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Lighthouse Peddler

Issue #189 July 2017

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Gualala Arts Auto Show! Cruise Through The Cars, July 15

If you love the nostalgia of old cars, the sound and fury of dragsters, the art of hot rods, customs, and modifieds, or maybe just looking at original cars you lusted after in your youth, you'll love the Gualala Arts Auto Show.

Cruise the landscaped grounds of the Gualala Arts Center while enjoying live music, BBQ, and all of

the excitement a car show brings. Judging for autos entered in the show starts at 7:00am on Saturday, July 15, and the show is open to the public 10:00am-4:00pm. Admission is free. There will be raffles throughout the day and a "Grand Giveaway" raffle at noon for all who

participated in and turned in their passports for the "Cruise Our Coastal Businesses" campaign.

Find your business passport at Point Arena Lighthouse, Gualala Arts Center or one

of the 60 participating businesses up and down the coast and have fun filling it up so you can enter to win.



Each time you make a purchase in one of the participating shops, you will get a mark on your passport; turn it in by noon at the Auto Show and you may be the lucky winner of a

AUTO: Cont'd on Page 2

7th Annual BBQ Benefit for the Manchester Union Elementary School Saturday, July 15th

Celebrating the 150th Anniversary of the
founding of the Manchester School District

Tri-tip & Chicken BBQ
with all the fixin's
1:00pm 'til 5:00pm

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Pre-Sale Tickets: Adults \$15, Children 6-12: \$5

Tickets at gate: Adults \$17, Children 6-12: \$6

To Order pre-sale tickets, help, donate, or sponsor: 877-1676 • 206-1518 • 684-0184 (Español)

Award Winning Author Amy Louise Alstatt July 8 Four-Eyed Frog Bookstore Hosts An Event For Children Too!

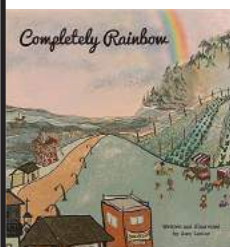
Here's a very special event for all of us. And this time, bring the kids, bring the young at heart, bring aspiring authors of childrens' books.

As I said, bring everyone for a fun story-sharing with award winning author Amy Louise Alstatt. Amy will be at Four-eyed Frog Books, Saturday July 8 at 4:00pm.

Her first book, **Completely Rainbow**, a 2016 Royal Dragonfly Award winner, is a story of finding a destiny that fulfills all the longings of childhood imagination.



We follow Jewels as she embarks on a colorful adventure to discover her purpose one color at a time until she at last finds that who she is has been inside



her all along. A charming story for teaching synonyms to your blooming reader.

Her second book, **Kings Beloved Colors**, is an original story of the rainbow that inspires children to embrace gifts and differences in others. An enchanting world where creativity is endless becomes poisoned with toxic emotions until the people recognize the Beauty of their own gifts. Representing our rainbow world, this tale amplifies the need for accepting the gifts within ourselves and others using vivid illustrations and a magical tale.

Beautifully illustrated, both books are sure to delight the young at heart. Snacks will be provided. Mention Lighthouse Peddler and receive a 10% discount on Ms. Alstatt's books at the event. And it's always a good time to pick up some early birthday, graduation, Christmas gifts.



"It's wrong to blame our economic challenges on poor people, immigrants, and people of color while we give welfare to corporations in the form of dramatic tax cuts."

Reverend William Barber

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Editor's Note: The 1957 Chevy on the cover is not necessarily an entry in this year's event. I chose to use the photo for my own nostalgic reasons. Love those Chevy fins.



wednesday - saturday 5ish-8ish

Dinner menu changes weekly

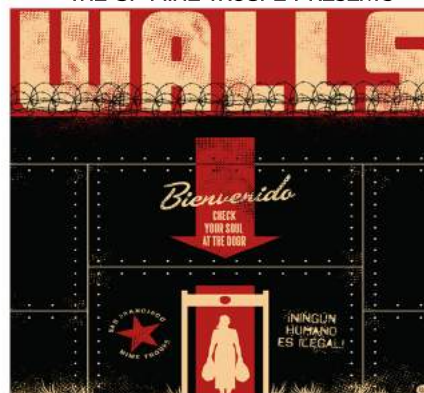
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AUTO from cover page

two-night stay at the Point Arena Lighthouse in the newly-remodeled House No. 4. This package also includes a Full Moon Night Tour of the lighthouse and dinner for two at the Pier Chowder House and Tap Room at the Arena Cove.

The "Summernationals" Pinewood Derby takes place Saturday morning with inspections from 10am to 11am and a race at 11:30 am. It's free to enter a derby car until July 10. After that entries are \$10 per car, plus another \$5 if entered the day of the race.

This year's show honors Gualala's Waterman Racing Components, Inc. and the men who built it. It is a 50th celebration anniversary of Sid Waterman's local company that has reach worldwide in the auto racing industry. They partnered in December 2016 with Aeromotive, Inc., and this past April was the company's 50th anniversary.

Located up the hill behind Gualala Supermarket, one would never know that Sid Waterman's unassuming Waterman Racing Components shop has held an international reputation for excellence in the great world of auto racing for more than 30 years and continues to be an industry leader not only for drag racers, but also for Indy, NASCAR, and USAC customers.

Sid started Waterman Racing Engines in 1967. He moved with his wife, Judy, to Gualala in 1979, selling the engine building part of the business and opening a new enterprise specializing in fuel delivery systems.

Joining Sid Waterman for the auto show and 50th Anniversary Celebration will be his

longtime driver Ronnie Hampshire, recently inducted into the Drag Racing Hall of Fame, his brother, Jeep, who built the engines, and Kent Fuller, who constructed the chassis and is also in the HOF.

Car enthusiasts will gather in the Arts Center parking lot to show off their vehicles, swap stories and marvel at all the classic cars. Vehicles will be judged for best Custom/Modified, Hot Rod, Sports Car, Stock, and Trucks with special awards for Ladies' Choice, Judge's Awards, People's Choice and others. The show is not juried and trophies are awarded.

With over 75 cars entered, it will be a day of great fun, good food, shared automobilia, and the ear-shattering roar of the Waterman-Hampshire classic nitro rail that set a world speed record in 1965.

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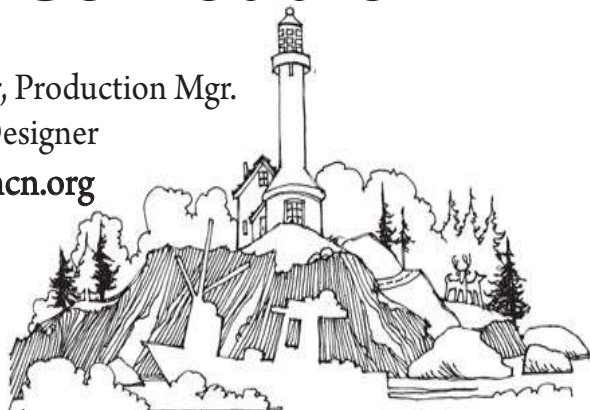
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Our thanks to July contributors Joel Crockett, Mitch McFarland, Blake More, Paula Ray Power, Cathy Riehm, Mary Jane Schramm, Tony Stanol, David Steffen, and Karin Uphoff.

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The Buck Moon July 8 Time For Another Perfect Evening At the Lighthouse!

The Point Arena Lighthouse will offer a Full Buck Moon Night Tour on Saturday, July 8. The Lighthouse gates will open at 8 p.m. and the tour will begin around 8:30 p.m. The evening will feature a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast, and sweet and savory snacks accompanied by champagne or sparkling juice will also be provided. An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 for two. Reservations



must be made at least three days in advance of the tour. While the tour is scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

According to the Old Farmer's Almanac, Native Americans called this July moon the Full Buck Moon because at this time a buck's antlers are in full growth mode. This full moon was also known as the Thunder Moon because thunderstorms are so frequent during this month.

"These Night Tours have been extremely popular, selling out well in advance many times in the last several months," says Mark Hancock, Point Arena Lighthouse Executive Director. "We do limit the number of guests to 20 so make your reservations early!" For more information or to make a reservation, call the Lighthouse at 707-882-2809, ext. 1 at least three days prior to date of the tour.

"As a matter of principle, I never attend the first annual anything."

George Carlin

Berkeley's Dan Bellm At 3rd Thursday Poetry July 20 by Blake More

On Thursday, July 20, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Berkeley poet Dan Bellm. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

Dan Bellm is a poet and translator. His fourth book of poems, *Deep Well*, comes out from Lavender Ink (New Orleans) in Spring 2017; his third, *Practice* (Sixteen Rivers Press, San Francisco), won the 2009 California Book Award. *Buried Treasure* (1999) was a finalist for the Walt Whitman Award of the Academy of American Poets, and won the 1998 Cleveland State University Poetry Center Prize. *One Hand on the Wheel* (1999) launched the California Poetry Series from Berkeley's Roundhouse Press.

His poems have appeared in such journals and anthologies as *Poetry*, *Ploughshares*, *The Threepenny Review*, *The Best American Spiritual Writing*, *The Ecopoetry Anthology*, *Word of Mouth: An Anthology of Gay American Poetry*, and *Beyond Forgetting: Poetry and Prose About Alzheimer's Disease*.

Dan is also a widely published translator of poetry and fiction from Spanish and French. Recent books of poetry in translation include *Speaking in Song*, by Mexican poet Pura López Colomé (Shearsman Books, UK, 2017), *The Song of the Dead*, by French poet Pierre Reverdy (Black Square Editions, New York, 2016), and *Description of a Flash of Cobalt Blue*, by Mexican poet Jorge Esquinca (Unicorn Press, Greensboro, NC, 2015).

Dan teaches literary translation and poetry in the MFA in Creative Writing Program at Antioch University Los Angeles, and has received fellowships from the National Endowment for the Arts and the California Arts Council. www.danbellm.com.

Concerning Dan's work, poet Adrienne Rich called *One Hand on the Wheel* "courageous and humane...a very fine book." Poet June Jordan called him "singular, fresh, an American artist of enormous gifts and discipline." Poet Mark Doty wrote, "Delle Avenue' - and I don't say this lightly - is a great poem of city life, of the confluence of memory and history and voice which city streets are." Of his new book, *Deep Well*, poet Alicia Ostriker writes, "With a touch on the keys of language as light as the air we



breathe, Dan Bellm traces his mother's death, and abides her continuing presence, as the keeper of 'this/ blessing of kindness' which is both hers and his. *Deep Well* is a book of the purest poetry I have read in a long time. I am grateful for it."

Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

Before words

A baby is singing in the morning
before anyone is up in the house

Before he has decided
which of all the languages he will speak
he is trying the sounds of his voice
in the first light

He hears a man
come up the street collecting bottles
just ahead of the garbage truck
straining uphill
to come throw them away

He hears the shriek of glass
It is like the vessels of Creation
breaking in God's hands

He hears the wind around the house
and in the wind
every word he will ever say
and what will stay unsaid
and stops to listen to silence
and sings to it
the way the body addresses the soul
lending it shape
lending it comfort and sorrow

The body wants to be useful
and the soul is open so wide

This is the way we awaken
He remembers he is alone
and cries for us.

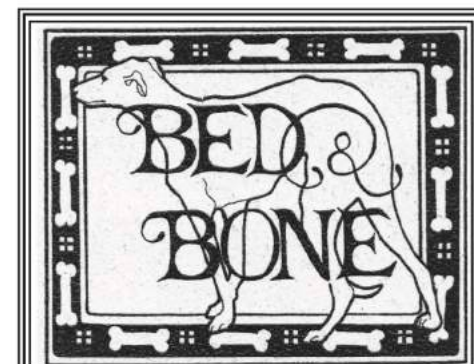
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Solution to Crossword:

San Francisco Mime Troupe's New Play: Walls An Original Look At Immigration Debate, Wednesday, July 12

The Tony Award-winning San Francisco Mime Troupe, now in its 58th season will bring their new play, "Walls," to Arena Theater on Wednesday, July 12, at 8:00pm, doors open at 7:00pm. The evening will begin at 7:30pm with a 30-minute music set featuring Patrick Byers, Andrew Niven, and Daniel Savio.



Written by Michael Gene Sullivan with songs by Ira Marlowe, and music by Michael Bello, the troupe once again thumbs its nose at current political events with this scathing satire about "the war on immigrants." L. Mary Jones (Velina Brown) knows all about fear. As a top agent for I.C.E. (Immigration and Customs Enforcement) she knows how to stoke fear to keep her country safe. Fear of people like Bahdoon Samakab (Rotimi Agbabiaka), a Somali refugee escaping oppression, fear of Clidhna Aghabullogue (Lizzie Calogero), an Irish woman yearning to be American, and fear of Zaniyah Nahuatl (Marilet Martinez), whose family comes from... here.

As a foreigner in a land where her people have worked for thousands of years suddenly Zaniyah is a criminal, an illegal, a "bad hombre." What part of herself will this American

give up to pass as "American?" Will she? Can she? Should she? Can someone leave part of themselves behind without losing their mind? And is it better or worse that she crossed the border to find Agent L. Mary Jones - the woman she loves?

Founded in 1959, the San Francisco Mime Troupe aims at creating and producing socially relevant theater; despite the word "mime," their work is not pantomime, but live musical comedy and political satire. Presented in the troupe's characteristic Commedia dell'Arte style, "Walls" continues the Mime Troupe tradition of writing and staging original shows that intends to make audiences feel the impact of political events on their personal lives. Past productions have focused on themes such as election fraud, the banking crisis and genetically modified foods.



Tickets are \$20, \$2 off for members with card, \$10 youth (18 and under), available at Four-Eyed Frog Books and The Sea Trader in Gualala;

Arena Market in Point Arena and Twist in Mendocino or online at www.arenatheater.org. People who wish to sponsor the show can purchase \$30 sponsor tickets by calling the theater business office at (707) 882-3272 and get a reserved seat. The Arena Theater Bar and the snack stand will be open.



Coast Community Library is CLOSED until completion of a seismic upgrade. Estimated reopening is in early September.

- Patrons may pick up Coast holds and return items at Action Network, across the street from the library at 200 Main St. on Wednesdays and Saturdays from 11am to 4pm.
- The bookmobile asks that Coast patrons retain Coast as their pickup location for requests (and not choose the bookmobile) because there is not enough room on the vehicle.
- The bookmobile has now scheduled a Point Arena stop at Arena Elementary School, 45 Lake St., alternate Fridays, beginning June 23rd. Hours: 10 am to 1 pm. The regular South Coast bookmobile run is on alternate Wednesdays with stops at Manchester, Anchor Bay, Gualala, and The Sea Ranch.
- Items may also be returned at the book drop in front of the library, at Gualala Building Supply in Gualala, or at other branches.
- During the closure, returns will be checked in "exempt" from late fees.
- For questions about your account you may contact Julia Larke, larkej@co.mendocino.ca.us or call the Fort Bragg Branch at 964-2020. You may renew online at www.mendolib.org or by phone at 707 566-0281.

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Sat. 7/1 Thru 7/30 **Dolphin Gallery 5-7 pm**
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Ron Bolander, Fine Art Photography
Doric Jemison-Ball II, Ceramic Sculpture
Dolphin Hours 10 am-5 pm, Wed-Mon

Fri. 7/7 Thru 7/30 **50th Anniversary Exhibit of The Summer of Love 5-7 pm**
From private collections, Bill Graham posters, original Stanley Mouse paintings, 1967 Joint Show poster, Willie B's BGP postcard collection
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Sat. & Sun. 7/8 & 7/9 **15th Annual Summer Chamber Music Weekend 4 pm**
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Sat 7/15 9th Annual **10 am - 4 pm**
Gualala Arts Auto Show & Pinewood Derby *free*
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**Music, Dance, Fun
at Arena Theater's
Post-Fireworks Party, July 1**

Following the Point Arena Fireworks show, Arena Theater will present a post-fireworks party featuring Selector Science and Energy Alchemist, on Saturday, July 1, at 10:00pm.

Selector Science is the alter ego of local DJ and producer Ian Stinson, who will present his latest creations of "ultimate, bass driven dance floor whompers with fat beats, monster bass lines and engaging textures," he says.

During his career as an electronic music DJ, Selector Science has shared the stage with many known bass music and dubstep artists including Bassnectar, Vibe Squad, Heavyweight Dub Champion, Planet Aja and Robot Koch. As a touring drummer and guitarist he has performed at festivals like Reggae on the River and Earthdance.

Hailing from the coastal hills of Northern California, Energy Alchemist will bring their brand of electronic, metal, funk, and multi-genre bass music to the stage performing complex rhythms, fat basslines, and intricate melodies. The lineup consists of Bill Hankins and Julian Sterling on guitar and vocals, Erik Koski on bass

and Matt Heath on drums and vocals.

"Energy Alchemist will take you on a sonic journey like no other: Close your eyes, open your mind, and watch the alchemy take place," says the band. The Arena Theater snack stand and a full bar for everyone over 21 will be open. Tickets are \$12 at the door.



**Vincent Van Gogh: A New Way Of Seeing
An Exhibition On The Screen At Arena Theater, July 9**

Arena Theater has announced a new program, "Exhibition on Screen," starting Sunday, July 9, at 1:00pm (doors at 12:30pm). Tickets are \$15. The first installment of the three-part series features **Vincent van Gogh: A New Way of Seeing**. Filmed for cinema at the world's biggest art exhibitions and on location, this ground breaking series allows art lovers worldwide to enjoy, marvel and delight at the works of some of history's greatest ever painters by offering "a front row seat for the world's greatest art."

Two years in production, **Vincent van Gogh: A New Way of Seeing**, provides an extraordinary biography of Van Gogh's life made with an unprecedented access to the treasures of Amsterdam's Van Gogh Museum in close collaboration with key curators and historians in Amsterdam and beyond. At the time of filming in 2015, the gallery had just undergone a complete rehang of its collection in order to address the true story of Van Gogh's life and work. The rehang and this new feature film marked the 125th anniversary of Van Gogh's death.

The Van Gogh Museum is one of the world's most popular galleries and Van Gogh is one of the world's favorite artists, according to a recent poll. With complete access to the galleries and the storerooms, this film gives audiences privileged views of his remarkable paintings and drawings. The museum houses the largest collection of Van Gogh's artistic output in the world and features iconic works such as The Potato Eaters, Sunflowers, Irises, The Bedroom and many of his self-portraits. This new film provides

a high definition cinematic experience of seeing Vincent's masterpieces close up on the big screen while narrating these images with new insights and interpretation from specially selected curators, historians and artists.

Van Gogh was a prolific letter writer and the film has worked its way through the entire collection to choose the most revealing and moving moments, with actor Jamie de

Courcey as Van Gogh bringing to life these illuminating letters to his family and friends, making the film accessible to all ages. **Vincent van Gogh: A New Way of Seeing** tracks Van Gogh's life from his beginnings in the Netherlands and Eng-

land, to his development as an impassioned artist in France. New research and recent discoveries constantly inform the story-telling and address the many myths surrounding his troubled life.

The film also offers exclusive behind-the-scenes access to the Van Gogh Museum as it engages in this complete rehang.

The series continues later this summer. On Sunday, August 6, the series will continue with **I, Claude Monet**, a fresh new documentary based entirely on Claude Monet's personal letters, revealing Monet the artist, businessman and lover as never before, followed by **The Artist's Garden: American Impressionism** on September 10 tracking the intertwining stories of American Impressionism and The Garden Movement which flourished between 1887-1920.

Arena Theater is at 214 Main Street in downtown Point Arena. (707) 882-3272.



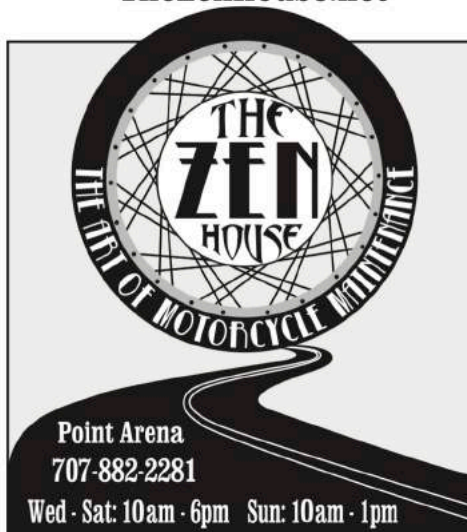
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15th Summer Chamber Music Weekend At Gualala Arts Center, July 8 & 9

This year's 15th Summer Chamber Music Weekend at Gualala Arts Center with Roy Bogas and Friends will feature founder Roy Bogas on piano, with Amy Hiraga playing violin, Peter Wyrick playing cello, and Nancy Ellis, on viola. The ensemble will also be joined by violinist Cordula Merks, new concertmaster of the San Francisco Ballet Orchestra, and guest artist cellist Mariko Wyrick.



The annual Chamber Music Weekend will take place in Coleman Hall Saturday, July 8 and Sunday, July 9 at 4:00pm both days. Tickets are \$30 in advance, \$5 more day of performance and youth 7-17 are free with an adult. Tickets can be purchased at BrownPaperTickets.com or by calling (800) 838-3006 or in person at Gualala Arts Center or The Dolphin Gallery. Tickets for both concerts can be purchased together for \$50 in advance, available at the Arts Center only.

Mr. Bogas said his new collaborator Cordula Merks is "a fabulous musician... a wonder all by herself. You will fall in love with her playing." Both concerts will share the

debut of Mr. Bogas' newly completed chamber version of Ernest Bloch's seminal work "Schelomo: a Hebraic Rhapsody." Bloch, the renowned 20th c. composer and former resident of the Mendocino coast, was Bogas' friend and mentor. Schelomo (Solomon) was originally written for cello solo with full orchestra. Mr. Bogas recently transcribed it for solo cello accompanied by string quartet and piano, an effort which he describes as a

"labor of love."

Mariko Wyrick's participation enables the ensemble to play Schubert's Quintet for Two Cellos, another rare opportunity. In addition, the ensemble will play works by Mozart, Haydn and Dvorak, completing the program of extraordinary music, exquisitely performed.

Thanks to the efforts of local music lovers in our community, world-class performers have become a regular occurrence at Gualala Arts Center. Many prominent musicians travel long distances to play for Gualala audiences, providing easy access to some of the world's most amazing music.

Reggae on the River Music, Nature & Much More August 3-6 Near Garberville

For those willing to embark on a very long day-trip, or detour north to Garberville there's the 33rd Reggae on the River presented as a fundraiser for the non-profit Mateel Community Center. It takes place August 3-6 at French's Camp in southern Humboldt county, 10 miles south of Garberville along the banks of the Eel river. After the epic rainfall this past winter, the river is in great health and the rainwater catchment installed in 2016 makes Reggae the first water neutral/positive event of its kind.

During the festival, once the sun canopy is lifted on stage, 16x9 foot digital display walls and video projections enhance the sound experience for audience members. For campers, the festival allows the opportunity to work together toward global community building, creating connections that are local and global. Bring a new or used tool for Tools For Change a Mateel Community Center program that shares tools with villages in Burkina Faso.

All of the food booths at the festival partner with non-profit organizations to donate a portion of their proceeds. To purchase 3 or 4 tickets, Premier camping and Ambassador passes which donate 10% towards global charities, visit reggaeontheriver.com or call 707-923-3368.

The Manchester Elementary School 7th Annual Benefit BBQ, Saturday July 15

Celebrating the 150th Anniversary of the founding of the Manchester School District

There are any number of things that may make one feel a bit of nostalgia, but a sure fire image for me is that of a small school. Not the one-room variety, but a school large enough to get the job done, but still small enough that everyone knows and supports everyone else. My memories go to the little parochial school I attended from K through 8. The inherent intimacy of that school was instantly recalled

easily tell that the pride the people who keep this school operating as a vital part of the south coast is abundant. With their annual fundraising BBQ scheduled for Saturday July 15, everyone is invited to get a little nostalgic in their own way, while enjoying the tri-tips, chicken, soft-ball, soccer, horseshoes, face painting, jumpy house, carnival games, live music, desserts, (and for those of a certain age, the bar.) The BBQ is from 1:00pm to 5:00pm.

The Manchester School Alumni Association hosts this annual event to help both the teachers and students in their quest to learn. In my experience, education at almost any level is not a one-way street.

Teachers and students learn from each other. And what the Alumni Association does is help the school fill in with some of the things that come with the territory, but may not be in the regular funding. It might be supplemental textbooks, or computers. But whatever it is, it makes a difference. And so do you. We do. All of us who support the school make a difference.

Pre-sale tickets are \$15 for adults, \$5 for children 6-12. At the gate Adult tickets are \$17, and children are \$6. By the way, you can purchase pre-sale tickets, help, donate, or sponsor by calling 877-1676, 206-1518, or 684-0184 (Español). Come to Greco Field (Farm Center) in Manchester on Saturday the 15th.

far left: Manchester School, ca 1902
left: Sign in front of today's school
above: Tile art hanging in front of the school



this week when I visited the Manchester Elementary School and spent some time with Superintendent Cindy Gonzalez. One could



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...
New Program
Exhibition on Screen
Sunday July 9 1 PM
Vincent van Gogh

...
National Theatre Live
Saturday July 15 1 PM
**Rosencrantz
& Guildenstern Are Dead**

...
Arena Theater Film Club
Mondays 7 PM

July 3 The Maestro/Dry Wood
July 10 The Man Who Knew
Infinity
July 24 Solaris
214 Main Street Point Arena

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**Mendocino Quartet:
Bates, Hayes, Moreland, Parsons
At Arena Theater, Saturday July 8**

Billed as the "North Coast's multigenerational string band", four accomplished Mendocino County-based musicians will travel down the coast to Point Arena to bring their sound and a good time to the historic Arena Theater. Featuring beautiful 4-part harmonies, the quartet includes long-time collaborators Steven Bates, Gwyneth Moreland, David Hayes, and Gene Parsons performing contemporary and traditional folk music.

The Mendocino Quartet takes the stage Saturday, July 8, 7:30pm (doors open 7:00pm.) Tickets are \$20, (\$18 for members) available at Arena Theater's local ticket outlets: The Sea Trader and Four-Eyed Frog Books in Gualala; Arena Market in Point Arena; and Twist in Mendocino.

Bates is a superb vocalist, a gifted songwriter, and extraordinary guitar-hero whose live performances leave audiences exhilarated, rejuvenated and clamoring for more.

Moreland is an acclaimed songwriter whose tours have taken her to stages all across the U.S. and a featured spot on television shows such as NPR- Nashville's "Music City Roots: Live at the Loveless Café," her hauntingly beautiful vocals are winning her invitations to collaborate with numerous recording artists.

Hayes is a veteran of The Van Morrison Band, Jesse Colin Young's band, Southside Johnny, the Asbury Jukes and more. He has played in hundreds of sessions and on stages around the world with Ray Charles, Tom Waits, Bobby Bland, John Lee Hooker, Joan Baez and dozens more.

Parsons is a multi-instrumentalist who played with the Byrds and the Flying Burrito Brothers. He has performed on stage and in-studio with many artists including Arlo Guthrie, Everly Brothers, and Randy Newman. The Arena Theater bar and snack stand will be open. Arena Theater 214 Main Street, P.O. Box 611, Point Arena CA 95468.

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**The Not So Simple Living Fair, July 28, 29, 30 in Boonville
Join Your Friends Again, Even If It's For The First Time**

From its very beginning, many of us knew that **this** fair would be something different. For years many of the people I've met in Mendocino County seem to be striving (almost endlessly) to live as naturally as possible. Not always easy in practice, but then along comes the Not So Simple Living Fair to shed some always appreciated light on the idea. Would you like to know more about soil fertility and composting, foraging for edible mushrooms, basic construction, natural plant dying, cheese and cider making, or raising small animals? In this modern world, acquiring skills related to self-sufficiency and times past can be very satisfying (although, in reality, that lifestyle was often not so easy or simple).

You can sample a wide range of these topics July 28, 29, and 30 at this year's Not-So-Simple Living Fair, at the Mendocino County Fairgrounds, on Highway 128 in Boonville. This annual event is focused on traditional rural living and homesteading skills, and aims to expand appreciation of the potential applications and benefits of these skills in diverse living situations. Workshops, and demonstrations include

- Food (bread-making and basic canning)
- Wild Food (Native uses of plants, acorn processing, and seaweed collection and preparation)
- Shelter, Water, and Energy
- and Homesteading Skills such as Beekeeping, Farming and Gardening, Fermentation and Dairy Culturing, Food Storage and Preservation, Hunting and Gathering, Blacksmithing, Seedsaving, Composting, Natural Building, Animal Husbandry, Wild Foods and Medicines, and much more!

The doors open at 3pm on Friday for homegrown fun Friday night with the Campfire Cabaret Open Mic. Sign up to creatively express yourself by calling Captain Rainbow 895-3807. Hands-on workshops begin on Saturday at 10am. From 6-8pm will be the most exquisite organic, gourmet, potluck in the whole bio-region. If you would like to take part in the potluck, please bring enough salad, side dish, dessert or drinks to serve 6-8 people, and your own place settings. The Not So Simple Living Fair will supply organic, locally raised BBQ pork, lamb and goat and rice and beans. Bringing something grown in your garden or purchased from the Farmers Market is encouraged, but not essential. Please label your dish. Potluck dishes can be left in June Hall during the day. Coolers will be available, but it would be helpful if you can bring your own. There is no place to cook or re-heat food.

The music begins at 8pm. With DGIIN.

Twice voted "Best Band" by the North Bay Bohemian, DGIIN is a six piece high energy dance band playing original songs and international covers. DGIIN's style is a mix of Flamenco, Latin, French Cafe, Reggae, and Funk. Their passionate music and superb musicianship is guaranteed to have everyone on the dancing under the stars in the Redwood Grove.

On Sunday afternoon we present our Keynote speaker, Brock Dolman co-director of the Occidental Arts and Ecology Center's Permaculture Program and the WATER Institute (www.oaecwater.org). He is a wildlife biologist, permaculture designer, educator, and watershed restorationist. He has been the keynote presenter at numerous sustainability conferences. Brock has lectured internationally and is widely acknowledged as one of our country's most experienced permaculture teachers. He has served on the Sonoma County Fish and Wildlife Commission for over a decade. Brock has been featured in the award-winning films; **The 11th Hour** by Leonardo DiCaprio; **The Call of Life** by Species Alliance; and **Permaculture: A Quiet Revolution** by Vanessa Shultz. In October 2012, he gave a TED talk*.

The complete schedule and program, can be found at the website: <http://notso-simple.info> Locally, tickets are available at Brown Paper tickets <http://www.brownpapertickets.com/event/2989205> and locally from Boont Berry Farm in Boonville, Out of This World in Mendocino, the Ukiah Co-op, Harvest Market in Fort Bragg, and J. D. Redhouse in Willits. to volunteer contact: abeja@emeraldearth.org. 707-621-3822 COST: \$35/day, \$50/weekend YOUTH UNDER 16 FREE CAMPING: \$10 per car per night for fair attendees. Sorry no dogs.

*(<http://www.youtube.com/watch?v=Izf6DILQIFE>)

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Words on Wellness

by Karin Uphoff

July and August on the Mendocino coast boasts beautiful gardens and garden tours that show them off. The glorious finished product (which is never truly finished) hides the true grit behind gardening that comes in the form of achy muscles, buckets of perspiration and scratched limbs. If you like outdoor exercise, the Yoga of Gardening is for you. Like basic Hatha Yoga it features warm up salutations, rigorous movement poses and balancing poses before the final resting pose.



Sun salutations begin with the application of sunscreen and a hat, before you bow down to what the sun ushers up: weeds. To perform the Get-Down-and-Weed pose, lower to your hands and knees and keep your back as straight as possible by squatting or half-squatting with attention to possible neck strain. Getting down in the dirt for closer examination is an opportunity for awe as you notice all the cool insects or plants you forgot you had. This also gives you a chance to harvest some of those edible 'weeds' like chickweed, dandelion and borage.

Now you're warmed up for the Feed-and-Mulch active series of maneuvers, which require awareness of lower back and shoulders

as you shovel, lift, throw and spread. Be sure to adjust the position of your legs relative to your arms to avoid torquing your spine. This produces a cleansing sweat and a chance

to bestow heart-felt reverence to individual flowers. Feeding and mulching provide the opportunity to chant mantras of encouragement for each of your plants.

Watering-Your-Plants standing pose comes as a relief towards the end of practice. Keep your knees soft as you use your lower belly to power your arms and move the hose from plant to plant. This pose opens your mind to the bigger picture of what's going on in the community of your garden. Bird life is typically a part of this yoga position and may join you for refreshment. Viewing your garden from this angle can lead to challenging balancing poses like the Pruning-Limbs-Pose. This is an advanced pose that requires you steady your weight on one leg and gracefully arabesque the other. Reach out with your upper body as you hold steady the shears to snip a wayward branch. Do not perform this on a ladder! Now you're ready for the final integrative horizontal Corpse pose – a nap!

The Pileated Woodpecker Unmistakable Drumming!

There is no mistaking the Pileated Woodpecker. It is the crow-sized black woodpecker with the flaming red crest and a call like a maniacal laugh which inspired the character Woody Woodpecker.

The Pileated Woodpecker is our largest woodpecker, at nineteen inches. Pileated are mostly black but in flight flash white from the undersides of the wings and a wingbar on top. Both sexes appear much alike, but the male's red crest extends lower on its head and the moustache line is red instead of black. Both have yellow eyes and a large daggershaped bill. Instead of singing to attract a mate and establish territories, woodpeckers drum by banging on hollow logs. Each species has its own rhythm. The drumming of the Pileated is unmistakably loud due to the large bill.

These bills are used for chiseling out fist-sized, rectangular holes in dead or dying trees to search for their favorite food—carpenter ants. You often see two of these distinctive



holes, one directly on top of the other. Many species of birds and small mammals depend on these holes for shelter and nesting.

Pileated Woodpecker pairs generally require a hundred acres of mature forest to support themselves. Their numbers have increased with the change in lumber practices. A pair will take three to six weeks to excavate a nesting cavity. The female lays four white eggs on a bed of wood chips. The male takes the night shift and incubates the eggs and later the young brood. Young leave the nest in about a month. Other names include Black Woodpecker, Carpenterbird, Woodcock or Good God bird.

Our thanks to the Mendocino Coast Audubon Society for contributing this article. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendonoma Coast. More information is at www.mendocinocoastaudubon.org

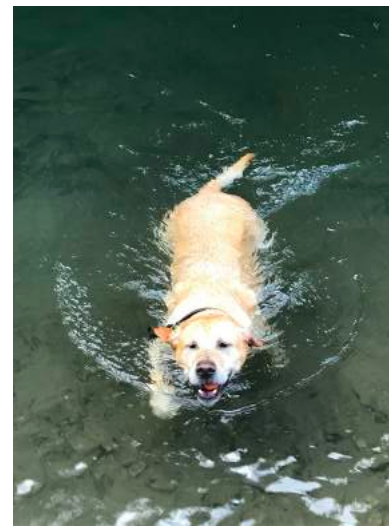
Animal Care & Welfare

by Cathy Riehm

Heartworm Disease is a mosquito-borne infectious disease that can affect our pets, even living here on the coast. "Most people are under the impression that we don't have heartworm here, but we do have the (temperature) environment that allows for the development of the heartworm larvae in the belly of the mosquito, so it can then be transmitted" says Dr. Karen Novak of Village Veterinary in Mendocino. "Our cases are low compared to inland CA. However just a few miles inland from the coast, it gets hot. The warmer temperatures allow for the survival of the mosquito and the heartworm larvae to develop", Dr. Novak says. Dogs may be asymptomatic in the early stages of infection, but as the disease progresses, they may show symptoms such as weight loss, decreased exercise tolerance and coughing. Cats (and ferrets) can be infected as well, but are not considered good hosts. This means that while in dogs, large numbers of adult worms can be present (up to thirty) and live up to seven years, heartworm infection in cats generally consists of one to three worms that live up to three years.

Prevention can be as easy as giving a once-a-month preventive, such as Heartgard (Ivermectin). For dogs that have never been on preventive, getting your dog heartworm tested at the vet before starting preventive is a good idea. Certain preventive works in rears- this means if adult worms do exist within your pet, giving the preventive could possibly leave a mass of dead worms, affecting the functioning of the heart. A heart-

worm test at your vet consists of a quick blood draw and a result within ten minutes. Giving your dog a product like Ivermectin could be a good option. Many of us live surrounded by wildlife, such as deer and bobcats, or we simply have many species of animals living on our property with our pets, such as chickens and horses- Ivermectin not only covers heartworms, but also gets roundworms, hookworms and whipworms. Dr. Novak says that "as of 2016, there is hardly anywhere in California that is heartworm free, even here on our gorgeous Northern California coast".



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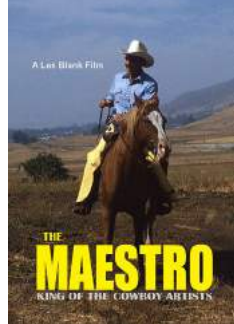
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Black Creole and A Singing Cowboy, A Math Genius, And Soviet-era Sci-fi Two Documentaries and Two Feature Films In July From Arena Theater Film Club

Les Blank was a poetic documentary filmmaker who gave voice to the obscure and gap-toothed. Two of his films are the first offerings this month from the Arena Theater Film Club.

The Maestro: King of the Cowboy Artists is a portrait of the free-spirited painter and singing cowboy Gerald Gaxiola. It's a testament to creativity unencumbered by commerce.



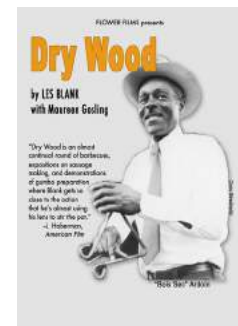
What happens when a dedicated husband and father quits his job, adopts the persona of a western-movie singing cowboy, takes on the entire art establishment (including Christo and Andy Warhol), and refuses to accept money for his art? Gaxiola, A.K.A. "The Maestro", is an ex-wage slave who gave up everything to make art for its own sake. The Maestro's story could inspire a whole new generation of Van Goghs.

For the second of the films, Les Blank ventured back to Southwest Louisiana for **Dry Wood**, a work of ramshackle beauty, and an

immersion in the region's Black Creole community that teems with delightful detail. The featured music in this Blank film is that of "Bois Sec" (Dry Wood) Ardoin, his sons and Canray Fontenot. Theirs is an older, rural style of Cajun music which Blank uses to weave together incidents in the lives of the Fontenot and Ardoin families.

Highlights include a rollicking country Mardi Gras, work in the rice fields, a "men's only" supper, and a hog-butcher party (that follows the hog from the kill to sausage). Like other Blank films, it expresses respect for living life 'simply, lovingly, openly and slowly.'

An uncompromisingly independent filmmaker, Les Blank made documentaries for nearly fifty years, elegantly disappearing with his camera into cultural spots rarely seen on-screen—

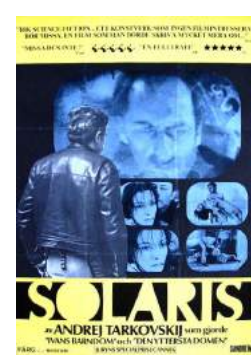


mostly on the peripheries of the United States, but also occasionally abroad. Seemingly off-the-cuff yet poetically constructed, these films are humane, sometimes wry, always engaging tributes to music, food, and all sorts of regionally specific delights. The two films are to be screened back-to-back on Monday, July 3 at 7:00pm. **The Maestro: King of the Cowboy Artists** (1994). The run time is 53 minutes. **Dry Wood** (1973) has a run time of 37 minutes.

Written and directed by Matthew Brown, **The Man Who Knew Infinity** is the true story of friendship that forever changed mathematics. In 1913, Srinivasa Ramanujan (Patel), a self-taught Indian mathematics genius, traveled to Trinity College, Cambridge,



where over the course of five years, forged a bond with his mentor, the brilliant and eccentric professor, G.H. Hardy (Jeremy Irons), and fought against prejudice to reveal his mathematic genius to the world. The film also stars Devika Bhise, Stephen Fry and Toby Jones. This is Ramanujan's story as seen through Hardy's eyes. **The Man Who Knew Infinity** (2015) stars Dev Patel, Jeremy Irons, Stephen Fry, Toby Jones, Jeremy Northam. It screens Monday, July 10, at 7:00pm. It's rated PG-13.



The final offering for July is **Solaris**, a film from the Soviet Union—yes the USSR, not today's Russia—and screens Monday, July 24, 7:00pm. Ground control has been receiving mysterious transmissions from the three remaining residents of the Solaris space station. When cosmonaut and psychologist Kris Kelvin is dispatched to investigate, he experiences the same strange phenomena that afflict the Solaris crew, sending him on a voyage into the darkest recesses of his consciousness. With **Solaris**, the legendary Russian filmmaker Andrei Tarkovsky created a brilliantly original science-fiction epic that challenges our conceptions about love, truth, and humanity itself. The film is rated PG and has a running time of 166 minutes. The film is in Russian, German with English subtitles and stars Natalya Bondarchuk, Donatas Banionis, Jüri Järvet.

Pt. Arena Coast Highway Art Collective
Opening reception For Local Artists
Wendy Baily & Nicolette Kaliebe, July 2

An opening reception for local artists Wendy Baily and Nicolette Kaliebe will take place on Saturday, July 2, from noon to 3:00pm at the Coast Highway Art Collective in Point Arena.

Wendy Bailey's artwork will feature hand-colored woodblock prints. The original hand-carved wood blocks from which the prints are pulled will be displayed alongside the prints.

This exhibit is political in nature and reflects the feelings of the artist about the current events in Washington DC. All of the works in this exhibit were conceived of and executed in the months since the 2016 Presidential election and feature interpretive portraits of some of the main players in the current Washington Drama.

Kaliebe, best known for her repurposed leather handbags and wallets, has created the "LOVE trump ALL" product-line to empower women with



an entire wardrobe of repurposed, personalized flare, including leather coats, shoes, boots, and accessories. Each piece is restored and customized with painted designs, then sealed for protection, creating a one-of-a-kind line unique products, allowing each owner to express their individuality.

The exhibit runs July 2 through 24 at the Coast Highway Art Collective, 284 Main Street, Point Arena. The gallery is open from Friday to Sunday from 11:00am to 4:30pm.

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This Month The Dolphin Gallery Presents "Disturbing" • Opening Reception Saturday, July 1
 Ron Bolander Photography and Doric Jamison-Ball Sculpture

Photographer Ron Bolander describes his July exhibit at The Dolphin Gallery with ceramic artist Doric Jamison-Ball II as "a show that does not pander to the taste of summer tourists."

"There are no pictures of lighthouses, weathered fences or barns, of Bowling Ball Beach or cows standing on a cliff top. There are no shiny, oversaturated, over edited sunsets at the beach, no glossy aluminum pictures of harbor seals, breaking waves or gamboling sheep," Bolander said. "This show will be diametrically opposite to what one conventionally sees on the coast."

The opening reception for "Disturbing" is Saturday, July 1, from 5:00pm to 7:00pm at the Dolphin Gallery in Gualala. Appetizers and wine will be served and the show is free to the public.

Exhibiting with Bolander's Fine Art Photography is 3-Dimensional sculpture by Jamison-Ball, whose unorthodox creations are meant, like Bolander's photography, to provoke a thoughtful response in the viewer. Best known for his quirky ceramic pieces, Jamison-Ball takes the traditional craft a step

him that the process of creation was more important than attachment to the piece.

Bolander was born in Manhattan, New York and grew up in a family with a rich artistic background. His father taught art at Penn State and was a renowned graphic artist and painter as well as a cartoonist and staff artist for "Stars and Stripes" and "Up Front," two military newspapers published during World War II.

Growing up, Bolander enjoyed access to works on display at the Guggenheim, the Whitney, the New York MOMA, and other world class venues. His family moved to California in 1961 where he felt somewhat disappointed in what passed for art on the West Coast. He says, "Much of what I saw was work that the 'artist' had made to be outrageous, but it all looked like what a high school student thinks is groundbreaking."



pearance at The Dolphin.

Since 2009 he has won first place in ceramics at the annual Art in the Redwoods (AIR) show four times. His work stems organically from his background more than from the two years of formal study he completed in ceramics. As a child growing up in Europe and later as a youth haunting galleries and museums in San Francisco he absorbed a lot of what comes out in his work. His art draws heavily on what he calls the "outsider-brut-naïve-folk art" tradition, but the pieces also demonstrate skill with glazes and firing techniques.

He is active in the art community and a founding member of the Discovery Gallery Artists' Collective in Gualala. He has served as president of the North Coast Artists Guild, is a lead volunteer at the Gualala Arts Clay Arts Center and a participant in the annual Studio Discovery Tour. More can be found on-line by googling "Doric Jamison-Ball."

Occasionally, Jamison-Ball feels motivated to work in acrylics and drawings. His "AF-PAK Dead Duck IV" painting was awarded "Best Local Work" in the 2011 AIR exhibit. Whether he is throwing a pot, creating a sculpture, painting, or drawing he is guaranteed to engage the viewer in challenging ways.

For his first Dolphin Gallery exhibit, Bolander hopes his experiences over the years, including his technical and creative proficiency, will provide viewers with an opportunity to see something different, original, and, hopefully, thought-provoking.

It is impossible to view the ceramic pieces of Doric Jamison-Ball without either a knowing smile, a quizzical expression or, possibly, a scowl.

Well known as a gifted artist with an unconventional approach he has been an active member of the local art scene for a number of years and has had numerous shows in the area, but, like Bolander, this is his first ap-



further by adding a variety of figures from cartoon rabbits to baby doll faces. He might even crack open a pot to reveal an interesting interior. In fact, he tells a story about how the person who introduced him to ceramics had him smash his first 14 pots to remind

Whale Sightings and More from NOAA's By Mary Jane Schramm

Ed. Note: This month Mary Jane Schramm, a regular contributor to the Lighthouse Peddler, gives us a bit more information to go with her fine article (page 19). From Mary Jane:

To illustrate the biological significance of the new Farallones sanctuary Expansion Area off the Sonoma/Mendocino coast, here are the June 26 land based observations by Point Blue Conservation Scientists from Lighthouse Hill on Southeast Farallon Island off San Francisco showed, in a 2.3 hour period:

- 248 TOTAL WHALES:
- 216 Humpback Whale
 - 14 Blue Whale
 - 18 Unidentified Whale

Visibility: 40 nautical miles
 Farallones sanctuary waters are destination feeding grounds each year for endangered blue, humpback, gray and fin whales. The superabundance of food is due to the nutrient-rich, upwelled waters flowing downcurrent from the Expansion Area/Sonoma-Mendocino coast into the Farallones sanctuary, carrying plankton on which fish, marine invertebrates, seabirds and other marine life feed; they act like a wellspring generating a rich food web that supports commercial and recreational fisheries, as well as a vibrant tourism industry. The Expansion Area waters act like a wellspring, "feeding" the ecosystem. We believe that yesterday's sightings are a new record.

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Of Rabbit Holes and Bubbles by David Steffen

I enjoy the internet. I make use of the internet. I don't worship it and I'm reasonably certain I could live without it. Well, much of it. As the music industry changed in the 1980s and 1990s, I was within that business, allthe while observing as technology and the internet began driving ever more change. And much of it was unnerving to those of us who made a living helping unknown recording artists become successes, and successful artists become superstars. By the time I moved to New York in 1990 the change became even more pronounced, and within that decade a newly-formed company was getting attention.

MP3.com was a 1997 startup that drove record labels crazy, and record store owners even crazier by selling music directly to consumers, bypassing much of the established music-business order. Happily for me, at that moment I had already moved from business to academia to complete my BA and go on to graduate school. While teaching college students about music and the music business (to help pay for my own college and grad courses) I tested the changing and turbulent business waters by purchasing a new album as a download from MP3.com. (I also chose to get a CD copy as well.) The group was Red Delicious and the motivation was a song titled "Casualties". I loved the recording but I was also learning the power of the internet to interrupt the status quo.

While MP3.com was an exciting startup, nervous recording industry leaders were aghast. Their place as gatekeepers of new music in the century-old music business had reached a moment of truth. With the approaching millennium change was more than inevitable; for some record label people it seemed like a non-stop runaway freight train was headed straight for their wallets. MP3.com, Napster, and the iPod would signal how the "new" music industry would evolve. Marketing people would figure out which pieces of the business to embrace and exploit, and they would make their choices hand-in-hand with the new technology in a post-millennium internet age.

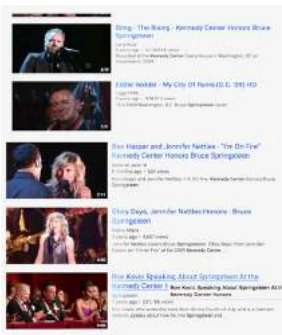
One of those emerging tech companies was YouTube. Founded in 2005 it was acquired by Google in 2006, assuring its future and making YouTube's founding multi-millionaires even wealthier. The new company seemed perfectly fit for America's ever increasingly narcissistic predilection. A regular feature on host David Letterman's *Late Show* on CBS, "Stupid Pet Tricks", was about to give way to an infinitely larger audience. For example, with YouTube, cats (and their lesser intellectual support sys-

tem, i.e., humans) had an infinitely larger venue to display both the cute behavior (cats) and the idiocy (humans), all to create a nano-measure of fame. And yet, this month I found myself caught up in my own YouTube moment. To get there, I had to jump into a rabbit hole. Just in case you are unfamiliar with the current application of the phrase, it is strictly metaphorical. Here are the basics. You look at something—almost anything—on the internet and are then presented with serial distractions. Kathryn Schulz described the phenomenon far more eloquently in a 2015 column in the *The New Yorker*:

"Those online rabbit holes, while wildly variable in content, take recognizable forms. One is iterative: you're settling down to work when you suddenly remember that you meant to look up that flannel shirt you saw in a store but couldn't find in your size, and the next thing you know, it's two hours later and you have scrutinized two hundred and forty-five flannel shirts. Another is exhaustive: you go in search of a particular fact—say, when Shamu debuted at SeaWorld—and soon enough you are well on your way to compiling a definitive account of captive killer whales. A third is associative: you look up one thing, which leads to looking up something distantly related, which leads to looking up something even further afield, which—hey, cool Flickr set of Moroccan sheep."



So I found myself on YouTube looking for a piece of music because a friend of mine, knowing my taste, had suggested I hear a particular performance. Having found the artist I listened to 8-10 tracks, including her performance of Bruce Springsteen's "Dancing In The Dark". Terrific version. But then,



it got me thinking that I'd like to hear other cover versions of Springsteen songs. Click. Click. Click. Suddenly I found myself watching a string of clips from the 2009 Kennedy Center Honors. There was Sting singing "The Rising"; followed by Eddie Vedder performing "My City of Ruins"; and then a duet of "I'm On Fire" featuring Ben Harper and Jennifer Nettles. These three clips are stunning in the arrangements, production values, and sheer delivery. Stunning. But there was more.

The Kennedy Center Honors that December were awarded to Springsteen, Grace Bumbry, Mel Brooks, Dave Brubeck, and Robert De Niro, and all five were clearly deserving of the honor. But there were a couple of other images that caught my attention. Sharing the box in the Kennedy Center that evening with the five honorees were two other people worth mentioning. Earlier this year they completed an extraordinary performance of their own. Not a performance, rather, a journey. From impossible, to highly improbable, to might just happen, to reality. They succeeded. And on January 20, 2017, their life changed again as they moved from public housing to a private residence.

Seeing their images from a December evening almost a decade ago was an emotional moment. It made me come to grips with just what a bubble we've been living in for the past eight years. It was not one of those 'clueless' bubbles, but rather a bubble that a majority of Americans gladly embraced. It was a good thing. The bubble that enveloped

us was with an American president and his wife who spent eight years bringing dignity, humor, grace, pride, and ideas to Washington, D.C. There were successes and mistakes. But unlike most other presidents of the past half century, there were no scandals, no crazy behavior, no new wars. And let's not forget that Barack and Michelle Obama were there to assess the almost total col-

lapse of the American economy they inherited and nurture it back from the brink. The current occupant of that same unit of public housing that the Obamas left behind, makes it clear how much things have changed. And not for the better. Perhaps going down a rabbit hole isn't so bad after all.

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—Summer Of Love Fest! Celebrating 50 Years—
Saturday, July 22

On Saturday, July 22, it's the Gualala Arts **Summer of Love Fest** featuring a 1967 musical and a bus full of 1960's music icons who are ready to celebrate the 50th anniversary of The Summer of Love right here in our own backyard.

Traveling to Gualala for this epic party from the hallowed halls of the Grateful Dead are musicians Terry Riley, Bob Bralove, David Gans, and Grammy Award winner Henry Kaiser for an afternoon of psychedelic music and brotherly love that will also celebrate Executive Director David "Sus" Susalla's 50th birthday.

Director Laura Leigh and friends have worked some groovy magic, bringing us the likes of Sonny and Cher, Simon & Garfunkel, the cast of "Hair", and Sly and the Family Stone, among other favorites of that bygone summer in the "1967 Musical Revue."

Later in the evening, youngsters and oldsters alike will dig the Live Liquid Light Show, directed by Bob Mitchell, and everyone can get in on the dancing, twirling and crazy stilt walkers, directed by none other than "Sus".

Vendors are invited to spread out a blanket and sell their arts and crafts like so many did in Golden Gate Park 50 years ago; dress up, down or come as you were.

And, of course, what's a party without food? Try some "not" Alice B Toklas Brownies, Kind Veggie Burritos, Fruit Kabobs, Sexy Grilled Cheese, PB&J sandwiches, washed down with Solar-Powered Kool-Aid. The BBQ will be fired up for a cook-your-own picnic and there will be a no-host bar.



While enjoying the party that will last until the last partier leaves, take a minute to blow your mind with the 1967 inspired art exhibit of Bill Graham posters, Willie B's BGP postcard collection, original Stanley Mouse paintings, and a 1967 Joint Show poster. Bring a 100% cotton T-shirt to tie-dye or purchase one here!

Riley, whose music is being accepted into the Getty this month and who has composed for the Kronos Quartet, launched what is

now known as the Minimalist movement with his revolutionary classic "IN C" in 1964. His influence can be heard in the works of prominent composers such as Steve Reich, Philip Glass and John Adams and in the music of rock groups such as The Who, The Soft



Machine, Tangerine Dream, Curved Air and many others.

Bob Bralove has worked with the likes of Stevie Wonder, Howard Jones, Thomas Dolby and Herbie Hancock. Working in television with Merl Saunders, Bralove was introduced to the Grateful Dead, where he became the MIDI Wizard, song writer, musical contributor to the Drums and Space section of the show and a producer for the band from the late 1980's until the band stopped touring in 1995.

Gans is the producer of the syndicated Grateful Dead Radio Hour. As a music journalist for BAM magazine, among others, he interviewed Steve Goodman, Fleetwood Mac, Randy Newman, Warren Zevon and Ted Templeton, and many others.

Kaiser is widely recognized as one of the most creative and innovative guitarists, improvisers, and producers in the fields of rock, jazz, world and contemporary music. He has performed on more than 270 records, an average of six to seven per years since 1977.

NOTE: The Opening Reception for the Summer of Love Artwork is Friday, July 7, from 5:00pm to 7:00pm in the Elaine Jacob Foyer at Gualala Arts Center. Appetizers and no-host bar will be served. The opening is free to the public and the exhibit will remain through July 30. (See page 17.)

National Theater Live
**Rosencrantz and
Gilderstern Are Dead**
At Arena Theater, July 15

National Theatre Live continues its outstanding productions with David Leveaux's new production of **Rosencrantz and Gilderstern Are Dead**, marking the 50th anniversary of the play that made a young Tom Stoppard's name overnight.

Against the backdrop of Hamlet, two hapless minor characters, Rosencrantz and Guildenstern, take centre stage. As the young double act stumble their way in and out of the action of Shakespeare's iconic drama, they become increasingly out of their depth as their version of the story unfolds.



This National Theatre Live from London event is Saturday, July 15, 1:00pm. It stars Daniel Radcliffe (Harry Potter, The Woman in Black), Joshua McGuire (The Hour) and David Haig (Four Weddings and a Funeral, The Witness for the Prosecution) in this brilliantly funny situation comedy, broadcast live from The Old Vic theatre in London.

The running time is approximately 165 minutes, with one 20 minute intermission. Visit the Arena Theater website at www.arenatheater.org for a full schedule of upcoming National Theatre Live events. Tickets are \$18 general, \$5 youth (18 and under), available online at www.arenatheater.org.

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8	1	2	9	3	6	4	5	7
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5	8	9	4	3	6	2	1	7

Solution to Sudoku:

We're Throttling Back More

By Tony Stanol

Maybe turning 60 causes introspection. Maybe I'm more attuned to how to better take care of myself. But I'm seeing the convergence of a lot of trends which you could roll up and label "Throttling Back". Here's the evidence.

1. **SLEEP MORE** - Healthcare experts, article, fitness gurus and news reports suggest that getting plenty of sleep is a key to longevity, less stress and of course, feeling less tired. This is antithetical to the go-go '80s and humble bragging about getting by on a few hours of sleep. Some presidents are reported to sleep only 4 to 5 hours a night. Good for them. I'll stick to my preferred 8 hours. On other thing: please don't sleep shame me just because you sleep fewer hours than me or I'm not up when you are.

2. **MEDITATION** - Many of those same experts and news sources report an uptick of mindful meditation practitioners. It supposedly has similar benefits to getting the proper amount of sleep. I myself meditate 10-15 minutes several times a week. I heard someone compare it to defragging a computer and I like that analogy. It certainly clears the head and calms you for what you face next.

3. **BREATHING** - Who has to be told to breathe? Now there is a body of evidence that proper breathing, taking cleansing deep breaths and practicing breath holds also contributes to lowering of blood pressure and increased energy. The breath is one way the body eliminates toxins along with sweating and excretion. Performers and athletes have known the value of controlled breathing for some time. I practice breath holds when I take my morning walk or bike ride. The rest of the day I definitely have greater lung capacity.

4. **THE LAW OF ATTRACTION** - This tells us not to be so hard on ourselves. Stressing over something, worrying about it and expecting the worst seems to attract that which we're trying to avoid. Instead, expect a positive outcome and good things happen because you're open and more receptive. It's the path of least resistance. The vortex and vibrations talk around this topic sounds kind of woo woo to me. But I've tried expecting positive results instead of negative several times this year with business deals and they seemed to magically happen in my favor. I'm going to keep practicing this.

5. **WORK/LIFE BALANCE** - as a Baby Boomer my work ethic did not contain the phrase work/life balance. But I started hearing this a lot in my executive recruiting business from millennial age candidates some 10 years ago. One of them took a year off from work to chill and called it her "radical sabbatical." When she was ready to re-enter the workforce I placed her at an ad agency where she stayed for several years. It was a place where the CEO also subscribes to that balance.

6. **FORGET NO PAIN NO GAIN** - my yoga instructor came back from a conference in New England recently where she was advised not to push so hard. One of the advanced yogi's was actually offered a chair in class because she had some difficulty with a pose. Another example is popular fitness trainer Ben Greenfield who has competed in Ironman triathlons, bodybuilding, Spartan races and other extreme sports events for years. On a recent podcast, he announced that he, too, is planning to throttle back to more leisurely endeavors such as bow hunting. And he's not yet 40!

Chances are, we're going to see a lot more throttling back as time goes on. It's time to sit back and relax. Don't worry, be happy and all that.

Art in the Redwoods Sponsorships Available

Festival sponsorship is key to the on-going success of the annual Gualala Arts **Art in the Redwoods Festival** and there are many opportunities available for individuals and local businesses to participate in this year's event.

Art in the Redwoods is the largest event hosted by the Arts Center and any revenue made goes toward maintaining the facilities, as well as allowing us to bring premier musical acts to the coast such as The World Famous Glenn Miller Orchestra, The Count Basie Orchestra, Kronos Quartet, Dan Brubeck Quartet and more. All donations for

festival sponsorship are tax deductible.

There are already more than 50 vendors signed up to participate in this year's Festival and there will be up to 350 art entries for the Fine Arts exhibit that takes place throughout the building.

The Gualala Arts Art in the Redwoods Festival takes place over two days, August 12 & 13. Music, food, raffles and prizes are all part of the fun currently in the planning stages for this year's event. Art in the Redwoods is the largest festival event of its kind in Northern California. More info at www.gualalaarts.org.

Gualala Arts Auto Show Raffle Time To Pick Up A 'Passport' To Win The 'Grand Giveaway'

Join in the fun of the 9th Annual Gualala Arts Auto Show with the "Cruise our Coastal Businesses" passport campaign featuring discounts at local businesses that put you in the driver's seat for big savings.

Passports are available at 60 businesses up and down the coast between the Sea Ranch Lodge and the Point Arena Lighthouse and also at Gualala Arts Center. If you do not yet have a passport, pick one up at any of these locations.


Individuals should carry their passport with them and make purchases at the businesses listed on the backside to receive a mark or stamp indicating they shopped there. Passports should be



turned in by noon at the Auto Show with whatever squares have been marked for chances to win the "Grand Giveaway" raffle prize. The more squares marked on the passport, the better chance to win.

The "Grand Giveaway" raffle prize is an Arena Lighthouse package of a two-night stay in the newly remodeled House No. 4 on the property, a Full-Moon Night Tour of the lighthouse and dinner for two at the Pier Chowder House and Tap Room restaurant at the Point Arena Cove.

This year's auto show Saturday, July 15 at Gualala Arts Center celebrates the 50th Anniversary of Sid Waterman Racing Components. Joining Sid for the auto show and celebration will be his longtime driver Ronnie Hampshire, recently inducted into the Drag Racing Hall of Fame, his brother, Jeep, who built the engines, and Kent Fuller, who constructed the chassis and is also in the Hall of Fame.



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Scuttlebutt

by Mitch McFarland

Last month my column discussed the housing situation in Point Arena and emphasized how intense regulatory regime and permitting procedures have contributed to the dearth of housing. I have since become aware of two simple projects that help illustrate my point.

The first is the weather station at the Point Arena Lighthouse. In October of 2012 storm conditions caused the rusting tower supporting the equipment to collapse, ending transmission of weather data.

It should be noted that weather reports from Pt. Arena are especially crucial since Pt. Arena is the dividing line between forecast zones. There is a weather report covering Point Arena south and another for Point Arena north. They do not always agree, particularly in the winter. Knowing the actual conditions at Point Arena can inform someone as to which forecast is more appropriate.

As most of the promotional material from the Lighthouse Keepers group correctly points out, Point Arena is arguably the most important coastal feature in California, if not the entire West Coast. The only rival could be Point Conception west of Santa Barbara.

So why will it take six years before broadcasts will resume? The National Data Buoy Center will merely replace the tower and put some instruments on it.

The first hint might be that the person shepherding this project, a very nice Stephen Cuculli, works at the Stennis Space Station in Mississippi. Why replacing a weather station in Point Arena needs to be guided from Mississippi seems strange to me. How high of a priority is Point Arena to someone in the Gulf of Mexico?

The first hurdle they faced was that the Lighthouse Keepers didn't want the tower put in the same place, due to what was termed "aesthetic" concerns. I guess it is just me, but I feel good when I see a weather station. If a weather station detracts from the natural setting, what does a 115 ft. lighthouse tower do to it?

This decision was passed along in January 2013, four months after the tower came down. Nearly two years later, in December of 2014, the Coastal Commission issued a Negative Declaration, relieving applicants of a much more onerous permit process, but during dialogue pointed out the State Historic Preservation Office (SHPO) must review a *change in location* if ground is disturbed.

Four months later, in April 2015 a Statement of Work for contract solicitation was finalized by NDBC for consultant services to conduct Cultural Resources Survey at proposed site. This was not to do the work,

but to get bids to do the work. Merely two months later a contract was awarded. Phew.

Nine months later, in March of 2016 the contract had to be modified to resurvey the area due to the finding of some Obsidian flakes that might indicate the presence of artifacts. Eight more months and the final report was delivered. Next on the timeline is, and I quote, "December 2016 through March 2017; discussions on procedures for submitting report". That took three months. In March they sent a "Request Letter" to SHPO asking for a summary of findings.

June 22 of this year NDBC was told that a letter of acceptance is currently being drafted and to expect it shortly. That means that SHPO agrees with the Archeological Report and NDBC may proceed with their permit application. This is called a Special Use Permit that the feds require when dealing with private property owners. This will involve the Lighthouse Keepers agreeing to all its terms using whatever procedures they employ. It remains to be seen what negotiations

"The trick is if you make one mistake in your application, it is thrown out and you can file a new one (for another \$200)."

will take place at this point in the process.

Don't imagine we're near the end. The next step involves the Department of Commerce Office of General Counsel to review the permit to make sure it abides by all the proper statutes. Once everyone is in agreement then NDBC can apply for a county building permit. Meanwhile, the Coast Guard was brought in to evaluate the new location as it's near their landing and refueling spot.

I asked Mr. Cuculli when he thought the project would be up and running. He estimated early 2018 "pending completion of identified tasks". Good idea to leave the door open on that one. I asked him, "What has been the biggest obstacle to getting this done?" His answer: "Identifying needed steps in the process". Really.

Next up is Peter Bogdahn, former Harbor-master in Point Arena. Last fall he decided to put solar panels on his roof. First he went to the city to get a city permit. This required a \$50 fee and an inspection by the fire department. Then he checked the county website which contains the proper specifications and regulations for installing solar systems. After consulting their planning tools and local installer Pete and Sun, he elected to install thirty 295 watt panels. So far so good.

While applying for a county building permit, it came up that he owns a modular home,

meaning he is under the authority of the Tax Assessor's office. Whoa. Because his home is on a foundation, he needed to file a form 433A from the tax assessors office, putting him now under the jurisdiction of the building department. Off to the building department only to discover that modular homes are regulated by the state Department of Housing and Community Development in Sacramento. Once his 433A was filed with the county he could proceed to HCD for a permit. HCD requires a 415 Alteration Permit, which requires engineering plans and a very detailed application. And a \$400 filing fee that includes an inspection and one hour of time for a plan checker. The trick is if you make one mistake in your application, it is thrown out and you can file a new one (for another \$200). Fearing a mistake and not wanting to start again, he drove to Sacramento to fill out the form in front of the clerk to be sure it was correct. His journey down this rabbit hole could be its own column.

Along the way he learned from PG&E that he was designing too big of a system. They only want you to install panels to offset 110% of your historical usage. His system would give him 137%. After promising to use more electricity after the system is up and running they allowed his design. Once the system is installed Peter gets an inspection. Only one though. If anything is wrong and the inspector has to return it is another \$200.

After everyone is happy, PG&E comes in for an inspection and if they give it a thumbs up, you are ready to go. By the time he begins generating electricity, it will be about one year from when he started. And he had no glitches. He made it through the gauntlet relatively unscathed. His biggest issue with the project: "paperwork".



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SUDOKU Edited by Margie E. Burke

Difficulty: Easy

1			3		9			5
8				5				2
	7	9				3		
		2	7	8				
9		7			3		4	2
		5				1		
3	6		1	2		5	9	
7		4		3				
	9	1				4		

HOW TO SOLVE:
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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Get Out!

Enjoy Music, Film, Poetry, and more on the Coast

- Music and Dance at Arena Theater's Post-fireworks party, Saturday, July 1.
- Karaoke Night is set for Saturday July 1 at Garcia River Casino.
- An English Country Dance is scheduled for Saturday, July 1 in Caspar.
- **The Maestro: King Of The Cowboy Artists** screens at Arena Theater Monday, July 3.
- **Dry Wood** screens at Arena Theater Monday, July 3. (double feature with above)
- First Friday Karaoke is back on Friday, July 7.
- Chris Doering and Don Watanabe perform at Mendovine' Friday, July 7.
- Dan and Myra, **The Casuals**, return to the Garcia River Casino on Friday, July 7.
- Mendocino Quartet at Arena Theater, Saturday July 8.
- 15th Chamber Music Festival at Gualala Arts Saturday, July 8.
- Mad Cow Quintet perform at 215 Main Saturday, July 8.
- 15th Chamber Music Festival continues at Gualala Arts Sunday, July 9.
- **The Man Who Knew Infinity**, a film at Arena Theater Monday, July 10.
- San Francisco Mime Troupe return to Arena Theater July 12.
- PBS Trio (Piano, Bass, Sax) are at The Fireside Room at Sea Ranch Thursday, July 13.
- Brave singers can perform at Karaoke night at 215 Main in Pt. Arena, Friday, July 14.
- National Theater Live from London screens at Arena Theater, Saturday, July 15.
- Fast Company and DJ Smurf perform at Manchester School's BBQ, Saturday July 15.
- The Mixed Nuts perform at 215 Main in Pt. Arena on Saturday, July 15.
- duo 'Xplore brings jazz to Mendovine', Friday, July 21.
- The Odd Job Ensemble play at 215 Main in Pt. Arena on Friday, July 21.
- The Garcia River Casino presents the Blackhorse Blues Band Friday, July 21.
- Friday, July 21st, 8:30pm Cosmic Debris lands at 215 Main in Pt. Arena
- Summer of Love Fest at Gualala Arts on Saturday, July 22.
- **Solaris**, a Soviet-era Sci-fi film is at Arena Theater Monday, July 24.
- Harrison Goldberg & Friends at the Fireside Room, Sea Ranch, Wednesday, July 26.
- Tango at 215 Main on Friday, July 28.
- DGIIN play at the Not So Simple Living Fair, Saturday July 29.



Arena Theater Summer Theater Camp Returns July 17-28

Acrobatics, clowning, puppetry, improvisation, writing skills will take center stage during Arena Theater's annual summer theater camp for children ages 9-14. The 2-week session will be held from July 17-July 28, Mondays through Thursdays from 10:00am to 2:30pm. On Friday, July 28, at 1:00pm, campers will showcase their newly acquired skills in a public performance.

Campers will learn to work as a supportive ensemble through a dynamic, fun and physical approach to stagecraft. Camp activities will include physical and vocal warm-ups, theater games, improvisation, team-building exercises, character development through physical exploration, and circus skills such as stilt walking, acrobatics, juggling and plate spinning. Instructor Lucius Robinson is an actor, writer and recent graduate of the Dell' Arte School in Blue Lake. He has spent time studying theater in London and Bali. He recently won an award from the Princess Grace Foundation and performed as the Cheshire Cat in Alice in Wonderland at Arena Theater.

"There's still time to sign up your kid for this fun event," says camp organizer Shauna Boyd. The registration fee is \$250 and partial scholarships are available. Contact the theater office at 882-3272 or visit www.arenatheater.org to download a registration form.



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Gualala Arts Presents
 50th Anniversary Exhibit of the Summer of Love
 Opening Reception July 7 • Exhibit Continues Through July 30

1967. Jimi Hendrix, Cream, Pink Floyd, the Doors. Where were you that year? If you were in Golden Gate Park you may have been among the hippies and the dreamers, a “flower child” looking for the utopian dream of peace and love.

The 50th Anniversary Exhibit of the Summer of Love opening reception is Friday, July 7, 5:00pm to 7:00pm in the Elaine Jacob Foyer at Gualala Arts Center. Appetizers and no-host bar will be served. The opening is free to the public. The exhibit will remain through July 30.

The psychedelic scene was barely a year old, but Bay Area residents were already collecting the works of five young graphic artists making names for themselves as masters of the psychedelic poster — Wes Wilson, Alton Kelley and Stanley Mouse, Victor Moscoso and Rick Griffin. The “Big Five” longed to be taken seriously as artists.

From the private collection of David “Sus” Susalla. On July 17, 1967 (Sus’s birthday!) they got their



wish with a group exhibition at the Charles Moore Gallery on Sutter Street in San Francisco. Because of the era, the exhibition was titled “Joint Show” and each of the artists designed their own poster for the event.

Enjoy a little trip back in time at Gualala Arts Center with The Summer of Love exhibit and Summer of Love Fest (Saturday, July 22) celebrating Sus’s birthday with the mood of the time. 1967.

Summer of Love art work including Bill Graham posters, Willie B’s BGP postcard collection, original Stanley Mouse paintings, and a 1967 Joint Show poster will be on loan from private collections.

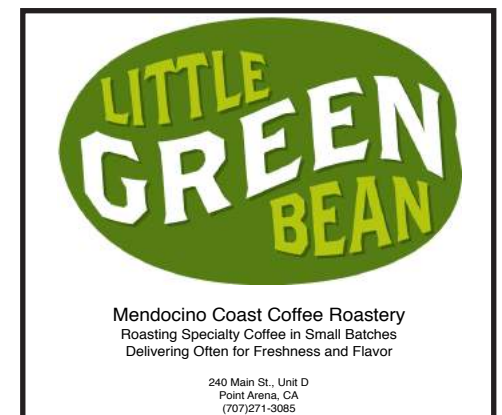
Come to the opening reception, come to the exhibit. Relive some of the signs of those times. Images displayed include those from Ladders: Curator Leslie Moody Cresswell’s “Ladders revisited.” The Gualala Arts exhibit Works Revisited/Works Revisioned on display in the Burnett Gallery will feature artists works that they have

gone back to recreate or reinvision.

Gualala Arts is also pleased to have a poster from Gualala Arts’ Sus Susalla.



Sus Poster: An Alton Kelley Joint Show poster from the private collection of David “Sus” Susalla will be on display in the 50th Anniversary Exhibit of the Summer of Love along with other memorabilia from private collectors.



Classic Cars Visit The Point Arena Lighthouse July 16
 (When it comes to classic cars, seeing them twice is, well, nice!)

On Sunday, July 16 from 10:00am to 4:30pm the Point Arena Lighthouse will be welcoming participants in the 9th Annual Gualala Arts Auto Show to the Lighthouse as part of its Cruise the Coast event.

Participants in the Auto Show, which will be held on Saturday, July 15 at the Gualala Arts Center, will receive a free pass for a Lighthouse Museum and Tower tour as part of their check in

package. Auto Show attendees will be able to pick up a ticket to Cruise the Coast that will let the holder get a Museum and Tower tour for the discounted price of \$3 which is a \$4.50 savings over the regular admission. For all other visitors the normal admission rates will apply. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

“Cruise the Coast encourages Auto Show



participants and guests to make the cruise up our beautiful coast to visit the iconic and picturesque Point Arena Lighthouse, and take advantage of the great photo opportunities it offers,” says Mark Hancock, Point Arena

Lighthouse Executive Director. “In past years we have had many of the hot cars from the Auto Show park around the Tower with their owners and other visitors taking some wonderful photos, both from the top of the Tower and at the base. We also love having the guests that attend the Auto Show get another chance to see these beautiful machines in a coastal setting after seeing them under the cool redwoods of the Art Center.”

For more information, call (707) 882-2809 ext. 1 or visit PointArenaLighthouse.com.

Photo: Mark Hancock

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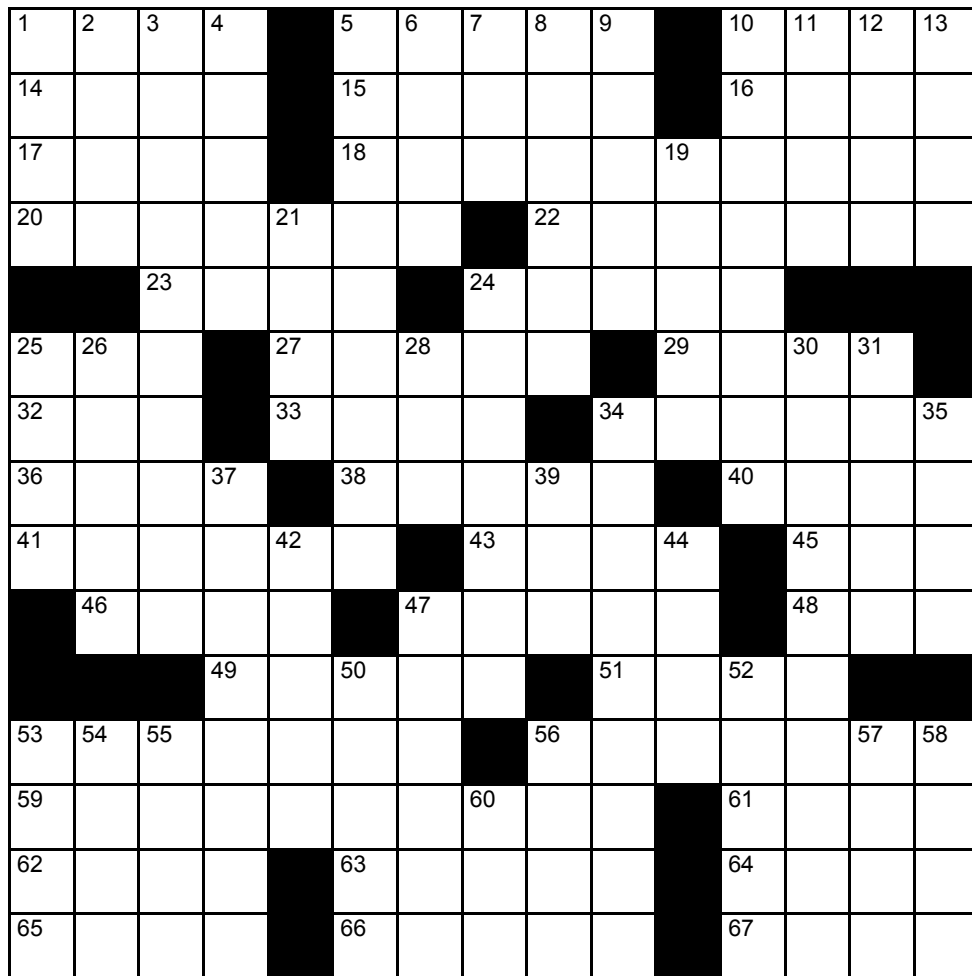
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The July Crossword

by Margie E. Burke



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ACROSS

1. Stooges' exchange, perhaps
5. Cause to wither
10. Pond cover
14. 1997 film, "_____ is Beautiful"
15. Commotion
16. Live wire, so to speak
17. Showy bloom
18. Egyptian president of the 1970s
20. Sensed by touch
22. Hot, in a way
23. Minute amount
24. Invoice word
25. Doctor of sci-fi
27. More than mean
29. "Way to go!"
32. Mother _____
33. Gardener's need
34. Bare
36. Prayer leader

DOWN

2. Old Italian coin
3. Enthusiast
4. Basil-based sauce
5. Bird in the sandpiper family
6. Choice
7. Skirmish
8. One of many in Vegas
9. Girl group?
10. Able to conform
11. Valuable deposit
12. Duds
13. Bohemian
19. Part of a book
21. Cast wearer's problem
24. Go back in
25. Passing fancy
26. Study fellow
28. "What's the _____?"
30. Balance control
31. Top scout
34. Disavow
35. Room at the top
37. Frivolous funds
39. "_____ so fast!"
42. Stands for
44. Idaho crop
47. Col. Sanders feature
50. Submit
52. Key letter
53. Altar area
54. Atmosphere
55. Weather word
56. Blow off steam?
57. Horror film staple
58. Dentist's directive
60. "Saving Fish from Drowning" author
38. Ziti's cousin
40. Therefore
41. Title for Marie Tussaud
43. The best
45. Will Ferrell film
46. Stem joint
47. Outfit
48. Track transaction
49. La Guardia was one
51. Blue Devils university
53. Household cleaner
56. Spanish nobleman
59. Yuletide plant
61. Raindrop sound
62. Cobbler's concern
63. Smallest in degree
64. Like driven snow
65. "Electric Avenue" singer Grant
66. Not too bright
67. Final word

DOWN

1. Narrow aperture
2. Old Italian coin
3. Enthusiast
4. Basil-based sauce
5. Bird in the sandpiper family
6. Choice
7. Skirmish
8. One of many in Vegas
9. Girl group?
10. Able to conform
11. Valuable deposit
12. Duds
13. Bohemian
19. Part of a book
21. Cast wearer's problem
24. Go back in
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53. Altar area
54. Atmosphere
55. Weather word
56. Blow off steam?
57. Horror film staple
58. Dentist's directive
60. "Saving Fish from Drowning" author

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Protecting Blue Whales and Blue Skies

by Mary Jane Schramm

From his dockside vantage point on San Francisco Bay, Otis Redding described it well: "... I'll be sittin' when the evenin' comes, watching the ships roll in; and then I watch 'em roll away again ...". The constant ebb and flow of ship traffic entering and leaving San Francisco's Golden Gate is like blood pulsing through veins; and indeed, the movement of goods and products through our coastal waters is part of the lifeblood of our economy. Huge commercial vessels, gliding along the horizon and silhouetted against the western sky, travel from the great ports of Seattle and Long Beach, or from across the Pacific, to the bay and river ports of Oakland, San Francisco, Stockton and Sacramento. Large ships of 300+ gross tons make up to 9,000 transits through the Golden Gate annually.

The Greater Farallones, Cordell Bank, Monterey Bay national marine sanctuaries, lying athwart the coastal waters of San Francisco, Marin, Sonoma and Mendocino counties, encompass the Traffic Separation Scheme directing ship traffic into these ports of call. But in this vital and vibrant forum of international commerce, collisions with whales occur; air and water pollution results from burning fuel oil; the threat of spills is ever-present. These same waters are feeding grounds for endangered blue, humpback and fin whales. Ship strikes are inevitable.

Ship strike fatalities among whales are a growing concern worldwide. Between 1988 and 2016, NOAA Fisheries documented 138 large whale ship strikes along the California coast. Some were killed outright; others injured and possibly killed, but whose final fate is unknown. The actual number for blue whales could be 10 to 15 times higher, because blues sink when they die, and often remain undetected.

Protecting endangered species and other wildlife is a priority for the National Oceanic and Atmospheric Administration and its system of national marine sanctuaries. In June 2017 the North-central coast sanctuaries joined a new initiative to reduce the speed of large vessels. The Protecting Blue Whales and Blue Skies program is the latest of several actions. Although sanctuaries have called for voluntary large vessel slow-downs since 2012 during feeding season, this latest initiative offers monetary incentives for vessels that reduce their speeds in critical zones. Over \$185,000 in funding is planned to incentivize slow-speed transits for 2017.

Ships are so massive, that once underway, it is not possible to stop, slow or turn

them quickly enough to avoid a collision when a whale is sighted ahead. At cruising speeds of 14-18 kts collisions are often fatal, but studies show that lower speed accidents, e.g., at 10 knots (11.5mph), are more likely to be survivable. Another benefit of the speed reduction program is that cruising at lower speeds is more fuel efficient and less polluting.

The Blue Whales and Blue Skies program is effective from July 1 through November 15, when these whales are abundant. The Bay Area Air Quality Management District, and the north-central California national marine sanctuaries join founding partners Santa Barbara County Air Pollution Control District, Ventura County Air Pollution Control District, Volgenau Foundation, and NOAA's Channel Islands National Marine Sanctuary in this effort. In 2016 in the Santa Barbara Channel region, it succeeded in slowing 50 ship transits to 12 knots or under, reducing more than 25 tons of smog-forming nitrogen oxides (NOx) and over 1,000 metric tons of greenhouse gases (GHGs). Ten global shipping companies participated in the 2016 Santa Barbara Program: CMA CGM, Evergreen, Hamburg Sud, Hapag Lloyd, Holland, K Line, Maersk, MOL, NYK Line, and Yang Ming. In 2016, 90% of these companies indicated interest in also participating in a future Bay Area program. This expansion to North-central California holds great promise!

Threats to our marine wildlife and habitats are many, but some, at least, are manageable. Blue Whales-Blue Skies is a public-private collaboration that may prove one of the most cost-effective ways to reduce heat-trapping greenhouse gases while benefiting the marine environment, air quality, and the local economy. Your national marine sanctuaries are continuously working to protect our living resources, one threat at a time.

For more information, and to view a new film on the collaborative effort, visit <http://www.ourair.org/air-pollution-marine-shipping>. Additional information can be found at <http://farallones.noaa.gov>.



How Time Flies by Alan Burdick

A book review by Joel Crockett

I was in my Austin Healy Sprite when she ran the stop sign and t-boned me. My car slowly slid counter-clockwise. I was transfixed as the crack in my windshield gradually grew into a spider web of fractured glass. It all happened in slow motion. "Now" seemed to last forever. It was over 50 years ago and I remember it as if it were yesterday. Time slowed down. Or did it? What is time? We talk about it all the... um, all the time. Time is, in fact, the most commonly used noun in the English language. It's either on our side or not. We find time, we lose it; sometimes we don't have any at all. We save it, waste it, spend it.

How, though, do we measure time? How long does "now" last? Does time exist in the mind alone? Or is it real, physical? Does it pass more quickly as we age, or does it simply appear to? These are a just some of the questions Alan Burdick explores in his interesting, often entertaining and occasionally mind-numbing book, *Why Time Flies*.

Time, which didn't even exist until the universe began about 14 million years ago, was measured for eons from one sunrise to the next. Fortunately, pretty darned accurate clocks tick inside us and helped keep us on track. Gradually, though, we needed to break those sunrise-to-sunrise days into more manageable units: hours, minutes and seconds.

As technology advanced, time management became increasingly important. In 1862 there were nearly 100 time zones in the United States alone and more, or none, in the rest of the world. Imagine the chaos. In 1883 the government officially reduced our nation's time zones from dozens to four. Today, knowing the current time is critical to our way of life. Satellites give us readings that allow our clocks, watches, computers, iPhones and countless other devices to co-

ordinate with each other.

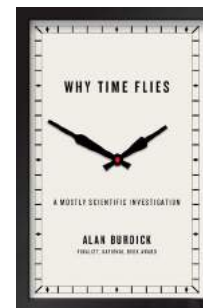
Why *Time Flies* explores almost every facet of and question about time that you can imagine. Does time literally and measurably move more slowly or quickly in different places? The answer is yes. Do we perceive events around us in "real time?" Not always.

I awaken every single work-day morning at 5:30 without an alarm clock How does that work? What happens to your built-in circadian clock in a land of constant light? Or for months at a time in a dark cave? Does your clock function differently, or even at all, when you fly across time zones, work the night shift, fly to Mars?

All complex behaviors involve time. Our brain responds to some of these complex behaviors and structures in surprising ways. You hit a fly ball. The sight of the bat hitting the ball travels quickly to your brain. But the tactile feel of the bat making contact travels more slowly. The brain receives the two messages separately. Yet you perceive both happening simultaneously. Your brain stores the light until it can process the tactile response and feeds you both at once. The difference is slight, but measurable and meaningful. Time isn't all it seems to be.

We have ears that allow us to hear, eyes with which to see; we have organs for tasting, smelling, and touching. But there is no receptor, no organ, for experiencing time. That's what makes this book so interesting and thought provoking.

I encourage you to read *Why Time Flies*. You'll never think about time the same way again, guaranteed. And remember: time does seem to crawl when you're bored, it flies when you're having fun. So find one thing to do this very day that makes time fly for you.



The photo (below) is of a blue whale, killed by a ship strike in June, 2017.

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- FRIDAY -

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NATTALI RIZE

WINSTON "FLAMES" JARRETT
YOGOMAN BURNING BAND
TATANKA

- SATURDAY -

SLIGHTLY STOOPID
J BOOG
JUNIOR KELLY

KEN BOOTHE
CULTURE FEAT. KENYATTA HILL
WARRIOR KING & THE ROOTZ WARRIORS
NKULEE DUBE
PRESTIGE
OJO DE BUEY

mighty mystic & the hard roots movement

- SUNDAY -

SLY & ROBBIE WITH
MARCIA GRIFFITHS, JUDY MOWATT
& CHERINE ANDERSON
LUTAN FYAH & THE RIDDEM REBELS
IBIBIO SOUND MACHINE

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