments? And suddenly it all came exploding out of

some hidden part of my brain. The song was 'You Never Can Tell', a classic Chuck Berry hit from the 1950s." LeGrow's album, 'Playing Chess' is all about the Chess Brothers—Leonard and Phil Chess—and their eponymous Chicago record label. For her album Legrow chose a list of songs from the Chess catalog including 'Over The Mountain', 'Rescue Me', 'Who Do You Love', and 'You Never Can Tell.'

The list of people who sang, played, wrote songs, produced records, or otherwise contributed to the success of Chess Records includes, of course, Chuck Berry. But there was also Howlin' Wolf, Bo Diddley, Sonny Boy Williamson, Willie Dixon, Little Walter, The Moonglows, The Flamingos, Etta James, Fontella Bass, Little Milton, and Muddy Waters. That group gave us R&B, Jazz, and Blues. Some (or perhaps many) of those names you know. And if the names don't immediately ring a bell, when you hear the music you'll recognize much of the musical history of Chess. And Muddy Waters was part of that history.

Waters was born McKinley Morganfield in Mississippi in the years just before World War I. (There is a difference of opinion as to whether he was born in 1913 or 1915. No matter.) As many people before and since can attest, growing up in Mississippi in the first half of the twentieth century shapes one's life, and some of those influences were transformed into music. Muddy Waters wouldn't be the first young man from Mississippi to grind his way through a 'professional life' as a musician, delivering that history in his music. His voice had equal parts gravel and pure emotion. And he was often surrounded by some of those same musicians when he recorded or toured. People like Otis Spann, Willie Dixon, Little Walter, Elga Edmonds, and others. Influence was a two-way street. In his 1987 autobiography Chuck Berry recalled Muddy Waters touring through St. Louis in 1955.,

"Enthralled to be so near one of my idols, I delegated myself to chaperone him around spots of entertainment in East St. Louis. Ike Turner was playing at the Manhattan Club and since he was my local rival for prestige I took Muddy there to show Ike how big I was and who I knew. . . . I took



Muddy to my house that night and introduced him to [my wife] Toddy." Berry's wife was such a fan she had a picture taken with Muddy Waters while the bluesman held Berry's guitar. As I said, the paths of these musicians crossed regularly, in the studio and out.

Muddy Waters toured England and performed at the 1960 Newport Jazz Festival. Clearly he was reaching a wider audience, and the 1960s was a decade of crossover music. By the time he released "Electric Mud" in 1968, Waters was known to tried-and-true Blues fans, R&B disc jockeys, and a burgeoning largely white audience listening to "underground FM" radio. "Electric Mud" was embraced by the new audiences and more reluctantly accepted by his core. Produced and recorded with some of the amazing musicians of Rotary Connection (who, in theory, helped bring along a perceived 'psychedelic' flavor,) the album included Willie Dixon's "I Just Want to Make Love To You" and "I'm Your Hoochie Coochie Man", Mick Jagger/Keith Richards' "Let's Spend The Night Together", Water's own "She's All Right" and more. The packaging was simultaneously under-



stated and over the top. The basic white cover bore only the title "Electric Mud". When opened up, the inside of the gatefold jacket contained a single long shot of Waters holding his guitar, wearing sandals, standing in a white robe, with a look topped off (literally) with a freshly-processed 'do'.

The sessions included Muddy Waters: vocals, Gene Barge: tenor saxophone, producer, Phil Upchurch: guitars, Roland Faulkner: guitars, Pete Cosey: guitars, Charles Stepney: organ, arranger, producer, Louis Satterfield: Bass guitar, and Morris Jennings: drums.

Muddy Waters recorded about a dozen studio albums between 1960 and his death in 1983. His gravestone says "McKinley Morganfield, 1915-1983. The Mojo Is Gone. The Master has Won". Long after the era of Chess Records, we can look back on the evolution of artists like McKinley Morganfield and be thankful they came our way. And left us their music.



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Did you read the new feature on page 19? Check out "Hey Peddler Reader?". It's the unclassified classified. Another way for you to sell something you've been trying to get rid of. Or buy something you didn't know you need!

Take a look.

VANESSA COLLIER from cover

For this performance, no cruise is required. Come to Arena Theater and witness one of her head-turning, fiery, and passionate performances. As a master musician and multi-instrumentalist, Vanessa Collier weaves funk, soul, rock, and blues



Photo by Jim Hartzell

into every powerful performance and she is downright impressive. With soulful vocals, searing saxophone, and witty songwriting, Vanessa is blazing a trail, racking up an impressive arsenal of honors, and has already singled herself out as an artist of distinction and one we would all do well to watch.

A reviewer recently wrote, "She stands out as a vocalist, sax player, and with a sneak attack guitar ability that brings the "old blues" right into the modern day. Belt-ing out the blues her voice truly transcends the moment and takes you with her on a ride through the emotion and story of each song. There is no moment where you are left just listening, you are truly traveling."

A five-time Blues Music Award nominee, in early 2019 Vanessa was nominated for two 2018 BMAs, the first one for Best Contemporary Blues Female Artist of the Year which puts her in elite company of artists such as Beth Hart, Samantha Fish, and Shemekia Copeland. She won her second nomination for Instrumental—Horn Player of the Year—and has drawn comparisons to veteran artists like Trombone Shorty, Al Basile, and Jimmy Carpenter.

Prepare to enjoy. Her peers love her. And you will too. Get there a little early and stop by the Arena Theater bar and snack stand. They'll be open. Then sit back and enjoy.

Arena Theater Presents

The Mendocino Dance Project, Saturday June 8 "Spectator: A Contemporary Dance Show"

The Mendocino Dance Project brings an all-new, original show to audiences this spring. Spectator explores how the body reacts to outside pressures, perceptions, and influences, and how those things are reflected in our physicality. All of our experiences, thoughts and feelings are carried in our bodies. We react to situations and to each other in a variety of ways, always triggering a physical response, sometimes loud, sometimes subtle. Spectator' looks at the many ways we witness each other and what changes occur with ongoing shifts in our environment.

Immediately captivating, Mendocino Dance Project is set for Saturday, June 8 at Arena Theater. Doors open at 7:30pm. Performance at 8:00pm. Tickets are \$15.

Spectator: A contemporary dance show Mendocino Dance Project is a dynamic and athletic dance company from the

Mendocino Coast making dances inside theaters and in outside spaces, on and off the ground. The company's thought provoking work addresses what it is like to be human from many different angles. In addition to performing and creating



original shows, Mendocino Dance Project teaches creative movement in schools, offers workshops and classes, collaborates with other arts organizations, and brings quality entertainment to Mendocino County communities and beyond.

Arena Theater Presents • The Stratford Festival Production of "Coriolanus" by William Shakespeare • June 1

Beginning with Shakespeare's "Coriolanus," on Saturday, June 1, at 1:00pm, Arena Theater will screen two new live stage events, captured for the big screen, direct from the Stratford Festival, Ontario, Canada. Doors will open at 12:30pm.

Staged at the Stratford Festival and named on many 2018 year-end critics "best of" lists, the Stratford Festival's "riveting" and "exhilarating" (The New York Times) production of Shakespeare's "Coriolanus," has been called "the show of the decade . . . a landmark production for the Stratford Festival. Maybe for William Shakespeare, too" (The Globe and Mail), and "the greatest contemporary staging of this play that I have ever seen" (Chicago Tribune).



The production is directed by genre-defying theatre artist Robert Lepage and stars André Sills, "a magnetic and imposing actor" (The New York Times), with a stellar cast delivering "performances that send shivers down the spine" (The Globe and Mail). Lepage takes the story of the rise and fall of a legendary general who must face off against the angry Roman mob and infuses it with the energy



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"Life may not be the party we hoped for, but while we're here we should dance."

Anonymous

Gualala Arts and the Global Harmony Series present "A Summer Solstice Celebration"

Sunday, June 23, 2019 in the Redwood Grove at Gualala Arts

Gualala Arts and the Global Harmony Series present "A Summer Solstice Celebration" on Sunday, June 23, 2019, from 11:00am to 3:00pm, in the Redwood Grove at Gualala Arts Center, 46501 Old State Hwy, Gualala, CA 95445.

The event, held on the longest day of the year, is designed to recognize the ancient Goddess traditions that honor the feminine influence in nature and society. The celebration is presented by the Priestesses of the Iseum of Mary Isis, an organization

of local women committed to enabling women's spiritual growth by reviving the



concept of the Divine Feminine.

Solstice festivities will include music, sales of artisanal products, pizza from the wood-fired oven, silent auction, raffle, bargain sale of clothing and accessories drumming, singing and a Spiral Dance. Admission to the event is free and is appropriate for all ages and is family friendly.

More information is available by emailing Karen Tracy at anchorbaytracy@gmail.com, or calling (707) 884-1338.



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Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do

A Book by Jennifer L. Eberhardt, Ph.D. • Reviewed by Jennifer Bort Yacovissi

No need to fear being scolded in this understanding, revealing look into the insidiousness of partiality. Author Jennifer L. Eberhardt opens the first chapter of *Biased*, “Seeing Each Other,” with a personal story that sets the tone for what follows:

“I spent the first twelve years of my life in Cleveland, Ohio, in an all-black world. My family, my neighbors, my teachers, my classmates, my friends — every person I had any meaningful contact with until that point was black.”

When her parents decided to move their family several miles away into a virtually all-white neighborhood, she worried that she wouldn't fit in and her classmates wouldn't be friendly. As it turned out, that was not the issue at all: The girls in her class were welcoming and inclusive.

The problem? Eberhardt could not tell them apart.

“I'd had no practice recognizing white faces. They all looked alike to me.” This phenomenon, known as the “other-race effect,” appears to be one way our experience helps to wire our brains to work more efficiently, much like the speed with which we lose the ability to form certain sounds that our native language doesn't use.

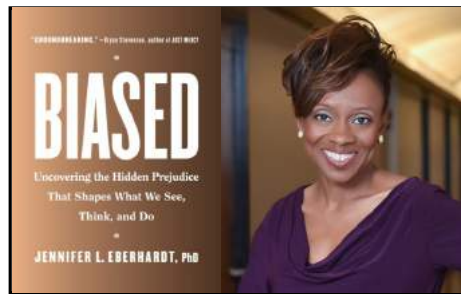
That experience in school is, in part, what drew Eberhardt into the field of social psychology, but her use of the story to open the book helps to reassure readers that this is a non-judgmental exploration of issues that are troublesome for all of us; we needn't worry about being hectored for our failures or blind spots.

The entire point here is to explore the insidious nature of unconscious bias so that we are all more able to recognize instances of it in our thoughts, impulses, and reactions.

A bias for our own cohort, then, is a built-in feature of the human brain; it is not in it-

self a marker of racism, sexism, or any other -ism. The extent to which that bias remains somewhat benign, or instead metastasizes into an active bias against another cohort, is more often a product of the prevailing norms and cultures in which we are raised.

The long history of political, pseudo-scientific, and religious justifications for the



subjugation of blacks (and, for that matter, of women) remains baked into the American psyche, stubbornly resistant to eradication. Very resistant, it sometimes seems:

“As recently as 2015, one of the nation's largest textbook companies was still publishing a high school geography text in Texas that portrayed slaves as ‘workers’ who'd cruised here on ships from their native Africa to toil in southern agricultural fields.”

The author draws from wide-ranging studies and experiments, a number conducted by herself and her colleagues, to illustrate the many forms that bias takes, as well as the relative efficacy of attempts to overcome it.

From the ways in which race influences the severity of discipline in schools, to the unintended consequences of teaching color-blindness as a way to eliminate bias, to the demonstrably improved call-back results minorities achieve when they white-wash their résumés, the study results are unfortunately consistent.

Some bias, it turns out, is rather easy to overcome, at least in very specific instances.

When complaints about gender bias in orchestras became loud enough in the 1970s — the prevailing arguments were that women simply weren't as good as men — some orchestras started doing blind auditions, in which the musicians were screened off from the evaluators. Writes Eberhardt: “The researchers found that blind auditioning increased the probability that a woman would make it past the preliminary round by 50 percent.”

Beyond the many experiments, though, it's the human stories the author tells to underline the science that are inevitably more immediate, gripping, and heart-wrenching. In the chapter “Male Black,” that focuses on the entrenched black-crime bias, she tells a story of sitting with her family in a park in Monterey, California, and watching a police officer approach a young black couple at a picnic table next to them.

The cop asked for their IDs, called for back-up, had the young man stand, and began to photograph him. Why? A crime had been committed nearby and the description given over the radio was, “male black.” As she watches her young sons chasing each other through the grass nearby, oblivious to the drama playing out next to them, Eberhardt can only wonder how old her boys will be the first time someone confronts them with suspicion solely because they are black.

Eberhardt does significant work with police forces around the country to help give them tools to battle ingrained bias, especially as it relates to the black-crime connection. Given the many recent high-profile cases of cops shooting unarmed black men, the need for better training seems urgent. Fortunately, her work shows that the training pays off.

What about for the rest of us? It would have been naïve to imagine that the election of our first black president in 2008 signaled the end of racial bias in this country, but it gave many of us hope that we were on the right path.

To watch, then, the political rise of our current president tracking with the stunning rise in overt hate groups and hate crimes against a host of racial, ethnic, and religious groups — spurred on in campaign rallies and Twitter rampages — shows us just how easily we can lose our way once again.

Jennifer Bort Yacovissi is a member of PEN/America and the National Book Critics' Circle and writes a monthly column and reviews regularly for the Independent. She is chair of the 2018 Washington Writers Conference and is president of the Annapolis chapter of the Maryland Writers Association.

The Top-15 Books (plus 1). Pick Up One You Missed

“When I am attacked by gloomy thoughts, nothing helps me so much as running to my books. They quickly absorb me and banish the clouds from my mind.

Michel de Montaigne (1533 - 1592)

1. **City Mouse** by Maggie Rudy
2. **Mendonoma Sightings** by Jeanne Jackson & Craig Tooley
3. **qh awala.li Water Running Down Place** by Annette White-Parks
4. **Sea Ranch Architecture, Environment and Idealism** by Jennifer Dunlop Fletcher
5. **The Storied Life of A.J. Fikry** by Gabrielle Zevin
6. **Overstory** by Richard Powers
7. **Where The Crawdads Sing** by Delia Owens
8. **The Reluctant Buddhist** by William Woollard
9. **Go, Went, Gone** by Jenny Erpenbeck
10. **Washington Black** by Esi Edugyan
11. **Indian Horse** by Richard Wagamese
12. **Field Guide to Birds of California** by Alvaro Jaramillo
13. **You're Doing What?** by Ed. by Marjorie Penn Lasky
14. **Drawdown** by Paul Hawken
15. **Save Me The Plums** by Ruth Reichl

The Lighthouse Peddler is pleased to bring our readers a list of the Top-15 books being picked up and read by locals and visitors alike.

Our thanks to Four-Eyed Frog Books, a Community-owned Bookstore.

Another Book You Might Like*

* **Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do**

by Jennifer L. Eberhardt, Ph.D.
(See review on this page)

Inexpensive Father's Day Gift Ideas

- Tell him you love him.
- Visit him.
- Make dinner for him.
- Take him to a movie or a sports event.
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- Take a walk along the ocean.
- Write him a letter.
- Share some favorite photos with him.
- Challenge him to chess or checkers.
- Remind him of how right he was.

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LegoRobotics Camp - July 8,10,12,15,17,19 (Gualala Location) & July 22, 24,26,28,31, Aug 2 (Point Arena Location) \$100 per person - 4th grade and above

15th Annual Gualala River Run - Saturday, Oct 12th. More details to follow

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Scuttlebutt

by Mitch McFarland

I never like to go too long before reminding my readers what an economic and environmental disaster nuclear power is. Anyone paying attention understands that we taxpayers and consumers will be spending literally trillions of dollars over many coming decades (centuries?) to account for our folly of unleashing nuclear fission energy on our planet.

The argument thus far has been about the future costs of clean-up and storage of nuclear waste. As we know, these costs are enormous and permanent fixtures in our national budget, yet are never figured into the costs/kilowatt of generated electricity. For a time nuclear power was the cheapest form of electricity if one discounted these eventual expenses. That is no longer the case. Not only is nuclear power more costly over time, but also in current time.

This is evident in many cases. Connecticut, Illinois, New Jersey and New York have all created subsidies for nuclear power in their states to keep struggling plants operating, while Ohio has recently decided against such a move.

The nuclear industry generally has struggled to compete with less expensive electricity generated from natural gas and renewable energy. Around the country, five nuclear plants have retired in the past five years, and another five are scheduled to close within a decade. In Pennsylvania, the Three Mile Island plant — which still has one functioning reactor — is having trouble selling its power because it's more expensive than other sources like natural gas. Exelon Energy, owner of Three Mile Island Generating Station Unit 1, announced it will shut down by September 30. The company says the plant has been losing money for years. They have campaigned to save the plant, which was licensed to operate for 15 more year, by seeking a subsidy from Pennsylvania's legislatures. Despite the fact that it will no longer produce power, it will still bleed money as work to decommission and cleanup the site will continue for many years to come.

Ohio is not so eager to subsidize nuclear power, particularly given the opposition of the powerful natural gas industry in Ohio. Many coal fired plants have been shut down in Ohio recently and nearly a dozen gas turbine power plants are planned for or are already under construction in Ohio. They will burn shale gas from Ohio and Pennsylvania. Plant developers say the combined cycle turbines are twice as efficient as coal or nuclear power plants. Nevertheless, FirstEnergy Solutions, owner of the

nuclear power plants in Ohio are requesting a \$300 million a year subsidy. FirstEnergy Solutions has been operating with junk bond ratings for some time. William Seitz, a Cincinnati Republican who chairs the Ohio House Public Utilities Committee, states, "I am not sensing a keen desire on the part of the House members to vote on this and doubt that we will have more hearings in the near future..."

" It is great to see coal and nuclear power plants closing down, but there is a downside to this as well. People lose good jobs that can't be outsourced, local governments lose tax revenue, and another industrial facility lies dormant. So what to do?"

It is great to see coal and nuclear power plants closing down, but there is a downside to this as well. People lose good jobs that can't be outsourced, local governments lose tax revenue, and another industrial facility lies dormant. So what to do? Some people are on it.

Of the nearly 300 coal-fired power plants that have closed since 2010, 14 are in Pennsylvania. Tired of being thought of a part of a rust belt, the Department of Community and Economic Development has created a plan for redeveloping some of them. They develop what they call "playbooks" (they really love football in Pennsylvania) that describe the sites and list their advantages and drawbacks. Access to a waterway, rail connections, high tension power lines, and an educated workforce may be offered to potential developers, while ground contamination or marginal access to major highways might also be admitted.

Several developers have already come forward to take advantage of such a welcoming invitation. Not surprisingly, one of the first was the plan by a Massachusetts company, Insa, to build a medical marijuana cultivating facility with plans to sell to dispensaries in Pennsylvania.

Though the contaminated soil and likely groundwater would make home building unadvisable, it is ideal for the construction of a solar array with transmission lines already a part of the site.

There are plans for a wood recycling facility as well as a gas-fired power plant, which will take up much less space as the coal-fired one, but produce 3 times the electricity. A warehouse and a data center are other options considered.

Meanwhile, in Washington state energy

provider TransAlta unveiled plans for using their closed 1000 acre coal mine to create the 180 megawatt Tono Solar project. TransAlta bought the mine in 2000 to supply its 2 coal-fired power plants, but stopped mining in 2006 to begin a transition away from coal. They have already closed one plant and will shutter the other in 2025.

New England Public Radio reported that the site of the old Mount Tom coal-burning power plant in Holyoke, Massachusetts, is now home to batteries to store solar energy. Replacing the plant is a 17,000-panel solar farm with battery back-up to feed the grid at night.

The Brayton Point power plant in Massachusetts was closed in 2017, but is getting a new life as a manufacturing site for offshore wind turbines. It is ideally located for ocean access with its 750 ft.

wharf and 34 foot depth of water. This makes shipping the large structures out to sea a simple matter. The facility also has 2 very large cranes that will be used to move the enormous blades. The 307-acre site is probably the largest industrially-zoned location on the east coast that's currently available for this type of activity. Also, power lines connected to the old plant can allow the site to be a transmission point for the electricity produced offshore.

Defenders of the status quo like to characterize the end of 20th century fuels as having apocalyptic potential. Our Denier-in-Chief loves the laugh lines he gets when doing his comedy act for adoring fans while ridiculing the future. Fortunately, there are legions of those who not only accept the undeniable need for energy transition, but welcome the opportunities that it provides.

Arena Theater Presents
3rd Monday Music
June 17 • Open Mic Night

Summer solstice is almost upon us and with it comes a quarterly edition of Arena Theater's popular 3rd Monday Music show on Monday, June 17, at 8:00pm; sign up begins at 7:30 p.m. Musicians and other talents are invited to sign up for Open Mic Night. If you want to be the featured band, please call 882-3272 for details.

Arena Theater's 3rd Monday Music grew from the desire to have a venue for local musicians to hone their stage skills and meet other musicians. The shows are organized and run by volunteers including lights and sound, setting up and managing the stage and tending the theater bar. All proceeds benefit Arena Theater and it's also a fun dance night for the community. Requested donation is \$5 at the door.

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Edited by Margie E. Burke

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HOW TO SOLVE:
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

Graduating Seniors Look Forward (and Back)

by Warren Galletti

[Editor's Note: This is the fifth of a five-part series on the Point Arena schools written by District Superintendent Warren Galletti. This column consists of excerpts from Warren's interviews with four PAHS graduating seniors about some of the changes they've made since freshman year, their observations about the school, and recommendations they'd give to incoming freshmen.]

Warren:

Of the last four years, what was the toughest for you?

Isela:

The year the protest happened, the end of my freshman year. We were wondering if we'd even have finals.

Eliz:

Sophomore year, and the last week of freshman year when a lot of the teachers were let go. We were used to them. After the walkout, it was unstable.

Matt:

Sophomore year. I didn't have to put as much work in, and I kind of fell behind academically. It was a little rough with the admin moving around, and teachers in their first year not used to teaching.

Warren:

Have you changed much since then?

Matt:

Definitely, a significant change. I'm now really thinking about my life, taking responsibility. Before it was chaotic. I felt like I had plenty of time.

Isela:

Wiser? I believe so. Yeah, I have more confidence in my abilities, mainly in English. Mr. Kramer really knew how to help with our AP scores. He taught us what we needed to know, what was really on the AP exam.

Eliz:

In my freshman year, I was super involved in sports: cheerleading, volleyball, basketball. Since then, I've been getting ready for college, wanting to focus, prioritize.

Jackson:

Yes, everything about me, what I wanted to do. Now, I know I want to do — something connected with biology. I like studying biology. The subject ignites me.

Warren:

Did a teacher at PAHS spark this interest?

Jackson:

Roger (Mr. Little), something about his class drew me in. He was project-based, tons of different ones. We took bacteria and made it glow in the dark, used gummy bears to model proteins. He'd have a conversation (at the beginning of class) talking about everything, and draw you in that way.

Warren:

Matt, was there a teacher who made a difference for you?

Matt:

Mr. Coles' class, computer science.

Warren:

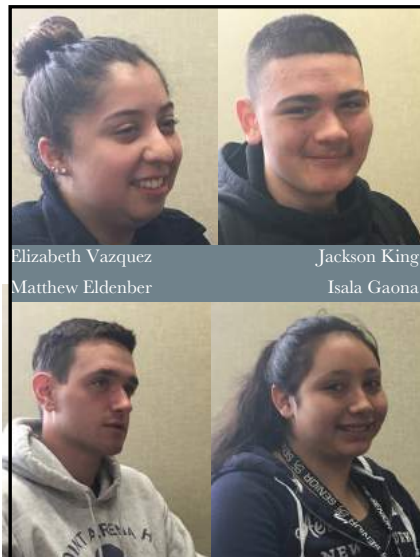
You're heading to UC Santa Cruz, the Banana Slugs? Nice, Will you play a sport?

Matt:

I might participate in the triathlon.

Warren:

What about you, Isela?



Elizabeth Vazquez

Jackson King

Matthew Eldenberger

Isela Gaona

Isela:

Probably, Lillian McFarland. She had been here since I was a freshman. She's really positive. I can go to her when I have questions. I had her all four years.

Warren:

Eliz, any thoughts about how the school has changed?

Eliz:

Kids used to wander around before class. Teachers couldn't keep them in class. It's a little bit more focused, I think.

Matt:

Everything's a lot more stabilized. People aren't all over the place.

Isela:

Last year our principal, we rarely saw him on campus. Mr. Wilkes is always on campus, checking on people. Ms. Miller, our counselor, knows what she's doing. I like the teachers this year.

Jackson:

The school is more organized. There were challenges last year: new teachers, instability here, a different counselor, lots of subs.

Warren:

You've had a new principal and new counselor every year you've been here. How did you prepare for your future?

Isela:

I couldn't connect with the counselors, so I

did most of it by myself. I plan on becoming an immigration attorney. It's my background. I've always been interested in immigration.

Warren:

Makes me proud A long road, stay the course.

Eliz:

I came into the counselor's office to get help, but there was a different counselor every year. This year, I wouldn't be where I am without Ms. Miller (the counselor). She helped me with my college letters and scholarship applications.

Warren:

How many scholarship applications?

Eliz:

Nine or ten.

Warren:

Matt, do you have any advice for Ms. Miller, the counselor, Mr. Wilkes, the principal, or for myself as superintendent?

Matt:

Things are going pretty good. Mr. Wilkes was a hard guy, at first. Now it's going pretty good.

Eliz:

Tell the teachers to make their students be on time, not slack as much, hold students accountable. And start to advertise college a little more. My dad always threw me out in front; he wanted me to talk for myself. Some students need more help than I did. Get their parents more involved.

Warren:

Advice for incoming freshmen? Help them out, Jack.

Jackson:

Do your homework. You don't want to procrastinate. Do it as soon as possible.

Matt:

Start thinking about your future. It may seem like it's a mile away, but it comes really fast. Make decisions.

Eliz:

Keep priorities straight. Sports are a big thing. They take a lot of time. My classmates would say they don't have time for homework. (I'd ask them) what are you putting in front: sports or school work?

Isela:

Take classes seriously. Don't get behind or you end up giving up and feeling overwhelmed. Stay with it every day. Don't get the overwhelmed feeling!

And, to the community: I would like to thank our community for generously helping our graduating seniors by providing them with well-earned scholarships!
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Superintendent, Point Arena Schools

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Here's a bit more about

Matt, Isela, Jackson, and Elizabeth.

Matthew Eldenberger: Ran and/or played cross-country, track, baseball, wrestling, basketball, golf, triathlon, (never did tennis, but wanted to), built his own computer and electric scooter. A builder, inventor, surfer, fisherman, mountain biker, diver, heading to UC Santa Cruz to study computer science.

Isela Gaona: Cheerleader, Associated Student Body member, received a Scholar Athletic Jacket for high GPA and excellent attendance record, plans to be an immigration attorney. Was UC/CSU eligible, chose Santa Rosa Junior College, transferring to Sonoma State within a year, majoring in criminal justice.

Jackson King: In concurrent enrollment with UC Scout, taking AP classes online (favorite, so far, environmental science). Played varsity basketball, received a Scholar Athletic Jacket for high GPA and excellent attendance record, heading to Sonoma State to study biology.

Elizabeth Vazquez: A cheerleader, played volleyball, basketball, has over 700 hours of volunteer service. Organized her own fundraiser to attend a Boston-based medical workshop. Wants to be a nurse, maybe physician, heading to Chico State, majoring in pre-nursing.

The Kind of Kid She Is

by Janet Chancellor

Emma, our youngest, loves animals. We've got one pet and that's a skinny runt of a rescue dog named Scrapy. Emma's always trying to keep that dog out of trouble. She made this sign once and taped it to the inside of Scrapy's crate. It said, "Thank you for not whining."

That's the kind of kid she is.

Grandma Larkin gave Emma a bird feeder for her birthday and Emma's done a right fine job keeping it full. Grandma learned Emma how to make nectar.

"4 to 1," that's what her Grandma says. Every Saturday, Emma climbs up on the stool in the kitchen so she's taller than the stove. She stirs one scoop of sugar into four scoops of water; brings it to a boil and lets it cool. Frank, her Dad, helps her take the feeder out of the tree in the backyard and hang it back up. Emma's good with pets. She's the one that does the reminding.

But the hummingbirds kept flying into the windows so we had a little talk about how they couldn't see the glass and thought they was just flying into the living room and instead they was breaking their necks. And that it was quick because they had little necks but it was sad none the less.

I told Emma she could put some stickers on the windows so the birds would know there was glass there. Emma cut some mailing labels into strips and pieced the strips together to make letters. She wrote cheerful words - like HAPPY and LOVE and SMILE. Her brothers teased her, saying birds can't smile. But that didn't bother Emma like it bothered her that when she went outside all the words was backwards.

I was pulling up my window shade this morning, welcoming the rising sun, when I saw a lump of something; I wasn't sure what, lying still on the wet pavement on our front walk. At first I thought it was a rodent, or if I was lucky, the gopher who's been leaving mounds of dark

dirt in our other-wise green grass.

I didn't want Emma to see whatever it was.

"Where are my slippers?"

For lack of better, I pulled on my rain boots, which was left on the rug inside the front door. I approached whatever it was, carefully. I don't know about you, but I would rather come upon something dead, than dying.

I squinted, having not-yet put on my glasses, and moved forward, carrying a twig from the firewood box just in case I would need to do some poking.

I moved forward, slowly, and saw, sadly, it was a bird—a beautiful, brown bird with an amazing yellow tip on its tail feathers. Dead. Deader than a door nail. Must a hit the front window, I figured.

We divide up tasks in our family. Emma does all the "I love animal things." Henry has -- empty the garbage, take the cans to the road, kill the spiders and "dead animal duty." I told Henry that a bird must a hit the window and he went out, straight away, to "take care of it."

He didn't want Emma to see it either.

When Henry came in, tracking dirt on the floor, I whispered, "What did you do with it?"

"Went to the morgue, got a cute little casket and buried him," He sheepishly grinned and I raised my eyes up and to the right, sucking on my bottom lip.

I was glad there was no funeral this time. Our last ceremony-- over a goldfish -- left Emma confused as to where heaven was.

Frank told Emma to get out her mailing labels and make another sign.

He helped her put the numbers and letters on the front window.

They wrote: 90T2

That's the kind of man he is.

Voter Registration Returns To Pay & Take June 15.

Getting registered to vote is as easy as stopping by the Voter Registration table Saturday, June 15 at Pay & Take at the Gualala Community Center. Registration will be available from 8:30am to 12 noon.

California residents (any county) who will be 18 years old on or before the next election and are U.S. Citizens are eligible to register to vote. The forms are in English and in Spanish.

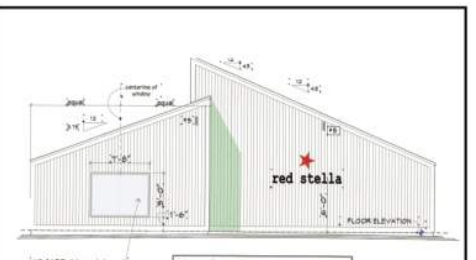
Please note: You must re-register if you have changed your address, changed your name, or wish to change your political party.

The new, improved Voter Registration forms are easier and more user-friendly. If you are a youth 16 or 17 years old, you may now preregister in advance of your 18th birthday.

Please bring your Drivers License, or California ID card, and your Social Security number.

Voter Registration will continue at all Pay N' Takes, every first and third Saturday of the month, throughout the Summer, Fall, and Winter, weather permitting. Voting rights are civil rights. Thank you for protecting and exercising your precious right to vote.

Information at: www.sos.ca.gov and 707-884-4703.



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Crossword

by Margie E. Burke

ACROSS

- 1 Soldiers' meal
- 5 Like kitten videos
- 9 Charley horse, e.g.
- 14 Malicious
- 15 Soon, to a poet
- 16 Woodshop machine
- 17 Largest city on the island of Hawaii
- 18 USPS manager
- 20 Common wild card
- 22 Be full of
- 23 Curved path
- 24 Shakespearean barmaid
- 25 No walk in the park
- 26 Lean and sinewy
- 27 Hosted a newscast

1	2	3	4		5	6	7	8		9	10	11	12	13	
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54			55						56				57		58
59							60						61		
62							63							64	

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- 29 Literary twist
- 31 Hotel freebie
- 32 Digitally enhance, as a recording
- 34 Patio of sorts
- 36 Try
- 40 Stretch out
- 42 Rat's place
- 43 Lodge resident
- 45 From now on
- 47 Reclined
- 48 Break bread
- 50 Unsavory
- 51 Frequently, in verse
- 52 Remote button
- 53 Guts
- 54 Paternal
- 57 Take a needle to

- 59 October 31 option
- 60 Anagram for "wane"
- 61 Opera solo
- 62 Char
- 63 Shoved off
- 64 Indian flat bread

DOWN

- 1 Word of indifference
- 2 D.A.'s need
- 3 Hit man's accessory
- 4 Show bad posture
- 5 Superhero garb
- 6 A, in Acapulco

- 7 Taqueria offering
- 8 Set foot in
- 9 Hit hard
- 10 Faux _____ (blunder)
- 11 Reach, as a goal
- 12 First #1 hit for The Four Seasons
- 13 Compassion
- 19 Practice Zen
- 21 Harmonized hymn
- 24 Hold on!
- 25 Macho guys
- 26 Donned
- 28 Flute's kin
- 30 PRNDL pick
- 33 Barber's offering

- 35 Bridle attachment
- 37 Lotion ingredient
- 38 Corsage flower
- 39 Do as directed
- 41 Bona fide
- 43 African adventure
- 44 Litter member
- 46 Ethel of Broadway
- 47 Hay holders
- 49 Hubby's mom, for one
- 52 Parcel
- 53 Small salamander
- 55 Old crone
- 56 Boy toy?
- 58 Rather, for one

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Farallones Dispatches: "Crisis on our Coast, Echo of the Past"

by Mary Jane Schramm

It was mid-January when the gray whale neared her familiar breeding grounds, San Ignacio Lagoon in Baja California. Heavy with calf, she had swum nearly six thousand miles from her feeding grounds in Alaska's Bering Sea, hardly pausing to rest, so urgent was her need to reach the lagoon's sheltered waters. She rounded Punta Abreojos – named Point "Open Your Eyes!" because of its hazards to mariners. Line after line of waves pushed in from the dark blue Pacific, launching themselves over the bar at the lagoon entrance. Practically surfing in, the whale cleared the narrow gap. Her time was very near, so she swam past the mating groups of whales, directly into the quiet Upper Lagoon nursery, where she gave birth. Her calf nursed normally at first, but then languished. One night, it disappeared. Perhaps the milk she had produced wasn't fatty enough; perhaps the calf hadn't developed properly within her. She herself was utterly exhausted by her long journey, and giving birth.



The whale had spent the past summer foraging in the Arctic for benthic amphipods, the gray whale's staple food: tiny crustaceans that live in the seafloor. Near the edges of ice sheets that usually cover the shallow Bering and Chukchi seas, as many as 14,000 "mud bugs" may occupy a square meter of sediment. Amphipods feed on dead algae that rain down onto the sea floor from beneath

the ice. Near the edges of ice sheets, gray in the Bering Sea. Air and water temperatures were higher than normal, preventing ice formation. No ice: no algae. No algae: no amphipods, and scarcity of amphipods meant the grays went hungry. Some tried switching prey and new locations, with limited success.

Nonetheless, last fall they began their annual journey, but without adequate energy reserves. Half the single whales reaching the lagoons were notably skinnier than usual - four times the average. Many gray whales doubtless died at sea undetected; others washed up on shore; still others, weak and starving, entered harbors and estuaries like San Francisco Bay, in abnormally high numbers. They sought food, or refuge from heavy seas, and the springtime threat of killer whales.

NOAA scientists are still investigating the extent and root causes of this die-off. Strandings continue to increase along our coast, with over 60 recorded to date (May 23, 2019), compared to 25 in 2018. Necropsy (post-mortem) reports often noted, "emaciated" or "malnourished." Whales that would ordinarily have transited Greater Farallones National Marine Sanctuary as part of a marine superhighway northbound were killed by vessels as they sought safe harbor along the busy shipping lanes converging on the Golden Gate and bay beyond.

In 1999-2000 NOAA declared an Unusual Mortality Event when 30% of the world's gray whale population died: an estimated 6,138

whales out of approximately 21,000 total. The same lack of Arctic ice and amphipods were deemed causal factors. But in 2007 they began to increase, and now number around 27,000. Clearly, this species has demonstrat-



ed resiliency in the face of change. Their flexible opportunism has maintained the species through gradual warming and cooling phases over its millions of years on our planet. Still, the ecosystem changes in the Arctic due to warming events clearly have repercussions far beyond the remote vastness of the north. They have become evident along our coast, in the news, and in our consciousness.

June 8 marks World Ocean Day, and, despite this tragic event, it is cause to celebrate – so long as we celebrate the good we have accomplished, but with a determination to do much, much more for the health of our Blue Planet, for the good of all the world's species. We have hope and our future before us. And a "hella" lot of work ahead.

Mary Jane Schramm
NOAA Greater Farallones
National Marine Sanctuary
Maryjane.schramm@noaa.gov
Photo: Left: NOAA; Above: TMMC Under NMFS Permit.

whales gouge out swaths of mud teeming with these fat-filled, living energy packets. Filtering the silt while trapping the food behind sieve-like baleen plates, the whale should have acquired a several-inch thick blubber layer over the summer. Blubber is Beautiful, when you're a whale. And these whales need that accumulated fat to survive their long, fasting migration to Baja and back again.

But in 2017 and 2018, there had been virtually no ice in the

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June Brings A New Exhibit at Coast Highway Art Collective Photography And Jewelry Highlight Opening Reception June 1

Works by guest artists, photographer Ron Bolander and jeweler Walt Rush, will be featured during the month of June at the Coast Highway Art Collective. On Saturday, June 1, the Collective hosts an opening reception for "And The Winners Are . . .," featuring works by both artists. The reception is from 5:00pm to 7:00pm. The community is invited to meet the artist, enjoy live music and view the artwork while enjoying food and drinks.

Anchor Bay artist Ron Bolander has been photographing professionally for most of his working life. Born into an artistic family who lived in New York, Bolander spent his teen years in some of the best galleries and museums in the world, such as the Guggenheim, the Whitney, New York's



MOMA and the Metropolitan. After moving to California in 1961 and finishing his education in business, he suddenly decided he wanted to create images with a camera. He began taking workshops, but realized he wanted to go back to school for a formal education.

After graduation, Bolander went into commercial photography, specializing in photographing people, large and small products, food, art and architecture. He then focused on fashion photography, working for a number of the larger companies includ-

ing Guess (sportswear). His work has appeared on the covers of numerous specialty magazines including Culinary Trends, Surface Design, Western Treasures and Ceramics Monthly.

He also taught fashion photography at Orange Coast College as well as a monthly workshop for studio lighting and fashion photography at the Irvine Fine Arts Center.

"After 35 years as a professional photographer in L.A. and Northern California, I hope that my experience, including a creative and technical proficiency gives the viewer a chance to see something different, original and maybe, thought provoking," says Bolander.

Internationally known, award-winning jeweler Walt Rush is a self-taught Gold/Silversmith with over 47-years of experience in creating jewelry. Rush excelled in school in art, drafting, metal and wood shop as well as welding. He moved to the California Coast in 2002 in order to create and design works of art in jewelry and precious metal sculptures.

Rush says he often designs the majority of his jewelry with a general creation in mind. However, as he is creating a particular piece, he finds the surroundings, metals and stones that he is working with will influence the end result. "In my wax designs I see something in my mind and cut everything else away. What I enjoy doing most is my water cast and sea grass designs because I



can't influence what is created from pouring or dripping the molten metal into the water or sea grass. I create from the design that takes shape when the metal hardens. I work with all types of stones, be it natural specimen, faceted or a variety of cabochons."

His works have appeared in the Mendocino Arts Magazine and was featured in one of the magazine's artist spotlights. He is a member of the Gualala Arts Center, the Mendocino Art Center and the Arts Council of Mendocino County. Rush's works are on display at the Discovery Gallery in Gualala, Artists' Collective Gallery in Elk, Dolphin Gallery in Gualala, and the Prentice Gallery in Mendocino. More of his work can be viewed at rushstudio.etsy.com.

The Coast Highway Art Collective is located at 284 Main Street, Point Arena, the little red building with the big yellow sun, located next to the Redwood Coast Credit Union. Regular hours are Thursday through

And The Winners Are.....
The Award Winning Photographic Art and Jewelry
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June 1 to June 30
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Hours are Thursday through Sunday 11 am to 5 pm
website: <https://www.coast-highway-artists.com>
Phone 707 862-3616

Sunday, 11:00am to 5:00pm. Visit the website at www.coast-highway-artists.com for information about the collective's artists, upcoming events and how to join.

Gualala Arts Presents The Interactive Art of Richard Weiss Opening Reception Friday, June 7 At Gualala Arts

Richard Weiss is a French-born Northern Californian artist expressing himself through different art forms. His art will be on display during June at Gualala Arts. The opening reception is Friday, June 7, from 5:00pm to 7:00pm. His work will be on display through Sunday, June 30, 2019.

Weiss recently won both Best of Show and Most Popular awards which was a first in the 57 year history of the Art In The Redwood juried show, the largest of its kind in Northern California with his 3-D reverse perspective painting "Tintin & The Case Of The Purple Orb". He also won 13 movie awards for his sci-fi feature film "The Book: They Came From Inner Space."

He reunited with known solo musicians from 4 continents to create his conceptual album "Dedicace", a precursor to world music, and also wrote the soundtrack to director Alejandro Jodorowsky's movie "Tusk".

Richard Weiss shares his time between Paris and the Mendocino coast, influenced by both cultures in his paintings. His work expresses humor toward the idiosyncrasies of our society. It comments on social and cultural issues by staging icons, symbols, and elements of popular culture into unexpected surroundings and situations. It is as if the characters had stepped into another reality. The work is whimsical, full of joy and wonder.

The overall experience in Richard Weiss' exhibitions remains one of surprise and playfulness. In this upcoming solo exhibition in the Elaine Jacob Foyer, Richard Weiss will present both his 2-D and 3-D work in acrylic-on-wood.

These interactive optical-illusion paintings engage a playful participation from viewers of all ages. Each and every gallery visitor has invariably spent time "playing" with them. The attraction comes from the fact that viewers become creators, designing their own and unique experience of transforming an image into another.

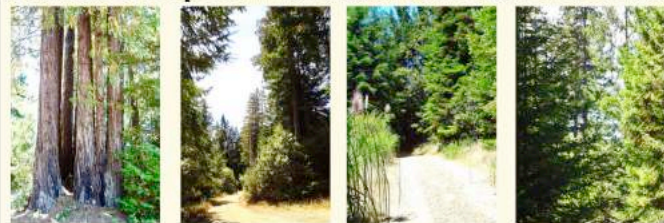
Below Image:
"Mon' & Nef".

Mixed Media by Richard Weiss



"Diamond In The Rough"

Anchor Bay Village vintage mobile home on 11.93 acres: redwood forest, blue water views, located above & wrapping around top of Anchor Bay Sub. All utilities @ mobile home on 1st terrace; primary building site on 2nd tier has primary utility hook-ups and is located in the middle of the parcel which extends to the creek on the southern side of the utility access road. It is bordered by water company tank site & larger parcel above on east.



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Get Out! June's Music, Poetry, Theater, Films, Art and Events

- Saturday 01: 1:00pm, Stratford Festival on Film: "Coriolanus" at Arena Theater
- Saturday 01: 5:00pm, Opening Reception, R. Bolander & W. Rush. Coast Hwy Art Collective
- Saturday 01: 5:00pm, Dolphin Gallery Opening with Steve Chell, Alexis Moyer (free)
- Saturday 01: 7:30pm, English Country Dance at Caspar Community Center
- Monday 03: 7:00pm, Arena Theater Film Club: "Meeting Gorbachev"
- Wednesday 05: 5:30pm, Mend. Health Alliance: Acupuncture Q&A at Elaine Jacob Ctr, Gualala
- Thursday 06: 7:00pm, Music, Memories, and Trivia Night at Garcia River Casino
- Friday 07: 5:00pm, Gualala Arts Opening with R. Weiss, R. Stoughton, D. Jemison-Ball
- Saturday 08: 3:00pm, City of Pt. Arena Meeting: Parks, Trails, Open Space
- Saturday 08: 8:00pm, Mendocino Dance Project at Arena Theater
- Sunday 09: 1:00pm, Exhibition on Screen: Van Gogh & Japan, at Arena Theater.
- Sunday 09: 4:00pm, Ernest Bloch Bell Ringers & Friends, at Gualala Arts
- Monday 10: 7:00pm, Arena Theater Film Club: "Leave No Trace"
- Friday 14: 8:30pm, Rolling Blues Thunder Band at Garcia River Casino
- Saturday 15: 8:30am, Voter Registration at Gualala Community Center
- Saturday 15: 1:00pm, Johnny Steel, Comedy Workshop at Arena Theater
- Saturday 15: 5:00pm, Whale Lecture with Scott Mercer at Pt. Arena Lighthouse.
- Saturday 15: 8:00pm, Johnny Steel, Standup Comedy at Arena Theater
- Saturday 15: 8:30pm, (almost) Full Strawberry Moon Tour at Pt. Arena Lighthouse.
- Monday 17: 6:00pm, Annual Meeting of Friends of Coast Library
- Monday 17: 8:00pm, 3rd Monday Music. Open Mic Night. At Arena Theater.
- Monday 17: 8:30pm, Full Strawberry Moon Tour at Pt. Arena Lighthouse.
- Thursday 20: 7:30pm, 3rd Thursday Poetry with Bernadette Restuccia at Arena Market & Cafe
- Sunday 23: 11:00am, Summer Solstice Celebration at Gualala Arts
- Monday 24: 7:00pm, Arena Theater Film Club: "A Very Long Engagement"
- Wednesday 26: 5:30pm, Democratic Candidate Debates at Mendocino
- Saturday 29: 1:00pm, "A Dog's Way Home" at Coast Community Library
- Saturday 29: 7:30pm, Vanessa Collier Band, Blues, at Arena Theater
- Sunday 30: 1:00pm, Great Art on Screen. Arena Theater. Caravaggio: The Soul & The Blood

Looking Ahead to July:

- Thursday 04: All Day. Independence Day
- Saturday 06: Street Fair and Fireworks in Point Arena
- Sunday 07: Parade on Main Street, Pt. Arena
- Saturday 20: Auto Show at Gualala Arts

Point Arena Independence Weekend Celebration 2019

**July 6: Street Fair & Fireworks
Arena Cove - 4pm to 11pm**

July 7: Parade on Main Street - Noon

Join us for food, fun & fireworks at the
largest fireworks show in the region!
Then enjoy our unique small town
parade the next day!

Fireworks: \$10/adult,
\$20/family of 4. 12-17
is \$5, kids under 12
FREE! Parade is free.

More information at pointarena.ca.gov or 882-2122.