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# Lighthouse Peddler

May 2016

(707) 684-1894

Issue #175

www.lighthousepeddler.net

## The 2016 Mendocino Film Festival Brings A Taste of *The Organic Life* And More!

Film festivals are created for a number of reasons. A festival gives a filmmaker the chance to jump start a film. It's also a place to see a film that hasn't yet been released. And it's an opportunity to see a film that may have been completed some time ago ( a year, two years, or more) and still hasn't found an audience. But let me offer you a statistic: an audience of one is still an audience.

There will be more than forty films at the 2016 festival, and I could use this column to tell you about all of them. The quality of this year's selections is outstanding, and given the option to write about any of the films, I chose one loaded with emotion, drama, gorgeous settings, believable people, and a subject



appropriate to Mendocino County. *The Organic Life*. If that's not what you expected, all I can say is welcome to the club. It's not what I expected either when I first started looking at the films in this year's Mendocino Film Festival. And yet, I

was caught up in this compelling documentary film, and we have director Casey Beck to thank for pursuing this idea. How the film came about is best described by Beck: "I don't remember when

Austin first decided to become a farmer. It was relatively recently -- in the past 3 years or so -- but the idea from which it sprang is not known to either of us. It would seem to be a consequence several years in the making, the result of

*Continued on page 5*

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# FROM THE EDITOR'S DESK

There's plenty of things to do this month so let the **Lighthouse Peddler** be your guide. *The Organic Life*, is just one of the films in this year's film festival. (Cover and page 5.)

**Mendocino Coast Botanical Gardens** will host the big, really big, Rhododendron Show at the Gardens in Fort Bragg on May 7 and 8. (Page 3.)

**Point Arena Lighthouse** will present a talk on Tidepools Saturday May 14. Anyone who's every looked into one will appreciate hearing a bit more detail. (Page 3.)

This month's **crossword puzzle solution**. (Page 3.)

A **Cinco De Mayo** festival will take place on May 8th. (Page 3.)

There's a lot going on at **Arena Theater** this month. We start with a look at **BobFest**, segue to the **Mendocino Dance Project**, and close out with a Blues On The Coast concert featuring **Tommy Castro and the Painkillers**. (Page 4.)

**Moat Creek Managing Agency** hosts their annual Taco Dinner Benefit. (Page 5.)

**Blake More** previews **Third Thursday Poetry** at 215 Main Street in Point Arena. Mill Valley poet Terry Lucas is featured. (Page 6, Page 14.)

**Bolshoi Opera and National Theater Live** at Arena Theater are previewed. (Page 7.)

This month's **Sudoku** puzzle. (Page 7.)

Some **news and notes**. (Page 7)

The **Dolphin Gallery** has a new exhibit opening in May, including artists Kate Black and Larain Matheson. (Page 8.)

The **Queen of Boogie Woogie Wendy DeWitt** makes an appearance on the coast at the Garcia River Casino Saturday May 14th. (Page 8.)

The 2016 **Mendocino Film Festival** arrives for its eleventh annual presentation of films (more than forty). (Page 9.)

PT Nunn's art is on display at **215 Main in Point Arena**. (Page 10.)

Quilts and stitching are on display at the **Burnett Gallery at Gualala Arts**. (Page 10.)

The **13th Whale & Jazz Festival** continues this month with music by The Groove Factor, Mad Cow, the Yancie Taylor Trio, and Wendy DeWitt. (Page 10.)

The travelers have checked in. Read Scuttlebutt to catch up with **Mitch McFarland** on the travels he and Madeline Kibbe are sharing. They are on the road with a report from Wyoming and Utah. (Page 11.)

This week's **Sudoku puzzle** is on page 7. The answer key is on page 11.

The 'New Moon' and 'Full Moon' feature is on page 11.

If you read the story on **Terry Lucas** (and we know you did) you can find a sample of his poetry. (Page 14.)

Contributor **Karin Uphoff** returns to help us with a recommendation to stop and smell the flowers in this month's Words on Wellness. (Page 12.)

Believe it or not the Peddler's **David Steffen** writes about extinct mammals, almost extinct hairdos, fast food, and shopping local. Read how he ties it all together. (Page 13.)

**Arena Theater Film Club** offerings this month are *Falstaff* (2nd), *The Jerk* (9th), and *Z* (23rd). (Page 14.)

As usual, this week's **crossword puzzle** is here. (Page 15.)

Our thanks to contributors Blake More, Karin Uphoff, and Mitch McFarland

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Dolly Steffen: Publisher, Production Mgr.

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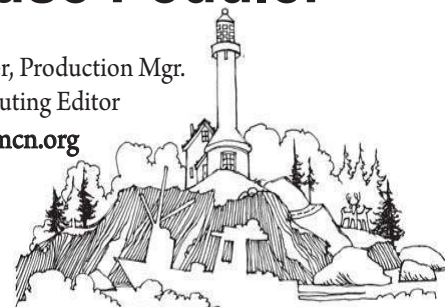
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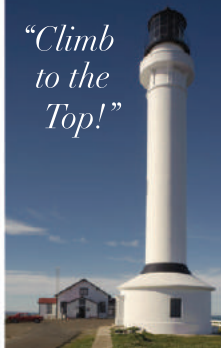
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**Opera is when a guy gets stabbed in the back and, instead of bleeding, he sings.**

-Ed Gardner



Solution to Crossword:

## The 39th Annual Rhododendron Show & Plant Sale is May 7 & 8 at The Mendocino Coast Botanical Gardens in Ft. Bragg

I arrived a little late to the appreciation of flowers. Not too terribly late (unless you consider my late 20s or early 30s as *really late*.) It's not like I didn't *buy* flowers. I was very good at making certain my girlfriend had roses for a special occasion or when I was in the doghouse. Sorry. Back to the

point. Flowers and flowering shrubs are now high on my list of things to appreciate. We have a huge wisteria shrub in the backyard and I love

it. Which brings me to Rhododendrons. If you haven't spent time "getting to know" rhodies here's your chance.

That gem of the coast, the Mendocino Coast Botanical Gardens is hosting this year's Rhododendron Show over Mother's Day weekend, May 7 and 8. Each year, the Noyo Chapter of the American Rhododendron Society partners with Mendocino Coast Botanical Gardens to showcase some of the best rhody specimens on the west coast. And why not. The Gardens is home to one of the nation's largest collections of rhododendrons—many hybridized on the Mendocino Coast—and they promise to fill the formal gardens and woodlands with riotous color. This juried show is expected to be the largest in California and one of the



largest on the entire Pacific coast.

The show is open to the public from 9:00am to 5:00pm on Saturday and Sunday. Visitors to the free show will receive a coupon for \$1 off admission to the Botanical Gardens, where more than 1,000 rhododendrons can be seen blooming throughout the Gardens. Memberships to the Gardens will be on sale at a 10% discount all weekend. In addition to hundreds of individual flower entries, there will be plants, bonsai, photos, floral arrangements, raffle gifts, educational displays, and a silent auction. Rhody's Garden Café will be open both days, serving snacks, lunch, and ice cream. A large selection of rhododendrons and other plants will be available for purchase in the big tent and at Nursery on the Plaza.

All rhody growers are welcome to enter their best trusses for judging; they can bring their entries to the Gardens on May 5 from 5:00pm to 7:00pm or May 6 from 9:00am to 1:00pm. Help will be available to assist in filling out entry forms. Judges will award ribbons and trophies to top entries in a variety of categories. Take your mother, your daughter, the love of your life, or go yourself. But go.

## Exploring Tidepools Talk Scheduled for May 14 at The Point Arena Lighthouse

If you're one of those people who love the Point Arena Lighthouse simply for its beauty, or the setting, or the history, I know the feeling. At any time of day when I'm in the area I always take a look—multiple looks actually—as I drive. I start to peer in the general direction of the lighthouse once I reach the coast. What's often better than just admiring or visiting the Lighthouse, is learning something while there.

The Point Arena Lighthouse Lecture Series continues in May. This month the series will feature a talk titled "Exploring Tidepools: Life at the Edge of the Sea" on Saturday, May 14th at 4:00pm. The talk will take place in the Fog Signal Building at the Lighthouse, 45500 Lighthouse Rd.

Find out why some of the world's most amazing intertidal habitats are found here,

along the Mendocino Coast. Come learn about the colorful anemones, sea stars, jewel-like sea urchins, elegant sea slugs, chitons, octopus and other creatures that call the rocky intertidal habitat home. Through beautiful imagery and marine life artifacts, Carol Preston, Education and Outreach Coordinator, NOAA's Greater Farallones National Marine



Sanctuary will present new research, and discuss how algae and marine invertebrates compete for food, evade predators, and adapt to sometimes brutal and ever-changing sea conditions to survive. Your local national marine sanctuary protects this intricate and fascinating ecosystem.

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**I love deadlines. I like the whooshing sound they make as they fly by.**  
-Douglas Adams

**I'm sorry. You wanted that when?**  
-Lighthouse Peddler

**Cinco De Mayo is May 8th. Come Celebrate. Bring the Family!**

Cinco De Mayo will once again be a celebration for locals and visitors alike. The celebrating will take place at Bower Park in Gualala on Sunday, May 8th with festivities, from Noon to 4:00pm, feature music by Mariachi Tecoman Santa Rosa, plus the Coast Folkloric Dancers, Point Arena Pomo Dancers, a Jumpy House, Face Painting, and of course, Mexican food. This will be a family-friendly, alcohol-free event.

Proceeds benefit Action Network and admission is free. Bower Park is on Old Stage Road, just past the intersection of Ocean Ridge Drive, across from the Ocean Ridge Airport.

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## Arena Theater Presents A May To Remember: BobFest, Mendocino Dance Project, and Tommy Castro & The Painkillers

### BobFest Is Set For May 7th

BobFest is not about a bunch of guys named Bob. But it does center around the music of one unique Bob. The Mendocino BobFest, celebrating the music of Bob Dylan, comes to Arena Theater on Saturday, May 7, at 7:30 p.m. Doors open at 7 p.m.

Now in its fifth year, BobFest is a collaboration of regional and national artists



performing original arrangements from the vast catalogue of one of America's finest songwriters. Twelve local musicians and surprise guests will present their own style and arrangements of Bob Dylan songs. The cast of musicians will change throughout the evening as the artists merge and meld into diverse alliances ranging from everyone on stage to solos.

The BobFest is not a sound-alike or tribute band. Long weeks of collaboration, arranging and rehearsal precede every show. The producer, Bob Markel, and the performers have taken Dylan's music and made it their own. Each song has an arrangement supporting the interpretation and panache of the players while illuminating Dylan's work, and each 'Fest includes new material.

The lineup for the concert at Arena Theater includes John Allair, Steven Bates, Martha Bouquin, Bob Daley, Phil Dunn, Jon Faurot, Sheila Fetzer, Marcus MacCallen, Jamie Peters, Lee Rider, The Bobettes and special guests. More information is at bobfest.com. Tickets are \$25.

### Mendocino Dance Project Performs May 14th

Arena Theater presents an evening of dynamic dance with the Mendocino Dance Project on Saturday, May 14, at 7:30 p.m. The well-established local dance company blends various dance forms to create a unique style and will perform four pieces at a total length of 90 minutes with one intermission.

"Relations" looks at how people relate to one another in space, both emotionally and physically, "Tides Edge," choreographed by award-winning actor, dancer, choreographer Ann Woodhead is inspired by her many years of living on the edge of the

ocean. "Sit With It" explores the plight of the modern mother in her hopes to find balance in motherhood and her own passionate self, and "Bounds" challenges the range of possibilities that exist when people are literally bound to each other. Performing dancers are Alicia Abuliak, Priya Birchard, Kristi Bohlen, Stuart Hayter, Mackenzie Rain, Chelsy Rathblott, and Kara Starkweather.

The Mendocino Dance Project was created by Kara Starkweather in 2005 with the goal of inspiring a more vibrant dance community on the Mendocino Coast. Under Starkweather's artistic direction and perseverance, the company continues to grow and expand. It blends various dance forms, creating a unique style that is both dynamic and athletic, on and off the ground.

Doors open at 7:00pm. and tickets for the show are \$15.

### Tommy Castro & The Painkillers, May 27

Since Tommy Castro's first appearance on the Mendocino Coast almost a decade ago, his audiences have grown larger each year. And this year the group arrives playing classics from their past albums and bringing music from the new album *Method To My Madness*. Tommy Castro and The Painkillers perform Friday, May 27th to help celebrate Memorial Day weekend.

*Downbeat* declared "The Californian's

latest album, *Method To My Madness*, represents a high-water mark in his career. Indomitable spirit informs his songs about



optimism in dark times or the role of luck in romantic matters - he is offering some of his catchiest original material ever." Night after night, Tommy Castro, a fierce and fiery road warrior, fervently delivers his driving, blues-soaked, soul-baring music to fans all over the world. Over the course of his four-decade career, Castro has played thousands of shows to hundreds of thousands of fans, packing dance floors, always leaving them screaming for more. Doors at 8:00pm. Music at 8:30pm. Tickets are \$20.

Tommy Castro and The Painkillers, Photo by Victoria Smith

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We are all here on earth to help others; what on earth the others are here for I don't know.

- W. H. Auden

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*The Organic Life, continued from Cover*

... dozens of conversations and articles read and mental shifts interwoven to the point that one day an ordinary twenty-something with a biology degree decided his ... next move in life would be to California, to apprentice on an organic vegetable farm ...

As a filmmaker, I was drawn to this story because, while not a farmer myself, I felt like I was living this story as well...our fridge is overflowing with fresh vegetables; our shelves are lined with preserves; and our closets and shed are stuffed with bushels of dried beans, ears of corn, and garlands of peppers. And while I will be the first to admit that I could never be a farmer myself, by living with Austin as he endeavored in his first few years as a full-time farmer ... I witnessed firsthand the challenges of such a lifestyle, and the insanely long hours, endless to-do list, and physical toll that organic farming takes."

There is clearly a romantic quality to the film, but I found myself particularly drawn to this film because of the people I've met since moving to Mendocino County. Without naming (last) names, Linda is one of the smartest and most genuine human beings I've met. When I hear her talk about farms, farmers, and farming, she makes me believe. Then there are the turkey farmers. I drove almost 100 miles last November to buy two turkeys from people I had never seen. We met on a road somewhere in Redwood Valley, and while totally on the up-and-up, I imagined myself a speakeasy owner from the 1920s meeting a bootlegger, and exchanging cash for whiskey. The reality was these people raised turkeys, and Jeness had turkeys that were, hands down, the single best turkeys I ever ate in my life. Period. These people work hard at something they love, and like so many others I've met, I can only be in awe of their commitment to the land, to their ideas, and to their reality that any day can bring success, and any other day can bring disaster.

Casey Beck continued to talk about her rationale for making the film *The Organic Life*: "The slew of pro-farm, pro-farmer

documentaries released over the past few years have made me both exultant and dismayed. It is impossible not to feel both jubilant and justified that organic vegetables are finally going mainstream. Nonetheless, the images being presented are often sim-



plified and quixotic. Unarguably, there is an elegance and ease that comes with a purely pastoral lifestyle; however, the choice to be a farmer comes with immense challenge. Turning back to the land in an organic way marks the beginning of a long, uphill battle: not only are you challenging the status quo, you are also, in many places, taking a vow of poverty."

I won't tell you how the story ends, but looking at the images brought to the screen by Beck, and the emotion brought to this grand experiment by Austin Blair, my respect for those who bring us truly delicious food knows no end. So take an hour out of your week. Head for Anderson Valley on Saturday, May 28th. Spend an hour watching the film. See if the images and the emotions creep into your psyche like they did mine. And next time you taste an heirloom tomato grown locally—especially if grown by someone you know—tell the world what they're missing. You'll be doing them a favor, helping the farmer, and slowing the onslaught of really tasteless food.



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We are indeed much more than what we eat, but what we eat can nevertheless help us to be much more than what we are.

-Adelle Davis

**Like Tacos? Want to Support Moat Creek?**  
**Friday May 6th is the 20th Annual Taco Dinner Benefit**

If you're like me and you regularly drive up or down the Coast Highway between Point Arena and Gualala, you've driven past Moat Creek. Now we can all do something to support the community that appreciates Moat Creek enough to care for it.


The Moat Creek Managing Agency presents its 20th Annual Benefit Taco Dinner on Friday, May 6th, 6:00pm, at the Druid's Hall, 140 Main Street in Point Arena. The menu features carnitas tacos, veggie tacos and delicious hand-made salsas, including the ever popular fresh mango salsa. Beer, wine and a variety of desserts will also be available. Music will be provided by the duo "Down in Front". Festivities also include a silent auction and the warm glow of a community event. Tickets are \$15 for adults, \$6 for kids under 10.

Moat Creek Managing Agency has improved and maintained beach and trail access at Moat Creek (2-miles south of Point Arena) since 1979. MCMA continues to accept trail easements and works towards the completion of a portion of the California Coastal Trail from Bowling Ball Beach to Arena Cove. Come support Moat Creek and have a great night out! And you don't even have to get your feet wet.

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An intellectual snob is someone who can listen to the William Tell Overture and not think of The Lone Ranger.  
-Dan Rather

**Mill Valley Poet Terry Lucas**  
**At May's Third Thursday Poetry In Point Arena**  
By Blake More

On Thursday, May 19, at 7:30pm The Third Thursday Poetry & Jazz Reading Series at 215 Main in Point Arena will feature Mill Valley Poet Terry Lucas. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

After graduating from seminary at age 26, and an ensuing career in the ministry, Terry Lucas spent more than two decades as a retail sales and operations executive, working for two national men's apparel chains, supervising hundreds of stores and developing training programs that impacted thousands of employees.

In 2004, he returned to graduate school part-time at Columbia College Chicago to pursue an MFA in creative writing, studying under David Trinidad and Suzanne Buffam, and other poets. At the close of his first semester, his company transferred him back to the Bay Area. Following a nationwide search for a program that might fit his needs, he found the low-residency, single genre (poetry) MFA program at New England College, where he spent the next two years studying under Gerald Stern, Maxine Kumin, Michael Waters, Alicia Ostriker, Carol Frost, and Malena Morling.

Since graduating in 2008, he has devoted himself more fully to writing and editing while still working as a retail professional.

In 2012 he stepped down from management altogether, and began working part-time, in order to write, edit, and coach other poets full-time. Shortly afterwards, Lucas produced two prize-winning chapbooks. The first collection, *Altar Call*, was a winner in the 2013 San Gabriel Valley Literary Festival and is one of four chapbooks published in the anthology, *Diesel*. The second, *If They Have Ears to Hear*, won the Copperdome Chapbook Contest from Southeast Missouri State University Press. During this time, his work also appeared in Best New Poets 2012, Green Mountains Review, Great River Review, and dozens of other national literary journals.

After receiving his MFA, Lucas and two of his colleagues, the poet and novelist Tayve Neese and the poet and book designer Dorinda Wegener, started Trio House Press, which is dedicated to "publishing distinct voices in American poetry" ([www.triohousepress.org](http://www.triohousepress.org)). Beginning as an associate editor in charge of sales and distribution, Lucas is now Co-Executive Editor, sharing the job of running the day-to-day operations of the press with Neese. The press has received a significant amount of national attention, evidenced by a recent interview of Lucas and Neese on the Best American Poetry website: [http://blog.bestamericanpoetry.com/the\\_best\\_american\\_poetry/2015/04/meet-the-press\\_triohouse.html](http://blog.bestamericanpoetry.com/the_best_american_poetry/2015/04/meet-the-press_triohouse.html).

In 2014, Lucas won the Crab Orchard Review Special Issue Featured Poet Award, and he will be reading and speaking on a panel of four west coast writers published in Crab Orchard Review at the Association of Writers and Writing Programs (AWP) annual conference in Los Angeles next spring. This coming February, his full-length collection of poems, *In This Room*, will be published by CW Books.

Lucas lives in Mill Valley, California, where he continues writing, editing and coaching poets full time through written feedback and telephone consultations. More about Terry Lucas and his work can be found at [www.terrylucas.com](http://www.terrylucas.com).


Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

\*\*\*\*\*

A sample of Terry's work—*In This Room*—is on page 14 of the Lighthouse Peddler.

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Wednesday, May 4 5 pm  
**Reflect on the Past, Stitch to the Future**  
PPQG Opening Reception  
Exhibit runs through May 29

Friday, May 6 6 pm  
**Champagne Preview**  
to Saturday's Wine Tasting & Auction

Saturday, May 7 3 pm  
**Wine Tasting & Auction**

Saturday, May 7 5 pm  
**Matheson & Black**  
Dolphin Gallery Opening Reception  
Exhibits run through May 29

Sunday, May 8 4 pm  
**Coastal Singers Spring Concert**

Friday, May 13 1-3 pm  
**Coffee & Conversation**  
Get involved with the Creative Sonoma Program & Initiative

Saturday, May 21 7 pm  
**Sacred & Profane: Motion**  
Chamber chorus a cappella concert

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## Arena Theater Presents the Bolshoi Ballet in *Don Quixote* May 8, and National Theatre Live from London May 21 with *Les Liaisons Dangereuses*

When we hear "ballet" most of us envision a group of performers who spend endless hours perfecting their craft. When one hears "Bolshoi" we start to wonder if everyone else are slackers. Of course they aren't, but the Bolshoi is usually thought of as the "gold standard" for ballet around the world. On May 8th we have an opportunity to test that theory. Here comes *Don Quixote* (photo below).

In a pre-recorded live telecast, Arena Theater presents Moscow's world renowned Bolshoi Ballet performing "Don Quixote" Sunday, May 8, at

2:00pm, doors open at 1:30 p.m. The ballet in three acts with choreography by Alexei Fadeychev is based on episodes taken from the famous novel "Don Quixote de la Mancha" by Miguel de Cervantes.

The Bolshoi's panache and excellence are combined in Alexei Fadeychev's critically acclaimed staging of this exalting performance with Leon Minkus' famous score. Featuring brand new sets and costumes to accompany this colorful and technically challenging production.

*Don Quixote* is quintessential Bolshoi, abounding with life. The estimated runtime of the production is 190 minutes

and tickets are \$18, \$5 for youth under 18. Arena Theater is located at 214 Main Street, Point Arena, California.

.....

Later in May Arena Theater is pleased to present another production of National Theatre Live. This time it's the Donmar Warehouse's highly anticipated new production of *Les Liaisons Dangereuses*, broadcast from the Donmar's London home to Arena

Theater on Saturday, May 21, at 1:00 p.m., doors open at 12:30pm. Directed by Josie Rourke, the cast includes Elaine Cassidy, Janet McTeer and Dominic

West.

In 1782, Choderlos de Laclos' novel of sex, intrigue and betrayal in pre-revolutionary France scandalized the world. Two hundred years later, Christopher Hampton's irresistible adaptation swept the board, winning the Olivier and Evening Standard Awards for Best Play. Josie Rourke's revival now marks the play's thirtieth anniversary.

It's the story of former lovers, the Marquise de Merteuil and Vicomte de Valmont who now compete in games of seduction and revenge to humiliate and degrade others, all the while enjoying their cruel games and boasting about their manipulative



talents. It has been claimed to depict the decadence of the French aristocracy shortly before the French Revolution, thereby exposing the perversions of the so-called Ancien Régime. However, it has also been described as an amoral story. Tickets are \$18, \$5 youth under 18.

### News & Notes From The Peddler InBox

- The Oz Farm CSA program is back for the 2016 growing season! Oz Farm is offering 20 shares of freshly harvested organic fruits and vegetables designed to feed a household of four for one week (10-12 items) from June until November. Pick ups are each Tuesday after 4pm at Gualala Arts Center. Information is at the Oz website [ozfarm.com](http://ozfarm.com), call Oz Farm at 882-3046, or email [info@ozfarm.com](mailto:info@ozfarm.com).

- The Friends of the Coast Community Library are faced with a great challenge. The building needs some major seismic retro-fit work and is hoping to raise \$300,000 to significantly extend the life of the library. Send questions about donations, pledges, and the project to [pearlwatts@mcn.org](mailto:pearlwatts@mcn.org).

- Local farms are teaming up to offer a Community Supported Agriculture (CSA) program to the coastal community. Windy Hollow Farm, Faultline Farm, and Green Flash Farm will provide an abundance of produce to the Point Arena area. The CSA season is expected to run from the end of May through October, and a limited number of shares are available. Cost is \$28/week for the produce CSA, and \$8/week for the flower CSA. To sign up, email [info@windy-hollowfarmca.com](mailto:info@windy-hollowfarmca.com) or call 707-353-0143.



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Nostalgia isn't what it used to be.  
-Peter De Vries

## SUDOKU

Edited by Margie E. Burke

Difficulty : Easy

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### HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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**Wendy DeWitt May 14 Garcia River Casino**

Wendy DeWitt is an overnight sensation decades in the making. She's reminiscent of any number of amazing musicians who've spent plenty of time on the road, playing clubs, bars, festivals, concerts, in-stores, you name it. Wendy DeWitt is one of the hardest working woman in show business. Seeing Wendy perform is an amazingly counter-intuitive experience. Her agility and passion on the keyboard seems effortless, yet what comes out of that keyboard, and what we hear in her vocals is a performer with more energy than a dozen Energizer bunnies. Audiences tend to start leaning in to get a better look at exactly how does all that music come out of this one woman? The only way to appreciate her playing, her singing, is to witness the performance in person. Get the vibe of the room and let yourself fall into the groove. Go with the flow. Let Wendy lead the way. An evening of Boogie Woogie with Wendy DeWitt and you'll sign on to the fan club. By the way. Don't try and keep your feet from moving. It's a physical impossibility. Even James Brown is probably tapping his feet from somewhere in the great R&B club in the sky. May 14th you can check her out.

## The May Exhibit at the Dolphin Gallery Kate Black and Larain Matheson.

Well known in Sonoma County, fused glass artist **Kate Black** displays post-modern pieces with striking welded frames. The frames are not usually associated with this medium. Black will be in her first two-person show at the Dolphin Gallery. Her bold expressionistic pieces are suggestive



of Miro and often contain a hint of Oriental influences.

A glass artist for much of her life, Black first learned her craft at SF State University, at Bennington College in Vermont and in NYC. She had to set aside her creative energies while she attended medical school and later raised a son. When a friend told her about a new process for working glass, she discovered that she could work in cold glass fired in a kiln at her home. She then could practice medicine by day and pro-



duce her pieces at night.

In addition to her glass work Black paints in acrylics. "About five years ago I started working in a larger space that allowed me to alternate between painting and glass work. Sometimes I have two pieces in the kiln and four or five canvases going at the same time." She especially enjoys working on collaborative commissions with architects and interior designers.

Working out of her Santa Rosa studio, Black says, "My art is very cathartic. I never plan a piece or a painting beforehand. It's a

very rapid, collage process that just jumps out of me. Each one takes on a shape of its own as I go along." She also draws inspiration from music, especially jazz. "I want people to experience the rhythm in my art work."

Black comes by the unusual vocations of doctor and artist quite naturally. Her mother was an art historian who advised her that artists make no money and her father a pathologist who warned her about the bureaucracy of medicine. She heeded the admonitions of both parents. Each passion provides an anecdote for the drawback of the other.

Her work can be seen any time at Backstreet Gallery in Santa Rosa SOFA district. She has a virtual gallery and contact information online at her website, [www.blackfusionglass.com](http://www.blackfusionglass.com). She also has a Squarespace online gallery of her 3D glass art.

In her second two-person show at the Dolphin Gallery, **Larain Matheson** continues to develop the artistic use of encaustic wax and oils she began using over eight years ago. This exhibit displays her most recent pieces in a medium that dates back over two thousand years to ancient Greece and Egypt.

Also known as hot wax painting, encaustic art uses heated bee's wax to which various pigments are added. Matheson fuses each layer of wax and oil with heat, to create the beautiful transparencies that encaustic art produces. Sometimes she uses 15 or more layers of wax fused to one another. She is captivated by the way the paint moves when heat is applied to each layer and by the patterns and images that emerge.

First used on mummy portraits, encaustic art has seen a revival since the 1990s. The process is difficult to master, but modern heating tools extend the time an artist can work the paint before fusing it in layers. Matheson feels the effort reveals new space and depth as well as colors and transparencies that provide surprising results.

Her recent work reflects her love of and inspiration from nature. It spans from abstract forms she sees in the universe to realistic images. She strives to connect with the energy of the four elements – earth, air fire and water – that the classical world saw as the basic components of creation. She

says. "My new paintings show energy and stillness, boldness and subtlety manifesting through color and form."

Matheson has been an artist for over thirty-five years. She studied with Richard Diebenkorn and Lynn Foulkes while working on her Masters of Fine Art at U.C.L.A. and has taught art at Riverside City College, Santa Ana Junior College, and Marin Junior College. She offers

Encaustic Workshops twice a year at her Gualala studio and is a member of the Encaustic Art Institute (EIA) in Santa Fe, New Mexico.

Her work has been on display at numerous venues including the Dolphin Gallery, Mendocino Art Center, Sebastopol Art Center, Berkeley Art Center and Cirrus Gallery in Marin. She participates in the annual Studio Discovery Tour. Her work has been published in the EIA catalogue in Santa Fe and in Art Takes Miami in 2012. Examples of the range of her work in a variety of media and styles can be found on her website, [www.larainmathesonart.com](http://www.larainmathesonart.com).

She has worked with oils, acrylics and pastels. She has even directed and produced a documentary film on the Huichol Indians



from Mexico that received awards at the San Antonio and Mill Valley film festivals.

**Kate Black**, Fused Glass, and **Larain Matheson**, Encaustic Paintings at the Dolphin Gallery. Opening Reception Saturday, May 7, 5:00pm. to 7:00pm. Exhibit remains through May 29. Free.

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## Mendocino Film Festival Returns May 27-29, and June 2-5 With Oscar Winners, Sundance Selections, Premieres, and Events

The Mendocino Film Festival arrives this month with a program to please movie fans of all ages, and of all interests. In addition, the festival continues its practice of screening films at a variety of locations throughout the area, including Fort Bragg, Anderson Valley, Willits, Point Arena, and of course Mendocino. In 2016 the schedule of films and events begins Friday, Saturday, and Sunday, May 27-29 with Cinema in the Vineyards, and continue through Festival Weekend, June 2-5.

In its second decade, the Eleventh Annual Mendocino Film Festival will feature its most international and awarded line-up yet, including three Academy Award® nominees (two of which won), three Sundance Selections, three California Premieres, and a U.S. Premiere. In addition to screenings, the Festival has also announced celebrity guests, special events, and spotlight programs, including Cinema in the Vineyards, the Seabiscuit Legacy Film Series, and – new this year – a Bay Area Film Series.

Celebrity guests include: André Leon Talley of *Vogue*; renowned pianist Flavio Villani, here with the U.S. Premiere of *Crossing Rachmaninoff*; program hosts Scott Feinberg of *The Hollywood Reporter* and Leslie Sbrocco of *Check, Please! Bay Area*; and, filmmakers, actors, and producers from a number of this year's official selections. Whether you consider yourself a film buff, industry insider, or simply a film lover, loyal local fans and visitors alike will enjoy the program.

From a Johnny Cash-inspired Skunk Train to Wine and Filmmaker Dinners to a David Bowie Tribute with the Steven Bates Band, this year's schedule blends award-winning films from around the world with spectacular events incorporating the best of Mendocino, from the North County to the South Coast. The Opening Night Celebration, for instance, draws inspiration from its theme of Mendocino, I Love You, as it highlights an array of local culinary celebrities, craft distillers, and wineries, as well as North Coast Brewing Company beer and craft cocktails made with Blue Angel Vodka.

All told, the Eleventh Annual Mendocino Film Festival will feature 66 films at 54

screenings alongside events and festivities at eleven venues in five cities over the course of two weekends. "This is an exciting year," says Mendocino Film Festival Executive Director Michael Fox. "We are proud of what we have accomplished, and we're just getting started. We can't wait to present this year's Festival – our best one yet!" Here are some of the highlights:

- Wine and Filmmaker Dinners and the sequel to *Somm* at Cinema in the Vineyards.
- Mendocino, I Love You Opening Night Celebration and Chef Showcase for Mendocino Film Festival members and sponsors at the Hill House Inn in Mendocino Village.
- Q&As with filmmakers and special guests, such as Flavio Villani (*Crossing Rachmaninoff*), Andrew Rossi (*First Monday in May*), Antonino d'Ambrosio (*We're Still Here*), and many others.

- A David Bowie tribute, followed by a live musical performance by the Steven Bates Band.
- Fashion film *First Monday in May*, followed by a live interview with André Leon Talley.
- A selection of music films, presented in partnership with the Mendocino Music Festival and North Coast Brewing Company, including *Jaco*, *Crossing Rachmaninoff* (U.S. Premiere), and *Landfill Harmonic*.

- A live tango demonstration at *Our Last Tango*.
- Ben Wood Projection Art on Mendocino buildings exploring Native American history.
- *The Sunshine Makers* (California Premiere), about "Orange Sunshine," the most popular form of LSD in the Vietnam War era, which will feature a panel with Tim Scully, Jill Henry, and other locals featured in the film.

- Three films fresh from Sundance, including *Newtown* (California Premiere), *First Girl I Loved*, and *Life, Animated*.
- An Academy Award®-winning Short Films Program, featuring the 2016 Best Animated and Live Action Shorts (Bear Story and Stutterer, respectively).

- An acclaimed Children's Program of de-

lightful shorts from around the world suitable for children of all ages, drawn from the best of the New York International Children's Film Festival.

- Mobile pet adoption in partnership with the Mendocino Coast Humane Society at the screening of the Internet Cat Video Festival.

- The Seabiscuit Legacy Film Series, celebrating remarkable stories of resilience, featuring the Johnny Cash film *We're Still Here* and other screenings at Noyo Theatre, as well as special events on the Willits Skunk Train, at Mendocino County Museum, and at Ridgewood Ranch.

- The inaugural Bay Area Film Series, curated by Bay Area filmmaker and programmer

Joshua Moore, who has also worked with the California Film Institute, San Francisco Film Society, and Jewish Film Institute.

- Special receptions, such as the Philo (May 27 and 29) and Willits (June 4) events.

Given the number of venues throughout the area—Fort Bragg, Mendocino, Philo, Point Arena, Willits—this is the year to become a part of the Mendocino Film Festival. Info at [www.mendocinofilmfestival.org](http://www.mendocinofilmfestival.org).



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### MAY AT GARCIA RIVER CASINO



# Wendy DeWitt

Saturday May 14th, 8.30PM

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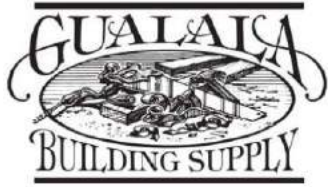
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## The 2016 Whale & Jazz Festival: A Look At May's Offerings

Last month we took a look at Whale & Jazz Festival events for the month of April. Although fewer events remain, they are not to be overlooked. Here is a sequel along with some photographs to make it even more tempting to come out and enjoy.

If you're missing your groove, it will be ready to re-connect with you on **Friday, May 6th**, as 215 Main hosts The Groove Factor at 8:00pm. The Groove Factor is Paul Mueller, tenor sax; Tim Mueller, guitar; Chris Doering, guitar; Keith Abrams, bass guitar; and Gabe Yanez, drums. Now that you have your groove back, enjoy music reminiscent of the band's scorching James Brown groove, or get up and dance. Food & drink will be available. 882-3215.

Less than a week later the calendar turns south toward the Fireside Room at the Sea Ranch Lodge. **Thursday, May 12th**, 6:00pm. Music will fill the room with Harrison Goldberg, reeds; Charlie Vally, vocals; Dorian May, piano; Dorothea May, double bass; and Gabe Yanez, drums. Together they perform under the name Mad

Cow (pictured, below). No worries. Your ears will quickly tell you that all is well. Infectious vocal and exceptional instrumental work as the band showcases timeless classic jazz standards from the likes of Frank Sinatra, Nat King Cole, Duke Ellington, Harry Connick Jr., and Antonio Carlos



Jobim. Admission to this event is free and delicious small food & drink available. 785-2371.

A little north of the Lodge, across the highway, and up the hill from Highway One is our next stop: Annapolis Winery & Jazz. On **Saturday, May 14th**, from 1:00pm

to 4:00pm, the winery hosts an encore of sorts. The Yancie Taylor Trio features Yancie Taylor, vibes; Greg Hesten, keyboard; and Rob Wright, bass. The set will be, simply, masterful & delightful uptempo standards plus gorgeous ballads. Remember: this event takes place at a winery. Come for the music, and try the wines. It's a match made in, well, you know where. (Bring a picnic!) 886-5460.

The evening of **Saturday May 14th** turns the day into a Whale & Jazz double-header. The Garcia River Casino goes Boogie Woogie at 8:30pm with no less than the Queen of boogie woogie piano Wendy Dewitt, along with superb drummer Kirk Harwood. We recently had the pleasure of seeing Wendy impress an in-store audience at Dig! Music in Ukiah. This duo shines with authenticity & romping exuberance. Food and drink will be available. 467-5300.

### Reflect on the Past Stitch to the Future Pacific Piecemakers Quilt Guild Annual Quilt Challenge

Pacific Piecemakers Quilt Guild is celebrating its Twenty Year Anniversary in 2016 and is planning several special activities to rejoice. Activities begin with the annual Quilt Challenge. This year's theme is "Reflect on the Past and Stitch to the Future". Quilters will produce quilts, or quilt-related projects based on their interpretation of this theme. An additional challenge is their project must be a minimum size of 20" x 20" and include 20 of something, i.e. different fabrics, beads, buttons, quilt designs, etc.

The Quilt show will include a display of several President's Quilts. These quilts were completed by past guild presidents from blocks prepared by members and given to the Presidents as a thank you for their service during their presidency. A special collection of quilts prepared by past members will also be exhibited.

A special "Memory Quilt" has been prepared to reflect guild accomplishments. Several guild members, using different quilt block techniques, have designed an individual block representing each guild activity. These blocks have been consolidated into a Memory Quilt. This quilt will also include names on the back of past, present, and in memoriam members. The quilt will be revealed at the Quilt Challenge. Opening Reception Wednesday, May 4, 5 p.m. to 7 p.m.; Exhibit remains through May 29, 2016. Burnett Gallery. Free.

### The Art Of PT Nunn At 215 Main In Point Arena

215 Main in Point Arena will host a reception on Friday, May 6th from 4:00pm to 6:00pm for an exhibit of PT Nunn's paintings. Meet the artist, see the art and nosh away while you participate in glittering chit chat. Its a perfect warm up to the Whale & Jazz event, featuring the Groove Factor, starting later at 8:00pm.

Nunn loves math, nature and painting. Drawing is the basis for her work; she considers drawing a means to active seeing and the act of drawing is more related to thinking or studying than "making pictures." Her paintings use strong color and contain a kinetic quality.

The art will be on display during the month of May anytime 215 Main is open. For more information call 707.882.3215.



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# Scuttlebutt

by Mitch McFarland

Madeline and I were driving across the vast stretches of the hardly inhabited lands of Nevada trying to get to Zion National Park in southern Utah with hopes of seeing Bryce Canyon and possibly Arches. We have seen much of this part of the U.S. and, as magnificent as the scenery is, we have seen many of the roadside attractions in the past and are looking forward to Zion and Bryce Canyon.

This is Highway 50, known as the Loneliest Highway in America. No billboards or other signs of commerce, not even gas stations. The only settlements are mostly mining towns separated by a drive of an hour or two. Not to say there is nothing to see. As we drive along a particularly large flat stretch of land, I realized that we are in the middle of a huge volcanic caldera maybe 30 miles across. There is a ring of mountains all the way around us. Although the ground is that desert tan color there are numerous black volcanic rocks that have been strewn around by Mother Nature's forces. Artists, lovers, and pre-Facebook posters have collected these black rocks and spelled something out along the highway. It reminded me of the drive out of the Hilo airport on the Big Island in Hawaii where people have done about the same thing on the crazy volcanic landscape on that stretch of the coast.

We stayed in Ely, Nevada at a Best Western (they are pet friendly!) and when I opened the little drawer in the nightstand I expected to see a Gideon Bible. Instead there was a Travelocity binder with travelers' information. Another sign that Jesus may be losing out to consumerism.

The next night we were in St. George, Utah, which I took to be a Mormon city. Everyone was so very nice and helpful and white and polite. We got to our room and when I opened the drawer of that nightstand, I found a copy of the Bagavad Gita. Go figure!

We spent a few days driving around southern Utah through numerous small towns I assume were Mormon. You can sort of tell as peoples' yard are well kept. No junk cars like you almost always see in the desert. Everybody looks healthy and eager to engage. Most of the houses look like new, yet there are plenty of older homes that appear abandoned. "This Old house" apparently isn't very popular in Utah. You would think that this is an idyllic place to live, yet it has something of a Pleasantville feel to it. Some non-Mor-

mons have told me that some of that pleasantness goes away if you are not a Mormon and are not just passing through. Diversity does not seem to be something that Mormons crave, but I still like them, at least to the extent that I encounter them.

As soon as we get into Arizona, things change. It looks a lot more like the Southern California desert- lots of wrecked cars in the yards along with everything else the locals have accumulated. This looks like the America I know.

On to New Mexico. We have found that we like New Mexico quite a bit better than the rest of the Southwest. Though each state has spectacular scenery, New Mexico is a bit hipper and has more artists. We always try to avoid Interstates, instead using state routes and even county roads. Hwy 36 out of Gallup toward our destination of Truth or Consequences made me re-think the whole Loneliest Highway in America thing. In over an hour's drive, we met only 3 vehicles- a highway department truck, a friendly rancher who waved, and a tractor trailer that must have been avoiding some scales somewhere or just wanted to drive flat-out. Blink and you will miss the towns of Fence Lake, Quemado and Pie Town where the only local diner serves pie for breakfast.

Occasionally there would be a dirt driveway going off to a single wide mobile home set far off in the distance. Talk about living out in the country!

You can't help but think about how diverse our population is. Is it any wonder that folks that live out here have very different attitudes from the people in big cities? How different are their lifestyles from, say, the people in Rohnert Park? Is there really any harm if someone out here in this moon-scape goes out back and blasts away with an AR-15? It may be mindless and stupid, but is it any more so than watching Jerry Springer?

Truth or Consequences is a town full of hot springs right on the Rio Grande river. It used to be called Hot Springs, New Mexico until the radio show Truth or Consequences (and later TV show) came to town and promised to tape an episode if the town would re-named itself Truth or Consequences for a year. The locals voted yes and the show's producers came back twice after the town kept approving the name change. They eventually changed it permanently, though not even the local paper bothers with the name Truth or Consequences. Everybody just says T or C.

Our goal on this leg of the trip is Terlingua, Texas, gateway to Big Bend National Park on the Rio Grande and home to former Point Arena City Council Member and Point Arena airbase veteran, Annie Leroy. She worked with Raven Earlygrow on his River Travel business and eventually owned the business. She works for a business called Desert Sports. They arrange river and bike riding trips. Terlingua is one of those out of way places that seem to be all over America where people are what we call on the coast "living on the edge". In our case we are literally on the edge of a continent, but the places I'm talking about are on the edge of civilization- or, at least, society. Terlingua, specifically, is on the edge- of the country. In fact you have to go through Border Petrol checkpoints to get in and out. When we went down to the Rio Grande in the park, we looked across the 50 ft. wide river to Mexican tourists visiting their park on their side.

Not a lot of cops here though, but not a lot of crime either. People all know each other. They are all, shall we say, very unique individuals, yet they are entirely tolerant of others. Once they are done teasing you, you realize that these Texans can even like people from California.

Like so many of these unique places, there is considerable consternation about how much it is changing. Terlingua is being "discovered", which I think these days goes along with being on the edge of a natural wonder. So if you feel any empathy for these folks there is one thing you can do: don't visit or move there.

On to Austin then New Orleans for the Jazz and Heritage Festival.




9	5	1	4	3	7	2	6	8
8	2	3	6	5	9	4	7	1
9	6	7	4	2	8	1	5	3
5	6	8	3	9	4	7	1	2
4	1	2	4	8	7	3	9	6
7	3	6	5	2	1	8	4	9
3	5	1	7	9	8	6	2	4
2	6	9	4	1	3	7	8	5
4	8	7	6	2	9	5	1	3


Solution to Sudoku

I am waiting for the computer that does what you intend, and not what you say.  
- John Young

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## Words On Wellness

by Karin Uphoff

Walking out on the headlands this spring we certainly see that "April showers bring May flowers". As we stop to take a closer look and bask in the beauty and delight of our floral friends, we can feel that flower-power is a very special medicine. It's no secret that flowers can boost morale and improve one's mood. However flowers also affect us on a biological level in the realm of vibrational medicine, their color



and 'sound'. The flower of a plant is its fullest, most complex expression that unifies the energy of the root, the stalk or trunk and its leaves. It also holds the power of birth, death and rebirth and for each flower species, a signature vibrational frequency (sound). Science, medicine and metaphysics all show that certain frequencies can repel disease, and even destroy it. Research has proven that different parts of our bodies have their own sonic signature. In other words the sound (vibration) of your heart cells differs from the sound of your lung cells. When parts of our body become stressed or diseased, these sounds become dissonant; in other words they are not vibrating at their harmonious resonant frequency. Flower remedies (and other subtle energy therapies) can serve to re-establish

healthy frequencies in our bodies and emotional fields.

The first capturing of the essence of flower vibrations onto water for use as a remedy, was by British immunologist Dr.

Edward Bach in 1932 (his remedies are still sold today). He believed illness to be a sign of disharmony between body and mind/emotions. He found, as others have since him, that flower essences serve as catalysts for

emotional change and work by stimulating awareness. Sometimes the shift is immediate (as in the case of the 5-flower combination 'Rescue Remedy' for shock), other times it unfolds over days or weeks, layer by layer, eventually aiding the physical body. Mirroring a plant's growth, from seed to sprout to blossoming flower, essences are about process and, ultimately, transformation. They are especially helpful moving through times of grief, long-term stress and trauma. There are thousands of flower essences available today and you can learn to make your own, but don't ignore that the potency of this medicine also comes from communing in nature with the flowers themselves. Take time to 'stop and smell the flowers' this colorful month of May!

Karin Uphoff is at: karin@rainbowconnection.net

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## Credit Where Credit Is Due

by David Steffen

As the last area of the continental United States (at least the "lower 48") to be explored and developed by Europeans, this part of the new world generally finds itself at the leading edge of movements and trends. We're not always certain that this is a good thing. For example, consider the adoption (in the '70s and '80s of the mullet hairstyle which, believe it or not, can be traced to the writings of 6th century historian Procopius of Caesarea. More recent anthropological evidence tends to credit David Bowie, Rod Stewart, Billy Ray Cyrus, Joan Jett, and Paul McCartney (among others) for sporting the hairstyle,



and with typical rock-star influence, convincing a young audience with questionable judgement that this was a good idea. While still seen in some parts of the country (including northern California) the style has thankfully fallen distinctly from favor. It's just a matter of time until—like

the Shasta Ground Sloth—it disappears completely from North America. [note: if you're in doubt, losing the sloth? Bad. Losing the mullet haircut: Good!] We can expect that sometime in the future, the remains of a human with a mullet will be, like



the sloth, found only in and around the La Brea Tar Pits where future generations of inquisitive young scientists might exclaim "Look mom, in the goo; a mullet-man from the 20th century. Wow."

For those of us living along the south coast of Mendocino County, traveling to the city via the Golden Gate Bridge is a journey of three hours or more, depending on [a] our knowledge of some backroads and shortcuts (no, I can't share the secret routes), [b] the annual increase in traffic in Sonoma and Marin, and [c] the ever present road construction of Highway 101—resurfacing, widening, repairing. In fact I overheard a conversation at a restaurant in Sausalito last week, where two couples were discussing moving out of Marin entirely: "Dahhling, the traffic here is, oh my god, just like L.A." Clearly she hasn't driven through, in, or around Los Angeles lately. Nevertheless I get her point. Many of us on the Mendocino coast talk about Santa Rosa traffic the same way, as if it's the equivalent of attempting to catch a flight from LaGuardia by crossing midtown Manhattan on a Friday afternoon.

Trends are low on the list of most visitors to the area. When traveling up here most tourists seem pleased with the local business offerings: sandwich shops, restaurants, hardware stores, grocers, inns, office and business support, wifi, music stores, book sellers, and more. Nevertheless, for those who crave Taco Bell, Safeway, Holiday Inn, and Home Depot, they are all represented in the county. They're just not present along Highway One from Bodega, the Russian River, and Jenner on the south, to Little River, Mendocino Village, and Caspar to the north. Those American icons of fast food and warehouse consumerism are as hard to find here as the Shasta Ground Sloth. Most locals and visitors like it that way, and most of us happily recommend a local business to fill the travelers' needs.

We're not perfect. Too often, like being

afflicted with a facial tic, some locals will let slip a corporately-programmed response. Do you recall the scene in *A Christmas Story*, where the Macy's Santa asks Ralphie what he'd like for Christmas? Overwhelmed by the moment Ralphie blurts out "a football" instead of his real desire for a Red Rider BB Gun. When you're not prepared to answer the question, you never know just what will come out of your mouth. We are, as I suggested, inundated with advertising, images, slogans, and brands, which means we must think about a response. And yet, many of us moved up here to—in varying degrees—get away from corporate brands, and 21st century uniformity. Or at least that's what we like to tell people.

Having lived in Mendocino County for a decade, I regularly observe members of the county's population—those in the media and out—answering a question with their own pre-programmed response. For example, authors flogging their books during an interview on the radio say "my book's available at Amazon" possibly in a mistaken belief that there are no retail bookstores left. And the radio hosts reflexively echo the



"go to Amazon" theme as if suffering from Tourette's. It's like being asked for a recommendation for having lunch in Gualala and replying, "I hear Commander's Palace in New Orleans is really good." A well-trained parrot could do as well.

I'm here to say No More. I've decided to take a page out of the tent revival handbook. So let me hold the Lighthouse Peddler in my left hand, and raise my right hand. From now on you are healed. Henceforth you will happily and faithfully extol the virtues of shopping, staying, and spending locally. Brothers and Sisters, as you return to your daily lives, go forth and spread the word. Look into the eyes of friends, family, and strangers alike. Offer your countenance, softly smile, and tell them that a new day is coming and the time is nigh. As a good book says, "there is wisdom, beauty, and blessings in spending local. Besides. As my old friend Arnie might say, 'it couldn't hoit.'"

## Arena Theater Film Club in May: An Unbridled Falstaff, An Absolute Jerk, and A Political Murder

On some days one thinks about Orson Welles and the films he created and/or starred in, and you wish you had been born a little earlier so that you could have enjoyed them all on the big screen—at least the greatest of the films. For better or worse (better, as I'd probably be dead by now, but worse because I missed that big-screen experience) his films have lived on, long after he began selling Paul Masson wines, and long after he left this planet. Arena Theater Film Club opens its May selections with Welles as Falstaff.

*Chimes at Midnight* came during a decade of uneven output from the great man. In the space of two years Welles appeared as Cardinal Wolsey in *A Man for All Seasons* (1966), as Consul Raoul Nordling in *Is Paris Burning?*, and as Falstaff in *Chimes at Midnight* (1965).

Some say its tough to go wrong with an original story by that guy Shakespeare, but in reality some have not been up to the task. In this 1965 production (Welles was 50 when production commenced) Sir John Falstaff is the hero in a re-envisioned storytelling utilizing "Henry IV" (and other plays) melded into the story of Falstaff as a young Prince's drinking companion. (Paul Masson came a few years later.) The massive Welles/knight raises hell with and without his friend the prince. Falstaff philosophizes comically, goes to war, and as one reviewer suggested, "meets his final disappointment, set in a real-looking late-medieval England." We can look on Welles' greatness and his failures, but a Hollywood personality this great and this complex comes along too

seldom. As Welles said about his personal life, "Hollywood died on me as soon as I got there. I wish to God I'd gone there sooner." We'll always have his films. *Chimes at Midnight* screens Monday, May 2, at 7:00pm. Directed by Welles. Also starring Jeanne Moreau, Margaret Rutherford, John Gielgud). Rated: R for language. Runtime: 116 minutes, black and white.

The great Steve Martin has also had his shares of on-screen brilliance, and forgettable films. This Martin film is a gem. Martin co-wrote the screenplay and is front and center in the title role. Martin portrays Navin Johnson—Navin as in raven—who is convinced that he was born a poor black child in Mississippi. As we all know (or at least I hope we all know,) Martin/Navin is actually white, as in Caucasian. Like any number of comedic and/or dramatic lead characters, Johnson

leaves home on a journey to find himself, i.e., the real Navin Johnson . . . whoever that is. While the premise may have seemed then (and perhaps to some today) as an idea living between brilliant and lame, the reality is very close to the former, as Navin—in some ways like Chauncey Gardner—lives the life of the man he is, and the man he becomes. *The Jerk*, directed by Carl Reiner, was for all intents and purposes the launch vehicle for a decade of mostly good films by Martin: *The Jerk* (1979), *Pennies from Heaven* (1981), *Dead Men Don't Wear Plaid* (1982), *The*

*Man with Two Brains* (1983), *Planes, Trains & Automobiles* (1987), and *Dirty Rotten Scoundrels* (1988). The cast includes Bernadette Peters, Catlin Adams, Mabel King, and in mostly smaller roles, Bill Macy, M. Emmet Walsh, Maurice Evans, Sonny Terry, Brownie McGhee, and Jackie Mason. The film hits the big screen on Monday, May 9th at 7:00pm.



It's rated PG with a runtime of 94 minutes.

The Club's final offering in May is the classic 1969 film *Z*. Ignore the short film title. Instead focus on a legendary film by director Costa-Gavras. *Z*, a pulse-pounding political thriller, will get your attention and keep it throughout.

With a story loosely based on an actual event, the release of the film came at the end of the turbulent 1960s. This Academy Award winner—taking its cue from the 1963 assassination of a Greek left-wing activist (Gregoris Lambrakis)—stars "Yves Montand as a prominent politician and doctor whose public murder amid a violent demonstration is covered up by military and government officials; Jean-Louis Trintignant is the tenacious magistrate who's determined not to let them get away with it. Featuring kinetic, rhythmic editing, Raoul Coutard's expressive vérité photography, and Mikis Theodorakis's unforgettable score, "Z" is a "technically audacious and emotionally gripping masterpiece." Get your popcorn, candy, and soft drinks well ahead of time. You'll want to see every one of the film's 127 minutes. Monday, May 23, 7:00pm. Also starring Jean-Louis Trintignant, Irene Pappas.



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In This Room by Terry Lucas

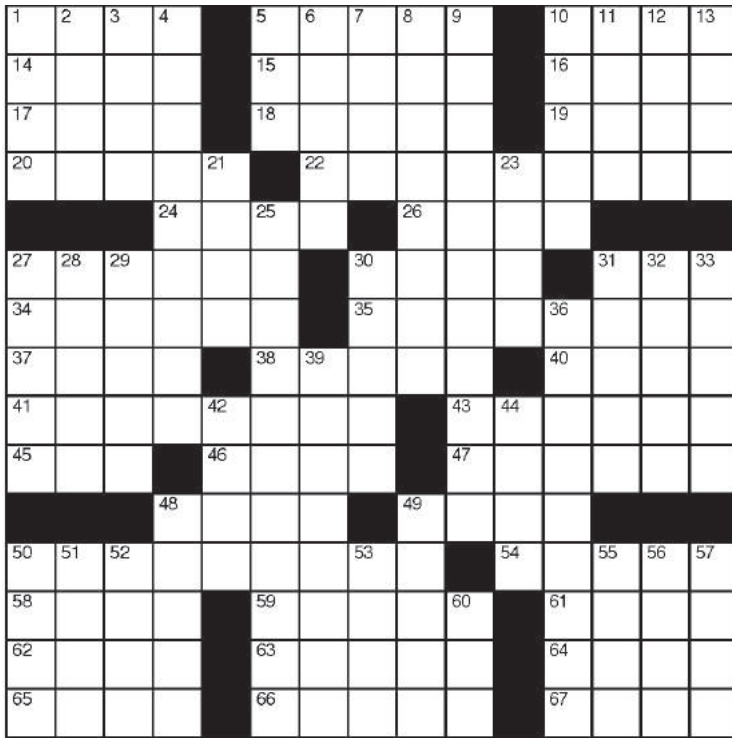
A long-playing record is turning on the turntable. For some time, speakers have been faithfully amplifying the scratches residing behind Art, or Miles, or Freddie, with a metronomic ticking, the needle bumping up against the label, sending the tone arm veering back across the smooth gap like a saxophonist swaying on stage, or a drunk driving a black-iced road on a new moon night, searching for the centerline—but these are mere musings.

From another room there might be the moaning of lovers over the hiss of knees caressing satin sheets. Who is to say which is more holy? Heaven's music or Hell's static electricity? The arm holding the needle in the groove, legs rising and falling out of time, moonlight flushing the dry flesh of curled leaves blowing across the road that has tangled itself in the hills like a necklace in my mother's long hair fanned out on my father's pillow.

And what am I but the valley between them? A watershed of snowmelt and shade. A cry from one far peak to another, an avalanche of sound echoing between the walls of yet another room, where a trembling index finger is lowering the stylus, aiming the needle for the edge of a black vinyl record.

# The Crossword

by Margie E. Burke



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## ACROSS

1. Wild guess
5. Flower with a showy head
10. Attention-getter
14. First name in fashion
15. As long as
16. Sly trick
17. Breezy
18. Roman date
19. Way, way off
20. Grace word
22. Juicy fruit
24. Beer buy
26. Proctor's call
27. Butt of jokes
30. Sky box?
31. On, as a lamp
34. How-to book
35. Somewhat youthful
37. Life lines?

38. Attack locale
40. One's partner
41. Like baboon's eyes
43. Footnote word
45. Boy toy?
46. Kill, in a way
47. Highly decorative
48. Word repeated after "Que," in song
49. Fly in the ointment
50. Keep an eye on
54. Foofaraws
58. Believe, formerly
59. Dead to the world
61. Cheer starter
62. Leer at
63. Audacity
64. Composed
65. Look closely
66. Not yet matured
67. "We the Living" author

## DOWN

1. Picket-line crosser
2. Drudgery
3. It may be a lot
4. Three-fingered saluters
5. Bristle
6. Excelled
7. Pitchfork part
8. End of a race
9. Compensation
10. On the ball
11. Stereo system
12. Flair
13. A \_\_\_ pittance
21. "Roots," e.g.
23. Word of agreement
25. Concerned only with one's own interests
27. Painter's wear
28. Put off, as a motion
29. Part of "the works"
30. Former capital of Japan
31. Lavin or Blair
32. Cay
33. Stew seasoning
36. Reviewing
39. Lawyer's fee
42. "...happily \_\_\_ after"
44. No angel
48. Ratty place
49. Wait on
50. "Cut that out!"
51. Advocate
52. Barbershop emblem
53. Dry
55. Cher or Aretha
56. Microwave, e.g.
57. Beach, basically
60. Perfect rating

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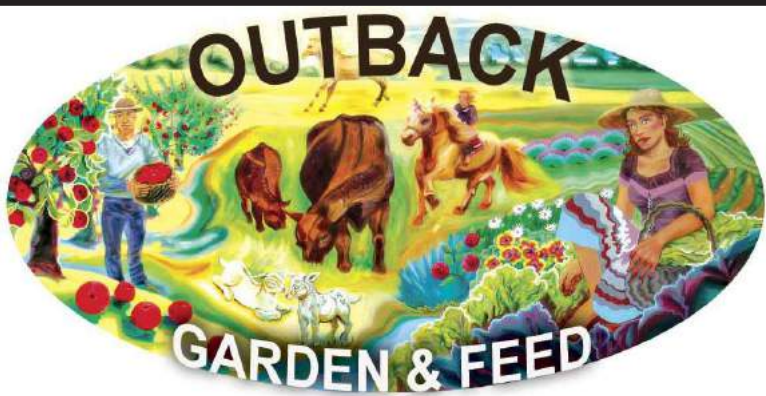
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