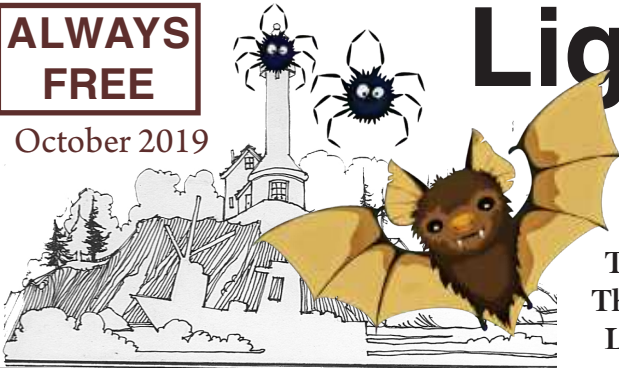


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FREE**

October 2019



# Lighthouse Peddler

The Guide To Music, Events,  
Theater, Film, Art, Poetry, and  
Life on the Mendocino Coast



## “Jazz In The Autumn”

An Intimate  
Evening of Music  
at Gualala Arts  
October 26

Jazz In The Autumn returns with another solid evening of music. On Saturday, October 26, the Elaine Jacob Foyer at Gualala Arts will be filled with Blues and Standards. The music starts at 6:30pm with Jamie Davis, vocals, Larry Vuckovich, piano and Jeff Chambers, bass.

Jamie Davis, who appeared as a vocalist on the Grammy-nominated album “All About That Basie” brings an amazing talent and absolute authenticity to the music. Davis is one of the few jazz bass baritone rich voices performing today. His sound evokes the timeless timbres of historic singers such as Billy Eckstine, Joe Williams and the revered entertainer Lou Rawls.

A talent familiar with music lovers on the coast,

Larry Vuckovich will join Davis for this performance. A consummate pianist, Vuckovich will be as much a foundation as accompaniment to Davis’ voice. Both performers are music masters who have recently sold out shows at such prestigious Bay Area venues as Oakland’s Yoshi’s. Vuckovich will also treat the audience to solo piano gems from his repertoire of enchanting lyrical piano favorites.

Rounding out the trio is Jeff Chambers on bass. Chambers is San Francisco’s versatile and sought after bassist whose biography of collaborations reads like a virtual “who’s who” in jazz.

*“Jazz In The Autumn” continues on page 12.*

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**Halloween Party at Arena Theater  
October 31 • La Gente SF  
Plus Costume Contest & More**

There's an infectious, high energy Halloween Party at Arena Theater on Thursday, October 31, and everyone's invited. Tickets are \$15, \$10 youth (18 and under) and free for children 11 and under. Tickets are available at local outlets and at ArenaTheater.org. Doors open at 7:30pm, the show starts at 8:00pm. Dress up! Costumes are encouraged! Prizes for Best Costumes!



Halloween at Arena Theater has become a popular tradition featuring a variety of bands with La Gente SF, a San Francisco based, international recording group led by singer-songwriter Rafael Bustamante Sarria entertaining the crowd. The group has created their own unique blend of World Music, Cumbia, Reggae, Salsa, Hip-Hop & Reggaeton. La Gente SF fuses together rhythms and cultural influences from all over the Caribbean with their distinct Bay Area flavor and style to create an infectious, high energy dance party.

La Gente SF's most recent album "Borderless" features special guest Deuce Eclipse of Bang Data and Zion-I. They also just released a new single in 2019 as part of the UnderCover Presents Tribute to A Tribe Called Quest. The band plays an intoxicating cocktail of world music, mixing cumbia, reggae, salsa and hip-hop. Come to party.

**Coast Highway Art Collective presents "Two Diverse Artists Together"  
Jim Mielander and Joan Rhine • Opening Reception October 4**

The Coast Highway Art Collective in Point Arena is hosting an opening reception on Friday, October 4, from 5:00pm to 7:00pm for husband and wife artists Jim Mielander and Joan Rhine. Each artist has their unique style and individual artist pursuits, but this show will highlight several pieces they have collaborated on, including handmade paper, jewelry, collage, sculpture and mixed media.

Jim Meilander works with many diverse materials using a wide range of techniques: hand-papermaking, collage, printmaking, painting, drawing, and sculpture. His abstract imagery is a playful personal synthesis of real and imaginary images. He is inspired by his natural and physical surroundings, by objects used in work and play, and by pure fantasy.



Meilander received his degree in art from Ohio University. He settled in San Francisco, where he established Submarine Paperworks in Hunters Point Naval Shipyard with his wife Joan Rhine in 1984. In 2000 they moved to Gualala. In addition to art-making, Jim has designed and fabricated specialized paper-making equipment.

Joan Rhine's creations include abstract wall pieces and sculpture in mixed media, and jewelry. Her most recent work is evolving in two separate yet related directions: sculptural mixed media artworks that combine copper wire and handmade paper and her "Joan Rhine designs .... Jewelry" collection using precious metals, semi-precious stones and beads. Joan's expressive jewelry pieces are unique, each one completely handmade one-

of-a-kind or in small editions. Her contemporary jewelry designs are light, comfortable to wear and flatter the wearer.

Joan, who grew up in New York City, received her Bachelor of Fine Arts degree from The Cooper Union and her Master of Fine Arts in painting and printmaking from Pratt Institute. In addition, she studied hand papermaking at Dieu Donne Paper Mill in New York and jewelry with Charlene Modena at San Francisco's Academy of Art University. "We are so happy to have the opportunity to show our work together," say the artists.

"Although we mostly work separately on our own art and projects, we sometimes appropriate each other's ideas and materials. Because we work in physical proximity, there is an unconscious cross-pollination of ideas. We also do collaborate from time to time on an artwork or series. We have in common a love of materials, art processes, experimentation and abstraction. This led us both to use hand papermaking as a medium because of its malleable, flexible and tactile qualities. Working with handmade paper and playing with its techniques is a jumping off point for many of our mixed media artworks. We are the first person to view each other's work and respond to it. Sometimes we actually take input and suggestions under consideration, and they broaden our original vision. See if you can tell where we influenced one another."



of-a-kind or in small editions. Her contemporary jewelry designs are light, comfortable to wear and flatter the wearer.

The Coast Highway Art Collective is located at 284 Main Street, Point Arena, the little red building with the big yellow sun, located next to the Redwood Coast Credit Union.



Regular hours are Thursday through Sunday, 11:00am to 5:00pm. Visit the website at [www.coast-highway-artists.com](http://www.coast-highway-artists.com) for information about the collective's artists, upcoming events and how to join.

**What About  
Climate Change?**

In September, people from all over the world stood up, marched, and talked about the threat of climate change. The idea that in 2019 any politician in the United States will continue to deny climate change is abhorrent.

In this issue of The Lighthouse Peddler you'll find quotes, comments and information about climate change from activ-



ists, scientists and others including Swedish high school student and activist Greta Thunberg.

We can change the trajectory of climate change. But only if we all pitch in.

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**Jazz Haiku  
for October**

"From a tenement,  
The blue jazz of a trumpet  
Weaving autumn mists."

by Richard Wright

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Our thanks to October contributors Janet Chancellor, Warren Galletti, Rozann Grunig, Mitch McFarland, Blake More, Cathy Sue Riehm, Mary Jane Schramm, David Steffen, Karin Uphoff, and Jennifer Bort Yacovissi.

Cover image: Jamie Davis in performance.

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## Lighthouse Peddler

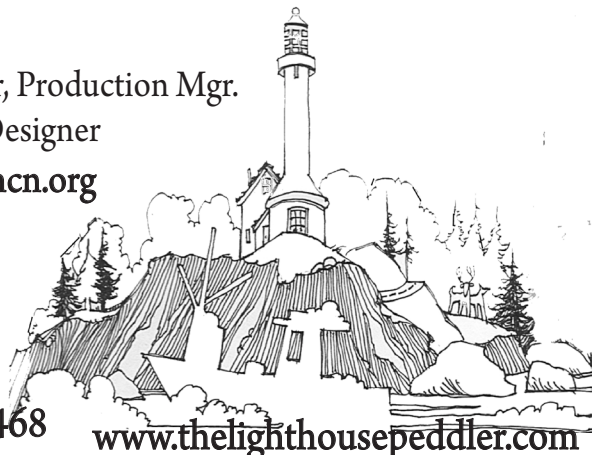
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National Theatre Live from London • October 19  
 "All About Eve" Starring Gillian Anderson and Lily James

Arena Theater presents the National Theatre Live from London production of "All About Eve", Saturday, October 19 at 1:00pm. Doors open at 12:30pm. Tickets are \$18, \$5 youth (18 and under), and available online at ArenaTheater.org. The run time is 120 minutes, with no intermission. The production features Gillian Anderson (X-Files, NTL's A Streetcar Named Desire) and Lily James (Mamma Mia!, Here We Go Again).

The play tells the story of Margo

Channing (Anderson), a legend and true star of the theater. The spotlight is hers, always has been. But now there's Eve (James). Her biggest fan. Young, beautiful Eve. The golden girl, the girl next door. But you know all about Eve... don't you...?

Lifting the curtain on a world of jealousy and ambition, this new production, from one of the world's most innovative theatre directors, Ivo van Hove (NT Live: A View

from the Bridge), asks why our fascination with celebrity, youth and identity never seems to get old.

"Eile" Magazine described Anderson's Margo as "a far more tragic figure than Bette Davis was, and she is definitely channelling

the screen great at times. Her performance is laced with pathos and resignation. James manages to balance Eve's naivety with her cunning and ambition, and cuts a striking figure as her true colours begin to emerge. However,

for me, Monica Dolan as Margo's friend and confidante, Karen, should get special mention. She gives a powerhouse performance, and is the glue that really holds everything together here.

"All About Eve" is adapted by Ivo van Hove from the 1950 Twentieth Century Fox film by Joseph L Mankiewicz and the play "The Wisdom of Eve" by Mary Orr.



What To Do During October 19th's "Discover The Coast"

- Walks & Stations Along The Discovery Trail
- Spot Coastal Wildlife as Part of the Greater Farallones
- Test Water Quality with the Stream Team
- Visit the Mendocino College Coastal Field Station Open House
- Learn About ASink Holes and Sea Caves on a Geology Walk
- Take a Nature Walk With Jeanne Jackson
- Visit the Point Arena Lighthouse, grounds, Gift Store and Museum

Music on Film Nite at Arena Theater • October 15  
 The Punk Singer – A Film About Kathleen Hanna

Arena Theater's Music on Film Nite presents "The Punk Singer"—A Film About Kathleen Hanna, Tuesday, October 15, 7:00pm, doors open at 6:30pm. Admission is \$10.

Kathleen Hanna is a New York City-based artist, best known for her groundbreaking performances as a member of the 90s punk band, Bikini Kill, and her multimedia group, Le Tigre. Hanna is currently giving lectures and performing with her new band, The Julie Ruin.

Lead singer of the punk band Bikini Kill and dance-punk trio Le Tigre, Hanna rose to national attention as the reluctant but never shy voice of the Riot Grrrl movement of the '90s. She became one

of the most famously outspoken feminist icons for a new generation of women and a cultural lightning rod. Her critics wished she would just shut up, and her fans hoped she never would. So in 2005, when Hanna stopped shouting, many wondered why. Through 20 years of archival footage and interviews with Hanna, as well as musicians like Kim Gordon, Joan Jett and Carrie Brownstein, "The Punk Singer" provides a fascinating overview of her influential career, leading up to the much-anticipated launch of her new band, The Julie Ruin.

The screening will be preceded by "Neris," a 9-minute student film about a strange creature emerging from a lake, based on a story by H.P. Lovecraft. Starring locals Lynne Atkins, Mike "Bone Daddy" Thomas and Bryn Elizan Harris, "Neris," was filmed on location at Stewarts Point.

Synopsis: Archie arrives at an old farm-

house for a dangerous tryst, only to have his plans interrupted by a strange creature come up from the lake. And the foreign tones she speaks in may be more seductively deadly than anything Archie was prepared for.

About the director Noah Weisel: Weisel is an escapee from Hollywood, where he worked on films you've all seen but which he isn't supposed to talk about. He has also made a number of films he'd be happy to



talk about but which you've never seen—including a feature-length Georgia noir that no one involved is permitted to show you. He is no longer an active Private Investigator and fervently denies creating an underground film-making cult that worships Pixelvision. Most recently, Weisel may or may not be pursuing a Cinema MFA at San Francisco State University.

Music on Film Nite screenings will continue with "Amazing Grace" on November 19, featuring Aretha Franklin performing gospels at the New Temple Missionary Baptist Church in Los Angeles in 1972, and "Monterey Pop," on December 17. The series screens a diverse collection of music documentaries from rock and blues to jazz, punk, hip-hop and more on the third Tuesday of each month.

(Above information submitted by Arena Theater.)

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**Oz Farm to Table  
Dinner and Silent Auction  
A Fundraiser for Arena Theater  
Saturday, October 19**

OZ Farm will host a family-style dinner in the barn, October 19, a fundraiser for Arena Theater with Oz Farm Chef Chris Berger presiding, providing a delicious meal of farm-fresh food, local wines, and Oz cider. The event will start at 4:00pm with a farm tour, followed by appetizers at 5:00pm, and dinner will be served at 6:00pm.

Silent auction items include a gift basket from Luscious Lisa, gift certificates for Sutra Yoga, Outback nursery, Pawpawrazzi pet photography, a hand painted silk scarf by Siobhan Elder, an overnight retreat at Oz Farm and more.

Tickets for the dinner/fundraiser are \$150 per seat. Checks can be made payable to "Arena Theater Association" and mailed to: P.O. Box 611, Point Arena, CA 95468. Reservations can be made (and paid for) by phone at (707) 882-3272 to reserve with Visa. Seating is limited to 50 people and will sell out quickly: reserve now!

Chef Christopher Berger comes to the table as an Italian New Yorker with a farm fresh Californian fusion. He's been a community member, living at Oz Farm for the last four years and has a deep connection to locally grown food. His palette and expertise come from a love of freshness, flavor, and simplicity. From wood fired pizza ovens, to multiple coursed meals for weddings, he is delighted to create not only a delicious meal, but an experience, complete



(photo by Barbara Pratt)

with atmosphere and connection to who is growing the food we eat. Lately, he's been hosting local Pop-Up dinners at the Point Arena Farmers Market, serving everything from Ramen to Dumplings to Mediterranean and more!

OZ Farm is located at 41601 Mountain View Road, 4 miles north of Point Arena on Highway One and then 1.65 miles east on Mountain View Road. Driveway is on the south side of the road.

Support Arena Theater and have an evening with friends and great food.

**Roberta Werdinger Featured At Third Thursday Poetry & Jazz  
The Ukiah Poet Set for October 17 at Arena Market & Cafe**

On Thursday, October 17, at 7:30pm The Third Thursday Poetry & Jazz Reading Series will feature Ukiah poet Roberta Werdinger. The reading will take place at the Arena Market Cafe in Point Arena and will begin with live improv jazz and an open mic with jazz improv; the reading will conclude with more live improv jazz.

A poet, priestess, dancer, editor and essayist, Roberta Werdinger was born and raised in suburban Chicago, the middle child of a middle-class Jewish family. Her mother was a teacher in the Chicago public school system and her father was an electrical engineer. Born in then-Poland (now Ukraine), her father survived two concentration camps and lost numerous close relatives before immigrating to the U. S. in 1948. Most of his remaining family members went to Israel, where she spent her junior year in high school in a remote location in the Negev desert.

Walking the desert's vast and empty spaces kindled a love of the natural world and out-of-the-way places; wandering the Old City of Jerusalem, crisscrossing between Palestinian and Jewish neighborhoods, gave her a love of culture and world traditions, especially as it was exposed and enriched by an "other." She has since, in what could fairly be named a flight from suburbia, sought out either the great cities of the world—from New Orleans to New Delhi, Edinburgh to San Francisco, Chicago to Istanbul—or its great wild spaces, with her base always being the hills and valleys of rural Northern California.

Drawn to interdisciplinary approaches and seeking to engage body and mind in her intellectual pursuits, Werdinger studied at the Hutchins School of Liberal Studies at Sonoma State University and earned her B.A. in 1981. She later earned her M.A. in English and Creative Writing at San Francisco State University, studying with poets Stan Rice and Frances Mayes, among others. Early poems of hers were published in the University's literary magazine, Transfer, as well as in the Bay Area-based journal Yellow Silk.

In 1988, upon the death of her partner of ten years, Werdinger relocated to a cabin in Rancho Navarro, Anderson Valley for a year. It was her first time driving dirt roads and changing propane bottles; in between, she wrote a long cycle of poems, called "Barley." She received the Academy of American Poets Award at San Francisco State University



for two of the poems in that collection.

During this period, Werdinger began studying Zen Buddhism and the arts of Japan, which she was drawn to ever since she encountered a perfectly made ceramic vase at the Art Institute of Chicago in her childhood. Soon she was regularly attending meditation retreats, studying first with Bill Kwong-Roshi at Sonoma Mountain Zen Center. In 1995, after attending the 50th year reunion of the liberation of the camp in which her father was incarcerated, she went to live at Tassajara, a training monastery founded by Shunryu Suzuki Roshi. Once again, she was in a remote area exploring new territory. She lived at either Tassajara or Green Gulch Farm, two of the three campuses owned by San Francisco Zen Center, from 1995 to 2006. In that time, she worked as kitchen manager, treasurer, and assistant to her teacher, Tenshin Reb Anderson. She was ordained by Tenshin Roshi in 2000.

In 2006, she left Zen Center to pursue the path of writing. Relocating to the Ukiah Valley area, she lived and worked for three years at Mariposa Center in the hills west of town. During this time, she frequently commuted to San Francisco to study poetry with legendary Beat poet and feminist icon Diane di Prima.

From 2009 to 2016, she hosted the radio show "Maps & Legends" on KZYX, a show that delved into rock and roll's rich history and amazingly diverse present. She has a long-term professional association with Berkeley-based writer, artist, and activist Kaz Tanahashi, for whom she edits and conducts research. She has also taught English at Mendocino College and at Dharma Realm Buddhist University. Since 2010, she has served as a freelance writer and publicist for several area nonprofits, including the Grace Hudson Museum and the Ukiah Symphony. Her writing activities have included essays for the Redwood Coast Review and poetry for the online journal Leaping Clear. She is currently at work on a memoir, tentatively titled "The One Road." It details the migration of her family across the Atlantic and her own migration West, as well as all the migrations—internal and external—that the human race is currently undertaking.

*Third Thursday Poetry & Jazz is supported by The Third Thursday Poetry Group, many anonymous donors, and Poets & Writers, Inc. through a grant it has received from The James Irvine Foundation.*



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arenatheater.org

October 2019

**Oz Farm  
From Field to Table**  
Fundraiser for Arena Theater  
Saturday Oct. 19 4 PM

**Coming: Arena Theater Live  
Hot Buttered Rum**  
Saturday Nov. 9, 8 PM

**Met Opera Live in HD**  
Saturday Oct. 12 9:55 AM  
**Turandot**  
Saturday Oct. 26 9:55 AM  
**Manon**

...  
**Music on Film Nite**  
Tuesday Oct. 15 7 PM  
**The Punk Singer**

...  
**National Theatre Live  
from London**  
Saturday Oct. 19 1 PM  
**All About Eve**

...  
**Arena Theater Live**  
Wednesday Oct. 23 7:30 PM  
**Daimh**

...  
**Halloween Show**  
Thursday Oct. 31 8 PM  
**La Gente SF**

...  
**Arena Theater Film Club**  
Mondays 7 PM

Oct. 7 M  
Oct. 14 The River & The Wall  
Oct. 28 You Can't Take it With You  
214 Main Street Point Arena



**Solution to Crossword:**

Full Moon



October 13

New Moon



October 27

"There is no debate here, just scientists and non-scientists. And since the subject is science, the non-scientists don't get a vote."

Bill Maher (1956 - )

# The Loft

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## Two Evening Tours In October At Point Arena Lighthouse Full Hunter's (and Almost Full) Hunter's Moon Night Tour

Saturday, October 12 • Sunday, October 13

The Point Arena Lighthouse continues its popular Full Moon Night Tours with two tours in October. They will offer an Almost Full Hunter's Moon Night Tour on Saturday, October 12 and a Full Hunter's Moon Night Tour on Sunday, October 13. For both tours the gates open at 6:30pm, tour starts around 7:00pm.

The evenings will feature a special presentation about the Light Station's history and technology, sweet and savory snacks ac-

companied by champagne or sparkling juice, capped off by a guided "Climb to the Top" tour of the tallest lighthouse on the West Coast under the rising full moon—if the weather cooperates, of course! An etched Point Arena Lighthouse souvenir champagne flute is included in the price of admission for each participant, which is \$30 per person or \$25 per person for two or more guests. Reservations must be made at least three days in advance of the tour.

While the tours are scheduled to coordinate with the full moon, weather conditions may preclude lunar visibility. The tours are conducted regardless of weather conditions, unless the Lighthouse Staff deems them to potentially cause safety issues for the guests. In the event the tour is cancelled, guests will receive a full refund. The Lighthouse is located at 45500 Lighthouse Road in Point Arena.

hunting in preparation for winter. This full Moon is also called the Travel Moon and the Dying Moon.

According to the Old Farmer's Almanac full moon names were used by early Colonial Americans who learned the names from the local Native Americans. Indigenous people did not record time by using the months of the Julian or Gregorian calendar. Many tribes kept track of time by observing the seasons and lunar months, although there was much variability. This is the month when the leaves are falling and the game is fattened, and the tribes viewed it

as the time for hunting and laying in a store of provisions for the long winter ahead. Some Native American tribes referred to October's moon as the Full Hunter's Moon, as it was the time to go hunting in preparation for winter. This full Moon is also called the Travel Moon and the Dying Moon.

Please note. "Many of our Full Moon Night Tours sell out," said Mark Hancock, Point Arena Lighthouse Executive Director, "so make your reservations early for these Hunter's Moon Night Tours!" The Lighthouse offers Full Moon and (almost) Full Moon Night Tours throughout the year, see their website [PointArenaLighthouse.com](http://PointArenaLighthouse.com) for details. For more information or to make a reservation, call the Lighthouse at 707-882-2809, ext. 1 at least three days prior to date of the tour you wish to attend.

Image by captmas from Pixabay



Ron Sackman:

Remembrance & Celebration

Saturday, October 5

The public is invited to join in the celebration of Ron Sackman's life on Saturday, October 5, 2019 at 5:00pm at the Gualala Arts Center, Coleman Auditorium. Art was a major focus in Ron's life. Some of Sackman's paintings and ceramics will be on display and available for sale at Gualala Arts from Friday, October 4 through Monday, October 7.

Although drawing and painting landscapes represented the lion's share of his work, people and wildlife provided a sense of scale and interaction with nature. Ron approached art as a means of self-expression: each painting told a story. He said that "art is a unique form of communication which goes beyond photographic images, incorporating observation and imagination and includes the ancient aspects of 'storytelling'."

Over the years Ron studied calligraphy, ceramics, architectural design, and sculpture, architectural drawing and landscape design, and his work reflected a strong interest in historical: subjects which were nostalgic. His later work consisted of the dramatic coast of Northern California where he lived for the last 10 years of his life.

Although art was Ron's primary focus, music and writing also provided viable ways to convey his interest in the past and present conditions of life on Earth and human interaction between the people and the environment at a global level.



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## Dàimh — Gaelic Super group Returns to Arena Theater

October 23

Over the past ten years musical groups whose style has been described as Celtic, Gaelic and Highland, have traveled from Ireland, Scotland, Wales and parts of North America to find an audience hungry for their music. One of those groups makes a return visit to the Mendocino Coast this month.

Gaelic Supergroup Daimh (pronounced Dive) will be at Arena Theater in Point Arena for an evening of Highland and Gaelic music with a contemporary take on Wednesday, October 23, at 7:30pm. Doors open at 7:00pm. Tickets are \$20 at local outlets and ArenaTheater.org.



Taking their name from the Scottish Gaelic word for kinship, Daimh is a 5-piece band based in Lochaber in the Highlands and Islands of Scotland; an area as much renowned for its scenic beauty as for its rich musical and cultural heritage.

Formed around the turn of the century, Daimh have taken their contemporary take of Highland and Gaelic music to over 20 countries, setting audiences alight from Moscow to San Francisco.

With a reputation as giants of the Bagpipes and Fiddle, Angus Mackenzie and Gabe McVarish lead the melodic powerhouse with fellow founder member Ross Martin underpinning the groove on the guitar. The band are joined by “new guy” Murdo “Yogi” Cameron on Mandola and Accordion to complete the instrumental line up.

Daimh have always had the renown and notoriety of working with some of the finest Gaelic singers in Scotland and the current line up only serves to cement that distinction with the addition of the Gaelic firmament’s most rapidly rising star, Ellen MacDonald on vocals.

Recent accolades include last year’s award for the “Best Folk Band in Europe” at the prestigious Folkherbst competition in Germany and most recently winner of “Folk Band of the Year” at the Scottish Traditional Music Awards. Tickets are \$20, available at local outlets or online at ArenaTheater.org.

## Cajun Zydeco Fest Returns to Gualala Arts October 4 Lloyd Meadows’ Tri-Tip Trio Takes The Stage in the Redwood Grove

Once again the music of Lloyd Meadows’ Tri-Tip Trio will get people on their feet and having a good time. One of the Mendonoma Coast’s favorite events returns Friday, October 4 for a 6:00pm dinner, and 7:30pm performance. It’s an evening of listenable, danceable, and crowd-friendly music. After all, the Cajun Zydeco Fest in the Redwood Grove is all about fun.

Tickets for the 7:30pm show are \$20, \$5 more when purchased on the day of the show. Dinner will be served beginning at 6:00pm and is available for \$30.

For those planning on eating before the show there will be plenty of Sus’s New Orleans style Gumbo, and of course homemade desserts by local the Soroptimists International. Thirsty? You can look for beer and wine at the no-host bar.

Lloyd Meadows has played the Arts Center several times and the music and the fun gets better and better each time, with those Cajun boot-stompin’ tunes that bring every last person onto the dance floor at some point. Meadows, who handles



vocals and plays rubboard and harmonica, is a consummate entertainer and rousing crowd pleaser. His infectious energy infuses audiences wherever he performs.

A classically trained singer, Lloyd’s soulful, steamy style ranges from rock to blues to R&B, leading to a unique blend of Zydeco.

Meadows and his bandmates consistently pack the house up and down the west coast and from California to New Orleans with sizzling roots rhythms.

One reviewer added “. . . Meadows’ affable frontman personality oozes through; he is a natural entertainer. Rollicking stuff with plenty of second-line beats.” Purchasing dinner to enjoy before the concert allows concertgoers to find a seat 30 minutes before doors open, which could mean the difference in having a place to sit for the entire evening! (But who can ever stay seated when this band is on the bandstand?)

Whether you come for the music, or you come to dance or you come for dinner you know it’s going to be a great evening.

## Mendonoma Health Alliance Hosts a School Health Fair October 16 at Point Arena High School Gym • All Schools Invited

Mendonoma Health Alliance is hosting a School Health Fair on Wednesday, October 16, from 8:00am to 12:00pm. The Health Fair will take place at Point Arena High School Gym. All schools are invited to participate. Information will include Fitness Resources, Healthy Food Resources, Health Screen-



ings, Emergency Services and more!

For more information, contact Heather Regelbrugge at (707) 412-3176 or by email at heather@mendonomahealth.org.

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**New Gualala Arts Exhibit**  
**“One Red Square”**  
**PPQG Quilt Challenge**  
**Burnett Gallery & Elaine Jacob Foyer**  
**Opening Reception Friday, 10/4**  
**Continues through Sunday, 10/27**

**Dolphin Gallery Exhibits**  
**Fused Glass • Chinese Brush Painting**  
**Melissa McCann • Andrea Allen**  
**Opening Reception Saturday, 10/5**  
**Both Continue through Sunday, 11/17**

**Cajun Zydeco Fest with**  
**Lloyd Meadows’ Tri Tip Trio**  
**In The Redwood Grove**  
**Sunday, October 4**  
**6 pm Dinner • 7:30 pm Show**

**Opening Chamber Music Concert**  
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**Sunday, October 13**  
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**“Jazz In The Autumn”**  
**Jamie Davis Sings Blues & Standards**  
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**Saturday, October 26, 6:30 pm**

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**Remembrance & Celebration of**  
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*“You say you love your children above  
all else and yet you are stealing their  
future in front of their very eyes.”*  
-Greta Thunberg (2003-)

## Murder in Germany, A Border in Transition, and a Classic Romantic Comedy Three Evenings of Film From Arena Theater Film Club In October

The Arena Theater Film Club has three titles this month to touch any and all of our emotions. There's comedy, romance, drama, and historic American physical and cultural imagery, all to entertain and engage. "M", "The River and The Wall", and You Can't Take It With You" give us three memorable Mondays in October.

In a cinematic world of pretty faces, striking physiques and smooth talking characters, it's hard to imagine the success of an actor who seemed to lack all of those qualities. And of the actors who emerged from films of the 1930s, few could have predicted that a young man, with bulging eyes, born in Vienna, speaking no English and whose height was just 5' 3" would become a Hollywood legend. Peter Lorre defied the odds and built a 30 year film career working for and alongside the likes of John Huston, Humphrey Bogart, Jerry Lewis and Alfred Hitchcock. His breakthrough role was that of Hans Beckert in Fritz Lang's 1931 classic film "M". The character Beckert was perfectly suited to Lorre's physical appearance, but the (then) 27 year-old actor proved he was more than a caricature and his first role endures to this day.

"M" is for 'murderer' (in German, mörder) and the letter is not just shorthand for the title but is also a key plot element. Peter Lorre stars as the serial killer Beckert in Lang's suspenseful panorama of private madness and public hysteria. Lang merges



trenchant social commentary with chilling suspense, creating a panorama of private madness and public hysteria that to this day remains the blueprint for the psychological thriller. "M" is not rated and has a runtime of 110 minutes. The B&W, German-language film screens Monday, October 7 at 7:00pm.

One week later on October 14, the Film Club's second October film takes the audience to the breathtaking vistas of west Texas and the Rio Grande Valley. In "The River and The Wall", five friends journey from El Paso to the Gulf of Mexico on horses, mountain bikes, and canoes to document the borderlands and explore the potential impacts of a border wall on the natural environment.

Director and conservation filmmaker Ben Masters realizes the urgency of documenting the last remaining wilderness in Texas as the threat of new border wall construction looms ahead. Masters recruits NatGeo Explorer Filipe DeAndrade, ornithologist Heather Mackey, river guide Austin Alvara-



do, and conservationist Jay Kleberg to join him on the two-and-a-half-month journey down 1,200 miles of the U.S.-Mexico border.

They set out to document the borderlands and explore the potential impacts of a wall on the natural environment, but as the wilderness gives way to the more populated and heavily trafficked Lower Rio Grande Valley, they come face-to-face with the human side of the immigration debate and en-

ter uncharted emotional waters. The film is rated PG and has a runtime of 109 minutes.

Having been through the dark streets of a German city hunting M, and the emotionally-charged yet beautiful scenery of Texas border country, the Film Club gives us a wonderfully soft landing with "You Can't Take It With You". This 1938 romantic com-



edy includes most of director Frank Capra's favorite players: Jean Arthur, James Stewart, Lionel Barrymore, Edward Arnold, H. B. Warner and Eddie 'Rochester' Anderson. Plus Spring Byington, Mischa Auer and a 15-year old Ann Miller.

Capra's film is the Oscar-winning version of the play about a romance between members of two very disparate families: she's from an eccentric clan, while he's the gentlemanly son of stuffy, snobbish parents. Sweet-natured Alice Sycamore (Arthur) falls for banker's son Tony Kirby (Stewart). But when she invites her snooty prospective in-laws to dinner to give their blessing to the marriage, Alice's peculiar extended family—including philosophical grandfather Martin Vanderhof (Barrymore), hapless fledgling ballerina sister Essie (Miller) and fireworks enthusiast father, Paul (Hinds)—might be too eccentric for the staid Kirbys. Capra's magic works. "You Can't Take It With You" screens Monday, October 28 at 7:00pm. The runtime is 126 minutes and is not rated.

Arena Theater is at 214 Main Street (Highway One) in Point Arena. Information on these and all of the other films and events can be found at ArenaTheater.org.

### Documentary Film "The Monsanto Papers" October 21 Film Screening and Discussion at Manchester Community Center

The Manchester Community Center/Garcia Guild will be showing the movie, "The Monsanto Papers", on Monday, October 21 at 7:00pm. The Monsanto Papers was the winner of the European Press Prize in the category Investigative Reporting for 2018.



Manager of the Elk and the Irish Beach Water Districts, will provide an update and lead a discussion regarding issues with glyphosate. The movie is FREE and you do not have to be a Guild member to attend. All are welcome. Manchester Community Center/Garcia Guild is on Crispin Road, just east of Highway 1. For more information, call 882-3425.

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**Solution to Sudoku:**



## Words on Wellness • The Root of the Teasel

by Karin Uphoff

The sublime beauty of dried grasses and flowerheads is featured in the autumn light of waning days. Appreciating them helps us appreciate and accept the process of our transforming body and the cycle of birth, death and reseed. One of the plants that shows up more obviously in its age are dried seed-heads of wild teasel (*Dipsacus sylvestris*). It was introduced here from Europe/North Africa where the elongated thistle-like flowerheads were used as a substitute for indigo dye and to card wool (a cultivated variety *Dipsacus fullonum* was used for the textile industry). In some areas, teasel has taken over native vegetation and considered a pest but like so many invasive species, it has medicinal qualities.

The root of teasel has been used for thousands of years as medicine to invigorate liver function, strengthen the stomach, heal fractures, injured tendons, fistulae and conditions such as arthritis. Included in salves for the treatment of the warts, psoriasis and cancerous sores, teasel was a popular folk medicine. It is also a homeopathic medicine for skin diseases. Known for centuries in Chinese medicine as Xu Duan, a word meaning "Restore What is Broken", it has gained in modern use for treating Lyme

*Karin C. Uphoff, is a Master Herbalist, Iridologist, Bodyworker and author of*

**Botanical Body Care: Herbs and Natural Healing for Your Whole Body.**

*Learn more about Karin at: [www.karinuphoff.com](http://www.karinuphoff.com)*



by driving bacteria from the body out into the bloodstream, thus assisting with antibiotic or complementary treatments. Teasel is a biennial, so the time to harvest is fall to early spring from those plants starting their second year of growth (i.e. the end of the first year of growth). At that time, teasel is a large dense, rosette of basal leaves before the stalk is formed.

With winter rains, water collects in the cup-like receptacles that form where leaves join the stem. These small pools serve to drown sap-sucking insects and this carnivorous quality allows the plant to produce more seeds.

Our coast doesn't feature many teasels but you can occasionally find them in open, grassy areas, especially further inland. Teasels are sometimes grown as ornamentals since the dried heads are used in floristry. With multiple flowers on stalks up to six feet tall, the seeds they produce are important winter food for some birds like goldfinches. The purple to dark pink or lavender flowers provide a rich source of pollen and nectar for bees and butterflies during the spring and summer months.

*Image by Manfred Richter from Pixabay*

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Robert Redford (1936-)

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## Animal Care & Welfare • "Transfaunation"

By Cathy Sue Riehm

Twenty years ago, when I was a Veterinary Technician II in the Large Animal Teaching Hospital at the University of Georgia, one of my responsibilities was giving transfaunation demonstrations to vet students on their large animal rotation. Bonnie, the Jersey, was the vet school's fistulated cow, and she was a superstar. So, what exactly is transfaunation?

Transfaunation is the act of transferring the digestive flora of one ruminant into another.

As ruminants, cows have four 'stomachs'—the rumen, reticulum, omasum and abomasum. The largest of them, the rumen, is also called the fermentation vat. This compartment can be accessed by creating a fistula, or passage-way, that allows us to see, and feel, digestion in action. As ruminants 'chew their cud', they create rumen contractions that turn fibrous feed into (essentially) fermented silage.

While Bonnie munched on hay, I'd put on a rectal sleeve, pop the cap on Bonnie's fistula and insert my hand. Her rumen would contract and squeeze my forearm as I grabbed a handful of warm wet rumen

contents, pulled it out and placed the blob in a strainer over a bucket to gather the liquid material. Amazing! But why?

Rumen fluid is loaded with valuable micro-organisms (that include bacteria, protozoa and fungi) that act like hard core probiotics. Fellow ruminants (cows, goats, sheep, alpacas, etc.) with indigestion or those who are not generating their own rumen fluid can benefit from a donation.

After obtaining about half a bucket of rumen fluid from Bonnie, an orogastric (stomach) tube was passed into the sick patient, and the rumen fluid was administered. Usually, within 24 hours, their system was kick-started into ruminating again.

Transfaunation has been practiced for centuries, especially on dairy farms to help cows who have stopped eating due to heat or stress. Fistulated cows are not only life-savers, they are research and teaching tools. These animals are considered heroes, and are treated as such.

Bonnie definitely led a long life of being spoiled and treated like a queen.

*Pictured: Cathy Sue Riehm with Bonnie.*



## Western Bluebird: "Invite Happiness In!"

The Western Bluebird is a rare sight here on the coast. So when I see that brilliant blue, like the early settlers, I associate it with love, joy and the renewal of spring. The blue of their feathers results not from a pigment but is iridescent from the refraction of light off the structure of the feather. It changes in intensity and hue from different angles.

Bluebirds are seen in fields and open woodlands often perched on fences and wires. In winter they join small flocks

sometimes mixed with Yellow-rumped Warblers feeding on mistletoe and other berries. By March, they break into pairs. The courting male flutters in front of the female with his wings half-open and tail spread. Then he perches next to the female, preens her feathers and may offer her food. Bluebirds are

the only members of the thrush family that regularly use cavities or bird houses for nesting. They line their nest, a loose network of twigs, with fine grass.

They usually lay four to six light-blue eggs and often start the second brood even while still feeding the first. In spring and summer they eat mainly insects, which they dart to catch in flight or pounce upon on the ground.

Bluebirds are now a species of concern; their decline is associated with the lack of nesting cavities due to the cutting down of dead trees and limbs and competition from European Starlings. So put up a nesting box in your backyard and you might be blessed with the bluebird of happiness.

*Image by M. Maggs from Pixabay*



*Our thanks to the Mendocino Coast Audubon Society for contributing this article. Each month, the Lighthouse Peddler features another bird regularly seen at or near the Mendocino Coast. More information is at [www.mendocinocoastaudubon.org](http://www.mendocinocoastaudubon.org). Photo credit: Audubon*

**Melissa McCann's Fused Glass & Andrea Allen's Chinese Brush Painting  
At Dolphin Gallery • Opening Reception—October 5**

Fused Glass and Chinese Brush Painting are central to the new Dolphin Gallery exhibit, opening with a reception Saturday, October 5 from 5:00pm to 7:00pm. Although Melissa McCann and Andrea Allen each explore a different medium, they both have found ways to bring their colorful visions to life.

Andrea Allen has become well known on the coast for her explorations into Chinese



Brush Painting. Each one of her pieces shows the confidence of her brush strokes and the careful choice of color. Images sometimes contain a dominant use of green, lavender and earth as the contrasting colors of the leaves and flowers against the tree branches. In others, birds may be seen wading elegantly through the marsh, again in colors evoking the delicate nature of their feathers. In another work there's a glass of cabernet complimenting the color of the grapes above it. Many lovers of Chinese brush painting find that instead of creating a static image, the brush strokes help create a narrative readily seen in the art.

Melissa McCann brings us her work with

origins in another ancient art form. Most of us readily understand that the clay pots of today carry connections to a past of a millennium or more, but fused glass, too, dates back to the Romans or Egyptians of 2000 years ago. Thankfully artists today continue to explore fused glass bringing us dynamic and vibrant art.

McCann describes her medium as warm glass (as opposed to stained glass — cold, or blown glass, hot). Fused glass is heated in a kiln. Shapes of glass are cut from high quality handmade sheets of colored glass. The shapes are then assembled into a design that is at least two layers thick and then fired in a kiln to about 1500 degrees to fuse it together. At the end of that firing there is a solid sheet. McCann also creates sculptural pieces for the table or suitable for wall hanging, all of which have been fired numerous times to show layers or specific textures in the final form.

Melissa McCann's fused glass and Andrea Allen's Chinese brush paintings will be on display through Sunday, November 17, 2019 at Dolphin Gallery.



**One Red Square • Pacific Piecemakers Quilt Guild Challenge  
Opening Reception at Gualala Arts • October 4**

Each year, Pacific Piecemakers Quilt Guild members are “challenged” to create a quilt that fits certain parameters. For 2019, the theme is “One Red Square”. Although no specific style nor size was required, each entry was required to include, at the minimum, a clearly visible finished 1-inch square of one of seven primary red fabrics, including two silk fabrics, a dupioni and a charmeuse! Inspiration can come from absolutely anywhere or anything. Members were challenged to consider applying the few simple Challenge rules and to stitch and/or quilt their own interpretation in fabric in one, two or three dimensions. The Burnett Gallery and Elaine Jacob Foyer will be covered with quilted objets d'art during October for PPQG's “One Red Square” show. The opening reception is set for Friday, October 4 from 5:00 p.m. to 7:00 p.m. The exhibit will



continue through Sunday, October 27. Quilts to be exhibited include traditional, modern & art quilts, clothing, and a variety of styles & techniques. The show is not juried nor judged, so it encourages creativity at all levels. It is always a great thrill to see someone new to quilting/art quilts show their work alongside long-time quilters. The members of Pacific Piecemakers Quilt Guild work to promote quilting locally and all along the Sonoma/Mendocino coast. The guild offers monthly educational programs, lectures, and workshops for quilters of all skill levels as well as opportunities for members to give back to their community using those skills. And each year members create a quilt to be raffled by Gualala Arts Center during Art in the Redwoods with the proceeds providing art related scholarships to local students.

**5th Annual Discover the Coast • October 19  
Invitation to Explore & Learn About Coastal Mendonoma**

The 5th Annual Discover the Coast is an annual invitation to visitors and locals alike to learn more about our coast: things to do, and see, places to explore, and simply take in the breathtaking coastal views. Events are scheduled throughout the greater Point Arena area on Saturday, October 19 from 10:00am to 4:00pm.



Come join the fun on for the Discover the Coast celebration at the Point Arena – Stornetta Unit of the

California Coastal National Monument. Explore the 3.5 mile Discovery Trail on your own or take the guided Nature Walk starting at City Hall at 10:00am. Visit the Mendocino College Coastal Field Station and the Point Arena Lighthouse where there will be exhibits and food booths. Free admission, parking and shuttle.

Whether a seasoned visitor or a first time explorer, join us.

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## Met Opera Live in HD Returns To Arena Theater New Season of 10 Opera Broadcasts Opens October 12 with Puccini's "Turandot"

It's that time of year. Yes, fall, winter, etc. But the time of year I am talking about is the return of the Metropolitan Opera to Arena Theater for another season.

The Met's 2019-20 Live in HD season will feature ten transmissions, live from the Metropolitan Opera stage, including five new productions, featuring the world's leading artists. Here's the 2019-20 at a Glance:

- Turandot, Oct. 12
- Manon, Oct. 26
- Madama Butterfly, Nov. 9
- Akhnaten, Nov. 23
- Wozzeck, Jan. 11
- Porgy and Bess, Feb. 1
- Agrippina, Feb. 29
- Der Fliegende Holländer, Mar. 14
- Tosca, Apr. 11
- Maria Stuarda, May 9

All ten operas are Saturday performances, transmitted live from the Met stage at 9:55am.

Tickets are \$24 general, \$22 senior, and \$18 youth (18 and under) and the popular season subscriptions are available through the Arena Theater office by calling 707 882-3272 or people can download and print a subscription form at [www.arenatheater.org](http://www.arenatheater.org). Season subscribers, who also become patrons may reserve their favorite seat for the season by calling the Arena Theater office. The Arena Theater snack bar will be open.

The season kicks off on Saturday, October 12 with Franco Zeffirelli's celebrated production of Puccini's "Turandot".

Thrilling dramatic soprano Christine



Goerke brings her fierce portrayal of the title princess to cinemas on October 12, with Yannick Nézet-Séguin on the podium for Franco Zeffirelli's dazzling production of Puccini's final masterpiece. Tenor Yusif Eyvazov is the mysterious prince Calaf, alongside soprano Eleonora Buratto as Liù and bass-baritone James Morris as Timur. World premiere: Teatro alla Scala, Milan, 1926. Puccini's final opera is an epic fairy tale set in a China of legend, loosely based on a play by 18th-century Italian dramatist Carlo Gozzi. Featuring a most unusual score with an astounding and innovative use of chorus and orchestra, it is still recognizably Puccini, bursting with instantly appealing melody. The unenviable task of completing

the opera's final scene upon Puccini's sudden death was left to the composer Franco Alfano. Conductor Arturo Toscanini oversaw Alfano's contribution and led the world premiere.

The large "Turandot" orchestra calls for a wide variety of instruments, including alto saxophones, celesta, bass xylophone, harps, and an organ. There are several genuine Chinese themes that are integrated into the score in a suave and brilliantly original manner, including the big imperial anthem in Act II. The opera also contains moments of sheer melodic beauty in Puccini's most lyrical vein, most notably in the tenor's unforgettable song of triumph, "Nes-sun dorma," which opens Act III.

The opera has a runtime of 182 minutes, with 2 intermissions.

The second opera of the season, Massenet's "Manon," will screen on Saturday, October 26, at 9:55am, doors open at 9:15am.

Exhilarating soprano Lisette Oropesa returns to cinemas as the irresistible title character, the tragic beauty who yearns for the finer things in life. Tenor Michael Fabiano is the besotted Chevalier des Grieux, whose desperate love for Manon proves their undoing. Maurizio Benini conducts Massenet's sensual score.

**Premiere: Opéra Comique, Paris, 1884.**

A take on the quintessentially French tale of the beautiful young woman who is incapable of forsaking both love and luxury, Massenet's Manon features one of the truly unforgettable, irresistible, and archetypal female characters in opera. While the story is firmly

set in class and gender issues of the past, the character of Manon herself is timeless, convincing, and familiar. The opera has been a success ever since its premiere, championed by a diverse roster of singers who have cherished its dramatic opportunities, exalted



style, and ravishing music.

The opera is set in and around Paris, with familiar landmarks such as the church of St. Sulpice forming important reference points in the story. The opera was originally set in the early 18th century, but the Met's current production places the story in the late 19th century, the so-called "Belle Époque" and the time when the opera was written. "Manon" has a runtime of 232 minutes, with 2 intermissions.

## Matter of Balance A New Series From Mendonoma Health Alliance Begins October 17

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## Warming Warning, Revisited

by David Steffen

Working in the music industry at the dawn of the 1980s I remember having mixed emotions about the state of popular music. My memory is that the best seller charts were beginning to reflect two concurrent trends.

First, rhythm was more than a backbeat with disco and dance music taking an increasing share of the record-buying audience. Nothing necessarily bad about that but, frankly, A&M wasn't a cutting edge dance/disco music label. Having ended the '70s with breakthroughs by artists like Supertramp and Peter Frampton, our artists tended to be more traditional pop/rock. However, in 1979 A&M Records co-founder Herb Alpert came roaring back on the charts with a huge instrumental dance hit record titled "Rise". The tempo of "Rise" was noticeably slower than disco. Herb told us that he wanted to "make a dance record, not a disco record." He defined the difference as much in BPM—beats per minute—as musicality.

The second trend was an influence of more synthesized recordings, many coming from the U.K. Think groups like Culture Club, Thompson Twins or Human League. Added to the evolving style of music was a more obvious and open approach to fashion and sexuality. There was a more obvious use of makeup—for male and female performers—and a greater flair in wardrobe and hair. Along with a renewed influence in music, UK/European musicians (many of them with mullet hairstyle in the 1970s) brought their music and fashion to America in the '80s and, sadly, they brought the mullet too.

Songwriters have long incorporated social change into songs including issues of war, civil rights, and feminism. Examples include Pete Seeger ("Where Have All The Flowers Gone"), Bob Dylan ("The Times They Are a Changing"), Helen Reddy ("I Am Woman") and Peter Gabriel ("Biko"). And another interesting topic was starting to rise to the consciousness of the public through the news, although not necessarily in song. To be honest, the size of the audience actually hearing *this* news was almost microscopic compared to the general population.

A television listing appeared in Britain's ITV Network's evening programming on December 8, 1981. Scheduled to follow "Brideshead Revisited" at 9:00pm and the local news at 10:00pm was a program titled "Warming Warning". Here's how it was described in the newspaper listing:

"A documentary about the serious effects our polluting of the atmosphere with carbon dioxide will have on the climate. Scientists are worried that at the present rate the Earth will be two degrees warmer by the middle of the next century with disastrous consequences for the polar regions. It is estimated that if

the Ross Ice Shelf were to break up it could lead to an ice surge which would raise sea levels by up to twenty feet thus putting two million people, in London alone, at risk."

Produced in Britain by (the now defunct) Thames Television, it's highly unlikely you or anyone you know ever saw "Warming Warning" in 1981.

Most people, understandably, believe "climate change" is a recent topic, perhaps in the lexicon for 10-20 years. And millions continue to deny climate change is real, with many of those believing it's a hoax.

British journalist and writer Leo Hickman wrote about the documentary in 2017. In part he said that the broadcast of "Warming Warning" in 1981 "was among the earliest occasions—possibly the earliest—anywhere in the world where a major broadcaster aired a documentary dedicated solely to the topic of human-caused climate change. The documentary was broadcast seven years before Dr. James Hansen's famous 'it is already happening now' Senate testimony in 1988, nine years before the first Intergovernmental Panel on Climate Change (IPCC) assessment report was published, and 25 years before Al Gore's



'An Inconvenient Truth' was released. . . ."

A decade after Dr. Hansen's warning, and almost two decades after "Warming Warning" first aired in the U.K., the topic had reached the American congress. That is not to suggest United States senators were sitting around a campfire, arms locked, singing "Kumbaya". The world was, in fact, talking about climate change and discussing the need to address the issue. The 1997 Kyoto Protocol—so named for having been adopted at a conference in Kyoto, Japan—was an international treaty which extended the 1992 United Nations Framework Convention on Climate Change, committing signatory states to reduce greenhouse gas emissions.

President Bill Clinton never got the United States Senate to ratify the Kyoto Protocol, and President George W. Bush had no interest in raising the issue, much less push for ratification. While Clinton failed, in part, due to a minor distraction known as the Clinton Impeachment, Bush could easily have gotten this through the senate had he wished. But, Bush decided to allow the most conservative (i.e., anti-climate change) members of his administration to influence the GOP writ large,

and by the time the McCain-Lieberman Climate Stewardship Act came up for a vote in 2005, it was defeated on a bipartisan basis, 60-38. To be fair, the American government did not stand alone. We stood boldly with Kazakhstan as the only two nations to ignore the Kyoto Accord and formally deny Climate Change.

By the time President Obama had secured a second term, maybe people believed the United States could now join the world in an effort to fight climate change. The new opportunity was for America to be a party to the 2015 Paris Agreement on climate. President Obama committed the U.S. to joining almost 200 other nations of the world and work toward change. Obama's good intentions—again, a treaty that was never ratified—was a casualty of the 2016 presidential election. It took the current occupant of the Oval Office less than six months to decide that America would, indeed, withdraw from the Paris Accord. And here we are.

This past week an estimated 4 million people marched to draw attention to climate change as part of the September 2019 Climate Strike. And one can assume the estimate of 4 million is all about big cities and ignores the dozens, hundreds or even thousands of small towns and rural enclaves where people also stood for the Climate Strike. 16-year old Greta Thunberg's dramatic call to action (and the Swedish teen's authentic passion) were virtually impossible to dismiss. Some did, but Thunberg spoke for many. (Watch her on YouTube).

And on a more personal note, the Climate Strike was clearly front and center on Mendocino's south coast. As I walked and talked with fellow climate-strikers, and with representatives of organizations I was struck by how many of my friends and neighbors were on the green. Smiles were everywhere. This wasn't a group of angry people. But that is not to say they aren't serious, concerned or committed. They are. And we should be too. I live on the coast. I see the Pacific Ocean ev-



Photo Courtesy Barbara Schults

ery day. You can't live in Gualala, Sea Ranch, Anchor Bay, Point Arena, Manchester, Elk, Stewart's Point or in any other town and not be thinking about our ocean, our planet, and climate change. I'm happy we're aware, active, and thinking. But we need more. The world needs to seize the moment.

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cont'd from cover.

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## The House of the Pain of Others: Chronicle of a Small Genocide

A Book By Julián Herbert; translated by Christina MacSweeney; reviewed by Jennifer Bort Yacovissi

Torreón is a city in the Chihuahuan desert state of Coahuila, Mexico, but in a fertile region called La Laguna for its many lakes. It is known, according to author Julián Herbert, for three things: sex, wrestling, and soccer.

Its licentiousness is longstanding, perhaps a natural product of the area's foundation in commerce and an initial lack of the restrictive presence of the Catholic Church. Whatever the reasons, from the early 20th century, Torreón's many brothels were considered the best in northern Mexico.

And the city's love of *lucha libre* is outstripped only by its fanatical adoration of fútbol. The motto stamped on the main entrance of the local soccer stadium, "The House of the Pain of Others" gives this book its title.

Torreón is known for one other thing: the massacre, in May 1911, of 303 Chinese residents over two days during the Mexican Revolution. In searching for an understanding of this "small genocide," and, perhaps, a level of accountability, Herbert takes us on a wide-ranging journey. It is a history lesson, a personal travelogue, a journalist's notebook, and a disquisition on the nature of violence and the meaning of community.

The bits and pieces of the story Herbert heard over the years, and then a new edition of Juan Puig's *Between the Perlas and the Nazas Rivers*, intrigued him so much that he thought he would write a novel about the massacre. He then realized, however, that doing so would betray the victims: The story was already fully fictionalized in the national mindset.

Beyond incorrectly placing Pancho Villa at the scene of the slaughter, the popular conclusion continues to be that the bloodshed was a result of opportunism and greed perpetrated primarily by camp-following looters, rather than "an act of xenophobia carried out by the people of La Laguna," as the director of Torreón's Museum of the Revolution explains to Herbert.

As the author succinctly states, "It is a thesis with which I disagree." Instead, he chooses to dismantle that conclusion by de-

veloping a thorough chronicle of the events through extensive research that includes boots-on-the-ground investigation.

Throughout *The House of the Pain of Others*, the author proves an engaging, earthy tour guide (a desert dust cloud is "like fog, but with the taste of phlegm and suffocation") whose seeming digressions into both past and present serve to underpin our understanding and illuminate his analysis of events. He interweaves histories of Torreón with those of wider Mexico and China, as well as the tangled interrelations among Mexico, the United States, Europe, and China.

For U.S. readers not steeped in history lessons of the Mexican Revolution, Herbert offers multiple guideposts, including a chapter called "Cast List." The chronology in the back of the book is both helpful and revealing.

The influx of Chinese immigrants into Mexico in the mid- to late-19th century was spurred by several factors: the discovery of gold in California in 1848, which brought a wave of Chinese immigration into the United States; the U.S.' Chinese Exclusion Act of 1882, which led to increased Chinese immigration into Mexico; and Mexican President Porfirio Díaz's encouragement of immigration as a way of infusing prosperity into his country.

(Díaz was hoping to encourage European immigration with the intent of whitening the gene pool and, thereby, to his thinking, raising his country's racial and cultural bar.)

The United States remained the preferred destination of the Chinese, even though discrimination was baked into the American legal code. Beyond the Exclusion Act, many U.S. laws treated the Chinese as the lowest caste in a cohort of oppressed minority and ethnic groups.

For example, Herbert reminds us that, until 1968, there was a California law that forbade Chinese men from marrying "white women" — perhaps the only time in history in which

that particular phrase was defined to include African-American and Native-American women.

Thus, the beacon of U.S. opportunity, combined with the legal roadblocks of the Exclusion Act, meant that the coyotes of the late 19th century were making their money by smuggling Chinese across Mexico's northern border.

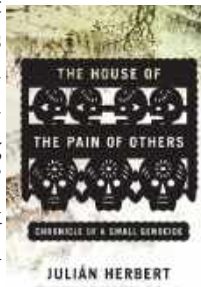
The resentment and discrimination faced by immigrants who remained in Mexico was founded, as is so often the case, on economics. The influx of new labor willing to work on the cheap drove down wages. Díaz's policy of encouraging immigration was seen as favoring foreigners over native Mexicans.

As more and more Chinese put down roots, started businesses, formed civic associations, and even — as with the Torreón's Banco Chino — founded banks, the Mexicans increasingly viewed these outsiders as a threat to their own prosperity and to their communities.

In 1888, Wong Foon Check was the first Chinese native to disembark from the train in Torreón, carrying baskets of goods from his homeland to sell. Twenty-three years later, when Torreón's Chinese population numbered about 600, roughly half were slaughtered over the course of two days as the anti-Díaz Maderistas brought the revolution to the town. Their businesses were looted; they were robbed and stripped; in many cases, their bodies were mutilated.

Though a commission established soon after the massacre found that the Chinese did not precipitate the violence, as many Mexican townspeople and revolutionaries claimed, there was no reckoning. As Herbert writes:

"What emerged from the 1911 Torreón massacre was not repentance, or even self-criticism, but a symbolic acceptance of transgression: any further ill-treatment of the Cantonese now had a historical precedent that not only justified but excused it, since it was less serious than that canonical outburst of violence. . . . This is how the economy of cruelty functions."



## The Top-15 Books (plus 1). Pick Up One You Missed

"A reader lives a thousand lives before he dies, said Jojen. The man who never reads lives only one."

— George R. R. Martin (1948-)

1. *City Mouse, Country Mouse*  
by Maggie Rudy
2. *Embers*  
by Richard Wagamese
3. *qh awala.li Water Running Down Place*  
by Annette White-Parks
4. *Anthology of Intriguing Animals*  
by DK
5. *I Wish I Had A Pet*  
by Maggie Rudy
6. *Where The Crawdads Sing*  
by Delia Owens
7. *The Sea Ranch*  
by Jennifer Dunlop Fletcher
8. *Mushrooms of the Redwood Coast*  
by Noah Siegel & Christian Schwarz
9. *Indian Horse*  
by Richard Wagamese
10. *The Overstory*  
by Richard Powers
11. *Veins of the Ocean*  
by Patricia Engel
12. *A Better Man*  
by Louise Penny
13. *Mendonoma Sightings*  
by Jeanne Jackson & Craig Tooley
14. *The Storied Life of A. J. Fikrey*  
by Gabrielle Zevin
15. *Born A Crime*  
by Trevor Noah

*The Lighthouse Peddler is pleased to bring our readers a list of the best-selling books being picked up and read by locals and visitors alike.*

*Our thanks to Four-Eyed Frog Books., a Community-owned Bookstore.*

### Another Book You Might Like\*

\*. *The House of the Pain of Others: Chronicle of a Small Genocide*

A Book by Julian Herbert

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# Scuttlebutt

by Mitch McFarland

Wait a second... I have to turn down the radio. The jazz station I listen to is playing Charles Lloyd's classic "Forest Flower", recorded live at the 1967 Monterey Jazz Festival. It is dominating my concentration, but it isn't just the power of that recording that is disrupting my thinking. I have too many things running through my head right now.

Writing a monthly column should seem pretty simple; after all, its only once a month and surely I should be able to come up with something informative that interests me enough to be able to write 1000 words about it.

The thing is, once a month isn't often enough for me to create a rhythm. Some months columns just write themselves and I think how lucky I am to be able to do this. Other months I'm too busy to even think about writing and suddenly Dolly, my publisher, is emailing me to remind my column is due.

This month is different. I have too many thoughts to be able to pick one. The world is going to hell at an accelerating pace. I can think of ten topics that I see in some form of crisis, but how to you pick one to prioritize? Trump has thrown our country into the garbage can and even once we get rid of him, we are a long, long way from even getting back to where we were much less where we need to be.

One of my go-to topics is often recycling, yet the news there is nothing short of depressing. Fewer and fewer items we use everyday are recyclable for a rat's nest of reasons. California just passed what they tout as a big new recycling law about single use plastics. I read the bill (ugh) and came away thinking that all they are doing is tinkering with the notion of recycling more plastic. Meanwhile the plastics industry has plans to double their annual production in 5 years. How about not making the crap to begin with? Yet there are knuckleheads out there saying they can't use a paper straw! Well, they didn't have any plastic straws when I was growing up and, surprise surprise, we were able to finish our milk shakes every time!

How is it that it takes a 16-year-old girl to begin to galvanized the world around climate change? The simple thing to do is to focus on individuals and so she is being exalted for her efforts, yet she replies, "I don't want your praise, I want your panic!". If there ever was a T-shirt, that is it.

The housing/homeless crisis is beyond ridiculous. We live in a society that cannot even figure out how to house its population. 38 percent of California's 18 to 34-year-olds still live with their parents, according

to U.S. Census data. 130,000 Californians are living on the street. The state estimates that we need to build 180,000 homes annually just to keep up with projected population growth and keep prices from escalating further out of control. Unfortunately, for the past 10 years, the state has averaged less

"Why is building in Point Arena (and the rest of the state) so costly. Start with the fact that a Coastal Development Permit review averages \$2290."

than half of that. In no year during that span did California crack the 100,000 barrier. Standing in the way of solving this problem are zoning restrictions, lengthy project design reviews, the California Environmental Quality Act, parking and other amenity requirements, and multi-hurdled approval processes. Funny thing is, these steps were all created to benefit the public, but instead we have made a situation where you must either live in a ideally designed structure or live in your car or under a bridge. There is no middle ground.

Point Arena is being dragged into this issue by state mandates for a housing element to their general plan that includes creating low and median income housing, virtually none of which exists. In fact the draft housing element says 1.1% of local housing is low income.

I read the 124 page draft housing element. OK, I skimmed much of it, as will most members of the city council.

You can't blame them, though. Much of it is repetitious with enormous amounts of data reconfigured in various ways. It provides plenty of ideas to "promote", but offers few ways to achieve those goals, much of which relies on government grants and programs. It does provide such illuminating information as this: 34% of Point Arena households have a "burdensome" housing cost (30% of gross income). They go on to reveal that these folks "are more likely to become homeless or experience overcrowding." Wow!

The plan states "There are approximately 39 extremely low income households in PA accounting for just over 22 percent of households." They then go on to say, "There are limited opportunities to address the housing needs of extremely low-income households in Point Arena." Given the obstacles to people providing shelter for themselves, this should not be a shock to anyone.

The one serious possibility I see includes the notion of exploring the idea of Class

K housing types and tiny houses, yet this received exactly one sentence in the 124 page report.. Apparently the current zoning ordinance doesn't even allow mobile homes. Otherwise, suggested changes in zoning includes such revolutionary ideas as "During next 8 years explore idea of reducing required parking to one parking space." That will get people lining up to build new houses.

Another idea the draft element suggests "exploring" is forcing developers of planned developments to include 20% low and moderate income units. That sounds fine, except that it means the other units have to be more expensive to make up for developer losses, because you shouldn't think for a second that the city will make it cheaper to build these units. The developer must eat the loss or raise the cost of the other units.

Why is building in Point Arena (and the rest of the state) so costly. Start with the fact that a Coastal Development Permit review averages \$2290. This is a function that has previously been done by the City Council sitting as the Planning Commission, so it had no cost. Now the city has an outside planner that charges \$68/hr to scrutinize plans for some detail that will justify their need.

Though most parcels in the city have a water line running next to them, a water connection fee is \$20,000.

Mendocino County Council of Governments (MCOG) prepares and updates the Mendocino County Regional Housing Needs Plan. They state that Point Arena should plan to build 9 low income units in the next 8 years. Here comes the next building boom!

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**HOW TO SOLVE:**  
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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## NTN Projects Begin

from Warren Galletti, Point Arena Schools Superintendent

A few years ago, we installed NTN (New Technology Network), a personalized system of learning opportunities that is designed to meet the varying needs of our students.

As Point Arena High School senior Leif Rasmusen recently told the school's Site Council, "The NTN project process is starting to make more sense."

Student motivation is strong. Every PAHS student has chosen a project. Their NTN advisors, who are PAHS teachers, check in with them daily, and most students have a one-on-one community mentor. We need more volunteers, and EduAct is helping.

All projects are in start-up mode right now. This is our first stab at this. Students are choosing goals, listing information they'll need to learn to complete their projects, making timelines, doing research, and writing in their journals daily.

Semester grades will be based on their journal entries, weekly progress, mentor evaluation, a written paper, and an end-of-semester presentation.

Our PAHS Art Teacher, Shanna Lee (slee@pauhs.org), tells me we're really well organized for our first steps. She believes the students are beginning to get the NTN project vision. They're seeing their projects as student-centered. Many are seeing this class period as a time where they can incorporate academics into their personal interests and goals.

In the future, I plan to introduce the community to many of these projects. Here are a few for now.



**PAHS Art teacher, Shanna Lee with senior Reyna Benitez**

**Project:** Create a book of her photographs  
Reyna will include samples of the different techniques she hopes to learn this semester, including long exposures, motion blurs, silhouettes, and/or portraits.

**Mentor:** Shanna Lee, PAHS art teacher  
**Next step:** Learn to use the exposure settings on the school's camera



### PAHS Senior Leif Rasmusen

**Project:** Record a music album with limited resources

Leif's band, Gioia Armata, (Armed Joy), will record a cassette, using PAHS's almost-antique four-track tape cassette player and microphones. Two fellow band members, August Riehl and Sam Graham, make up the NTN project team.

**Mentor:** Jake Skillman, a studio engineer, who once had his own band

**Need:** Microphones



### Senior, Ashlynn Okubu

**Project:** Research herbal preparations for a future career in Ayurvedic medicine

Ashlynn will produce her own herbal teas, tinctures, extracts, and salves, along with researching pathways to becoming an Ayurvedic doctor.

**Mentor:** Jacqueline Strock, co-owner, Roots Herbal Apothecary, Point Arena

**Next step:** Begin production with her mentor



**Senior James Ritchie, Instructor Bill Stockton, Senior Frank Terlouw. (Not shown: Senior Shawn VanCleave.)**

**Project:** Rebuild a go-cart  
Last year, a badly damaged go-cart was found in a garbage can. This team plans to use it to learn design, welding, framing, and more.

**Mentor:** Bill Stockton, retired PAHS Maintenance Manager

**Need:** An 18hp motor

**Next steps:** Learn to draw to scale



### Freshmen, Erick Torres, Cesar Coria

**Project:** Develop a map of Point Arena using the Minecraft.edu computer program

Cesar has built small towns with Minecraft, and Erik has built structures with Lego's. This larger project, when finished, may be uploaded to a public site. "Not the regular way to get a grade," said Cesar.

**Mentor:** John Miller, creator of the educational version of Minecraft; referred by PAHS teacher Thomas Cee (their NTN advisor)

**Next step:** Find a second computer



### Freshmen, Elijah Fisher and Ethan Harbuck

**Project:** Research, design, and build a Zen garden

Discussion with school administration has begun to possibly build the Zen garden on PAHS grounds.

**Need:** Find a mentor

**Next step:** Show Mr. Cee (their NTN advisor) their Zen garden design



### Freshmen, Orlando Sanchez and Alejandro (Bean) Velasquez

**Project:** Short term, the team plans to find financing to improve the school soccer team's equipment. The team has applied for a grant from Dick's Sporting Goods. Long term, they want to explore the feasibility of developing a combo-field, baseball and soccer, on the existing football field, which is now home to 1,000 gophers. The existing soccer field, located beyond the baseball field, is also gopher infested and slants significantly downward.

**Need:** A mentor who knows construction and can read blueprints

**Next step:** Find soccer equipment for the school's soccer team, which made the Division 3 playoffs last year.



### Freshman, Tule Moreno

**Project:** Learn to read notes

When Tule was nine-years old, she saw the movie, "If I Stay," about a teenager named Mia who, though her life was filled with tragedy, learns to play the cello.

**Mentor:** Thomas Cee, her NTN advisor, who is teaching her how to read notes

**Next step:** Learn to read notes and play them on her cello

"Providing food, shelter, clothing and education is not enough any more, because all of this would have no meaning in the end, if your children do not have a planet to live on with health and prosperity."

Abhijit Naskar (1991 - )

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## The Transition by Janet Chancellor

DAVID: The moment David laid his body down, he felt like he had been unshackled. He was free, limitless and exhilarated!

One moment he had been bound to a body in a world of chaos and confusion and the next he was... where was he? It was not a place or a condition but rather a state of being.

He had awareness of love and the knowledge that there was nothing else; nothing outside of love, and nothing else within him. He was Spirit and Mind infused with...how could he put it... infused with the simple thought, "God Is."

With his body gone, David had no needs. His eyes, previously used to give form to nothingness, were replaced with holy vision in his mind. He could see the innocence and perfection of himSelf and of every person he had ever known. He could see their holiness shining; reaching across the Oneness to him. They were all here, even though some of them, like Jenny and Charlie, were still asleep dreaming in a world of time and space.

David's earth dream had seemed real when he was dreaming it. But now he realized that while he had been asleep imagining "life in a body" he had always been right here in Heaven. Nothing in the dream had ever really happened just

like in night-time dreams.

David could see a split in time which opened into a passageway to infinity. He was drawn by love to move forward—not so much to receive love, as to give it. He felt joy and peace in a magnitude that he could not have imagined; could never describe.

David wanted to tell his family not to worry; to be happy. When they were ready, they, too, would dream the dream of waking up, as he had.

CHARLIE: Charlie didn't grasp what was going on -- except that Daddy was gone. Charlie didn't know where he went, or why, or for how long. His questions were like fragile butterfly wings inside a warm cocoon; not yet sufficiently formed to emerge as words.

Charlie wasn't sad; Mama was. He couldn't pull it all together – the visitors, the food, the hush-ness and lots of people he didn't know. Charlie had been carried around, patted, kissed and cooed over like a baby. In all the fuss, he had missed his naptime and when he wet his big-boy pull-ups nobody cared.

"Poor little sweetheart," Aunt Sarah whispered, when she found Charlie asleep on the couch. His fingers were wrapped around the binding of his well-loved "blankey," and his thumb was securely anchored in his mouth. Sarah carried Charlie to his bedroom, helped him into his "jammies" and kissed him on the top of his head.

"I'll go get your mama to tuck you in," she said.

In the interval between when Sarah left and his mother came into the room, David had thought of, and thereby connected with Charlie.

JENNY: Jenny was doing as well as could be expected. She was going through the motions – even now while she put Charlie to bed. It was not that she didn't care, as much as that she was afraid-- afraid that getting any closer to the pain would give reality to this surreal episode that couldn't be happening. It had all been so sudden.

Charlie looked up at her. His father had visited him and had told Charlie the Truth.

Wanting to hear it again, Charlie said to his mother, "Tell me what Daddy told me."

"What story is that, Charlie?" Jenny asked, thinking that he wanted a bedtime story.

"Where I came from... before here."

They had never lived anywhere else. "Was it about a stork?" she asked.

"No." Charlie insisted, "Tell me what Daddy said."

"Did Daddy tell you that you came from an egg?" Jenny asked, steadying her voice; trying to hide her exasperation.

Charlie's laugh interrupted her, and Jenny smiled. She looked at her son... his hair the color of sunshine, his sweet dimpled hands... his father's smile.

"What did Daddy tell you?" She asked. Her words seemed to be floating. She was just so tired. Everything was tilted. A breeze was fluttering the curtain, tapping the pull against the window sill. The nap of the carpet was too high, the shadows from the lamp, too dark...the light, the colors, too bright. She felt as though she were trudging through an abstract painting; dragging her feet.

Charlie could see water welling up in his mother's eyes. When tears slipped down her cheeks, he got scared.

It was when Jennie lifted Charlie into her arms that she felt her husband's presence embrace her; holding them both. She sensed, more than felt him and her mind settled into peace.

Jennie would not be able to explain it later, except that she knew David was okay. She also knew that this moment wrapping around them was at the same time, threading in and through eternity. She couldn't explain it, she just knew.

Charlie also knew. His dad had told him without using words. Because Charlie was only three years old, he could still remember parts of Heaven.

He wanted to tell his mom. He wanted to tell her that he remembered. He wanted to tell her all the wonderful things he knew. But the words he had learned had pushed his heavenly thoughts further and further out of his memory. And he couldn't tell her in words, because he had not yet learned enough of them.

Gently, Jenny placed their son into his bed, tucking the covers around him. She felt a wave of peace quietly melting into and flowing through her body.

Sitting on the edge of his bed, cradling Charlie's face in her hands, Jenny looked into her son's eyes and began...

"Your Daddy loves you very much," she said. "He is in Heaven, the place you came from..."

She Knew! They would all be fine.

# Crossword

by Margie E. Burke

## ACROSS

- 1 Short-legged dog
- 6 Charges
- 10 Scottish miss
- 14 Pretty up
- 15 Weak, as an excuse
- 16 E, to a pilot
- 17 Halifax's home
- 19 Surgery souvenir
- 20 Vocal vibration
- 21 Pair on the links
- 23 Growing business?
- 25 Affirm
- 26 Walk with attitude
- 30 Audience member
- 34 Private instructor
- 35 Scrooge's look
- 36 Quaint lodge
- 37 In awe

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>38 Catchall category</li> <li>39 Misplaced</li> <li>40 Trapper's ware</li> <li>41 Intense dislike</li> <li>42 Event location</li> <li>43 Not a child of slavery</li> <li>45 Brief promo</li> <li>46 Samson's pride</li> <li>47 Word before gas or drop</li> <li>49 Soon</li> <li>52 Circus staple</li> <li>57 It may be proper</li> <li>58 Mercy killing</li> <li>60 Church nook</li> <li>61 Sole anagram</li> <li>62 Becomes tiresome</li> </ul>    | <ul style="list-style-type: none"> <li>63 Look narrowly</li> <li>64 Palm reader, e.g.</li> <li>65 Parched</li> </ul> <p><b>DOWN</b></p> <ul style="list-style-type: none"> <li>1 "Out of the question"</li> <li>2 Emanation</li> <li>3 Wander</li> <li>4 Unit of fat</li> <li>5 To such an extent</li> <li>6 Elevator stop</li> <li>7 Absorb, as a cost</li> <li>8 Throw off</li> <li>9 Atlantic fill</li> <li>10 Diminish</li> </ul> | <ul style="list-style-type: none"> <li>11 Squeezeboxes</li> <li>12 Pillow covering</li> <li>13 Needing kneading</li> <li>18 Like some pigeons</li> <li>22 "Get ___ it!"</li> <li>24 Subject of the 1993 film "The Fugitive"</li> <li>26 Work group</li> <li>27 Soothsayer</li> <li>28 Depository</li> <li>29 ___ wild</li> <li>31 Overflow (with)</li> <li>32 Follow as a result</li> <li>33 Script direction</li> <li>35 Recipe instruction</li> </ul> |
| <ul style="list-style-type: none"> <li>38 Scent-free</li> <li>39 Rural sight</li> <li>41 Final notice?</li> <li>42 Covered balcony</li> <li>44 Breadwinner</li> <li>45 "Gone With the Wind" plantation</li> <li>48 Anesthetic of yore</li> <li>49 Ginger cookie</li> <li>50 Crosby costar in "Road to Rio"</li> <li>51 Type of log</li> <li>53 Cowpoke's pal</li> <li>54 Biblical birthright seller</li> <li>55 Turns sharply</li> <li>56 Vane direction</li> <li>59 Nail holder</li> </ul> |                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                         |

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## October Is Voter Registration Month • October 5, 19

Voter registration is available this month at the Voter Registration table on the following dates:

**Saturday, October 5** at Pay n Take at Gualala Community Center. Registration from 8:30am to 12:00pm.

**Saturday, October 19** at Pay n Take at Gualala Community Center. Registration from 8:30am to 11:00am.

You may register to vote if you are a U.S. Citizen, a California Resident, and will turn 18 years old by the California Presidential Primary Election on March 3, 2020. You may also pre-register if you are at least 16 years old; your registration will become active once you become 18.

Please bring your California Driver License, or your California ID card, and your Social Security number. Voter Registration forms are in English and in Spanish. You must re-register if you have changed your address, changed your name, or wish to change your political party.

Elections are a critical element of our democracy. Your vote helps elect presidents, our representatives in Congress, our state legislature, city council members, judges, and many others whose decisions have a direct impact on our daily lives.

The California Secretary of State's website—[www.sos.ca.gov](http://www.sos.ca.gov)—can help you register to vote, check your registration status, or pre-register to vote. Honor the legacy of those who so valiantly fought for our democracy by protecting our right to VOTE! Contact DJ Sister Yasmin at 707-884-4703.

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- Peter Ewins, British Meteorological Office

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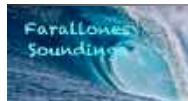
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## "The Beasts of the Benthos—Scary Sanctuary" by Mary Jane Schramm, Greater Farallones National Marine Sanctuary

It is autumn; the Earth slowly turns its face from the sun's resplendence and toward the ever-darkening sky. Creatures of land and the air respond to this transition, and we humans, too: with fire festivals such as Samhain and Halloween, to ward off the spirits of darkness. But to animals living in the sea's depths, each day brings eternal midnight. This month, NOAA scientists will encounter many of them as we explore the sea floor and adjacent waters - the benthos - off Point Arena and the Sonoma Coast. Who knows what curious, mysterious, even frightening creatures lurk in these night-bound kingdoms?

CHIMAERA, or Ghost Shark: This



denizen of the deep's bulbous head appears stitched together, like a briny Frankenstein's Monster. Named after the mythical part-lion, part goat-part snake beast, the chimaera is neither shark nor spirit, but a cartilaginous fish found in oceans worldwide at depths to 8,500+ feet. Sharks are their closest living relatives, but diverged evolutionarily nearly 400 million years ago. Reaching five or six feet in length, most chimaeras have a defensive venomous spine at their dorsal fin. On the snout are tiny pores which lead to electroreceptor cells to detect electrical fields of their fish prey, a sharky "sixth sense."

SLIME STAR (*Pteraster tesselatus*): This pudgy six-inch sea star has five stumpy arms and a smooth skin that gives it a pillowy shape; it may be orange, red, tan, gray or brown. It preys on sponges and other marine invertebrates. When threatened,

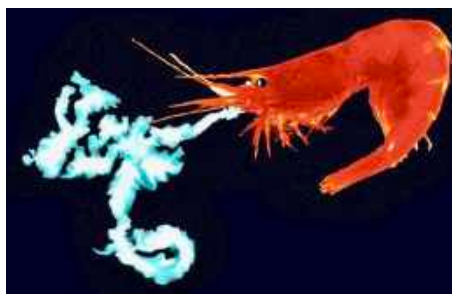


it produces copious amounts of clear mucous, a sticky, suffocating defense weapon to repel attacks by other, fiercer members of its family like the many-armed sunflower star. Rows of spines add to its armory.

Off the west coast of North America, it favors rocky habitats, from Alaska's Bering Sea southward to central California, and across the North Pacific Basin to depths of 3,120 ft.

SHRIMP: Several shrimp and krill species are equipped with photophores - light-

producing organs that may appear as luminous spots. Some are as complex as the human eye, with



lenses, shutters, reflectors, color filters. In shallow waters, they can emit light that helps them blend in with the sunlit sea. But in the blackness of the abyss, these chemical "lamps" can be used to attract unwary prey. Some shrimp species have an additional method of using light: when threatened, they can spew glowing bioluminescent clouds from their mouths for predatory defense to startle their enemies and conceal themselves as they flee.

VAMPIRE SQUID: The vampire squid, *Vampyroteuthis infernalis*, or "the vampire squid from Hell," isn't your ordinary cephalopod (head-footed marine invertebrate): it shares characteristics with both the true squid and the octopus. It



has adapted to tremendous pressure at over 3,000-foot depths, and low-oxygen conditions that would kill many other sea creatures.

In form, the Vamp lives up to its name: blood-red, its skin is almost covered by light-producing photophores. Its eyes shine fierce red, or cold blue. But its ominous aspect is betrayed by its small size, about that of a football. Surprisingly, this imposter does not feed on blood! Its sticky tentacles capture plant and animal matter floating in the water column. A web of skin - its vampire "cloak" - connects eight glow-tipped arms and is blackish on the inside. When a predator approaches, it inverts the cloak over itself, displaying a formidable array of spines.

\*\*\*\*\*

COMING UP SOON, NOAA GOING DEEP! From October 4 to 11, in cooperation with NOAA's Greater Farallones and Cordell Bank national marine sanctuaries, the Ocean Exploration Trust's ship E/V Nautilus will explore the benthos off the Redwood Coast. Hear scientists discuss their discoveries via live stream video, 24/7. <http://www.nautiluslive.org>. Note: For live dive updates follow along on social media at <http://www.facebook.com/nautiluslive> and @evnautilus on Twitter. And check out Instagram @nautiluslive.

Mary Jane Schramm  
NOAA Greater Farallones  
National Marine Sanctuary  
[Maryjane.schramm@noaa.gov](mailto:Maryjane.schramm@noaa.gov)  
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Near left: vampire-squid-vampyroteuthis-infernalis-NOAA  
Bottom left: SlimeStarInHand-AFSC-NOAA

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Manhattan Piano Trio Opens 2019-2020 Season  
Performance At Gualala Arts • October 13

Now in its 15th season the Manhattan Piano Trio continues to impress the critics—"a grand departure from the usual". The musicians and their music are creative, exciting, and dynamic. The Manhattan Trio will open the 2019-2020 Chamber Music Season. For this performance, veteran member and pianist Milana Strezeva joins forces with colleagues Solomiya Ivakhiv, violin, and Sophie Shao, cello at Gualala Arts Sunday, October 13 at 4:00pm. Tickets for the concert are \$25. Six concert season tickets for the are \$125.

Milana Strezeva has been praised by the Boston Globe for her "technically fluid, dramatically convincing, and sonically full-bodied supportive collaborations". A Moldovan-American pianist Strezeva began playing chamber music at age 11 with her clarinetist father and her mother, a renowned soprano. Her love for family collaboration eventually grew into a passionate advocacy of vocal and instrumental chamber music. Strezeva is a recipient of Grand Prizes at numerous festivals and competitions, and received her Bachelor and Master degrees from The Juilliard School.

Violinist Solomiya Ivakhiv has quickly earned a reputation for her work as a solo-

ist and chamber musician including performances at Carnegie Hall. A dedicated educator, Ivakhiv has conducted master classes and chamber music coaching at Yale, Columbia and Penn State, to name a few. Highly sought after as a chamber musician, she frequently collaborates with such renowned artists as Roberto Diaz, Philip Setzer, Marcy Rosen and Eugene Drucker, as well as numerous composers. Ms.

Ivakhiv is Assistant Professor of Violin and Viola and Head of Strings at the University of Connecticut and Professor of Violin at Longy School of Music of Bard College.

Cellist Sophie Shao, winner of the prestigious Avery Fisher Career Grant and top prizes at the Rostropovich and Tchaikovsky competitions, is a versatile and passionate artist whose performances the New York Times has noted as "eloquent, powerful". Shao received critical acclaim throughout the United States and internationally. A native of Houston, Texas, Shao began playing the cello at age six, enrolling at the Curtis Institute of Music in Philadelphia at age thirteen. She continued her cello studies at Yale University, receiving a B.A. in Religious Studies, and an M.M. from the Yale School of Music.



Rachel Lahn • Featured Artist at the Artists Collective in Elk  
Opening Reception • October 12

Rachel Lahn did her first oil painting when she was eleven years old. Her early passion for painting was followed by years of study at the Philadelphia Museum College of Art. En Plein Air summer at the University of Rhode Island, six glorious weeks at Haystack Mt. School of Crafts in Deer Isle, Maine, college, and graduate school, all of



which solidified her passion—and earned her a BFA and an MAT from Rhode Island School of Design. She brings her art to the

Artists Collective in Elk with an opening reception on Saturday, October 12 from 3:00pm to 5:00pm.

As Lahn has often stated, her enthusiasm for oils and painting with a brush evolved. "I picked up a palette knife and began layering on paint. It was exhilarating! I was hooked!" My paintings and dimensional constructions are about movement flowing into shapes of color and light . They are re-

flections of my feelings, travels, and countless transitions. I like my work to speak for itself."

Lahn builds abstract relief constructions out of canvas, plaster, wire and wood with mixed media.



She paints them with acrylic paint. Once started they take on a life of their own, one form inspiring the next. "When I need shape and color inspiration for a piece, I go outside and absorb the life and light in the plants, Redwood trees, mountains, ocean and sunlight that surround me. I paint and draw the energies and shapes of nature." Come and meet Rachel and enjoy the art she has created at The Elk Collective Gallery, between the Elk post office and Queenie's restaurant, at 6031 South Highway 1. The gallery is open daily from 10:00am-5:00 pm.

707-877-1128. Rachel Lahn's art can also be found at [www.abstractartmendocino.com](http://www.abstractartmendocino.com).

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## Get Out! October's Music, Poetry, Theater, Films, Art and Events

- Friday 04: 5:00pm, Coast Hwy Art Coll., Opening Reception: Jim Meilander & Joan Rhine
- Friday 04: 5:00pm, Opening Reception for PPQG "One Red Square: show at Gualala Arts
- Friday 04: 7:30pm, Cajun Zydeco Fest w/ Lloyd Meadows Tri Tip Trio at Arena Theater
- Saturday 05: 8:30am, Voter Registration at Pay n Take at Gualala Community Center
- Saturday 05: 5:00pm, Celebration of Life: Ron Sackman, at Gualala Arts Center
- Saturday 05: 5:00pm, Reception: Fused Glass&Chinese Brush Painting. Dolphin Gallery
- Saturday 05: 7:00pm, BAKU's fusion of Jazz and Afro beat at Gualala Hotel
- Monday 07: 7:00pm, Arena Theater Film Club presents "M" at Arena Theater
- Friday 11: 6:00pm, Music Trivia with The Casuals, 'til 9pm. Prizes & fun at Gualala Hotel.
- Saturday 12: 9:55am, MET Opera Live: Puccini's "Turandot" at Arena Theater.
- Saturday 12: 6:30pm, Almost Full Hunter's Moon Tour at Pt. Arena Lighthouse
- Saturday 12: 7:00pm, Stevie & the Shufflenuts blues at Gualala Hotel
- Sunday 13: 4:00pm, Manhattan Piano Trio at Gualala Arts Chamber Music Series
- Sunday 13: 6:30pm, Full Hunter's Moon Tour at Pt. Arena Lighthouse
- Monday 14: 7:00pm, ATFC presents "The River & The Wall" at Arena Theater
- Tuesday 15: 7:00pm, Music on Film Nite " The Punk Singer" at Arena Theater
- Wednesday 16: 8:00am, Annual Health Fair For All Schools at Pt. Arena High's gym.
- Thursday 17: 7:30pm, Roberta Werdinger at 3rd Thursday Poetry at Arena Market & Cafe
- Friday 18: 8:00pm, Karaoke with Arlene, until 11pm at Gualala Hotel.
- Saturday 19: 8:30am, Voter Registration at Pay n Take at Gualala Community Center
- Saturday 19: 10:00am, Discover The Coast. Nature Walks, Free Lighthouse Admission, more.
- Saturday 19: 1:00pm, National Theater Live "All About Eve" at Arena Theater.
- Saturday 19: 4:00pm, Farm to Table Fundraising Dinner for Arena Theater at Oz Farm.
- Saturday 19: 6:00pm, Dinner show with Korazon & Twist at Gualala Hotel.
- Saturday 19: 6:30pm, Lecture at Pt. Arena Lighthouse with B Bryan Preserve Zookeeper
- Sunday 20: 5:00pm, 70th+ Birthday Celebration at Gualala Arts
- Monday 21: 7:00pm, Film, "The Monsanto Papers" at Manchester Community Ctr
- Wednesday 23: 7:30pm, Irish Superstar Band Daimh, live at Arena Theater.
- Friday 25: 7:00pm, Jazzin' 3, Tin Pan Alley standards of the 30s & 40s, at Gualala Hotel
- Saturday 26: 9:55am, MET Opera Live: Massenet's "Manon" at Arena Theater
- Saturday 26: 6:30pm, Jazz In The Autumn featuring Jamie Davis at Gualala Arts
- Saturday 26: 6:00pm, Halloween Costume Party, featuring THRIVE! at Gualala Hotel.
- Monday 28: 7:00pm, ATFC presents "You Can't Take It With You" at Arena Theater
- Thursday 31: 4:00pm, Halloween on Main Street. Fun, Trick or Treat, Pt. Arena
- Thursday 31: 4:30pm, Trunk or Treat at Gualala Hotel. Until sunset.
- Thursday 31: 8:00pm, Halloween Show with La Gente SF at Arena Theater.

### "Diamond In The Rough"

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