

Legends Of The Celtic Harp Sunday November 20 at Arena Theater

Just a few years ago, the best musicians from the most storied parts of the Celtic world— Ireland, Scotland, Cape Breton, to name just

three-were regularly touring in Northern California. It took some intrepid lovers of the genre to begin bringing these talented musicians to a welcoming audience in Mendocino County. This month Legends of the Celtic Harp present "A Winter's Gift" at Arena Theater on Sunday, November

3:00pm. Doors will open at 2:30 p.m. Tickets are \$20.

Not just any concert with a random selection of music, The trio—Patrick Ball, Lisa Lynne and Aryeh Frankfurter—will present their new program, "A Winter Gift," which offers a musi-

cal journey into a magical world of Irish and English literature, Celtic legend and traditional folk beliefs and draw out tales such as "A Child's

Christmas in Wales," a chapter from "The Wind in the Willows," and passages from Shakespeare, William Butler Yeats, and Thomas Hardy, and mingle them with beloved and original pieces of seasonal music. "All of the music and all of the stories touch on the central message of the

Christmas/Winter season," said Lynne. "Hope. Hope for something wondrous. Hope for a light in the darkness." We will not likely have snow on the ground, but the mood will be so well set that your imagination will most likely conjure

HARP cont'd on page 6



Opportunity Knocks: Three Water Challenged Lots

- Old Stage Road, .38 acres, adjacent to Bower Park, wooded, level lot 29,500 SOLD
- Ocean Ridge Dr., .26 acres, seasonal creek, plans, 2BR perc, 50% down 34,500
- Ocean View Avenue, .29 acres, deeded beach access to Anchor Bay Cove 29,500 SOLD

Take a flyer on the future! Three lots, different owners, views, terrain, but they have one thing in common; they are under the moratorium on water hook-ups within the North Gualala Water District. Establish a toe-hold on the coast for weekend camping or diving now with the potential for a nice profit

profit when the water situation gets straightened out.



Buy one, two or all three, this is an investment opportunity!



www.bananabelt.org

Banana Belt Properties

J.Moloney Scott, Broker #00795487 884-1109 FAX 884-1343 35505 SO. HWY 1 ANCHOR BAY E-MAIL: BANANA1@MCN.ORG

FROM THE EDITOR'S DESK

As we get closer to the Holidays, there are many options for fun and entertainment! Legends do come to the coast, and this month it's the **Legends of the Celtic Harp**. (Cover, and Page 6).

Blues Rocker Tinsley Ellis takes the stage at Arena Theater November 26. (Page 3.) The regular Night Tour at the Point Arena Lighthouse is November 14. (Page 3.) Gualala Arts' Festival of the Trees. (Page 3.)

The Legendary Count Basie Orchestra directed by Scotty Barnhart perform at Gualala Arts December 2. (Page 4.)

SambaDa and Candelaria bring a vibrant evening of Brazilian music to Arena Theater November 11. (Page 5.)

Of Thee I Sing, directed by Bryn Harris, opens for three shows November 4. (Page 5.) **Third Thursday Poetry** returns to 215 Main November 17. (Page 6.)

Miriam Owens and Emma Hurley are the featured artists at Coast Highway Art Collective in Point Arena. (Page 6.)

An update on **musical happenings** not necessarily covered elsewhere. (Page 6.)

Karin Uphoff's Words on Wellness has more healthful information. (Page 7.)

The rescheduled broadcast performance of *Tristan & Isolde* is on at Arena Theater November 19. (Page 7.)

The Dolphin Gallery's November show "A Holiday Exhibit" begins on the 19. (Page 8.) **Arena Theater Film Club** brings us two great films: *The Godfather* and *East Side Sushi*. (Page 8.)

The first of our new series on **birds and birding** (with help from the Mendocino Coast Audubon Society) begins this month with the Great Blue Heron. (Page 8.)

Speaking of art, again, Gualala Arts has two exhibits opening up this month. One at the Jacobs Foyer, the other at the Burnett Gallery, both November 4. (Page 9.)

Look out! Mac The Knife finds his way to the coast on November 12 with the National Theater Live production of *Three Penny Opera*. (Page 9.)

David Steffen writes about Tower Records and Rhubarb. (You'll have to read his column to figure the connection, assuming there is one. (Page 10.)

The Bolshoi Ballet (live and direct from Moscow, no less) offers *The Bright Stream* at Arena Theater on November 6. (Page 11.)

Joel Chaban talks about **clean energy** on November 1. (Page 11.)

The **November Crossword** puzzle answers are here.) Page 3.

Sudoku is here with numbers, sequences, boxes of nine, and other ways to drive us a little crazy. (Page 7.)

News & Notes—short bits and late breaking news is here. (Page 11.)

Occasional contributor **Sally Marshall** writes about enjoying (or attempting to enjoy) the Mississippi River.(Page 12.)

Things looking up? The New Moon/Full Moon is here. (Page 12.)

Mitch McFarland considers nuclear energy and America's electorate in this month's Scuttlebutt. (Page 13.)

Marghi Hagen has some thoughts on the thoughts of others. (Page 14.)

The **Crossword Puzzle** is ready to challenge you. Good luck. (Page 15.)

Our thanks to contributors Marghi Hagen, Pam Huntley, Mitch McFarland, Sally Marshall, Blake More, and Karin Uphoff.

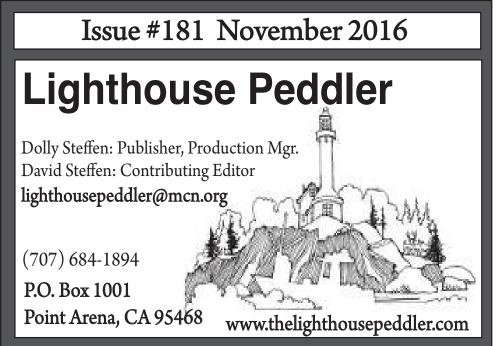




ADVERTISERS INDEX

215 Main	4	KZYX	15
Action Network	8	Little Green Bean	4
Anchor Bay Store	8	Mar Vista	4
Arena Frame	3	MTA	14
Arena Pharmacy	5	Office Source	6
Arena Market and Cafe	13	Outback Garden and Feed	back cover
Arena Tech Center	15	Oz Farm	5
Arena Theater	10, 12	Peter McCann P.T.	4
Arff Feed and Pet	5	Phillips Insurance	9
Bryan Preserve	8	Pier Chowder House	4
Banana Belt Properties	Cover	Pizzas & Cream	3
Bed and Bone	2	Point Arena Light Station	6
Cove Coffee	15	Red Stella	14
Denise Green	9	Redwood Coast Chamber of Comn	nerce 7
Dream Catcher Interiors	3	Redwood Credit Union	16
Four-Eyed Frog Bookstore	12	Rollerville Café	5
Garcia River Casino	9	Roots	14
Green Room, The	5	Sea Trader	12
Gualala Arts	7	Surf Market	9
Gualala Bldg. Supply	4	The Loft	10
Gualala Supermarket	11	Transformational Bodywork	8
Healing Arts and Massage	4	UnedaEat	7
Ignacio Health Ins. Services	3	Wellness on the Coast	7
Jasper Brady	5	Zen House Motorcycles	6
KGUA	14	Village Bootery	2
KTDE	11		

Read the Peddler Online-Its Free & In Full Color! www.thelighthousepeddler.com



Dream Catcher **Interiors**

We carry carpet, wood, tile, laminate, vinyl, window coverings. kitchen cabinets, and area rugs.

Monday To Friday 10 AM - 5 PM Saturday 10 AM - 3 PM 39200 S. HWY 1 GUALALA CA dreamcatcherinteriors@outlook.com 707-884-9655



"I merely took the energy it takes to pout and wrote some blues."

Duke Ellington



CANDUM, RAINY & SAALI BISBESS HEATH BESTANCE FLAKS

Blues Rocker Tinsley Ellis Brings His Red Clay Soul To Arena Theater November 26

On first hearing the name Tinsley Ellis, there's a recognition that you know that name, or heard him (or of him) before. It's not unusual as Ellis has been playing and

touring professionally for four decades, performing in all 50 states, across Canada, Europe, South America and Australia. He's also taken the stage in Russia, the Canary Islands and other destinations not on the traditional touring circuit. Ellis will perform at Arena Theater on Saturday, November 26, at 8:30pm. Doors open at 8:00pm and tickets are \$20.

An Atlanta born bluesrocker, Tinsley Ellis has ob-

vious roots in southern soul music. But his talent goes way beyond those roots. He's as comfortable sharing the stage with Buddy Guy as he is with the Allman Brothers, always playing guitar as if "his life depended on it." That assessment from Guitar Player magazine. Looking at the 150-plus dates he plays each year, Ellis is in demand from a wide spectrum of blues, southern rock, and rock 'n roll lovers around the world. He won Rock/Blues Album of the Year with "Tough Love" in 2015 from Blues Blast Magazine

VANESSA

and made many "Best of" lists.

Ellis' newest release "Red Clay Soul" debuted on Living Blues Magazine's Radio Chart for June 2016 at No. 1, and continues

> from critics and fans alike. Grant Britt of Blues Music Magazine calls "Red Clay Soul" an almost perfect description of what Tinsley Ellis has been doing his whole career.

of his earliest music when he recorded for Bruce Iglauer's Alligator Records label in Chicago in the late 1980s. With almost 40 years behind him we're pleased he found his way to

the Mendocino Coast. With the kind of encouragement Arena Theater audience's regularly show touring musicians—particularly those with the talent of Tinsley Ellis—we hope that this will become one of his regular

The Arena Theater bar and snack stand will be open. Advance tickets are available online at ww.arenatheater.org; at The Four-Eyed Frog and The Sea Trader in Gualala; Arena Market and The Pier Chowder House in Point Arena; Twist in Mendocino.



NIGHT TOUR NOVEMBER 14 ARENA LIGHTHOUSE POINT

The Point Arena Lighthouse hosts its monthly Night Tour on Monday, November 14. The evening features a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast, and light refreshments with champagne or sparkling juice following the tour. An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$50 for two. Reservations must be made at least three days in advance of the tour.

While the tour is scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund.

According to the Old Farmer's Almanac, November's Full Beaver Moon was the time to set beaver traps before the swamps froze, to ensure a supply of warm winter furs. Another interpretation suggests that the name Full Beaver Moon comes from the fact that the beavers are now actively preparing for winter. It is sometimes also referred to as the Frosty Moon.

These Night Tours are very popular, and he number of guests is limited. Reservations are encouraged by calling the Lighthouse at 707-882-2809, ext. 1.







Solution to Crossword:

Gualala Arts 13th Annual Festival of the Trees November 25 and 26

Arts' 13th Annual Festival of Trees will be held Thanksgiving weekend, Friday, November 25, 10:00 am to 6:00 pm and Saturday, November 26, 2016, 10:00 am to 6:00 pm, kicking off the Holiday Season on the Mendonoma Coast. Admission is free.

The entire Arts Center will be transformed into mid-19th Century Gualala. Highlights include festively decorated booths displaying handcrafted wares and demonstrations in both the Coleman Auditorium and the Burnett Gallery.

The Gualala Arts Interest Groups will fill the Burnett Gallery with a wonderful display of crafts handmade by our own Pacific Piecemakers Quilt Guild, Fiber Arts Group, Woodcarvers and Woodworkers groups, Basket Makers and Beads n' Beyond. Friday, November 25: 10:00am - 6:00pm • Saturday, November 26: 10:00am - 6:00pm.

215 mali

-IN POINT ARENA-

BEER • WINE • FOOD LIVE ENTERTAINMENT

707-882-3215

MENDOCINO COAST COFFEE ROASTERY LITTLE ENGINEERS OF THE STANDARD COAST COFFEE ROASTERY

Locally Roasting Specialty Coffee In Small Batches & Delivering Often For Freshness & Flavor.

Available at Anchor Bay Market, Arena Market, Blue Canoe, Cove Coffee, Franny's Cup & Saucer, Lisa's Luscious & Surf Super.



The Legendary Count Basie Orchestra Directed by Scotty Barnhart at Gualala Arts December 2

The Legendary Count Basie Orchestra directed by Scotty Barnhart is coming to Gualala Arts Center Friday, December 2, and it's a performance you don't want to miss.

Tickets for this night of jazz that will have you tapping your toes through the end of the year are \$38 in advance, plus \$5 the day of the event. Youth 17 and under are free with a pay-

ing adult.
Tickets
can be
purchased at
BrownPaperTickets.com
or in per-



son at Gualala Arts Center or the Dolphin Gallery.

"One of my highest musical dreams has been to bring the Legendary Count Basie Orchestra to Coleman Hall at Gualala Arts. This immortal band has been, for decades, at the pinnacle of excellence and swing," said Fred Adler, promoter for this concert event. "What an honor it will be for me to introduce them to our lucky audience!"

Pianist and bandleader William James "Count" Basie was and still is an American institution, personifying the grandeur and excellence of jazz. In the history of jazz mu-

sic, there is only one bandleader earning the distinction of having his orchestra still performing sold out concerts all over the world with members personally chosen by him more than 30 years after his passing.

The Count Basie Orchestra, today directed by Scotty Barnhart, has won every respected jazz poll in the world at least once; been

awarded 18

Grammy
Awards;
performed
for kings,
queens
and other
world royalty; and

appeared in several movies, television shows, and at every major jazz festival and major concert hall in the world, according to the orchestra's website.

The latest honor is the critically acclaimed release in 2015 of *A Very Swingin' Basie Christmas*! the very first holiday album in the 80-year history of the orchestra. Released on Concord Music, it went to No. 1 on the jazz charts and sold out on Amazon. Special guests include vocalist Johnny Mathis and pianist Ellis Marsalis. Don't miss out on this top-notch night of jazz brought to you by Gualala Arts Center.



Healing Arts & Massage Center

884-4800

Judith Fisher Massage & CranioSacral Therapy

Nita Green Massage & Deep Tissue

JoAnn Dixon Jin Shin Jyutsu & Massage

Alisa Edwards Hot Stone & Deep Tissue

Bill Schieve, L Ac., D.C. Acupuncture & Chiropractic

Cypress Village



Osteopathic Physical Therapy & Manual Medicine

PETER McCANN, MPT LUCINDA WEAVER, MPT 884-4800

Blue Shield - Medicare - Workmen's Comp Other Insurance - Private Pay

> Healing Arts & Massage Center Cypress Village, Gualala

Mendocino Coast Botanical Gardens The Annual Festival Of Lights November 25 through December 18

Come one, come all to the 7th Annual Festival of Lights at the Mendocino Coast Botanical Gardens. Each winter the Gardens transforms into a spectacular show of glittering color.

This year's Festival will run rain or shine each Friday, Saturday, and Sunday evening

from November 25 through December 18 from 5:00pm to 7:30pm.

Create a holiday tradition and take a stroll along the Gardens' twinkling pathways lined with inventive displays. After dark, the Succulent Garden morphs into a fantastic underwater scene of seaweed and floating jellyfish. A sailing brig that struck nearby reefs back in 1850 is reanimated with dazzling lights amidst the Gardens' nationally recognized Heath and Heather Collection. A visit to Santa's workshop will delight the little ones and give families a chance to snap a keepsake photo with Santa Claus on select nights.

Warm up and wind down in a beautifully decorated tent complete with live music, local craft brews, and some of the best wine Mendocino County has to offer. The Holiday Sweets Café offers hot cocoa, cider, and homemade goodies baked by members of Friends of the Gardens.

Tickets to the Mendocino Coast Botanical Gardens' Festival of Lights are \$10 each, children age 16 and under attend for free! The Gardens is adding a second entrance



We now rent tools for lawn and garden, concrete work, floors, pumps, much more

38501 South Hwy 1 Gualala 884-3518

for those who have pre-purchased tickets for speedy entry. Festival tickets are available for purchase at the Gardens' gift shop, Harvest Market in Fort Bragg, Out of This World in Mendocino, or online at www.gardenbythesea.org.

Join friends and neighbors at the Gardens this holiday season, where beautiful blooms and crashing waves combine with good cheer and dazzling lights for an experience you won't soon forget. (Sorry, no dogs are allowed at Festival of Lights.)







• CSA • Weddings • Retreats •



SambaDa and Candelaria: An Evening of Music and Rhythm At Arena Theater Friday November 11

There must have been a time when great live entertainment was hard to come by on the Mendonoma Coast. This month alone there are dozens of events, including plenty

of live music events to give you the difficult choice of "doing this or doing that". Solve the problem easily. Many a day you can hit one in the afternoon and another in the evening. And why

not. This month get ready for some infectious Brazilian beats that will make you want to groove and shake your hips. SambaDa is getting ready to bring their incredibly infectious tunes to Arena Theater once again!

SambaDa is widely regarded as one of the hottest Brazilian bands in the world, with their tantalizing blend of salsa, cumbia, funk, reggae, and of course, Brazilian beats. As soon as SambaDa steps out on stage with their fiery energy and excitement, you won't be able to help but feel your enthusiasm levels skyrocket. When SambaDa emerged from the ashes of a Brazilian dance group, the various musicians had no idea that they would leave such a huge impact on the international music scene, but after earning countless fans for their fresh and exciting

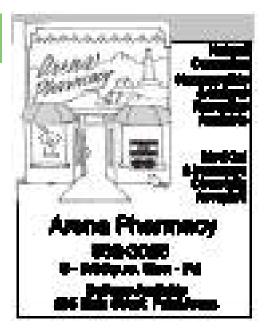
take on traditional Brazilian music, Samba-Da is easily one of the world's favorite Brazilian music outfits.

Since 2009, Oakland, California based

Candelaria has been moving dance floors all over the West Coast and Midwest with their unique sound. Candelaria's recordings and live performances are unforgettable, as

they combine infectious, soulful Colombian cumbia rhythms with vibrant horns, incendiary country guitar, powerful female-fronted vocals, and a dose of Jamaican dub technique in real-time using live effects. With all of these elements, Candelaria has their own high-energy sound that explodes with contagious dance grooves.

SambaDa & Candelaria take the stage Friday November 11, 8:30 PM, doors 8:00pm. Tickets are \$20 General Admission, \$12 Youth (18 and under), and are available online at www.arenatheater.org; and at Four-Eyed Frog, The Sea Trader, and Arena Market, Point Arena. By the way, you don't actually have to own a pair of 'dancing shoes' to enjoy this special event. Come as you are!





"Of Thee I Sing" at Arena Theater November 4 & 5 A Timely and Happy Diversion For Us All

Pulitzer Prize Winning Musical Comedy

Like a stroll through San Francisco on a very foggy day, almost anything we think we see could appear as an echo of things past, or a harbinger of things to come. We are, of course, in the present and accept that

observations are constantly influenced by the noise of daily life. And so it is with *Of Thee I Sing,* an echo and a harbinger wrapped up in a highly entertaining look that at times seems ripped from one of today's headlines.

For the mildly confused, this is no new literary work but instead a play that comes to us from the collective talent of George and Ira Gershwin. But your confusion is

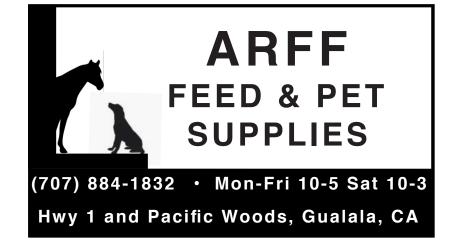
understandable. In this production we find that love meets a political campaign for the presidency; will it be true love or the oval office? Embrace (or ignore) the fact that this live theater production arrives just days before the 2016 election. Best yet, escape the reality of the campaign around us and venture into Arena Theater for a whole new take

on a grand old Gershwin idea. This local production is directed by Bryn Elizan Harris. Performers include Lloyd Cross, Wayne Harris, Sita Milchev, Cassy Grossman and a talented cast pulled from members of the community including the "Taptations".

The origin of the ideas influencing the Gershwins came straight out of 1931 and the brothers collaborated with George S. Kaufman and Morrie Ryskind. The original

production ran for more than 400 performances, and won a Pulitzer in the process. As the New York Times suggested, it's "Funnier than the government and not nearly so dangerous." Forget about politics and spend a couple of hours at Arena Theater enjoying, well, politics. The Arena Theater bar

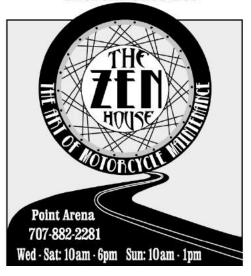
and snack stand will be open. Showtimes are Friday, November 4, 7:00pm, and Saturday, November 5, at 2:00pm and 7:00pm. Doors open one-half hour before the start. Tickets are \$20 (General Admission) and are available at Four-Eyed Frog Books, The Sea Trader, and Arena Market.

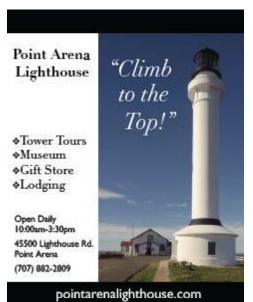




138 Main St, Point Arena | (707)320-1918 | Open 11- 6 Tues - Sat

TheZenHouse.net





Third Thursday Poetry At 215 Main in Point Arena November 17 By Blake More

On Thursday, November 17, at 7:30pm The Third Thursday Poetry & Jazz Improv Reading Series at 215 Main in Point Arena will feature a poet from Mendocino County. The reading will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improve jazz.

Third Thursday Poetry is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.

"It matters not whether you win or lose; what matters is whether I win or lose."

Darin Weinberg

Live Music on the Coast: Here Are Some Musical Options At 215 Main and Garcia River Casino in Point Arena, The Sea Ranch Lodge in Sea Ranch, and Gualala Arts in Gualala.

- On Saturday, November 5th, from 7:30-10:30pm, 215 MAIN will present PianoSax Jazz duo dishing up a diverse musical fare of swing, ballads, blues, bossas, and more! The duo, comprised of Pianist/Vocalist/Composer, Rob Ellis, and local Saxophonist, Harrison Goldberg, explore and perform some of the most popular musical gems from The Great American Songbook, circa 1930-1940s, in addition to showcasing works by Brazilian Composer, Antonio Carlos Jobim, and offering a batch of melodious compositions penned by Mr. Ellis. There will be a \$5.00 cover charge to this event. Delicious hot panini, savory and sweet offerings and a variety of wines and beers will be available.
- Autumn leaves will be falling when The Others Brothers appear in The Fireside Room at The Sea Ranch Lodge on Thursday, November 10 from 6:00-9:00pm as part of the monthly Sunset & Jazz Series. The duo, featuring Scott Foster on guitar and vocals, with Harrison Goldberg on saxophones, and joined by special guest, Tom Shader on upright bass and vocals, will serve up a musical fare of classic swing and ballads from The Great American Songbook and offer a few latin gems and some original compositions along the way. Admission is free. Tasty small plates and a wide assortment of beverages are available.
- The Mark Weston Band is center stage at Garcia River Casino in Point Arena on Friday the 11th. (Page 9).
- Singer Songwriter McKenna Faith warms up the stage at the Garcia River Casino Saturday, November 26. She's known for great vocals, genuine "Boot Stompin' Country Music", and for putting on thoroughly enjoyable show. First set begins at 8:30pm.
- The Emerald Brass Quartet performs Sunday, November 13th at 4:00pm at Coleman Hall at Gualala Arts. EBQ members Max Matzen, Brett Long, Leslie Hart, Chris Van Hof, and Stephanie Frye are all university faculty members and active free-lance educators and musicians across the United States. Since forming in 2006, the EBQ is committed to new music and to presenting programs for audiences that entertain and stimulate. Audience interaction is a hallmark of an EBQ performance, and listeners should expect to travel from genre to genre in the hands of expert tour guides. Advance tickets are available from Brown Paper Tickets or call them at 1-800-838-3006. To purchase in person, visit the Gualala Arts Center or Dolphin Gallery in Gualala.

Owens and Hurley Are Featured November 5 At Coast Highway Art Collective in Pt. Arena

Emma Hurley and Miriam Owen will be the featured artists in this month at Coast Highway Art Collective, 284 Main Street, Point Arena. The opening is scheduled for Saturday November 5 from 5:00pm to 7:00pm.

Miriam Owen will be showing monoprints in her continuing new art adventure as a printmaker. In this exhibit she will show 'ripped' prints like 'Currency For the Oth-



erworld', which won first place in the prints and graphics category of 2016 Art in the Redwoods. These prints are carefully ripped into different width strips and reconstructed. A whole different composition,

somewhat resembling a woven pattern is created.

Other prints from Owens for this show are evocative of cosmic space, black and blue with solvent sprayed onto the ink plate thus dissolving inks and creating white openings which resemble stars in a night sky.

The most exciting part of this show is introducing artist Emma Hurley to the art community. Emma, raised on the coast, home schooled, and graduated from Mendocino High School, received a BS in Conservation Biology from Prescott (AZ) College, a liberal



arts school with an emphasis on environmental and socially conscious curriculum.

Emma was

inspired to create a line of wearable fish art while working as a fisheries biologist and

an ocean educator in Santa Cruz, where she lived for the past eight years. Living the ocean-centric lifestyle includes surfing which has influenced her more recent art. Bridging



work in fisheries and environmental education, she created a line of wearable 'fish



PRINT • SCAN • FAX • EMAIL
Business Cards • Building Plans
Postcards • Flyers • Posters
Signage • Secretarial Services
Office Supplies • Tech Accessories

ph 707.884.9640 fax 707.885.0191 officesourcegualala@gmail.com

BUSINESS HOURS

Monday • Tuesday • Thursday • Friday 10am-5pm CLOSED Wednesdays & Weekends

HARP cont'd from Cover page

most likely conjure up images of winter's past to add a visual texture to the brilliant music coming from the stage. Your perception may very well shift during the performance, from music to theater and almost always a mix of the two.

Award-winning story-teller Ball has recorded nine instrumental and three spoken word albums, which have sold over a halfmillion copies internationally and have won national awards in both music and spoken word categories. Lynne has gained worldwide recognition for her original music featuring Celtic harp, and her original melodies have repeatedly placed in the found their way onto the Billboard New Age music charts. Her music can be heard throughout the award-winning PBS special "Alone in the Wilderness." Multi-instrumentalist Frankfurter is a renowned Celtic harper, who went from progressive rock violin to intricate Swedish folk and Celtic music. Recently he has added the rare, wire-strung Swedish nyckelharpa to his repertoire.

Advance tickets can be purchased online through the Arena Theater website at www. arenatheater.org; at Four-Eyed Frog Books and The Sea Trader in Gualala; Arena Market in Point Arena. The Arena Theater snack stand will be open.

art'. The motifs on her T Shirts, tanks tops, hoodies, hats, aprons and more are her original drawings inspired by 'the colors, shapes, beauty, humor, mystery and character of the fish that live off the cold brine water of California'

More information about the art opening is available at coast-highway-artists.com or 707-882-3616



wednesday -saturday sish-8ish food to take out or eat in Dinner menu changes weekly 206 Main St. Pt. Arena 707-882-3800 also home of Pangaea Catering www.unedaeat.com

check out our encased meats

Redwood Coast Chamber of Commerce

The Sonoma- Mendocino Coastal Connection Visitor Center Hours



Thursday & Friday 12p - 5p Saturday 11a - 5p • Sunday 12p - 5p

39150 S. Hwy 1 in the Forte Gualala Bldg. tel: (800)778-5252 or 884-1080 www.redwoodcoastchamber.com

'Courtesies of a small and trivial character are the ones, which strike deepest in the grateful and appreciating heart."

Henry Clay

ENHANCE YOUR HEALTH & VITALITY

www.Wellness On The Coast. com See Our Website To Find

20+ Local Bodywork Practioners & teachers provide exceptional resources & services

MASSAGE CRANIOSACRAL YOGA JIN SHIN JYUTSU CHIROPRACTIC FACIALS REFLEXOLOGY PILATES

Words On Wellness by Karin Uphoff

Rain rolls across the grasses as the sea presses into the shore. In our northern clime the cold damp can permeate the bones as well as the soil and throw our body out of balance, if we don't shift our lifestyle from summer to wintertime. Setting the clock back signals us to slow our pace by getting more rest and honoring the dreamtime. Each night when

sleep, your body is busy repairing, building connective tissue, detoxing organs, shuttling wastes to be eliminated



the next day and building intestinal flora. Just as roots of plants spend the winter gathering resources and building strength for the coming spring, so too, our bodies naturally do this with the lessening light. Eating root vegetables not only reminds us of this process, but they contain the nourishment of stored energy that increases our own mineral stores, thus strengthening our blood and bones.

Common holiday foods like yams and sweet potatoes are full of vitamins A, C, B's and trace minerals. Radishes are packed with vitamin C and zinc, boosting our immunity and their spicy flavor moves excess mucus, which prevents the common cold. Beets are burgeoning with health benefits because they are a unique source of phytonutrients called

"To give thanks in solitude is enough. Thanks-

giving has wings and goes where it must go.

Your prayer knows much more about it than

betalains, which have been shown to provide antioxidant, anti-inflammatory and detoxification support. They also contain specific sugars like inulin, that help feed probiotic flora in your intestines. Burdock root and sun-chokes (root of native sunflower) also contain such beneficial sugars, which aid intestinal movement and balance insulin. Such roots can be

cooked into soups, grains beans, or along with a piece of local kombu seaweed for minextra eral boost!

Other favorite winter roots like garlic, horseradish and onions, help to mobilize fat metabolism and when eaten raw, are some of nature's strongest anti-microbials. An easy way to reap their rawness is by making a supertonic vinegar using fresh peeled and chopped garlic, red onion, horseradish, ginger and some hot pepper of your choice. Cover with raw apple cider vinegar and keep in the back of your fridge for 2-4 weeks, strain and save the vinegar in bottles to use in salad dressings or in hot water with a little honey to ward off colds and flu.

Karin Uphoff is the author of Botanical Body Care. More information about Karin is at http://rainbowconnection.net.





707.884.1138 GualalaArts.org 46501 Old State Hwy Gualala, CA

Saturday, November 4 5 pm Gualala Arts Center Opening Reception

Exhibits RemainThrough November 19

Hidden Treasures;

Art Inspired by the Northern California Coastline North Coast Artists' Guild, Burnett Gallery and

Harmonies: A Celebration of Connection and Communion Jeanie Dooha, Elaine Jacob Foyer

Friday, November 19 Dolphin Volunteers & Gualala Arts Staff Present: A Holiday Exhibit

14 Artists: photography, fiber, jewelry, watercolor, oils, encaustic, print making, collage & mixed media

Friday, November 25 10 am-6 pm Saturday, November 26 10 am-4 pm **Festival of Trees**

Fun, Food, Festivities, Decorated TREES Tree Lighting Friday 5 pm- 6 pm

Santa Claus All Day both Days Kid's Depot for shopping 10 am-4 pm Open Clay Studio 10:30 am-3 pm Raffle, Sweet Shoppe, Artists Vendors & Demos

7:30 pm

Friday, December 2 The Legendary

Count BasieOrchestra

Directed by Scotty Barnhart

The Count Basie Orchetra mark appears under license from the William J. Basie Trust

Event Tickets at

brownpapertickets.com or call 800.838.3006

Open 10 am - 4 pm weekdays Noon – 4 pm weekends

Victor Hugo ACCUPUNCTURE AND MORE

Tristan & Isolde: Rescheduled For November 19

you do."

Although originally scheduled for October, the MET's new production of Wagner's Tristan und Isolde, conducted by Sir Simon Rattle will be seen on the big screen at

Arena Theater Saturday, November 19, 10:00am (doors 9:15am).

Nina Stemme stars as Isolde—a touchstone role she has sung with major opera companies around the world. Her Tristan is Australian heldentenor Stuart Skelton,

who sang Siegmund in the "Met's Ring" cy-

Gubanova as Brangäne and Evgeny Nikitin as Kurwenal (both in Met role debuts), with René Pape reprising King Marke, a role he has sung to acclaim in three previous Met

The staging is by Mariusz Trelinski, who directed the 2015 Met double bill of Iolanta and Bluebeard's Castle. Choreography by Tomasz Wygoda. Scheduled running time is 5:15 with two intermis-

Opera season subscribers can use their cle in 2013. The cast also includes Ekaterina October 8 ticket as entry for this opera.



5 6 1 8 2 1 9 5 3 8 2 8 1 2 6 8 3 4 8

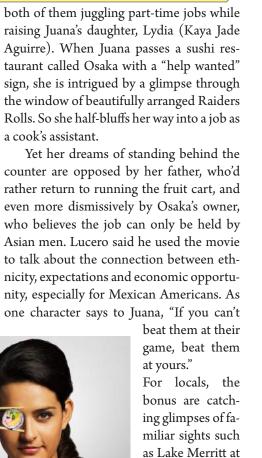
Copyright 2016 by The Puzzle Syndicate

Edited by Margie E. Burke

HOW TO SOLVE: Each row must contain

the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)



sunset and Fruitvale taco trucks. Lucero, a graduate of the San Francisco State film program and an Oaklander at heart, has collected a shelf-full of awards as the film has made the festival circuit. And there will be a Q&A with Lucero following the movie. Monday

ning time is 100 minutes.

A HOLIDAY EXHIBIT **OPENS NOVEMBER 19** AT DOLPHIN GALLERY

November 14, 7:00pm. Rated 'PG' the run-

www. +holiab+holisapaddlar com/clirrantissila

The Dolphin Gallery has an opening Saturday, November 19, 5:00pm to 7:00pm for the show "Dolphin Volunteers and Gualala Arts Staff present: A Holiday Exhibit."

This exhibit features 14 artists with works in photography, fiber, jewelry, watercolor, oil painting, encaustic, print making, collage and mixed media. "The Dolphin Gallery epitomizes the 'Go Local' ethos," said David "Sus" Susalla, Gualala Arts Executive Director.

Art lovers can do double duty by attending the opening reception. "Doing your holiday shopping at The Dolphin Holiday Exhibit is the perfect opportunity to shop local while supporting the wonderful volunteers and staff who keep the Dolphin Gallery and Gualala Arts Center running," Susalla said.

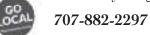
Participating artists include: Paul Brewer, Carol Chell, Steve Chell, Scott Chieffo, CeCe Case, Barbara Dunsmoor, Joyce George, Bruce Jones, Nancy Kyle, Larain Matheson, Sharon Nickodem, Walt Rush, Ann Early, Paula Power, and Linda Eastman.



POINT ARENA, CALIFORNIA

110 acre conservation center dedicated to the breeding and preservation of endangered African hoof stock. Visits available at 9:30 am and 4:00 pm by reservation only.

Stay with us in the comfort and style of one of our eco-friendly cottages.



www.bbryanpreserve.com

DRAGON'S BREATH PRESENTS



Healing into Freedom

Three Thursday Evening Salons each season with Fred Mitouer, Ph.D.
Somatic Awakenings

Private Sessions and classes in Meditation, Pilates & Bodywork with Cheryl Mitouer

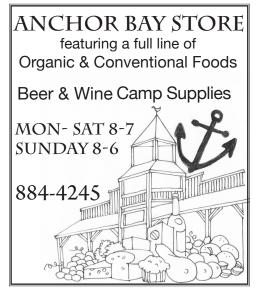
Transformational Bodywork

Private Sessions with Fred Mitouer, Ph.D. Classes with Fred & Cheryl in Couple's Massage, Transformational Journeys and Continuing Education for Therapists

To order Fred's book: Wounds into Blessings Click Here or go to Transformationalbodywork.org 707.884.3138

Email mitouer@mcn.org for more info

Note: There is No Film Club movie on Monday, November 28, Thanksgiving week!



Film Club Selections In November: The Godfather and East Side Sushi

The two Arena Theater Film Club offerings for November both provide some insight and speculation into family and

culture, and for any number of us, a recollection of a time past or a look inside a part of the American story that they may have missed.



What can one say about The Godfather (1972) that hasn't already been incorporated into similar films, books, television series, as well as comedy, parody, political science, history and more. In addition to the generally accepted consensus that Francis Ford Coppola's film is a masterpiece of American filmmaking, there are specific elements within the film that are worth reminding ourselves. Mario Puzo's book and Coppola's screenplay. The gritty views of New York City. Nino Rota's score. And the amazing performances by an amazing cast.

The list of cast members is so long, but one after another Coppola, as they say, chose wisely. It's easy to talk about Marlon Brando, Al Pacino, James Caan, Diane Keaton. But moving past the obvious choices, there's Richard S. Castellano as Clemenza, Robert Duvall as consigliere Tom Hagen, Sterling Hayden as NYPD's corrupt Capt. McCluskey, John Marley as Hollywood big shot Jack Woltz, Richard Conte as Barzini

Abe Vigoda as Tessio, plus Talia Shire, John Cazale and teeny more worth mentioning but space doesn't permit.

> Consistently ranked as one of the Top20 films of all time viewed as one of the best American films ever made, this multi-generational crime saga revisits the late 1940s in New York where Corleone is, in the parlance of organized crime, a "godfather" or "don," the head of a Mafia family. When the elder Corleone barely survives an attempt on his life, his young-

est son Michael (Pacino) steps in to take care of the would-be killers, launching a campaign of bloody revenge in this Oscar-winning epic. Nominated for 11 Academy Awards it won Best Picture, Best Actor (Marlon Brando),

and Best Adapted Screenplay. And nothing beats seeing this epic on the big screen at Arena Theater. Monday, November 7, 7:00pm. Rated 'R'. 180 minutes.

The month's other Film Club offering is East Side Sushi, a 2014 film from director Anthony Lucero. Bay Area filmmaker Lucero's first feature length movie, a fusion of cultures and

flavors that tells the story of a Latina working-class single mother who strives to become a sushi chef.

In the film, which was shot entirely in Oakland, Juana (Diana Elizabeth Torres) runs a fruit cart on International Boulevard with her father (Rodrigo Duarte Clark),

The Great Blue Heron Standing Alone: A Majestic Sight

The Great Blue Heron is aptly named. It is the largest heron at 4 feet tall and a wingspan of 7 feet. They are usually seen standing alone motionless in the

water waiting for the prey to come within striking distance.

Great Blue Herons are powder blue, adults have a black plume on the head that drapes to the back of the neck, white around the face and neck and the long dagger-like yellow bill. In the breeding season

adults have beautiful, long, wispy plumes around the head and neck.

Great Blue Herons, or "G.B.H.'s" as they are called, can give a low croaking call while in flight. They have a deep, lazy-looking wing stroke and fly with their head and neck folded back over their shoulders, legs and feet extended behind them.

They feed on fish and amphibians also on mice and shrews. My favorite experience was seeing a G.B.H. on a soccer field where it suddenly stabbed twice and swallowed a whole gopher that wiggled down its throat.

> They feed at night and day but are most active at dawn and dusk.

The nest colonies are called rookeries. Herons make a nest that can be over four feet wide out of woven sticks and twigs. It can be lined with leaves and pine needles. She lays three to five eggs which are incubated

by both adults. Eggs are gently rotated every couple of hours with their parents bill. Young are fed a diet of fish and fledge after a couple of months.

Thanks to the Mendocino Coast Audubon Society for contributing this article and photograph. Each month, the Lighthouse Peddler will feature another bird regularly seen at or near the Mendonoma Coast.

> More information is at www.mendocinocoastaudubon.org.

Gualala Arts Has Two Openings on Friday November 4 Elaine Jacobs Foyer and the Burnett Gallery Offer Coastal Impressions

We're truly fortunate to live in or simply be visiting a community with an abundance of creative people. Many of our area artists will sooner or later find themselves with an 'opening night' of their work. And those are great



occasions to see new works of art, meet the artists, sometimes purchase some art, but most importantly, having the opportunity to simply take it all in. Two of those

November art

openings are at Gualala Arts Center, Friday, November 4 from 5:00pm to 7:00pm, and these exhibits carry a theme of connection and communion with people and place, and art inspired by our California coastline.

Opening in the Gualala Arts Elaine Jacob Foyer is Bay Area artist Jeanie Dooha. Her

exhibit "Harmonies: A Celebration of Connection and Communion" remains on display through Saturday, November 19.

Dooha's collection of visual stories of people in communion with each other are expressed

through
watercolor, acrylic
painting,
fabric collage, photography,
mixed media constructions



and mobiles created with nature and found objects.

"Wrinkled skin nuzzles silken fur," Dooha writes. "Father and daughter tenderly embrace. Golden, sienna and ebony fingers strum, tap and plunk upon strings, drumheads and keys, creating in unison or in alternating tones, music to soothe and stimulate."

Dooha describes herself as a searcher, observer and listener, a friend, partner, teacher,

traveler and music maker. By profession she is a retired social worker specializing in art and art therapy. Her past informs her present art, she said, and she hopes it will engage, encourage and energize others.

Also opening at Gualala Arts on the 4th in the Burnett Gallery is the North Coast Artists' Guild's exhibit "Hidden Treasures; Art Inspired by the Northern California Coastline." This exhibit showcasing seven local artists shows the influence of the coastal environment on their work and in their lives, said Judy Pfeiffer, participating artist and curator of the exhibit.

"Ask any artist what inspires and influences their art and most will reply that their surroundings

or environment are key factors," she said.

Participating "Hidden Treasures" artists include Jane Head, ceramics and paintings; Bruce Jones,



watercolors, drawings and sculptures; Judy Pfeifer, drawings, mixed media, fiber arts and paintings; Jennie Henderson, textile arts; Mike Henderson, drawing, mixed media and ceramics; Ling-Yen Jones, jewelry; and Marilyn Green, photography and mixed media.

Phillips Insurance Agency Auto - Boats - Homeowners - Renters Business & Commercial - Life Insurance Annuities & IRA'S Andrea Phillips Agent Lic# 0E29247 aphillips3@farmersagent.com CYPRESS VILLAGE 39126 Ocean Dr., Suite C Gualala 884-1740

JIN SHIN JYUTSU



Uplift and Harmonize Your Healing

Since 1981

Denise Green, CMT 882-2437 Since 1981

"My theory of evolution is that Darwin was adopted."

Steven Wright

Above left: Jeanie Dooha with paintings; Above Center: Jeanie Dooha: "Oscar and Tatiana"; Above right: Jane Head, "Reprieve Bald Eagle."

Three Penny Opera A National Theater Live Production

As young lads in the late 1950s, many of us can recall our unexpected introduction to musical theater, Bertolt Brecht, Kurt Weill, German stage craft, *Die 3 Groschen-Oper* and a highwayman named Macheath. For Baby Boomers, the reality is (athough we didn't know it at the time) that all of the above was wrapped up in the Bobby Darin recording of

the Brecht/Weill song "Mack the Knife". For those of you who've been waiting all of these years to fully appreciate this classic piece of musical theater, there's good news: "Mac The Knife" will be back in town as

Arena Theater presents *Three Penny Opera*, November 12.

Arena Theater brings us a darkly comic new take on Brecht and Weill's raucous musical, broadcast live from the stage of the National Theatre. London scrubs up for the coronation. The thieves are on the make, the whores on the pull, the police cutting deals to keep it all out of sight. Mr. and Mrs. Peachum are looking forward to a bumper day in the beggary business, but their daughter didn't come home last night and it's all about to kick off...

A solid and stellar cast, Three Penny Op-

era has Olivier Award-winner Rory Kinnear ("Hamlet," "Othello," "James Bond") as Macheath, alongside Rosalie Craig ("As You Like It," "My Family and other Animals") as Polly Peachum, and Haydn Gwynne ("The Windsors," "Drop the Dead Donkey") as Mrs. Peachum. This bold, anarchic production is brought to you by a creative powerhouse;

adapted by Simon Stephens, ("The Curious Incident of the Dog in the Night-Time"), and directed by Rufus Norris, ("Everyman," "London Road"). Be forewarned: the production contains scenes of a sexual

nature, violence and filthy language. (Perfect for the current election season.) The critics have been happy: "It is ridiculous, beautiful, and utterly utterly cynical" wrote *City A.M*; "Rory Kinnear is a fine Macheath. Haydn Gwynne is terrific" said *Daily Express*; and *Time* Out stated that the production is "Grimy, filthy and tremendously fun."

The broadcast is Saturday, November 12, beginning at 1:00pm. Doors open at 12:30 pm. Tickets are \$18 General Admission, \$5 Youth (18 and under). More information is at www.arenatheater.org.

NOVEMBER AT GARCIA RIVER CASINO

Veteran's Day, Friday, November 11th, 8.30PM

MARK WESTON BAND

"Cutting Edge Rock"

FREE Burger & Fries for Veterans!





Saturday, November 26th, 8.30PM

MCKENNA FAITH

"Boot Stompin' Country"

Join us for

Thanksgiving Dinner \$18

Thursday, November 24th



22215 Windy Hollow Rd, Point Arena, CA 707

707 467 5300

TheGarciaRiverCasino.com

Facebook, Succotash, Tower Records, and the Rock & Roll Hall Of Fame

by David Steffen

To put things in perspective, I'm a late bloomer when it comes to actually using Facebook. Until about six months ago I avoided Facebook much as I did rhubarb as a child. My mother, grandmother, older sister and others in my family constantly told me "rhubarb is delicious. As a side dish, as a pie." Peach pie I get. Rhubarb pie, not so much. Honestly, I can't even believe any self-respecting rabbit would touch Rhubarb. And so it was with me and Facebook. For years. But unlike rhubarb, I finally got around to paying attention and have come to accept Facebook's place in our lives.

In February 1972 I was working for a re- chain cord distributor in Chicago. Harold Childs, the Senior VP of Promotion for Los Angeles-based A&M Records had spent the day in Chicago interviewing candidates for the local promotion job. As it happens, I was the last interview of the day and Harold was running late. He ended up interviewing me Tower in the back of a 1972 Oldsmobile headed to O'Hare Airport to catch his flight back to Los Angeles. As we parted company on the ramp outside the Continental Airlines terminal, I walked back to the Olds and thought to myself, this interview went nowhere. Lo and behold, Harold's office called the next day and invited me to come to Los Angeles and have another go at the interview. I could only assume that the other six interviews had been absolute crap, or that I must really be awe-

some. OK, the latter never crossed my mind but I was determined to succeed where candidates number one through six had failed. To my pleasant surprise the visit to A&M's Hollywood offices was a success. When I returned to Chicago I was working for A&M.

While visiting sunny southern California that week I took my first turn through a Tower Records store. Of course, it was Tower Sun-

from other record stores. Walking through

the front door it was obvious that I had en-

tered the epicenter of every rock n' roll mu-

sician's wet dream. Stacks and stacks of vinyl

records; bin upon bin of vinyl catalog, plenty

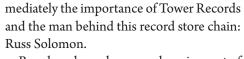
of tapes, 45-rpm singles, posters, books, and

atmosphere. It was the equivalent of stand-

ing outside a great Italian bakery where the

aromas were irresistible. I understood im-

not the biggest store in the but certainly m o s t famous. an d



Russ has always been a welcoming sort of guy and once secured, his friendship is durable. In fact, shortly after moving back to California in 2007 I drove to Sacramento to have lunch with him. It was a reminder of how we often spoke—at one of the stores, or at

> headquarters in Sacramento, over dinner, or in the parking lot of Tower. O n e s u c h visit be-

a flight from Burbank to Sacramento, followed by a drive to a dock on the American River to join some friends aboard a cabin cruiser. We spent the afternoon cruising up (down?) the American, before adjourning to an thoroughly enjoyable dinner at the Solomon home. It was so enjoyable, that some time after midnight I managed to curl up and go to sleep on the floor of a hallway between the living area and the guest bathroom. I slept like a rock, and recall flying back to Burbank the next day feeling almost totally refreshed, and quickly wrote Russ a thank you note telling him how comfortable his floor had been.

Tower Records was one of the single most important elements in the makeup of the American Music Industry for more than three decades. Why the Tower chain no longer exists is not a mystery. Like music since the late 1980s, Tower's aisles and stacks of records and tapes have been compressed. Instead of the square footage in Hollywood, or Greenwich Village, or Mountain View, or Ginza, or Piccadilly Circus, the recordings

bytes of digital files on your iPod and later your iPhone. But for those three plus decades, Tower was the World's

Mecca for recorded music. And the man

been a friend of mine.

About a month ago I read a Facebook posting about getting the Rock & Roll Hall of Fame in Cleveland to add Russ Solomon to its list of honored inductees. My reaction was essentially, "WTF?". Russ isn't in the there? His absence from the hall lies somewhere between an unfortunate oversight and abject stupidity. He deserves a place in the Hall not simply based on the fondness so many of us feel for Russ but for the way he helped change the face of retailing music from a "store" to a marketing Mecca for music industry. For all of you who have memories of walking into a Tower Store somewhere in the world, stop for a moment and recall the visuals, the artists, and our collective love of music. Tower was an indispensable ingredient in the success of the music business's greatest decades.

Russ doesn't need the Hall. The reality is that the Hall needs Russ. The opening of the original Tower store in Sacramento was a seminal moment in popular music. In fact, Tower is one of the places where Rock Music's Hall was created, and the members of the board, and the people who manage the Hall in Cleveland should wake up. Now is the time. Russ was as important to the music industry and to the Hall as each of the 310 names already inscribed on those walls in Cleveland. And he has always been a lot more fun. Vote him in. Then have a piece of peach pie. And from those of us who love you Russ, play on!

The Loft

Creativity Soars Upstairs

884-4424

8 L

9

3

L

6

10-5 Mon. - Sat./11-3 Sun.

Sundstrom Mall, Gualala

7

9

8 7

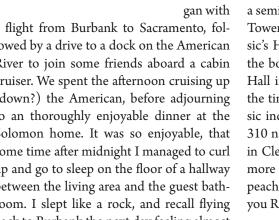
7 6

1 9 3

9

6 1

9



were shrunk as digital files; so many mega-

bytes and giga-

Quilting, Fine Yarns,

Fabric, Arts & Crafts.

Handmade Gifts

7 3 6

Solution to Sudoku



214 MAIN STREET * POINT ARENA * 707-882-3272

The Bright Stream

Classic Bolshoi Performance at Arena Theater November 6

The Cold War, in theory, ended in 1989. However, those who remember the cold cold days in post-WWII America can appreciate the contradiction on display in The Bright Stream. As Alistair MacCaulay wrote in the

New York Times about the 2011 performance at the Kennedy Center, "The history of the ballet 'The Bright Stream' . . . illustrates several chapters of the political history of the last 100 years. It shows us too how that history is still developing. In 1935 when Shostakovich first

brought the ballet to the stage in Soviet Russia, it exemplified the kind of Soviet art that was not only unknown but also alien to the West: a comedy about life on a collective farm." A cynical Western view might be, "Huh?". The reality is that great theater, great performance, and great ballet can be found within almost any framework, and Shostakovich's music (and Piotrovsky and Lopukhov's libretto) is no exception.

During harvest festival at a collective farm,

a visiting dance troupe reunites a ballerina with her childhood friend Zina. In order to teach her unfaithful husband a lesson, Zina, the ballerina and the ballerina's husband decide to swap roles for the evening. . . .

> Choreographer Alexei Ratmansky invokes the genius of Shostakovich's score at the Bolshoi, creating a laugh-out-loud masterpiece with its bits of slapstick comedy, hilarious deceptions, false identities including Principal Dancer Ruslan Skvortsov dressed as a

Sylph and its many colorful characters! The Bolshoi bursts with vivid life and bright spirits in Ratmansky's brilliantly choreographed smash. Captured live on April 29, 2012

The Bright Stream is Sunday, November 6 at 2:00pm. Cast includes Svetlana Lunkina (Zina), Mikhail Lobukhin (Pyotr), Maria Alexandrova (the Ballerina), Ruslan Skvortsov (the Ballet Dancer), Denis Savin (the Accordionist), and Alexei Loparevich (the Old Dacha Dweller). The running time is 2:30.



Mendocino Chamber Chorus and Jennifer Beattie Offer "The Season of Song' Sunday November 27

The Mendonoma Chamber Chorus pres ents its sixth annual holiday program, The Season in Song, on Sunday, November 27 at 4 p.m. at Gualala Arts Center in the Elaine acob Foyer. This 45-minute a cappella pro gram will include a repertoire of new music along with previous favorites.

This soprano, alto, tenor, and bass chorus pecializes in a cappella music from the 15th through 20th centuries. The chamber chorus local members, Marjie van Gunten, Pat Wilson, Linda Eastman, and music director Roland Stoughton, will be joined once again oy professional mezzo-soprano Jennifer Beattie of Philadelphia, PA.

The program this year includes many performance with each passing year.

Refreshments will be served. Tickets are \$10 in advance, plus \$5 the day of performance. Youth 17 and under are free with a paying adult and are encouraged to attend. Information is at www.GualalaArts.org, and at 707-884-1138.

pieces being performed by the group for the first time, as well as favorites from past years such as "Lullay My Liking," by Gus av Holst, and "Psallite," by Praetorius. The Mendonoma Chorus members have classical music training and refine the quality of

an organization established by 2002 legislation that allows California cities and commu-

nities to buy or generate electricity for their residents. Sonoma Clean Power, the second

> Community Choice Aggregator in the state, came online in the unincorporated areas of Sonoma County in May 2014, and has been steadily expanding since. The Sonoma Clean Power Board of Directors voted on July 7 to allow the unincorporated areas

of Mendocino as well as the cities of point Arena, Fort Bragg, and Willits to join.

The Garcia Grange is on Crispin Road just east of Highway 1 in Manchester. You do not have to be a Grange member to attend the presentation. There is NO charge. Come and learn more about this new and exciting power option.

News & Notes From The Peddler In-Box

Soroptimist International of Sonoma-Mendocino Coast are accepting applications for its annual "Violet Richardson Award", a recognition program for young women ages 14-17 engaged in volunteer action within their communities or schools. Application should be submitted by November 17th, 2016. More information is available by emailing Frances@ActionNetwork.Info.

Community member Joel Chaban from "Power Local Mendocino Coast" will be speaking on a new electricity option, Sonoma Clean Power. See information in story below.

There will be a Mendocino County Mental Health Services Act (MHSA) Public Forum on Wednesday, November 9, from 10:00am-noon at AV Health Center Conference Center, 13500 Airport Road in Boonville. Anyone can attend and members of the public, consumers, family members, and community agencies are encouraged to

100.5 FM KTDE -The Tide Tune in to Local Radio 38598 Cypress Way, Gualala Office 884-1000 Studio 884-3000 www.ktde.com

Sonoma Clean Power • Tuesday, November 1. Community member Joel Chaban from

Joel Chaban Discusses The New Electricity Option:

"Power Local Mendocino Coast" will be speaking on a new electricity option, Sonoma Clean Power, an option that begin-

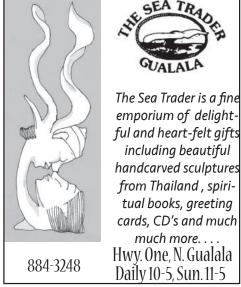
ning next June in both the City of Point Arena and the unincorporated areas of the county. The talk will at the Garcia Grange on Tuesday, November 1, from 6:00pm until 7:00pm.

Sonoma Clean Power is a Community Choice Aggregator,





Gualala Cypress Village Open 7 Days 707-884-1333 www.foureyedfrog.com







Da River: Ya, Betcha...A Note From The Midwest • by Sally Marshall

The Mississippi river, in this part of the country, has an abundance of backwaters that meander around little islands making it a perfect place for fishing – our most popular recreational activity. It's also a perfect spot for kayaking and canoeing.

Imagine a fine summer morning with the mist rising off calm, sparkling water. A heron takes flight as we launch our kayaks and quietly paddle off into a little paradise, floating past water lilies, arrowhead, brilliant cardinal flower and rosy swamp milkweed, moving slowly to capture the unique experience. A row of turtles are sunning themselves on a fallen log, a fish jumps to

catch a bug, an eagle soars above us, birds sing their morning song, and something that sounds like a swarm of angry hornets??!! Oh, No - Jet Skis!! Sure enough, there they come. These "adult toys" can exceed speeds of 60 mph and are often operated by people who are addicted to racing (that's going fast anywhere). As paddlers, we mostly worry about them not seeing us as they come flying around the bend. So, when we hear that familiar hornet sound, we try to paddle over to a clump of trees as fast as we can.

Granted, there are some jet skiers that are still polite enough to slow down when they see a group of paddlers, it's the ones that don't that concern me, and the fact that they never wear helmets (recommended by jet ski manufacturers!). Going 60 mph on the water may seem safe enough until your jet ski hits that submerged log and you are temporarily airborne. Even landing on water at 60 mph can do a lot of damage, but what about landing on something harder, like another log? You may end up in a wheelchair drooling into a bib for the rest of your days.

On weekends the river belongs to all types of motorized boats which mostly stay on the main channels where they speed up and down the river all day until they run out of gas or beer. Even the pontoon boats that one would associate with leisure puttering along the backwaters try to compete by speeding up the best they can. There is nothing sillier looking than a pontoon boat at full throttle with its canopy fluttering and blunt bow sticking up out of the water as it tries to keep up with the "traffic". Excuse me, but I thought you people left the freeways to get away from all that? All of those speeding watercraft turn the river into a chaotic mess of disturbed water and all the normal inhabitants of the natural world go into hiding until they are gone.

Three things to remember: First, one of the most important pieces of gear every boat

should be equipped with is your Personal Flotation Device, life preserver. It shouldn't be casually tossed into the boat or used as a cushion, but rather be worn. The Mississippi's current that is not always noticeable until you are in it and looking back at your



boat which seems to be drifting away rather quickly.

Second, alcohol is another detriment to boaters, which tends to replace common sense with recklessness.

Third, wear a hat, preferably one with a wide brim or a desert style with the skirt around the back to protect neck and ears. Lots of guys prefer to wear a baseball cap turned backwards to be "cool". Remember, the beak of the cap is designed to protect the nose as it sticks out like a shiny beacon for the sun which may lead to melanoma. If you get lesions on your nose from the sun, your nose may have to be removed and replaced with a plastic one. Think about it. You're in the middle of a wildly amorous evening with a gorgeous chick and your nose falls off. Totally not cool! Of course, if you never go outside, then wearing the cap backwards won't cause any problems; you'll just have the pallor of Monterey Jack cheese.

As I mentioned before, fishermen enjoy the Mississippi backwaters all year round (including ice fishing), as they motor their skiff to a favorite spot and spend the day in bliss, quietly enjoying the sounds of nature and hooking bluegill, crappie, bass or walleye for the dinner table. Then, there is the Bass Tournament. Bass Tournament competitors are a whole different species of fishermen, some who appear to have missed an evolutionary growth spurt. The Tournament focuses on paying out prizes and money for the largest bass, so the bass boaters stay out on the water fishing until the last minute, and then race back to the official checkpoint to be weighed in. Get the picture here? It is most advantageous to have a boat that can move at high speed. These bass boats have motors that can top 60 mph and everybody had better get out of their way! We made the mistake of being on a backwater with our kayaks once during one of these tournaments and our boats

got swamped by the wake of a bass boat as it raced past us. Why is this disgusting behavior tolerated? MONEY! Bass boaters come in droves to these tournaments, spending their money on gas, motels, groceries and lots of liquor, which is good for a town that

depends on recreational dollars to augment its' budget.

So, after the weekend, things settle down again and all the river creatures come out of hiding. The fish jump again, the eagles soar again, the turtles climb back onto the log, and the birds sing their morning song. Then, we launch our kayaks again, ever enchanted by the beauty of these waters and wonder if all those people who

raced up and down the river all weekend are aware of what they missed.



214 Main Street Point Arena

Scuttlebutt

by Mitch McFarland

might be someone out there who still thinks nuclear power is a good idea. This might be acceptable for a nuclear physicist or any of the multitude of contractors raking in billions from nuclear clean-up, but certainly no ratepayer or taxpayer should feel that

I won't bother trying to argue against nuclear power based on the many appropriate objections concerning proliferation or the wholesale poisoning of our planet. Obviously, there are many who don't consider those good enough reasons to reject nuclear power (not to mention nuclear weapons).

My concern at this moment is for the untold (and rarely discussed) costs. First there is the cost of new construction which has been estimated to be between 4 and 9 billion. A 2011 study of proposed plants in Georgia and Florida indicated that power from those plants would cost more than clean energy alternatives. But let's look at the real 600-pound gorilla: decommission-

The Department of Energy is doing handsprings this year as they celebrate a phase of the decommissioning of the Hanford Plutonium Finishing Plant. DOE Environmental Manager Sue Cange said the "to-go" figure — the amount of funding needed to finish the scheduled cleanup projects — is close

I am writing this because I think there to \$18 billion. That actually is just chump change. The clean-up and monitoring of these activities will take until 2060 and has been reported by the Tri-City Herald (near Hanford) to be \$107 billion. That is just one

> Thirty miles south of Buffalo, New York, the West Valley nuclear waste disposal site sits. The West Valley site holds vast stores of complex and toxic radioactive wastes, many of which will remain toxic for tens of thousands of years, some for millions of years. Two clean-up alternatives have been proposed by DOE. One would include removal of all waste to an off-site storage facility (no discussion of what that facility would cost to run). That would take 73 years and cost \$10 billion. Alternative 2 would mean burying the waste and monitoring it in perpetuity. That would only cost \$1 billion to be monitored for 200 years, yet the substances will remain radioactive for hundreds of more years. Monitoring for 1000 years would bring the cost to \$13 billion.

> Remember the Waste Isolation Plant in New Mexico that I have written about earlier that had an accident that required its closing until it is re-commissioned? That costs for clean-up is heading toward \$2 billion, plus this is the place where other clean-up projects around the country were supposed to take their waste and now they are on hold.

We are not alone facing this problem. Britain's National Audit Office said that the cost of decommissioning aging power sites in their country had risen from £12bn to

The environment ministry of Germany says the utilities that own and operate the commercial power stations in Germany put the total cost of decommissioning at 34 billion euros. The environment ministry expects the cost burden to peak between 2016 and 2020 but says storage will still need financing in 2080. The head of the final repository search commission in parliament, Michael Muller, said in April that costs could rise to 50 billion or 70 billion euros over the next decades.

While we are on the subject of spending tens of billions of dollars to produce no energy, let us not forget Fukashima. The government-backed National Institute of Advanced Industrial Science and Technology said decontamination work in Fukushima prefecture will cost up to 5.81 trillion yen (\$58 billion).

How is it that these costs are so rarely (virtually never) discussed when the subject of nuclear power plants is discussed in the context of our national energy policy? We are talking about expenditures of hundreds of billions of dollars without producing a single watt of energy. The only thing remotely positive about this situation is that there are going to be plenty of high-paying non-exportable jobs in the nuclear clean-up business far into the future.

Because of a state law most voting precincts of less than 250 registered voters have been "consolidated", meaning that voters in those precincts may no longer vote by machine at a polling place, but must vote absentee. It seems that there are a number of people that have become convinced that their absentee ballots may not be counted. There is a persistent belief that only a percentage of absentee ballots are counted unless an election is so close as to require a full count to determine the winner. I hope I can set us all straight on that matter.

Every state has it's own voting rules so I don't how it is done in other states, but I spoke with Katrina Bartolomie at the Mendocino County Registrar's Office and I now do know how absentee ballots are handled in Mendocino County. I also learned where this idea that only a portion of absentee ballots are counted comes from.

Let's start by stating that all ballots in Mendocino County are counted prior to

posting the official election results. Repeat: all. No matter what.

The polls close at 8:00 p.m. in California. After that local precinct officials tally up their machine vote and send it off to Ukiah along with absentee ballots that have been dropped off. Ukiah election officials then count up the machine vote and must also tally, by state law, 1% of the precincts absentee ballots. We have some 250 precincts in Mendocino county, so 3 precincts of absentees must be counted to give an early result. A computer decides which precincts are used, but any precinct with an issue not on the ballot in the chosen 3 precincts (such as Arena precincts marijuana measure) is also counted. Thus, there may be actually several precincts counted.

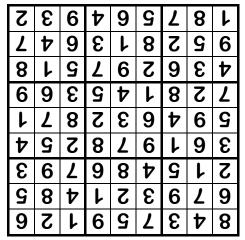
Provisional ballots are counted last as they must be double-checked to be certain the registration is valid.

As ballots continue to arrive and be counted, the totals are updated on the county website every 2 hours. Sometime around 2:00 a.m. they will issue the Election Night Final Report with all the polling places and absentees included. Double-checking and possible recounts continue to occur until the final final that must be certified within 30 days of the election.

I can't say about other places, but I feel a large degree of confidence that Mendocino County has very fair and carefully conducted election in which all eligible voters are encouraged to vote and whose vote will be counted.

"If we meet someone who owes us thanks, we right away remember that. But how often do we meet someone to whom we owe thanks without remembering that?"

Johann Wolfgang von Goethe



Solution to Sudoku

Place your order by November 15 for Organic Turkeys

Special Order your other Holiday Dinner Food, too!



Wholly Wholesome - Pennyroyal Farm - Rumiano - CowGirl Creamery - Lisa's Luscious Delicious & Elegant California Cheeses Chutneys & Preserves Frozen Pie Shells



Organic & Locally Grown

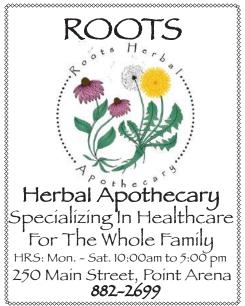
Organic Locally Grown Vegetables & Fruits Bagels - Soups - Sandwiches and Deli Foods Always Organic Salad Bar



Fruits & Vegetables 185 MAIN STREET POINT ARENA 707-882-3663

OPEN DAILY Monday - Saturday 7 to 7pm Sunday 8 to 6pm





Not So Random Thoughts.... by Marghi Hagen

In this 2016 election cycle, I don't think there's much left to be said. I and many others have been repeating each other, preaching to the choir, exclaiming over the absurdity, and finding insufficient words. Rather than continue in this vane, I'd like to borrow words from several individuals whose thoughts, I think, are relevant to this election and to America as it is right now.

When dealing with people, remember you are not dealing with creatures of logic, but with creatures of emotion, creatures bristling with prejudice and motivated by pride and vanity.

Dale Carnegie

Let us never forget that government is ourselves and not an alien power over us. The ultimate rulers of our democracy are not a President and senators and congressmen and government officials, but the voters of this country.

Franklin D. Roosevelt

The only thing necessary for the triumph of evil is for good men to do nothing.

Edmund Burke

Wise men speak because they have something to say; fools because they have to say something.

Plato

The beauty of me is that I'm very rich.

Donald Trump

I believe empathy is the most essential quality of civilization.

Roger Ebert

The best argument against democracy is a five minute conversation with the average voter.

Winston Churchill

I like to pay taxes. With them, I buy civiliza-

Oliver Wendell Holmes Jr.

Nothing living should ever be treated with contempt. Whatever it is that lives, a man, a tree, or a bird, should be touched gently, because the time is short... Civilization is another word for respect for life.

Elizabeth Goudge

A civilization in decline digs its own grave with relentless consistency. It cannot be argued out of its self-destructive ways....

Bernard Lonergan

Suppose you were an idiot, and suppose you were a member of Congress; but I repeat myself.

Mark Twain

We can have great wealth concentrated in the hands of a few or we can have democracy, but we can't have both.

Louis D. Brandeis

It is difficult to free fools from the chains they revere

Corporations are an ingenious device for obtaining individual profit without individual responsibility.

Ambrose Bierce

Going to church doesn't make you a Christian any more than standing in a garage makes you a car

Billy Sunday

The angry white male may be a stereotype, but in many ways the stereotype fits. They are feeling squeezed, economically and politically, and therefore become fodder for the extremists.

author unknown

Extremism thrives amid ignorance and anger, intimidation and cowardice.

Hillary Clinton

The ballot is stronger than the bullet.

Abraham Lincoln

Let us not seek the Republican answer or the Democratic answer, but the right answer. Let us not seek to fix the blame for the past. Let us accept our own responsibility for the future.

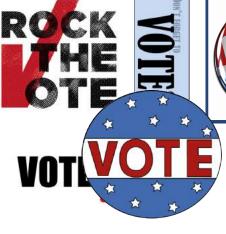
John F. Kennedy

America has never been about what one person says he'll do for us. It's always been about what can be achieved by us, together, through the hard, slow, sometimes frustrating, but ultimately enduring work of self-government.

Barack Obama

Voltaire







chon Netwoon Family Resource Centers

...building a thriving, healthy, drugfree commUNITY for all

We offer:

Teen Activities (ages 13-18)
Mentoring & Tutoring (5-18)
Learning Through Play (18 mos-5, drop off)
Playgroups (0-5), Computer Lab,
Parenting Classes, Counseling
& much more.....

You can: Volunteer or Donate—Today

In Gualala: Cypress Village, above Gym.
In Point Arena: 200 Main St (Blue Awning)
884-5413 884-5414 en espanol
www.ActionNetwork.info
PO Box 1163, Gualala, CA 95445





Went to get rid of an old car, truck, boat, RV or motorcycle taking up space on your property? Donate it to KGUA! Making a donation is as easy as clicking on the vehicle donation button at www.kgua.org or by calling and speaking to a live representative. If you have any questions, you may call one of our irientity service reps toll-free at 844-KGUA-CAR or 844-548-2227 seven days a week. We accept all kinds of vehicles and will even tow them away for free! Plus, your donation is 100% tax deductible. It's a win-win for everyone.



The Crossword by Margie E. Burke												ırke		
1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18					19				
20				21			22							
23						24		25						
				26			27		28			29	30	31
32	33	34	35					36		37				
38					39				40		41			
42				43		44				45				
46					47		48							
			49			50		51			52	53	54	55
56	57	58					59		60					
61								62			63			
64					65						66			
67					68						69			

Copyright 2016 by The Puzzle Syndicate

ACROSS

- 1. After the hour
- 5. Balances
- 10. Crack, in a way
- 14. Foreign dignitary
- 15. Chunk of fairway
- 16. Autumn tool
- 17. Kosher
- 18. 1989 Oscar winner for "The Accidental Tourist"
- 20. Remove by cutting
- 22. Quiet
- 23. Surrender, as arms
- 25. Done for
- 26. Hat-tipper's word
- 28. Penchant for cruelty
- 32. Church elder
- 37. Where to get a fast buck?
- 38. Secure, in a way
- 39. Deep-six
- 41. Prosperity
- 42. Remove, as a dowel

- 44. Sleep like a bear
- 46. iPad accessory
- 48. Food sticker
- 49. Soldier's lullaby
- 51. Journal keeper
- 56. Geometric solid
- 60. Type of coat
- 61. Organize
- 63. Kind of tissue
- 64. Abbey area
- 65. Iced tea add-on
- 66. Mark's replacement
- 67. CARE concern
- 68. Searched, as for bugs
- 69. Elder, e.g.

DOWN

- 1. Piano part
- 2. Low life?
- 3. Type of putty
- 4. Threesome

- 5. How coins are inserted
- 6. Compete (for)
- 7. "Did you ?"
- 8. 7th of March, e.g.
- 9. Word with quo
- 10. Heightened enforcement
- 11. Wedding-vow word
- 12. Blood-related
- 13. Dennis, to Mr. Wilson
- 19. Mideast moolah
- 21. Archaeological find
- 24. "Of course," slangily
- 27. Kind of raise
- 29. Invention impetus
- 30. Accommodate
- 31. Blemish
- 32. Not to mention
- 33. Diatribe
- 34. LeBron James won three
- in 2016
- 35. Protected
- 36. More than fervent
- 40. Regretful
- 43. Basketball position
- 45. Word in a 1954 Hitch-cock film title
- 47. Loot
- 50. Bone-muscle connector
- 52. Change, as a clock
- 53. Bring upon oneself
- 54. Close call
- 55. Paroxysm
- 56. Diagnostic test
- 57. St. Peter was the first
- 58. Cheat, slangily
- 59. Title for Agatha Christie
- 62 Blouse, e.g.

"Couples are jigsaw puzzles that hang together by touching in just enough points. They're never total fits or misfits."

Diane Ackerman



Sandwiches - Cold Drinks - Smoothies-Organic Fair Trade Coffee & Espresso Bait & Tackle - Surf Gear - Gifts 882-2665 at Arena Cove, 790 Port Rd Point Arena

Open Every day 7am- 3pm

Local Public Radio:

Local News and Weather, plus
Morning Edition, Fresh Air,
All Things Considered, The World,
On The Media, TED Radio,
Wait Wait Don't Tell Me,
This American Life, BBC News,
The Takeaway, Democracy Now,
and more.
KZYX: FM Radio

KZYX: FM Radio 90.7 • 91.5 • 88.1

www.kzyx.org

KZYX Is Right Here:

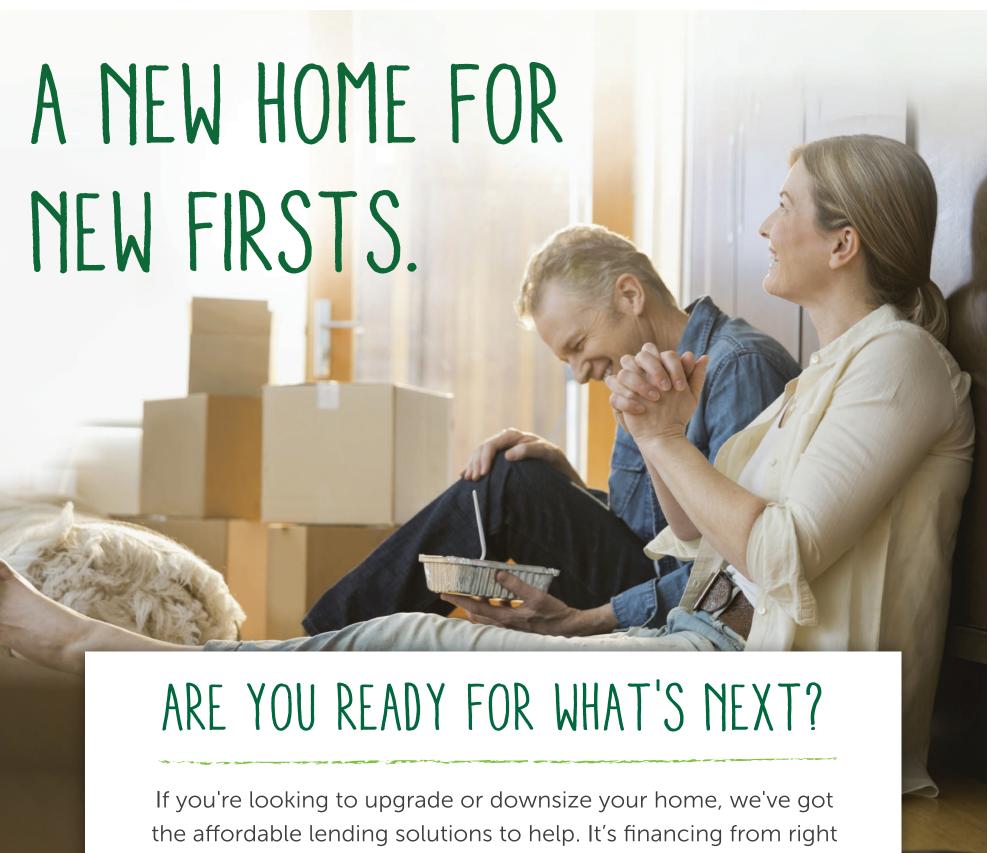
On The Radio
Online

On Demand

On Your iPhone



monday thru friday 3:30pm · 7:30pm (no tech center potrons allowed on school property until 3:30pm) open to youth and adults for free internet access, classes, online learning, audio recording and digital projects 185 lake street (located at south coast high school back building)



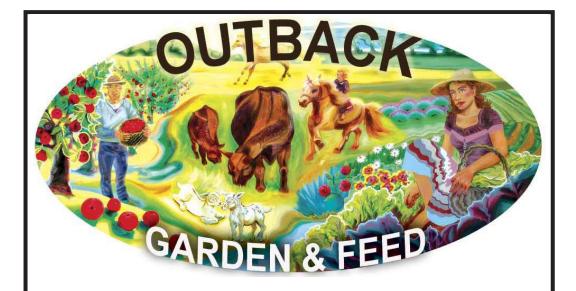
here, for people who call this place home. Let's talk.

FIXED • ADJUSTABLE • JUMBO



1 (800) 609-9009 | redwoodcu.org/homesolutions





IN STOCK: Veggie Starts











Feed, Bedding & Health Remedies For Your DOG CAT CHICKEN HORSE GOAT PIG FISH RABBIT & MORE

NEW! Lower Pricing on Flea/Tick Products!
NEW! Feed Less with NUTRIENT DENSE Dog Kibble!
NEW! CBD Treatibles (no THC) for Dogs + Cats!
NEW! GRAIN FREE Lines of Canned Dog Food!

New Winter Hours
Tuesday, Thursday, and Saturday
10:00am - 5:00pm
Open November, December, and February
January we will be CLOSED for a month.

Feed Store 882-3335 Garden Shop 882-3333 240 Main Street, Point Arena 95468